

Input by Klaus Wille (28.03.15)

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REFERENCES (in curly brackets {...}):

Rajanighantu = Narahari Pandita [alias Nrsimha]. Rajanighantu
[also called Nighanturaja, or Abhidhanacudamani], Calcutta 1933 :
Siddhesarayantra (GRETIL)

Astangahrdaya = A machine-readable transcription of the
Astangahrdaya by Vagbhata, Copyright 1997 R.P. Das and R.E.
Emmerick (GRETIL)

Bhavamisra: Bhavaprakasa = idem, ed. Benares 1947 (GRETIL).

BOLD for pagination of Venkatasubrahmanya Sastri'; edition

Revisions:

- 2020-07-31: TEI encoding by mass conversion of GRETIL's Sanskrit corpus

Text

// ayurvedamahodadhii //

annapanavidhih

... ni mutramaladikanam jata janitriiva haritaki nram // 5

//

grisme tulyagudam sasaindhavayutam meghac ca varsagame
tulyam sarkaraya saradyamalaya (sunthya) yuñjayat tusaragame

/

pippalya sisire vasantasamaye ksaudrena samyojita
rajan bhaksa (bhunksva) haritakim iva rujo nasyantu te satravah //

6 //

avyayamarata vasantasamaye grisme vyavayapriyah
saktah pravrsi palvalambhasi nave kupodake dvesinah /
katvamlosnaratah saraddadhibhujo hemantanidralasah
sitambhahparigahinas tu sisire nasyantu te satravah // 7 //

atha paniyavargah

svadu pakarasam sitam tridosasamanam tatha /
pavitram atipathyam ca gangavari manoharam // 8 //

proktam svadu svaccham atyantarcyam pathyam pakyam pacanam
papahari /

trsnamohadhvamsanam catimedhyam prajñam dhatte vari
bhagirathiyam // 9 //

itigangam /

tasmat kimcid gurutaram svadu pittapaham param /
vatalam vahnijananam ruksam ca yamunajalam // 10 //

iti yamunam /

atishvaccham prasastam ca sitalam laghu lekhanam /
pittaslesmaprasamanam narmadam sarvarogajit // 11 //

iti narmadam

kandukusthaprasamanam vahnisamdipanam param /
pacanam vatapittagham vari godavaribhavam // 12 //

pittartiraktartisamirahari kusthadidustamayadosahari /
pathyam param dipanapapahari godavarivari trsanivari // 13 //

iti godavaryah /

ruksam ca sitalam vari vataraktaprakopanam /
kiñcil laghutaram svadu krsnavenyas samudbhavam // 14 //

iti krsnavenyah /

kaverisalilam pathyamamagham balavarnakrt /
agneyam atisitam ca dadrukusthavisapaham // 15 //

iti kaveryah /

tridosasamanam pathyam svadu hrdayam ca jivanam /
bhramagham ca pipasagham divyam vari manoharam // 16 //

iti akalajaladam /

madhyamantaradigjata laghvyo dosatrayapahah /
daksineya mahanadyah pittaslesmavinasanah //

pathyas cottaradigjata laghvyo dosatrayapahah /
purvadesodbhava nadyah sadyo vatakaphapahah /
pascimah pittalotsargah kaphavatavinasanah // 17 //

iti samksepatih prokta nadyah sukshmas ca samprati /
samudram udakam visram saksaram sarvadosakrt // 18 //

acaksusyam madatplihagulmodavartanasanam /

atha astavidhajalaksanam /
divyadinam pravakshyami gunadosan vicaratah // 19 //
divyantariksam nadeyam kaupam caudeyasarasam /
tadagam audbhidam sailam jalam astavidham smrtam // 20 //

saratpayodanirmuktamahavaiduryasamnibham /
sarvadosapaham svadu divyam ity ucyate jalam // 21 //

pravrtjaladanirmuktam avyaktasvadulaksanam /
vari sphatikasamkasantariksam iti smrtam // 22 //

nadyah sailaprasutayah gomedakamaniprabham /
prasastabhumibhagastham jalam nadeyam ucyate // 23 //

bhumiutkhatasamudbhutam mahasailasamudbhavam /
vimalam madhuram svadu kaupam jalam udahrtam // 24 //

svayam dirnasilakhanne (cchane) nilotpaladalaprabham /
latavitanasamchannam caudeyam iti samjñitam // 25 //

anupadesajam vari sarasam guru picchalam /
madhuram slesmajananam smrtam vatadikopanam // 26 //

nadyah sailavarad vapi bhutam ekamtasamsthitam /
latavitanasamchannam tadagam iti samjñitam // 27 //

prasastabhumibhagastham naikasamvatsarositam /
kasayamadhuram svadu audbhidam salilam smrtam // 28 //

sailasanusamudbhutam sprstam vatahimatapaih /
laghu sitamalam svadu smrtam prsravanam jalam // 29 //

etahi (ni) mahisasvostragomrgajagadibhih /
adusitani patresu mrnmayesu viniksipet // 30 //

sarvam akasajam vari svaduto hy anumiyate /
parthivam hi rasamijñair bhumibhagena laksyate // 31 //

raktakapotapitabham pandu svetasitesu ca /
katvamlatiktakam ksaram kasayamadhuradibhih // 32 //

atha nadeyadinam gunah

nadeyam vatalam ruksam dipanam laghulekhanam /
tadagam vatalam svadu kasayam katupaki ca // 33 //

vataslesmaharam vapyam saksaram katu pittalam /
caundayam agnikaram ruksam madhuram kaphakrt tatha // 34 //

kaphagham dipanam hradyam laghu prsravanodbhavam /
saksaram pittalam kaupam slesmagham vatajit tatha // 35 //

madhuram pittasamanam avidahy audbhidam smrtam /
kedaram madhuram pake gurudosavipakalam (proktam vipake guru
dosalam) // 36 //

tadvat palvalam uddistam visesad dosalam ca tat /
sarvadosaharam hradyam niravadyam ca jangalam // 37 //

kaupam jalam ca trsnagham sramagham pritivardhanam /
(anupam slesmalam proktam medodosavivardhanam /) dipanam svadu
sitam ca toyam sadharanam laghu // 38 //

iti jamgalanupasadharanodakam /

atha rtumedena jalapanavidhih

kaupam prsravanam vasantasamaye grisme tad evocitam
kale va nabhavrstidesyam athava kaupam ghananam punah /
nihare sarasitadagavisayam sarvam saratsamgame
sevyam suryasitamsurasmipavanavyadhutadosa 'payah // 39 //

avyaktarasagandham yat sastam vatatapapaham /
pavitram ambu tat pathyam anyatra (kva) kathitam pibet // 40 //

gharmasuryendusamsiktamahoratrat saram yajet?

atha usnambugunah

tac cavyaktarasam himam laghutaram gharmambu murchapaham
rslo (?) smatapa (trtslesmamaya) mohaham sramaharam
tandratinidrapaham
hrdyam svadu vicitradam smrtikaram dahaughavicchedi? (danam)
ittham deham alayusor dhrtikaram samjivanam jivanam // 41 //

atha ninditajalalaksanam

vinmutratnranilikavisayutam taptam dhanam phenilam
dantagrahyam anartavam salavanam saivalakaih sambhrtam /
lutajantuvimisritam gurutaram parnaughapankavilam
candrarkamsusugopitam ca na piben niram sada dosalam {cf.
rajanighantu 14.56} // 45 //

atha sevyajalalaksanam

prasannam svadu hrdyam ca pathyam samtarpanam laghu /
ekapradesajam sevyam sada paryapitam jalam // 43 //

atha nisante jalapanagunah

kasasvasatisarajvarakitibhakatikosthaprsthagrahadin
mutragrahodararsahsvayathukrmivamin karnanasaksirogan /
ye canye vatapittaksayakaphajakrta vyadhayah santi jantoh
tams tan abhyasayogad apaharati payahpanam ante nisayah // 44 //

ambhasas culakan astau pibed anudinam narah /
navanagabalo bhutva jived varsasatam sudhii // 45 //

atha ghranapitodakagunah

vigataghananisisithe pratar utthaya nityam
pibati khalu naro yo ghranarandhrena vari /
sa bhavati matipurnas caksusa tarksyayukto (tulyo)
valipalitavihinah sarvarogair vimuktah // 46 //

atha netraraksayai jalopayogavidhih

sitambupuritamukhah prativasaram yah kalatraye 'pi nayanadvitayam
jalena /
asiñcati dhruvam asau na kadacid aksirogavyathavidhuratam bhajate
manusyah // 47 //

nadeyam navamrdghatapanihitam santaptam arkamsubhih
ratrau sampratijustam indukiranair mandanilandolitam {cf.
rajanighantu 14.54ab} /
sitam bhinnamaniprabham laghutaya nastiti sankavaham
patalyutpalaketakisurabhitam samsevayed vari tat // 48 //

re re rudrajatataviparisakhyalolabhasmavilam
pronmañjatsurasundarikucataspharacchalacchikaram /
dharadhautakaralitambaratanum (?) nihsesapapapaham gangam

tungatarangabhangaganam paniyam aniyatam // 49 // ? // 50 //

atha srtosnajalagunah

pathyam dipanapacanam laghutaram sasvasakasapaham
hikkadhmananavajvaramasamanam slesmapaham vatajit /
samsuddhodaravastisuddhikaranam hrtparsvasulapaham
gulmarocakapinase nigaditam kanthyam srtosnam jalam // 51 //

pittottare pittaroge pittasrkkaphapittayoh /
murcharchardijvare dahe (trsna) rsmatisarapidite // 52 //

dhatuksine visarte ca sannipate visesatah / sastam sose
'ksiroge ca srtam sitam jalam sada // 54 // (3 ?)

atha panakalabhedena varino gunah

chatramrtam visam vajram catvaro varino gunah /
bhuktva tadaiva pratyuse abhukte bhojanaih saha // 55 //

ajirnam jirayatya asu pitam usnodakam nisi /
varsasu na jalam grahyam nadeyam bahudosakrt // 57 //

atha srtodakasya gunah

kaphe padavasesam tu paniyam laghu dipanam /
divasrtam tu yat toyam ratrau tad gurutam vrajet //

srtam sitam tridosaghnam usitam tac ca dosakrt /
tat padasesam dosaghnam ardhahinam tu vatajit // 57 //

ratrau srtam tu divase gurutvam api gacchati /

atha parsvasuladau sitambupanisedhah
parsvasule pratisyaye vataroge galagrahe // 58 //
adhmane stimate kosthe sadyahsuddhe navajvare /
hikkayam snehapitte ca sitambu parivarjayet // 59 //

atha gulmadau alpajalapanavidhih

gulmarsognahaniksaye ca jathare mandanaladhmatake
sophe pandugalagrahe ca jagade (vranagade) mohe (mehe) ca netramaye /
vatarucyatisarake kaphayute kusthapratisyayake
usnam vari susitalam srtahimam svalpam prapeyam jalam // 60
//

niramotijara (bhojana) darvak pibed vari susitalam /
ajirne tu pibed vari sitalam svecchaya punah //

atha nirvapitodakagunah

taptayahpindasamyuktam lostanirvapitam jalam /
sarvadosaharam pathyam sada vairujyakarakam //

atha varinah prasamsa /

kvacid usnam kvacic chitam kvacit kvathitasitalam /
kvacid bhesajasamyuktam kvacid vari nivaryate {cf. rajanighantu
14.80} //

trsito moham ayati mohat pranam vimuñcati /
tasmat svalpam ca datavyam na kvacid vari varyate // 65 //

paniyam praninam prana visvam eva hi tan mayam /
ato 'tyantavidhane 'pi na kvacid vari varyate // 66 //

murchapittosnadahesu vidhare (pittarakte) madatyaye /
bhramaklamaparitesu tamake vari sitalam //

pibed ghatasahasrani yavannastamito ravih /
astam gate divanathe bindur eko ghatayate // 68 //

ajirne causadham vari jirne vari balapradam /
bhojane camrtam vari ratrau vari visopamam // 62 //

atyambupanan na vipacyate 'nnam nirambupanac ca sa eva dosah /
tasman naro vahnivivardhanaya muhurmuhur vari pibed abhuri // 70 //

ksudhasamsuskahrkanthah prathamam kabalan bahun /
na bhukte prapibed ambu sitalam matraya yutam // 71 //

tena hrtkanthasuddhih syat sukhenannam pataty adhah /
snigdhayuktam ca yad bhaktam tatas samtarpnam bhavet // 72 //

adau dravam samasniyat tatrambu na pibed bahu /
madhye tu kathinam bhunkte yathestam sasyate jalam // 73 //

prak dravam puruso 'sniyat madhye tu kathinasaanah /
ante punar dravasi tu vastyarogye (?) na mumcati // 74 //

tathaiva bhojanasyante pitam ambu balapradam /
dravyam prayati bhuktante kin tu tanmatraya pibet // 75 //

adau jalam vahnivinasakari pascad tadante kaphabrmhanam ca /
madhye tu pitam samatasukham ca tasyabhiyogo 'bhimatas sakrc ca // 76
//

amrtam visam iti salilam cedam nistha (vidya) d
ativeditatvarthah /
yuttaya sevitam amrtam visam etad ayuktitah pitam // 77 //

purayed bhagayugalam kukses cannena susthitah /
jalenaikam caturthe ca vayusamcaranaya vai // 78 //

grase grase tu patavyam sitalam vari sarvada /
bahuvariutam cannam agnim pacati satvaram // 79 //

tasmat adav atisvalpam madhye ca trptidayakam /
matraya ca pibed ante na rogair badhyate narah // 80 //

vasitam nutanaih puspaih patalicampakadibhih //

pathyam sugandhi hrdayam ca sitalambu sada pibet // 81 //

sugamam yat sarovalasakalair adhivasitam /

karpurena ca yat toyam tat peyam sarvada nrnam // 82 //

grisme saradi patavyam svecchaya salilam naraih /

anyada kalpamaidhete (svalpam evaitad) vataslesmabhayat pibet // 83 //

anye (anne) napi vina jantuh pranam samdharayec ciram /

toyabhava pipasartah ksanat pranair vimucyate // 84 //

adimadhyavasane ca bhojane payasa yute /

krasam sadhyam (karsyam sabhyam) tatha sthauilyam bhavanti

kramaso gunah // 85 //

paniyam paniyam saradi vasante ca paniyam /

nadeyam nadeyam saradi vasante ca nadeyam // 86 //

ity ayur vedamahodadhau srisusenakrtau paniyagunah samaptah

//

atha kasthataptodakavargah /

gandharvahastakasthais ca taptam vari prapujitam

alaksmiraktapittagnam dosanam ca prasadanam // 1 //

bhallatakais ca kasthais ca taptam vari subhodakam /

vataslesmaharam pathyam viryatejovivardhanam // 2 //

palasodumbarodbhutakasthataptam subham jalam /

vranakanduharam casrkbaviryavivardhanam // 3 //

jambukapitthamrajaih kasthaih taptam vari tadagajam /

medhabalapradam viryakrmidosavinasanam // 4 //

dumbarikasthajais toyam tapyam vapisamudbhavam /

kaphahrt tac ca nirdistam dosanam ca vinasanam // 5 //

kasthaih khadirajais taptam raktapittavinasanam /

apyayanakaram grisme srestham uktam idam jalam // 6 //

kadambanimbajais taptam saritsamudrajam jalam /

pathyam dosaharam kanduraktapittavinasanam // 7 //

dhatridarusrtam taptam malaksalanayodakam /

vatapittaharam srestham rasayanakaram param // 8 //

puskarassa (madhukasya) ca kasthais ca taptam kupodbhavodakam /

vatapittaharam srestham rasayanakaram param // 9 //

(grahanipanduhrtkasasvasahrtparamam hitam /) karpura

(karkandhu) darusambhutaptam usnodakam subham (nadeyam

udakottamam /) jatharagnes ca sadanam susrutena pradarsitam // 10 //

sallakisakaniryasakasthais capi prthak prthak /

taptam nirjharajam vari namayan janayed varam (roga samjanaded

bahun) // 11 //

vatais carjunakasthais ca samtata tapitam jalam /
balamedhaprajananam (a) maitreyena pradarsitam // 12 //

tarkari vatahamtri ca kandutvagdosavardhanam /
vano (navo)dakam susamtapat malanam ksalane hitam // 13 //

