



be suboptimal. For the sake of transparency the header of the legacy file is documented in the note element below:

"Buddhist Yoga manual"

Based on the edition by Dieter Schlingloff: Ein buddhistisches Yogalehrbuch. Berlin 1964 (Sanskrittexte aus den Turfanfunden, 7).

- ders., Ein buddhistisches Yogalehrbuch. Tafelband.

Berlin 1966 (Sanskrittexte aus den Turfanfunden, 7a). = YL

[Cf. D. Schlingloff: Ein buddhistisches Yogalehrbuch.

Unveränderter Nachdruck der Ausgabe von 1964

unter Beigabe aller seither bekannt gewordenen Fragmente,

hg. J.-U. Hartmann und H.-J. Röllicke. München 2006 (Buddhismus-Studien, 5.)]

With a supplement of later additions.

Input by Klaus Wille (Göttingen, Germany)

BOLD marks the actual line break in the manuscript

ITALICS for restored passages

{...} = comments

## Revisions:

- 2020-07-31: TEI encoding by mass conversion of GRETIL's Sanskrit corpus

# Text

yl 115v1 /// .uvana eva ///

2 /// .y. mane krtsnam jagat. ///

3 /// ta drsyante parittah ///

4 /// smasanam iva pasyati / ta ///

5 /// samcayapacayau bahuso gatva ni ///

6 /// nasagrac casya vaiduryadhvajo nirgatah ///

r2 /// duscaritacarinam purv. ///

3 /// vyamisra drsyante / ///

4 /// uddhatani ca marmany a ///

5 /// jivite casya pa ///

6 /// kaprthagjana ///

yl 116v3 /// yavat samudraparyantam mahaprthivim ///

4 /// samudraparyantayam sarvasatvam ///

5 /// uruh vipitakam / dvtiyav. /// {lies: urur vipitakam} 6 /// /

yathatmanam + + sarvasatva ///

r1 /// bakair iva citam sphutitada ///

2 /// satvanam ca prthivyam tannimagnam ///

3 /// paripavanavac chidrikrtam svam asrayam pasyati / ///







+++++ nam bhajane ca  
puryamane bhajanaparyanta +++++ 6 +++++  
+++++ / sukhapratismved  
asvasat sukhapratismved. +++++

yl 124r1 +++++  
asvasaprasvasa pravartante tadvad yogacarasrayah pra +++++  
++ 2 +++++ pritisamvedanayam / sabhogam  
sabhismskaram ca tasmim samaye cittam bhavati tesam ca  
ratnanam alokah s. +++++ 3 +++++  
+++++ sukhapratismvedanavahitacetasa-asrayam anantaparyanta +  
++ 4 +++++  
lasuryamandalani nimagnani drsyante / hrdaye pi +++++ 5 +++++  
+++++  
salakabhih dipavad vyutkarsanayogena pradi +++++ 6 +++++  
+++++ sukhapratismvedanayam sabhogam  
sabhismskaram ca tasmim samaye cittam bhavati /

yl 125v1 +++++  
+++++ / etany adhipatirupani punar asvasaprasvasa n. v.  
+ 2 +++++  
+ mandalaih sragdamabhir iva vyamisrah adho yavad  
vayumandalam 3 +++++  
+ + cittasamskarapratismvedanayam / sabhogam ca sabhismskaram  
tasmim 4 samaye cittam bhavati / +++++  
prasrabdhacittasamskaratayam / anabhogam anabhismskaram santam  
tasmim samaye cittam bhavati 5 +++++  
+++++ ca baladarakam saddantah sveto  
gajah agraha +++++ 6 +++++  
cittapratismvedanayam / +++++ pasyati bhramantam  
tamnivistadrstim ca pramudit. +++++

yl 125r1 +++++  
+++++ tas ca baladarakah prasvasatah ratna +++++ 2 +  
+++++  
cittabhipramodanayam / santarbahis ca tailapurnam samudram pasyati  
3 +++++ baladarakam  
asvasaparigrhitam antarnimajjanmanam pasyati /  
cittasamadhanatayam / 4 +++++  
baladarakam tarakoparacitena ca purusenoddhriyamanam psyati / +  
+ 5 +++++  
++ lam kutagaravastabdham svam asrayam pasyati cittam  
canuddhata ++ 6 ++ + cittavimocanatanayam / +++++  
+++++ samvartanyam iva krtsnam lokam  
visiryantam pasyati /

yl 126v1 anityanudarsanayam / +++++  
+++++ prahananudarsanayam / simham  
adityamandalopacitam ratnopacitair a + 2 +++++



bahihsamudre prasvasatah cittasamadanayam // ante cantahsamudre  
nimagnam samadhisukhasaktam pasyati / ulkasahasrani cantahsamudre  
3 nipatanti najvalanti kvathanti evam bahyasamudre /  
asvasaparigrhitah sa baladarakah antahsamudre nimajjati  
prasvasaparigrhitas ca bahih ante ca sphatikamayaih 4  
kutagaraih + + + +m pasyati / anekasataparivaram muktacitam  
tatah smrtisahiyo bhagavan utpadya pattam badhnati pandaram  
samantatas ca siraso muktahara 5 nirgacchanti pattena muktaharis  
ca + + + + + + ti / evam ananta lokadhata vah sphatikamayaih  
kutagaraih paripurna drsyante / tadantargatas ca buddha  
bhagavantah anekasataparivarah 6 tathaiva + + + + + + + + + + + + + +  
+ + + parivaram upaguhya tisthanti / vimuktipratisamvedanayam /  
tatah asvasaprasvasa vajracitah pravartante /

yl 128v1 lokam curnam visiryate / anityanupasyanayam // tatas  
trtiy. + + + + krtsnam lokam jvalayanti prahananupasyanayam /  
// tair eva jvalitaih kvathamam jagat krtsnam phenarasir iva  
davati 2 viraganupasyanayam // + + + + + .a yogacararayam + +  
+ + sitalajalaparisiktam iva uparamantam pasyati nirodhanupasyanayam  
// utthanakale muktacitah prasada utpadya 3 tatrantah muktacita  
evasrayah + bhagavams casya sirasi pattam badhnati / kathayati  
caivam anapanasmrtir bhavayitavya evam caisa bhavita  
suparipurna bhavati 4 devas ca krtsnam gaganam puryamanah  
pusparatnavarsam utsrjanti iyam pratyutpannanapanasmrtibhavana /  
anagatabhavanayam / nimnam pradesam pasyati muktacitam tadupari 5  
urupramana bhasura manayah adityamandaloparisthah  
tadadhirudho yogacarah atmanam pasyati / abhisambuddham  
caryamaitreyam anekasravakasahasraparivaram te ca bhiksavah kecid 6  
dirghatasamapanna drsyante kecid yavan nirodhanupasyanayam  
samapanna drsyante iyata anagatabhavanayam / yatranena  
bhavayitavya me tatkusalamulam bhavisyati / atitabhavanayam /

