Vagbhata: Astangahrdayasutra

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- 2020-07-31: TEI encoding by mass conversion of GRETIL's Sanskrit corpus

Text

sutrasthana
ragadi-rogan satatanusaktan a-sesa-kaya-prasrtan a-sesan |
autsukya-moha-rati-dañ jaghana yo '-purva-vaidyaya namo 'stu tasmai || 1 ||

ayuh-kamayamanena dharmartha-sukha-sadhanam |
ayur-vedopadesesu vidheyah param adarah || 2 ||

brahma smrtvayuso vedam prajapatim ajigrahat |
so 'svinau tau sahasraksam so 'tri-putradikan munin || 3 ||

te 'gnivesadikams te tu prthak tantrani tenire |
tebhyo 'ti-viprakirnebhyah prayah sara-taroccayah || 4 ||

kriyate 'stanga-hrdayam nati-samksepa-vistaram |
kaya-bala-grahordhvanga-salya-damstra-jara-vrsan || 5 ||

1.5bv nati-samksipta-vistrtam
astav angani tasyahus cikitsa yesu samsrita |
vayuh pittam kaphas ceti trayo dosah samasatah || 6 ||

vikrta-vikrta deham ghnanti te vartayanti ca |
te vyapino 'pi hrn-nabhyor adho-madhyordhva-samsrayah || 7 ||

1.7bv ghnanti te vardhayanti ca
vayo-'ho-ratri-bhuktanam te 'nta-madhyadi-gah kramat |
tair bhaved visamas tiksno mandas cagnih samaih samah || 8 ||

kosthah kruro mrdur madhyo madhyah syat taih samair api |
sukrartava-sthair janmadau viseneva visa-krimeh || 9 ||

tais ca tisrah prakrtayo hina-madhyottamah prthak |
sama-dhatuh samastasu srestha nindya dvi-dosa-jah || 10 ||

1.10cv sama-dhatuh samais tasu
tatra rukso laghuh sitah kharah suksmas calo 'nilah |
pittam sa-sneha-tiksnosnam laghu visram saram dravam || 11 ||

snigdhah sito gurur mandah slaksno mrtsnah sthirah kaphah |
samsargah samnipatas ca tad-dvi-tri-ksaya-kopatah || 12 ||

rasasrn-mamsa-medo-'sthi-majja-sukrani dhatavah |
sapta dusya mala mutra-sakrt-svedadayo 'pi ca || 13 ||

vrddhih samanaih sarvesam viparitair viparyayah |
rasah svadv-amla-lavana-tiktosana-kasayakah || 14 ||

sad dravyam asritas te ca yatha-purvam balavahah |
tatradya marutam ghnanti trayas tiktadayah kapham || 15 ||

kasaya-tikta-madhurah pittam anye tu kurvate |
samanam kopanam svastha-hitam dravyam iti tri-dha || 16 ||

usna-sita-gunotkarsat tatra viryam dvi-dha smrtam |
tri-dha vipako dravyasya svadv-amla-katukatmakah || 17 ||

guru-manda-hima-snigdha-slaksna-sandra-mrdu-sthirah |
gunah sa-suksma-visada vimsatih sa-viparyayah || 18 ||

kalartha-karmanam yogo hina-mithyati-matrakah |
samyag-yogas ca vijñeyo rogarogyaika-karanam || 19 ||

rogas tu dosa-vaisamyam dosa-samyam a-roga-ta |
nijagantu-vibhagena tatra roga dvi-dha smrtah || 20 ||

tesam kaya-mano-bhedad adhisthanam api dvi-dha |
rajas tamas ca manaso dvau ca dosav udahrtau || 21 ||

1.21dv 'tra dvau dosav udahrtau
darsana-sparsana-prasnaih parikseta ca roginam |
rogam nidana-prag-rupa-laksanopasayaptibhih || 22 ||

1.22bv samparikseta roginam 1.22bv pariksetatha roginam
bhumi-deha-prabhedena desam ahur iha dvi-dha |
jangalam vata-bhuyistham anupam tu kapholbanam || 23 ||

sadharanam sama-malam tri-dha bhu-desam adiset |
ksanadir vyadhy-avastha ca kalo bhesaja-yoga-krt || 24 ||

sodhanam samanam ceti samasad ausadham dvi-dha |
sarira-janam dosanam kramena paramausadham || 25 ||

vastir vireko vamanam tatha tailam ghrtam madhu |
dhi-dhairyatmadi-vijñanam mano-dosausadham param || 26 ||

bhisag dravyany upasthata rogi pada-catustayam |
cikitsitasya nirdistam praty-ekam tac catur-gunam || 27 ||

daksas tirthatta-sastrartho drsta-karma sucir bhisak |
bahu-kalpam bahu-gunam sampannam yogyam ausadham || 28 ||

anuraktah sucir dakso buddhi-man paricarakah |
adhyo rogi bhisag-vasyo jñapakah sat-tva-van api || 29 ||

sadhyo '-sadhya iti vyadhir dvi-dha tau tu punar dvi-dha |
su-sadhyah krcchra-sadhyas ca yapyo yas can-upakramah || 29+(1) ||

sarvausadha-ksame dehe yunah pumso jitatmanah |
a-marma-go 'lpa-hetv-agra-rupa-rupo 'n-upadravah || 30 ||

a-tulya-dusya-desartu-prakrtih pada-sampadi |
grahesv anu-gunesv eka-dosa-margo navah sukhah || 31 ||

sastradi-sadhanah krcchrah samkare ca tato gadah |
sesa-tvad ayuso yapyah pathyabhyasad viparyaye || 32 ||

an-upakrama eva syat sthito 'ty-anta-viparyaye |
autsukya-moha-rati-krd drsta-risto 'ksa-nasanah || 33 ||

tyajed artam bhisag-bhupair dvistam tesam dvisam dvisam
|
hinopakaranam vyagram a-vidheyam gatayusam || 34 ||

candam sokaturam bhirum krta-ghnam vaidya-maninam |
tantrasyasya param cato vaksyate 'dhyaya-samgrahah || 35 ||

ayus-kama-dinartv-iha-rogan-utpadana-dravah |
anna-jñananna-samraksa-matra-dravya-rasasrayah || 36 ||

dosadi-jñana-tad-bheda-tac-cikitsa-dvy-upakramah |
suddhy-adi-snehana-sveda-rekasthapana-navanam || 37 ||

dhuma-gandusa-drk-seka-trpti-yantraka-sastrakam |
sira-vidhih salya-vidhih sastra-ksaragni-karmikau || 38 ||

1.38cv sira-vyadhah salya-vidhih
sutra-sthanam ime 'dhyayas trimsac chariram ucyate |
garbhavakranti-tad-vyapad-anga-marma-vibhagikam || 39 ||

vikrtir duta-jam sastham nidanam sarvarogikam |
jvarasrk-svasa-yaksmadi-madady-arso-'tisarinam || 40 ||

mutraghata-pramehanam vidradhy-ady-udarasya ca |
pandu-kusthanilartanam vatasrasya ca so-dasa || 41 ||

cikitsitam jvare rakte kase svase ca yaksmani |
vamau madatyaye 'rsahsu visi dvau dvau ca mutrite || 42 ||

vidradhau gulma-jathara-pandu-sopha-visarpisu |
kustha-svitranila-vyadhi-vatasresu cikitsitam || 43 ||

dva-vimsatir ime 'dhyayah kalpa-siddhir atah param |
kalpo vamer virekasya tat-siddhir vasti-kalpana || 44 ||

siddhir vasty-apadam sastho dravya-kalpo 'ta uttaram |
balopacare tad-vyadhau tad-grahe dvau ca bhuta-ge || 45 ||

unmade 'tha smrti-bhramse dvau dvau vartmasu samdhisu |
drk-tamo-linga-nasesu trayo dvau dvau ca sarva-ge || 46 ||

karna-nasa-mukha-siro-vrane bhange bhagandare |
granthy-adau ksudra-rogesu guhya-roge prthag dvayam || 47 ||

vise bhujange kitesu musakesu rasayane |
catvarimso 'n-apatyanam adhyayo bija-posanah || 48 ||

1.48dv adhyayo bija-posane ity adhyaya-satam vimsam
sadbhih sthanair udiritam || 48u ||

sutrasthana
brahme muhurta uttisthet svastho raksartham ayusah |

sarira-cintam nirvartya krta-sauca-vidhis tatah || 1 ||

arka-nyagrodha-khadira-karañja-kakubhadi-jam |
pratar bhuktva ca mrdv-agram kasaya-katu-tiktakam || 2 ||

kaniny-agra-sama-sthaulyam pragunam dva-dasangulam |
bhaksayed danta-pavanam danta-mamsany a-badhayan || 3 ||

2.3cv bhaksayed danta-dhavanam
nadyad a-jirna-vamathu-svasa-kasa-jvararditi |
trsnasya-paka-hrn-netra-sirah-karnamayi ca tat || 4 ||

sauviram añjanam nityam hitam aksnos tato bhajet |
caksus tejo-mayam tasya visesac chlesmato bhayam || 5 ||

2.5dv visesac chlesmano bhayam
bhukta-vams ca sirah-snatah srantah chardana-navanaih |
ratrau jagaritas capi nañjyaj jvarita eva ca || 5.1+1 ||

yojayet sapta-ratre 'smat sravanartham rasañjanam |
tato navana-gandusa-dhuma-tambula-bhag bhavet || 6 ||

2.6bv sravanarthe rasañjanam
tambulam ksata-pittasra-ruksotkupita-caksusam |
visa-murcha-madartanam a-pathyam sosinam api || 7 ||

abhyangam acaren nityam sa jara-srama-vata-ha |
drsti-prasada-pusty-ayuh-svapna-su-tvak-tva-dardhya-krt || 8
||

sirah-sravana-padesu tam visesena silayet |
varjyo 'bhyangah kapha-grasta-krta-samsuddhy-a-jirnibhih || 9 ||

laghavam karma-samarthyam dipto 'gnir medasah ksayah |
vibhakta-ghana-gatra-tvam vyayamad upajayate || 10 ||

vata-pittamayi balo vrddho '-jirno ca tam tyajet |
ardha-saktya nisevyas tu balibhih snigdha-bhojibhih || 11 ||

sita-kale vasante ca mandam eva tato 'nya-da |
tam krtvanu-sukham deham mardayec ca samantatah || 12 ||

trsna ksayah pratamako rakta-pittam sramah klamah |
ati-vyayamatah kaso jvaras chardis ca jayate || 13 ||

vyayama-jagaradhva-stri-hasya-bhasyadi-sahasam |
gajam simha ivakarsan bhajann ati vinasyati || 14 ||

2.14dv bhajan yato 'ti nasyati
udvartanam kapha-haram medasah pravilayanam |
sthiri-karanam anganam tvak-prasada-karam param || 15 ||

dipanam vrsyam ayusyam snanam urja-bala-pradam |
kandu-mala-srama-sveda-tandra-trd-daha-papma-jit || 16 ||

2.16bv snanam ojo-bala-pradam
usnambunadhah-kayasya pariseko balavahah |
tenaiva tuttamangasya bala-hrt-kesa-caksusam || 17 ||

2.17cv tenaiva cottamangasya 2.17cv sa eva cottamangasya 2.17cv sa eva tuttamangasya
snanam ardita-netrasya-karna-rogatisarisu |
adhmana-pinasa-jirna-bhukta-vatsu ca garhitam || 18 ||

jirne hitam mitam cadyan na vegan irayed balat |
na vegito 'nya-karyah syan na-jitva sadhyam amayam || 19 ||

sukharthah sarva-bhutanam matah sarvah pravrttayah |
sukham ca na vina dharmat tasmad dharma-paro bhavet || 20 ||

bhaktya kalyana-mitrani sevetetara-dura-gah |
himsa-steyan yatha-kamam paisunyam parusan-rte || 21 ||

sambhinnalapam vyapadam abhidhyam drg-viparyayam |
papam karmeti dasa-dha kaya-van-manasais tyajet || 22 ||

a-vrtti-vyadhi-sokartan anuvarteta saktitah |
atma-vat satatam pasyed api kita-pipilikam || 23 ||

arcayed deva-go-vipra-vrddha-vaidya-nrpatithin |
vi-mukhan narthinah kuryan navamanyeta naksipet || 24 ||

upakara-pradhanah syad apakara-pare 'py arau |
sampad-vipatsv eka-mana hetav irsyet phale na tu || 25 ||

kale hitam mitam bruyad a-visamvadi pesalam |
purvabhibhasi su-mukhah su-silah karuna-mrduh || 26 ||

naikah sukhi na sarva-tra visrabdho na ca sankitah |
na kañ-cid atmanah satrum natmanam kasya-cid ripum || 27 ||

prakasayen napamanam na ca nih-sneha-tam prabhoh |
janasyasayam alaksya yo yatha paritusyati || 28 ||

2.28av prakasayen navamanam
tam tathaivanuvarteta pararadhana-panditah |
na pidayed indriyani na caitany ati lalayet || 29 ||

tri-varga-sunyam narambham bhajet tam ca-virodhayan |
anuyayat prati-padam sarva-dharmesu madhyamam || 30 ||

nica-roma-nakha-smasrur nir-malanghri-malayanah |
snana-silah su-surabhih su-veso 'n-ulbanojjvalah || 31 ||

2.31cv snana-silah sa-surabhih
dharayet satatam ratna-siddha-mantra-mahausadhih |
satapa-tra-pada-trano vicared yuga-matra-drk || 32 ||

nisi catyayike karye dandi mauli sahaya-van |
caitya-pujya-dhvaja-sasta-cchaya-bhasma-tusa-sucin || 33 ||

nakramec charkara-losta-bali-snana-bhuvo na ca |
nadim taren na bahubhyam nagni-skandham abhivrajet || 34 ||

samdigdha-navam vrksam ca narohed dusta-yana-vat |
na-samvrta-mukhah kuryat ksuti-hasya-vijrmbhanam || 35 ||

2.35dv ksutim hasyam vijrmbhanam 2.35dv ksut-hasyam ca vijrmbhanam
nasikam na vikusniyan na-kasmad vilikhed bhuvam |
nangais cesteta vi-gunam nasitotkatakas ciram || 36 ||

2.36bv na-kasmad vilikhen mahim 2.36dv nasitotkataka-sthitah
deha-vak-cetasam cestah prak sramad vinivartayet |
nordhva-janus ciram tisthen naktam seveta na drumam || 37 ||

tatha catvara-caityantas-catus-patha-suralayan |
sunatavi-sunya-grha-smasanani divapi na || 38 ||

a-sammarjitam adarsam an-upaskrta-kaminim |
rajasvalam ca nekseta sada pratar a-mangalam || 38+1 ||

sarva-thekseta nadityam na bharam sirasa vahet |
nekseta pratatam suksmam dipta-medhya-priyani ca || 39 ||

madya-vikraya-samdhana-danadanani nacaret |
puro-vatatapa-rajas-tusara-parusanilan || 40 ||

an-rjuh ksavathudgara-kasa-svapnanna-maithunam |
kula-cchayam nrpa-dvistam vyala-damstri-visaninah ||
41 ||

hinan-aryati-nipuna-sevam vigraham uttamaih |
samdhyasv abhyavahara-stri-svapnadhyayana-cintanam || 42 ||

satru-sattra-ganakirna-ganika-panikasanam |
gatra-vaktra-nakhair vadyam hasta-kesavadhunanam || 43 ||

toyagni-pujya-madhyena yanam dhumam savasrayam |
madyati-saktim visrambha-svatantrye strisu ca tyajet || 44 ||

acaryah sarva-cestasu loka eva hi dhi-matah |
anukuryat tam evato laukike 'rthe pariksakah || 45 ||

ardra-samtana-ta tyagah kaya-vak-cetasam damah |
svartha-buddhih pararthesu paryaptam iti sad-vratam || 46 ||

naktan-dinani me yanti katham-bhutasya samprati |
duhkha-bhan na bhavaty evam nityam samnihita-smrtih || 47 ||

evam krtsna-dinam nitva ratrau yame grhe gate |
devan rsin gurun smrtva tatah sayanam acaret || 47+1 ||

2.47+1bv ratrer yame gate sati
ity acarah samasena yam prapnoti samacaran |
ayur arogyam aisvaryam yaso lokams ca sasvatan || 48 ||

sutrasthana
masair dvi-samkhyair maghadyaih kramat sad rtavah smrtah |
sisiro 'tha vasantas ca grismo varsa-sarad-dhimah || 1 ||

sisiradyas tribhis tais tu vidyad ayanam uttaram |
adanam ca tad adatte nrnam prati-dinam balam || 2 ||

tasmin hy aty-artha-tiksnosna-ruksa marga-sva-bhavatah |
aditya-pavanah saumyan ksapayanti gunan bhuvah || 3 ||

tiktah kasayah katuko balino 'tra rasah kramat |
tasmad adanam agneyam rtavo daksinayanam || 4 ||

varsadayo visargas ca yad balam visrjaty ayam |
saumya-tvad atra somo hi bala-van hiyate ravih || 5 ||

megha-vrsty-anilaih sitaih santa-tape mahi-tale |
snigdhas cehamla-lavana-madhura balino rasah || 6 ||

site 'gryam vrsti-gharme 'lpam balam madhyam tu sesayoh |
balinah sita-samrodhad dhemante prabalo 'nalah || 7 ||

bhavaty alpendhano dhatun sa paced vayuneritah |
ato hime 'smin seveta svadv-amla-lavanan rasan || 8 ||

dairghyan nisanam etarhi pratar eva bubhuksitah |
avasya-karyam sambhavya yathoktam silayed anu || 9 ||

vata-ghna-tailair abhyangam murdhni tailam vimardanam |
niyuddham kusalaih sardham padaghatam ca yuktitah || 10 ||

