

# Seven Valleys

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## THE SEVEN VALLEYS AND THE FOUR VALLEYS

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National Spiritual Assembly of the Baha'is of the United States

In the Name of God, the Clement, the Merciful.

Praise be to God Who hath made being to come forth from nothingness; graven upon the tablet of man the secrets of preexistence; taught him from the mysteries of divine utterance that which he knew not; made him a Luminous Book unto those who believed and surrendered themselves; caused him to witness the creation of all things (Kullu Shay') in this black and ruinous age, and to speak forth from the apex of eternity with a wondrous voice in the Excellent Temple+F1: to the end that every man may testify, in himself, by himself, in the station of the Manifestation of his Lord, that verily there is no God save Him, and that every man may thereby win his way to the

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F1. The Manifestation.

--The Seven Valleys and the Four Valleys, page 2

summit of realities, until none shall contemplate anything whatsoever but that he shall see God therein.

And I praise and glorify the first sea which hath branched from the ocean of the Divine Essence, and the first morn which hath glowed from the Horizon of Oneness, and the first sun which hath risen in the Heaven of Eternity, and the first fire which was lit from the Lamp of Preexistence in the lantern of singleness: He who was Ahmad in the kingdom of the exalted ones, and Muhammad amongst the concourse of the near ones, and Mahmud+F2 in the realm of the sincere ones. "...by whichsoever (name) ye will, invoke Him: He hath most excellent names"+F3 in the hearts of those who know. And upon His household and companions be abundant and abiding and eternal peace!

Further, we have harkened to what the nightingale of knowledge sang on the boughs of the tree of thy being, and learned what the dove of certitude cried on the branches of the bower of thy heart. Methinks I verily inhaled the pure fragrances of the garment of thy love, and

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F2. Muhammad, Ahmad and Mahmud are names and titles of the Prophet, derived from the verb "to praise," "to exalt."

F3. Qur'an 17:110.

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attained thy very meeting from perusing thy letter. And since I noted thy mention of thy death in God, and thy life through Him, and thy love for the beloved of God and the Manifestations of His Names and the Dawning-Points of His Attributes--I therefore reveal unto thee sacred and resplendent tokens from the planes of glory, to attract thee into the court of holiness and nearness

and beauty, and draw thee to a station wherein thou shalt see nothing in creation save the Face of thy Beloved One, the Honored, and behold all created things only as in the day wherein none hath a mention.

Of this hath the nightingale of oneness sung in the garden of Ghawthiyyih.<sup>+F4</sup> He saith: "And there shall appear upon the tablet of thine heart a writing of the subtle mysteries of `Fear God and God will give you knowledge';<sup>+F5</sup> and the bird of thy soul shall recall the holy sanctuaries of preexistence and soar on the wings of longing in the heaven of `walk the beaten paths of thy Lord',<sup>+F6</sup> and gather the fruits of communion in the gardens of `Then feed on every kind of fruit.'"<sup>+F6</sup>

By My life, O friend, wert thou to taste of these fruits, from the green garden of these

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F4. Sermon by Ali.

F5. Qur'an 2:282.

F6. Qur'an 16:71.

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blossoms which grow in the lands of knowledge, beside the orient lights of the Essence in the mirrors of names and attributes--yearning would seize the reins of patience and reserve from out thy hand, and make thy soul to shake with the flashing light, and draw thee from the earthly homeland to the first, heavenly abode in the Center of Realities, and lift thee to a plane wherein thou wouldst soar in the air even as thou walkest upon the earth, and move over the water as thou runnest on the land. Wherefore, may it rejoice Me, and thee, and whosoever mounteth into the heaven of knowledge, and whose heart is refreshed by this, that the wind of certitude hath blown over the garden of his being, from the Sheba of the All-Merciful.

Peace be upon him who followeth the Right Path!

And further: The stages that mark the wayfarer's journey from the abode of dust to the heavenly homeland are said to be seven. Some have called these Seven Valleys, and others, Seven Cities. And they say that until the wayfarer taketh leave of self, and traverseth these stages, he shall never reach to the ocean of nearness and union, nor drink of the peerless wine. The first is

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## THE VALLEY OF SEARCH

The steed of this Valley is patience; without patience the wayfarer on this journey will reach nowhere and attain no goal. Nor should he ever be downhearted; if he strive for a hundred thousand years and yet fail to behold the beauty of the Friend, he should not falter. For those who seek the Ka'bih<sup>+F7</sup> of "for Us" rejoice in the tidings: "In Our ways will We guide them."<sup>+F8</sup> In their search, they have stoutly girded up the loins of service, and seek at every moment to journey from the plane of heedlessness into the realm of being. No bond shall hold them back, and no counsel shall deter them. It is incumbent on these servants that they cleanse the heart--which is the wellspring of divine treasures--from every marking, and that they turn away

from imitation, which is following the traces of their forefathers and sires, and shut the door of friendliness and enmity upon all the people of the earth. In this journey the seeker reacheth a stage wherein he seeth all created things wandering

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F7. The holy Sanctuary at Mecca. Here the word means "goal."

F8. Qur'an 29:69: "And whoso maketh efforts for Us, in Our ways will We guide them."

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distracted in search of the Friend. How many a Jacob will he see, hunting after his Joseph; he will behold many a lover, hasting to seek the Beloved, he will witness a world of desiring ones searching after the One Desired. At every moment he findeth a weighty matter, in every hour he becometh aware of a mystery; for he hath taken his heart away from both worlds, and set out for the Ka'bih+F7 of the Beloved. At every step, aid from the Invisible Realm will attend him and the heat of his search will grow.

One must judge of search by the standard of the Majnun of Love.+F9 It is related that one day they came upon Majnun sifting the dust, and his tears flowing down. They said, "What doest thou?" He said, "I seek for Layli." They cried, "Alas for thee! Layli is of pure spirit, and thou seekest her in the dust!" He said, "I seek her everywhere; haply somewhere I shall find her." Yea, although to the wise it be shameful to

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F9. Literally, Majnun means "insane." This is the title of the celebrated lover of ancient Persian and Arabian lore, whose beloved was Layli, daughter of an Arabian prince. Symbolizing true human love bordering on the divine, the story has been made the theme of many a Persian romantic poem, particularly that of Nizami, written in 1188-1189 A.D.

--The Seven Valleys and the Four Valleys, page 7

seek the Lord of Lords in the dust, yet this betokeneth intense ardor in searching. "Whoso seeketh out a thing with zeal shall find it."+F10

The true seeker hunteth naught but the object of his quest, and the lover hath no desire save union with his beloved. Nor shall the seeker reach his goal unless he sacrifice all things. That is, whatever he hath seen, and heard, and understood, all must he set at naught, that he may enter the realm of the spirit, which is the City of God. Labor is needed, if we are to seek Him; ardor is needed, if we are to drink of the honey of reunion with Him; and if we taste of this cup, we shall cast away the world.

On this journey the traveler abideth in every land and dwelleth in every region. In every face, he seeketh the beauty of the Friend; in every country he looketh for the Beloved. He joineth every company, and seeketh fellowship with every soul, that haply in some mind he may uncover the secret of the Friend, or in some face he may behold the beauty of the Loved One.

And if, by the help of God, he findeth on this journey a trace of the traceless Friend, and inhaleth the fragrance of the long-lost Joseph

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F10. Arabian proverb.

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from the heavenly messenger,+F11 he shall straightway step into

#### THE VALLEY OF LOVE

and be dissolved in the fire of love. In this city the heaven of ecstasy is  
upraised and the world-illuminating sun of yearning shineth, and the fire of love  
is ablaze; and when the fire of love is ablaze, it burneth to ashes the harvest  
of reason.

Now is the traveler unaware of himself, and of aught besides himself. He seeth  
neither ignorance nor knowledge, neither doubt nor certitude; he knoweth not  
the morn of guidance from the night of error. He fleeth both from unbelief and  
faith, and deadly poison is a balm to him. Wherefore Attar+F12 saith:

For the infidel, error--for the faithful, faith;

For Attar's heart, an atom of Thy pain.

