

yaj jagrato duram udaiti daivam tad u suptasya tathaivaiti
duramgamam jyotisam jyotir ekam tan me manas sivasamkalpam astu
SSU_4

yasmin rcas sama yajumsi yasmin pratisthita rathanabhav
ivarah
yasmims cittam sarvam otam prajanam tan me manas sivasamkalpam
astu SSU_5

susarathir asvan iva yan manusyan nenyatebhisubhir vajina iva
hrtpratistham yad ajiram javistham tan me manas
sivasamkalpam astu SSU_6

yad atra sastham trisatam sariram yajñasya guhyam navanabham
adyam
dasa pañcatrimsatam yat param ca tan me manas sivasamkalpam astu
SSU_7

ye pañca pañca dasatam satam ca sahasram ca niyutam nyarbudam ca
te yajñacittestakattam sariram tan me manas sivasamkalpam astu
SSU_8

vedaham etam purusam mahantam adityavarnam tamasah parastat
tasya yonim paripasyanti dhiras tan me manas sivasamkalpam astu SSU_9

yena karmani pracaranti dhira vipra vaca manasa karmana ca
samvidam anu samyanti praninas tan me manas sivasamkalpam astu
SSU_10

ye mano hrdayam ye ca deva ye antarikse bahudha caranti
ye srotram caksusi samcaranti tan me manas sivasamkalpam astu
SSU_11

yena dyaur ugra prthivi cantariksam ye parvatah pradiso disas ca
yenedam jagad vyaptam prajanam tan me manas sivasamkalpam astu
SSU_12

yenedam sarvam jagato babhuvur ye deva api mahato jatavedah
tad evagnitapaso jyotir ekam tan me manas sivasamkalpam astu SSU_13

acintyam caprameyam ca vyaktavyaktaparam ca yat
suksmat suksmataram jñanam tan me manah sivasamkalpam astu
SSU_14

asti vinasayitva sarvam idam nasti punas tathaiva drstam
dhruvam
asti nasti hitam madhyamam padam tan me manah sivasamkalpam astu
SSU_15

asti nasti viparito pravaho 'sti nasti sarvam va idam guhyam
asti nasti parat paro yat param tan me manah sivasamkalpam astu
SSU_16

parat parataram yasya tatparac caiva tat param
tatparat paratojñeyam tan me manah sivasamkalpam astu SSU_17

parat parataro brahma tatparat parato harih
tatparat parato hy esa tan me manah sivasamkalpam astu SSU_18

gobhir justo dhanena hy ayusa ca balena ca
prajaya pasubhiih puskaladyam tan me manah sivasamkalpam astu
SSU_19

prayatah pranavo nityam paramam purusottamam
omkaram param atmanam tan me manah sivasamkalpam astu SSU_20

yo vai vedadisu gayatri sarvavyapi mahesvarah
yad dviruktam tathadvyaaisyam tan me manah sivasamkalpam astu SSU_21

yo vai veda mahadevam paramam purusottamam
yah sarvam yasya cit sarvam tan me manah sivasamkalpam astu SSU_22

yo 'sau sarvesu vedesu pathate hy aja isvarah
akayo nirguno dhyatva tan me manah sivasamkalpam astu SSU_23

kailasasikhare ramye samkarasya subhe grhe
devatas tatra modyanti tan me manah sivasamkalpam astu SSU_24

kailasasikharabhasa hi bhavad girisamsthitah
nilakantham trinetrām ca tan me manah sivasamkalpam astu SSU_25

abrahmastambaparyantam trailokyam sacaracaram
utpatitam jagad vyaptam tan me manah sivasamkalpam astu SSU_26

ya imam sivasamkalpam sada dhyayanti brahmanah
te paramoksam gamisyanti tan me manah sivasamkalpam astu SSU_27

tryambakam yajamahe sugandhim pustivardhanam
urvarukam iva bandhanan mṛtyor muksiya mamrtat tan me manah
sivasamkalpam astu SSU_28