3.10bv murdha-tailam vimardanam
kasayapahrta-snehas tatah snato yatha-vidhi |
kunkumena sa-darpena pradigdho 'guru-dhupitah || 11 ||

rasan snigdhan palam pustam gaudam accha-suram suram |
godhuma-pista-maseksu-ksirottha-vikrtih subhah || 12 ||

navam annam vasam tailam sauca-karye sukhodakam |
pravarajina-kauseya-praveni-kaucavastrtam || 13 ||

3.13dv -praveni-kuthakastrtam
usna-sva-bhavair laghubhih pravrtah sayanam bhajet |
yuktyarka-kiranan svedam pada-tranam ca sarva-da || 14 ||

pivaroru-stana-sronyah sa-madah pramadah priyah |
haranti sitam usnangyo dhupa-kunkuma-yauvanaih || 15 ||

angara-tapa-samtapta-garbha-bhu-vesma-carinah |
sita-parusya-janito na doso jatu jayate || 16 ||

ayam eva vidhih karyah sisire 'pi visesatah |
tada hi sitam adhikam rauksyam cadana-kala-jam || 17 ||

kaphas cito hi sisire vasante 'rkamsu-tapitah |

hatvagnim kurute rogan atas tam tvaraya tyajet || 18 ||

tiksnair vamana-nasyadyair laghu-ruksais ca bhojanaih |
vyayamodvartanaghatair jitva slesmanam ulbanam || 19 ||

snato 'nuliptah karpura-candanaguru-kunkumaih |
purana-yava-godhuma-ksaudra-jangala-sulya-bhuk || 20 ||

sahakara-rasonmisran asvadya priyayarpitan |
priyasya-sanga-surabhin priya-netrotpalankitan || 21 ||

saumanasya-krto hrdyan vayasyaih sahitah pibet |
nirgadan asavarista-sidhu-mardvika-madhavan || 22 ||

srngaverambu sarambu madhv-ambu jaladambu ca |
daksinanila-sitesu parito jala-vahisu || 23 ||

3.23bv madhv-ambu jaladambu va
a-drsta-nasta-suryesu mani-kuttima-kantisu |
parapusta-vighustesu kama-karmanta-bhumisu || 24 ||

3.24av a-drsta-nasta-suryesu
vicitra-puspa-vrksesu kananesu su-gandhisu |
gosthi-kathabhis citrabhir madhyahnam gamayet sukhi || 25 ||

guru-sita-diva-svapna-snigdhamla-madhurams tyajet |
tiksnamsur ati-tiksnamsur grisme samksipativa yat ||
26 ||

3.26cv sneham arko 'ti-tiksnamsur
praty-aham ksiyate slesma tena vayus ca vardhate |
ato 'smin patu-katv-amla-vyayamarka-karams tyajet || 27 ||

bhajen madhuram evannam laghu snigdham himam dravam |
su-sita-toya-siktango lihyat saktun sa-sarkaran || 28 ||

madyam na peyam peyam va sv-alpam su-bahu-vari va |
anya-tha sosa-saithilya-daha-mohan karoti tat || 29 ||

3.29cv anya-tha sopha-saithilya-
kundendu-dhavalam salim asniyaj jangalaih palaih |
pibed rasam nati-ghanam rasalam raga-khandavau || 30 ||

3.30av kundendu-dhavalañ chalin 3.30dv rasalam raga-khadavau 3.30dv
rasalam raga-sadavau
panakam pañca-saram va nava-mrd-bhajane sthitam |
moca-coca-dalair yuktam samlam mrn-maya-suktibhih || 31 ||

3.31bv nava-mrd-bhajana-sthitam
patala-vasitam cambhah sa-karpuram su-sitalam |
sasanka-kiranan bhaksyan rajanyam bhaksayan pibet || 32 ||

sa-sitam mahisam ksiram candra-naksatra-sitalam |
abhran-kasa-maha-sala-tala-ruddhosna-rasmisu || 33 ||

vanesu madhavi-slista-draksa-stabaka-salisu |
su-gandhi-hima-paniya-sicyamana-patalike || 34 ||

kayamane cite cuta-pravala-phala-lumbibhih |
kadali-dala-kalhara-mrnala-kamalotpalaih || 35 ||

komalaih kalpite talpe hasat-kusuma-pallave |
madhyan-dine 'rka-tapartah svapyad dhara-grhe 'tha-va || 36 ||

pusta-stri-stana-hastasya-pravrttosira-varini |
nisa-kara-karakirne saudha-prsthe nisasu ca || 37 ||

asana svastha-cittasya candanardrasya malinah |
nivrtta-kama-tantrasya su-suksma-tanu-vasasah || 38 ||

jalardras tala-vrntani vistrtah padmini-putah |
utksepas ca mrdutksepa jala-varsi-himanilah || 39 ||

karpura-mallika-mala harah sa-hari-candanah |
mano-hara-kalalapah sisavah sarikah sukah || 40 ||

mrnala-valayah kantah protphulla-kamalojjvalah |
jangama iva padminyo haranti dayitah klamam || 41 ||

adana-glana-vapusam agnih sanno 'pi sidati |
varsasu dosair dusyanti te 'mbu-lambambu-de 'mbare || 42 ||

3.42av adana-mlana-vapusam
sa-tusarena maruta sahasa sitalena ca |
bhu-baspenamla-pakena malinena ca varina || 43 ||

vahninaiva ca mandena tesv ity anyo-'nya-dusisu |
bhajet sadharanam sarvam usmanas tejanam ca yat || 44 ||

asthapanam suddha-tanur jirnam dhanyam rasan krtan |
jangalam pisitam yusan madhv-aristam ciran-tanam || 45 ||

mastu sauvarcaladhyam va pañca-kolavacurnitam |
divyam kaupam srtam cambho bhojanam tv ati-dur-dine || 46 ||

3.46av mastu sauvarcaladhyam ca
vyaktamla-lavana-sneham samsuskam ksaudra-val laghu |
a-pada-cari surabhih satatam dhupitambarah || 47 ||

harmya-prsthe vased baspa-sita-sikara-varjite |
nadi-jaloda-manthahah-svapnayasatapams tyajet || 48 ||

varsa-sitocitanganam sahasaivarka-rasmibhih |
taptanam samcitam vrstau pittam saradi kupyati || 49 ||

taj-jayaya ghrtam tiktam vireko rakta-moksanam |
tiktam svadu kasayam ca ksudhito 'nnam bhajel laghu || 50 ||

sali-mudga-sita-dhatri-patola-madhu-jangalam |
taptam taptamsu-kiranaih sitam sitamsu-rasmibhih || 51

||

samantad apy aho-ratram agastyodaya-nir-visam |
suci hamsodakam nama nir-malam mala-jij jalam || 52 ||

nabhisyandi na va ruksam panadisv amrtopamam |
candanosira-karpura-mukta-srag-vasanojjvalah || 53 ||

saudhesu saudha-dhavalam candrikam rajani-mukhe |
tusara-ksara-sauhitya-dadhi-taila-vasatapan || 54 ||

tiksna-madya-diva-svapna-puro-vatan parityajet |
site varsasu cadyams trin vasante 'ntyan rasan bhajet || 55 ||

svadum nidaghe saradi svadu-tikta-kasayakan |
sarad-vasantayo ruksam sitam gharma-ghanantayoh || 56 ||

anna-panam samasena viparitam ato 'nya-da |
nityam sarva-rasabhyasah sva-svadhikyam rtav rtau || 57 ||

rtvor antyadi-saptahav rtu-samdhir iti smrtah |
tatra purvo vidhis tyajyah sevaniyo 'parah kramat || 58 ||

3.58av rtvor antyadi-saptahad a-satmya-ja hi rogah syuh sahasa
tyaga-silanat || 58u ||

sutrasthana
vegan na dharayed vata-vin-mutra-ksava-trt-ksudham |
nidra-kasa-srama-svasa-jrmbhasru-cchardi-retasam || 1 ||

adho-vatasya rodhena gulmodavarta-ruk-klamah |
vata-mutra-sakrt-sanga-drsty-agni-vadha-hrd-gadah || 2 ||

sneha-sveda-vidhis tatra vartayo bhojanani ca |
panani vastayas caiva sastam vatanulomanam || 2+1 ||

sakrtah pindikodvesta-pratisyaya-siro-rujah |
urdhva-vayuh parikarto hrdayasyoparodhanam || 3 ||

4.3cv urdhvam vayuh parikarto
mukhena vit-pravrttis ca purvoktas camayah smrtah |
anga-bhangasmari-vasti-medhra-vanksana-vedanah || 4 ||

mutrasya rodhat purve ca prayo rogas tad-ausadham |
varty-abhyangavagahas ca svedanam vasti-karma ca || 5 ||

anna-panam ca vid-bhedi vid-rodhotthesu yaksmasu |
mutra-jesu tu pane ca prag-bhaktam sasyate ghrtam || 6 ||

4.6cv mutra-jesu ca panam tu 4.6cv mutra-jesu prayuñjita 4.6dv
sarpisas
cavapidakam
jirnantikam cottamaya matraya yojana-dvayam |
avapidakam etac ca samjñitam dharanat punah || 7 ||

udgarasya-rucih kampo vibandho hrdayorasoh |
adhmana-kasa-hidhmas ca hidhma-vat tatra bhesajam || 8 ||

siro-'rtindriya-daurbalya-manya-stambharditam ksuteh |
tiksna-dhumañjanaghrana-navanarka-vilokanaih || 9 ||

pravartayet ksutim saktam sneha-svedau ca silayet |
sosanga-sada-badhirya-sammoha-bhrama-hrd-gadah || 10 ||

trsnaya nigrahat tatra sitah sarvo vidhir hitah |
anga-bhanga-ruci-glani-karsya-sula-bhramah ksudhah || 11 ||

4.11dv -karsya-sula-srama-bhramah
tatra yojyam laghu snigdham usnam alpam ca bhojanam |
nidraya moha-murdhaksi-gauravalasya-jrmbhikah || 12 ||

4.12av vaivarnyam ca ksudhas tatra 4.12bv snigdhosnam laghu bhojanam
anga-mardas ca tatrestah svapnah samvahanani ca |
kasasya rodhat tad-vrddhih svasa-ruci-hrd-amayah || 13 ||

soso hidhma ca karyo 'tra kasa-ha su-taram vidhih |
gulma-hrd-roga-sammohah srama-svasad vidharitat || 14 ||

4.14dv srama-svasa-vidharanat
hitam visramanam tatra vata-ghnas ca kriya-kramah |
jrmbhayah ksava-vad rogah sarvas canila-jid vidhih || 15 ||

4.15cc jrmbhayah ksuti-vad rogah
pinasaksi-siro-hrd-run-manya-stambha-ruci-bhramah |
sa-gulma baspatas tatra svapno madyam priyah kathah || 16 ||

visarpa-kotha-kusthaksi-kandu-pandv-amaya-jvarah |
sa-kasa-svasa-hrl-lasa-vyanga-svayathavo vameh || 17 ||

gandusa-dhuman-ahara ruksam bhuktva tad-udvamah |
vyayamah srutir asrasya sastam catra virecanam || 18 ||

4.18av gandusa-dhuman-aharam 4.18av
gandusa-dhuman-aharan 4.18bv ruksam bhuktva tad udvamet
4.18bv ruksan bhuktva tad udvamet
sa-ksara-lavanam tailam abhyangartham ca sasyate |
sukrat tat-sravanam guhya-vedana-svayathu-jvarah || 19 ||

4.19bv abhyangarthe ca sasyate
hrd-vyatha-mutra-sanganga-bhanga-vrddhy-asma-sandha-tah |
tamra-cuda-sura-sali-vasty-abhyangavagahanam || 20 ||

vasti-suddhi-karaih siddham bhajet ksiram priyah striyah |
trt-sulartam tyajet ksinam vid-vamam vega-rodhinam || 21 ||

rogah sarve 'pi jayante vegodirana-dharanaih |
nirdistam sadhanam tatra bhuyistham ye tu tan prati || 22 ||

tatas caneka-dha prayah pavano yat prakupyati |
anna-panausadham tasya yuñjitato 'nulomanam || 23 ||

dharayet tu sada vegan hitaisi pretya ceha ca |
lobhersya-dvesa-matsarya-ragadinam jitendriyah || 24 ||

yateta ca yatha-kalam malanam sodhanam prati |
aty-artha-samcitas te hi kruddhah syur jivita-cchidah || 25 ||

dosah kada-cit kupyanti jita langhana-pacanaih |
ye tu samsodhanaih suddha na tesam punar-udbhavah || 26 ||

4.26cv ye tu samsodhanaih suddhas 4.26dv tesam na
punar-udbhavahca
yatha-kramam yatha-yogam ata urdhvam prayojayet |
rasayanani siddhani vrsya-yogams ca kala-vit || 27 ||

4.27av yatha-kramam yatha-yogyam
bhesaja-ksapite pathyam aharair brmhanam kramat |
sali-sastika-godhuma-mudga-mamsa-ghrtadibhih || 28 ||

4.28dv -mudga-mamsa-rasadibhih
hrdya-dipana-bhaisajya-samyogad ruci-pakti-daih |
sabhyangodvartana-snana-niruha-sneha-vastibhih || 29 ||

tatha sa labhate sarma sarva-pavaka-patavam |
dhi-varnendriya-vaimalyam vrsa-tam dairghyam ayusah || 30 ||

ye bhuta-visa-vayv-agni-ksata-bhangadi-sambhavah |
raga-dvesa-bhayadyas ca te syur agantavo gadah || 31 ||

4.31cv kama-krodha-bhayadyas
tyagah prajñaparadhanam indriyopasamah smrtih |
desa-kalatma-vijñanam sad-vrttasyanuvartanam || 32 ||

atharva-vihita santih pratikula-graharcanam |
bhutadya-sparsanopayo nirdistas ca prthak prthak || 33 ||

an-utpattyai samasena vidhir esa pradarsitah |
nijagantu-vikaranam utpannanam ca santaye || 34 ||

4.34av an-utpattau samasena
sitodbhavam dosa-cayam vasante visodhayan grisma-jam abhra-kale |
ghanatyaye varsikam asu samyak prapnoti rogan rtu-jan na jatu || 35
||

nityam hitahara-vihara-sevi samiksya-kari visayesv a-saktah |
data samah satya-parah ksama-van aptopasevi ca bhavaty a-rogah ||
36 ||

sutrasthana
jivanam tarpanam hrdyam hladi buddhi-prabodhanam |
tanv a-vyakta-rasam mrstam sitam laghv amrtopamam || 1 ||

gangambu nabhaso bhrastam sprstam tv arkendu-marutaih |
hita-hita-tve tad bhuyo desa-kalav apeksate || 2 ||

yenabhivrstam a-malam saly-annam rajate sthitam |
a-klinnam a-vi-varnam ca tat peyam gangam anya-tha || 3 ||

5.3bv saly-annam rajata-sthitam 5.3cv a-klinnam a-vi-varnam syat
5.3cv a-klinnam a-vivarnam va
5.3dv tat toyam gangam anya-tha
samudram tan na patavyam masad asvayujad vina |
aindram ambu su-patra-stham a-vipannam sada pibet || 4 ||

tad-a-bhave ca bhumi-stham antariksanukari yat |
suci-prthv-asita-svete dese 'rka-pavanahatam || 5 ||

5.5av tad-a-bhave ca bhuyistham 5.5av tad-a-bhave pibed bhaumam
na pibet panka-saivala-trna-parnavilastrtam |
suryendu-pavana-drstam abhivrstam ghanam guru || 6 ||

phenilam jantu-mat taptam danta-grahy ati-saityatah |
an-artavam ca yad divyam artavam prathamam ca yat || 7 ||

lutadi-tantu-vin-mutra-visa-samslesa-dusitam |
pascimoda-dhi-gah sighra-vaha yas ca-malodakah || 8 ||

pathyah samasat ta nadyo viparitas tv ato 'nya-tha |
upalasphalanaksepa-vicchedaih kheditodakah || 9 ||

5.9av pathyah samasato nadyo
himavan-malayodbhutah pathyas ta eva ca sthirah |
krmi-slipada-hrt-kantha-siro-rogan prakurvate || 10 ||

pracyavanty-aparantottha dur-namani mahendra-jah |
udara-slipadatankan sahya-vindhyodbhavah punah || 11 ||

5.11bv sahya-vindhya-bhavah punah
kustha-pandu-siro-rogan dosa-ghnyah pariyatra-jah |
bala-paurusa-karinyah sagarambhas tri-dosa-krt || 12 ||

5.12dv sagarambu tri-dosa-krt
avilam sa-malam nilam ghanam pitam athapi ca |
sa-ksaram picchilam caiva samudram tan nigadyate || 12+1 ||

vidyat kupa-tadagadin jangalanupa-sailatah |
nambu peyam a-saktya va sv-alpam alpagni-gulmibhih || 13 ||

pandudaratisararso-grahani-sosa-sothibhih |
rte saran-nidaghabhyam pibet svastho 'pi calpa-sah || 14 ||

5.14bv -grahani-dosa-sothibhih
sama-sthula-krsa bhukta-madhyanta-prathamambu-pah |
sitam madatyaya-glani-murcha-chardi-srama-bhraman || 15 ||

5.15av sama-sthula-krsa bhakta-

trsnosna-daha-pittasra-visany ambu niyacchati |
dipanam pacanam kanthyam laghusnam vasti-sodhanam || 16 ||

5.16av trsnosma-daha-pittasra-
hidhmadhmananila-slesma-sadyah-suddhi-nava-jvare |
kasama-pinasa-svasa-parsva-ruksu ca sasyate || 17 ||

5.17bv -sadyah-suddhe nava-jvare
an-abhisyandi laghu ca toyam kvathita-sitalam |
pitta-yukte hitam dose vyusitam tat tri-dosa-krt || 18 ||