// iti kasthataptodakavargah //

atha bhajanabhadena gunavisesah /

hemapatre ca susvadu vipake sitalam madhu /
tridosasamanam viryabalamedhakaram subham // 1 //

trapupatrodakam yac ca picchalam madhuram rase /
virye kaphapradam cagnisakrmarutavardhanam // 2 //

ghosapatre yad udakam vipake katukam guru pittaslesmapradam
vrddhe yathakalam balaya ca (vrddhau vyathakalanurupitam) // 3 //

dharapatapayahpanam ghranopari susitalam svasebanannapatayo
(asecanam ca nayane) tridosasamanam hitam // 4 //

tamrabhajanake vari sosnam svade sakrtkatu /
pittanilapradam vrddhe sakrmarutanasanam (kopanam) // 5 //

ritikapacitam toyam katu slesmavinasanam /
pittalam sakatusnam ca meharogavivardhanam // 6 //

lohabhajanasamstham ca payah panam ca dusitam /
raktapittaha(ka)ram kandutridosasamanam param
(madadosagnikarakam) // 7 //

lohabhajasamtapat kandumandagnikarakam /
malanam recane cuktam asayaksalane hitam // 8 //

madhudumbarapatrena tapitam codakottamam /
vapuh kantipradam pitte (proktam) vahnimandyakaram sakrt (ca tat)
// 9 //

bhajane mrnmaye taptam malanam ksalane hitam dhatusamyakaram
viryabalaujahparivardhanam // 10 //

// ity ayurvedamahodadhau susenakrte bhajanadhivasavidhih //

idanim ksiragunah kathyante //

tatrapa gavyamahisayor eva sadopayogitvat tayor eva prathamam
svarupam vicaryate //

gavyam himam medhyatama hi dugdham pranapradam pittasamiranagham
/

rasayanam varnakaram mukesyam arogyahetuh satatam naranam //

1 //

ksiram saksat* jivanam janmasahya(tmya)t tad dharosnam
gavyam ayusyam usnam /
pratah sayam gramyadharmavasane bhukte pascad okasatmyam karoti
// 2 //

atha gavam varnavisese ksiragunavisesah /

gavam sitanam vataghnam krsnanam pittanasanam /
kaphaghnam raktavarnanam trin hanti kapilada(pa)yah // 3 //

sitalam madhuram snigdham vatapittaharam param /
vrsyam ojaskaram hrdyam slesmaghnam ca rasayanam // 4 //

pake svadurasam medhyam ksayaksinabalapradam
svasakasaprasamanam sramatrayamadapaham // 5 //

jirnajvare mutrakrcchre raktapitte ca sasyate /
gavyam payah pavitram ca balapustiprakarakam // 6 //

srestham caksyayam ayusyam kantilavanyakarakam /
payo gavyam tesam bhra(sra)marudhirapittasramamada
ksayalaxmigmulmapradaragarapandvamayaharam /
sakrachresmajvara (?) svayathuplihasamanam
trsamedomurcchajvaram anilam apy asu samayet // 7 //

atha bhajanavisesese gunavisesah /

tamre vataharam ksiram sauvarne pittanasanam /
raupye slesmaharam caiva kamsye raktaprasadanam // 8 //

iti goksiram //

atha mahisiksiram /

mahisam balavarnaujo nidrabhukta(sukra)balanadam /
tiksnagnisamanam svadu rase pake ca pustidam // 1 //

vyayamasrantadehasya sramaghnam anilapaham /
niskamasyapi vrddhasya strisu kamapradayakam // 2 //

balinas tarunasyapi visesat kamadayakam /

iti mahisam //

atha ajaksiram /

ajanam alpakama(ya)tvat katutiktanisevanat /
natyambupanad vyayamat sarvavyadhiharam payah // 1 //

ajam agnibalakrt ksayakamasvasahrccalaharam paramam tat /
raktapittaharam asv atisare raktaje ca kathitam hitam eva // 4 [sic!] //

atha ustriksiram /

ustriksiram suptisophapaharam pittaslesmatyarsasa ca
prasastam /

anahagham codaranam prasastam jantughnam vai sasyate
sarvakalam // 5 //

atha asvaksiram /

usnam aikasapham balyam svasa (sakha) vatapaham payah /
madhuramla (rasam) karam ruksam lavananurasam laghu // 6 //

(kharasvaksiram)

atha stristanyam /

manusyam(sam) madhuram stanyam kasayanurasam himam /
nasyas cotanapathyam ca jivanam laghu dipanam // 7 //

atha hastiniksiram /

hastinya madhuram vrsyam kasayanurasam guru /
snigdham (sthai) dhairyakaram sitam caksusyam balavardhanam {cf.
rajanighantu 15.15} //

atha payahsamanyagunah /

payo 'bhisyandi gurvamam prayasah parikirtitam /
tad evasyataram (tisrtam) vidyat gurutarpanabrmhanam // 8 //

varjayitva striyah stanya amam eva hi khanditam /
dharosmam amrtam ksiram viparitam ato cyate ('nyatha) // 9 //

atha ninditadugdham /

anistagandham amlam ca vivarnam virasam ca yat /
varjam (rjyam) salavanam ksiram yac ca vigrathitam bhavet /
ksiram na bhuñjina (diva) yadi bhuñjita na svapet /
yadi svapet ksayam cayus tasmad ksiram divamrtam // 11 //

atha dharosnadigunah /

dharosnam amrtam pathyam dharasitam tridosakrt /
srtam sitam tridosagham sitosna [srtosnam]
kaphavatajit // 12 //

athavikam pathyatamam srtosnam majam payo vai srtasitam
eva /
dharasusitam mahisipayas ca dharosnam evam hitam eva gavyam //
13 //

anyac ca /

pittagham mahisam ksiram vatagham cavikam payah /
vatapittaharam gavyam tridosagham ajapayah // 14 //

atha prabhatikadidugdham /

prayah prabhatikam ksiram guru vistambhi sitalam /
ratrau saumyagunatvac ca vyayamabhavatas tatha // 17 //

divakarabhitaptanam vyayamanilasevanat /
vatapittaharam caiva caksusyam caparahnikam // 16 //

atha purvahnadau ksirapane gunavisesah /

vrsyam brmhanam agnivrdhijanakam purvahnakale payo
madhyahne baladayakam ratikaram krcchrasmarichedanam /
bale tv agnikaram ksaye balakaram vrddhasya retovaham
ratrau ksiram anakadosasamanam sevyam sada pranibhih // 17 //

bhukta ye katutivracandavidala ye camlatikta rasah
ruksaksaravidahasosakapara ye catitapapradah
kasayah katuruksadurjaratarah samsevyamana hasa[tha]t
tat sarvam balakrt karoti tarasa dugdham nisasevitam // 18 //

atha ksiravikriyakalaniamah /

muhurtapañcakad urdhvam ksiram bhajati vikriyam /
tad eva dvigune kale visavad dhanti manavam // 19 //

atha dharosnasya payasah punar gunakirtanam /

dharosmam [snam] pavanaprakopasamanam dugdham gavam
pustikrt
pandum kamalakam nihanti tarasa ksinorjakrcchrikaram /
daham dehatam karanghranayanajvalam ca piktonnatim
dustasram krsatam krsanujanitam krcchradirogan jayet //
20 //

atha kvathitadiksirasya pathyatalavyavastha /

akvathitam dasa ghatikah kvathitam dvigunas ca tah payah
pathyam usasi ca sarasadyam (?) (kosnam ca svarasadhyam)
yavat tavat payah prasyam // 21 //

atha jvare payasah pathyapathyatvam /

jirnajvare kaphaksine ksiram syad amrtopamam /
tad eva tarune pitam visavad dhanti manavam // 22 //

tasmac chrtam vapy asrutam ksiram tatkalikam pibet /
caturbhagajalam dattva yat tadavartitam payah // 23 //

tasmat tad balakrcchrestham hitam savarujapaham /

atha asatmyaksiranam ksirakalpanam /
(yesam na satmyam) etac ca saksat ksirena pitam
cadhmanakarakam // 24 //

tesam ardhajalam datva nagaram pippaliyutam /
avartayet ksirasesam tat pitva sukham avahet // 25 //

atha gavyadidugdhabhedena panakalanirnayah /

purvahne mahisam sasarkaram svecchaya va? yesam samyam
sada bhavet /

(hgavyam purvahnakale syad aparahne tu mahisam
ksiram sasarkaram pathyam yathasatmyam ca sarvadah iti
pathyam)
adau madhyahne va (tenadau tat tu madhye ca) gramasyante kadacana // 26
//

sarvam tan manasesam (sarvabhojanasese) tu payah sastam
(peyam) sada naraih /

atha punah srtasitadiksiragunavarnanam /

pittagham srtasitalam kaphaharam pakvam tad usnam punah
sitam yat tu na pacitam tad akhilam vistambhadosavaham
dharosnam tv amrtam payah sramaharam nidrakaram kantidam
trsyam brhanam agnivardhanam iti svadu tridosapaham // 27 //

atha annavisaih saha dugdhaprasapratishedhah //

ksiram bhuñjita godhumannena naiva ca naiva ca /
pistannenapi nasniyan na dadhna lavanena ca // 28 //

na masair na ca mudrair va na gudena phalena va /
bhumikandair na va sakair matsyamamsadibhir na va // 29 //

atha payasasya gunah /

payasam bhaksayed yuktya tat pakvam hi samam pibet /
vrsyam hrdyam ca pathyam ca tat pittanalanasanam // 30 //

atha samagnyader api trikalapayahpananisedhah //

snigdhatvad gauravaj jadyat trikalam na pibet payah /
samagnir api kim canyo mandagnir visamo 'thava // 31 //

tiksnagnes tu tadanumatih /

tiksnagnina tu patavyam dvikalam api mahisam /
tasya dhatun pacaty agnir yada tena na siñcati // 32 //

atha punah ksiraprasamsa /

ksiram [rasam] hitam srestharasayanam ca ksiram
vapurvabhalayuse ca /
ksiram hi cayusyakaram naranam ksiram balasthapanam
uttamam ca // 33 //

ksiram hi sandipanapacaniyam ksiram hi cosnam
malasodhanam ca /

ksiram hi samdhanakrdusnasitam ksiram kavosnam
malanasanam ca // 34 //

atha matsyadibhih saha ksirasevapratishedhah /

matsyamamsagudamudgamulakaih kustham avahati sevitam payah /
sakajambavasuradisevitam marayaty abudham asu sarpavat {cf.

rajanighantu 15.30} // 35 //

atha rasavisesaih payahpanavidhih //

ksirena saha bhojyani na viruddhani tadyatha /
amresta [amlesv a]malakam pathyam sarkara madhuresu ca // 36
//

patolah saka [tikta] vargesu katuke cardrakam bhajet [paceh] //
kasayesu yavas caiva lavanesu ca saindhavam // 37 //
ity ayurvedamahodadhau susenakrte ksiravargah //

atha godadhigunah //

tatrapi catisitam ca dipanam balavardhanam /
vataghnam madhuram ruksam dadhi gavyam manoharam // 38 //

snigdham vipake madhuram dipanam balavardhanam /
vatapaham pavitram ca dadhi gavyam rucipradam // 39 //

arocake pinasamutrakrcchre sitajvare tadvismajvare ca /
durnamarogagrahanigade ca gavyam prasastam dadhi sarvadaiva // 40 //

atha rtubhedena dadhy upayoge gunagunah /

saradgrismavasantesu ninditam dadhi dosakrt /
hemante sisire tac ca varsakale phalapradam // 41 //

atha mahisadadhigunah /

vipake madhuram vrsyam raktapittaprasadanam /
balasavardhanam caiva visesan mahisam dadhi // 42 //

snigdham madhurasitam ca balavarnakaram param /
vrsyam medahkaram svadu sramaghnam vatanasanam // 43 //

slesmamavardhanam caiva sarapustikaram tatha /
pavitram usnasamanam mahisam kantivardhanam // 44 //

mahisam dadhi balasakarakam vahnimandyakaram asu gurutvat /
tat prayojya katukair avacurne mahisam ca laghutam upayati // 45 //

// mahisam dadhi //

atha ajadadhigunah /

dadhyamlam (dhyajam) kaphavatanasanakaram vataghnam usnam
tatha

durnamasvasane ca kasasahite cagnes ca samdipanam /
vrsyam brmhanam agnikantibaladam sarvamayadhvamsanam
asamsesva (rsahsv a)tisarake vigaditam pathyam sada
praninam // 46 //

kasasvasaharam rucyam sophatisaranasanam /
agneyam sarvadosaghnam visesac chagalam dadhi // 47 //

atha avikasya dadhno gunah /

avikam snigdhamadhuram guru pittakaphapradam /
pathyam kevalavatesu sophe canilasonite // 48 //

atha asvadadhigunah /

vajijam samadhuram valavarnam svedadaham upayati vinasam
(gurutvam) /
dipaniyam atidosalam sada caksusam ca marutah pravikopi // 49
//

atha austradadhigunah /

vatarsakusthakriminasanam syat* austram vipake katukam
satiktam /
saksaram amlam katu kusthakopi (krmikosthanasanam)
balyam ca samtarpanam asu kari // 50 //

atha hastinidadhigunah /

guru cosnam kasayam ca kaphamutrapaham ca tat /

atha stridadhigunah /
snigdham vipake madhuram balyam samtarpanam guru // 51
//caksusyam sarvadosagham dadhikatra (narya) gunottamam // 52
//

laghuna [pa]ke balasagham viryosnam pittanasanam /
kasayanugunam narya dadhi varcovivardhanam // 53 //

kuryad guttayabhilasam ca dadhi maskaparisrtam / satuksirena
vañjatam guruvad dadhi tat smrtam ///54 //

(dadhnas tu yad adhas toyam tan mastuni parisrtam / srtat ksirac
ca yañjatam gunavad dadhi tat smrtam /) vatapittaharam rucyam
dhatvagnibalavardhanam /

atha dadhikhandagunah /

daghnah khando gurur vrsyo vijñeyo balavardhanah /
vastravivana (nispidita)s capi kaphapittavinasanah // 55 //

atha asaradadhigunah /

dadhi tv asaram ruksam ca grahi vidbhedi (vistambhi) vatalam /
dipaniyam laghutaram sakasayam rucipradam // 56 //

atha mastugunah /

trsnaklamaharam mastu [sitam sroto] visodhanam //
amlam kasayam madhuram avrsyam kaphavatanut // 57 //
atha dadhisamanyagunah /

amlam syad rasapakato gurutaram vatapaham sitalam
grahyusnam grahanigade nigaditam vinmutrakrcchrpaham /
balyam sophakaphagnimandyajananam raktapradam bhuktadam

