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Hinweis auf den Einleser enthalten sein.

Revisions:

- 2020-07-31: TEI encoding by mass conversion of GRETIL's Sanskrit corpus

Text

amaraughasana

urdhvasaktinipatah kandacatustayena jñayate // 1

* * yac candraprabhavam vambaragatam yal lingasamjñam jalam sa
pranas tadadhah sthiram ca kamalam dhatte mukhordhvam hrđi || 1.1

* baddhva kumbhakam atmagadharacitam tad brahmanadigatam hy
anetum vadane sadadhvagakala saivamvidha sarana || 1.2]

sadadhvaga kathyate // 2

* * ghantakotikapolakotarakutijihvagramadhyasrayac

chankhinyagatarajadantavivaram prantordhvavaktrena yat || 2.1 *

sampraptam hanurandhramulavidhina yac candratoyam mukhe tat sarvam
ravikalarupasadane rakset para sarana || 2.2]

karmantarena para sarana kathyate // 3

* * nrtyan nityordhvajihvo yadi pibati puman vaktradharamrtaugham
susvadam sitalangam duritabhayaharam ksutpipasavinasi || 3.1

* pindasthairyam yad asmad bhavati bata mahamrtyuroga dravante
daurbhagyam yati nasam harati visajaram yati kale bhramitva ||
3.2]

sarananantaram sarana kathyate // 4

* * jihvagram tv atha rajadantavivaram nitva tato ghantikam

samsthapyā pratijihvaparva sasino marge kalam ca ksipet || 4.1 *
evamsaranike patanti ca sudhadharah punah sanmukhagandharapy
atha tatkalapamathanam nadimukhojjrmbhanam || 4.2]

sarananantaram pratisarana kathyate // 5

* * pranavatena nitvordhvam kotare candrajam kalam || 5.1 *

manthitam divyajatam ca tena gandharakarmana || 5.2]

gandharanantaram pratisarana kathyate // 6

* * nasapascimamargavahapavanat prane 'tidirghikrte candrambu

pratisaranam sukrtinah pragghantikayah pathah || 6.1 *

siñcan kalavisalavahnivasagam bhutva sa nadisatam tat karyam
kurute punar navatanum jirnadrumsandhvat || 6.2]

pratisarananantaram sankhasarana kathyate // 7

* * protksiptam vrsanasya golakayugam madhye dhvajam

proddhvajam nityordhve bata sankhasaranavidhau vaktram vidheyam
nijam || 7.1 * sarvasthanasarirabandhanavasat skandhoddhrtanam

yatha nadinam mukhatah sudhanidhijalam siñcann adho gacchati ||
7.2]