5.18av ruksam an-abhisyandi 5.18bv laghu kvathita-sitalam 5.18cv
'dhyusitam tat tri-dosa-krt
narikelodakam snigdham svadu vrsyam himam laghu |
trsna-pittanila-haram dipanam vasti-sodhanam || 19 ||

varsasu divya-nadeye param toye varavare |
svadu-paka-rasam snigdham ojasyam dhatu-vardhanam || 20 ||

vata-pitta-haram vrsyam slesmalam guru sitalam |
prayah payo 'tra gavyam tu jivaniyam rasayanam || 21 ||

ksata-ksina-hitam medhyam balyam stanya-karam saram |
srama-bhrama-mada-laksmi-svasa-kasati-trt-ksudhah || 22 ||

5.22dv -svasa-kasarti-trt-ksudhah 5 .22dv
-svasa-kasadhi-trt-ksudhah
jirna-jvaram mutra-krcchram rakta-pittam ca nasayet |
hitam aty-agny-a-nidrebhyo gariyo mahisam himam || 23 ||

alpambu-pana-vyayama-katu-tiktasanair laghu |
ajam sosa-jvara-svasa-rakta-pittatisara-jit || 24 ||

isad-ruksosna-lavanam austrakam dipanam laghu |
sastam vata-kaphanaha-krmi-sophodararsasam || 25 ||

manusam vata-pittasrg-abhighataksi-roga-jit |
tarpanascyotanair nasyair a-hrdyam tusnam avikam || 26 ||

vata-vyadhi-haram hidhma-svasa-pitta-kapha-pradam |
hastinyah sthairya-krd badham usnam tv aikasapham laghu || 27
||

sakha-vata-haram samla-lavanam jada-ta-karam |
payo 'bhisyandi gurv amam yuktya srtam ato 'nya-tha || 28 ||
vina tu vanita-stanyam amam eva hitam hi tat || 28+1ab ||
bhaved gariyo 'ti-srtam dharosnam amrtopamam |
amla-paka-rasam grahi gurusnam dadhi vata-jit || 29 ||

medah-sukra-bala-slesma-pitta-raktagni-sopha-krt |
rocisnu sastam a-rucau sitake visama-jvare || 30 ||

pinase mutra-krcchre ca ruksam tu grahani-gade |
naivadyan nisi naivosnam vasantosna-saratsu na || 31 ||

5.31cv sarad-grisma-vasantesu 5.31dv nadyan nosnam na ratrisu
na-mudga-supam na-ksaudram tan na-ghrta-sitopalam |
na can-amalakam napi nityam no mandam anya-tha || 32 ||

jvarasrk-pitta-visarpa-kustha-pandu-bhrama-pradam |
takram laghu kasayamlam dipanam kapha-vata-jit || 33 ||

sophodararso-grahani-dosa-mutra-graha-rucih |
pliha-gulma-ghrta-vyapad-gara-pandv-amayañ jayet || 34 ||

tad-van mastu saram srotah-sodhi vistambha-jil laghu |
nava-nitam navam vrsyam sitam varna-balagni-krt || 35 ||

samgrahi vata-pittasrk-ksayarso-'rdita-kasa-jit |
ksirodbhavam tu samgrahi rakta-pittaksi-roga-jit || 36 ||

sastam dhi-smrti-medhagni-balayuh-sukra-caksusam |
bala-vrddha-praja-kanti-saukumarya-svararthinam || 37 ||

ksata-ksina-parisarpa-sastragni-glapitatmanam |
vata-pitta-visonmada-sosa-laksmi-jvarapaham || 38 ||

snehanam uttamam sitam vayasah sthapanam param |
sahasra-viryam vidhibhir ghrtam karma-sahasra-krt || 39 ||

5.39cv sahasra-viryam vidhi-vad
madapasmara-murchaya-sirah-karnaksi-yoni-jan |
puranam jayati vyadhin vrana-sodhana-ropanam || 40 ||

balyah kilata-piyusa-kurcika-moranadayah |
sukra-nidra-kapha-kara vistambhi-guru-dosalah || 41 ||

5.41bv -kucika-moranadayah
gavye ksira-ghrte sresthe nindite cavi-sambhave |
iksoh saro guruh snigdho brmhanah kapha-mutra-krt || 42 ||

vrsyah sito 'sra-pitta-ghnah svadu-paka-raso rasah |
so 'gre sa-lavano danta-piditah sarkara-samah || 43 ||

mulagra-jantu-jagdhadi-pidanan mala-samkarat |
kiñ-cit-kalam vidhrtya ca vikrtim yati yantrikah || 44 ||

5.44cv kiñ-cit-kala-vidhrtya ca
vidahi guru-vistambhi tenasau tatra paundrakah |
saitya-prasada-madhuryair varas tam anu vamsikah || 45 ||

5.45av gurur vidahi vistambhi
sataparvaka-kantara-naipaladyas tatah kramat |
sa-ksarah sa-kasayas ca sosnah kiñ-cid-vidahinah || 46 ||

5.46av sataparvaka-kantara- 5.46bv -nepaladyas tatah kramat
phanitam gurv abhisyandi caya-krn mutra-sodhanam |
nati-slesma-karo dhautah srsta-mutra-sakrd gudah || 47 ||

prabhuta-krmi-majjasrn-medo-mamsa-kapho 'parah |

hrdyah puranah pathyas ca navah slesmagni-sada-krt || 48 ||

vrsyah ksina-ksata-hita rakta-pittanilapahah |
matsyandika-khanda-sitah kramena guna-vat-tamah || 49 ||

tad-guna tikta-madhura kasaya yasa-sarkara |
daha-trt-chardi-murchasrk-pitta-ghnyah sarva-sarkarah || 50 ||

sarkareksu-vikaranam phanitam ca varavare |
caksusyam chedi trt-slesma-visa-hidhmasra-pitta-nut || 51 ||

meha-kustha-krmi-cchardi-svasa-kasatisara-jit |
vrana-sodhana-samdhana-ropanam vatalam madhu || 52 ||

ruksam kasaya-madhuram tat-tulya madhu-sarkara |
usnam usnartam usne ca yuktam cosnair nihanti tat || 53 ||
yaksmarso-'rdita-pittasrn-nasanam grahi dipanam || 53.1+1 ||
pracchardane niruhe ca madhusnam na nivaryate |
a-labdha-pakam asv eva tayor yasman nivartate || 54 ||

5.54cv a-labdha-pakam evasu
tailam sva-yoni-vat tatra mukhyam tiksnam vyavayi ca |
tvag-dosa-krd a-caksusyam suksmosnam kapha-krn na ca || 55 ||

krsanam brmhanayalam sthulanam karsanaya ca |
baddha-vitkam krmi-ghnam ca samskarat sarva-roga-jit || 56 ||

5.56dv samskarat sarva-dosa-jit
sa-tiktosanam airandam tailam svadu saram guru |
vardhma-gulmanila-kaphan udaram visama-jvaram || 57 ||

ruk-sophau ca kati-guhya-kostha-prsthasrayau jayet |
tiksnosnam picchilam visram raktairandodbhavam tv ati || 58 ||

katusnam sarsapam tiksnam kapha-sukranilapaham |
laghu pittasra-krt kotha-kustharso-vrana-jantu-jit || 59 ||

aksam svadu himam kesyam guru pittanilapaham |
naty-usnam nimba-jam tiktam krmi-kustha-kapha-pranut || 60 ||

uma-kusumbha-jam cosnam tvag-dosa-kapha-pitta-krt |
vasa majja ca vata-ghnau bala-pitta-kapha-pradau || 61 ||
kasaya-tikta-katukam karañjam vrana-sodhanam || 61.1+1 ||
mamsanuga-sva-rupau ca vidyan medo 'pi tav iva |
dipanam rocanam madhyam tiksnosnam tusti-pusti-dam || 62 ||

sa-svadu-tikta-katukam amla-paka-rasam saram |
sa-kasayam svararogya-pratibha-varna-krl laghu || 63 ||

nasta-nidrati-nidrebhyo hitam pittasra-dusanam |

krsa-sthula-hitam ruksam suksmam sroto-visodhanam || 64 ||

vata-slesma-haram yuktya pitam visa-vad anya-tha |
guru tad-dosa-jananam navam jirnam ato 'nya-tha || 65 ||

drakseksavah sa-kharjurah sali-pistam yavasya ca |
pañca madyakarah srestha draksa tesam visisyate ||
65.1+1 ||

5.65.1+1bv saleh pistam yavasya ca
peyam nosnopacarena na virikta-ksudhaturaih |
naty-artha-tiksna-mrdv-alpa-sambharam kalusam na ca || 66 ||

gulmodararso-grahani-sosa-hrt snehani guruh |
suranila-ghni medo-'srk-stanya-mutra-kaphavaha || 67 ||

tad-guna varuni hrdya laghus tiksna nihanti ca |
sula-kasa-vami-svasa-vibandhadhmana-pinasan || 68 ||

nati-tivra-mada laghvi pathya vaibhitaki sura |
vrane pandv-amaye kusthe na caty-artham virudhyate || 69 ||

vistambhini yava-sura gurvi ruksa tri-dosala |
yatha-dravya-guno 'ristah sarva-madya-gunadhikah || 70 ||

grahani-pandu-kustharsah-sopha-sosodara-jvaran |
hanti gulma-krmi-plihnah kasaya-katu-vatalah || 71 ||

5.71dv kasayah katu-vatalah
mardvikam lekhanam hrdyam naty-usnam madhuram saram |
alpa-pittanilam pandu-meharsah-krmi-nasanam || 72 ||

asmad alpantara-gunam kharjuram vatalam guru |
sarkarah surabhih svadu-hrdyo nati-mado laghuh || 73 ||

5.73cv sarkaram surabhi svadu 5.73dv hrdyam nati-madam laghu
srsta-mutra-sakrd-vato gaudas tarpana-dipanah |
vata-pitta-karah sidhuh sneha-slesma-vikara-ha || 74 ||

medah-sophodararso-ghnas tatra pakva-raso varah |
chedi madhv-asavas tiksno meha-pinasa-kasa-jit || 75 ||

rakta-pitta-kaphotkledi suktam vatanulomanam |
bhrsosna-tiksna-ruksamlam hrdyam ruci-karam saram || 76
||

5.76dv hrdyam ruci-karam param
dipanam sisira-sparsam pandu-drk-krmi-nasanam |
gudeksu-madya-mardvika-suktam laghu yathottaram || 77 ||

5.77bv pandu-hrt krmi-nasanam 5.77cv gudeksu-madya-madhvika-
kanda-mula-phaladyam ca tad-vad vidyat tad-asutam |
sandaki casutam canyat kalamlam rocanam laghu || 78 ||

dhanyamlam bhedi tiksnosnam pitta-krt sparsa-sitalam |

srama-klama-haram rucyam dipanam vasti-sula-nut || 79 ||

sastam asthapane hrdyam laghu vata-kaphapaham |
ebhir eva gunair yukte sauviraka-tusodake || 80 ||
gandusa-dharanad vaktra-mala-daurgandhya-sosa-jit || 80.1+1 ||
krmi-hrd-roga-gulmarsah-pandu-roga-nibarhane |
te kramad vi-tusair vidyat sa-tusais ca yavaih krte || 81 ||

5.81av krmi-hrd-roga-gulmarso- 5.81bv -grahani-pandu-nasane
mutram go-'javi-mahisi-gajasvostra-kharodbhavam |
pittalam ruksa-tiksnosnam lavananu-rasam katu || 82 ||

krmi-sophodaranaha-sula-pandu-kaphanilan |
gulma-ruci-visa-svitra-kustharsamsi jayel laghu || 83 ||

5.83bv -sula-pandu-kaphamayan
toya-ksireksu-tailanam vargair madyasya ca kramat |
iti dravaika-deso 'yam yatha-sthulam udahrtah || 84 ||

sutrasthana
rakto mahan sa-kalamas turnakah sakunahrtah |
sara-mukho dirghasuko lodhrasukah sugandhikah || 1 ||

pundrah panduh pundarikah pramodo gaura-sarivau |
kañcano mahisah sukah dusakah kusumandakah || 2 ||

6.2av pandukah pundarikas ca 6.2av paundrakah
pundarikas ca 6.2bv
pramodo gaura-salikah
langala lohavalakhyah kardamah sitabhirukah |
patangas tapaniyas ca ye canye salayah subhah || 3 ||

6.3av jangala lohavalakhyah 6.3av langala lohavalas ca 6.3av
langalo lohavalakhyah
6.3bv kardamah sitabhirukah
svadu-paka-rasah snigdha vrsya baddhalpa-varcasah |
kasayanu-rasah pathya laghavo mutrala himah || 4 ||

suka-jesu varas tatra raktas trsna-tri-dosa-ha |
mahams tam anu kalamas tam capy anu tatah pare || 5 ||

6.5cv mahams tasyanu kalamas
yavaka hayanah pamsu-baspa-naisadhakadayah |
svadusna guravah snigdhah pake 'mlah slesma-pittalah || 6
||

6.6bv -vapya-naisadhakadayah
srsta-mutra-purisas ca purvam purvam ca ninditah |
snigdho grahi laghuh svadus tri-dosa-ghnah sthiro himah || 7 ||

sastiko vrihisu srestho gauras casita-gauratah |
tatah kraman maha-vrihi-krsna-vrihi-jatumukhah || 8 ||

kukkutandaka-lavakhya-paravataka-sukarah |
varakoddalakojjvala-cina-sarada-dardurah || 9 ||

6.9av kukkutandaka-palaksa- 6.9av kukkutandaka-palakhya-
6.9av kukkutandaka-lavaksa-
6.9dv -cina-sarada-durdarah
gandhanah kuruvindas ca gunair alpantarah smrtah |
svadur amla-vipako 'nyo vrihih pitta-karo guruh || 10 ||

bahu-mutra-purisosma tri-dosas tv eva patalah |
kangu-kodrava-nivara-syamakadi himam laghu || 11 ||

trna-dhanyam pavana-krl lekhanam kapha-pitta-hrt |
bhagna-samdhana-krt tatra priyangur brmhani guruh || 12 ||

koradusah param grahi sparso sito visapahah |
ruksah sito guruh svaduh saro vid-vata-krd yavah || 13 ||

6.13bv sparso sito garapahah 6.13bv sparsa-sito visapahah
vrsyah sthairya-karo mutra-medah-pitta-kaphañ jayet |
pinasa-svasa-kasoru-stambha-kantha-tvag-amayan || 14 ||

nyuno yavad anu-yavo ruksosno vamsa-jo yavah |
vrsyah sito guruh snigdho jivano vata-pitta-ha || 15 ||

6.15av nyuno yavad anya-yavo
samdhana-kari madhuro godhumah sthairya-krt sarah |
pathya nandimukhi sita kasaya-madhura laghuh || 16 ||
nih-sara vatala ruksa jurnadhmana-kara sara || 16+1 ||
mudgadhaki-masuradi simbi-dhanyam vibandha-krt |
kasayam svadu samgrahi katu-pakam himam laghu || 17 ||

medah-slesmasra-pittesu hitam lepopasekayoh |
varo 'tra mudgo 'lpa-calah kalayas tv ati-vatalah || 18 ||
asrk-pitta-haro rukso vatalas canakah smrtah || 18.1+1 ||
raja-maso 'nila-karo rukso bahu-sakrd guruh |
usnah kulatthah pake 'mlah sukrasma-svasa-pinasan || 19 ||

kasarsah-kapha-vatams ca ghnanti pittasra-dah param |
nispavo vata-pittasra-stanya-mutra-karo guruh || 20 ||

6.20cv nispavo vata-pittasrk-
saro vidahi drk-sukra-kapha-sopha-visapahah |
masah snigdho bala-slesma-mala-pitta-karah sarah || 21 ||

gurusno 'nila-ha svaduh sukra-vrddhi-vireka-krt |
phalani masa-vad vidyat kakandolatmaguptayoh || 22 ||

usnas tvacyo himah sparse kesyo balyas tilo guruh |
alpa-mutrah katuh pake medhagni-kapha-pitta-krt || 23 ||

6.23av usnas tvacyo hima-sparsah
snigdhoma svadu-tiktosna kapha-pitta-kari guruh |

drk-sukra-hrt katuh pake tad-vad bijam kusumbha-jam || 24 ||

maso 'tra sarvesv avaro yavakah suka-jesu ca |
navam dhanyam abhisyandi laghu samvatsarositam || 25 ||

6.25bv yavakah suka-jesv api 6.25dv laghu varsositam ca yat
sighra-janma tatha supyam nis-tusam yukti-bharjitam |
manda-peya-vilepinam odanasya ca laghavam || 26 ||

yava-godhuma-masas ca tilas cabhinava hitah |
purana vi-rasah suksma na tathartha-kara matah || 26.1+1 ||

yatha-purvam sivas tatra mando vatanulomanah |
trd-glani-dosa-sesa-ghnah pacano dhatu-samya-krt || 27 ||

sroto-mardava-krt svedi samdhuksayati canalam |
ksut-trsna-glani-daurbalya-kuksi-roga-jvarapaha || 28 ||

malanulomani pathya peya dipana-pacani |
vilepi grahini hrdya trsna-ghni dipani hita || 29 ||

vranaksi-roga-samsuddha-dur-bala-sneha-payinam |
su-dhautah prasrutah svinno '-tyaktosma caudano laghuh || 30 ||

yas cagneyausadha-kvatha-sadhito bhrsta-tandulah |
viparito guruh ksira-mamsadyair yas ca sadhitah || 31 ||