[kasa] ruksarocakapinase visamake sitajvare tanmaya [ta]m // 58 //

grahanyam pinase mutrakrcchre ca visamajvare /
arocake ca mandagnau sasyate dadhi sarvada // 59 //

lavanamaricasarpisarkaramudgadhatrikusumarasavihinam [nai] caivam
adyat tu nityam /
na ca saradi vasante nosnakale na ratrau na dadhi kaphavikare [pitta]
pitaroge na dadyat // 6 //

elasaindhavasarkaram samaricam dhatrigudam sarpisa
pathyam syad varamudgasupasahitam samsevaniya dadhi /
naivosnam bahu picchalam na ca saradgrisme vasante hitam
pittasrkjvarakusthadam bhramakaram (bi) vasarpadam canyatha //
61 //

dadhi trikatukamisram rajikacurnamisram
kaphaharam anilaghnam cagnisamdhuksanam ca
tuhinasisirakale sevaniyam ca pathyam
bhavati sudrdhakayo rupavan satvavams ca // 62 //

(racayati tanudarthyam kantimattvam ca nram)
sagudadadhi sukhosnam dhautavastrena samyak
yuvatikaravilasair galitam dhupitam ca /
sisirakiranavisvajicurnena misram
kaphaharam anilaghnam cagnisamdhuksanam ca //

(tuhinasisirakale sevaniyam ca pathyam /
bhavati sudrdhakayo rupavan satvavams ca) //
adhikataravilasaih sevitam marditam ca // 63 //
dadhi tarunam apathyam pathyasampustihetoh
balakaram ativrasyam medakrdipanam ca /
kaphaharam anile syan natipittaprakopam
tad anisam iha sevyam madhuram camlabhavat // 64 //

madhuram bhaksayec caitad atyاملam varjayet sada /
madhuram dadhi rogaghnam atyاملam rogakarakam // 65 //

ity ayurvedamahodadhau sukhena(sena)krte dadhivargah //

// atha mastugunah kathyante //

[sro] srotah suddim vidhatte pratayati rucim dipayaty asu
vahnim
krtva suddhim malanam jarayati ca hathad bhuktam annam vicitram
usnam camlam kasayam laghu surabhirasam
sulavistambhahari
srestham mastu prasastam kaphapavanarujadustamutragrahesu //
1 //

laghv anne rucipaktidam klahmaharam balyam kasayam saram
bhaktacchandakaram trsodaraharam pliharsasophapaham /

vantau suddhikaram kaphanilaharam vistambhasulapaham
pandau mutravikaragulmasamanam mastu prasastam laghu // 2 //

laghutvad dipananatvac ca vistambhadhmananasanat /
[sro] srotahsuddhikaratvac ca takrad dadhi (?) vikasyate // 3 //

// ity ayurvedamahodadhau mastuvargah //

idanim takragunah kathyante //

gholam mathitam udasvittakram caitac caturvidham kathitam //

sarasam nirjalam svadu ki(ya)d ambhovarjitam mathitam /
(sarasam nirjalam adyam nirhrtarasam ambuvarjitam mathitam)
[ardha] padasalilam udasvittad ardha[pada]jalam takram ahus ca //
pratyekam ca cturnam katha jñeyah prayatnena // 2 //

sarasam nirjalam jñeyam [gholam] mathitam rasavarjitam /
padodakam udasvittat takram ardhajalam bhavet // 3 //

atha gavyamahisajatakrangunah /

gavyam tu dipanam takram medhyamarsas tridosajit /
mahisam slesmalam takram [chagam] laghu dosatrayapaham // 4
//

gulmarsograhanisophapandvamartha[ya]vinasanam

atha takrabhedanam gunah /

gholam marutapittahari mathitam svasapaham slesmahrt
pittaslesmavinasayudasvidadhikam takram tridosapaham //

mandagnav arucau tathaiiva nitaram anyesu rogesv api srestham
takram idam vadanti munayas tenottamam praninam // 6 //

atha takraprasamsa /

yatha suranam amrtam pradhanam tatha naranam bhuvi takram
ahuh /
amlena vatam madhurena pittam kapham kasayena nihanti sadyah //
7 //

vataslesmavinasanam [krmiharam] krcchrasmarichedanam
mutraghataharam pramehasamanam plihartigulmapaham /
durnamodarapandurogajatharakrurartiniskrntanam
takram dipanapacanam laghutaram pathyam sada praninam // 8 //

amatisare ca visa [sr] cikayam vatajvare pandusu
kamalesu /
pramehagulmodaravatasule nityam pibet takram arocake ca // 9 //

takram svadu kasayam amlakarasam bhaksam (ksyam)
laghusnam hitam
gulmarsahparinamasulasamanam chardiprasekapaham /
trsnarocakamehasophagarajit slesmalasaghnam payam (ram)

sevyam mutragadapaham jvaraharam snehotthapidapaham // 10 //

sitakalo 'gnimandye ca kaphotthe kamalasu ca /
margavarodhe dustau ca vagnau (yau) takram prasasyate // 11 //

na (tat*) punar madhuram slesmaprakopanaparam param /
vataghnam pittasamanam amlam cet pittakrt sada // 12 //

dosavisesse takravisesavidhih /

vataghnam (te 'mlam) saindhavopetam svadu pitte sasarkaram /
kaphapitte 'pi (pibet kaphe 'pi) va takram vyosaksarasamanvitam // 13
//

sthaulyam karoti harate nilam etad eva
yan nosnatam apagatam na kadacid eva /
sarpih si(si)tamadhukamudgakasayayuktam
sevyam vasantasaradagamakalavarjam // 14 //

navanitadvare mathitam kathayanti sudhiyah /
ciramathitam punar utpattikaram narasya dosanam // 15 //

rogavisesse takranisedhah /

naiva takram ksate dadyan nosmakale na durbale /
na murchabhramadahesu na roge raktapaittike // 16 //

takraprasamsa /

sasikundasamaprabhasankhanibham yuvatikanirmalanirmathitam /
paripakvasugandhikapittharasam piba bho nrpa takram rujapaharam // 17 //

mathitam gorasam gholam dravamastuviloditam /
svetam dandahatam sandram namatah parikirtitam // 18 //

dvigunambusvetam idam ardhodakam iti smrtam /
takram tribhagabhinnam tu kevalam mathitam smrtam // 19 //

takrasyopari yat toyam udasvit parikirtitam /
dadhnas tupari yat toyam tan mastu parikirtitam // 20 //

grahini vatala ruksa durjaga takurjaka /
takrala laghutaro mandah kucika dadhitakravat // 21 //

akrutvam gayatas takram kratutvena satakratuh (?) /
tasmad trivistape jatam takram sakrasya durlabham // 22 //

kailase yadi takram asti girisah kim nilantho bhavet
vaikunthe yadi krsnatam anubhaved adyapi kim kesavah /
indro durbhagatabhayad vijayati (tam ksayam dvijapatih)
lambodaratvam ganah
kusthitvam ca kuberako dahanatam agnis ca divyasti cet // 23 //

yad dravyam sankhavarnam himapatalanibham carugandhah
susitam

gangapaniyasubhram yuvatikaram ayasphalanañjarjaram ca /
manthanenanuviddham karatalarabhasad budvudakaraphenam
tat takram supadhupam tv amrtagunanibham bhagyavantah pibanti //
24 //

// ity ayurvedamahodadhau sukhenasena(krte) takravargah //

// atha navanitavargah kathyate //

sitam varnabalapradam samadhuram vrsyam ca samgrahakam
vataghnam kapha (ka)harakam rucikaram hrdyam tridosapaham
(sarvangasulapaham) / kasadhvasramasantidam ratikaram
kantipradam pustidam
{cf. rajanighantu 15.63: kasaghnam sramanasanam}
sadyaskam navanitam uddhrtam idam syat sarvarogapaham /
(caksusyam navanitam uddhrtanavam goh sarvadosapaham) cf.
rajanighantu 15.63} //

sitam baladharyam madhuramlavrsyam slesma (va) paham
pittamarutpranasam /
sokaksayaksinakrsanti (ti) vrddhabalesu pathyam navanitam
usna(kta)m // 2 //

gavyam va mahisam vapi navanitam navoddhrtam /
sasyate balavrddhanam balakrddhatuwardhanam // 3 //

sitam varnabalapradam samadhuram vrsyam hi samgrahakam
hrdyam svasajarpaham ksayaharam pittamlavatapaham /
kasarsodina (tapa) sophasamanam srastangapidapaham
sadyaskam navanitamahisam idam syat sarvarogapaham // 4 //

// iti navanitagunah //

// athato ghrtagunah kathyante //

tatradau goghrtasya gunah

dhikantismrtikarakam balakaram medhapradam buddhikrt vataghnam
sramanasanam svarakaram pittapaham pustidam / vahner
vrddhiharam vipakamadhuram vrsyam ca sitam sada sevyam
gavyam idam ghrtam balakaram sadyahsamavartitam // 1 //

sarpirgavam camrtakam visaghnam caksusyam arogyakaram ca
vrsyam / rasayanam mandam ativa medhyam snehottama ca (goh)
vibudha vadanti

atha mahisaghrtasya gunah

sarpirmahisam uttamam dhrtikaram saukhyapradam kantidam
vataslesmanibarhanam balakaram varnaprasadaksamam /
durnamagrahanivikarasamanam mandanaloddipanam (?) {cf.
rajanighantu 15.78}

caksusya navagavyatah phala (para)m idam hrdyam manohari ca // 3

//

mahisyam tan manusanam ca sastam balyam vrsyam
bastisadam karoti /
medodbhutam mehacrcchaityakari tasman nityam sarvakalam nisevyam

//

ajaghrtasya gunah

dipaniyam ajasarpah caksusyam balavardhanam /
kasasvasaksaye vapi pathyam panesu tal laghu //

mesighrtabhya gunah /

avikam ghrtam ativa gurutvad varjyam eva sukumaranarais ca /

austraghrtasya gunah

sadya esa balapustikaram syad ustrajam svayathukasakaram ca

//

anyac ca

gavyam ca pacitam sarpah vamipitakaphapaham /
payaso 'nugunam mesam (pi) chagigardabhikaghrtam // 7 //

austrighrtam viryakatu slesmakrimivisapaham /
dipanam kaphavataghnam kuthagulmodarapaham // 8 //

pake laghvadi (vi)kam sarpah na ca pittaprapokanam /
kape 'nile yonidose ca svayathau hatam (sophe kampe ca tad dhitam) // 9 //

pake laghustam (ghusnam) virye ca kasayam kaphanasanam /
dipani (nam) laghu virye ca vidyad aikasapham ghrtam // 10 //

strighrtam

caksusyam agnidam strinam sarpah syad atamropamam [sic!] /
vrddhim karoti dehagner laghu pake visapaham // 11 //

hastinighrtam

kasayam baddhavinmutram tatki (tikta)m agnikaram laghu /
karenujam hanti sarpah kastakrimivisamkaram
(kaphakuthavisakrimin) // 12 //

sarpahprasamsa

ayurvedhim vapur api drdham saukumaryam karoti
vyayamastrinidhuvanakrtasrantivicchedaninam /
pathyam balye vayasi tarune vardhake capi pathyam
nanyat kiñcid bhavati puruse sarpisah sthauhyakari // 13 //

yad vedagamavedibhir nigaditam saksad ihayur nram
yad vaidyais tu rasayanaya kathitam sadyo jaranasanam /
yat sarasvatakalpakanti matimatproktam dhiyah siddhaye

tatraikayanaketakadyuticayaprayam muda syad ghrtam // 14 //

viryatisitam ca gune vipake svadu tridosesu rasayanam ca /
tejobalayusyakaram ca medhyam caksusyam etad ghrtam ahur
aryah // 15 //

ojastejobhivreddhim janayati sukhadam kantikrt samyag uktam
papalaksmisramaghnam svasanakasanahajirnajatajvaraghnam /
sulodavartarogagrahanini ca paja (madarujam) nasayaty asu pittam
[pidam]
vataghnam pittanasam svarahati bhave suddhame (svarakaram agadam
ksudbhrame) caivasevye (vyam) // 16 //

caksusyam vrsyam ayusmrtidhrtikaranam
rajayaksmaprakopam [vinasam] [rukse ksine ca pathyam
valipalitaharam samadosaprakope /] bhutonmadapramatte bahutimiramade
krtppapasrira [syad apasmara] hari sarvesam sarvadaiva
prathitagunaganam sadhu pathyam ghrtam syat // 17 //

sadyaskam krmiputam [?] ca mutravasti visodhanam /
slesmalam pittanasam ca balapustivivardhanam // 18 //

puranam timirasvasapinasajvarakasanut /
murchakustavisonmadagrahapasmaranasanam // 19 //

ugragandhi puranam syyad dasavarsositam ghrtam /
laksarasanibham sitam tad dhi sarpagrahapaham // 20 //

madapasmaramurchayasirahkarnaksiyonijan /
puranam jayati vyadhin vranasodhanaropanam // 21 //

apasmaragrahonmadavatam sastam visesatah /
purvoktas cadhikams tas ca [?] gunas tad amrtopamam // 22 //

niramayanam navayauvananam krtva gavam yacchata dhautamaddhih
/

vahnau vipakvam navanitanunam [yogyam] yogyam ghrtam tad
gajarajasevitam [?] // 23 //

// ity ayurvedamahodadhau susenakrte ghrtavargah //

// idanim tailagunah // /

usnam vipake katukam satiktam kaphapaham vatanivaranam ca
/

krimin nihanyad balabhuktakari tailam krimislesmamarutpranasi // 1
//

tilatailam alamkaroti kesyam madhuram tiktakasayam
usnatiksnam / balakrtkaphavatajam ca [jantu] kharju
vranakandutiharam ca [kanti] dayi // 2 //

kanduharam kantivivardhanam ca arso [varco] vivreddhi
vranaropanam ca /

tilasya jatam khalu yac ca tailam balesu vrddhesv api taila
[pathya]m etat // 3 //

na pittaroge na ca sonitotthe pathyam mahavatavikarasamdhou /
tilodbhavam tailam udaaharanti vatasritan hanti samastadosan // 4 //

katthamlarviryam bahupittakari vinmutrasangam kurute 'tidiptim
/
pamadidosapaharam ca tailam abhyañjanam sarsapasambhavam ca
// 5 //

katusnam sarsapam tailam kaphasukranilapaham /
tiksnosnam picchalam visram raktair andodbhavam tv ati
{cf. astangahrdaya 5.58cd} // 6 //

amavatagajendranam sariravanacaritam /
eka evagrani [rje] heta erandasnehakesari // 8 //

kausumbhatailam kriminasanam ca
tejobalam netravinasanam ca /
kharjus ca kesas ca karoti kosthe [kandum ca karoti
drsteh]
tridosalam vapi samiranagham // 9 //

lepat karamjaitailasya drstirogavinasanam /
kusthe ca papabhinnanam sarvavatavikaranut // 10 //

aksam svadu himam kesyam guru pittanilapaham /
napyu (tyu)snam nimbajam tailam krimikustharujapaham // 11 //

ksaumam sneham acaksusyam pittakrd vatanasanam /
aksajam kaphapittagham kesyam drksrotratarpanam // 12 //

adhobhagikam airandam anyesam tilavatsmrtam //

// ity ayurvedamahodadhau susenakrte tailavargah //

atha madhugunah kathyante /

vranasa (so)dhanasamdhanaropanam vatalam madhu /
ruksam kasayamadhuram tattulya madhusarkara // 1 //

tridosagham madhu proktam anyasya srisamnipatalam (?) /
hikkasvasakaphacchardimadatsrnavisapaham // 2 //

ksaudram jalena samyuktam (ati) sthauye piben narah krso bhavati
saty aha (praha) llekhanam tatra jayate // 3 //

lepe hitam tatra gudankuranam gajoddhavam lehyamahobhivrdhah
(?) /

sarvo gurus capi rasayanam kasapaho vapi madhuprayogah // 4 //

mehe hitam syan malachardinasah hikkatisare vranakusthahanta /
kanduvranagham vranadipananam (piditanam) divyamrtam
sadhu madhuprayogah // 5 //

sthavaram jangamam vapi krtrimam ca visapaham (visam haret)