The steed of this Valley is pain; and if there be no pain this journey will  
never end. In this station the lover hath no thought save the Beloved, and  
seeketh no refuge save the Friend.

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F11. Refer to the story of Joseph in the Qur'an and the Old Testament.

F12. Faridu'd-Din Attar (ca. 1150-1230 A.D.), the great Persian Sufi poet.

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At every moment he offereth a hundred lives in the path of the Loved One, at  
every step he throweth a thousand heads at the feet of the Beloved.

O My Brother! Until thou enter the Egypt of love, thou shalt never come to the  
Joseph of the Beauty of the Friend; and until, like Jacob, thou forsake thine  
outward eyes, thou shalt never open the eye of thine inward being; and until  
thou burn with the fire of love, thou shalt never commune with the Lover of  
Longing.

A lover feareth nothing and no harm can come nigh him: Thou seest him chill in  
the fire and dry in the sea.

A lover is he who is chill in hell fire;

A knower is he who is dry in the sea.+F13

Love accepteth no existence and wisheth no life: He seeth life in death, and in  
shame seeketh glory. To merit the madness of love, man must abound in sanity;  
to merit the bonds of the Friend, he must be full of spirit. Blessed the neck  
that is caught in His noose, happy the head that falleth on the dust in the  
pathway of His love. Wherefore, O friend, give up thy self that thou mayest  
find the Peerless One, pass by this mortal earth that thou mayest seek

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F13. Persian mystic poem.

--The Seven Valleys and the Four Valleys, page 10

a home in the nest of heaven. Be as naught, if thou wouldst kindle the fire of  
being and be fit for the pathway of love.

Love seizeth not upon a living soul,

The falcon preyeth not on a dead mouse.+F14

Love setteth a world aflame at every turn, and he wasteth every land where he carrieth his banner. Being hath no existence in his kingdom; the wise wield no command within his realm. The leviathan of love swalloweth the master of reason and destroyeth the lord of knowledge. He drinketh the seven seas, but his heart's thirst is still unquenched, and he saith, "Is there yet any more?" +F15  
He shunneth himself and draweth away from all on earth.

Love's a stranger to earth and heaven too;

In him are lunacies seventy-and-two.+F16

He hath bound a myriad victims in his fetters, wounded a myriad wise men with his arrow. Know that every redness in the world is from

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F14. Persian mystic poem. Cf. *The Hidden Words*, No. 7, Arabic.

F15. Qur'an 50:29.

F16. Jalalu'd-Din Rumi (1207-1273 A.D.); *The Mathnavi*. Jalalu'd-Din, called Mawlana ("our Master"), is the greatest of all Persian Sufi poets, and founder of the Mawlawi "whirling" dervish order.

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his anger, and every paleness in men's cheeks is from his poison. He yieldeth no remedy but death, he walketh not save in the valley of the shadow; yet sweeter than honey is his venom on the lover's lips, and fairer his destruction in the seeker's eyes than a hundred thousand lives.

Wherefore must the veils of the satanic self be burned away at the fire of love, that the spirit may be purified and cleansed and thus may know the station of the Lord of the Worlds.

Kindle the fire of love and burn away all things,

Then set thy foot into the land of the lovers.+F17

And if, confirmed by the Creator, the lover escapes from the claws of the eagle of love, he will enter

#### THE VALLEY OF KNOWLEDGE

and come out of doubt into certitude, and turn from the darkness of illusion to the guiding light of the fear of God. His inner eyes will open and he will privily converse with his Beloved; he will set ajar the gate of truth and piety, and shut the doors of vain imaginings.

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F17. From an ode by Baha'u'llah. 12

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He in this station is content with the decree of God, and seeth war as peace, and findeth in death the secrets of everlasting life. With inward and outward eyes he witnesseth the mysteries of resurrection in the realms of creation and the souls of men, and with a pure heart apprehendeth the divine wisdom in the endless Manifestations of God. In the ocean he findeth a drop, in a drop he beholdeth the secrets of the sea.

Split the atom's heart, and lo!

Within it thou wilt find a sun.+F18

The wayfarer in this Valley seeth in the fashionings of the True One nothing save clear providence, and at every moment saith: "No defect canst thou see in the creation of the God of Mercy: Repeat the gaze: Seest thou a single flaw?" +F18 He beholdeth justice in injustice, and in justice, grace. In ignorance he findeth many a knowledge hidden, and in knowledge a myriad wisdoms manifest. He breaketh the cage of the body and the passions, and consorteth with the people of the immortal realm. He mounteth on the ladders of inner truth and hasteneth to the heaven of inner significance. He rideth in the ark of "we shall show them our signs in

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F18. Qur'an 67:3.

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the regions and in themselves," +F19 and journeyeth over the sea of "until it become plain to them that (this Book) is the truth." +F19 And if he meeteth with injustice he shall have patience, and if he cometh upon wrath he shall manifest love.

There was once a lover who had sighed for long years in separation from his beloved, and wasted in the fire of remoteness. From the rule of love, his heart was empty of patience, and his body weary of his spirit; he reckoned life without her as a mockery, and time consumed him away. How many a day he found no rest in longing for her; how many a night the pain of her kept him from sleep; his body was worn to a sigh, his heart's wound had turned him to a cry of sorrow. He had given a thousand lives for one taste of the cup of her presence, but it availed him not. The doctors knew no cure for him, and companions avoided his company; yea, physicians have no medicine for one sick of love, unless the favor of the beloved one deliver him.

At last, the tree of his longing yielded the fruit of despair, and the fire of his hope fell to ashes. Then one night he could live no more, and he went out of his house and made for the marketplace. On a sudden, a watchman followed

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F19. Qur'an 41:53.

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after him. He broke into a run, with the watchman following; then other watchmen came together, and barred every passage to the weary one. And the wretched one cried from his heart, and ran here and there, and moaned to himself: "Surely this watchman is Izra'il, my angel of death, following so fast upon me; or he is a tyrant of men, seeking to harm me." His feet carried him on, the one bleeding with the arrow of love, and his heart lamented. Then he came to a garden wall, and with untold pain he scaled it, for it proved very high; and forgetting his life, he threw himself down to the garden. And there he beheld his beloved with a lamp in her hand, searching for a ring she had lost. When the heart-surrendered lover looked on his ravishing love, he drew a great breath and raised up his hands in prayer, crying: "O God! Give Thou glory to the watchman, and riches and long life. For the watchman was Gabriel, guiding this poor one; or he was Israfil, bringing life to this wretched one!"

Indeed, his words were true, for he had found many a secret justice in this seeming tyranny of the watchman, and seen how many a mercy lay hid behind the veil. Out of wrath, the guard had led him who was athirst in love's desert to the sea of his loved one, and

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lit up the dark night of absence with the light of reunion. He had driven one who was afar, into the garden of nearness, had guided an ailing soul to the heart's physician.

Now if the lover could have looked ahead, he would have blessed the watchman at the start, and prayed on his behalf, and he would have seen that tyranny as justice; but since the end was veiled to him, he moaned and made his plaint in the beginning. Yet those who journey in the garden land of knowledge, because they see the end in the beginning, see peace in war and friendliness in anger. Such is the state of the wayfarers in this Valley; but the people of the Valleys above this see the end and the beginning as one; nay, they see neither beginning nor end, and witness neither "first" nor "last." +F20 Nay rather, the denizens of the undying city, who dwell in the green garden land, see not even "neither first nor last"; they fly from all that is first, and repulse all that is last. For these have passed over the worlds of names, and fled beyond the worlds of attributes as swift as lightning. Thus is it said: "Absolute Unity excludeth all attributes." +F21 And they have made their dwelling-place in the shadow of the Essence.

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F20. Qur'an 57:3.

F21 .Saying attributed to Ali.

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Wherefore, relevant to this, Khajih Abdu'llah +F22 --may God the Most High sanctify his beloved spirit--hath made a subtle point and spoken an eloquent word as to the meaning of "Guide Thou us on the straight path," +F23 which is: "Show us the right way, that is, honor us with the love of Thine Essence, that we may be freed from turning toward ourselves and toward all else save Thee, and may become wholly Thine, and know only Thee, and see only Thee, and think of none save Thee."