6.31av yas cagneyausadha-kvathe 6.31bv sadhito
bhrsta-tandulaih
iti dravya-kriya-yoga-manadyaih sarvam adiset |
brmhanah prinano vrsyas caksusyo vrana-ha rasah || 32
||

maudgas tu pathyah samsuddha-vrana-kanthaksi-roginam |
vatanulomi kaulattho gulma-tuni-pratuni-jit || 33 ||

a-krtam krta-yusam ca tanu samskaritam rasam |
supam amlam an-amlam ca guru vidyad yathottaram || 33+1 ||

tila-pinyaka-vikrtih suska-sakam virudhakam |
sandaki-vatakam drn-ghnam dosalam glapanam guru || 34
||

rasala brmhani vrsya snigdha balya ruci-prada |
srama-ksut-trt-klama-haram panakam prinanam guru || 35 ||

vistambhi mutralam hrdyam yatha-dravya-gunam ca tat |
lajas trt-chardy-atisara-meha-medah-kapha-cchidah || 36 ||

kasa-pittopasamana dipana laghavo himah |
prthuka guravo balyah kapha-vistambha-karinah || 37 ||

dhana vistambhini ruksa tarpani lekhani guruh |
saktavo laghavah ksut-trt-srama-netramaya-vranan || 38 ||

6.38dv -srama-netra-galamayan
ghnanti samtarpanah panat sadya eva bala-pradah |
nodakantaritan na dvir na nisayam na kevalan || 39 ||

na bhuktva na dvi-jais chittva saktun adyan na va bahun |
pinyako glapano rukso vistambhi drsti-dusanah || 40 ||

rauksyad vistambhate kosthe vistambhi-tvad vidahyate |
vidahat kurute glanim pinyako nisi sevitah || 40+1 ||

vesavaro guruh snigdho balopacaya-vardhanah |
mudgadi-jas tu guravo yatha-dravya-gunanugah || 41 ||

kukula-karpara-bhrastra-kandv-angara-vipacitan |
eka-yonio laghun vidyad apupan uttarottaram || 42 ||

6.42av kukula-kharpara-bhrastra- 6.42bv -katv-angara-vipacitan
6.42dv
apupams tu yathottaram
harinaina-kurangarksa-gokarna-mrgamatrkah |
sasa-sambara-caruska-sarabhadya mrgah smrtah || 43 ||

lava-vartika-vartira-raktavartmaka-kukkubhah |
kapiñjalopacakrakhya-cakora-kurubahavah || 44 ||

6.44bv -raktavartmaka-kurkubhah
vartako vartika caiva tittirih krakarah sikhi |
tamra-cudakhya-bakara-gonarda-giri-vartikah || 45 ||

6.45cv kukkuto bakarah kanka- 6.45cv tamra-cudakhya-varaka-
tatha sarapadendrabha-varatadyas ca viskirah |
jivañjivaka-datyuha-bhrngahva-suka-sarikah || 46 ||

6.46bv -varatadyas ca viskirah 6.46bv -varatas ceti
viskirah 6.46bv -varatas
ceti viskirah
latva-kokila-harita-kapota-catakadayah |
pratuda bheka-godhahi-svavid-adya bile-sayah || 47 ||

go-kharasvatarostrasva-dvipi-simharksa-vanarah |
marjara-musaka-vyaghra-vrka-babhru-taraksavah || 48 ||

lopaka-jambuka-syena-casa-vantada-vayasah |
sasaghni-bhasa-kurara-grdhroluka-kulingakah || 49 ||

6.49cv sasari-bhasa-kurara-
dhumika madhuha ceti prasaha mrga-paksinah |
varaha-mahisa-nyanku-ruru-rohita-varanah || 50 ||

srmaras camarah khadgo gavayas ca maha-mrgah |
hamsa-sarasa-kadamba-baka-karandava-plavah || 51 ||

balakotkrosa-cakrahva-madgu-krauñcadayo 'p-carah |
matsya rohita-pathina-kurma-kumbhira-karkatah || 52 ||

sukti-sankhodra-sambuka-saphari-varmi-candrikah |
culuki-nakra-makara-sisumara-timingilah || 53 ||

6.53av sukti-sankhodru-sambuka- 6.53cv cullaki-nakra-makara-
raji-cilicimadyas ca mamsam ity ahur asta-dha |
yonisv ajavi vyamisra-go-cara-tvad a-niscite || 54 ||

mrgyam vaiskirikam kim ca pratudam ca bile-sayam |
prasaham ca maha-mrgyam ap-caram matsyam asta-dha || 54.1+1 ||

adyantya jangalanupa madhyau sadharanau smrtau |
tatra baddha-malah sita laghavo jangala hitah || 55 ||

pittottare vata-madhye samnipate kaphanuge |
dipanah katukah pake grahi rukso himah sasah || 56 ||

isad-usna-guru-snigdha brmhana vartakadayah |
tittiris tesv api varo medhagni-bala-sukra-krt || 57 ||

grahi varnyo 'nilodrikta-samnipata-harah param |
nati-pathyah sikhi pathyah srotra-svara-vayo-drsam || 58 ||

tad-vac ca kukkuto vrsyo gramyas tu slesmalo guruh |
medhanala-kara hrdyah krakarah sopacakrakah || 59 ||

guruh sa-lavanah kana-kapotah sarva-dosa-krt |
catakah slesmalah snigdha vata-ghnah sukralah param || 60
||

6.60dv vata-ghnah sukralah bhrsam
gurusna-snigdha-madhura vargas cato yathottaram |
mutra-sukra-krto balya vata-ghnah kapha-pittalah || 61 ||

sita maha-mrgas tesu kravyada-prasahah punah |
lavananu-rasah pake katuka mamsa-vardhanah || 62 ||

6.62bv kravyadah prasahah punah
jirnarso-grahani-dosa-sosartanam param hitah |
nati-sita-guru-snigdham mamsam ajam a-dosalam || 63 ||

6.63cv nati-sitam guru snigdham
sarira-dhatu-samanyad an-abhisyandi brmhanam |
viparitam ato jñeyam avikam brmhanam tu tat || 64 ||

suska-kasa-sramaty-agni-visama-jvara-pinasan |
karsyam kevala-vatams ca go-mamsam samniyacchati || 65 ||

usno gariyan mahisah svapna-dardhya-brhat-tva-krt |
tad-vad varahah srama-ha ruci-sukra-bala-pradah || 66 ||

matsyah param kapha-karas cilicimas tri-dosa-krt |
lava-rohita-godhainah sve sve varge varah param || 67 ||

matsyadi-paksinam caiva guruny andani cadiset |
tani snigdhani vrsyani svadu-paka-rasani ca || 67.1+1 ||

6.67.1+1bv guruny andany ato diset 6.67.1+1bv guruny andani canyato
mamsam sadyo-hatam suddham vayah-stham ca bhajet tyajet |
mrtam krsam bhrsam medyam vyadhi-vari-visair hatam || 68 ||

pum-striyoh purva-pascardhe guruni garbhini guruh |
laghur yosic catus-patsu vihangesu punah puman || 69 ||

sirah-skandhoru-prsthasya katyah sakthnos ca gauravam |
tathama-pakvasayayor yatha-purvam vinirdiset || 70 ||

sonita-prabhrtinam ca dhatunam uttarottaram |
mamsad gariyo vrsana-medhra-vrkka-yakrd-gudam || 71 ||

sakam patha-sathi-susa-sunisanna-satina-jam |
tri-dosa-ghnam laghu grahi sa-raja-ksava-vastukam || 72 ||

6.72av sakam patha-sathi-susa-
sunisanno 'gni-krd vrsyas tesu raja-ksavah param |
grahany-arso-vikara-ghno varco-bhedi tu vastukam || 73 ||

hanti dosa-trayam kustham vrsya sosna rasayani |
kakamaci sara svarya cangery amlagni-dipani || 74 ||

6.74bv vrsya sosna rasayanam
grahany-arso-'nila-slesman-hitosna grahini laghuh |
patola-saptalarista-sarngastavalgujamrtah || 75 ||

6.75cv patolam saptalarista-
vetragra-brhati-vasa-kutili-tilaparnikah |
mandukaparni-karkota-karavellaka-parpatah || 76 ||

6.76av vetragram brhati-vasa- 6.76bv -kuntili-tilaparnikah 6.76bv -kuntali-tilaparnikah
nadi-kalaya-gojihva-vartakam vanatiktakam |
kariram kulakam nandi kucaila sakuladani || 77 ||

kathillam kembukam sitam sa-kosataka-karkasam |
tiktam pake katu grahi vatalam kapha-pitta-jit || 78 ||

6.78av kathilla-kembukam sitam
hrdyam patolam krmi-nut svadu-pakam ruci-pradam |
pittalam dipanam bhedi vata-ghnam brhati-dvayam || 79 ||

vrsam tu vami-kasa-ghnam rakta-pitta-haram param |
karavellam sa-katukam dipanam kapha-jit param || 80 ||

vartakam katu-tiktosnam madhuram kapha-vata-jit |
sa-ksaram agni-jananam hrdyam rucyam a-pittalam || 81 ||

kariram adhmana-karam kasayam svadu tiktakam |
kosatakavalgujakau bhedinav agni-dipanau || 82 ||

6.82dv bhedanav agni-dipanau

tanduliyo himo ruksah svadu-paka-raso laghuh |
mada-pitta-visasra-ghno muñjatam vata-pitta-jit || 83 ||

snigdham sitam guru svadu brmhanam sukra-krt param |
gurvi sara tu palankya mada-ghni capy upodaka || 84 ||

palankya-vat smrtas cañcuh sa tu samgrahanatmakah |
vidari vata-pitta-ghni mutrala svadu-sitala || 85 ||

6.85av palankya-vat smrtas cuccuh 6.85av palankya-vat smrtas
cuñcuh
jivani brmhani kanthya gurvi vrsya rasayanam |
caksusya sarva-dosa-ghni jivanti madhura hima || 86 ||

kusmanda-tumba-kalinga-karkarv-ervaru-tindisam |
tatha trapusa-cinaka-cirbhatam kapha-vata-krt || 87 ||

bhedi vistambhy abhisyandi svadu-paka-rasam guru |
valli-phalanam pravaram kusmandam vata-pitta-jit || 88 ||

vasti-suddhi-karam vrsyam trapusam tv ati-mutralam |
tumbam ruksa-taram grahi kalingairvaru-cirbhatam || 89 ||

balam pitta-haram sitam vidyat pakvam ato 'nya-tha |
sirnavrntam tu sa-ksaram pittalam kapha-vata-jit || 90 ||

rocanam dipanam hrdyam asthilanaha-nul laghu |
mrnala-bisa-saluka-kumudotpala-kandakam || 91 ||

nandi-masaka-keluta-srngataka-kaserukam |
krauñcadanam kalodyam ca ruksam grahi himam guru || 92 ||

kadamba-nalika-marsa-kutiñjara-kutumbakam |
cilli-latvaka-lonika-kurutaka-gavedhukam || 93 ||

6.93av kalambu-nalika-marsa- 6.93bv -kutiñjara-kurumbakam 6.93bv
-kuliñjara-kurumbakam 6.93dv -kurudhaka-gavedhukah 6.93dv
-kurantaka-gavedhukah 6.93dv
-kurantaka-gavedhukam
jivanta-jhuñjhv-edagaja-yava-saka-suvarcalah |
alukani ca sarvani tatha supyani laksmanam || 94 ||

6.94bv -yava-saka-suvarcalam 6.94dv tatha supyani laksmanam 6.94dv
tatha
supyani laksmana
svadu ruksam sa-lavanam vata-slesma-karam guru |
sitalam srsta-vin-mutram prayo vistabhya jiryati || 95 ||

svinnam nispidita-rasam snehadhyam nati-dosalam |
laghu-pattra tu ya cilli sa vastuka-sama mata || 96 ||

tarkari-varunam svadu sa-tiktam kapha-vata-jit |
varsabhvau kala-sakam ca sa-ksaram katu-tiktakam || 97 ||

6.97av tarkari-varanam svadu
dipanam bhedanam hanti gara-sopha-kaphanilan |
dipanah kapha-vata-ghnas ciribilvankurah sarah || 98 ||
samgrahi salmali-puspam pittasra-ghnam visesatah || 98.1+1 ||
satavary-ankuras tikta vrsya dosa-trayapahah |
rukso vamsa-kariras tu vidahi vata-pittalah || 99 ||

patturo dipanas tiktah pliharsah-kapha-vata-jit |
krmi-kasa-kaphotkledan kasamardo jayet sarah || 100 ||

ruksosnam amlam kausumbham guru pitta-karam saram |
gurusnam sarsapam baddha-vin-mutram sarva-dosa-krt || 101
||

yad balam a-vyakta-rasam kiñ-cit-ksaram sa-tiktakam |
tan mulakam dosa-haram laghu sosnam niyacchati || 102 ||

gulma-kasa-ksaya-svasa-vrana-netra-galamayan |
svaragni-sadodavarta-pinasams ca mahat punah || 103 ||

rase pake ca katukam usna-viryam tri-dosa-krt |
gurv abhisyandi ca snigdha-siddham tad api vata-jit || 104 ||

6.104dv -svinnam tad api vata-jit
vata-slesma-haram suskam sarvam amam tu dosalam |
katusno vata-kapha-ha pindaluh pitta-vardhanah || 105 ||

kuthera-sigru-surasa-sumukhasuri-bhustrnam |
phanijjarjaka-jambira-prabhrti grahi salanam || 106 ||

vidahi katu ruksosnam hrdyam dipana-rocanam |
drk-sukra-krmi-hrt tiksnam dosotklesa-karam laghu || 107 ||

hidhma-kasa-visa-svasa-parsva-ruk-puti-gandha-ha |
surasah sumukho nati-vidahi gara-sopha-ha || 108 ||

6.108av hidhma-kasa-vami-svasa- 6.108av hidhma-kasa-srama-svasa-
ardrika tikta-madhura mutrala na ca pitta-krt |
lasuno bhrsa-tiksnosnah katu-paka-rasah sarah || 109 ||

hrdyah kesyo gurur vrsyah snigdho rocana-dipanah |
bhagna-samdhana-krd balyo rakta-pitta-pradusanah || 110 ||

6.110bv snigdho dipana-pacanah
kilasa-kustha-gulmarso-meha-krmi-kaphanilan |
sa-hidhma-pinasa-svasa-kasan hanti rasayanam || 111 ||

6.111dv -kasan hanty asra-pitta-krt
palandus tad-guna-nyunah slesmalo nati-pittalah |
kapha-vatarsasam pathyah svede 'bhyavahrtau tatha || 112 ||

tiksno grñjanako grahi pittinam hita-krn na sah |
dipanah surano rucyah kapha-ghno visado laghuh || 113 ||

visesad arsasam pathyo bhu-kandas tv ati-dosalah |
pattre puspe phale nale kande ca guru-ta kramat || 114 ||

6.114cv puspe pattre phale nale
vara sakesu jivanti sarsapam tv avaram param |
draksa phalottama vrsya caksusya srsta-mutra-vit || 115
||

6.115bv sarsapas tv avarah param 6.115bv sarsapas tv avarah param
svadu-paka-rasa snigdha sa-kasaya hima guruh |
nihanty anila-pittasra-tiktasya-tva-madatyayan || 116 ||

6.116cv nihanty anila-pittasrk-
trsna-kasa-srama-svasa-svara-bheda-ksata-ksayan |
udrikta-pittañ jayati trin dosan svadu dadimam || 117 ||

pitta-virodhi naty-usnam amlam vata-kaphapaham |
sarvam hrdyam laghu snigdham grahi rocana-dipanam || 118 ||

moca-kharjura-panasa-narikela-parusakam |
amrata-tala-kasmarya-rajadana-madhuka-jam || 119 ||

sauvira-badarankolla-phalgu-slesmatakodbhavam |
vatamabhisukaksota-mukulaka-nikocakam || 120 ||

urumanam priyalam ca brmhanam guru sitalam |
daha-ksata-ksaya-haram rakta-pitta-prasadanam || 121 ||

svadu-paka-rasam snigdham vistambhi kapha-sukra-krt |
phalam tu pittalam talam saram kasmarya-jam himam || 122 ||

6.122bv slesmalam vata-pitta-jit
sakrn-mutra-vibandha-ghnam kesyam medhyam rasayanam |
vatamady usna-viryam tu kapha-pitta-karam saram || 123 ||

param vata-haram snigdham an-usnam tu priyala-jam |
priyala-majja madhuro vrsyah pittanilapahah || 124 ||

kola-majja gunais tad-vat trt-chardih-kasa-jic ca sah |
pakvam su-dur-jaram bilvam dosalam puti-marutam || 125 ||

dipanam kapha-vata-ghnam balam grahy ubhayam ca tat |
kapittham amam kantha-ghnam dosalam dosa-ghati tu || 126 ||

6.126bv balam grahy ubhayam tu tat
pakvam hidhma-vamathu-jit sarvam grahi visapaham |
jambavam guru vistambhi sitalam bhrsa-vatalam || 127 ||

samgrahi mutra-sakrtor a-kanthyam kapha-pitta-jit |
vata-pittasra-krd balam baddhasthi kapha-pitta-krt || 128 ||

6.128bv a-kanthyam kapha-pitta-nut
gurv amram vata-jit pakvam svadv amlam kapha-sukra-krt |
vrksamlam grahi ruksosnam vata-slesma-haram laghu || 129

||
trsna-ghnam usnam amlayah phalam pitta-karam saram ||
129.1+1 ||
samya gurusnam kesa-ghnam ruksam pilu tu pittalam |
kapha-vata-haram bhedi pliharsah-krmi-gulma-nut || 130 ||

sa-tiktam svadu yat pilu naty-usnam tat tri-dosa-jit |
tvak tikta-katuka snigdha matulungasya vata-jit || 131 ||

brmhanam madhuram mamsam vata-pitta-haram guru |
laghu tat-kesaram kasa-svasa-hidhma-madatyayan || 132 ||

asya-sosanila-slesma-vibandha-cchardy-a-rocakan |
gulmodararsah-sulani mandagni-tvam ca nasayet || 133 ||

madhuram kiñ-cid amlam ca hrdyam bhakta-prarocakam |
guru vata-prasamanam vidyan naranga-jam phalam || 133+1 ||

bhallatakasya tvan-mamsam brmhanam svadu sitalam |
tad-asthy-agni-samam medhyam kapha-vata-haram param || 134 ||

svadv amlam sitam usnam ca dvi-dha palevatam guru |
rucyam aty-agni-samanam rucyam madhuram arukam || 135 ||