/

balipalitanirmuktau dehe tasmin prajayate // 6 //

ksataksine hitam caiva padukamalarogajit /

sthula kasno (?) hitam caiva rakte vapi hitam ca tat // 7 //

pake svadu madhu srestham vipake dosasamyutam /

(tan madhu bhuvī ruddhanam varinam madasambhavam // 8 //

sambhavah krimikitana pippali madhuna saha /

amlena madhuram svadu tan madhus capi dosakrt) (?) // 9 //

// idanim iksugunah kathyante //

snigdhas ca samtarpnanabrmhanas ca samjivanah svadurasah

sramaghnam /

vrsyah ca pittasramavatahari hy antarvidahi kaphakrtsiteksuh

//

tadvat sakrsno hi bhaved gunais ca vrsyo bhavet

tarpanadahahanta /

saksarakimcin madhuro rasena sosapahanta vranasophakarta // 2 //

panduko bhirukas caiva varahasvetapotakah /

kantaras tapaseksuh syat kastheksus ca vicitrakah // 3 //

nepalo dipyayantras ca nilayo raupyakosakrt / ity eta jatayah

sthula gunan vaksyamy atah param // 4 //

susito madhurah snigdho brmhanah slesmavardhanah / avidahi

gurur vrsyah paundrako bhirukas tatha // 5 ///

anye tulyagunah kecit saksaro vamsako matah /

vamsavacchvetapaundras tu kiñcid usnah sa vataha // 6 //

kantaras tapaseksuh syad vamsakanugato matah /

evamgunas tu kastheksuh sa tu vataprakopana // 7 //

sucipatronilaporonilapo (nepalo) dirghapatrakah /

vataghnah kaphapittaghnah sakasayavidahinah // 8 //

kosakaro gudah sito raktapittaksayapaha /

ativa madhuro mulo (le) madhye madhura eva ca // 9 //

agresu (sva) madhuro jñeyah iksur alavanah smrtah /

kaphakrccavidahi ca raktapittanibarhanah // 10 //

sarkarasamaviryas tu dantanispidito rasah /

gurur vidahi vistambhi yantrikah parikirtitah // 11 //

eko (pakvo) gururasah snigdhas satiksnah kaphavatanut /

phanitam guru madhuram abhisyandi ca brmhanam // 12 //

sukram kaphakaram caiva pittaghnam ca visesatah /

saksaro madhuro 'timutrabahulo raktasya samsodhano
medonigrahanas tu pittasamano vataghnvistambhanah /
slesmanam jana(yet*) ca brmhanakaro balyah sada svasthyakrt
vataghno visamo 'mlapittasamano 'sevyo 'tireke sada // 13 //

matsyandikadinam gunah

matsyandikayah khandah sarkarapavimalonnaro digdhah (?)
gurur atha madhuottarottarapako vrsyo raktapittavinasakrt /
yavati sarkara prokta sarvadahapranasini /
raktapittaprasamani chardimurcha trsapaha // 15 //

rukso madhukapuspotthah phanito vatapittakrt /
kaphaghno madhurah pake vipake vastisodhanah // 16 //

gudasarkaraya tulya vastisodhanapacani /
pittasamsamani caiva raktapittanibarhini // 17 //

madhura sarkara caiva hidhmatisaranasini /
ruksha vivchedani caiva kasaya madhurapi ca // 18 //

iksuprasamsa tadbhedas ca /

vrsyah sitosnapittam samayati madhuro brmhanah
slesmakari /
snigdho hrdayassaras ca sramasamanapatur mutrasuddhim karoti /
medovrddhim (vidhatte) vardhate samayati ca malan tarpanam
cendriyanam
dantau ni (dantair ni)spidya saksad amrtamayaraso (sam)
bhaksayed iksudandah (dam) // 19 //

kantaro raktavarnah syat kosakaras tathaiva ca /
svetas tu paundrako jñeyah trayah sresthas tatheksavah //

madhuro mulabhavo (ge) syan madhye madhura eva ca /
agrabhage punas tasya iksoh syal lavano laghu // 20 //

bhaksayed iksukam kale bhojanasyagrato narah /
svabhavan madhuro 'py esa sukro (bhukte) vataprakopane // 21 //

vidahi vistambhi gurur atitaram sosasamanah
kasayo 'lamkuryat pavanajanana chardikaranah /
dhrta kiñcit kalam sakalasaahamulagradalanad
vidahi tenayam bhavati [na] hito yantrikarasah // 22 //

mulamadhyadalanac ca tatksanat si [pi]yate yadi tu yantriko rasah /
vatapittasamanas tada bhavet tarpanas ca malamutrasodhanah // 24 //

gudadinam gunah /

pittaghna pavanapaho ruvi[ci]karo hrdayas tridausapahah samyogena
visesato jvararah samtapasantipradah / vinmutramayanasano
'gnijananah kandupramehamti [ta] krt snigdhasvaduraso laghuh
sramarah pathyah purano gudah // 25 ///

daham nivarayati pittam apakaroti trsnam chinatti vinihanti ca
moharmurcham /
sosam vighattayati tarpayatindriyani sitah sada samadhurah
khalu siddhakhanda // 26 //

trsnamohatrsasyasopasani dahajvaradhvamsani
svasacchardimadaya (tyayaklama) malahari hradya ca samtarpami /
ksine retasi pavake ca visame ksine ksate durbale
durvare 'pi ca raktapittakagade sevyasa sada sarkara // 27 //

// ity ayurvedamahodadhau susenakrte iksuvargah //

// idanim madyagunah kathyante //

samdipnam madyam ativa tiksnam usnam ca tastam
(trsnam) pradapustidam ca /
susvadu tiktam katukam tathamlam jamburasam susvadaniyam etat //
1 //

kapyopam (?) rasabhedanam balakaram sasvasakasapaham
varsye (vrsyam) caiva laghusnadustajaranam
nidrabhivrdhipradam /
pittasrkphasarake ca visame karsye tatha pinase
ruksam srotra (srota) visodhanam rucikaram vatadisamsosanam
// 2 //

(slesmanam vinihanti yuktam anisam sevyam sada pranina)
krse sthule hitam ruksam suksmam scoto (srota) visodhanam /
vataslesmaharam putraya (yuktya) pitam visavad anyatha // 3 //

gurutva (tad) dosajananam navam jirnam ato 'nyatha /
natyarthatiksnamrdvalpasambharam kalusam na ca /

atha suraya gunah /

gulmodararsograhamisophahrtsnehani guruh /
suranilaghi medo 'srkstanyamutrakaphapa (va) ha //

atha varunya gunah /

tadguna varuni hradya laghutiksna nihanti ca /
sulakasarucisvasavibandhadhmanapinasan // 6 //

grahy usnanalada ruksa pacani sopherasani /

atha pathyabibhitakasura /
natyartham pramada laghvyam (ghvi) yatha (pathya) vaibhitiki sura
// 7 //

vrane pandvamaye kuste na catyartham virudhyate /

atha yavasura /

vistambhini yavasura gurvi ruksa tridosala // 8 //

atha aristagunah /

yathadravyaguno 'ristah sarvamadyagunadhikah /
grahanipandukustharsahsasokodarajvaran // 9 //

hanti gulmakri(mi) mi lohah (plihnah) kasayakatuvatalah /
mardvikam lekhanam hrdyam natyusnam madhuram saram // 10 //

ka (a)lpapittanilam pandumeharsahkriminasanam /
(srsta) drstimutrasa (sa) krdvato gaudas tarpanadipanah
// 11 //

bhrsosnatiksnaruksamlam hrdyam rucikaram saram // 15
[sic!] //

dipanam sisirasparsam pandukrimivinasanam /
gudesu(ksu) madhumadhvikasuktam laghu yathottaram // 16 //

kandamulaphaladyam ca tadvad vidyat tadasutam /
sandaki casute(tam) canyat kalamlam rocanam laghu //

// iti madyavargah //

idanim kañjikavargah //

dhanyamlam bhedi tiksnam surabhi laghutaram so
(so)snasamsparsarsitam ruksam caiva klamagham
sramaharavisadam vastisamsodhanam ca /
sastam vasthapanam syat* laghu visasamanam svasarogapanodi
ganduso dharane syan mukhagadanivahe gandhanirnasanam ca /
dhanyamlam bhedi tiksnosnam pittakrt sparsasitalam /
sramaklamaharam rucyam dipanam bastisodhanam // 1 //

iti kañjikavargah //

// atha mutravargah //

austram (mutram) go 'javimahisigajasvostrakharodbhavam /
(pittalam ruksatiksnosnam lavananurasam katu /
krmisophodaranahasulapandukaphanilan /
gulmarucivisasvitrakustharsamsi jayel laghu /)
austram gojavinaram hayagajamahisimutravargah kharosna
(ranam)
tiktam tiksnam laghusnam salavanasurasam pittalam bhedi
ruksam /
hrdyam rucyam krimighnam hutavahajananam kusthamehau vinas
(si)
gulmanaharsasulanilakaphavisajit sophapandudaragham //

mutram
tathastadasakusthasophapandudaronmadakaphamayagham /
sevyam niddarsa (?) vikaram etat ruksam tathamlam krimisu
prasastam /

// iti mutravargah //

// atha dhanyavargah //

snigdho vataharas tridosasamanah pathyah sada praninam
sresthah paustika [srestho brihisu sastikah]
sramaharah krcchradidosapaha /
gaura(s ca)svasitagaurato 'pi nitaram sevyah karoty uccakaih
bhukta (sukram) svasaharas tatha sramaharah kasadidosapaha // 1
//

rased pake svaduh pavanakaphapattopasamanah
jvare 'jirne pathyah sakalajavaraksabhaharanah (?) /
sisuna vrddhanam yuvatisukumaratisa(su)khinam
ayam sevyo raja bhavati hi mahasaliramalah // 2 //

dhanyam vapitam uttamam tad akhilam (chi)channodbhavam madhyamam
jñeyam dyadavargapittam (tad yad avapitam) tad adhamam
nissaradosapradam // 3 //

{cf. rajanighantu 16.158ab}
dagdha yadbhavicpesyam tetha (?) vipine yad vapitah salayah
ete chinnabhava bhavanti khalu te vinmutrabandhapradah // 3 //

{cf. rajanighantu 16.158cd}
dese dese tu jatas ca nanavarnas ca salayah /
tesam svatah pradhano 'sau tridosasamanah parah // 4 //

rakto bhirukapundarikakalamas turno mahapuspakah
dirghah kañcanahayano 'sitasi (sri) tah puspapandajah
pandukah /
sagarakhyas tapaniyakah sakunako rodhras tu saugandhikah
dhanadyah sapatangidusakayuta hrdayah subhah salayah //
5 //

susabhah (?) yacanadipana balakara snigdhas tridosapahah
suklaslesmavivardhana rucikarah samdipanas tarpanah /
pathyah sarvagade hitah sramaharah ksuttrtsramadhvamsinah
srestha vrihisu sastikah kalapa (ma) ka rakta
mahasalayah // 6 //

rocanas tarpana hrdaya diptasya (?) pacanah /
guravo brmhanah pathya nanajatiyasalayah // 7 //

jagaromadhayero (?) hrdayah svadusamjivano laghuh /
vrsyo balaprado hanyat saghrto 'sau malatrayam // 8 //

rajanam(nnam) kaphavataghnam svadu pittanivaranam /
rupasukramahatejhsatvasuddhibalapradam // 9 //

krsti [sna] sali [stri] tridosaghno madhurah karsyaha tatha
/
pittaghnah picchalah sukrarupavarnabalapradah // 10 //

ete saligunah prokta jñatavyah sastrakovidaih /
sarvam vanatrnanam (nnam) ca kustarogavinasanam // 11 //

sarvavyadhiharam sikhram mukhasodhanam eva ca /
dhanye srestham sastikam rajabhojyam mamse tv ajam
taittirikam hitam syat /
paniyam syat krsnamrtsnasam etam ksirajyadau gavyam adau
prasastam //

// iti salivargah //

usnaruksava (ta)rah kasayamadhurah pake laghutvadi (dhi)
kah
slesmaghnah pavanadipittajanakah vistambhinah sarvada /
romakadikadhanyalaksanam idam proktam nram agratah
samyak* vai balasakasadravagullaih pasratkramah samsthitah // (?)

// iti dhanyavargah //

// atha simbidhanyagunah kathyante //

tatrada mudgagunah /

mudgah pittakaphapaho vranaharah kamva(tha) mayaghno laghuh
pathyo vataviriktijantusu tatha netramaye sarvada /
naivadhmanakaras tathanilaharo mandani (va) le sasyate
supanam api cottamah svarakaro mutramayacchedanah //

atha masah /

masah snigdho balamalakarah sosanah slesmakari
virye cosno jhatiti kurute raktapittaprapakopam /
hanyad vatam gurur atiraso rocako bhaksa (ksya) manah
svadur nityam sramasukhajasam jivaniyo naranam // 1 //

{cf. rajanighantu 16.81}

maso gurur bhinnapurisamutrah snigdhosnaviryo madhuro
'nilaghnah /
samtarpanastanyakaro visesat (balapradah sukrakaphavahas ca)
kasayabhavanna purisabhedi na mutralo me (nai)va balasakarta (?) //

svadur vipake madhuro 'tisandrah samtarpahanstanyarucipradas ca /
masaih samanam phalam atmagutma(pta) mucus ca kakandaphalam
tathaiva //

