

meditation enjoined on Baha'is, as can be seen from the following extract from a letter written on behalf of the beloved Guardian, which bears on this point:

There are no set forms of meditation prescribed in the teachings, no plan, as such, for inner development. The friends are urged — nay enjoined — to pray, and they also should meditate, but the manner of doing the latter is left entirely to the individual.

You are therefore urged to be vigilant in this regard by ensuring that you neither introduce yoga to your students as being in any way associated with the Baha'i Teachings, nor do anything which might give them the erroneous impression that the Faith is a mystical Indian movement.

(From a letter dated 21 February 1995 written on behalf of the Universal House of Justice to an individual believer)

4)

Regarding the case before you, the Faith has no objection to yoga, and the participation of Baha'is in yoga classes is a matter for individual decision. However, you will want to bear in mind that in many places yoga is associated with the practices of a religious community. The main question to be considered then is whether by allowing yoga lessons to be given on a regular basis at your National Centre an impression will be produced in the public mind that yoga is a part of the Baha'i Faith.

(From a letter dated 23 August 2004 written on behalf of the Universal House of Justice to a National Spiritual Assembly)

METADATA

Views

8829 views since posted 2015-02-10; last edit 2024-08-05 11:59

UTC

;

previous at
archive.org

...

/brief_compilation_yoga

Language

English

Permission

© BIC, public sharing permitted. See sources

1

,

2

, and

3

.

Share

Shortlink:

bahai-library.com/4463

Citation

:

[ris/4463](#)

select Collection:

Archives

Articles

Articles-unpublished

Audio

Bibliographies

BIC

Biographies

Books

Chronologies

Compilations

Compilations-NSA

Compilations-personal

Documents

East-asia

Encyclopedia

Essays

Etc

Excerpts

Fiction

Glossaries

Guardian

Histories

Introductory

Letters

Maps

Music

Newspapers

NSA-documents

NSA-letters

Personal

Pilgrims

Poetry

Presentations

Resources

Reviews

Scripts

Software

Statistics

Study

Talks

Theses

Transcripts

Translations

UHJ-documents

UHJ-letters

Video

Visual

Writings

home

sitemap

series

chronology

search

:

author

[title](#)

[date](#)

[tags](#)

[adv. search](#)

[languages](#)

[inventory](#)

[bibliography](#)

[abbreviations](#)

[links](#)

[about](#)

[contact](#)

[RSS](#)

[new](#)

— Yoga (Used by permission of the curator)