karmantarena sankhasarana kathyate // 8

* * vrsanakarsanam karyam athava sankhasarana || 8.1 *

bodhanam caiva kundalyas tisthec caivotkatasanam || 8.2]
sankhasarananantaram mahasarana kathyate // 9
* * pascad asanasuddhavatanikaran adaya kanthavranat
samsthapyaya ravimandale tu bhujagi sambhutanaditrayat || 9.1 *
devi madhyapathodita prakurute kampam tato murchanam
durakarsanadarsanam srutiganams canya mahasarana || 9.2]
karmantarena mahasarana kathyate // 10
* * adharambujakosakandabhujagi sambhuya naditrayat
candrarkodbhavanadikordhvayugalam cadvaitapathyagatam || 10.1 *
tatraivangulibhir nipidya kramasah santim mano marutam candro
yati ravim tatas ca bhuvane tulya mahasarana || 10.2 * suryantah
sasivicidantavadanaprantaplavaughoragi samprapte
pavanatisangaharane ksipram tato dhavita || 10.3 *
srimanmadhyapathantato vidadhati kampadi kopanvita
tasyaivasrayayayino 'pi sasino datta sudha sammata || 10.4 * adau
sosaniko 'tra saranam atah karyam mahasaranam kartavyam
pratisaranam ca guruna nirdistamargam kramat || 10.5 * pascad
eva ca sankhasaranavidhau karyam mahasaranam sammurcha
vitatakrthi pratidinam velatrayam diyatam || 10.6 *
akuñcyagajakamarupam acalam bandhatvajatam tanau natyurdhve
caturangulagravidite sthane hrda pranite || 10.7 * dantair bandhurite
ca vatayugale praslesanaslesanat nabhigranthivimoksapatasaahaje
marge manahsiddhayah || 10.8 * durakaravisarpite ca pavane nabhes ca
margasthite bandhesu trisu satsu so 'pi sithile madhyaprabodhe sati ||
10.9 * ksipram ca dhriyate dvipithamaruto 'py urdhvakramakarsane
samyukto gaticittasosanam atah prapye 'nile tisthati || 10.10 *
mule mulordhvacakre vrsanakulatatale vahnimatangakule
kampaksobhabhramadhye dhvanitaparicayam gharmapatordhvaroma || 10.11 *
bhumityagam kavityam parapuravisanam vasyam akarsanam ca hy
evam va cetanapta prabhavati nikhila khecaratvapratistha || 10.12 *
dve brahmani veditavye sabdabrahma param ca tat || 10.13 * hrdaye
parame dhamni madhye tu ravicandramah || 10.14 * nadam tu tam
grhitva ca caitanyam tatra yojayet || 10.15 * dve brahmani veditavye
sabdabrahma param ca tat || 10.16 * sabdabrahmani nisnatah param
brahmadhigacchati || 10.17 * anyat sarvam parityajya sabdabrahma
sadabhyaset || 10.18 * svasamvedyam asamvedyam sabdabrahma dvidha
sthitam || 10.19 * cinoti prathamah sabdas ciñcinoti dvitiyakah ||
10.20 * vivaras ca tritayah syac chankhasabdah caturthakah || 10.21
* pañcamo meghanirghosah sasthan etad udiranam || 10.22 *
saptamam kamsyatalakhyam meghasabdah tathastamam || 10.23 *
navamo 'py agnidahas ca dasamo dundubhisvanah || 10.24 * anahataninado
'yam pavanantavinirgatah || 10.25 * dhvanitena vina yas tu nadas caivam
apanditah || 10.26 * cinoti rasam uddhrtya ciñcinoti bhagasritam ||
10.27 * virasamsena sampraptam meghasabdena caviset || 10.28 *
majjam patati nirghosah samsthitodadhibhisannah || 10.29 *
kamsyatale nabhasabdah pranameghadhvanih kramat || 10.30 *
jivas caivagnidahah syan moksah samaraso bhavet || 10.31 *

visuddham ittham atmanam pasyeta catmanatmani || 10.32 * prathame
janavatsalyam dvitiye rogasanam || 10.33 * trtiyena kavivam ca
durakarsam caturthake || 10.34 * pañcame vaci kamitvam saste
bhumim parityajet || 10.35 * saptame duram alokyā castame vajravat
bhavet || 10.36 * navame sphurate kayo dasame samarasyakam || 10.37 *
prthvimadhye bhavet prthvi capam apas tathaiva ca || 10.38 *
tejomadhye bhavet tejo vayur vayau praliyate || 10.39 * akaso liyate
sarvah satattvah pindasamgrahah || 10.40 * anahato divaratrau
dhvanate tu dhanamjayah || 10.41 * tattrarudho yada yogi prapnuyat
paramam padam || 10.42]

ayam praktibhedah prthvi apah tejah vayuh akasas ca iti
sarire pañcagunah mahabhutani bhavanti tatraiva tani pañcavidhani
bhavanti // 11asthi mamsam tvak nadi romani iti pañcaguna
prthivi // 12lalamutrasrunihsvedaprasvedah iti pañcaguna
apah // 13ksudha trsna nidra alasyam kantis ca iti
pañcagunam tejah // 14dhavanam valganam akuñcanam prasaranam
nirodhas ceti pañcaguno vayuh // 15rago dveso lajja bhayam mohas
ceti pañcaguna akasah iti pañcagunalankrtani pañcatattvani
// 16sabdah sparsah rasah rupam gandhas ceti pañca
bhutagunah // 17srngaradinavanatyarasah iti
hasyadibhavah srngaradinam //