// iti masagunah //

atha kulatthagunah

(u) krsnahkuluttho rasatah kasayah /
katur vipake kaphumarutaghnah //

sruta (sukra)smarigulmanisudanas ca samgrahakah
pinasakasahari // 1 //

anahamedogudakilahikkasvasapahah sonitapittakrc ca /
kaphasya hanta nayanamayaghno visesato vanyakulittha (u)yuktah // 2 //

atha rajamasagunah /

rajamasah sage rucyah kaphasukra (kramla) mapittakrt /
susvadur vatalo ruksah kasayo 'pi mahaguruh // 3 //

ruksah kasayo visasokasukra valasadrstiks ayavrddhikari
/

katur vipake madhuras ca simbih pravrdhavinmutra
(ma)rutapittalas ca // 4 //

sitasitah pitakaraktavarna bhavanti vai naikavidhas tu
sibim(mbyah) : //

atha tilagunah /

isatkasayo madhurah satikto(ktah) samgrahakah pittakaras
tathosnah //

tilo vipake madhuro balisthah snigdho vranalepanapathya uktah //

dantyo 'gnimedhajanano 'lpamutrah stanyo 'tha kesyo 'nilaha gurus ca /
tilesu sarpisv asita [sarvesv asitah] pradhano medhyah sito
hinataras tathanyah //

dantyo varnabalagni [buddhi] jananah stanyo 'nilagho guruh
snigdha pittakaro 'lpamutrakaranah kesyatipathyo vrane /
grahyusno dhrtikrt kasayamadhuras tikto vipake katuh
krsnah pathyatamo 'sito 'lparahito [gunadah] hinas tathanye
tilah // 1 //

iti tilah //

// atha yavagunah kathyante //

yavah kasayo madhuro himas ca katur vipake kaphapittaharah /
vrane su pathyas tilavac ca nityam prabaddhamutro bahuvatavarsa
[rca]h // 1 //

sthairyagnidhatusvaravarnakrc ca sapicchalasthulavilekhanas ca /
medomaruttrt [d] harano viruksah prasadanah sonitapittayos
ca // 2 //

ebhir gunair hinamatas ca nityam vidyad yavebhyo 'nyatha [ya]
vanasesah /

yavah kasayo madhurah sasito mehe hitah pittakaphamayaghnah /
prasrstavarco 'nyayavah sabalyo balyas ca vrsyas ca male hitas
ca // 3 //

sitah kasayah surasas ca rukso mehakrimislesmavisapahas ca
/

madhuryayukto balavams tathaiva pittapaho venuyavah pradistah //
4 //

iti venuyavah //

atha godhumagunah /

godhuma ukto madhuro gurus ca balyah sthirah sukrarucipradas ca snigdho
'[ti] si sito 'nilapitahari [pittahanta] samdhanakrcchrasmaharah
saras ca // 1 //

snigdhasvaduraso vipakamadhurah prayena camasrayah
balyah sitakarah saro rucikarah samdhanakari guruh /
sukraslesmavivardhano dhrtikarah pittaniladhvamsakrt
godhumas tu manoharah sthirakarah sveto vikarapaha // 2 //

atha kusumbhagunah /

katur vipake katukah kaphaghno vidahako vataharah kusumbhah //

atha siddharthagunah /

usnas tatha svaduraso 'nilagnah pittolbanah syat katuko vipake
/
pake rase vapi katuh pradistah siddharthakah
sonitapittakarta // 1 //

tiksnosnaviryah kaphamarutagnas tathavidhas casitasarsapo
'pi

atha adhakigunah /

[adhakyah] kaphamarutaprasamana viryena cosnas tatha
hrtprsthodamarutamapa[ya] rujamedorujam kurvate /
kasasvasavamitrsajvaraharah pathyas ca kanduruja
ya [pa]makusthabhagandaresu na tatha rucyas tu pathya bhram //
1 //

adhaki kaphavataghi isanmarutakopini // 2 //

tasyaitad vidam [vidham] bhojyam svadu vistambhanam guru /
dipanam kaphapittagnam sarvamehapranasanam // 3 //

hrdyam vasukham datva adhaki bhuddhapusakah / [?]
suricaikadhanam // [?] mudgapu [yu]sagunah //

jvaraharanabaladhyam raktapittapranasam
vidadhata nipunas te mudgapu [yu]sam prasastam /
anilam api nihanti snehasamskarayuktam
samayati tanudaham sarvarogesu sastam // 1 //

pittajvaratisamanam laghumudga[yu] pusam samtapahari tad
arocakanasanam ca /
raktaprasadanam idam yadi saindhavena yuktam tada bhavati
sarvarujapahari // 2 //

vyapagatamaladosah praninah ksinamatra adhikataratsarta
ye ca dharmaprataptah /
jvalanamukhavidagdha ye 'tisarabhibhutih punar iha manujas te mudupu
[yu]sasya yogyah // 3 //

kulitthapusa (yusa)gunah //

virye colah [snah] kulitthah kaphapavanaharah
pittaraktapradas ca
pake 'mlah svasakasodarhrdayasirovastisulapahah syuh /
mutraghatapramehasmaribhrsadamanah sukравicchedanas ca
srestha durnamakusthasvayathugudayakrdgulmatunigadesu // 1 //

masurapu(yu)sagunah //

masura laghavo 'tiruksavisadas caksusyamutrapahah
slesmapani [pitta] nibarhana rucikara vatamayan karakah /
vistambham janayanti kosthadhamane [nam]
krcchrasmarichedanam
sarve pittavikarajesu [vi] hita hrdyas ca masuryakah // 1 //

atha kalayagunah /

prasu(bhu)tava (tam) kuta (?) kurute 'tiruksah
kaphapahah pittaharo nitantam /
ruciprado (dah) sulakaro naranam
amanubandhi kathitah kalapa (ya)h // 1 //

// atha canakagunah kathyante //

ruksha vatakarah pramehasamanah krcchrasmarichedanah
vidbhedam janayanti pittasamana adhmanarogapradah /
kanthadhvamsaharah subhaksasukhadah bhuktarucicchedanah
balya varnakara vibhuktacanakah pumsas ca naite hitah // 1 //

iti suskacanakah //

ardra vrsyatama balyah slesmala rucikarakah
vatapittaharah sita mutrakrcchranivaranah // 2 //

iti ardracanakah //

laghavo bhrstacanakah slamaklamakarah parah /
chardighna rocana nidrasukhapustivalapradah // 3 //

iti bhrstacanakah //

asitacanakayuso dahanasam vidhatte prabalam ahitalabdham (?)
sarvamehapranasam /
dahanamaricayogad vatarogapahari vidalajalavipakvah sarvadosaprayati
(nasi) // 4 //

iti krsnacanakah //

pittaghnas canakah svetah slesmavataprakopa(na) nah /
balakrnmalavistambhamandagnis capi samyutam (?) // 5 //

canodakam candramaricisitalam pramehapittasarujapahari //

pustipradam taila (naija) gunam hi pake samtarpanam

sadhujanamadhuriyakam (mañjulamadhurikam) // 6 //

iti svetacanakah //

syamakah kodrava ye 'nye ye canye 'nu ca simbikah /
apathyas te na samsanti [sasyante] sukhinam nirujam tatha // 1 //

yad yaj jiryaty atiksipram tat tal laghutaram smrtam /
yavagodhumamasas ca tilas capi nava hitah // 2 //

// iti dhanyavargah //

// subham bhavatu lekhakavacakayoh // srisambasadasivaya namah //

// srir astu //

atha pakvannagunah //

godhumaphenika /

salaghurucirakama phenikatiprasasta balayati laghujira chardinasam
karoti /
badalavimukhamardham [?] camlapitte vidaham jatharabharanayogya
godhumaih samprayukta // 1 //

pheniya //

guravo brmhanah snigdha balyah sukrakarah parah /
strisu harsam prayacchanti masapistikasambhavah // 2 //

godhumasamjilahuh [duh] //

toyajyena vimarditam samasitam krtva sutaptam tatha
khandajyena paced dhutasanamrdau krtva subandham tatah /
karpurair maricaih sasaindhavamatho sasvaccaturjatakaih
puspalambam iti bruvanti munayo namna mahamodakam // 3 //

vrsyas tu kandarpakara yathagni samvardhitah
pritirucipradayakah /
vatam sapittam praharanti bhuktah sanmodaka modakara naranam // 4
//

modako gurur ativa vrsyakah slesmalas ciravipakatas tatha /
mandam agni janayec ca kostabhrkha (?) modako 'dhikabalapradah sada //
5 //

amrtaphalam //

samayati bahu pittam slesmakopam karoti janayati jatharagnim
vatarogan nihanti /
suratajanitakhedam tatksanad eva hanyad amrtaphalam udaram caru
samsanti khe (vai)dyah // 6 //

samayaty arsakreochran harati savatam tatha pittam // 7 //

kapurapadiya //

rucya balya balamalakara hrdyagandha sthira ca

tejo varnam vapusi kurute sukavrddhim karoti /
medovrddhim janayati taram pittaroge prasastam
sarpipakvagurumadhuyuta elaya saprayukta // 8 //

karpuradya vidalanakara rajayaksmapahantri visvasyaisa
hitakarathamalkadini (?) bhaksaniya //

gharikimdurikapupavatika vatakadayah /
vrsyaka rocaka balya guravah syuh svayonivat // 9 //

indrarika //

indrarika //

vrsya rocanadipani balakari gurvi abhisyandini
pranais tarpanakarini rasavati slesmanamabibhrati /
sava (ma)nahavibandhagulmasamani pittasravicchadini /
snehenapi supurita ca satatam (bhaksye) ksa kseyam indrarika //

dhrtapuram //

dhrtapuram balakaram vrsyam madhurasitalam /
hanti vatam raktapittam slesmalam ca visesatah //

sadiya (bha-) //

ksarakharjurika snigdha sukramamsabalaprada /
balya ratikara hrnya chardyarocakanasani //

// ksiravatika //

susnigdha vatika ca dugdhamrdita kantyai ca saukhyaprada
trnsasaktikari sramaprasamani mandagnaye durjara //

pittasram ca vinasayet tu satatam bhaksya supustiprada
prokteyam vatika ghrtaplutakrta kamagnisamdipani // 13 //

tailapakvaksiravatika //

susnigdha ksiravatakah kantisaukhyabalapradah /
vataghna tailapakvas te vataka mamsasambhavah // 14 //

mudgavatakah / (bha-)

mudgajatas tu ye kecit laghavo rucikarakah /

canakadikrtah /

durjara laghavo ruksah canakadikrta matah // 15 //

kañjikavatakah //

kañjike ruciniksipta vataka mamsasambhavah /
vataghna rocaka hrnyah kaphapittaprakopana // 16 //

rajikacurnasamskrtah /

rajicurne vimisrah kaphapavanaharo rocano dipanah syan
mandagnidhvamsakartta malavisasamano jarayet sarvannam /

kim va toyair vimisro gudalavanayutah pittaraktadihanta
trsnamurchali [bhi]ghatajvarapavanaharah ksudrarogasya hanta //
17 //

takram komalasnrgaberakalikakustumburisamyutam yuktyavartitam
ardhasosam aparam bhande sudhupavrtte / hava [?] takramanoharas
ca vatakas tesam rucim mardavam svadam saurabhabham udvahanty
aharahah tan veti visvambhara // 18 /

amlavatakah //

ajajibahlikardrakamaricasindhutthabharitah supakah svadiyan
dadhimathitataliviracitah / krtailasamvasah kvathitamathite svair
amusitah vihantasau saksad arucitarujam amlavatakah // 19 //

vatakaprakarah /

kusmandardhamarice sindhutthamethikasahitaih /
pistair masadalotthair vihita vatakas ca vaticas ca // 20 //

kohalavadah (bha-) //

godhumamandakah //

slaksnam godhumacurnam sarapihitamukham svadutoyena siktam
sammardyam sundaribhir dhanaparilulitam golakam sukmapistaih
/

antah patre sutapte karayugaracita mandakah svetadirgha
niksipta bhajanesu cimicimiramitah pustayantah susiddha // 21
//

te bhojya bhaktayuktya parivrtasahita mudgayuse vimisra
adhakyair va masuraih ghrtapisitarasair jamgalanupamamsaih
/

kale vasantapurve praharayugamukhe bhojanam nityapathyam
gatrau ksirajyayukta salila (lalita) narapater bhojanam grismakale
// 22 //

godhumamandaka rucya laghavas cosnadipanah /

mandepatiya (bha-) //

mandaka mandikas caiva pathya amgarapacitah // 23 //

atyusna mandaka pathya atisita guruh smrta /

kukulakarparabhrastrakandvangare vipacitan // 24 //

(ekayor nilladhun vidyad apupan uttarottaram)

raktaghna pittakopi ca svadur marutasini (?) /

vrsni dipani vrsya godhumamgarapacita (?) // 26 //

atha vatakadibhaksyanam gunah //

bahlijair maricair lavanapudu (lalamanaprthu) tarair ardrakaih

purnagarbhah

svinnah svaduh sugandhih parimalabahulah komalah kunkumabhah /

ksipto dantantarale murumuru kurute vyaktasabdam yatha va
dhanyo 'sau yat kapole pravisati vatakah kantaya pritidattah // 27 //

koravada (bha-) //

dadhivatakah //

salipistadadhikhandasamyuta dadhna eva vatakesu kirtitah /
ghoravatasamana rucipradah pittam apy apaharanti darunam // 28 //

canakadikrtah /
durjaram canakadinam vahnimandyakaram param /
laghu rucyagnijananam dadyan masadipuram // 29 //

madhuram madhuramlam tat tad eva prakaroti ca /
kaphaprakopananam canakyam puranam smrtam // 30 //

vengani (bha-) //

godhumacurnadhanavestitamasamudgapistam supakvam iti
vestanika vadanti / tam bhaksayed atibalam labhate (ramate)
manusyas tailena va saha ghrtena sugandhina va // 31 //

tavad vargo 'tra bhaksyano (nam) svadate sadhyate 'pi ca /
usnosnah sarpisa snata yavac cangarapacitah // 32 //

gudagodhumayor misram tailapakvannabhaksanam /
karoti slesmapittam ca marutam capakarsati //33 //

tailavadiya (bha-) //

laghavah parya (rpa)ta rucyah kaphaghnah salisambhavah /
guravo rocakas caiva salimudgadisambhavah // 34 //

salimudgapapada (bha-) //

vistambhi payaso balyo medahkaphakaro guruh /
kaphapittakari balya krsaranilanasini // 35 //

taile vipakva vaticas ca salibhih sudurjara rocanabhaksanas ca
/
kaphaprakopam janayanti sadyo visesatah kuravada visirnah //
36 //

kuravadah (bha-) //

saktavo brmhana vrsyah trsnaipittakaphapahah /
rucyah sadyo balakara bhedinah pavanapahah // 37 //

satu (bha-) //

samdhanakrtpistam annam tandulah krmihetavah /
sudurjarahsvaduraso brmhanas tandulodbhavah // 38 //

tandulapidha (bha-) //

// ity ayurvedamahodadhau susenakrte krtannavargah //

// atha phalanam gunah kathyante //

tatradau dadimasya gunah //

tridosasamanam pathyam vrsyam madhurasitalam /
chardyarocakatrsnaghnam sophapittajvarapaham // 1 //

dahasiktasta (pittapra)samanam sarvarogavinasanam /
balavarnakaram hradyam supakvam dadiniphalam // 2 //

atyamlam madhuram kasayagunabhirdvidvadbhir uktam rase
virye samsamanam samiranaharam pittapaham dipanam /
kimcit samgrahanam kaphasya haranam prayo 'pi pake punah
prakhyatam rasaviryapakavibhavair evam gunam dadimam // 3 //

dadimam dvididham iditabharyair amlam ekam aparam maduram ca /
tatra vatakaphahari kilamlam tapahari madhuram laghu pathyam // 4 //

dadimam madhuram amlakasayam kasavatakaphapittavinasi /
grahi dipanakaram ca laghusnam sitalam bhramahara rucidayi // 5
//

iti dadimam //

atha draksagunah //

caksusya raktapittam samayati madhura sitavirya vipake svaduh
snigdha kasaya gururati ca trsasosadosapahantri / draksa
ksinaru (ksa)tanam apaharati vamisvasakasajvarartis
tiktasyatvam madam ca pravarataphalesuttama sampradista // 6
///

supakva //

draksa saiva nu dhatuvrddhijanani samtapani dosahat
trsnarticyavani samirasamani chardyamayadhvamsini /
pake 'amla surasa rase ca madhura (sita) santa ca viryena sa
sa pakva vihita jvare ca kaphaje vinmutrasamsodhani // 7 //

sita pitasta(sra) dosam samayati madhura svadupakadi (ti) rucya
caksusya svasakasasramavamitra (sa)mani
sosatrsnajvaraghi //

dahadhmanasramadin apanayati para tarpani pakvasuska draksa
suksinaviryam api madanakara kola (kalakeli) daksan vidhatte // 8
//

iti draksa //

atha matulingagunah //

cakr (tvak) tikta katuka kaphakrimihara snigdhaniladhvamsini
mamsam brmhanavatapittasamanam vrsyam mahadurjaram /
amlam kesaram agnivrddhijanana sasvasakasapaham
hidhmaccharditrsasyajadyaharanam tan matulingodbhavam // 1 //

tikta snigdha bhavati katuka matulimgasya sa tvak
madhyam snigdham ca (harati) madhuram brmhanam vatapitte /
mamsam bhinnam (snigdham) bhavati laghu tat kesaram kasahidhma-
svasaslesmanila jatharajid gulmasulma (la) nilaghnam // 10 //

sindhu (tthe) cchena ghanagame (ca) vasitaya kale saratsamjñake
hemante lavanardrahingumaricaih siddharthacurnanvitam /
etais taih sisire madhav api yutam grisme gudenanvitam
vaidyair bhumiya salu (matu) limgam uditam sarvartusadharanam // 11
//

atha jambiram //

jambiram amlam rasato vipake vatapaham pittakaphapradam ca /
annasya parvanva (kam tva) cirena kuryat surocanam vahnivivardhanam
ca // 12 //

katukamadhuram amlam supratitam rasesu rucikaram udaragner dipanam
vatahari /
nihata (harati) kaphasamirau pittam ahanti viryam karanaphalam itidam
vatapittam vipakvam // 13 //