Nay, these even mount above this station, wherefore it is said:

Love is a veil betwixt the lover and the loved one;

More than this I am not permitted to tell. +F16

At this hour the morn of knowledge hath arisen and the lamps of wayfaring and wandering are quenched. +F24

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F22. Shaykh Abu Isma'il Abdu'llah Ansari of Hirat (1006-1088 A.D.) Sufi leader, descended from the Prophet's companion Abu Ayyub. Chiefly known for his Munajat (Supplications) and Ruba'iyat (Quatrains). "Ansar" means the "Helpers" or companions of Muhammad in Medina.

F23. Qur'an 1:5.

F24. This refers to the mystic wandering and search for truth guided by "Lights" or Sufi leaders. Baha'u'llah here warns the mystics that the coming of

the Divine Manifestation in His Day makes further search unnecessary, as it was said by Ali: "Quench the lamp when the sun hath risen"--the sun referring to the Manifestation of God in the New Day.

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Veiled from this was Moses

Though all strength and light;

Then thou who hast no wings at all,

Attempt not flight.+F16

If thou be a man of communion and prayer, soar up on the wings of assistance from Holy Souls, that thou mayest behold the mysteries of the Friend and attain to the lights of the Beloved, "Verily, we are from God and to Him shall we return."+F25

After passing through the Valley of knowledge, which is the last plane of limitation, the wayfarer cometh to

#### THE VALLEY OF UNITY

and drinketh from the cup of the Absolute, and gazeth on the Manifestations of Oneness. In this station he pierceth the veils of plurality, fleeth from the worlds of the flesh, and ascendeth into the heaven of singleness. With the ear of God he heareth, with the eye of God he beholdeth the mysteries of divine creation. He steppeth into the sanctuary of the Friend, and

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F25 Qur'an 2:151.

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shareth as an intimate the pavilion of the Loved One. He stretcheth out the hand of truth from the sleeve of the Absolute; he revealeth the secrets of power. He seeth in himself neither name nor fame nor rank, but findeth his own praise in praising God. He beholdeth in his own name the name of God; to him, "all songs are from the King,"+F16 and every melody from Him. He sitteth on the throne of "Say, all is from God,"+F26 and taketh his rest on the carpet of "There is no power or might but in God."+F27 He looketh on all things with the eye of oneness, and seeth the brilliant rays of the divine sun shining from the dawning-point of Essence alike on all created things, and the lights of singleness reflected over all creation.

It is clear to thine Eminence that all the variations which the wayfarer in the stages of his journey beholdeth in the realms of being, proceed from his own vision. We shall give an example of this, that its meaning may become fully clear: Consider the visible sun; although it shineth with one radiance upon all things, and at the behest of the King of Manifestation bestoweth light on all creation, yet in each place it becometh manifest and sheddeth its

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F26. Qur'an 4:80.

F27. Qur'an 18:37.

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bounty according to the potentialities of that place. For instance, in a mirror

it reflecteth its own disk and shape, and this is due to the sensitivity of the mirror; in a crystal it maketh fire to appear, and in other things it showeth only the effect of its shining, but not its full disk. And yet, through that effect, by the command of the Creator, it traineth each thing according to the quality of that thing, as thou observest.

In like manner, colors become visible in every object according to the nature of that object. For instance, in a yellow globe, the rays shine yellow; in a white the rays are white; and in a red, the red rays are manifest. Then these variations are from the object, not from the shining light. And if a place be shut away from the light, as by walls or a roof, it will be entirely bereft of the splendor of the light, nor will the sun shine thereon.

Thus it is that certain invalid souls have confined the lands of knowledge within the wall of self and passion, and clouded them with ignorance and blindness, and have been veiled from the light of the mystic sun and the mysteries of the Eternal Beloved; they have strayed afar from the jewelled wisdom of the lucid Faith of the Lord of Messengers, have been shut out of the sanctuary of the

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All-Beauteous One, and banished from the Ka'bih+F7 of splendor. Such is the worth of the people of this age!

And if a nightingale+F28 soar upward from the clay of self and dwell in the rose bower of the heart, and in Arabian melodies and sweet Iranian songs recount the mysteries of God-- a single word of which quickeneth to fresh, new life the bodies of the dead, and bestoweth the Holy Spirit upon the moldering bones of this existence--thou wilt behold a thousand claws of envy, a myriad beaks of rancor hunting after Him and with all their power intent upon His death.

Yea, to the beetle a sweet fragrance seemeth foul, and to the man sick of a rheum a pleasant perfume is as naught. Wherefore, it hath been said for the guidance of the ignorant:

Cleanse thou the rheum from out thine head

And breathe the breath of God instead.+F16

In sum, the differences in objects have now been made plain. Thus when the wayfarer gazeth only upon the place of appearance--that is, when he seeth only the many-colored globes --he beholdeth yellow and red and white; hence it is that conflict hath prevailed among the

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F28. This refers to Baha'u'llah's own Manifestation.

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creatures, and a darksome dust from limited souls hath hid the world. And some do gaze upon the effulgence of the light; and some have drunk of the wine of oneness and these see nothing but the sun itself.

Thus, for that they move on these three differing planes, the understanding and the words of the wayfarers have differed; and hence the sign of conflict doth continually appear on earth. For some there are who dwell upon the plane of oneness and speak of that world, and some inhabit the realms of limitation, and

some the grades of self, while others are completely veiled. Thus do the ignorant people of the day, who have no portion of the radiance of Divine Beauty, make certain claims, and in every age and cycle inflict on the people of the sea of oneness what they themselves deserve. "Should God punish men for their perverse doings, He would not leave on earth a moving thing! But to an appointed term doth He respite them...."+F29

O My Brother! A pure heart is as a mirror; cleanse it with the burnish of love and severance from all save God, that the true sun may shine within it and the eternal morning dawn. Then wilt thou clearly see the meaning of "Neither doth My earth nor My heaven contain Me,

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F29. Qur'an 16:63.

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but the heart of My faithful servant containeth Me."+F30 And thou wilt take up thy life in thine hand, and with infinite longing cast it before the new Beloved One.

Whensoever the light of Manifestation of the King of Oneness settleth upon the throne of the heart and soul, His shining becometh visible in every limb and member. At that time the mystery of the famed tradition gleameth out of the darkness: "A servant is drawn unto Me in prayer until I answer him; and when I have answered him, I become the ear wherewith he heareth...." For thus the Master of the house hath appeared within His home, and all the pillars of the dwelling are ashine with His light. And the action and effect of the light are from the Light-Giver; so it is that all move through Him and arise by His will. And this is that spring whereof the near ones drink, as it is said: "A fount whereof the near unto God shall drink...."+F31

However, let none construe these utterances to be anthropomorphism, nor see in them the descent of the worlds of God into the grades of the creatures; nor should they lead thine Eminence to such assumptions. For God is, in

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F30. Hadith, i.e. action or utterance traditionally attributed to the Prophet Muhammad or to one of the holy Imams.

F31. Qur'an 83:28.

--The Seven Valleys and the Four Valleys, page 23

His Essence, holy above ascent and descent, entrance and exit; He hath through all eternity been free of the attributes of human creatures, and ever will remain so. No man hath ever known Him; no soul hath ever found the pathway to His Being. Every mystic knower hath wandered far astray in the valley of the knowledge of Him; every saint hath lost his way in seeking to comprehend His Essence. Sanctified is He above the understanding of the wise; exalted is He above the knowledge of the knowing! The way is barred and to seek it is impiety; His proof is His signs; His being is His evidence.+F4

Wherefore, the lovers of the face of the Beloved have said: "O Thou, the One Whose Essence alone showeth the way to His Essence, and Who is sanctified above any likeness to His creatures."+F30 How can utter nothingness gallop its steed in the field of preexistence, or a fleeting shadow reach to the everlasting

sun? The Friend+F32 hath said, "But for Thee, we had not known Thee," and the Beloved+F32 hath said, "nor attained Thy presence."