18katukatiktakasayamlamadhuralavanas ceti sat asvadah //
19subham asubham ceti karmadvayam // 20pranapanasamanodanavyana
nagakurmakrkaradevadattadhanamjayas ceti dasa vatah //
21idapingalalusumnagandharistijihvayasasvinipusalambusaku
husankhiniprabhrtayah dvasaptatir nadisahasrani //
22utpattisthitipralayas ceti margatrayam // 23asthisamcayam
sastyadhikam satatrayam asty asya pranena sambandhah //
24kamakrodhalobhamohamadamanahankaras ceti sapta bandhanani //
25vivekabodhasamtosaharsapulakaksamopasamadhyanjñanotsavaragavair
agyanandakampamurchavikaramanovanadini praktisvarupani //
26romnam kotitrayam sardham // 27vatapittaslesmana iti
praktitrayam // 28vatah pranaprakrtih pittam
hutasanodbhutam slesma nirodhat bhavati // 29tvak asrk mamsam
medah asthi majja sukram prano jivah saktih iti dasa
dhatavah // 30pranarandhradvayam locanarandhradvayam
karnarandhradvayam mukharandhradvayam utsargarandhradvayam iti dasa
dvarani // 31atha dasamadvaram dvividham sukramargam amrtam
kalamargas ceti brahmadandamule ravisasimadhye bhagakaram asti
tasmad agatabrahmadandasritam pascimalingam asti pascimasabdena
sthanam asti tasya madhye lingakaram asti // 32purusanam
retomargah strinam rajomargah sahaiva tena
brahmadandarekhasritapuspasamaye sarvavyapakanadisamuhagatam
kaminirajah sravati // 33tatraiva kamavisaharanirañjananam
samyogam bijapatat anandagamah pralayakalavisakalayoh karta
nirañjanas ca iti // 34saktitrayavinirbhinne citte bijanirañjanat //
35vajrapujapadanandam yah karoti sa manmathah // 36citte trpte

manomuktir urdhvamargasrite 'nale // 37udanacalitam reto
mrtyurekhavisam viduh // 38cittamadhye bhaved yas tu
balagrasatadhasraye // 39nanabhavavinirmuktah sa ca prokto
nirañjanah // 40nirañjanasrita saktih sukmasaktya tayasritam
// 41manasy asrayatameti jñeyam saktitrayam tu tat //
42saktitrayodbhavam bijam bijat kamo visam tatah // 43kamah
srstitaya prokto visam mrtyupadam bhavet // 44kim bahuna
kamavisaharanirañjananam brahmadandamulankure nivasah ebhir
yad amukho moksah bhasmibhutasya dehasya punar agamanakaryam nasti
// 45aho murkhata lokasya kecid vadanti subhasubhakarmavicchedanam
moksah // 46kecid vadanti vedapathasrito moksah // 47kecid vadanti
niralambanalaksano moksah // 48kecid vadanti
dhyanakalakaranasambaddhaprayogasambhavana
rupabindunadacaitanyapindakasalaksano moksah // 49kecid
vadanti pujapujakamadyamamsadisurataprasangasanandalaksano
moksah // 50kecid vadanti //
51mulakandollasitakundalinisamcaralaksano moksah // 52kecid
vadanti susamadrstinipatalaksano moksah ity
evamvidhabhavanasritalaksano mokso na bhavati // 53atha
moksapadam kathyate yatra sahasamadhikramena manasa manah
samalokyate sa eva moksah // 54kamavisaharasthanam manasodbhava
manomadhye karanam karanat utpattisthitipralayah pravartante //
55uktam ca bhagavata mahesvarena // 56jivanmuktipade devi cittam
bijanirañjanam // 57mrtyumargasthito yogi jñatva karma samabhyaset //
58iti jivanmuktipadam anena margena sthiratvam bhavati //
59athadharanakarmoditasankhinibhedavyavasthavyakhya
gudamedhrantare trikonatridhavartabhagamandalam ucyate tatra
adharagranthaya ekadvitrayas ceti ekadvitrayanam madhye granthinam
upantare catuspatram padmam adhomukham tisthati tatra
karnikamadhye mrnalasutraparimana sankhavarta tatra
pravalankurasannibha dvitrinadibhuta kundalini saktih
caitanyabijamukham gatva supta // 60tatra tripathamadhye tu
suksmibhuta vyavasthita // 61urnatantunibhakara gata sa
nabhimandalam // 62caturangulamanenapy astadha kutilakrtih
// 63sphurita nabhimadhye tu sakhasakham anekadha // 64
dasanadyasritam cakram nabhimadhye prakirtitam /
ida ca pingala caiva susumna ca trtiyaka // 65
urdhvamargasthita hy eta brhacchakhavalambitah // 66jayanty
alambusa caika brhacchakhavalambini // 67pranita sa hy anakais tu
brahmavartena samsthita // 68brahmadandacakrenasau kapalakarparam
yavat tasmin kapalakarpare candramandalantargatam kapalalingam
lampikasthanordhve 'mrtadharam abhisravati mastakamadhye garbhe
tisthati tad evamrtam rajadantamaye sankhini brahmadandatale
damayitva sravati // 69ekam mukharandhram rajadantantare etad eva
sankhinimukham dasamadvaram ity ucyate // 70yatra ca
mulabhagamandalante kundalini saktir vinirgata tatra
vamabhagodbhavasomanadika daksinabhagodbhavasuryanadika candro