6.135dv hrdyam madhuram arukam
pakvam asu jaram yati naty-usna-guru-dosalam |
draksa-parusakam cardram amlam pitta-kapha-pradam || 136 ||

6.136bv naty-usnam guru dosalam
gurusna-viryam vata-ghnam saram sa-karamardakam |
tathamlam kola-karkandhu-likucamratakarukam || 137 ||

6.137cv tad-vac ca kola-karkandhu- 6.137dv -likucamratam arukam
airavatam dantasatham sa-tudam mrgalindikam |
nati-pitta-karam pakvam suskam ca karamardakam || 138 ||

dipanam bhedanam suskam amlika-kolayoh phalam |
trsna-srama-klama-cchedi laghv istam kapha-vatayoh || 139 ||
svadv amlam laghu kolam tu suskam jirnam ca dipanam || 139.1+1
||
phalanam avaram tatra likucam sarva-dosa-krt |
himanalosna-dur-vata-vyala-laladi-dusitam || 140 ||

6.140cv himanilosna-dur-vata-
vata-ghnam dur-jaram proktam narangam kapha-krd guru |
trsna-sula-kaphotkleda-cchardi-svasa-nivaranam || 140.1+1 ||

narikelam guru snigdham pitta-ghnam svadu sitalam |
bala-mamsa-karam hrdyam brmhanam vasti-sodhanam || 140.1+2 ||

jantu-justam jale magnam a-bhumi-jam an-artavam |
anya-dhanya-yutam hina-viryam jirna-tayati ca || 141 ||

6.141dv -viryam jirna-tayapi ca

dhanyam tyajet tatha sakam ruksa-siddham a-komalam |
a-samjata-rasam tad-vac chuskam canya-tra mulakat || 142 ||

prayena phalam apy evam tathamam bilva-varjitam |
visyandi lavanam sarvam suksmam srsta-malam viduh || 143
||

6.143dv suksmam srsta-malam mrdu
vata-ghnam paki tiksnosnam rocanam kapha-pitta-krt |
saindhavam tatra sa-svadu vrsyam hrdyam tri-dosa-nut || 144 ||

laghv an-usnam drsah pathyam a-vidahy agni-dipanam |
laghu sauvarcalam hrdyam su-gandhy udgara-sodhanam || 145 ||

katu-pakam vibandha-ghnam dipaniyam ruci-pradam |
urdhvadhah-kapha-vatanulomanam dipanam vidam || 146 ||

6.146av katu pake vibandha-ghnam
vibandhanaha-vistambha-sula-gaurava-nasanam |
vipake svadu samudram guru slesma-vivardhanam || 147 ||

sa-tikta-katuka-ksaram tiksnam utkledi caudbhidam |
krsne sauvarcala-guna lavane gandha-varjitah || 148 ||

romakam laghu pamsuttham sa-ksaram slesmalam guru |
lavananam prayoge tu saindhavadi prayojayet || 149 ||

6.149dv saindhavadin prayojayet
gulma-hrd-grahani-pandu-plihanaha-galamayan |
svasarsah-kapha-kasams ca samayed yava-suka-jah || 150 ||

6.150cv svasarsah-kapha-vatams ca 6.150dv samayed
yava-suka-jah
ksarah sarvas ca paramam tiksnosnah krmi-jil laghuh |
pittasrg-dusanah paki chedy a-hrdyo vidaranah || 151 ||

a-pathyah katu-lavanyac chukraujah-kesa-caksusam |
hingu vata-kaphanaha-sula-ghnam pitta-kopanam || 152 ||

katu-paka-rasam rucyam dipanam pacanam laghu |
kasaya madhura pake ruksa vi-lavana laghuh || 153 ||

dipani pacani medhya vayasah sthapani param |
usna-virya sarayusya buddhindriya-bala-prada || 154 ||

kustha-vaivarnya-vaisvarya-purana-visama-jvaran |
siro-'ksi-pandu-hrd-roga-kamala-grahani-gadan || 155 ||

sa-sosa-sophatisara-meda-moha-vami-krmin |
svasa-kasa-prasekarsah-plihanaha-garodaram || 156 ||

6.156bv -meha-moha-vami-krmin
vibandham srotasam gulmam uru-stambham a-rocakam |
haritaki jayed vyadhims tams tams ca kapha-vata-jan || 157 ||

tad-vad amalakam sitam amlam pitta-kaphapaham |
katu pake himam kesyam aksam isac ca tad-gunam || 158 ||

6.158cv katu pake '-himam kesyam
iyam rasayana-vara tri-phalaksy-amayapaha |
ropani tvag gada-kleda-medo-meha-kaphasra-jit || 159 ||

sa-kesaram catur-jatam tvak-pattrailam tri-jatakam |
pitta-prakopi tiksnosnam ruksam rocana-dipanam || 160 ||

su-gandhi sarva-peyanam vyañjananam ca vasanam |
lehanam khadya-pakanam curnanam ca prayojayet || 160.1+1 ||

rase pake ca katukam kapha-ghnam maricam laghu |
slesmala svadu-sitardra gurvi snigdha ca pippali || 161 ||

sa suska viparitatah snigdha vrsya rase katuh |
svadu-pakanila-slesma-svasa-kasapaha sara || 162 ||

na tam aty upayuñjita rasayana-vidhim vina |
nagaram dipanam vrsyam grahi hrdyam vibandha-nut || 163 ||

rucyam laghu svadu-pakam snigdhosnam kapha-vata-jit |
tad-vad ardrakam etac ca trayam tri-katukam jayet || 164 ||

sthaulyagni-sadana-svasa-kasa-slipada-pinasan |
cavika-pippali-mulam maricalpantaram gunaih || 165 ||

citrako 'gni-samah pake sopharsah-krmi-kustha-ha |
pañca-kolakam etac ca maricena vina smrtam || 166 ||

6.166cv pañca-kolakam etat tu
gulma-plihodaranaha-sula-ghnam dipanam param |
bilva-kasmarya-tarkari-patala-tuntukair mahat || 167 ||

6.167bv -sula-ghnam dipanam laghu
jayet kasaya-tiktosnam pañca-mulam kaphanilau |
hrasvam brhaty-amsumati-dvaya-goksurakaih smrtam || 168 ||

6.168av jayet kasaya-tiksnosnam
svadu-paka-rasam nati-sitosnam sarva-dosa-jit |
bala-punarnavairanda-surpaparni-dvayena tu || 169 ||

6.169cv bala-punarnavairandaih 6.169dv -surpaparni-dvayena ca
6.169dv surpaparni-dvayena ca
6.169dv surpaparni-dvayena tu
madhyamam kapha-vata-ghnam nati-pitta-karam saram |
abhiru-vira-jivanti-jivakarsabhakaih smrtam || 170 ||

jivanakhyam tu caksusyam vrsyam pittanilapaham |
trnakhyam pitta-jid darbha-kaseksu-sara-salibhih || 171 ||

6.171av jivanakhyam ca caksusyam
suka-simbi-ja-pakvanna-mamsa-saka-phalausadhaih |

vargitair anna-leso 'yam ukto nityopayogikah || 172 ||

6.172dv ukto nityaupayogikah

sutrasthana
raja raja-grhasanne pranacaryam nivesayet |
sarva-da sa bhavaty evam sarva-tra pratijagrvih || 1 ||

anna-panam visad raksed visesena mahi-pateh |
yoga-ksemau tad-ayattau dharmadya yan-nibandhanah || 2 ||

7.2dv dharmadyas tan-nibandhanah
odano visa-van sandro yaty a-visravya-tam iva |
cirena pacyate pakvo bhavet paryusitopamah || 3 ||

mayura-kantha-tulyosma moha-murcha-praseka-krt |
hiyate varna-gandhadyaih klidyate candrika-citah || 4 ||

7.4dv klidyate candrikanvitah 7.4dv klidyate candrakacitah
7.4dv klidyate candrakanvitah
vyañjanany asu susyanti dhyama-kvathani tatra ca |
hinatirikta vikrta chaya drsyeta naiva va || 5 ||

7.5dv chaya drsyeta va na va
phenordhva-raji-simanta-tantu-budbuda-sambhavah |
vicchinna-vi-rasah ragah khandavah sakam amisam || 6 ||

7.6cv vicchinna-vi-rasa raga- 7.6cv vicchinna vi-rasa ragah 7.6dv
-khandavah
sakam amisam
nila raji rase tamra ksire dadhani drsyate |
syava-pitasita takre ghrte paniya-samnibha || 7 ||

7.7bv ksire dadhni ca drsyate
mastuni syat kapotabha raji krsna tusodake |
kali madyambhasoh ksaudre harit taile 'runopama || 8 ||

pakah phalanam amanam pakvanam parikothanam |
dravyanam ardra-suskanam syatam mlani-vivarna-te || 9 ||

mrdunam kathinanam ca bhavet sparsa-viparyayah |
malyasya sphutitagra-tvam mlanir gandhantarodbhavah || 10 ||

7.10cv malyanam sphutitagra-tvam 7.10dv glanir gandhantarodbhavah
7.10dv
mlani-gandhantarodbhavah
dhyama-mandala-ta vastre sadanam tantu-paksmanam |
dhatu-mauktika-kasthasma-ratnadisu malakta-ta || 11 ||

7.11bv satanam tantu-paksmanam
sneha-sparsa-prabha-hanih sa-prabha-tvam tu mrn-maye |
visa-dah syava-suskasyo vi-lakso viksate disah || 12 ||

sveda-vepathu-mams trasto bhitah skhalati jrmbhate |

prapyannam sa-visam tv agnir ekavartah sphutaty ati || 13 ||

7.13dv ekavartah sphutaty api
sikhi-kanthabha-dhumarcir an-arcir vogra-gandha-van |
mriyante maksikah prasya kakah ksama-svaro bhavet || 14 ||

utkrosanti ca drstvaitac chuka-datyuha-sarikah |
hamsah praskhalati glanir jivañjivasya jayate || 15 ||

cakorasyaksi-vairagyam krauñcasya syan madodayah |
kapota-parabhrd-daksa-cakravaka jahaty asun || 16 ||

udvegam yati marjarah sakrn muñcati vanarah |
hrsyen mayuras tad-drstya manda-tejo bhaved visam || 17 ||

7.17av udvejayati marjarah 7.17cv hrsyen mayuras tad drstva
ity annam visa-vaj jñatva tyajed evam prayatnatah |
yatha tena vipadyerann api na ksudra-jantavah || 18 ||

7.18av ity annam sa-visam jñatva 7.18bv tyajed eva prayatnatah
sprste tu kandu-dahosa-jvararti-sphota-suptayah |
nakha-roma-cyutih sophah sekadya visa-nasanah || 19 ||

sastas tatra pralepas ca sevya-candana-padmakaih |
sa-somavalka-talisa-pattra-kusthamrta-nataih || 20 ||

lala jihvausthayor jadyam usa cimicimayanam |
danta-harso rasa-jña-tvam hanu-stambhas ca vaktra-ge || 21 ||

7.21av lala jihvausthayor jadyam 7.21bv mukhe cimicimayanam
sevyadyais tatra gandusah sarvam ca visa-jid dhitam |
amasaya-gate sveda-murchadhmana-mada-bhramah || 22 ||

roma-harso vamir dahas caksur-hrdaya-rodhanam |
bindubhis cacayo 'nganam pakvasaya-gate punah || 23 ||

aneka-varnam vamati mutrayaty atisaryate |
tandra krsa-tvam pandu-tvam udaram bala-samksayah || 24 ||

tayor vanta-viriktasya haridre katabhim gudam |
sindhuvarita-nispava-baspika-sataparvikah || 25 ||

tanduliyaka-mulani kukkutandam avalgujam |
navanañjana-panesu yojayed visa-santaye || 26 ||

visa-bhuktaya dadyac ca suddhayordhvam adhas tatha |
suksmam tamra-rajah kale sa-ksaudram hrd-visodhanam || 27 ||

suddhe hrdi tatah sanam hema-curnasya dapayet |
na sajjate hema-pange padma-pattre 'mbu-vad visam || 28 ||

jayate vipulam cayur gare 'py esa vidhih smrtah |
viruddham api caharam vidyad visa-garopamam || 29 ||

7.29dv vidyad gara-visopamam

anupam amisam masa-ksaudra-ksira-virudhakaih |
virudhyate saha bisair mulakena gudena va || 30 ||

visesat payasa matsya matsyesv api cilicimah |
viruddham amlam payasa saha sarvam phalam tatha || 31 ||

tad-vat kulattha-canaka-kangu-valla-makustakah |
bhaksayitva haritakam mulakadi payas tyajet || 32 ||

7.32av tad-vat kulattha-varaka- 7.32cv bhaksayitva harit-kanda- 7.32dv
-mulakadi payas tyajet
varaham svavidha nadyad dadhna prsata-kukkutau |
ama-mamsani pittena masa-supena mulakam || 33 ||

7.33av varaham svavidha nadyad
avim kusumbha-sakena bisaih saha virudhakam |
masa-supa-guda-ksira-dadhy-ajyair lakucam phalam || 34 ||

phalam kadalyas takrena dadhna tala-phalena va |
kanosanabhyam madhuna kakamacim gudena va || 35 ||

siddham va matsya-pacane pacane nagarasya va |
siddham anya-tra va patre kamat tam usitam nisam || 36 ||

7.36bv pacane nagarasya ca 7.36dv kamat tam usitam nisi 7.36dv
kapotam usitam nisam 7.36dv nadyat tam usitam nisam 7.36dv
kamatam usitam nisam 7.36dv
kamacim usitam nisam
matsya-nistalana-snehe sadhitah pippalis tyajet |
kamsye dasaham usitam sarpir usnam tv aruskare || 37 ||

7.37av matsya-nistalana-sneha- 7.37bv -sadhitah pippalis tyajet 7.37dv
sarpir
usnam tv aruskaraih
bhaso virudhyate sulyah kampillas takra-sadhitah |
aikadhyam payasa-sura-krsarah parivarjayet || 38 ||

madhu-sarpir-vasa-taila-paniyani dvi-sas tri-sah |
eka-tra va samamsani virudhyante paras-param || 39 ||

bhinnamse api madhv-ajye divya-vary anu-panatah |
madhu-puskara-bijam ca madhu-maireya-sarkaram || 40 ||

manthanu-panah ksaireyo haridrah katu-taila-van |
upodakatisaraya tila-kalkena sadhita || 41 ||

balaka varuni-yukta kulmasais ca virudhyate |
bhrsta varaha-vasaya saiva sadyo nihanty asun || 42 ||

tad-vat tittiri-pattradhya-godha-lava-kapiñjalah |
airandenagnina siddhas tat-tailena vimurchitah || 43 ||

harita-mamsam haridra-sulaka-prota-pacitam |
haridra-vahnina sadyo vyapadayati jivitam || 44 ||

7.44cv haridra-vahnina sadyo
bhasma-pamsu-paridhvastam tad eva ca sa-maksikam |
yat kiñ-cid dosam utklesya na haret tat samasatah || 45 ||

viruddham suddhir atresta samo va tad-virodhibhih |
dravyais tair eva va purvam sarirasyabhisamskrtih || 46 ||

vyayama-snigdha-diptagni-vayah-stha-bala-salinam |
virodhy api na pidayai satmyam alpam ca bhojanam || 47 ||

7.47av vyayami-snigdha-diptagni-
padena-pathyam abhyastam pada-padena va tyajet |
niseveta hitam tad-vad eka-dvi-try-antari-krtam || 48 ||

a-pathyam api hi tyaktam silitam pathyam eva va |
satmya-satmya-vikaraya jayate sahasanya-tha || 49 ||

7.49cv satmya-satmyam vikaraya
kramenapacita dosah kramenopacita gunah |
santo yanty a-punar-bhavam a-prakampya bhavanti ca || 50 ||

7.50cv napnuvanti punar-bhavam
aty-anta-samnidhananam dosanam dusanatmanam |
a-hitair dusanam bhuyo na vidvan kartum arhati || 51 ||

ahara-sayana-brahma-caryair yuktya prayojitaih |
sariram dharyate nityam agaram iva dharanaih || 52 ||

7.52bv -caryair yuktya nisevitaih
aharo varnitas tatra tatra tatra ca vaksyate |
nidrayattam sukham duhkham pustih karsyam bala-balam || 53
||

7.53bv tatra tatra ca laksyate
vrsa-ta kliba-ta jñanam a-jñanam jivitam na ca |
a-kale 'ti-prasangac ca na ca nidra nisevita || 54 ||

sukhayusi parakuryat kala-ratrir ivapara |
ratrau jagaranam ruksam snigdham prasvapanam diva || 55 ||

a-ruksam an-abhisyandi tv asina-pracalayitam |
grisme vayu-cayadana-rauksya-ratry-alpa-bhavatah || 56 ||

7.56cv grisme vata-cayadana-
diva-svapno hito 'nyasmin kapha-pitta-karo hi sah |
muktva tu bhasya-yanadhva-madya-stri-bhara-karmabhih || 57 ||

krodha-soka-bhayaih klantan svasa-hidhmatisarinah |
vrddha-bala-bala-ksina-ksata-trt-sula-piditan || 58 ||

7.58dv -ksut-trt-sula-nipiditan
a-jirny-abhihatonmattan diva-svapnocitan api |
dhatu-samyam tatha hy esam slesma cangani pusyati || 59 ||