yl 128r1 pratilomam kasyapadivipasyiparyantam buddham  
saparivaram pasyati tatra catmanam iva kusalamulam bhavayantam  
pasyati / te ca bhagavantah uparyupari drsyante // evam iyam  
anapanasmrtih 2 saparikarma savisesa nispanna vaktavya /  
tasmad etac chrutva yogacaryaih yogacarais ca upadese bhavanayam  
ca na visadah kartavya iti / atah param anirakrtadhyayinam  
smrtyupasthananirvedhabhagiyasramanyaphalani 3  
sasambharalamkarany utpadyante // ato 'nantaram dhatuyogah  
yogasastropadisto 'nusartavyah iha tu prayogamatram  
darsayisyamah tathaiva 4 siladikrtaparikarmanah  
padangusthanakhavivare cittopanibaddhah karyah tato nakhavivaram  
makaramukham iva laksyate tena cittam pravesayati / yada 5 murdhanam  
urdhva + + + + + + + + + + + + + + avasthapayati / tadupari  
cittopanibandham karoti / tato mutodivat paripurnam nanaprakarair  
asucibhih svam asrayam pasyati / 6 tatra catvari mahabhutani + + +  
+ + + + + + + + ram pasyati / akasadhatuh





















sarvasatvan upaguhya tisthati / te ca satva  
muktasamrambhapraharanas tam eva pranamantiti / punar  
maitrasayasyaivayam anyo visesa utpadyate svam asrayam 4  
sarvamaranapratyayaih parivrtam pasyati / asrayac casya  
brahmano nirgatyā tam maranapratyayan udviksate tatah  
sarvamaranapratyayanirmuktam candramandaladhirudham 5  
candrasamkasam catmanam pasyati / tadvat sarvasatvanam  
maranapratyayam maranapanayanam pasyati / te ca satvah  
candramandalarasmya urdhvam + + + .asrayam pravisanti / sa ca  
cakravartyasrayam 6 sa ca brahmasrayam sa ca buddhasrayam  
buddhasraye brahmasrayo drsyate yavad yoginah asraye  
sarvasatvasrayah tatra bhagavam su + + + + + + + + +m  
prthivyam camkramati niksipte

yl 145v1 + + + + + + + + nirgatah tadrasapurnam simcati utksipte  
paryamkena nisannasya ksiravrkso murdhanirgato 'nantam  
lokadhatum spharitva tisthati / + + + + + + + + + + 2 + + + + + + +  
+ + satva nihsrtabhīh ksiradharabhīh siktamatra eva  
muktasamrambhapraharana maitraviharinam pranamanti / evam  
maitrasayasya + + + + + + + + + + 3 + + + + + + + + + + kuta eva bhagavato  
buddhasyete // punah maitrasayasyanantam paryantam satvasamudram  
abhimukhi bhavati / + + + + + + + + + + + 4 + + + + + + + + + +  
abhisekaiḥ simcyamano drsyate / evam  
suvarnanilapitalohitavadatarasabhisekaiḥ + + + + + sadrsah  
drsyate / + + + + + + 5 + + + + + + + + + + nihsrtabhīh dharabhīh  
siktah satvah tatsadrsa eva drsyante / tatah sauvarnam  
padmam dasadisah spharitva sarvasatvan upaguhya tisthati / samam  
ca tato + + 6 + + + + + + + + + + satvanam visesam pasyati /  
sarvasatvahitadhyasayapravrttā ity esa apramano maitriviharah  
asrayapramanataya apramana alambanapramanataya

yl 145r1 + + + .apramanataya punyaprasavapramanatayapramaneti  
krtaparikarmano maitrasayasya apramanapradanasthanantara+ + + +  
.upanibaddhacetasa cirakalam santam 2 + + + +  
sarvasatvahitadhyasayapravrttam cittam anuvartate tada dharanac ca  
cchatrapradese nilavarno nilamkuraparivaro manih utpadyate tadvat  
sarvasrotobhyah nilavarnanilamkuraparivara 3 manaya utpadyante  
tadvarnanihsrtanekarasadharasahasrani satvesu nipatanti /  
satvas ca pibanto drsyante tato manayo 'bhivrdhamaitrasayasya + + +  
+ + + + 4 + + + + + + + + + + adhastan nirgatah satvah parigrhya  
priyaikaputrakavat stanesu slesayanti tato 'bhivrdhamaitrasayasya +  
+ + + + + + + + + + + 5 + + + + + + + + + + krtsnam lokam spharitva  
tisthati / tato 'stau mahanarakan sodasotsadamahaparivaram  
saha sitanarakais tiryakpretamanusyams ca apanitas. + + + + + + + + + +  
+ + + 6 + + + + + yogacarasrayam parisandadhirudham  
pasyati / tadupari sat kamavacaram devam rupavacarams ca  
caturdhyanopapannam sthanantarapari + + + + + + + + + + +

yl 146v1 ti / sarvaparilandani sauvarnakutagaraparivaritani  
tadantargatams ca buddham bhagavatah tejodhatusamapannam pasyati  
uparimams ca parisandam snigdha + + + + + + + + + + 2 sarvatra  
.a .i + + + + + purayitva kamcanacakre nipatita yavad  
aghanistham sthanantaram apurya tisthanti  
snigdhasuvarnarasam samudranimagha + + + + + + + + + + + 3 ya  
parisandam ku + + + + tair buddhavapurdharibhih abhisamksipte  
casmim nilalohitavadatam samapadyabhinirharati / + + + + + + + + + +  
+ vitaraganam 4 tribhih rupaih pravartate  
adhipativibhaganisyandarupaih avitaraganam ekena  
adhipatirupenaiva tatah kutagara + + + + + + + + + + + + + + + + +  
parisandah 5 yogacarasrayesu yogacarasrayo  
'bhisamksiptah yathapaurano 'vastisthate ity eso 'parah  
apramano maitriviharah asrayapramanatayalambanapramanataya  
+ + + apramanataya 6 punyaprasavapramanatayapramaneti  
vyutthitasyapi nisyandam anuvartate asrayam anantaraparyantam  
sauvarnaguham +