Yea, these mentionings that have been made of the grades of knowledge relate to the knowledge of the Manifestations of that Sun of Reality, which casteth Its light upon the Mirrors.

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F32. The Prophet Muhammad.

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And the splendor of that light is in the hearts, yet it is hidden under the veilings of sense and the conditions of this earth, even as a candle within a lantern of iron, and only when the lantern is removed doth the light of the candle shine out.

In like manner, when thou strippest the wrappings of illusion from off thine heart, the lights of oneness will be made manifest.

Then it is clear that even for the rays there is neither entrance nor exit--how much less for that Essence of Being and that longed-for Mystery. O My Brother, journey upon these planes in the spirit of search, not in blind imitation. A true wayfarer will not be kept back by the bludgeon of words nor debarred by the warning of allusions.

How shall a curtain part the lover and the loved one?

Not Alexander's wall can separate them!+F33

Secrets are many, but strangers are myriad. Volumes will not suffice to hold the mystery of the Beloved One, nor can it be exhausted in these pages, although it be no more than a word, no more than a sign. "Knowledge is a

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F33. Hafiz: Shamsu'd-Din Muhammad, of Shiraz, died ca. 1389 A.D. One of the greatest of Persian poets.

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single point, but the ignorant have multiplied it."+F30

On this same basis, ponder likewise the differences among the worlds. Although the divine worlds be never ending, yet some refer to them as four: The world of time (zaman), which is the one that hath both a beginning and an end; the world of duration (dahr), which hath a beginning, but whose end is not revealed; the world of perpetuity (sarmad), whose beginning is not to be seen but which is known to have an end; and the world of eternity (azal), neither a beginning nor an end of which is visible. Although there are many differing statements as to these points, to recount them in detail would result in weariness. Thus, some have said that the world of perpetuity hath neither beginning nor end, and have named the world of eternity as the invisible, impregnable Empyrean. Others have called these the worlds of the Heavenly Court (Lahut), of the Empyrean Heaven (Jabarut), of the Kingdom of the Angels (Malakut), and of the mortal world (Nasut).

The journeys in the pathway of love are reckoned as four: From the creatures to the True One; from the True One to the creatures; from the creatures to the creatures; from the True One to the True One.

--The Seven Valleys and the Four Valleys, page 26

There is many an utterance of the mystic seers and doctors of former times which I have not mentioned here, since I dislike the copious citation from sayings of the past; for quotation from the words of others proveth acquired learning, not the divine bestowal. Even so much as We have quoted here is out of deference to the wont of men and after the manner of the friends. Further, such matters are beyond the scope of this epistle. Our unwillingness to recount their sayings is not from pride, rather is it a manifestation of wisdom and a demonstration of grace.

If Khidr did wreck the vessel on the sea,

Yet in this wrong there are a thousand rights.+F16

Otherwise, this Servant regardeth Himself as utterly lost and as nothing, even beside one of the beloved of God, how much less in the presence of His holy ones. Exalted be My Lord, the Supreme! Moreover, our aim is to recount the stages of the wayfarer's journey, not to set forth the conflicting utterances of the mystics.

Although a brief example hath been given concerning the beginning and ending of the relative world, the world of attributes, yet a

--The Seven Valleys and the Four Valleys, page 27

second illustration is now added, that the full meaning may be manifest. For instance, let thine Eminence consider his own self; thou art first in relation to thy son, last in relation to thy father. In thine outward appearance, thou tellest of the appearance of power in the realms of divine creation; in thine inward being thou revealest the hidden mysteries which are the divine trust deposited within thee. And thus firstness and lastness, outwardness and inwardness are, in the sense referred to, true of thyself, that in these four states conferred upon thee thou shouldst comprehend the four divine states, and that the nightingale of thine heart on all the branches of the rosetree of existence, whether visible or concealed, should cry out: "He is the first and the last, the Seen and the Hidden..." +F34

These statements are made in the sphere of that which is relative, because of the limitations of men. Otherwise, those personages who in a single step have passed over the world of the relative and the limited, and dwelt on the fair plane of the Absolute, and pitched their tent in the worlds of authority and command--have burned away these relativities with a single spark, and blotted out these words with a drop

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F34. Qur'an 57:3.

--The Seven Valleys and the Four Valleys, page 28

of dew. And they swim in the sea of the spirit, and soar in the holy air of light. Then what life have words, on such a plane, that "first" and "last" or other than these be seen or mentioned! In this realm, the first is the last itself, and the last is but the first.

In thy soul of love build thou a fire

And burn all thoughts and words entire.+F16

O my friend, look upon thyself: Hadst thou not become a father nor begotten a

son, neither wouldst thou have heard these sayings. Now forget them all, that thou mayest learn from the Master of Love in the schoolhouse of oneness, and return unto God, and forsake the inner land of unreality+F35 for thy true station, and dwell within the shadow of the tree of knowledge.

O thou dear one! Impoverish thyself, that thou mayest enter the high court of riches; and humble thy body, that thou mayest drink from the river of glory, and attain to the full meaning of the poems whereof thou hadst asked.

Thus it hath been made clear that these stages depend on the vision of the wayfarer. In every city he will behold a world, in every Valley

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F35. This refers to the Sufi idea of the inner plane, which compared to Revealed Truth is but unreal.

--The Seven Valleys and the Four Valleys, page 29

reach a spring, in every meadow hear a song. But the falcon of the mystic heaven hath many a wondrous carol of the spirit in His breast, and the Persian bird keepeth in His soul many a sweet Arab melody; yet these are hidden, and hidden shall remain.

If I speak forth, many a mind will shatter,

And if I write, many a pen will break.+F16,+F36

Peace be upon him who concludeth this exalted journey and followeth the True One by the lights of guidance.

And the wayfarer, after traversing the high planes of this supernal journey, entereth

#### THE VALLEY OF CONTENTMENT

In this Valley he feeleth the winds of divine contentment blowing from the plane of the spirit. He burneth away the veils of want, and with inward and outward eye, perceiveth within and without all things the day of: "God will compensate each one out of His abundance."+F37 From sorrow he turneth to bliss, from anguish to joy. His grief and mourning yield to delight and rapture.

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F36. This refers to Baha'u'llah Himself, Who had not yet declared His mission.

F37. Qur'an 4:129.

--The Seven Valleys and the Four Valleys, page 30

Although to outward view, the wayfarers in this Valley may dwell upon the dust, yet inwardly they are throned in the heights of mystic meaning; they eat of the endless bounties of inner significances, and drink of the delicate wines of the spirit.

The tongue faileth in describing these three Valleys, and speech falleth short.

The pen steppeth not into this region, the ink leaveth only a blot. In these planes, the nightingale of the heart hath other songs and secrets, which make the heart to stir and the soul to clamor, but this mystery of inner meaning may be whispered only from heart to heart, confided only from breast to breast.

Only heart to heart can speak the bliss of mystic knowers;

No messenger can tell it and no missive bear it.+F33

I am silent from weakness on many a matter,

For my words could not reckon them and my speech would fall short.+F38  
O friend, till thou enter the garden of such mysteries, thou shalt never set  
lip to the undying wine of this Valley. And shouldst thou

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F38. Arabian poem.

--The Seven Valleys and the Four Valleys, page 31

taste of it, thou wilt shield thine eyes from all things else, and drink of the  
wine of contentment; and thou wilt loose thyself from all things else, and bind  
thyself to Him, and throw thy life down in His path, and cast thy soul away.  
However, there is no other in this region that thou need forget: "There was God  
and there was naught beside Him."+F30 For on this plane the traveler witnesseth  
the beauty of the Friend in everything. Even in fire, he seeth the face of the  
Beloved. He beholdeth in illusion the secret of reality, and readeth from the  
attributes the riddle of the Essence. For he hath burnt away the veils with his  
sighing, and unwrapped the shroudings with a single glance; with piercing sight  
he gazeth on the new creation; with lucid heart he graspeth subtle verities.  
This is sufficiently attested by: "And we have made thy sight sharp in this  
day."+F39

After journeying through the planes of pure contentment, the traveler cometh to

#### THE VALLEY OF WONDERMENT

and is tossed in the oceans of grandeur, and at every moment his wonder  
groweth. Now he seeth the shape of wealth as poverty itself, and the essence of  
freedom as sheer impotence.