7.59av a-jirnabhihatonmattan
bahu-medah-kaphah svapyuh sneha-nityas ca nahani |
visartah kantha-rogi ca naiva jatu nisasv api || 60 ||

a-kala-sayanan moha-jvara-staimitya-pinasah |
siro-ruk-sopha-hrl-lasa-sroto-rodhagni-manda-tah || 61 ||

tatropavasa-vamana-sveda-navanam ausadham |
yojayed ati-nidrayam tiksnam pracchardanañjanam || 62 ||

navanam langhanam cintam vyavayam soka-bhi-krudhah |
ebhir eva ca nidraya nasah slesmati-samksayat || 63 ||

nidra-nasad anga-marda-siro-gaurava-jrmbhikah |
jadya-glani-bhrama-pakti-tandra rogas ca vata-jah || 64 ||

7.64cv jadyam glani-bhrama-pakti-
kapho 'lpo vayunoddhuto dhamanih samnirudhya tu |
kuryat samjñapaham tandram darunam moha-karinim || 64+1 ||

unmilita-vinirbhugne parivartita-tarake |
bhavatas tatra nayane srute lulita-paksmani || 64+2 ||
ardha-tri-ratrat sa sadhya na sa sadhya tatah param || 64+3ab ||
yatha-kalam ato nidram ratrau seveta satmyatah |
a-satmyaj jagarad ardham pratah svapyad a-bhukta-van || 65 ||

7.65cv a-satmya-jagarad ardham
silayen manda-nidras tu ksira-madya-rasan dadhi |
abhyangodvartana-snana-murdha-karnaksi-tarpanam || 66 ||

kanta-bahu-latasleso nirvrtih krta-krtya-ta |
mano-'nukula visayah kamam nidra-sukha-pradah || 67 ||

brahma-carya-rater gramya-sukha-nih-sprha-cetasah |
nidra samtosa-trptasya svam kalam nativartate || 68 ||

gramya-dharme tyajen narim an-uttanam rajasvalam |
a-priyam a-priyacaram dusta-samkirna-mehanam || 69 ||

ati-sthula-krsam sutam garbhinim anya-yositam |
varninim anya-yonim ca guru-deva-nrpalayam || 70 ||

7.70bv garbhinim anya-yositam
caitya-smasanayatana-catvarambu-catus-patham |
parvany an-angam divasam siro-hrdaya-tadanam || 71 ||

aty-asito '-dhrtih ksud-van duh-sthitangah pipasitah |
balo vrddho 'nya-vegartas tyajed rogi ca maithunam || 72 ||

seveta kamatah kamam trpto vaji-krtam hime |
try-ahad vasanta-saradoh paksad varsa-nidaghayoh || 73 ||

7.73bv trpto vaji-karair hime 7.73bv trpto vaji-krtair hime 7.73cv
dvy-ahad vasanta-saradoh

7.73dv paksad vrsti-nidaghayoh
bhrama-klamoru-daurbalya-bala-dhatv-indriya-ksayah |
a-parva-maranam ca syad anya-tha gacchatah striyam || 74 ||

7.74av bhrama-klamoru-daurbalyam 7.74bv bala-dhatv-indriya-ksayah
smrti-medhayur-arogya-pustindriya-yaso-balaih |
adhika manda-jaraso bhavanti strisu samyatah || 75 ||

7.75dv bhavanti strisu samyutah
snananulepana-himanila-khanda-khadya-sitambu-dugdha-rasa-yusa-sur
a-prasannah |
seveta canu sayanam viratau ratasya tasyaivam asu vapusah punar eti
dhama || 76 ||

sruta-carita-samrddhe karma-dakse dayalau bhisaji nir-anubandham
deha-raksam nivesya | bhavati
vipula-tejah-svasthya-kirti-prabhavah sva-kusala-phala-bhogi
bhumi-palas cirayuh || 77 ||

sutrasthana
matrasi sarva-kalam syan matra hy agneh pravartika |
matram dravyany apeksante guruny api laghuny api || 1 ||

gurunam ardha-sauhityam laghunam nati-trpta-ta |
matra-pramanam nirdistam sukham yavad vijiryati || 2 ||

8.2dv sukham yavad dhi jiryate
bhojanam hina-matram tu na balopacayaujase |
sarvesam vata-roganam hetu-tam ca prapadyate || 3 ||

ati-matram punah sarvan asu dosan prakopayet |
pidyamana hi vatadya yuga-pat tena kopitah || 4 ||

8.4cv sampidyamana vatadya
amenannena dustena tad evavisya kurvate |
vistambhayanto 'lasakam cyavayanto visucikam || 5 ||

adharottara-margabhyam sahasaiva-jitatmanah |
prayati nordhvam nadhas-tad aharo na ca pacyate || 6 ||

amasaye 'lasi-bhutas tena so 'lasakah smrtah |
vividhair vedanodbhedair vayv-adi-bhrsa-kopatah || 7 ||

sucibhir iva gatrani vidhyatiti visucika |
tatra sula-bhramanaha-kampa-stambhadayo 'nilat || 8 ||

pittaj jvaratisarantar-daha-trt-pralayadayah |
kaphac chardy-anga-guru-ta-vak-sanga-sthivanadayah || 9 ||

visesad dur-balasyalpa-vahner vega-vidharinah |
piditam marutenannam slesmana ruddham antara || 10 ||

alasam ksobhitam dosaih salya-tvenaiva samsthitam |
suladin kurute tivrams chardy-atisara-varjitan || 11 ||

8.11bv salya-tveneva samsthitam
so 'laso 'ty-artha-dustas tu dosa dustama-baddha-khah |
yantas tiryak tanum sarvam danda-vat stambhayanti cet || 12 ||

dandakalasakam nama tam tyajed asu-karinam |
viruddhadhyasana-jirna-silino visa-laksanam || 13 ||

ama-dosam maha-ghoram varjayed visa-samjñakam |
visa-rupasu-kari-tvad viruddhopakrama-tvatah || 14 ||

athamam alasi-bhutam sadhyam tvaritam ullikhet |
pitva sogra-patu-phalam vary usnam yojayet tatah || 15 ||

svedanam phala-vartim ca mala-vatanulomanim |
namyamanani cangani bhrsam svinnani vestayet || 16 ||

8.16bv mala-dosanulomanim
madanam pippali kustham vaca gauras ca sarsapah |
guda-ksara-samayukta phala-vartih prasasyate || 16.1+1 ||

visucyam ati-vrddhayam parsnyor dahah prasasyate |
tad-ahas copavasyainam virikta-vad upacaret || 17 ||

tivrartir api na-jirni pibec chula-ghnam ausadham |
ama-sanno 'nalo nalam paktum dosausadhasanam || 18 ||

nihanyad api caitesam vibhramah sahasaturam |
jirnasane tu bhaisajyam yuñjyat stabdha-gurudare || 19 ||

8.19bv vyapattih sahasaturam
dosa-sesasya pakartham agneh samdhuksanaya ca |
santir ama-vikaranam bhavati tv apatarpanat || 20 ||

tri-vidham tri-vidhe dose tat samiksya prayojayet |
tatralpe langhanam pathyam madhye langhana-pacanam || 21 ||

8.21bv tat samiksya prakalpayet
prabhute sodhanam tad dhi mulad unmulayen malan |
evam anyan api vyadhin sva-nidana-viparyayat || 22 ||

cikitsed anubandhe tu sati hetu-viparyayam |
tyaktva yatha-yatham vaidyo yuñjyad vyadhi-viparyayam || 23 ||

tad-artha-kari va pakve dose tv iddhe ca pavake |
hitam abhyañjana-sneha-pana-vasty-adi yuktitah || 24 ||

8.24bv dose vrddhe ca pavake 8.24bv dose tv rddhe tu pavake
a-jirnam ca kaphad amam tatra sopho 'ksi-gandayoh |
sadyo-bhukta ivodgarah prasekotklesa-gauravam || 25 ||

vistabdham anilac chula-vibandhadhmana-sada-krt |
pittad vidagdham trn-moha-bhramamlodgara-daha-vat || 26 ||

8.26dv -bhramamlodgara-daha-krt
langhanam karyam ame tu vistabdhe svedanam bhrsam |

vidagdhe vamanam yad va yathavastham hitam bhavet || 27 ||

8.27dv yathavastham hitam bhajet
gariyaso bhavel linad amad eva vilambika |
kapha-vatanubaddhama-linga tat-sama-sadhana || 28 ||

8.28cv kapha-vatanuviddhama-
a-sraddha hrd-vyatha suddhe 'py udgare rasa-sesatah |
sayita kiñ-cid evatra sarvas can-asito diva || 29 ||

8.29dv sarvas can-asito diva
svapyad a-jirni samjata-bubhukso 'dyan mitam laghu |
vibandho 'ti-pravrttir va glanir maruta-mudha-ta || 30 ||

8.30dv glanir maruta-sula-ta
a-jirna-lingam samanyam vistambho gauravam bhramah |
na cati-matram evannam ama-dosaya kevalam || 31 ||

dvista-vistambhi-dagdhama-guru-ruksa-hima-suci |
vidahi suskam aty-ambu-plutam cannam na jiryati || 32 ||

upataptena bhuktam ca soka-krodha-ksud-adibhih |
misram pathyam a-pathyam ca bhuktam samasanam matam || 33 ||

8.33bv soka-krodha-ksudhadibhih 8.33bv krodha-soka-bhayadibhih
vidyad adhyasanam bhuyo bhuktasyopari bhojanam |
a-kale bahu calpam va bhuktam tu visamasanam || 34 ||

triny apy etani mrtyum va ghoran vyadhin srjanti va |
kale satmyam suci hitam snigdhosnam laghu tan-manah || 35 ||

sad-rasam madhura-prayam nati-druta-vilambitam |
snatah ksud-van vivikta-stho dhauta-pada-karananah || 36 ||

tarpayitva pitrn devan atithin balakan gurun |
pratyaveksya tirasco 'pi pratipanna-parigrahan || 37 ||

samiksya samyag atmanam a-nindann a-bruvan dravam |
istam istaih sahasniyac chuci-bhakta-janahrtam || 38 ||

bhojanam trna-kesadi-justam usni-krtam punah |
sakavaranna-bhuyistham aty-usna-lavanam tyajet || 39 ||

kilata-dadhi-kucika-ksara-suktama-mulakam |
krsa-suska-varahavi-go-matsya-mahisamisam || 40 ||

8.40bv -ksara-suktamla-mulakam
masa-nispava-saluka-bisa-pista-virudhakam |
suska-sakani yavakan phanitam ca na silayet || 41 ||

8.41bv -tila-pista-virudhakam
silayec chali-godhuma-yava-sastika-jangalam |
sunisannaka-jivanti-bala-mulaka-vastukam || 42 ||

pathyamalaka-mrdvika-patoli-mudga-sarkarah |

ghrta-divyodaka-ksira-ksaudra-dadima-saindhavam || 43 ||

tri-phalam madhu-sarpirbhyam nisi netra-balaya ca |
svasthyanuvrtti-krd yac ca rogoccheda-karam ca yat || 44 ||

biseksu-moca-cocamra-modakotkarikadikam |
adyad dravyam guru snigdham svadu mandam sthiram purah || 45 ||

viparitam atas cante madhye 'mla-lavanotkatam |
annena kukser dvav amsau panenaikam prapurayet || 46 ||

asrayam pavanadinam caturtham avasesayet |
anu-panam himam vari yava-godhumayor hitam || 47 ||

dadhni madye vise ksaudre kosnam pista-mayesu tu |
saka-mudgadi-vikrtau mastu-takramla-kañjikam || 48 ||

8.48bv kosnam pista-mayesu ca
sura krsanam pusty-artham sthulanam tu madhudakam |
sose mamsa-raso madyam mamse sv-alpe ca pavake || 49 ||

8.49bv sthulanam ca madhudakam 8.49dv mamsesv alpe ca pavake
vyadhy-ausadhadhva-bhasya-stri-langhanatapa-karmabhih |
ksine vrddhe ca bale ca payah pathyam yathamrtam || 50 ||

8.50av vyadhy-ausadhadhva-bhara-stri-
viparitam yad annasya gunaih syad a-virodhi ca |
anu-panam samasena sarva-da tat prasasyate || 51 ||

anu-panam karoty urjam trptim vyaptim drdhanga-tam |
anna-samghata-saithilya-viklitti-jaranani ca || 52 ||

nordhva-jatru-gada-svasa-kasorah-ksata-pinase |
gita-bhasya-prasange ca svara-bhede ca tad dhitam || 53 ||

praklinna-deha-mehaksi-gala-roga-vranaturah |
panam tyajeyuh sarvas ca bhasyadhva-sayanam tyajet || 54 ||
pitva bhuktvatapam vahnim yanam plavana-vahanam || 55ab
||prasrste vin-mutre hrdi su-vi-male dose sva-patha-ge || 55c
||visuddhe codgare ksud-upagamane vate 'nusarati || 55d ||tathagnav
udrikte visada-karane dehe ca su-laghau || 55e ||prayuñjitaharam
vidhi-niyamitam kalah sa hi matah || 55f ||
8.55fv prayuñjitaharam vidhi-niyamitah kalah sa hi matah

sutrasthana
dravyam eva rasadinam srestham te hi tad-asrayah |
pañca-bhutatmakam tat tu ksmam adhisthaya jayate || 1 ||

ambu-yony-agni-pavana-nabhasam samavayatah |
tan-nirvrttir visesas ca vyapadesas tu bhuyasa || 2 ||

9.2dv vyapadesas ca bhuyasa
tasman naika-rasam dravyam bhuta-samghata-sambhavat |
naika-dosas tato rogas tatra vyakto rasah smrtah || 3 ||

9.3av tan naika-bhuta-jam dravyam
a-vyakto 'nu-rasah kiñ-cid ante vyakto 'pi cesyate |
gurv-adayo guna dravye prthivy-adau rasasraye || 4 ||

rasesu vyapadisyante sahacaryopacaratah |
tatra dravyam guru-sthula-sthira-gandha-gunolbanam || 5 ||

parthivam gaurava-sthairya-samghatopacayavaham |
drava-sita-guru-snigdha-manda-sandra-rasolbanam || 6 ||

9.6dv -manda-sandra-gunolbanam
apyam snehana-visyanda-kleda-prahlada-bandha-krt |
ruksa-tiksnosna-visada-suksma-rupa-gunolbanam || 7 ||

agneyam daha-bha-varna-prakasa-pavanatmakam |
vayavyam ruksa-visada-laghu-sparsa-gunolbanam || 8 ||

rauksya-laghava-vaisadya-vicara-glani-karakam |
nabhasam suksma-visada-laghu-sabda-gunolbanam || 9 ||

9.9bv -vicara-glapanatmakam
sausirya-laghava-karam jagaty evam an-ausadham |
na kiñ-cid vidyate dravyam vasan nanartha-yogayoh || 10 ||

dravyam urdhva-gamam tatra prayo 'gni-pavanotkatam |
adho-gami ca bhuyistham bhumi-toya-gunadhikam || 11 ||

iti dravyam rasan bhedair uttara-tropadeksyate |
viryam punar vadanty eke guru snigdham himam mrdu || 12 ||

9.12av iti dravyam raso bhedair
laghu ruksosna-tiksnam ca tad evam matam asta-dha |
carakas tv aha viryam tat kriyate yena ya kriya || 13 ||

9.13cv carakas tv aha viryam tu 9.13dv yena ya kriyate kriya
na-viryam kurute kiñ-cit sarva virya-krta hi sa |
gurv-adisv eva viryakhya tenanv-artheti varnyate || 14 ||

samagra-guna-saresu sakty-utkarsa-vivartisu |
vyavaharaya mukhya-tvad bahv-agra-grahanad api || 15 ||

9.15av samagra-guna-sara-tvac 9.15bv chakty-utkarsa-vivartanat
atas ca viparita-tvat sambhavaty api naiva sa |
vivaksyate rasadyesu viryam gurv-adayo hy atah || 16 ||

usnam sitam dvi-dhaivanye viryam acaksate 'pi ca |
nanatmakam api dravyam agni-somau maha-balau || 17 ||

vyakta-vyaktam jagad iva natikramati jatu cit |
tatrosnam bhrama-trd-glani-sveda-dahasu-paki-tah || 18 ||

9.18av vyakta-vyaktam jagad idam 9.18av vyaktavyaktam yatha visvam
samam ca vata-kaphayoh karoti sisiram punah |
hladanam jivanam stambham prasadam rakta-pittayoh || 19 ||

jatharenagnina yogad yad udeti rasantaram |
rasanam parinamante sa vipaka iti smrtah || 20 ||

svaduh patus ca madhuram amlo 'mlam pacyate rasah |
tiktosana-kasayanam vipakah praya-sah katuh || 21 ||

rasair asau tulya-phalas tatra dravyam subha-subham |
kiñ-cid rasena kurute karma pakena caparam || 22 ||

gunantarena viryena prabhavenaiva kiñ-ca-na |
yad yad dravye rasadinam bala-vat-tvena vartate || 23 ||

abhibhuyetarams tat tat karana-tvam prapadyate |
viruddha-guna-samyoge bhuyasalpam hi jiyate || 24 ||

rasam vipakas tau viryam prabhavas tany apohati |
bala-samye rasadinam iti naisargikam balam || 25 ||

9.25bv prabhavas tan vyapohati
rasadi-samye yat karma visistam tat prabhava-jam |
danti rasadyais tulyapi citrakasya virecani || 26 ||

madhukasya ca mrdvika ghrtam ksirasya dipanam |
iti samanyatah karma dravyadinam punas ca tat || 27 ||

vicitra-pratyayarabdha-dravya-bhedena bhidyate |
svadur gurus ca godhumo vata-jid vata-krd yavah || 28 ||
usna matsyah payah sitam katuh simho na sukarah ||
28u ||
sutrasthana
ksmambho-'gni-ksmambu-tejah-kha-vayv-agny-anila-go-'nilaih |
dvayolbanaih kramad bhutair madhuradi-rasodbhavah || 1 ||

tesam vidyad rasam svadum yo vaktram anulimpati |
asvadyamano dehasya hladano 'ksa-prasadanah || 2 ||