yl 146r1 pannam adhah kamcanacakre pratisthitam nanaratnacetih  
padmair nisannair urdhvad aghanisthaparyantam tiryakto  
'nantaparyantah sauvarna guha pari + + + + + + + + + + + + + + + + + 2  
padmesu satva nisannas tejodhatusamapanna buddhavapurdharino  
drsyante madhye canantabhasuram nanaratnacetim sahasraracakram  
tadvat sa + 3 m  
indranilapadmaragasphatikavarne sarvah esa eva kramah tato yugapac  
caturvarnabhisekah caturvarnapadma gu +  
+ 4 s caturvarnapadmah / tadadhirudhas caturvarna buddha  
bhagavantah prabhahir lokam avabhasya tisthantity etavan  
maitrabhiseka + + + + + + + adhas ca lokam apurya 5 urdhvam ca /  
suvarnavarnacaturvarnamaitrabhisekas ca / tadrasaparipurnah  
parvatah tasmac catvarah pravahah kacaparibhih sariram  
purayanti suvarna +  
tato bhrumadhyadhar nimnapradesat ksirapravaho nirgatya  
prthivimandalam bhitva apayaganam satvanam  
sarvaduhyakhopasamam krtva yavad vayumandalam bhitva parivartya  
nabhyam

yl 147v1 pravisya murdhna nirgatya yavad aghanistham gatva  
parivartya kamaruparupyavacaradevaparivrtto murdhna pravisati / punas  
tata eva sthanam nihsrto nabhyas ca sthitim apurayati / adau  
gulakad 2 vicchidyate / tato nabhyah / nabhiparyantanimagnam  
catmanam pasyati nabhinihsrtas ca devah sthitim apurya  
tisthanti hrdaye ca ksirapuskirini tammagnam naksatram  
maitrasayaparigrhitasya adhipatirupam / 3 tammirjatam amrtarasam  
ivendrayudhavarha stri nirmalena bhajanena grhitva dasadisah  
aksipyca sarvan satvam parena sukhena samyojayati 4 maitri  
sthitim apurayati tato nirudhyata iti vyutthanam / // yogavinyasa  
yogalamkara uktas ca visesas ta eva sa + + + + .ai + + + + +

nirakaraniyo + sarvavyapada 5 + + + .anusamsas cotpadyante / yad  
uta sukham svapiti sukham pratibudhyate suptam enam devata raksanti  
/ na ca papakam svapnam pasyati kramati na visam na sastram kaye  
+ 6 + + + + + + + + + + + h priyo devamanusyanam brahmana ca  
prasamsitah anagamiphalam prapnoty uttare capratividhya  
brahmalokasya svabhavatayam upagacchati // krodhapratipaksanantaram / {zu  
v4-6 cf. sht 620 und sht iv p. 339}

yl 147r1 parasukhahitapanayanakaranaviskaranartham /  
vyapadapratipaksanantaram vyapadanisyanda  
vihimsaviskaranartham / + + + + + + + + 2 pratipaksanantaram + +  
+ + dakaranapratipaksaviskaranartham / karunaprayoganirdesah  
kriyate / atha kimsvabhava karuna tad ucyate / + + + + + + + + 3  
sapatipakseti / sa tu sanuparivarta sasamprayoga parigrhyamana  
kamavacara catuhschandhasvabhava / rupavacara pamcaskandhasvabhava  
/ asraye 4 kamasraya / alambane kamadhatvalambana / bhumitah  
saptabhauma / kamadhatu anagamye catursu dhyanesu dhyantare ca /  
+ + .ityadi // tatprayogah adhimatradhimatram 5 mitram + + +  
.asubhamalinavasana krpanam krsnam anupraptam  
vivrtaviniguhyadvesabhayasokavisadaratimatsaryersyapa + .t.h  
casya drstva param karunyam utpadyate 6 evam madhyam mrdum  
tadvad udasinam mrdumadhyadhimatram camitram kramasah tad  
anekasariramanasaih dukhair upahatam drstva karunyam  
utpadyate / tato 'sya karunartasya

yl 148v1 bhruvor madhye krsnataptam pitakam utpadyate / + + + + + + +  
+ + + + + + + + + + + murdho nihsrta stri ksiradharabhiih sariram  
avasimcati yavad vedanopasamyati tasmac charirat 2  
ksiradharabhiih sarvasatvasamudrah plavyate / tato nasyamanam  
sarvasatvanam sariramanasadukham pasyati / punas tathaiva  
karuna + + + + ravahitacetah sariramanasai 3 rogair upahatah  
sarvasatvah avir bhavanti / sarirais caturuttarais caturbhiih  
rogasataih manasais castottaraih 'stabhiih rogasataih  
drstva casya karuna bhavati / tadadhipatirupam / 4 hrdaye stri  
suvarnabha avadatavastrapravrta utpadyate / utpanna yoginam  
protsahayati / + + + + karyah aham te sarvaparahitakarane 5  
sarvanukulam sahayam karisyamiti tatah karunadhipatirupam  
hrdayan nirgatah aghanistham krsnam gaganam abhrakuta iva  
spharitva sarvasariradukhapratipaksabha 6 +  
sarvopakaranavrstim mumcati manasanam roganam + + + + + +  
+ + + + + + + + + + + + + + gam viskambhayati /  
ubhayahastangulinihsrtabhiih astamgopetabhiih

yl 148r1 saliladharabhir avasesam manasam dukham ah. + + + + + + +  
+ + + .e + + + + + + + + .r. + medhya sa g. r. + + + m. mukh. + ti /  
tathaiva ca hrdayastha karuna 2 protsahayaty uddhara snapaya cainam  
satvan iti / sa tam satvan uddharati snapayati ca + + + + + .  
vasyadhastan nirgatya satvam s. + + + + + brahmais ca gaganam





yl 151r1 sapattasuvanamalavabaddha sainam protsahayati / tvam api  
 tavat. + r. ++ tatah sav atmanam pranamya bodhaya pranidhanam  
 karoti vyutthitasya casya pranidhana 2 + + + + + + + + +h  
 sarvasatvopari patati / tac ca drstva samjatapritipramodya + + + +  
 + + + + + + + nirgatya krtsnam satvasamudram upaguhya tisthanti / 3  
 kramena + + + + + + + + buddhan anekasahasraparivaran nirupadhisese  
 nirvanadhatau pravisatah pasyati iyam apara karunasthitih //  
 punah 4 karunasayasya bhruvivara upanibaddhacetatas chidram utpadyate /  
 tatra bhagavantam + + + + + pasyati / tamnihsrtair alokair lokam  
 avabhasitam pasyati / 5 + + + + + + + + + samudram sa + + + + + + + + +  
 + + + + + + + kamcanacakre +  
 nagarabhavanodyanani pasyati tam 6 +  
 + + + + + + + brahma grhitasuvarnabhajana +  
 nihsrta candramandalasamkasa nadi

