

# Section 37 - Fifth Mehl, Gaat'haa

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Shri Guru Granth Sahib: Fifth Mehl, Gaat'haa

Section 37 - Fifth Mehl, Gaat'haa - Part 001

Associating with the Brahmin, one is saved, if his actions are perfect and God-like.

Those whose souls are imbued with the world - O Nanak, their lives are fruitless. ||65||

The mortal steals the wealth of others, and makes all sorts of problems; his preaching is only for his own livelihood.

His desire for this and that is not satisfied; his mind is caught in Maya, and he is acting like a pig. ||66||

Those who are intoxicated and absorbed in the Lord's Lotus Feet are saved from the terrifying world-ocean.

Countless sins are destroyed, O Nanak, in the Saadh Sangat, the Company of the Holy; there is no doubt about this. ||67||4||

Fifth Mehl, Gaat'haa:

One Universal Creator God. By The Grace Of The True Guru:

Camphor, flowers and perfume become contaminated, by coming into contact with the human body.

O Nanak, the ignorant one is proud of his foul-smelling marrow, blood and bones. ||1||

Even if the mortal could reduce himself to the size of an atom, and shoot through the ethers, worlds and realms in the blink of an eye, O Nanak, without the Holy Saint, he shall not be saved. ||2||

Know for sure that death will come; whatever is seen is false.

So chant the Kirtan of the Lord's Praises in the Saadh Sangat, the Company of the Holy; this alone shall go along with you in the end. ||3||

The consciousness wanders lost in Maya, attached to friends and relatives.

Vibrating and meditating on the Lord of the Universe in the Saadh Sangat, O Nanak, the eternal place of rest is found. ||4||

The lowly nim tree, growing near the sandalwood tree, becomes just like the sandalwood tree.

But the bamboo tree, also growing near it, does not pick up its fragrance; it is too tall and proud. ||5||

In this Gaat'haa, the Lord's Sermon is woven; listening to it, pride is crushed.

The five enemies are killed, O Nanak, by shooting the Arrow of the Lord. ||6||

The Words of the Holy are the path of peace. They are obtained by good karma.

The cycle of birth and death is ended, O Nanak, singing the Kirtan of the Lord's Praises. ||7||

When the leaves wither and fall, they cannot be attached to the branch again.

Without the Naam, the Name of the Lord, O Nanak, there is misery and suffering.

The mortal wanders in reincarnation day and night. ||8||

One is blessed with love for the Saadh Sangat, the Company of the Holy, by great good fortune.

Whoever sings the Glorious Praises of the Lord's Name, O Nanak, is not affected by the world-ocean. ||9||

This Gaat'haa is profound and infinite; how rare are those who understand it. They forsake sexual desire and worldly love, O Nanak, and praise the Lord in the Saadh Sangat. ||10||

The Words of the Holy are the most sublime Mantra. They eradicate millions of sinful mistakes.

Meditating on the Lotus Feet of the Lord, O Nanak, all one's generations are saved. ||11||

That palace is beautiful, in which the Kirtan of the Lord's Praises are sung. Those who dwell on the Lord of the Universe are liberated. O Nanak, only the most fortunate are so blessed. ||12||

I have found the Lord, my Friend, my very Best Friend.

He shall never break my heart.

His dwelling is eternal; His weight cannot be weighed.

Nanak has made Him the Friend of his soul. ||13||

One's bad reputation is erased by a true son, who meditates in his heart on the Guru's Mantra.

Next: Phunhay, Fifth Mehl