10.2bv yo vaktram upalimpati
priyah pipilikadinam amlah ksalayate mukham |
harsano roma-dantanam aksi-bhruva-nikocanah || 3 ||

10.3bv amlah sravayate mukham
lavanah syandayaty asyam kapola-gala-daha-krt |
tikto visadayaty asyam rasanam pratihanti ca || 4 ||

10.4dv rasanam pratihanti ca
udvejayati jihvagram kurvams cimicimam katuh |
sravayaty aksi-nasasyam kapolam dahativa ca || 5 ||

kasayo jadayej jihvam kantha-sroto-vibandha-krt |
rasanam iti rupani karmani madhuro rasah || 6 ||

a-janma-satmyat kurute dhatunam prabalam balam |
bala-vrddha-ksata-ksina-varna-kesendriyaujasam || 7 ||

prasasto brmhanah kanthyah stanya-samdhana-krd guruh |
ayusyo jivanah snigdhah pittanila-visapahah || 8 ||

kurute 'ty-upayogena sa medah-slesma-jan gadan |
sthaulyagni-sada-samnyasa-meha-gandarbudadikan || 9 ||

10.9bv sa medah-kapha-jan gadan
amlo 'gni-dipti-krt snigdho hrdyah pacana-rocanah |
usna-viryo hima-sparsah prinanah kledano laghuh || 10 ||

10.10cv usna-viryo himah sparse 10.10dv prinano bhedano laghuh
karoti kapha-pittasram mudha-vatanulomanah |
so 'ty-abhyastas tanoh kuryac chaithilyam timiram bhramam || 11 ||

10.11bv mudha-vatanulomanam
kandu-pandu-tva-visarpa-sopha-visphota-trd-jvaran |
lavanah stambha-samghata-bandha-vidhmapano 'gni-krt || 12 ||

snehanah svedanas tiksno rocanas cheda-bheda-krt |
so 'ti-yukto 'sra-pavanam khalatim palitam valim || 13 ||

trt-kustha-visa-visarpan janayet ksapayed balam |
tiktah svayam a-rocisnur a-rucim krmi-trd-visam || 14 ||

kustha-murcha-jvarotklesa-daha-pitta-kaphañ jayet |
kleda-medo-vasa-majja-sakrn-mutropasosanah || 15 ||

laghur medhyo himo ruksah stanya-kantha-visodhanah |
dhatu-ksayanila-vyadhin ati-yogat karoti sah || 16 ||

10.16cv dhatu-ksayam cala-vyadhin
katur galamayodarda-kusthalasaka-sopha-jit |
vranavasadanah sneha-medah-kledopasosanah || 17 ||

dipanah pacano rucyah sodhano 'nnasya sosanah |
chinatti bandhan srotamsi vivrnoti kaphapahah || 18 ||

10.18bv sodhano 'nnasya hasanah
kurute so 'ti-yogena trsnam sukra-bala-ksayam |
murcham akuñcanam kampam kati-prsthadisu vyatham || 19 ||

10.19av kurute so 'ti-vegena
kasayah pitta-kapha-ha gurur asra-visodhanah |
pidano ropanah sitah kleda-medo-visosanah || 20 ||

ama-samstambhano grahi rukso 'ti tvak-prasadanah |
karoti silitah so 'ti vistambhadhmana-hrd-rujah || 21 ||

trt-karsya-paurusa-bhramsa-sroto-rodha-mala-grahan |
ghrta-hema-gudaksota-moca-coca-parusakam || 22 ||

10.22bv -sroto-rodha-gala-grahan 10.22bv -sroto-bandha-mala-grahan
abhiru-vira-panasa-rajadana-bala-trayam |
mede catasrah parninyo jivanti jivakarsabhau || 23 ||

madhukam madhukam bimbi vidari sravani-yugam |
ksirasukla tukaksiri ksirinyau kasmari sahe || 24 ||

10.24cv ksirasukla tavaksiri
ksireksu-goksura-ksaudra-draksadir madhuro ganah |
amlo dhatri-phalamlika-matulungamla-vetasam || 25 ||

dadimam rajatam takram cukram palevatam dadhi |
amram amratakam bhavyam kapittham karamardakam || 26 ||

vrksamla-kola-likuca-kosamlataka-dhanvanam |
mastu-dhanyamla-madyani jambiram tila-kantakam || 26+1 ||

varam sauvarcalam krsnam vidam samudram audbhidam |
romakam pamsu-jam sisam ksaras ca lavano ganah || 27 ||

10.27dv ksaras ca lavano ganah
tiktah patoli trayanti valakosira-candanam |
bhunimba-nimba-katuka-tagaraguru-vatsakam || 28 ||

naktamala-dvi-rajani-musta-murvatarusakam |
pathapamarga-kamsyayo-guduci-dhanvayasakam || 29 ||

pañca-mulam mahad vyaghryau visalativisa vaca |
katuko hingu-marica-krmijit-pañca-kolakam || 30 ||

10.30cv katuko hingu-maricam 10.30dv krmijit-pañca-kolakam
kutheradya haritakah pittam mutram aruskaram |
vargah kasayah pathyaksam sirisah khadiro madhu || 31 ||

10.31bv pittam mutram aruskarah 10.31cv vargah kasayah
pathyaksah
kadambodumbaram mukta-pravalañjana-gairikam |
balam kapittham kharjuram bisa-padmotpaladi ca || 32 ||

10.32dv bisa-padmotpalani ca
madhuram slesmalam prayo jirnac chali-yavad rte |
mudgad godhumatah ksaudrat sitaya jangalamisat || 33 ||

prayo 'mlam pitta-jananam dadimamalakad rte |
a-pathyam lavanam prayas caksuso 'nya-tra saindhavat || 34 ||

tiktam katu ca bhuyistham a-vrsyam vata-kopanam |
rte 'mrta-patolibhyam sunthi-krsna-rasonatah || 35 ||

kasayam praya-sah sitam stambhanam cabhayam vina |
rasah katv-amla-lavana viryenosna yathottaram || 36 ||

10.36bv stambhanam cabhayamrte
tiktah kasayo madhuras tad-vad eva ca sitalah |
tiktah katuh kasayas ca ruksa baddha-malas tatha || 37 ||

patv-amla-madhurah snigdhah srsta-vin-mutra-marutah |
patoh kasayas tasmac ca madhurah paramam guruh || 38 ||

laghur amlah katus tasmat tasmad api ca tiktakah |
samyogah sapta-pañcasat kalpana tu tri-sasti-dha || 39 ||

lavanad amla-madhurau karyau syatam yatha-kramam |
vayor nir-anubandhasya paka-santi-pravrttaye || 39.1+1 ||

10.39.1+1dv paka-santi-prasaktaye
prak tikto madhurah pascat kasayo 'nte vidhiyate |
taih pittam samam abhyeti pakvacchi-krta-pinditam || 39.1+2 ||

katuh prak tiktakah pascat kasayo 'nte vidhiyate |
taih slesma samam abhyeti pakvacchi-krta-pinditah || 39.1+3 ||

10.39.1+3av katukah prak tatas tiktah 10.39.1+3dv pakvo
'cchi-krta-pinditah
rasanam yaugika-tvena yatha-sthulam vibhajyate |
ekaika-hinas tan pañca-dasa yanti rasa dvike || 40 ||

10.40cv ekaika-hinas te pañca- 10.40dv -pañca yanti rasa dvike
svadur dvikesu pañcamlas caturo lavanas trayam |
dvau tiktah katukas caikam yati pañca-daseti tu || 40+1 ||

trike svadur dasamlah sat trin patus tikta ekakam |
catuskesu dasa svadus caturo 'mlah patuh sakrt || 41 ||

10.41cv catuske tu dasa svadus
pañcakesv ekam evamlo madhurah pañca sevate |
dravyam ekam sad-asvadam a-samyuktas ca sad rasah || 42 ||

sat pañcaka sat ca prthag rasah syus catur-dvikau
pañca-dasa-prakarau |
bhedas trika vimsatir ekam eva dravyam sad-asvadam iti
tri-sastih || 43 ||

te rasanu-rasato rasa-bhedas taratamya-parikalpanaya ca |
sambhavanti gananam samatita dosa-bhesaja-vasad upayojyah ||
44 ||

sutrasthana
dosa-dhatu-mala mulam sada dehasya tam calah |
utsahocchvasa-nisvasa-cesta-vega-pravartanaih || 1 ||

samyag-gatya ca dhatunam aksanam patavena ca |
anugrhnaty a-vikrtah pittam pakty-usma-darsanaih || 2 ||

ksut-trd-ruci-prabha-medha-dhi-saurya-tanu-mardavaih |
slesma sthira-tva-snigdha-tva-samdhi-bandha-ksamadibhih || 3 ||

prinanam jivanam lepah sneho dharana-purane |
garbhotpadas ca dhatunam srestham karma kramat smrtam || 4 ||

avastambhah purisasya mutrasya kleda-vahanam |
svedasya kleda-vidhrtir vrddhas tu kurute 'nilah || 5 ||

11.5cv svedasya kesa-vidhrtir 11.5dv vrddhas ca kurute 'nilah
karsya-karsnyosna-kama-tva-kampanaha-sakrd-grahan |
bala-nidrendriya-bhramsa-pralapa-bhrama-dina-tah || 6 ||

11.6av karsya-karsnyosna-kami-tva-
pita-vin-mutra-netra-tvak-ksut-trd-dahalpa-nidra-tah |
pittam slesmagni-sadana-prasekalasya-gauravam || 7 ||

svaitya-saitya-slathanga-tvam svasa-kasati-nidra-tah |
raso 'pi slesma-vad raktam visarpa-pliha-vidradhin || 8 ||

kustha-vatasra-pittasra-gulmopa-kusa-kamalah |
vyangagni-nasa-sammoha-rakta-tvan-netra-mutra-tah || 9 ||

11.9cv vyangagni-sada-sammoha
mamsam gandarbuda-granthi-gandorudara-vrddhi-tah |
kanthadisv adhi-mamsam ca tad-van medas tatha sramam || 10 ||

11.10bv -gandorudara-vrddha-tah
alpe 'pi cestite svasam sphik-stanodara-lambanam |
asthy adhy-asthy adhi-dantams ca majja netranga-gauravam || 11 ||

11.13cv mutram tu vaster nistodam
parvasu sthula-mulani kuryat krcchrany arumsi ca |
ati-stri-kama-tam vrddham suktam sukrasmarim api || 12 ||

kuksav adhmanam atopam gauravam vedanam sakrt |
mutram tu vasti-nistodam krte 'py a-krta-samjña-tam || 13 ||

svedo 'ti-sveda-daurgandhya-kandur evam ca laksayet |
dusikadin api malan bahulya-guru-tadibhih || 14 ||

lingam ksine 'nile 'ngasya sado 'lpam bhasitehitam |
samjña-mohas tatha slesma-vrddhy-uktamaya-sambhavah || 15 ||

pitte mando 'nalah sitam prabha-hanih kaphe bhramah |
slesmasayanam sunya-tvam hrd-dravah slatha-samdhi-ta || 16
||

11.16dv hrd-gadah slatha-samdhi-ta
rase rauksyam sramah soso glanih sabda-sahisnu-ta |
rakte 'mla-sisira-priti-sira-saithilya-ruksa-tah || 17 ||

mamse 'ksa-glani-ganda-sphik-suska-ta-samdhi-vedanah |
medasi svapanam katyah plihno vrddhih krsanga-ta || 18 ||

asthny asthi-todah sadanam danta-kesa-nakhadisu |
asthnam majjani sausiryam bhramas timira-darsanam || 19 ||

11.19av asthny asthi-todah sadanam
sukre cirat prasicyeta sukram sonitam eva va |
todo 'ty-artham vrsanayor medhram dhumayativa ca || 20 ||

purise vayur antrani sa-sabdo vestayann iva |

kuksau bhramati yaty urdhvam hrt-parsve pidayan bhrsam || 21 ||

11.21cv kuksim bhramati yaty urdhvam
mutre 'lpam mutrayet krcchrad vi-varnam sasram eva va |
svede roma-cyutih stabdha-roma-ta sphutanam tvacah || 22 ||

malanam ati-suksmanam dur-laksyam laksayet ksayam |
sva-malayana-samsosa-toda-sunya-tva-laghavaih || 23 ||

dosadinam yatha-svam ca vidyad vrddhi-ksayau bhisak |
ksayena viparitanam gunanam vardhanena ca || 24 ||

vrddhim malanam sangac ca ksayam cati-visargatah |
malocita-tvad dehasya ksayo vrddhes tu pidanah || 25 ||

tatrasthani sthito vayuh pittam tu sveda-raktayoh |
slesma sesesu tenaisam asrayasrayinam mithah || 26 ||

yad ekasya tad anyasya vardhana-ksapanausadham |
asthi-marutayor naivam prayo vrddhir hi tarpanat || 27 ||

slesmananugata tasmat samksayas tad-viparyayat |
vayunanugato 'smac ca vrddhi-ksaya-samudbhavan || 28 ||

vikaran sadhayec chighram kramal langhana-brmhanaih |
vayor anya-tra taj-jams tu tair evotkrama-yojitaih || 29 ||

visesad rakta-vrddhy-utthan rakta-sruti-virecanaih |
mamsa-vrddhi-bhavan rogan sastra-ksaragni-karmabhih || 30 ||

sthaulya-karsyopacarena medo-jan asthi-samksayat |
jatan ksira-ghrtais tikta-samyutair vastibhis tatha || 31 ||

11.31dv -samyuktair vastibhis tatha
majja-sukrodbhavan rogan bhojanaih svadu-tiktakaih |
vrddham sukram vyavayadyair yac canyac chukra-sosikam || 31+1 ||

11.31+1av praty-anikausadham majja- 11.31+1bv -sukra-vrddhi-ksaye hitam
vid-vrddhi-jan atisara-kriyaya vit-ksayodbhavan |
mesaja-madhya-kulmasa-yava-masa-dvayadibhih || 32 ||

mutra-vrddhi-ksayotthams ca meha-krcchra-cikitsaya |
vyayamabhyañjana-sveda-madyaih sveda-ksayodbhavan || 33 ||

11.33av mutra-vrddhi-ksayotthams tu
sva-sthana-sthasya kayagner amsa dhatusu samsritah |
tesam sadati-diptibhyam dhatu-vrddhi-ksayodbhavah || 34 ||

purvo dhatuh param kuryad vrddhah ksinas ca tad-vidham |
dosa dusta rasair dhatun dusayanty ubhaye malan || 35 ||

adho dve sapta sirasi khani sveda-vahani ca |
mala malayanani syur yatha-svam tesv ato gadah || 36 ||

ojas tu tejo dhatunam sukrantanam param smrtam |
hrdaya-stham api vyapi deha-sthiti-nibandhanam || 37 ||

snigdham somatmakam suddham isal-lohita-pitakam |
yan-nase niyatam naso yasmims tisthati tisthati || 38 ||

nispadyante yato bhava vividha deha-samsrayah |
ojah ksiyeta kopa-ksud-dhyana-soka-sramadibhih || 39 ||

bibheti dur-balo 'bhiksnam dhyayati vyathitendriyah |
dus-chayo dur-mana rukso bhavet ksamas ca tat-ksaye || 40 ||

11.40cv vi-cchayo dur-mana rukso 11.40dv bhavet ksamas ca
tat-ksayat
jivaniyausadha-ksira-rasadyas tatra bhesajam |
ojo-vrddhau hi dehasya tusti-pusti-balodayah || 41 ||

11.41cv ojo-vrddhau ca dehasya 11.41cv ojo-vrddhau tu dehasya 11.41dv
tusti-pusti-balodayah
yad annam dvesti yad api prarthayeta-virodhi tu |
tat tat tyajan samasnams ca tau tau vrddhi-ksayau jayet || 42 ||

11.42cv tat tat tyajan samasnan va
kurvate hi rucim dosa viparita-samanayoh |
vrddhah ksinas ca bhuyistham laksayanty a-budhas tu na ||
43 ||

11.43av kurvanti hi rucim dosa
yatha-balam yatha-svam ca dosa vrddha vitanvate |
rupani jahati ksinah samah svam karma kurvate || 44 ||

ya eva dehasya sama vivrddhyai ta eva dosa visama vadhaya |
yasmad atas te hita-caryayaiva ksayad vivrddher iva raksaniyah ||
45 ||

11.45dv ksayad vivrddher api raksaniyah

sutrasthana
pakvasaya-kati-sakthi-srotrasthi-sparsanendriyam |
sthanam vatasya tatrapi pakvadhanam visesatah || 1 ||

nabhir amasayah svedo lasika rudhiram rasah |
drk sparsanam ca pittasya nabhir atra visesatah || 2 ||

urah-kantha-sirah-kloma-parvany amasayo rasah |
medo ghranam ca jihva ca kaphasya su-taram urah || 3 ||

pranadi-bhedat pañcatma vayuh prano 'tra murdha-gah |
urah-kantha-caro buddhi-hrdayendriya-citta-dhrk || 4 ||

sthivana-ksavathudgara-nihsvasanna-pravesa-krt |
urah sthanam udanasya nasa-nabhi-galams caret || 5 ||

12.5dv nasa-nabhi-galams caran

vak-pravrtti-prayatnorja-bala-varna-smrti-kriyah |
vyano hrdi sthitah krtsna-deha-cari maha-javah || 6 ||

gaty-apaksepanotksepa-nimesonmesanadikah |
prayah sarvah kriyas tasmin pratibaddhah saririnam || 7 ||

samano 'gni-samipa-sthah kosthe carati sarvatah |
annam grhnati pacati vivecayati muñcati || 8 ||

apano 'pana-gah sroni-vasti-medhroru-go-carah |
sukrartava-sakrn-mutra-garbha-niskramana-kriyah || 9 ||

pittam pañcatmakam tatra pakvamasaya-madhya-gam |
pañca-bhutatmaka-tve 'pi yat taijasa-gunodayat || 10 ||

tyakta-dravya-tvam pakadi-karmananala-sabditam |
pacaty annam vibhajate sara-kittau prthak tatha || 11 ||