yl 152v1 asrayam purayati / + + + + + + + + + eva pravahah adho yavad  
 vayumandalam urdhvam yavac caturtham dhyanam iti tadvarnam  
 evavasthapyā punar murdhna pravisya bhruvivaram nirgato dvitiyas ca 2  
 nabhyah sthitim apurayati + + + + + racitais ca buddhasrayaih  
 sthitih purna drsyate / tato hamsarathadhirudhah brahma  
 pradurbhavati / daksine casya parsve sauvarnena padmam vame  
 nilabham / 3 tato bhagavam cchuddhavasadevaparivrtto daksine  
 padmakarnikayam nisidati suddhavasas ca devah patresu  
 aryamaitreyah bodhisatvaganaparivrtah vame parsve 4  
 padmakarnikayam nisidati bodhisatva patresu / tatah  
 karunaviharinah samjataprasadasya padamule padmam utpadyate / sa  
 bhagavatpadayoh pranamya kathayati / 5 bhagavam syam aham anagate  
 'dhvani sarvasatvaparinyake / sarvasatvavyadhinam apaharta  
 samyaksambuddha iti tato 'sya bhagavam panina murdhanam  
 paramrsati / kathayati ca putraka 6 bhavisyasi tvam anagate 'dhvani  
 sarvasatvavyadhinam apaharta samyaksambuddha iti / tato deva  
 hrstah krtsnam gaganam spharitva + + + + + pusparatnavarsam  
 utsrjanti / sthityupari nisannanam

yl 152 r1 ca buddhanam sarvasrotobhyo ratnavrksah nirgacchanti /  
 tadadhirudhah samyaksambuddhas candra mandalacita yavad  
 aghanistham devan iti tamnabhinihsrtabhis  
 candramandalasamkasabhir nadibhir 2 yogacarasrayam apuryate /  
 tato bhagavam cchuddhavasadevaparivrtta aryamaitreyo  
 bodhisatvaganaparivrtah urdhvam yathagata abhiruhanti sa ca  
 prasadjatah ratnani puspani ca ksiptani 3 devaih parigavesate  
 / iyam apara karunasthitih ante ca sarvam nabhyam jñeyam  
 nirudhyate / buddhas ca padmadhirudhah kaye 'ntargata drsyanta  
 iti vyutthanam / evam 4 asya saparikarma savisesa karuna nispanna  
 vaktavya / atah param idanim aparopatapibhavah  
 ksantisauratyamardavamrdutve parakaryavyasanitvam sauhrdam amgani  
 5 karunayah ebhi + + + + + grhita karuna punahpunar arabhyamana  
 mahakarunavahika bhavatiti // karunanantaram mudita nirdista

bhagavata / atas tatsamarthyam 6 + .e + + + + + + + + + kimartham  
punah karunanantaram muditanirdesas tad ucyate  
vihimsapratipaksanantaram irsyaratipratipaksaviskaranartham  
/ paradhukhapritipratipaksanantaram

yl 153v1 va parasukhapritipratipaksaviskaranartham /  
nirvidakaramanasikaranantaram va  
pramodyakaranukulamanasikaradyotanartham /  
dukkhitapanayanayasayamanasikaranantaram 2 va  
hitasukhanumodanasayamanasikaradyotanartham / atha kimsvabhava mudita  
tad ucyate / saumanasyeti sa svabhava sa tu sanuparivarta sasamprayoga  
3 parigrhyamana / kamavacara catuhsandhasvabhava / rupavacara  
pamcaskandhasvabhava / asraye kamadhatvasraya / alambane  
kamadhatvalambana / bhumitah 4 kamadhatau dhyanaadvaye ca tatra  
saumanasyam dvayasadbhavam // tatprayogah adhimatradhimatrasya  
mitrasya sukhena prito bhavati evam madhyasya mrdunah udasinasya evam  
5 adhimatrasyamitrasya sukhena prito bhavati tato muditopanibaddhacetasa  
ebhah prakaraih satvan adhimucyamanasya hrdaye padmini pradurbhavati  
/ suvarnavalukastirna 6 suvarnapadmaih vaiduryanadaih  
ratnacetih purna tadadhirudham satvan  
sarvalamkaravibhusitam pramuditam pasyati / tadvat  
krtsnayam prthivyam drstva casya priti utpadyate /  
anumodanakaras

yl 153r1 ca modantu bata satva iti / punar muditaprayogavahitacetaso  
nanasukhasamarpitah satvasamudrah abhimukhi bhavati /  
cakravartisadsabhir vibhusitabhih 2 + + + drsyante hrdayac  
casya sauvarno dhvaja utpadyate + + + + + + + na sa ca murdhna  
nirgatah krtsnam lokam spharitva sarvopakaranavarsam ante ca  
ratnavarsam muñcati / tena ca 3 satva buddhadharmasamghesu karam  
kurvanti hrdaye 'sya suvarnabha stri pramuditotpadyate  
muditadhipatirupam sainam samutkarsayati sadhu sadhu sobhanam idam  
arabdham / 4 evam iva satva ihaloke paraloke sukhenanugrhitah /  
yavat paranirmitavasavartidevam sukhena sukhitam drstva priti  
utpadyate / anumodanakaras ca 5 modantu bata satva iti / tatsamantaram  
anagatena sukhena sukhitam satvam pasyati / tato 'sya brahmasadsam  
asrayam utpadyate / sarvasrotobhyas ca suvarnabhani candramandalani  
6 nanaratnacetih nirgacchanti tatrathirudham satvam  
tatsadsavarnan ratnakutagarair ivopagudham pasyati / tadvad  
anantam lokam dvitiye dhyane / evam eva nilavarno dhatuh  
sarvesam / tac ca

yl 154v1 + + + + + .utpadyate / anu + + + + + + + + + +  
dyananubhavadarsanam vitaraganam adhipativibhaganisyandarupair  
veditavyam / + + + + + + + + + + + + + 2 + + + + + nubhavana eva naya + + +  
+ + + manasikaraprayuktasyaikasmim bhage manusyalokam devams ca  
pasyati dvitiye bhage + + + + + + + + + + + 3 + + + + + +  
samparamena cittadamopasamena samanvagatam candradityasamabhasam