(karanam api na hrdayam raktapittam tanoti /)
nimbuphalam rocakam agnivrddhim karoti pittam ca savataraktam /
acaksusam slesmakaram visesat bhuktannapakam kurute ca
sadyah // 14 //

nimbukam krimisamuhanasanam tiksnam amlamudarapaham smrtam /
vatapittakaphasulatahitam nastadhanyarucirocakapradam // 15 //

atha narangaphalam //

narangasya phalam balam ca kurute susvadu hrdayam laghu
srestham vahnikaram vidahasamanam bhuktannapaktipradam /
sarvarocakanasanam sramaharam vatapaham pustidam
bhuktvapi pratibhaksitam na kurute kimcid vikaram nram // 16 //

isadrase madhurasitalam amlatiktam viryodgamac
chamanadipanapacanam ca arvedayati (?) kaphapittaharam vipake
narangakam phalam udaradhiyo munindrah // 17 //

atha madhukarkati //

susvadu pake rasatas ca raktapittaprakopam vilayanti mandye (?) /
dahajvaram nasayatiti nityam prahus ca vaidya madhukarkati ca //
18 //

atha mocaphalam //

mocam svadurasam vipakamadhuram viryena sitam jadam
pittaghnam tv anilapaham gurutaram pathyam na mande 'nale /
sadyo bhuktavivardhanam klamaharam trsnapaham santidam
diptagneh sukhadam kaphamayaharam samtarnanam praninam // 19

//

atha nalikeriphalam //

snigdham svadurasam vipakamadhuram hradyam jaram(da) durjaram
pittagham krimivardhanam madakaram vatamayadhvamsanam /
amaslesmavikopanam prasamanam vahner bhramadhvamsanam kandarpasya
balam dadati nitaram tan nalikeriphalam

nalikerodakam //

susvaduvrsyalaghudipanmaruksasitam
tadvatapittaharavastivisuddhihetuh /
syam narikelasalilam sasikanti pathyam pittajvarasya visahari
vadanti vaidyah // 20 //

atha bhavyaphalam //

bhavyam bhavyataram svadu kiñcid amlam surocanam /
vatagham sukhavairasyanasanam vahnidipanam // 21 //

atha amalakiphalam //

karamara (?) hanti (vatam tad amlatvat) vatadamlam catpittam
madhuryasaity atah /
kapham ruksakapayam (yatvat phalam dhatriyas tridosajit) // 22 //

{cf. bhavamisra: bhavaprakasah 41 }

..... tatha

kimcit svadurasam vipakamadhuram dosatrayadhvamsanam /
mutravadyadhikaram pramehasamanam vistambhavicchedanam
bhuktabhuktahitam sadamrtarasam pathyam ca dhatriphalam // 23 //

ruksam svadu kasayam amlakatukam snigdham suse (?) rocanam
caksusyam balavarnadam dhrtikaram vrsyam ca buddhipradam /
kandukusthavinasanam jvaraharam trddahatapapaham
jatam kimbahuna tridosasamanam dhatriphalam praninam // 24

//

tridhaphale (dhatriphalam) dinam (tadvini) hanti mehan arocakadin
vividhan vikaran /
amlam ca (mlatva) madhuryakasayatah kramat dosatrayagham laghu
sitaviryam // 25 //

pracinamalakaphalam //

pani ya (?) malakam (pracinamalakam) vrsyam svadu hradyam
kaphapaham /
sitalam vrsa(sya)m ayusyam dahajvaraharam param // 26 //

atha amraphalam //

balam pittakaphasravatajananam badha (ddha)sthi tadravidham
pakvam svadurasam tridosasamanam ksinangapustipradam /

dhator vrddhikaram vipakamadhuram samtarpnam kantidam
trnsanosanivaranam rucikaram aplan (mram)
phalesuttamam // 27 //

santarpnayah sakalendriyanam balaprado vrsyatamas ca
hrdyah /
strisu praharsam vipulam dadati phaladhirajah sahakara eva // 28
//

amram pakasya kale madhuram iha rasenesad aplan ca hrdyam
retovrddhim vidhatte samayati pavanam pacanam dipanam ca /
anandam samdadhati pratidisati balam viryatah susrutadyah
vikhyatah sarvaloke hy atijanitakapham durjaram kirtayanti // 29 //

yat kaminyadharovrsam (sthasam)bhrtam iti khyatam
visistair buddhaih
yad daityapramukhaih prayatnanirataih krstam suraih sagarat /
yan nanarucibhih svabhavasadrsm khyatam ca mithyaiva tat
piyusam vidhinatha samsayaharam srstam rasalatmakam // 30
//

atha kapitthaphalam //

amam kanthaharam kapittham adhikam jihvajadatvapradam
tad dosatrayakopanam visaharam samgrahakam rocakam /
pakvam svasavamiklamasramatrsahidhmapanodaksamam
sarvam grahi visapaham ca kathitam sevyam tatah sarvada // 31 //

phanasa (bha-) //

durjaro madhuramlas ca vatapittapranasanah /
vatapittahas caiva gurur mandagnikarakah // 32 //

madhura brmhani vrsya pittala tvak trutiprada /
pittaghni svaduhrdya ca mañjety ahur gunottamah // 33 //

kasayamadhuro ruksah katukah slesmakarakah /
samgrahidurjaro jihvagrahyakari jado garuh // 34 //

tembaru (bha-) //

atha karamardagunah //

karamardo 'timadhurah supakvo 'mlarasas tatha /
vatapittaprasamanah slesmakrimivinasanah // 65 //

karavedam (bha-) //

atha ciñcagunah //

amlikayah phalam pakvam raktapittakaram param /
tvagbhasma syat kasayosna kaphajantv anilapaham // 36 //

cimca //

atha bhallatakagunah //

bhallatakasya tvagmamsam brmhanam svadu sitalam /
tad asthyagnisamam medhyam kaphavataharam param // 37 //

bimbadam (bha-) //

atha kharjuram //

kharjuro raktapittam samayati madhurah svadupako 'tisitah
trsnasosapaharta visamamadarujasvasahidhmapanodi /
snigdho vrsyo balasam janayati nitaram vahnimandyam vidhatte
kantim vai pustiyuttya vapusi samadhikam mutrakrcchram nihanti
// 38 //

pindakharjuramadyam ca tadrgeva nigadyate /
visesad urdhvage rakte dahe pitte ca sasyate // 39 //

atha sindiphalam //

sindolam kaphavatapittasamanam raktatisarapaham
yamakrsta (pamakustha) bhagandaramasamanam
tivrasmarichedanam /
hdrogesu hitam sada balakaram kamagnisamdipanam
kase ksinavirecane jvaragate (de) sastam ca sindiphalam // 40 //

atha suvarnakadaliphalam //

suvarnamoca kaphapitta [vata] harini vistambhini dipanakarini
ca /
stadurjaram [sudurjara] dahavidhatanam [tini] ca
raktam sapittam prasamam ca [samayeta] niscitam // 41 //

utati (bha-) //

isatkasaya madhura vatapittanibarhani /
balya vrsya ca hradya ca visesad utati guruh // 49 //

atha pippalaphalam //

asvavatthavrksasya phalani pathyany ativa hradyani susitalani /
nighnanti pittam saha sonitena daham trsam chardim arocakam ca
// 43 //

[kurvanti pittasravisartidahatrtchardisoparucidosanasam)

udumbaraphalam //

audumbaram phalam ativa susitalam ca sadyo nivarayati sonitapittam
ugram // 44 //

atha umbiphalam //

mutravarodham kurute 'titivram visesato raktasamiranam ca //

atha rajakosatakiphalam //

surajakosataki pittaghata mahagade sosamadatyaye ca /

sramaklame mehabhagandare ca vranesu pittesv api nityapathyam // 45 //

atha sirakosatakiphalam //

sirakosataki pittahari ksuttrdivinasani /
mehe hita sadosnapi pittacchardivinasani // 46 //

ity ayurvedamahodadhau susenakrte phalavargah //

atha sakavagah //

phalam parthyagatam sakam asuskam tarunam navam /
patram puspam phalam nalam kadam samsvedajam tatha // 1 //

sakam sadvidham uddistam sarvam vidyad yathottaram /
sarvasakam ajahyeyamabakajusama pairusam [?] // 2 //

anyatraiva sumadhyasthakalasadakapunarnava [?] //

atha tanduliyakagunah //

sito rukso laghuratitaram pittaraktapahanta
svaduh pake bhavati ca rase svadur evatihrdyah /
hanti vyadhin visamavisajan slesmavataprakopam
sadyo mañjamayavighatanas tanduliyo 'tipathyah // 3 //

rase vipake madhuro 'tisito ruksas tusarah kaphanasanas ca /
sadahapittam rudhiram visam ca visesato hanti ca tanduliyah
//

atha vastukacillisakam //

vastuko 'gnikaro rase ca madhurah pittapahas caksusah
snigdho vatavinasanah krmiharah kusthadidosapahah /
[va] carcomutraisodhanah pramathanah slesmamayanam tatha
sakanam api yo [co]ttamo laghutarah pathyah sada praninam // 5 //

vastukesu ca sarvesu sasyate kathavastukah /
cillir vastukavajñeya tato nyuna ca kimcana // 6 //

saksarah krimijit tridosasamanah samdipanah pacanah
caksusyuo madhurah saro rucikaro vistambhisulapahah /
varcomutraisodhanah svarakarah snigdho vipake katuh
vastukah sakalamayaprasamani cilli tathavottama // 7 //

cillitakavala (bha-) //

atha sigrusakam //

kaphasya vatasya samam karoti usnam ca pittam kurute 'gnidiptim /
hrdyam krimighnam ca surocakam ca adhmanavidbandhavinasanam ca
// 8 //

[sigrusakam]

atha rajaka //

rajika kaphasamiranahantri rocanagnijanani ca vihrdya /
kamva hrdyam iva [kantharukkrimivi]nasanakartri usnaviryam
upahanti ca sulam // 9 //

madgariya [bha-] //

atha satapuspa //

satapuspamavataghni sulagulmodarapaha /
dipani ca visesena kimcit pittaprakopini // 10 //

atha kustumbari //

sugandhir vatapittaghni laghvi rucya jvare hita /
vyañjanalankrtih sita sardra kustumbari smrta // 11 //

atha rajavalli //

balya vrsya ca kanthya kaphapavanahara syat tridose prasasta
laghvi mutratighatapasamanavamani syat tatha krcchrahantri /
pittodreke ca rakte visamavisahari dipani sakasrestha [varya]
patranam rajavalli phalamarulasalanapravrddhim [?] karoti // 12
//

atha kusumbhi //

drstiprasadam kurute visesad rucipradam diptikaram ca
vahneh /
vinmutradosapaharam malaghnam kausumbhasakam pravaram vadanti
// 13 //

atha sarsapam //

atyusnavirya kurute 'gnidiptim raktam sapittam tv atha
kantharogam /
acaksusam sukrakaram vidahi na sarsapam sakam idam hi
pathyam // 14 //

atha vartakam //

// sadasivam (?) //

saksaram kaphapitta (vata) hari malakrdvahnes tu samdipanam
tiktosnam madhuram tatha katurasam tv isac ca pittapradam /
hrdyam vatavikim na madyapathyam api tat dravye va sarve punah (?)
(hrdyam rucyam apittalam kapham aruñjitsarvasakottamam) vartakam
paripurnajatasarasam balam na pakvam hitam // 15 ///

vartakam kaphavataghnam kimcit pittaprakopanam /
sarasam mutralam proktam balakrdbalam eva tat // 16 //

lavanamaricacurnenadrta ramathadhyam dahanavadanapakvam
jambukantam nitantam /
harati pavanamadyam slesmahantr prasiddham jatharabharanayojyam
caru bhojyam bharitam // 17 //

vrntaka bharita

atha bimbiphalam //

bimbiphalam svadu sitam stambhena lepa(kha)nam guru /
pittasradahasophaghnam vatadhmanavibandhakrt // 18 //

bimbiphalam //

atha pharkotiphalam //

tiktam sutivram madhuram tathamlam vatapaham pittavinasanam
ca /
slesmakaram cetanapatanam (dipanapacanam) ca kotibhavam
cagnikaram naranam // 19 //

karkotikaphalam gulmasulapittakaphapaham /
tridosamehakusthaghnam isanmadhuratiktakam // 20 //

kasasvasajvaram hanti marutaghnam param laghu //

kamkoda bha- //

atha mulakagunah //

kimcit ksaram satiktam katukarasayutam mutralam dosahari
srestham gulmaksaye ca prabalataramahasvasakasamayesu /
kanthyam srestham svaranam apaharati rujam netrarogapahari
syad evam balamulam mahad api ca hitam snigdhapakam (pakvam)
samire // 21 //

// mula bha- //

atha suranah //

rucyo dipanapacana krimiharo mandanaloddipano
hrdyah slesmakaro laghur balakaro durnamanirnasana /
aksanam api patavam prakurute sasvasakasapahas
caksusyo 'pi ca (su) s taranah smrtikaro
hrtparsvasulapahah //

suranah //

atha bhukandah pindalus ca //

bhukandas tv ativatalo balakarah slesmanam atyarthakrt
vistambhi gurumedaso 'pi visamo vatamayan karakah / meham
kustharujam karoti satatam tad vataraktam haret pindaluh
krmikosthakrcchram apahrt pittamayadhvamsakah (yottejanah)

// pindaluh //

athardrakam //

ardram dipanapacanam rucikaram vrsyam kadusnam varam
sarvam medakaram kaphamayaharam sophapaham sulajit /

jihvakanthavisodhanam salavanam pathyam sada bhojane
nimbutoyavimarditam kaphaharam samdipanam saranam // 24 //

nimbusamudrasamyuktam ardrakam tv asrapittanut /
diyanyam rucikaram hrdyam dosatrayapaham // 25 //