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F39. From Qur'an 50:21.

--The Seven Valleys and the Four Valleys, page 32

Now is he struck dumb with the beauty of the All-Glorious; again is he wearied  
out with his own life. How many a mystic tree hath this whirlwind of wonderment  
snatched by the roots, how many a soul hath it exhausted. For in this Valley  
the traveler is flung into confusion, albeit, in the eye of him who hath  
attained, such marvels are esteemed and well beloved. At every moment he  
beholdeth a wondrous world, a new creation, and goeth from astonishment to  
astonishment, and is lost in awe at the works of the Lord of Oneness.  
Indeed, O Brother, if we ponder each created thing, we shall witness a myriad  
perfect wisdoms and learn a myriad new and wondrous truths. One of the created  
phenomena is the dream. Behold how many secrets are deposited therein, how many  
wisdoms treasured up, how many worlds concealed. Observe, how thou art asleep  
in a dwelling, and its doors are barred; on a sudden thou findest thyself in a  
far-off city, which thou enterest without moving thy feet or wearying thy body;  
without using thine eyes, thou seest; without taxing thine ears, thou hearest;  
without a tongue, thou speakest. And perchance when ten years are gone, thou  
wilt witness in the outer world the very things thou hast dreamed tonight.  
Now there are many wisdoms to ponder in

--The Seven Valleys and the Four Valleys, page 33

the dream, which none but the people of this Valley can comprehend in their true elements. First, what is this world, where without eye and ear and hand and tongue a man puts all of these to use? Second, how is it that in the outer world thou seest today the effect of a dream, when thou didst vision it in the world of sleep some ten years past? Consider the difference between these two worlds and the mysteries which they conceal, that thou mayest attain to divine confirmations and heavenly discoveries and enter the regions of holiness. God, the Exalted, hath placed these signs in men, to the end that philosophers may not deny the mysteries of the life beyond nor belittle that which hath been promised them. For some hold to reason and deny whatever the reason comprehendeth not, and yet weak minds can never grasp the matters which we have related, but only the Supreme, Divine Intelligence can comprehend them: How can feeble reason encompass the Qur'an,  
Or the spider snare a phoenix in his web?<sup>+F13</sup>  
All these states are to be witnessed in the Valley of Wonderment, and the traveler at

--The Seven Valleys and the Four Valleys, page 34

every moment seeketh for more, and is not wearied. Thus the Lord of the First and the Last in setting forth the grades of contemplation, and expressing wonderment hath said: "O Lord, increase my astonishment at Thee!"

Likewise, reflect upon the perfection of man's creation, and that all these planes and states are folded up and hidden away within him.

Dost thou reckon thyself only a puny form

When within thee the universe is folded?<sup>+F40</sup>

Then we must labor to destroy the animal condition, till the meaning of humanity shall come to light.

Thus, too, Luqman, who had drunk from the wellspring of wisdom and tasted of the waters of mercy, in proving to his son Nathan the planes of resurrection and death, advanced the dream as an evidence and an example. We relate it here, that through this evanescent Servant a memory may endure of that youth of the school of Divine Unity, that elder of the art of instruction and the Absolute.

He said: "O Son, if thou art able not to sleep, then thou art able not to die.

And if thou art able not

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F40. Ali.

--The Seven Valleys and the Four Valleys, page 35

to waken after sleep, then thou shalt be able not to rise after death."

O friend, the heart is the dwelling of eternal mysteries, make it not the home of fleeting fancies; waste not the treasure of thy precious life in employment with this swiftly passing world. Thou comest from the world of holiness-- bind not thine heart to the earth; thou art a dweller in the court of nearness--choose not the homeland of the dust.

In sum, there is no end to the description of these stages, but because of the wrongs inflicted by the peoples of the earth, this Servant is in no mood to continue:

The tale is still unfinished and I have no heart for it--

Then pray forgive me.+F16

The pen groaneth and the ink sheddeth tears, and the river+F41 of the heart moveth in waves of blood. "Nothing can befall us but what God hath destined for us."+F42 Peace be upon him who followeth the Right Path!

After scaling the high summits of wonderment the wayfarer cometh to

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F41. Literally "Jayhun," a river in Turkistan.

F42. Qur'an 9:51.

--The Seven Valleys and the Four Valleys, page 36

#### THE VALLEY OF TRUE POVERTY AND ABSOLUTE NOTHINGNESS

This station is the dying from self and the living in God, the being poor in self and rich in the Desired One. Poverty as here referred to signifieth being poor in the things of the created world, rich in the things of God's world. For when the true lover and devoted friend reacheth to the presence of the Beloved, the sparkling beauty of the Loved One and the fire of the lover's heart will kindle a blaze and burn away all veils and wrappings. Yea, all he hath, from heart to skin, will be set aflame, so that nothing will remain save the Friend. When the qualities of the Ancient of Days stood revealed,

Then the qualities of earthly things did Moses burn away.+F16

He who hath attained this station is sanctified from all that pertaineth to the world. Wherefore, if those who have come to the sea of His presence are found to possess none of the limited things of this perishable world, whether it be outer wealth or personal opinions, it mattereth not. For whatever the creatures have is limited by their own limits, and whatever the

--The Seven Valleys and the Four Valleys, page 37

True One hath is sanctified therefrom; this utterance must be deeply pondered that its purport may be clear. "Verily the righteous shall drink of a winecup tempered at the camphor fountain."+F43 If the interpretation of "camphor" become known, the true intention will be evident. This state is that poverty of which it is said, "Poverty is My glory."+F44 And of inward and outward poverty there is many a stage and many a meaning which I have not thought pertinent to mention here; hence I have reserved these for another time, dependent on what God may desire and fate may seal.

This is the plane whereon the vestiges of all things (Kullu Shay') are destroyed in the traveler, and on the horizon of eternity the Divine Face riseth out of the darkness, and the meaning of "All on the earth shall pass away, but the face of thy Lord..." +F45 is made manifest.

O My friend, listen with heart and soul to the songs of the spirit, and treasure them as thine own eyes. For the heavenly wisdoms, like the clouds of spring, will not rain down on the earth of men's hearts forever; and though the grace of the All-Bounteous One is never stilled and never ceasing, yet to each time and era a

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F43. Qur'an 76:5.

F44. Muhammad.

F45. Qur'an 55:26, 27.

--The Seven Valleys and the Four Valleys, page 38

portion is allotted and a bounty set apart, this in a given measure. "And no one thing is there, but with Us are its storehouses; and We send it not down but in settled measure."+F46 The cloud of the Loved One's mercy raineth only on the garden of the spirit, and bestoweth this bounty only in the season of spring. The other seasons have no share in this greatest grace, and barren lands no portion of this favor.

O Brother! Not every sea hath pearls; not every branch will flower, nor will the nightingale sing thereon. Then, ere the nightingale of the mystic paradise repair to the garden of God, and the rays of the heavenly morning return to the Sun of Truth--make thou an effort, that haply in this dustheap of the mortal world thou mayest catch a fragrance from the everlasting garden, and live forever in the shadow of the peoples of this city. And when thou hast attained this highest station and come to this mightiest plane, then shalt thou gaze on the Beloved, and forget all else.

The Beloved shineth on gate and wall

Without a veil, O men of vision.+F12

Now hast thou abandoned the drop of life and come to the sea of the Life-Bestower.

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F46. Qur'an 15:21.

--The Seven Valleys and the Four Valleys, page 39

This is the goal thou didst ask for; if it be God's will, thou wilt gain it.

In this city, even the veils of light are split asunder and vanish away. "His beauty hath no veiling save light, His face no covering save revelation."+F30

How strange that while the Beloved is visible as the sun, yet the heedless still hunt after tinsel and base metal. Yea, the intensity of His revelation hath covered Him, and the fullness of His shining forth hath hidden Him.