+++++ 6 +++++ rasmibhir  
visphulimgabhih istavisayan upahanti caksurdvarena +++++  
+++++

yl 157r1 srotradvarena +++ ghrnadvarena ++++  
jihvadvarena ksuranam / kayadvarena saktinam / nadya +++++  
+++++ 2 ++++++  
pi + utpadyate tannihsrtabhih rasmibhih indriyani ++++++  
+++++ 3 ++++++ rasmikalapam  
grhitva smrtinimittam ++++++  
+++ 4 ++++++ .yabhimukhi bhavanti ayatanadvarany a  
+++++ anunayas ca duri bhavati / 5 ++++++  
+++++ masya triprakarasya visayesupeksha ++++++  
+++++ bhavati / tato 'sya visayasa 6 ++++++  
+++++ nam anistesu dvisyamanam tadubhaya .i ++++++  
+++++ visayopeksam upasamharati

yl 158v1 tadapeksadosanasaya tatah stri anantaparyantam adarsam  
grhitvaikaikasya satvasyagratah tisthati / ++++++  
visayebhyah upeksha pratilabhante / yatha 2 suparivaritam  
caikaikam satvam paryamkena nisannam pasyati / iti  
visayopeksha / vedayitopeksha katara / ++++++ triprakarayah  
vedanayah adhipatirupam utpadyate / 3 yathoktam  
vedanaskandhpariksayam tatra duhkhasukhayam vedanayam  
udakavarnam budbudam u +++++ .utpadyate pasyatas casya upeksha  
samtisthate duhkhasukhayam 4 pidyamanasya dvesam utpadyate  
tatrasyatita janmaparamparabhimukhi bhavati tatanena ++++  
dukhkhaih piditah ghatitas ca anagata ca  
janmaparamparabhimukhi bhavati / 5 dvesasamudacaradosadarsanat  
ksiptasivisadisuv drstva casya ++++++  
.aparaddhah anagata .a .am dosah iti duhkhasukhayam 6 vedanayam  
upeksha samtisthate pratighas ca duri bhavati / tatkrta ca  
dosh vyavartate sukhayam vedanayam sukhitasya raga utpadyate /  
tatratitam janmaparamparam abhimukhi karoti

yl 158r1 tatanena sukhavedanasvadavasat duscavitam samutthapitam  
apayesu duhkham anubhutam / ++++++ pravartamanam  
c. d. + ksanam urdhvam anavasthayinim 2 pasyati drstva casya  
sukhayam vedanayam upeksha samtisthati nisparid. ++++++  
+++++ .y. satvasamudram abhimukhi bhavati 3 sa tesam  
vedayitopeksam upasamharati / tadapeksadosanasaya tato  
vaiduryastambhamahaprasada utpadyate yatra te satva triprakarasya  
vedayitadhyavasanasadinavam 4 drstva kramasah upeksha  
pratilabhante tata eva sa vaiduryastambhanihsrtaih pattais  
tadvarnais ca kutagarair avacchadita drsyante /  
ratnaprasadantargatam 5 vedayitam triprakaram pariksamana  
drsyante iti vedayitopeksha // balacaritaratyupeksha katara /  
tatrasyatitajanmaparamparabhimukhi bhavati / ihajanmikam

anyajanmikam 6 ca caritam pasyati / ihajanmani  
maithunayuddhakarananiriksanaabhiratah anyajanmani ca + + + + + + + +  
+ + + + + + + + + l. + nas vaisvabhutena ragadvesamohavasada

yl 159v1 duscaram samutthapitam apayesu ca dukkham anubhutam evam  
anantaparyantam janmaparamparam apayesu aksiptam pasyati tato  
hryavatrasyadhipatirupam utpadyate avadatavastrapravrtta 2 stri  
purusa ca hrih klesebhyo lajjati avatrasyam duscarambhyah hrih  
duscarambhyah avatrasyam duscaramphalat / drstva casya para  
hrih utpadyate / balacaritaratibhyah 3 copeksha samtisthate / tato  
'sya balacaritakrida + + satvasamudram abhimukhi bhavati / sa tesam  
balacaritaratyupeksam upasamharati tadapeksadosanasaya 4 tato  
bhagavan utpadyate tamnihsrtais calokaih satva avabhasitah .r  
.v. + + + + + + + + + upeksha pratilabhante sarvasatvah samvignas  
ca bhagavato 5 'ntike gacchanti pravrajyam api yacante / bhagavams  
caihikisukaya pravrajayati te pravrajita nisklesa + + + + + + + +  
vrksamulesu kutika mapitah te punah 6 satvah paryamkena  
nisanna upeksha tisthanti / balacaritaratyupeksha //  
bhavamgopeksha katara / pratityasamutpadam pariksamanasya  
dvadasamgam pratityasamutpadacakram

yl 159r1 samskarasamtanikam traidhatukam karmaklesavabaddham  
bhramantam abhimukhi bhavati drstva casya vaimukhyam utpadyate /  
tatah simhasanadhirudha astau buddhapratimah  
aryastamgasya margasyadhipatirupam 2 utpadyante /  
tammukhanihsrtair indrayudhair avidyadhipatirupam abhyahatam  
nirudhyate vicakri bhavati ca dvadasamgam pratityasamutpadacakram  
akasanibhah 3 kutagarair avastabhyante yogacarasraya upar. +  
+ + + + .i + .e + + + + + + + + + + + ham casya tasmim samaye  
cittam bhavati tato 4 'sya dvadasamgapratityasamutpadacakram  
parasparakarmaklesavabaddham satvasamudram abhimukhi bhavati / sa  
tesam bhavamgopeksha upasamharati tadapeksadosanasaya / 5  
tato bhagavan utpadyate / grhitacandramandalah tatraikaikasah  
satvanam esa eva pariksa kramasah + + + + + + + .e .am utpadyate /  
tato bhagavammukhanihsrtair indrayudhair vajrakaraih  
sarvavidyadhipatirupani parahatani nirudhyante / vicakri bhavanti /  
sarvasatvanam dvadasamgam pratityasamutpadacakrah tathaiva  
cakasanibhah

yl 160v1 kutagarair avastabhyante / iti bhavamgopeksha /  
atmaparikalpopeksha katama / ihasya  
saddhatupariksanaukulartham goghatah grhitasastra  
utpadyate / sa gam vadhayitva 2 taccarmani sad bilam bhagasah  
pratyaveksate / tato yogino nabhyah sastram nirgacchati / yoginas  
casrayam sad bilam bhagasah taccarmany avasthapayati /  
daksinam + + + + prthividhatuh 3 sthirataratvat / vamam  
abdhatuh durbalataratvat / daksino bahuh vayudhatuh  
sthirataratvat / vama tejodhatuh + + + + + + + + + .at / tenaiva 4