// ardrakam //

atha kumudotpalapadmakandagunah //

kumudotpalapadmanam kanda marutakopannah /
kasayah pittasamanah vipake madhura himah // 26 //

hrdyah kaphaharah kannah katukah pittakopannah /
mehakusthakrmihara vrsya balya rasayanah // 27 //

kumudotpalapadmanam kanda gunakara himah /
madhuras ca kasayas ca pittasrgdahaneritah (nasannah) // 28
//

padmakannah //

atha mrnalagunah //

sitalam raktapittagham dahajvaraharam param /
mrnalalam vrsyam ca trsnachardivinasanam // 29 //

kamalanalah //

atha srngatakagunah //

srngatakah sonitapittahari laghuh saro vrsyatamo
visesat /
nr (tri)do(sa) tapatrayasosahanta ruciprado mehanadahahetuh // 30
//

atha varikaserukagunah //

hanty asrapittamarucim vamimohadaham trsnamadaklamaharam
madhuram ca sitam /
kanthasyasosahamanam guru raktapitte ksine ca pathyamati
varikaseri (ru)kam syat // 31 //

atha varjananyakandakirtanam //

balam hy anartavam jirnam viddham tu krmibhaksitam /
kandam ca varjayet sarvam yo va samyan na rohati // 32 //

atha kalingagunah //

sarvadosaharam hrdyam pathyam retovikarinam /
drstisukraksayakaram kalingam kaphavatajit // 33 //

// kalingam //

atha kusmandagunah //

vrsyam varnakaram balopajananam pittapaham vatajit*
mutraghataharam pramehasamanam krcchrasmarichedanam /
vinmutraglapanam (?) trsartisanam
ksinangapustipradam kusmandam pravaram vadanti
bhisajo valliphalanam punah // 34 //

mutravarodhasamano bahumutrakari krcchrasmariprasamano vinihanti
pittam /
pathyah samsonitasamubala (sasonitasamulbana) pitraroge
trsnapaham trisu samana (samam ta)m udaharanti // 35 //

athorvarukagunah //

e (u) rvarukam pittaharam susitam mutramayagham rucikarakam
ca /
susvadu dahopasamam prasastam pitte ca roge kapharogavarjyam // 36 //

valukani ca sarvani durjarani gujani (guruni) ca /
mandagnim ca prakurvanti raktapittakarani ca // 37 //

valuka bha- //

atha sindhani //

sindhani vatasamani vrsya madhurasitala /
raktapitte ca dahe ca pittartinam prasasyate // 38 //

sindhani bha- //

atha cillikamaciprabhrtinam gunah //

cipli (Ili) vastukavad hrghna (dya) samgrahi guruvatala /
kakamaci tridosagham cangeri kaphavatahrt // 39 //

vatahrd dipani pamji bharamgi nalicastakau (?) /
madhurai kaphapittaghna kausumbham sarvarogahrt // 40 //

mulakam dosakrc camam pakvam vatakaphapaham /
rajika pittala vatakaphagham tanduliyakah // 41 //

carsabhur vatapittaghni siddharthah kaphavatahrt /
krmipittakaphadvamsi dipanah kasamardakah // 42 //

karkotakam savartakam patolam karavellakam /
asta (kustha) mehajvarasvasakasamedahkaphapaham // 43 //

sarvadosaharam jñeyam kusmandam bastisodhanam /
rajakosatakitumbiphalam atyugrapittahrt // 44 //

trapusam vatalam vataslesmalam pittanasanam /
kalingam tucchakam vatapittahrc ca kaserukam // 45 //

atha sakasamskarakadravyanirupanam //

sumbi (sunthi) maricapipalyah kaphavatahara matah /
gulmasulavibandhaghno hingur vatakaphapaham // 45 //

pacani (yavani) dhanyakam jivam (bijam) vatapittakaphapaham /
sauvarcanam (lam) vibandhaghnam saindhavam ca tridosahrt // 47 //

etais tu samsrutam pakvam bhrstam vyañjanasaurabham /
peyadikam ca kampadin sarvadosan vyapohati // 48 //

// ity ayurvedamahodadhau susenakrte phalaskavargah //

// athedanim sikharini kathyate //

ardhadhakam suciraparyusitasya dadhnah
khandasya sodasa palani sasiprabhasya /
sarpih palam madhu palam maricam dvikarsam
sunthyah palardham api cardhapalam ceturnam (caturjatakasya) //

slaksne pate lalanaya mrdupanighrsta
karpuracurnasurabhikrtacarusamstha /
esa vrkodarakrta mu (su)rasa rasala casvadita bhagavata
madhusudanena // 2 //

trimsatpalani dadhnas ca tv agelardhapalam tatha /
madhvajyasya palardham ca (rdhardham) maricanam (caila)
palardhakam // 3 //

palany astau ca khandasya pate suddhe 'vadhara (gala)yet /
karpuravasite bhande chayayam sthapayed idam // 4 //

esa sikharinity ukta pradipta balavardhani /
ayuhpravardhani caiva sarvarogapramardani // 5 //

(nasa) sana syet trdrujasthauyam naranam sarvada hita /

// dvitiya sikharini //

kapitthamatulungailasarivardhaka (?) bijakaih /
sarkarasunthisamudramudgacurnaih susamyutaih //
sada pathya niyuñjayac ca (ddhadhva) ksine dehe ca pustida // 7 //

sujatam dadhni bhedam ca (niksiptam) vastre baddhva supiditam /
nanapusphalarambham kuryad dadhni manoharam // 8 //

suktam dadhirasam srestham tad dhrtam sodhite pate /
lavanena samam yuktya sikharinyamrtopama // 9 //

rasala sarvadosaghi raktapittanibarhani /

// anya sikharini //

sanmatulingasya dalam tv agelam saramgapippalyi sasamam (?)
sitaya sametam //

vyosac ca gadyanayugaprayuktam syad vartakam (?) drstisamam
sitavastrabaddham // 10 //

karpuravasac ca tathaiva pascad yuktya ca sammardma krta rasala /
esa krta sikharini surasa rasala susenadevena

rathasvahetoh // 11 //

asvadita sikharini paramesvarena dosams ca sarvan vinihanti
vogran /
pittasarakta (srguttha)n api hanti sarvan bhojyani sarvany api
jarayanti // 12 //

// amrtaprasasikharini //

narangam dadimam syat palamadhukayutam matulungasya toyam
draksatoyam samamsam gudadadhisahitam sarkarajajimisram /
(srestha panesu vrsya sita) srestho pade ca vrsyat
sama ricayuta saindhavair vapitam tan nispidya sarvam etat kuru
(racaya) sikharinam rajayogya yatas tah // 13 //

anyac ca /

matulungasitajajimaricardranagaraih /
karpurasahitair yuktya dadhiparyusitah samah // 14 //

rasam yogesu sarvesu badarasya samasya ca /
nagaram rasasammisram rasalaisamrtopama // 15 //

acche pate ca samghrsta raktapittanibarhini //

// candramrtasravini nama sikharini //

matulingakapitthamlatittidikamladadimaih /
sarkarasahitair yuktam dadhipistam sucau pate // 16 //

yojitam maricajajicaturjatakabhus trnaih /
bhukta cardrakasamyukta rasalamrtasambhava // 17 //

sarvarogaprasamani dahapittanibarhani /
raktodrekahari pathya sarvavatanulomani // 18 //

esa sikharini prokta susenena vinirmita /

// anyac ca //

agrya dadhigudajajinagarardrakayojita // 19 //
sucaturjataghrsta ca rasalaisamrtopama /
sarvakrcchraprasamani sarvatisaranasani // 20 //

pittodrekahari pathya pittatisaranasani /
susenadevena krta rasala hy amrtopama // 21 //

// iti susenakrte sikharinivargah //

atha vyañjanavargah //

hidgusanajajimahausadhani curnikrtani trigunam kramac
ca /

sadipyakam suranapusa (?) mamsarasaprayogesu ca nityam istam
// 1 //

yavanijirake tulye tayor dvgunasanam /

isatyusa (?) samayuktam tato vyañjanasaurabham // 2 //

sarvarogaharam pathyam vatadurnamanasanam /
sunthimaricapippalyah samam nagavicurnitah // 3 //

cavyacitrakakapitthasarayuktam susamskrtam /
saindhavena mamopetam takrapitam ca yatra cit // 4 //

etad vai vyañjanam srestham sarvavatanivaranam /
mahagulmaprasamanam susenena krtam nram // 5 //

sarvavatamaye sastam nram bhesajam uttamam /

// anyac ca //

maricam dipyakam sunthi cavyam citrakam eva ca // 6 //
pippalipippalimuladhanyakajaisaindhavam /
jirakam dadimam pathya camalam hrdyagandhakam // 7 //

etat kalpasamam misram paktva takre sapindake /
vataslesmahara hrnya parama rucivardhini // 8 //

amatisarasulaghni vatagulmanikrntani /
kasasvasahara cogra manda medayini (?) para /
ukta caiva sada pathya sottama kathina smrta // 10 //

kvathika (bha-) //

maricajaranasunthim pippalimulacavyam
dahanarucakadhanyam pippali saindhavam ca /
atrapakapitthasaram dadimikaji (?) himgur
yuvatikarasupakvam amalakyam sutakram // 11 //

harati pavanamadyam slesmadaham sakrcchram
arucijatharasulam camavatatisaram /
viditasakalavedyo vaidyarajah susenoh
viracayati kapitthavyañjanam rajagopyam // 12 //

// anyac ca //

trikatukam ajamoda saindhavam jirake dve
karamathitakapittham citrakam pippali ca /
samadhrtakrtacurne tatra samyojitavyam
kvathitam iha samanam yojitam ramathena // 13 //

krtalavanasudhanyam matulungasya saram
kaphapavanavikare sarvada vyañjanam syat /
vate 'gnimandye 'pi ca sulamandye murcham nigrhnati
cirapravrddham //
susenadevena krta rasala susaurabha rogaharapi pathya // 14 //

// iti srisusenakrte vyañjanavargah //

// idanim mamsagunah kathyante //

mamsam svadumatam varam subalakrt snehadhikam dehino nityam

dhatusu samyakrc ca kathitam tad varnakrd brmhanam //

bhuktam trptikaram ca kamakaranam vatadidosan haret tasmad
angikadosasantikrtaye bhujita mamsam sada // 1 //

atha lavamamsagunah //

lava himasvadukasayayukta vrsyagnikrt snigdhalati (?)

prahrdayah /

samgrahika vai katupacitas ca te samnipatesu hitah samastah
// 2 //

// lavarau (bha-) //

atha krsnatittirigunah //

isadgurusno madhuro 'tivrsyo medhagnisamvardhanakarakas ca /
balyo vihanyat sa kaphajvarams ca vatamayadyan sititittiris ca // 3
//

// krsnatittira (bha-) //

atha gauratittirih //

gauras tittiriko 'gnikrt kaphaharo rukso 'tipittapahah
slesmanam vinihanti caiva balavan raktam ca pittam jayet /

atha kapiñjalah //

so 'srkpittaharo 'tisitalalaghur balyo 'tivrsyah sada
vate syan mrdukusthahrt krmiharo mehamayadhvamsanah /
ksine retasi medasagnijananah kapiñjalah sasyate
vatasrgvilayam karoti tarasa pittamayadhvamsakah // 4 //

atha vartakagunah //

pandupramehapidikakrmisambhavesu rogesu vatabahulesu ca
sasyate ca /
vatasrapittakaphajan vinihanti kilan gulmagnimandyam arucim laghu
vartakam ca // 5 //

atha krakaropacakrikagunah //

laghus ca vrsya ca balopabrmhani hrdaya tatha krakarorucikriya
(sakarakaropacakrika) //

atha mayuramamsagunah //

kasayam katukativrsyajananam susvadu kepyam (kanthyam)
tatha

saksaram rucikarakam visaharam mandanaladhvamsakam /
(svaryam) svarye medhyam ativa hrstijananam srotrendriye
dardhyakrt

snigdhosnanilahasrapittasamanam mayuramamsam sada // 7 //

hemantakale sisire vasante sevyam hi mayuram usanti mamsam /

atha kukkutamamsagunah //

usnah svadutaro balasvarakaro vrsyah sada brmhanah
pake snigdhataro mahanilaharo medahkaphalasyakrt /
ayusyam kurute ksyesu visame mehe vamau sasyate
proktah kukkutako hi dosasamanah sarvamayadhvamsakah // 9 //

atha kapotadigunah //

kapotaparavatabhrngaraja jati kulingam grhagam pikas ca /
bhedasidimdisukasarivalukakhañjarita haritah
prasastah // 10 //

kasaya maruta ruksah phalahara marucarah /
pittaslesmaharah pitta (prokta) baddhamutralpavarcasah // 11 //

sada dosakaras tesam bhedasi maladusakah /
kasaya lavana himah kaphakara vrsyah sada durjara
vistambham janayanti mutrabahulam pittasyadhan kila /
amadhmanakaras tridosajanana mohasyavairasyakah
krcchragner balakarakah sramaharah daurgandhyadah slesmalah
// 12 //

ete pravrsi sevatah pratidinam dosavrajaghnah khalu /
akasagaminah sarve balya vrsyah sudurjarah // 13 //

kaulingagunah //

kaulingo madhuro 'tivrsyakaphakrcchukrasmarichedanah
pittasratiharo 'tisukrajananah snigdhasyamadhuryakrt /
balyo marutanasanah krmiharo varyas ca netramaye
durnamaprasami visesapavanadhvamsi sada durjarah // 14 //

gramyanam gunah //

gramya vataharah sarve brmhanah kaphapittalah /
madhura rasapakabhyam dipana balavardhanah // 15 //

kapotagunah //

kapotah syad gururatihimah snigdhamandah prakopi
slesma pitte pranayavijara jarjara cam cadanat [?] /
retahksine sramaharavarah krcchramutre nidaghe
mohe yojyah sa bhavati nram kayakari balaya // 16 //

atha jangalamasagunah //

jangalam vastidosaghnam guru pinasanasanam /
laghupakam na sitam ca natisnigdhamadahi ca // 17 //

athajavimamsagunah //

[natisitam guru snigdham mamsamajamadosalam]
sariradhatusamanyad anabhisyandi brmhanam /
brmhanam mamsasaurabhram pittaslesmavaham guru // 18 //

athainamamsagunah //

ainam mamsam ca hrdyam balakaram api tat pittaraktam nihanti
panduksine sadahe kaphapavanarujō nasayaty asu kilan /
plihanahau vibandham jvaraharanaparam medaso 'ntam karoti
retahksinesu yojyam rucikaranalaghu svasakasam chinatti // 19
//

medah pucchodbhavam syat kaphapavanaharam kantidam pustidam
syat vatasrk pittakrt syan madaharavisahrc chvasakasam chinatti
/

atha sasakamamsagunah

(balyam vi) balabhisyandi tat syat jvaraharanaparam
ksinaretahpradhanam sastam vatamayanam sasakajapisitam
hanti kusthamayams ca // 20 //

athaustradimamsagunah //

austram salavanam mamsam mamsam ekasaphodbhavam /
alpabhisyandi vargo 'yam jangalah samudahrtah // 21 //

duleh (?) jalapatani layadurapaniyagocarah /
ye mrgas ca vihangas ca mahabhisyandana matah // 22 //

atha vanacarinam gunah //

madhuryad guruvo 'tiruksadahanah sose madotthe vise
srestha mutrapurisala balakarah kasarsanasapradah /
vatam pittarujō haranti satatam snigdhas ca karsyapahah
sarve te vanacarinah kaphahara mehe hitah sarvada // 23 //

atha mamsanam gauravalaghavavicarah //

nadeya guravo madhye yasmāt puchasyacarinah /
saras tadagajanam tu visesat saraso laghuh // 24 //

aduragocara yasmāt tasmād utsoda padalah (?) /
kimcin muktah sirodese atyartham guravas tu te // 25 //