Even as the sun, bright hath He shined,

But alas, He hath come to the town of the

blind!+F16

In this Valley, the wayfarer leaveth behind him the stages of the "oneness of Being and Manifestation"+F47 and reacheth a oneness that is sanctified above these two stations. Ecstasy alone can encompass this theme, not utterance nor argument; and whosoever hath dwelt at this stage of the journey, or caught a breath from this garden land, knoweth whereof We speak.

In all these journeys the traveler must stray

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F47. Pantheism, a Sufi doctrine derived from the formula: "Only God exists; He is in all things, and all things are in Him."

--The Seven Valleys and the Four Valleys, page 40

not the breadth of a hair from the "Law," for this is indeed the secret of the "Path" and the fruit of the Tree of "Truth"; and in all these stages he must cling to the robe of obedience to the commandments, and hold fast to the cord

of shunning all forbidden things, that he may be nourished from the cup of the Law and informed of the mysteries of Truth.+F48

If any of the utterances of this Servant may not be comprehended, or may lead to perturbation, the same must be inquired of again, that no doubt may linger, and the meaning be clear as the Face of the Beloved One shining from the "Glorious Station."+F49

These journeys have no visible ending in the world of time, but the severed wayfarer--if invisible confirmation descend upon him and the Guardian of the Cause assist him--may cross these seven stages in seven steps, nay rather in seven breaths, nay rather in a single

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F48. This refers to the three stages of Sufi life: 1. Shari'at, or Religious Laws; 2. Tariqat, or the Path on which the mystic wayfarer journeys in search of the True One; this stage also includes anchoretism. 3. Haqiqat, or the Truth which, to the Sufi, is the goal of the journey through all three stages. Here Baha'u'llah teaches that, contrary to the belief of certain Sufis who in their search for the Truth consider themselves above all law, obedience to the Laws of Religion is essential. +F49 Maqam-i-Mahmud. Qur'an 17:81.

--The Seven Valleys and the Four Valleys, page 41

breath, if God will and desire it. And this is of "His grace on such of His servants as He pleaseth."+F50

They who soar in the heaven of singleness and reach to the sea of the Absolute, reckon this city--which is the station of life in God--as the furthestmost state of mystic knowers, and the farthest homeland of the lovers. But to this evanescent One of the mystic ocean, this station is the first gate of the heart's citadel, that is, man's first entrance to the city of the heart; and the heart is endowed with four stages, which would be recounted should a kindred soul be found.

When the pen set to picturing this station,

It broke in pieces and the page was torn.+F13

Salam!+F51

O My friend! Many a hound pursueth this gazelle of the desert of oneness; many a talon claweth at this thrush of the eternal garden. Pitiless ravens do lie in wait for this bird of the heavens of God, and the huntsman of envy stalketh this deer of the meadow of love.

O Shaykh! Make of thine effort a glass, perchance it may shelter this flame from the

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F50. Qur'an 2:84.

F51 "Peace." This word is used in concluding a thesis.

--The Seven Valleys and the Four Valleys, page 42

contrary winds; albeit this light doth long to be kindled in the lamp of the Lord, and to shine in the globe of the spirit. For the head raised up in the love of God will certainly fall by the sword, and the life that is kindled with longing will surely be sacrificed, and the heart which remembereth the Loved One will surely brim with blood. How well is it said:

Live free of love, for its very peace is anguish;  
Its beginning is pain, its end is death.+F38  
Peace be upon him who followeth the Right Path!

\* \* \* \* \*

The thoughts thou hast expressed as to the interpretation of the common species of bird that is called in Persian Gunjishk (sparrow) were considered.+F52 Thou appearest to be well-grounded in mystic truth. However, on every plane, to every letter a meaning is allotted which relateth to that plane. Indeed, the wayfarer findeth a secret in every name, a mystery in every letter. In one sense, these letters refer to holiness.

Kaf or Gaf (K or G) referreth to Kuffi

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F52. The five letters comprising this word in Persian are: G, N, J, SH, K, that is, Gaf, Nun, Jim, Shin, Kaf.

--The Seven Valleys and the Four Valleys, page 43  
("free"), that is, "Free thyself from that which thy passion desireth; then advance unto thy Lord."

Nun referreth to Nazzih ("purify"), that is, "Purify thyself from all else save Him, that thou mayest surrender thy life in His love."

Jim is Janib ("draw back"), that is, "Draw back from the threshold of the True One if thou still possessest earthly attributes."

Shin is Ushkur ("thank")--"Thank thy Lord on His earth that He may bless thee in His heaven; albeit in the world of oneness, this heaven is the same as His earth."

Kaf referreth to Kuffi, that is: "Take off from thyself the wrappings of limitations, that thou mayest come to know what thou hast not known of the states of Sanctity."+F53

Wert thou to harken to the melodies of this mortal Bird,+F54 then wouldst thou seek out the undying chalice and pass by every perishable cup.

Peace be upon those who walk in the Right Path!

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F53. This and the foregoing quotations are from the teachings of Islam.

F54. This is a reference in the traditional Persian style to Baha'u'llah Himself.

--The Seven Valleys and the Four Valleys, pp. 44-46 (title & blank)

--The Seven Valleys and the Four Valleys, page 47

#### THE FOUR VALLEYS

He is the Strong, the Well-Beloved!

O light of truth, Hisam-i-Din, the bounteous,

No prince hath the world begot like unto Thee!+F1

I am wondering why the tie of love was so abruptly severed, and the firm covenant of friendship broken. Did ever, God forbid, My devotion lessen, or My deep affection fail, that thou hast thus forgot Me and blotted Me from thy thoughts?

What fault of Mine hath made thee cease thy favors?

Is it that We are lowly and thou of high degree?+F2

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F1. Mathnavi of Rumi.

F2 Sa'di, Muslihu'd-Din of Shiraz (ca. 1184-1291), famed author of the Gulistan and other poetical works.

--The Seven Valleys and the Four Valleys, page 48

Or is that a single arrow hath driven thee from the battle?+F3 Have they not told thee that faithfulness is a duty on those who follow the mystic way, that it is the true guide to His Holy Presence? "But as for those who say, 'Our Lord is God,' and who go straight to Him, the angels shall descend to them...."+F4 Likewise He saith, "Go straight on then as thou hast been commanded."+F5 Wherefore, this course is incumbent on those who dwell in the presence of God. I do as bidden, and I bring the message, Whether it give thee counsel or offense.+F6

Albeit I have received no answer to My letters and it is contrary to the usage of the wise to express My regard anew, yet this new love hath broken all the old rules and ways.

Tell us not the tale of Layli or of Majnun's woe--  
Thy love hath made the world forget the loves of long ago.

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F3. Persian proverb describing a man who gives up easily. As used here one connotation is that the Shaykh might have considered his station as a mystic leader compromised by the fact of his being taught the new truth by Baha'u'llah.

F4. Qur'an 41:30.

F5. Qur'an 11:114; 42:14.

F6. Sa'di.

--The Seven Valleys and the Four Valleys, page 49

When once thy name was on the tongue, the lovers caught it  
And it set the speakers and the hearers dancing to and fro.+F7  
And of divine wisdom and heavenly counsel, [Rumi says]:  
Each moon, O my beloved, for three days I go mad;  
Today's the first of these--'Tis why thou seest me glad.  
We hear that thou hast journeyed to Tabriz and Tiflis to disseminate knowledge,  
or that some other high purpose hath taken thee to Sanandaj.+F8,+F9  
O My eminent friend! Those who progress in mystic wayfaring are of four kinds.  
I shall describe them in brief, that the grades and qualities of each kind may become plain to thee.

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F7. Ibid.

F8. Senna, capital of Persian Kurdistan.

F9. This preamble to The Four Valleys is written in the finest Persian epistolary style. The rules of classical letter writing in Persian require quotations from literary works, and assertions of abiding love for the one addressed, who is chided for having neglected the writer.

--The Seven Valleys and the Four Valleys, page 50

## THE FIRST VALLEY

If the travelers seek after the goal of the Intended One (maqsud), this station appertaineth to the self--but that self which is "The Self of God standing within Him with laws."+F10

On this plane, the self is not rejected but beloved; it is well-pleasing and not to be shunned. Although at the beginning, this plane is the realm of conflict, yet it endeth in attainment to the throne of splendor. As they have said: "O Abraham of this day, O Friend Abraham of the Spirit! Kill these four birds of prey,"+F11 that after death the riddle of life may be unraveled.