ca karanena vamaparsvasayinam sigrataram jiryate madhyamam  
gandam akasadhatuh susirataratvat / sakalam mukham  
vijñanadhatoh + + + + + + + + 5 yapravrtteh tato  
yogacarasrayanihsrtani sastrani tadvad eva saddhatuvibhagena  
krtsnam satvasamudram avasthapayanti asatvakhyam ca  
pamcadhatuvibhagena hastabhyam ekaikasas 6 tam dhatum tulayati /  
te samam tulyante tatah kathayati / ayam api prthividhatur ayam api  
prthividhatuh ayam apy abdhatur evam yavad vijñanadhatuh / ayam  
apy atmatmiyavirahitah

yl 160r1 ayam apy atmatmiyavirahitah tato + + + ya saddhatu  
sadbilani nirvidagnina jvalanti tadanye ca satva + + + + + + + + + +  
+ + + 2 sarvasatvasatvakhyani saddhatumandalany avasisyante  
tato bhagaso hastabhyam satvakhyams casatvakhyams ca tulayati  
/ ayam api prthividhatur ity evamadi purvavat / tatah  
saddhatumandalaih 3 lokam purnam pasyati akasac ca  
tailaharah patitah sarvani mandalani kampanyanti  
abhisamksipyante ca tani ya + + .i + + + + + + + + 4 yamukta  
nasyamana drsyante / tato bindubhyah saddhatumayam asrayam  
nirvartate pradipahasta ca stri prajñadhipatirupam pranasitam  
asrayam sunyam atmatmiyavirahitam 5 dhatumatrakam idam iti  
prakasayati / tatra canta rasiyogenasiti krimikulasahasrani  
drsyante / evam caturuttaram rogasatam  
mahabhutasivisaparipurna + + + + + 6 rnam dvare dvare ca  
skandhapamcakam pravartamanam payati tadadhipatirupani  
skandhaprayoge vibhaktani evam sarvasatvam prakasayati tatah  
sarvasatvasatvakhyam lokam + + + +

yl 161v1 muktam pasyati / sa evam vicitrasamskaragatam  
hetupratyayadhinam atmatmiyavirahitam gatipamcake bhramantam  
susiksitanatam iva vicitram vesavisesam kurvantam pasyati  
drstva casya samskaresupeksa 2 utpadyate tato 'sya  
sphatikamayair abhrakutaih kayam avastabhyate / muhurtac ca  
sphatikakutagarantargatam atmanam pasyati tato hrdaye stri  
avadatavarna avadatavastrapravrtta 3 paryamkena  
nisannanabhogavasthita upeksadhipatirupam sambhavati / tato  
'syannabhogavasthitasya + + + + + + + + + + .i + 4 evam  
udakasamksobhah agnisamksobhah vayusamksobhah  
yathasamvartanisuvam svajanmavinamasam ante + + + + + + + + + + + + +  
+ + + + + + + 5 m. maitranusarena upeksa samtisthate / na  
nairghrnyadosat / evam casyopeksakasya viharatah sa + + +  
satvasamudram abhimukhi bhavati sa tesam atmaparikalpopeksam  
upasamharati / 6 tadapeksadosanasaya / tadupasamharahetos ca  
bhagavan utpadya svasariranihsrtaih + + + + + + + + + + + + + + + + + + +  
+ + + + + + + +

yl 161r1 tesam tathaiuopeksa samtisthate sphatikasamayais ca  
abhrakutair avastabhyante / tathaiva





vajrasanesv adityamandalani / tesu buddha bhagavantah  
laksananuvyamjanavirajitasrayah dha + + + + + + + + + + 4  
daksine bahupradese pamca sveta gaja  
adityamandalacitasrayah tadhitudhah pamca buddha tadvarna  
adityamandalacita eva pamcanam balanam adhipatirupam / 5 cibuke  
ca catvari ratnamandalani / tadantargatah simhasanadhirudha  
buddhah satvebhyo dharmam desayanti vaisaradyanam adhipatirupam /  
avenikanam smrtiyupasthananam 6 trayah purusa  
grhitayudhas tailabhajanahasta drsyante / mahakarunaya  
akasavarna stri hrdaye + + + + + + + + + + anugrahenai + + + +  
+ +

yl 165r1 + + + buddhasrayesu dharmasariram drsyate /  
tajjanmadharmasariranihsrtabhiih prabhabhir lokam spharitva  
tisthanti / tato buddha bhagavanta adityamandalesu pravisanti /  
tani vajrasanesu 2 tani bhajanesu tani smrtinimittesu  
smrtinimittam yogacaramurdhani / abhisekakale te + + + + pravahah  
+ + spharitva tisthati sa ca pravilinah tadasrayam 3 murdhnas  
cchidrena purayati tata eva ca nihsrtai ratnapravahah darsanam  
datva lalata + + + + + + + + + + + kramena yavat saha  
nabhinihsrtena 4 pravahena misribhutih sthitim apurayati  
ratnamayi ca sthiti drsyate buddha + + + + + + + h  
ratnakutagarai + + + + + + + + + + + 5 + + + + + + + + + + ante  
nabhyam nirudhyate jñeyam iti vyutthanam / // dharmanusmrtih katara  
/ iharyasravako dharmam akaratah samanumarati / svakhyato bhagavato 6  
dharmah samdrstiko nirjvara akalikah aupanayikah  
ehipasyikah pratyatmavedaniyo vijñaiih tasyaivam dharmam akaratah  
samanumaratah + + + + + + + + + +

yl 166v1 sah krtsno lokah tirthyasastrani pathams tadvad  
vacayam cchrnvams ca drsyate / tadvacanau + + + satva  
yadbhuyasapayesupapadyante / tato bhagavan utpadya dharmam 2 desayati  
tato lokah samketikena sasanena + + + + + sutravinyabhidharmam  
patham vacayam cchrnvams ca tadanantaram  
paramarthikasaddharma + + + + + 3 asubhadiprayogena pravistasya  
smrtiyupasthanadinam bodhipaksyanam darsanam utpadyate / tatra  
caturnam smrtiyupasthananam catvarah simhah + + + + + + 4  
na pitavarnas tatsadrsas catvaro buddhah simhanadena  
krtsnam lokam apurayanti / caturnam samyakprahananam + + + +  
+ + + + + + + 5 tadadhirudhah catvarah + + + + + + + caturnam  
rddhipadanam catvari vaiduryasopanani + + + + + .ani /  
pamcanam indriyanam pamca + + + + + pamcanam balanam 6  
pamca vajramaya hastinah saptanam bodhyamganam sapta + + + + +  
buddhah tammurdhasu saptadityamandalani /  
saptadityamandaladhirudha + + + + + + + + + +

yl 166r1 ni / astamgasya margasya + + + + + + + + + + + .t.  
cadharottaravibhagena dharmarajika ivavasthitah loka + + + + + + + + + +