adhastad guravo jñeya matsyah sarasijah smrtah /
urovicaranas tesam purvam angam laghu smrtam // 26 //

sirah skandhah katih prstham saktini cama asayah /
guru purvam vijaniyad vatas tupathattaram (laghavas tu yathottaram)
// 27 //

sarvas ca praninam dehe madhyo gurur udahrtah /
purvabhago guruḥ pumsam adhobhagas tu yositam // 28 //

urogrivam vihanganam visesena guru smrtam /
paksyoksyē pasyamahrsto (?) madhyabhagas tu paksinam // 29
//

ativa mamsam ruksam ca vihanganam palasinam /
brmhanam mamsam atyartham khaganam pisitasinam // 30 //

matsyasinam pittakaram vataghnam dhanyacarinam /
janganupaga gramyah kravyadaikasaphas tatha // 31 //

prasaha bilavasas ca yathasamghatasamsitah (?) /
pratuda viskiras caiva laghavah syur yathottaram // 32 //

atha varahamamsagunah //

durnamaniladosaham krmiharam varahamamsam sada
snigdham svedanavrasyasitabalakrd hrdogasamvardhakam /
kasasvasaharam pramehasamanam hikkaniadhvamsakam
caksusya tu vidahi ca bhramaharam varahamamsam sada // 33 //

atha sankhakurmadigunah //

sankhakurmadayah svadurasapaka marutpradah /
snigdham sita hitah pitte varcakslesmavivardhanah // 34 //

krsnakarkatakas tesam balyah ko (so)sno 'nilapahah /
suklah sandhanakrtsrstavinmutro 'nilapittaha // 35 //

atha matsyagunah //

nadeya madhura matsya guravo mandyatapahah /
raktapittakarah sosna vrsyah snigdhalpavarcasah // 36 //

kasayanurasas tesam sisyah (sresthah) saivalabhojanah
/
rohito marutaharo natyartham pittakopanah // 37 //

matsya dvedha dudvapannedvambu (?) jatas tasmad purve pañcadha
kalpaniyah //
nadyah kaupah sarasa vaidyutotthas tadagotthas sagarotthas
tatha syuh // 38 //

atha rtubhedena matsyavisesanam hitatvam //

rtuh prabhai (rtau madhau) nirjharisu prajata
matsya hita grismartau ca caudyah /
tadagajah pravrsi sarva eva snigdha balistas ca srjanti
dosan // 39 //

sarady rtau nirjari (rjhara ?) jas ca kupaja hita hi matsyah
sisire 'bdhijatah //

(sisire sarasa matsya vasante hrdasambhavah /
grisme tu caudyaja matsyah pravrtkale tadagajah // 40
//

saradi nairjhara matsyah hemante kupasambhavah) satkulo
nadikavarto grahi laghutarah smrtah (?) /

atha sthananusarena matsyanam gunah //

saras tadagasambhutih snigdha svadurasa smrtah // 41 //
kausya vrsya vatahrcchlesmalas ca
gulmasthanahakusthapradah syuh /
tadagamatsyo gurubrhanayah tatha ca sito vrsado 'timutrah
/
tadagavannirjharajas ca medhya cattu (?) sthirayusyabalapadas ca
// 43 //

mama tadasru (mahasarassu) balinah svalpambhas svabala matah /
samudro gurur usnaruksamadurah slesmalo vataha syat
(slesmaghiko vataha)
sa snehabhivivardhano ba(la)karo vistambhakadhmanakrt /
pittodrekakaphatyayesu vihito medhyo 'tirdyah sada
vistambham janayec ca sitapavanavyapadam atyagratah // 44 //

tridosasamano hrdyah pittaghnah pavanapahah /
samudro rohitah sastah sarvarogesu dipanah // 45 //

samudra guravah snigdha madhura natipittalah /
usna vatahara vrsya varcasya slesmavardhanah // 46 //

balavaha visesena mamsasitra (tvat) t samudrajah /
samudrajebhyo nadeyah syur laghutvad gunottarah // 47 //

tato 'py atyanalatvac ca caudyakaupyau gunottarau /
snigdhatvat svadupakatvat tato vapy gunadhikah // 48 //

atha krakaradinam gunah //

vistambhadhmanamehaghnah krakarah kaphavatahrt /
medahslesmanilaharo hidhmadhmanavikaraha // 49 //

pravaro rohito matsyah pittaghnah pavanapahah / brmhano
vatasamano vataghno dipano laghuh // 50 /
matsyanam ca guruh srestho dipano vatanasanah /
rucipradah sukrakara asmaridosanasanah // 51 //

gurumatsyah //

srngi vatavinasano rucikaro vrsyah kaphaghno matah
kantako visado vrsanalakaro vate kaphe pujitah /
pathino balavrsyasukrajananah slesmakaro nityasah
tasmad rohitako hito balakaro vatatmakah slesmalah // 52 //

// iti matsyah //

// ity ayurvedamahodadhau susenakrte mamsavargah //

// idanim vyayamodvartanabhyangavidhigunah kathyante //

srinarayanatailacampakajapatailena canyena va
karyam mardanakovidaih ksitibhujam mallaih sada mardanam /
caturjatalavangakunkumanisamustasumamsibhavais
curno (rnaih) bhrstamasuramudgasahitair udvartanam karayet //

1 //

vataghnausadhasiddhena tailenabhyajya mardayet /
na ruksamardanam kuryat tad dhi vataprakopanam // 2 //

adhigatasukhanidrah suprasannendriyatma
sulaghuajatharavrttir bhuktayanktim dadhanah /
sramabharaparikhinnah snehasammarditangah
savanagurum upeyad bhupatir mardanaya (?) // 3 //

abhyangah sramavataha balakarah kayasya dardhyavahah
syad udvartanam angakantikaranam medahkaphalasyajit /
ayusyam hrdayaprasadi vapusah kanduklamacchardikrt
(chedakrt)
snanad eva yathartu sevitam idam sitair asitair jalaih // 4 //

atha vyayamagunah //

samarthyam sakalakriyasu laghutam angesu diptim param
agneh patavam indriyesu laghutam chedam param medasah /
utsaham manasah sariradrhatam santim balad vyapadam
cyayamah sisire vasantasamaye kuryad dhime sevitah // 5 //

atha vyayamavarjyoh //

vatamayah pittarujanvitas ca balo 'tivrddho 'pi krso
'tijirnah (py arjarni) /
mandanalah snigdharasannavarji vyamamakalesu vivarjaniyah // 6 //

sthalyam yathanavarantikrtayam asamhitayam na ca
sadhupakah /
anaptanidrasya tatha narendrah vyayamahinasya na canupakah // 7 //

atha padamardanagunah //

vatavyadhiharam kaphaprasamanam kantiprasadavaham
tvagvaivarnyavinasanam rucikaram sarvangadardhyapradam /
agner diptikaram balopajananam prasvedamedo 'paham
padbhayam mardanam adisanti munayah srestham sada praninam
// 8 //

atha padamardanavarjyah //

sukumarasya mandagneh kimcit ksinabalasya ca /
pittalasyapi no karyam kadacit padamardananam // 9 //

vyayamasvinnagatrasya padbhayam mardanitasya ca /
vyadhayo nopasarpanti vainateyam ivoragah // 10 //

suvarnavarnam kurute sariram drdhatvam ange ca dadati sadyah
/

sarvakriyalaghavam atanoti sammardanam mallavaraih krtam yat // 11
//

vatavyadhim jayati kurute /
sarvapate mama caisa sagras tasya sa eva samayah ksudhito padaiva // 12
//

yah ksaudhyalobhyabhavena kuryad aha ca bhojanam /
suptavyalam nilavyadhin dhyadin so 'nyatha yah prabodhatet // 13 //

yah kokavanyamadgakami sa naktam bhoktum arhati /
sambhokta vasareyas ca ratraur etas cakoravat (?) // 14 //

atha bhojananiyamah //

hrnnabhipadmasamkocas candarocer apayatah /
ato naktam na bhoktavyam vaidyavidyavidam varaih // 15 //

devarcam bhojanam nidram akase na prakalpayet /
nandhakare ca sandhyayam navitane nicketane // 16 //

bhuktau svade malotsarge yah sambadhasamakulah /
nihsankatvatyayat tasya kokanasyurmadapamah (?) //

vivarnasvinnavigandhivirasasthiti /
atijirnam asatmyam ca nadyad annam ca varitam // 18 //

bhuktva varjyani //

ka (bha) sakapotapayasayanavahabahupayah (hudakam) /
bhojananantaram sevyam na jatu hitam icchata // 19 //

bhojanavidhih //

hitam parimitam pakvam netranasarasapriyam /
pariksitam ca bhuñjita na drutam na vilambitam // 20 //

atyasanamadhyasanam
samanamasatam (samasanavisam asanam) ca samtyajyam /
kuryad yac choktasamanam
balajivitapesalam kramasah (?) // 21 //

bhojanakramah //

adau svadu snigdham tanmadhye lavalamalapu (lavanam amlam u)pabhojyam /
ruksam dravam ca pascan na ca bhukte bhaksayet kvacit kimcit // 22
//

agnes caturvidhyam //

madhus tikto (mandas tiksno) visamah
samas ca vahnis caturvidhah pumsam /
laghu mande gurus tiktam (tikсне)
tvad yad visame samam same 'py adyat // 23 //

atha bhojanasankhayaprastavah //

jiryaty annam sukham bhuktam ekavaram yad rchaya /
dvikalam api bhuñjita samagnis tv ardhamatraya // 24 //

kathinam durjaram yac ca yad vidahakam bhavet /
tat sarvam nisi varjyam syad dravam laghu ca silayet // 25 //

atha visadusitannapariksa //

dhvanksah svaran vikurute 'tra pikamtyakas ca (?) babhruh
sikhanditanayah prabhavet prahrstah / krauñcah pramodati
virauti ca tamracudah chardim sukah pratanute dahate kapis ca // 26
//

raktasvete cakorasya locane visadarsanat /
gatis ca laksi (skhalati) hamsasya liyante catra maksikah // 27 //

yatha lavanasamparkat sphutasphutati pavakah /
kesu (visa) dustannasamparkas tatha ca supratiyate // 28 //

maya susena krtam hitaya pranam prasadam tanayec ca (?)
sighram //

ity ayurvedamahodadhau susenakrte bhojanavidhivargah //

atha tambulagunah kathyante //

karpurakankolalavangapugajatiphalaair nagarakhandaparnaih /
sudhasmacurnam khadirasya saram kasturikacandanacurnamisram //
1 //

tambulam etat pravaram vadanti saubhagyadam kantisukhapradam ca /
arogyamedhasmrtibuddhivrdhim karoti vahner api dipanam ca // 2 //

anangasamdipanaabhavamadhye pradhanam etat samudaharanti / ato hi
sarvam(rve) sukhino manusya aharnisam pritikaram bhajante // 3 //

tambulapatrani haranti vatam pugiphalam hanti kaphaprasekam /
curnam nihanyat kaphavatam uccair hanyac ca pittam khadirasya
sarah // 4 //

ittham hi tambulam udaharanti dosatrayasyapi nivaranaya /
ato 'tra seveta narah kathañcid vicaksanah prakrtamanuso 'pi //
5 //

atha tambulavarjyah //

na netraroge na ca raktapitte ksate ca dipe na vise na sose /
madatyaye napi na mohamurchasvasesu tambulam usanti vaidyah // 5
//

atha tambulakalaniamah //

bhuktvanam salilam pitva bhuktva ca bahu bhojanam /
pratiksya ghatikam ekam tambulam bhaksayen narah // 6 //

atha jatiphalaagunah //

vasaslesmaprasamanam hradyam vahnes ca dipanam /
mukhavairasyaharanam sadyo bhuktavipacanam // 7 //

jatiphalam pacanam agnidipanam kaphapaham kantharujapaham ca

/

rasekaduh (prasekaha) srestham ajirnanase ajirnanamu (?) ca
pathyam etat // 8 //

kalika dipani rucya pake catitaram hima /
vatapittakaphan hanti jvaracchardinibarhani // 9 //

athailagunah //

eladvayam chardisu mutrakrcchre made ca vai pathyam arocake ca /

atha jatipatrigunah //
svaduh susita madhura ca pake arocakam hanti ca jatipatri // 10 //
atha kramukapakalanyamah //

tambulayogyam kramukam tu tajjña masatrayad urdhvam udaharanti /
mase vyatite tu bhavanti purnany ativa hradyani manoharani // 11 //

atha kramukatambulavisesanam gunavisesah //

sthulam kramukatambulam slesmalam krmivardhanam /
tadante suklavarnadyam slesmalam krminasanam // 12 //

atha karpuragunah //

tiksnosnah parinamasitalarah kandupramehapahah
nasasravajalapahah krmiharas trtsvasakasam jayet /
slesmaghnas ca galagrahapaharanah samsuptajihvagrajit
karpurah khalu dipyasaurabhagunah pittamayah sphatikah //

galagrahe suptajihve nana srava (nasasrava) jaladhike /
slesmamehakrmin hanti karpuras caksuso 'parah //
pramehatridvidahaghno laksmisaubhagyavardhanah // 16 //
atha kasturigunah //

kasturi saurabhadhya katukarasayuta ksaratikta kasaya
sokatopapahantri kaphapavanahara pittakrcceksusi ca /
cittaprollasahetur visamavisagan gatradaurgandhyahantri
ksuttrsnapittakopam prasamayati bhramam klaibyasosam
visam ca // 17 //

athanulepanavargah //

candanam raktapittaghnam dahamurchatisaranut /
sitalam slesmalam hradyam kimcid vataprakopanam // 18 //

pittasram harate sadahadavanam vyayadayattah (?) sada
murcchamohatrsavisaprasamanam durgandhinirnasanam /
kandukusthabhagandarasya sadanam murccham chinatti sphutam
meham krcchram api vyapohati sada durnamanirnasanam // 19 //

roganikavidha vyapohati sada mosasrayah (?) saurabhah //

malayadrirmohadosaghno raktapittanibarhanah /

murchasosaprasamanau vaktradaurgandhyanasanah // 20 //

sitam pittavinasanam samadhuram kimcit satiktam tatha
kandusophavisapaham krimiharam saubhagyakantipradam /
saugandhyam kurute kim apy abhinavam gatresu pustipradam
santosam vidadhati cetasi param snigdam ca trsnaharam /
rtusu samayajojyam candanam kunkumam va
mrgamadadhanalepah sevyate sarvadaiva /
suratakusumadamaspharakarpuracurno
vimaladhavalavasah sarvakalopayogyah // 22 //

// ity ayurvedamahodadhau susenakrte 'nulepanavargah //

athato vastragunah kathyante //

svetam dukulam vimalam kaphavatanulomanam /
yad va sutram ayam vastram tridosasamanam viduh // 1 //

susvetam tu dukulam atra balakrtpittaprasantipradam
ojodiptivivardhanam ratikaram marmatidahacchidam /
trsnadosavibhedanam dhrtikaram kantipradam slesmalam
ksaumam suklam ativa hrdayam amalam pittamayadhvamsakam // 2 //

mañjistham ca vidahi tat kaphaharam pathyam ca vatamaya-
dhvamsam carutaramsadaiva kurute slesmaprakopam jayet /
usnam sitavighatakam malaharam saslesmavatapaham
vidyagha (?) mayaharam mañjisthavastram sada // 3 //

// ity ayurvedamahodadhau susenakrte vastravargah samaptah //

// samaptayam susenakrtagranthah //

// srisambasadasivarpanam astu //

// subham bhavatu //

// srisarasvatyai namah //