This is the plane of the soul who is pleasing unto God. Refer to the verse:

O thou soul who art well assured,

Return to thy Lord, well-pleased, and pleasing unto Him.+F12 which endeth:

Enter thou among My servants,

And enter thou My paradise.+F12

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F10. Hadith.

F11. The Mathnavi. Here Rumi tells a story of four evil birds which, when put to death, changed into four birds of goodness. The allegory refers to subduing evil qualities and replacing them with good.

F12. Qur'an 89:27-30.

--The Seven Valleys and the Four Valleys, page 51

This station hath many signs, unnumbered proofs. Hence it is said: "Hereafter We will show them Our signs in the regions of the earth, and in themselves, until it become manifest unto them that it is the truth,"+F13 and that there is no God save Him.

One must, then, read the book of his own self, rather than some treatise on rhetoric. Wherefore He hath said, "Read thy Book: There needeth none but thyself to make out an account against thee this day."+F14

The story is told of a mystic knower, who went on a journey with a learned grammarian as his companion. They came to the shore of the Sea of Grandeur. The knower straightway flung himself into the waves, but the grammarian stood lost in his reasonings, which were as words that are written on water. The knower called out to him, "Why dost thou not follow?" The grammarian answered, "O Brother, I dare not advance. I must needs go back again." Then the knower cried, "Forget what thou didst read in the books of Sibavayh and Qawlavayh, of Ibn-i-Hajib and Ibn-i-Malik,+F15 and cross the water."

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F13. Qur'an 41:53.

F14. Qur'an 17:15.

F15. Famed writers on grammar and rhetoric.

--The Seven Valleys and the Four Valleys, page 52

The death of self is needed here, not rhetoric:

Be nothing, then, and walk upon the waves.+F16

Likewise is it written, "And be ye not like those who forget God, and whom He

hath therefore caused to forget their own selves. These are the wicked doers." +F17

## THE SECOND VALLEY

If the wayfarer's goal be the dwelling of the Praiseworthy One (Mahmud), +F18 this is the station of primal reason which is known as the Prophet and the Most Great Pillar. +F19 Here reason signifieth the divine, universal mind, whose sovereignty enlighteneth all created things--nor doth it refer to every feeble brain; for it is as the wise Sana'i hath written:

How can feeble reason encompass the Qur'an,  
Or the spider snare a phoenix in his web?  
Wouldst thou that the mind should not entrap thee?  
Teach it the science of the love of God!

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F16. The Mathnavi.

F17. Qur'an 59:19.

F18. An attribute of God and one of the titles of Muhammad.

F19. Maqam-i-Mahmud--Praiseworthy Station--is the rank of Prophets endowed with constancy.

--The Seven Valleys and the Four Valleys, page 53

On this plane, the traveler meeteth with many a trial and reverse. Now is he lifted up to heaven, now is he cast into the depths. As it hath been said: "Now Thou drawest me to the summit of glory, again Thou castest me into the lowest abyss." The mystery treasured in this plane is divulged in the following holy verse from the Surih of THE CAVE: +F20

"And thou mightest have seen the sun when it arose, pass on the right of their cave, and when it set, leave them on the left, while they were in its spacious chamber. This is one of the signs of God. Guided indeed is he whom God guideth; but for him whom He misleadeth, thou shalt by no means find a patron."

If a man could know what lieth hid in this one verse, it would suffice him.

Wherefore, in praise of such as these, He hath said: "Men whom neither merchandise nor traffic beguile from the remembrance of God...." +F21

This station conferreth the true standard of knowledge, and freeth man from tests. In this realm, to search after knowledge is irrelevant, for He hath said concerning the guidance of travelers on this plane, "Fear God, and God

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F20. Qur'an 18:16. This is a reference to the station of complete faith. The companions of the Cave are identified with early Christian martyrs.

F21. Qur'an 24:37.

--The Seven Valleys and the Four Valleys, page 54

will instruct thee." +F22 And again: "Knowledge is a light which God casteth into the heart of whomsoever He willeth." +F23

Wherefore, a man should make ready his heart that it be worthy of the descent of heavenly grace, and that the bounteous Cup-Bearer may give him to drink of the wine of bestowal from the merciful vessel. "For the like of this let the travailers travail!" +F24

And now do I say, "Verily we are from God, and to Him shall we return."+F25

### THE THIRD VALLEY

If the loving seekers wish to live within the precincts of the Attracting One  
(Majdhub),+F26 no soul may dwell on this Kingly Throne save the beauty of love.  
This realm is not to be pictured in words.  
Love shunneth this world and that world too,  
In him are lunacies seventy-and-two.  
The minstrel of love harpeth this lay:  
Servitude enslaveth, kingship doth betray.+F27

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F22. Qur'an 2:282.

F23. Hadith.

F24. Qur'an 37:59.

F25. Qur'an 2:151.

F26. That attribute of God which draws all creatures to Him.

F27. The Mathnavi.

--The Seven Valleys and the Four Valleys, page 55

This plane requireth pure affection and the bright stream of fellowship. In  
telling of these companions of the Cave He saith: "They speak not till He hath  
spoken; and they do His bidding."+F28

On this plane, neither the reign of reason is sufficient nor the authority of  
self. Hence, one of the Prophets of God hath asked: "O my Lord, how shall we  
reach unto Thee?" And the answer came, "Leave thyself behind, and then approach  
Me."

These are a people who deem the lowest place to be one with the throne of  
glory, and to them beauty's bower differeth not from the field of a battle  
fought in the cause of the Beloved.

The denizens of this plane speak no words-- but they gallop their chargers.  
They see but the inner reality of the Beloved. To them all words of sense are  
meaningless, and senseless words are full of meaning. They cannot tell one limb  
from another, one part from another. To them the mirage is the real river; to  
them going away is returning. Wherefore hath it been said:  
The story of Thy beauty reached the hermit's dell;

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F28. Qur'an 21:27.

--The Seven Valleys and the Four Valleys, page 56

Crazed, he sought the Tavern where the wine they buy and sell.  
The love of Thee hath leveled down the fort of patience,  
The pain of Thee hath firmly barred the gate of hope as well.+F29  
In this realm, instruction is assuredly of no avail.  
The lover's teacher is the Loved One's beauty,  
His face their lesson and their only book.  
Learning of wonderment, of longing love their duty,  
Not on learned chapters and dull themes they look.  
The chain that binds them is His musky hair,

The Cyclic Scheme,+F30 to them, is but to Him a stair.+F31  
Here followeth a supplication to God, the Exalted, the Glorified:

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F29. Sa'di.

F30. The Cyclic Theory of Abu-'Ali Sina (Avicenna--980-1037) as expressed by him in the quatrain: Every semblance, every shape that perisheth today In the treasure-house of Time is safely stored away. When the world revolveth to its former place, Out of the Invisible He draweth forth its face. See also Some Answered Questions, p. 326.

F31. The Mathnavi.

--The Seven Valleys and the Four Valleys, page 57

O Lord! O Thou Whose bounty granteth wishes!  
I stand before Thee, all save Thee forgetting.  
Grant that the mote of knowledge in my spirit  
Escape desire and the lowly clay;  
Grant that Thine ancient gift, this drop of wisdom,  
Merge with Thy mighty sea.+F32  
Thus do I say: There is no power or might save in God, the Protector, the Self-Subsistent.+F33

#### THE FOURTH VALLEY

If the mystic knowers be of those who have reached to the beauty of the Beloved One (Mahbub), this station is the apex of consciousness and the secret of divine guidance. This is the center of the mystery: "He doth what He willeth, ordaineth what He pleaseth."+F34  
Were all the denizens of earth and heaven to unravel this shining allusion, this darksome riddle, until the Day when the Trumpet soundeth,

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F32. Ibid.

F33. From Qur'an 18:37.