+++++.adhipatirupam /  
muktamayi stri + 3 ++++++  
+++++ tisthanti / sa ca stri ratnapuspam +++++ 4 +  
+++++  
ksiraparipurnam utpadyate +++++ 5 ++++++  
+++++ m / tani  
camkurani +++++ 6 ++++++  
+++++.e +++++.e ++++++

yl 168r1 ++++++  
+++++ utpadyate / dasamkura +++++ 2 ++++++  
+++++  
+ nadyah sauvarnaratnacita +++++ 3 ++++++  
+++++ nisanna dryante /  
upasampa +++++ 4 ++++++  
+++++ lalatesu nilabhani candramandala + 5 + + +  
+++++  
+++++ puspakalapa nihsrtah pravahah 6 ++++++  
+++++  
+ + tisthati / tada smrtisamprajanyasampaddvayam

yl 169v1 pratilabhate / tadadhipatirupam / vaiduryamayi stri  
sarvasatvasatvakhya + + .v. + + n. smrtiyah samprajanyasya ca  
purusah + + + .olkahastah hrdaye casyadityamandalam / 2  
tadavabhasitam satvasatvakhyam eva sarvam vastu yato 'sau samvaram  
pratilabhate satvasatvakhyebhys ca gandharatnapuspa + + + .y.h  
samtane 'sya sarveryapathesu 3 sarvakalam pravartate /  
pratimokksamvaravijñaptipunyaśrotasah adhipatirupam /  
sauvarnaratnacitarathadhirudham brahmanam pasyati  
ratnacchatrena .i + + 4 nilabham candramandalacitam ca pattam  
sirasi baddham pasyati / etac carhatvavisesabijam /  
sarvopasampannam eva + + + + sya ca purvapratilabdhanam + + + + + 5  
krtantapratyaveksanayogenaitad darsanam utpadyate  
purvapratilabdhamanasikaranam tu syad ekakrameneti / punah  
silanusmrtipurvam hrdayopanibaddhacetasaḥ adhad 6 yavad  
vayumandalam adharottaravibhagena nilabha + pravahah + + +  
paripurnaih tiryag anantam hrdayac cordhvam yavad  
aghanisthaty adharottaravibhagena + + + + +

yl 169r1 laih skandhadhatvayatanapratityasamutpadaryasatyadinimittaih  
+++++ ryataih paripurnam pasyati / murdhani casya manir  
utpadyate / tatra + + + + + + 2 pasyati maninihsrtas ca rasmibhir  
adhaurdhvastham jñeyam akrstam svasrayantargatam pasyati  
maniratnac ca ratnavarsah ante patita + + + + mandalantargatany  
apurayati / punah silanusmrtipurvam 3 hrdayopanibaddhacetasaḥ  
vaiduryamayi stri snehparipurnavaiduryabhajanacitotpadyate /  
bhajanesu vajrasanani tesv adityamandalani 4 tadantargata  
baladarakah tesam divyaramodyanavimanany apsaroganakalilany



- 3 /// .. ulkasahasrani cantahsamudre .. ///
- 4 /// prasvasaparigrhitas ca bahih ante ca .. ///
- 5 /// utpadyate pattam badhnati pandaram samantatas ca ///
- 6 /// kutagaraih paripurna drsyante tadantargatas ///
- v1 /// .uhy. tisthanti vimuktipratisamvedanayam ///
- 2 /// k. jvalayante / prahananupasyanayam ///
- 3 /// .. paryantam eva tam phenarasim sitalajalapisiktam iva ///
- 4 /// .. tatrantah muktacito yogacarasrayah ///
- 5 /// .. bhavati / devas ca krtsnam gaganam ///
- 6 /// pradesam pasyati muktacitam tadupary ///
2. hoernle 149add. unnumbered (or.15009/485) = yl 144r6 - 146r6 ra ///
- sarvasatvasrayah + + ///
- b /// simcati utksipte ///
- c /// satvah sannaddhasr ///
- d /// pranamanti / evam ///
- e /// maitrasayasyanantam paryantam ///
- f /// simcyamano drsyate .. .. + ///
- va /// t.n nihsrtabhiih + ///
- b /// samaye cittam bhavati ///
- c /// asrayapramana ///
- d /// maitrabhisekas ca as. ///
- e /// catvarah pravahah kacaparibhih ///
- f /// ksirpravaho nirgatya ///

additions based on jens-uwe hartmann: "drei weitere fragmente aus dem yogalehrbuch", in: d. schlingloff, ein buddhistisches yogalehrbuch. unveränderter nachdruck der ausgabe von 1964 unter beigabe aller seither bekannt gewordenen fragmente, hg. j.-u. hartmann und h.-j. röllicke. münchen 2006 (buddhismus-studien, 5), pp. 319-324

1. h. 150/84 (or.15002/28): 4,3 x 9,9; yogalehrbuch, 1. kapitel (übung der häßlichkeiten, asubhaprayoga); dazu h. 150/76

v1 prahaya sa ca vitarkarahito vrajati saddham\* parivartya ca ta .. + + 2  
 caturdhyanasam adaya svamasraye pravesayati &ordm; .ri + + 3 tim ca  
 tato lalatat pravaho hnirgacchatih dvitiyo nabhyah misritva  
 sthitim 4 apurayati &ordm; lalatat purvam vicchidyate tato nabhyah  
 &ordm; samudraparyantam

r(29)1 prthivim spharitva anabhes ca sthitinimagnam asrayam + + +  
2 ni &ordm; tatah paripakantad ya sthiti pravesayati &ordm; etad 3  
utpadasthityutthanakausalam\* sthityupari cittasamvegartham 4  
maranasamjñabhavana amgararasinimagnam krtsnam  
sasurasuralokam pasyati

2. or.15003/257 recto 1 /// avasyayabindun iva spandamanam pasyati ///  
{yl 131r3} 2 /// tadadhirudhams ca buddham pasyati /// {yl 131r4} 3  
/// + .. pasyati a .. /// {lücke in yl} 4 /// + sa ca ratnavrksah ///  
{yl 131r5} 5 /// + + .. ta .. + + ///

verso v /// + + bhagen. + + ///

w /// + .. parikarma .. /// {cf. yl 132v1ff.} x /// + .. karamthaih  
prthivim /// {yl 132v4} y /// prthivi purnam pasyati pasyatas  
c. /// {yl 132v5} z /// sya krmayasr + /// {lücke vor yl 132v6}

additions based on yamabe, n.: "new fragments of the "yogalehrbuch"", kyushu  
ryukoku tankidaigaku kiyh 43 (1997), pp. 11-39.