vamangavyapakah suryo daksinangavyapakah candro vamange
 vamanasaputam suryo daksinange daksinanasaputam ity
 evam suryacandrau vyavasthitau // 71yatra mulakande pavanodayah manasa
 udayah tapanodayah jivodayah sabdodayah matrkaksarodayas ceti
 // 72manomadhye nidravisayam icchakaryo nirañjanah paramatma //
 73mulakandodyato vayuh somasuryapathodbhavah // 74saktyadharasthito
 yati brahmadandakabhedakah // 75mulakande tu ya saktih
 kundalakararupini // 76udgamavartavato 'yam prana ity ucyate
 budhah // 77kandadandena coddandair bhramita ya bhujangini //
 78murchita sa sivam vetti pranair evam vyavasthita // 79
 janmavasthanad adho lingah sa cadharakandajatimadhyasthito guhya
 urdhve bhavati tasyordhve lingasthanam svadhisthanam
 nabhimandale manipurakasyordhvabhage 'nalakah
 tenoddandakadyam samagacchati adhahpradese manipurakasya
 daksinapascimavarti amedhyasthanam madhye nabbeh kandah tatra
 padmakrtih tatra sariranadinam adharah kathyate hrdaye
 prthivitattvam pitavarnam madhye kadambagolakakrti tatra
 cittavisrantisthanam tad eva analacakram kanthe
 codakapravahapurnam atmatattvam tad visuddhisthanam talumadhye
 dipasikhakararah sadoddyotah tat tejjastattvam kapalakandarankure
 vayutattvam nasagre akasatattvam tasyordhve ajñasthanam
 ajñasthanantare granthisodasantare amrta sodasi kala
 tadantare valagrasatadhasraya ante tasyordhve kalante binduh
 bindubhedad anantaram srmgatakakrtir mastakasyoddesas tasmin
 cittalayasthanam cittasya sarirabandhanadvayopetas trailokyaviharah
 tasyasrita jñanasaktih evam saktitrayalamkrtas
 ciddarpanapratibimbah samo vividhabhavakalakalintah
 samsaracestavalokanakusalah suptavasthayam rupi jalacandravat
 drsyate yah sa paramatma sarvavyapi mahesvarah
 caturdasavidhabhutagramakarta ca iti so 'yam paramatma // 80