F34. Qur'an 2:254; 5:1, etc.

--The Seven Valleys and the Four Valleys, page 58

yet would they fail to comprehend even a letter thereof, for this is the station of God's immutable decree, His foreordained mystery. Hence, when searchers inquired of this, He made reply, "This is a bottomless sea which none shall ever fathom."+F35 And they asked again, and He answered, "It is the blackest of nights through which none can find his way."  
Whoso knoweth this secret will assuredly hide it, and were he to reveal but its faintest trace they would nail him to the cross. Yet, by the Living God, were there any true seeker, I would divulge it to him; for they have said: "Love is a light that never dwelleth in a heart possessed by fear."  
Verily, the wayfarer who journeyeth unto God, unto the Crimson Pillar in the snow-white path, will never reach unto his heavenly goal unless he abandoneth all that men possess: "And if he feareth not God, God will make him to fear all things; whereas all things fear him who feareth God."+F36  
Speak in the Persian tongue, though the Arab please thee more;

A lover hath many a tongue at his command.+F37

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F35. Statement attributed to Ali.

F36. This quotation is in Arabic.

F37. The Mathnavi.

--The Seven Valleys and the Four Valleys, page 59

How sweet is this couplet which revealeth such a truth:

See, our hearts come open like shells, when

He raineth grace like pearls,

And our lives are ready targets, when agony's arrows He hurls.

And were it not contrary to the Law of the Book, I would verily bequeath a part of My possessions to the one who would put Me to death, and I would name him My heir; yea, I would bestow upon him a portion, would render him thanks, would seek to refresh Mine eyes with the touch of his hand. But what can I do? I have no possessions, no power, and this is what God hath ordained.+F38

Methinks at this moment, I catch the fragrance of His garment+F39 blowing from the Egypt of Baha;+F40 verily He seemeth near at hand, though men may think Him far away.+F41 My soul doth smell the perfume shed by the

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F38. This was revealed before the Declaration of Baha'u'llah. The lines following refer to the imminence of His Manifestation.

F39. Literally, the garment of Ha, which is the letter "H" and here represents Baha.

F40. This reference is to the story of Joseph in the Qur'an and the Bible.

F41. This refers to those who did not expect the imminent advent of Him Whom God Shall Manifest.

--The Seven Valleys and the Four Valleys, page 60

Beloved One; My sense is filled with the fragrance of My dear Companion.

The duty of long years of love obey

And tell the tale of happy days gone by,

That land and sky may laugh aloud today,

And it may gladden mind and heart and eye.+F42

This is the realm of full awareness, of utter self-effacement. Even love is no pathway to this region, and longing hath no dwelling here; wherefore is it said, "Love is a veil betwixt the lover and the beloved." Here love becometh an obstruction and a barrier, and all else save Him is but a curtain. The wise Sana'i hath written:

Never the covetous heart shall come to the stealer of hearts,

Never the shrouded soul unite with beauty's rose.

For this is the realm of Absolute Command and is free of all the attributes of earth.

The exalted dwellers in this mansion do wield divine authority in the court of rapture, with utter gladness, and they do bear a kingly

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F42. The Mathnavi.

--The Seven Valleys and the Four Valleys, page 61

sceptre. On the high seats of justice, they issue their commands, and they send down gifts according to each man's deserving. Those who drink of this cup abide in the high bowers of splendor above the Throne of the Ancient of Days, and they sit in the Empyrean of Might within the Lofty Pavilion: "Naught shall they know of sun or piercing cold."+F43

Herein the high heavens are in no conflict with the lowly earth, nor do they seek to excel it, for this is the land of mercy, not the realm of distinction.

Albeit at every moment these souls appear in a new office, yet their condition is ever the same. Wherefore of this realm it is written, "No work withholdeth Him from another."+F44 And of another state it is said: "Every day doth some new work employ Him."+F45 This is the food whose savor changeth not, whose color altereth not. If thou eatest thereof, thou shalt verily chant this verse:

"I turn my face to Him Who hath created the Heavens and the earth ... I am not one of those who add gods to God."+F46 "And thus did we show Abraham the Kingdom of the Heavens and of the Earth, that He might be established

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F43. Qur'an 76:13.

F44. This quotation is from one of the commentators on Qur'an 55:29. Cf. the dictionary *Lisanu'l-'Arab*.

F45. Qur'an 55:29.

F46. Qur'an 6:79.

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in knowledge."+F47 Wherefore, put thy hand into thy bosom, then stretch it forth with power, and behold, thou shalt find it a light unto all the world.

+F48

How crystal this cool water that the Cup-Bearer bringeth! How bright this pure wine in the hands of the Beloved! How delicate this draught from the Heavenly Cup! May it do them good, whoso drink thereof, and taste of its sweetness and attain to its knowledge.

It is not fitting that I tell thee more,

For the stream's bed cannot hold the sea.+F49

For the mystery of this utterance is hid within the storehouse of the Great Infallibility+F50 and laid up in the treasuries of power. It is sanctified above the jewels of explanation; it is beyond what the most subtle of tongues can tell.

Astonishment here is highly prized, and utter poverty essential. Wherefore hath it been said, "Poverty is My pride."+F51 And again: "God hath a people beneath the dome of glory, whom

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F47. Qur'an 6:75.

F48. Cf. Qur'an 7:105 etc., and Hadith.

F49. The Mathnavi.

F50. *Ismat-i-Kubra*, the invariable attribute of the Divine Manifestation.

F51. Muhammad.

--The Seven Valleys and the Four Valleys, page 63

He hideth in the clothing of radiant poverty." +F52 These are they who see with His eyes, hear with His ears, as it is written in the well-known tradition. Concerning this realm, there is many a tradition and many a verse, of broad or special relevancy, but two of these will suffice to serve as a light for men of mind and heart.

The first is His statement: "O My Servant! Obey Me and I shall make thee like unto Myself. I say `Be,' and it is, and thou shalt say `Be,' and it shall be." And the second: "O Son of Adam! Seek fellowship with none until thou hast found Me, and whenever thou shalt long for Me, thou shalt find Me close to thee." Whatever high proofs and wondrous allusions are recounted herein, concern but a single Letter, a single Point. "Such hath been the way of God ... and no change canst thou find in the way of God." +F53  
I began this epistle some time ago, in thy remembrance, and since thy letter had not reached me then, I began with some words of reproach. Now, thy new missive hath dispelled that feeling and causeth Me to write thee. To

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F52. Hadith.

F53. Qur'an 33:62; 48:23.

--The Seven Valleys and the Four Valleys, page 64  
speak of My love for thine Eminence is needless. "God is a sufficient witness!" +F54 For his Eminence Shaykh Muhammad--May God the Exalted bless him!--I shall confine Myself to the two following verses which I request be delivered to him:

I seek thy nearness, dearer than sweet Heaven;

I see thy visage, fairer than Paradise bowers. +F55

When I entrusted this message of love to My pen, it refused the burden, and it swooned away. Then coming to itself, it spoke and said, "Glory be to Thee! To Thee do I turn in penitence, and I am the first of them that believe." +F56  
Praise be to God, the Lord of the worlds!

Let us tell, some other day

This parting hurt and woe;

Let us write, some other way,

Love's secrets--better so.

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F54. Qur'an 4:164.

F55. Sa'di.

F56. Qur'an 7:140.

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Leave blood and noise and all of these,

And say no more of Shams-i-Tabriz. +F57

Peace be upon thee, and upon those who circle around thee and attain thy meeting.

What I had written ere this hath been eaten by the flies, so sweet was the ink.

As Sa'di saith: "I shall forbear from writing any longer, for my sweet words have drawn the flies about me."

And now the hand can write no more, and pleadeth that this is enough. Wherefore

do I say, "Far be the glory of thy Lord, the Lord of all greatness, from what they affirm of Him." +F58

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F57. Shams-i-Tabriz, the Sufi who exerted a powerful influence on Jalalu'd-Din Rumi, diverting his attention from science to Mysticism. A great part of Rumi's works are dedicated to him. These lines are from the Mathnavi.

F58. Qur'an 37:180.

— Seven Valleys