cf. yamabe, nobuyoshi: "fragments of the "yogalehrbuch" in the peliot  
collection", in: d. schlingloff, ein buddhistisches yogalehrbuch.  
unveränderter nachdruck der ausgabe von 1964 unter beigabe aller seither  
bekannt gewordenen fragmente, hg. j.-u. hartmann und h.-j. röllicke. münchen  
2006 (buddhismus-studien, 5), pp. 325-347. [slightly revised version of "new  
fragments of the "yogalehrbuch""]

1) pell.skt. rouge 9.1 (r3-va ~ yl 129v6-r3, vc,d,f : yl 1 17r2, 4) r1 pasyati  
/ sakunda antahkosthagarbham strim  
nanasuciparipurnam kanthanadyam lambamanam pasyati /  
evam /// svam asrayam tadvat sarvasatvan samudraparyantayah  
prthivyah pasyati durbalasangjña g. hit. b. + 2 .. samskaragatam  
patantam iva pasyati curnasangjñayam curnikrtam  
bhasmarasivad avasthitam svam asrayam /// samudraparyantayam  
prthiviyam\* tatah matrpitrsamyogac chukrasonitam pasyati  
tadabhiratam ca vijñanam tatah  
kalalarbudapesighanaprasakhanukramenabhinirvartamanam pasyati / 3  
jatasya ca balakumara /// pasyati / evam nanarogopahatam  
mriyamanam mrtam nirhriyamanam smasanastham vinilakadi  
yavac curnitam 4 krtsnam jagat pasyati / svam casrayam tatas  
curnapurusa utpadyate + /// tato 'bhisekah caturbhyah  
samudrebhyah purusa jalakumbhan adaya yogacaram snapayanti /  
evam 5 + + + +h murdhacchidrena ca sarpistailabhyam purayanti /  
tata upari purn.m /// .. accham casrayam  
suvarnasalakasadsam snigdham suvarnam samparipurnam  
drsyate tato lalate .. 6 + + + + + + + + salakasadsah  
pravaho nirgacchati sa prthivim bhitva + + + + /// + + + .tva tatah  
kamcanamandalam abmandalam vayumandalam ca bhitva  
parivartya nabhyam .. 7 /// + + + + + .. e + .. .h. m. khanih .. .. a  
+ + .. .. .m .i .i + r.m .i .i .. .. + +

va /// + + + + + + + pravaho dvitiyo nabhyah + .r. .rtv. sth. t. .. +  
.. t. .. .. + + + + + b + + + + + + + + + + .. ta .r + + spharitva  
anabhes ca sthitinimagnam asrayam /// + + + + + / etad  
utpadasthityutthanakausalam\* // sthityupari cittasamvegartham  
maranasamjñabhavana c amgararasinimagnam krtsnam  
sasurasuram lokam pasyati c. .. /// .at sva asraye pasyati /  
apandulohitamrttikasadrso asivisah prthividhatoh  
tulasalakasadrso d abdhato amgarasalakasadrso  
tejudhatoh abhrasalakasadrso vayudhatoh /// th.m utsadibhute  
saptottaram asivisasatam sambhavanti / tat saptottaram  
marmasatam samnirodhayitva e tisthanti mrtpravahas ca murdhna  
pravisya sarvasrotamsi badhva tisthanti + /// lokam abdhatau kupite  
saptottaram asivisasatam abdhavasisivanam nirgatya  
saptottaram marmasatam f snayum kledayanti tesu klinnesu s.m ..  
ya vislisyante niscestam svam asrayam lokam ca + /// .as  
tavanta evasivisas tavatsv eva marmasu .. t. e snayum dahyanti  
niscestam svam asrayam sarvasatvams g ca prthivim patantam  
iva pasyati snayu .. e .. pi te .. .. salakavarnas tavanta eva ///  
khavinigatair asibhih .. .r cchindanti / niscestam asrayam lokam  
ca pasyati gale ca viba .. +

2) pell.skt. rouge 9.2 (ra-d = yl 118r2-5, vc-d = yl 121r4-5) r1 /// .o  
tebhyas ca cittabhipramodanayam ///

2 /// baladarakam samadhisukhasaktam pasyati a ///

3 /// jirnam svam asrayam pasyati asvasaprasvasa ///

4 /// asvasaprasvasasam ///

5 /// .. .. ///

va /// .. .. ///

b /// stha utpadyate ///

c /// vat trtiyadhyanam evam sphutam pasyati ///

d /// sam te buddhas ca sabdam udirayanti santam santam ///

e /// .. .. dayam utpadyate evam ///

3) pell.skt. rouge 9.3 (yl; vd ~ yl 118v5) r1 /// ddhay.h yogacara .o ///

2 /// .. mapr. v. sanam suryamandalam candramandalam ///

3 /// nadakalapayogena parasparye ///

4 /// apadina. m a ///

5 /// .. .. ///

va /// .. .. ///

b /// pasyati sarvam ///

c /// ekaikena srotasa suksmam vayum ///

d /// .. y. .. nirgata pritisamvedanayam ///

e /// .. antarmukham sna .. .. kh. /// {oder: .. ..}

4) pell.skt. rouge 9.4 (yl) r1 /// .. .. tva .. s tisthati vayu .. + ..  
///

2 /// caturthadhyanam muktva esa dirghata tato vayu tantu .. ///

3 /// .asvasa bhumistha 2 sarve satva a ///

4 /// t. r. nabhyam mandala ///

va /// taya vayu a ///

b /// bhadrebhyo nihsrtyadhah vayumandala ///

c /// .. smrtim pratismrtinam tailapurnabhajana .r. ///

d /// parigrhitani pasyanti .. + .e .. ///

5) pell.skt. rouge 9.5 (yl) ra /// .. .. ///

b /// . yam srtva ///

c /// darsananusu ///

d /// .. ya sopeksah ///

e /// .. + .i .i ///

va /// .i .. .y. .. g. ///

b /// d. .. tasam. pa ///

c /// .. .aiva das. ///

d /// .. satva ///

e /// .. .. ///

6) pell.skt. rouge 9.6 (yl) ra /// .. .. .. ///

b /// vacam marmabhighatti ///

c /// svayam datum icchati ///

va /// .. bhuto yavat t. ///

b /// a .. ratagandhamaly. ///

c /// ya .. .. bhika ///