12.11dv sara-kitte prthak tatha
tatra-stham eva pittanam sesanam apy anugraham |
karoti bala-danena pacakam nama tat smrtam || 12 ||

amasayasrayam pittam rañjakam rasa-rañjanat |
buddhi-medhabhimanadyair abhipretartha-sadhanat || 13 ||

sadhakam hrd-gatam pittam rupalocanatah smrtam |
drk-stham alocakam tvak-stham bhrajakam bhrajanat tvacah || 14 ||

slesma tu pañca-dhorah-sthah sa trikasya sva-viryatah |
hrdayasyanna-viryac ca tat-stha evambu-karmana || 15 ||

12.15av slesmapi pañca-dhorah-sthah
kapha-dhamnam ca sesanam yat karoty avalambanam |
ato 'valambakah slesma yas tv amasaya-samsthitah || 16 ||

12.16dv yas tv amasaya-samsritah
kledakah so 'nna-samghata-kledanad rasa-bodhanat |
bodhako rasana-sthayi sirah-samstho 'ksa-tarpanat || 17 ||

tarpakah samdhi-samslesac chlesakah samdhisu sthitah |
iti prayena dosanam sthanany a-vikrtatmanam || 18 ||

12.18bv chlesakah samdhi-samsthitah
vyapinam api janiyat karmani ca prthak prthak |
usnena yukta ruksadya vayoh kurvanti samcayam || 19 ||

sitena kopam usnena samam snigdhadayo gunah |
sitena yuktas tiksnadyas cayam pittasya kurvate || 20 ||

usnena kopam mandadyah samam sitopasamhitah |
sitena yuktah snigdhadyah kurvate slesmanas cayam || 21 ||

usnena kopam tenaiva guna ruksadayah samam |
cayo vrddhih sva-dhamny eva pradveso vrddhi-hetusu || 22 ||

viparita-guneccha ca kopas tun-marga-gami-ta |
linganam darsanam svesam a-svasthyam roga-sambhavah || 23 ||

sva-sthana-sthasya sama-ta vikara-sambhavah samah |
caya-prakopa-prasama vayor grismadisu trisu || 24 ||

varsadisu tu pittasya slesmanah sisiradisu |
ciyate laghu-ruksabhir osadhibhih samiranah || 25 ||

12.25av varsadisu ca pittasya
tad-vidhas tad-vidhe dehe kalasyausnyan na kupyati |
adbhir amla-vipakabhir osadhibhis ca tadrsam || 26 ||

pittam yati cayam kopam na tu kalasya saityatah |
ciyate snigdha-sitabhir udakausadhibhih kaphah || 27 ||

tulye 'pi kale dehe ca skanna-tvan na prakupyati |
iti kala-sva-bhavo 'yam aharadi-vasat punah || 28 ||

12.28bv skanna-tvan na vikupyati
cayadin yanti sadyo 'pi dosah kale 'pi va na tu |
vyapnoti sahasa deham a-pada-tala-mastakam || 29 ||

nivartate tu kupito malo 'lpalpam jalaugha-vat |
nana-rupair a-samkhyeyair vikaraih kupita malah || 30 ||

tapayanti tanum tasmat tad-dhetv-akrti-sadhanam |
sakyam naikaika-so vaktum atah samanyam ucyate || 31 ||

dosa eva hi sarvesam roganam eka-karanam |
yatha paksi paripatan sarvatah sarvam apy ahah || 32 ||

chayam atyeti natmiyam yatha va krtsnam apy adah |
vikara-jatam vividham trin gunan nativartate || 33 ||

tatha sva-dhatu-vaisamya-nimittam api sarva-da |
vikara-jatam trin dosan tesam kope tu karanam || 34 ||

arthair a-satmyaih samyogah kalah karma ca dus-krtam |
hinati-mithya-yogena bhidyate tat punas tri-dha || 35 ||

hino 'rthenendriyasyalpah samyogah svena naiva va |
ati-yogo 'ti-samsargah suksma-bhasura-bhairavam || 36 ||

aty-asannati-dura-stham vi-priyam vikrtadi ca |
yad aksna viksyate rupam mithya-yogah sa darunah || 37 ||

12.37dv mithya-yogah su-darunah
evam aty-ucca-puty-adin indriyarthan yatha-yatham |
vidyat kalas tu sitosna-varsa-bhedat tri-dha matah || 38 ||

12.38dv -varsa-bhedat tri-dha matah
sa hino hina-sitadir ati-yogo 'ti-laksanah |
mithya-yogas tu nirdisto viparita-sva-laksanah || 39 ||

kaya-vak-citta-bhedena karmapi vibhajet tri-dha |
kayadi-karmano hina pravrttir hina-samjñakah || 40 ||

12.40cv kayadi-karmanam hina 12.40dv pravrttir hina-samjñika
ati-yogo 'ti-vrttis tu vegodirana-dharanam |
visamanga-kriyarambha-patana-skhalanadikam || 41 ||

12.41av ati-yogo 'ti-vrttis ca
bhasanam sami-bhuktasya raga-dvesa-bhayadi ca |
karma pranatipatadi dasa-dha yac ca ninditam || 42 ||

mithya-yogah samasto 'sav iha vamu-tra va krtam |
nidanam etad dosanam kupitas tena naika-dha || 43 ||

12.43bv iha camu-tra va krtam
kurvanti vividhan vyadhin sakha-kosthasthi-samdhisu |
sakha raktadayas tvak ca bahya-rogayanam hi tat || 44 ||

12.44dv bahya-rogayanam hi sa
tad-asraya masa-vyanga-gandalajy-arbudadayah |
bahir-bhagas ca dur-nama-gulma-sophadayo gadah || 45 ||

antah kostho maha-srota ama-pakvasayasrayah |
tat-sthanah chardy-atisara-kasa-svasodara-jvarah || 46 ||

antar-bhagam ca sopharso-gulma-visarpa-vidradhi |
siro-hrdaya-vasty-adi-marmany asthnam ca samdhayah || 47 ||

12.47dv -marmany asthnam tu samdhayah
tan-nibaddhah sira-snayu-kandaradyas ca madhyamah |
roga-margah sthitas tatra yaksma-paksa-vadharditah || 48 ||

murdhadi-rogah samdhy-asthi-trika-sula-grahadayah |
sramsa-vyasa-vyadha-svap a-sada-ruk-toda-bhedanam || 49 ||

sanganga-bhanga-samkoca-varta-harsana-tarpanam |
kampa-parusya-sausirya-sosa-spandana-vestanam || 50 ||

stambhah kasaya-rasa-ta varnah syavo 'runo 'pi va |
karmani vayoh pittasya daha-ragosma-paki-tah || 51 ||

svedah kledah srutih kothah sadanam murchanam madah |
katukamlau rasau varnah panduraruna-varjitah || 52 ||

slesmanah sneha-kathinya-kandu-sita-tva-gauravam |
bandhopalepa-staimitya-sopha-pakty-ati-nidra-tah || 53 ||

varnah sveto rasau svadu-lavanau cira-kari-ta |
ity a-sesamaya-vyapi yad uktam dosa-laksanam || 54 ||

darsanadyair avahitas tat samyag upalaksayet |
vyadhy-avastha-vibhaga-jñah pasyann artan prati-ksanam || 55 ||

abhyasat prapyate drstih karma-siddhi-prakasini |
ratnadi-sad-a-saj-jñanam na sastrad eva jayate || 56 ||

12.56av abhyasaj jayate drstih 12.56av abhyasat kevalam
drstih
drstapacara-jah kas-cit kas-cit purvaparadha-jah |
tat-samkarad bhavaty anyo vyadhir evam tri-dha smrtah || 57 ||

12.57bv kas-cit purvapacara-jah 12.57dv vyadhir evam tri-dha matah
yatha-nidanam dosotthah karma-jo hetubhir vina |
maharambho 'lpake hetav atanko dosa-karma-jah || 58 ||

vipaksa-silanat purvah karma-jah karma-samksayat |
gacchaty ubhaya-janma tu dosa-karma-ksayat ksayam || 59 ||

dvi-dha sva-para-tantra-tvad vyadhayo 'ntyah punar dvi-dha |
purva-jah purva-rupakhya jatah pascad upadravah || 60 ||

yatha-sva-janmopasayah sva-tantrah spasta-laksanah |
viparitas tato 'nye tu vidyad evam malan api || 61 ||

tao laksayed avahito vikurvanan prati-jvaram |
tesam pradhana-prasame prasamo '-samyatas tatha || 62 ||

pascac cikitset turnam va bala-vantam upadravam |
vyadhi-klista-sarirasya pida-kara-taro hi sah || 63 ||

12.63av pascac cikitset purvam va
vikara-nama-kusalo na jihriyat kada-ca-na |
na hi sarva-vikaranam namato 'sti dhruva sthitih || 64 ||

sa eva kupito dosah samutthana-visesatah |
sthanantarani ca prapya vikaran kurute bahun || 65 ||

tasmad vikara-prakrtir adhisthanantarani ca |
buddhva hetu-visesams ca sighram kuryad upakramam || 66 ||

dusyam desam balam kalam analam prakrtim vayah |
sat-tvam satmyam tathaharam avasthas ca prthag-vidhah || 67 ||

suksma-suksmah samiksyaisam dosausadha-nirupane |
yo vartate cikitsayam na sa skhalati jatu cit || 68 ||

gurv-alpa-vyadhi-samsthanam sat-tva-deha-bala-balat |
drsyate 'py anya-tha-karam tasminn avahito bhavet || 69 ||

gurum laghum iti vyadhim kalpayams tu bhisag-bruvah |
alpa-dosakalanaya pathye vipratipadyate || 70 ||

12.70bv kalayams tu bhisag-bruvah 12.70bv kalpayams tu bhisag dhruvam
tato 'lpam alpa-viryam va guru-vyadhau prayojitam |
udirayet-taram rogan samsodhanam a-yogatah || 71 ||

sodhanam tv ati-yogena viparitam viparyaye |
ksinuyan na malan eva kevalam vapur asyati || 72 ||

12.72dv kevalam vapur apy ati
ato 'bhiyuktah satatam sarvam alocya sarva-tha |

tatha yuñjita bhaisajyam arogyaya yatha dhruvam || 73 ||

12.73dv arogyaya yatha bhavet
vaksyante 'tah param dosa vrddhi-ksaya-vibhedatah |
prthak trin viddhi samsargas tri-dha tatra tu tan nava || 74 ||

12.74cv prthak trin viddhi samsargam
trin eva samaya vrddhya sad ekasyatisayane |
trayo-dasa samastesu sad dvy-ekatisayena tu || 75 ||

12.75dv sad dvy-ekatisayena ca
ekam tulyadhikaih sat ca taratamya-vikalpanat |
pañca-vimsatim ity evam vrddhaih ksinais ca tavatah || 76 ||

12.76cv pañca-vimsatir ity evam
ekaika-vrddhi-sama-ta-ksayaih sat te punas ca sat |
eka-ksaya-dvandva-vrddhya sa-viparyayayapi te || 77 ||
bheda dvi-sastir nirdistas tri-sastih svasthya-karanam
|| 78ab ||samsargad rasa-rudhiradibhis tathaisam || 78c ||
12.78cv samsargad rasa-rudhiradibhis tathaitan dosams tu
ksaya-sama-ta-vivrddhi-bhedaih || 78d ||

12.78dv dosanam ksaya-sama-ta-vivrddhi-bhedaih anantyam
tara-tama-yogatas ca yatan || 78e ||
janiyad avahita-manaso yatha-svam || 78f ||
sutrasthana
vatasyopakramah snehah svedah samsodhanam mrdu |
svadv-amla-lavanosnani bhojyany abhyanga-mardanam || 1 ||

vestanam trasanam seko madyam paistika-gaudikam |
snigdhosna vastayo vasti-niyamah sukha-sila-ta || 2 ||

dipanaih pacanaih snigdhah snehas caneka-yonayah |
visesan medya-pisita-rasa-tailanuvasanam || 3 ||

pittasya sarpisah panam svadu-sitair virecanam |
svadu-tikta-kasayani bhojanany ausadhani ca || 4 ||

su-gandhi-sita-hrdyanam gandhanam upasevanam |
kanthe-gunanam haranam maninam urasa dhrtih || 5 ||

karpura-candanosirair anulepah ksane ksane |
pradosas candramah saudham hari gitam himo 'nilah || 6 ||

a-yantrana-sukham mitram putrah samdigdha-mugdha-vak |
chandanuvartino darah priyah sila-vibhusitah || 7 ||

13.7av a-yantrana-mukham mitram
sitambu-dhara-garbhani grhany udyana-dirghikah |
su-tirtha-vipula-svaccha-salilasaya-saikate || 8 ||

sambho-ja-jala-tirante kayamane drumakule |
saumya bhavah payah sarpir virekas ca visesatah || 9 ||

13.9bv kayamanam drumakule
slesmano vidhina yuktam tiksnam vamana-recanam |
annam ruksalpa-tiksnosnam katu-tikta-kasayakam || 10 ||

dirgha-kala-sthitam madyam rati-pritih prajagarah |
aneka-rupo vyayamas cinta ruksam vimardanam || 11 ||

visesad vamanam yusah ksaudram medo-ghnam ausadham |
dhumopavasa-gandusa nih-sukha-tvam sukhaya ca || 12 ||

upakramah prthag dosan yo 'yam uddisya kirtitah |
samsarga-samnipatesu tam yatha-svam vikalpayet || 13 ||

13.13dv tam yatha-svam prakalpayet
graismah prayo marut-pitte vasantah kapha-marute |
maruto yoga-vahi-tvat kapha-pitte tu saradah || 14 ||

caya eva jayed dosam kupitam tv a-virodhayan |
sarva-kope baliyamsam sesa-dosa-virodhatah || 15 ||

prayogah samayed vyadhim ekam yo 'nyam udirayet |
nasau visuddhah suddhas tu samayed yo na kopayet || 16 ||

13.16av prayogah samayed vyadhim 13.16bv yo 'nyam anyam udirayet
vyayamad usmanas taiksnyad a-hitacaranad api |
kosthac chakhasthi-marmani druta-tvan marutasya ca || 17 ||

dosa yanti tatha tebhyah sroto-mukha-visodhanat |
vrddhyabhisyandanat pakat kostham vayos ca nigrahat || 18 ||

tatra-sthas ca vilamberan bhuyo hetu-pratiksinah |
te kaladi-balam labdhva kupyanty anyasrayesv api || 19 ||

tatranya-sthana-samsthesu tadiyam a-balesu tu |
kuryac cikitsam svam eva balenanyabhibhavisu || 20 ||

agantum samayed dosam sthaninam pratikrtya va |
prayas tiryag-gata dosah klesayanty aturams ciram || 21 ||
sadharanam va kurvita kriyam ubhaya-yoginim || 21.1+1 ||
kuryan na tesu tvaraya dehagni-bala-vit kriyam |
samayet tan prayogena sukham va kostham anayet || 22 ||

jñatva kostha-prapannams ca yathasannam vinirharet |
sroto-rodha-bala-bhramsa-gauravanila-mudha-tah || 23 ||

13.23dv -gauravanila-mudha-ta
alasya-pakti-nisthiva-mala-sanga-ruci-klamah |
lingam malanam samanam nir-amanam viparyayah || 24 ||

vin-mutra-nakha-danta-tvak-caksusam pita-ta bhavet |
rakta-tvam atha krsna-tvam prsthasthi-kati-samdhi-ruk ||
24.1+1 ||

13.24.1+1dv prsthasthi-kati-samdhisu

siro-ruk jayate tivra nidra vi-rasa-ta mukhe |
kva-cic ca svayathur gatre jvaratisara-harsanam || 24.1+2 ||

usmano 'lpa-bala-tvena dhatum adyam a-pacitam |
dustam amasaya-gatam rasam amam pracaksate || 25 ||

anye dosebhya evati-dustebhyo 'nyo-'nya-murchanat |
kodravebhyo visasyeva vadanty amasya sambhavam || 26 ||

amena tena samprkta dosa dusyas ca dusitah |
sama ity upadisyante ye ca rogas tad-udbhavah || 27 ||

vayuh samo vibandhagni-sada-stambhantra-kujanaih |
vedana-sopha-nistodaih krama-so 'ngani pidayan || 27+1 ||

vicared yuga-pac capi grhnati kupito bhrsam |
snehadyair vrddhim ayati surya-meghodaye nisi || 27+2 ||

nir-amo visado rukso nir-vibandho 'lpa-vedanah |
viparita-gunaih santim snigdhair yati visesatah || 27+3 ||

dur-gandhi haritam syavam pittam amlam ghanam guru |
amlika-kantha-hrd-daha-karam samam vinirdiset || 27+4 ||

a-tamra-pitam aty-usnam rase katukam a-sthiram |
pakvam vi-gandhi vijñeyam ruci-pakti-bala-pradam || 27+5 ||

13.27+5dv ruci-vahni-bala-pradam
avilas tantulah styanah kantha-dese 'vatisthate |
samo balaso dur-gandhih ksud-udgara-vighata-krt || 27+6 ||

phena-van pinditah pandur nih-saro '-gandha eva ca |
pakvah sa eva vijñeyas cheda-van vaktra-suddhi-dah || 27+7 ||

sarva-deha-pravisrtan saman dosan na nirharet |
linan dhatusv an-utklistan phalad amad rasan iva || 28 ||

asrayasya hi nasaya te syur dur-nirhara-tvatah |
pacanair dipanaih snehais tan svedais ca pariskrtan || 29 ||

sodhayec chodhanaih kale yathasannam yatha-balam |
hanty asu yuktam vaktrena dravyam amasayan malan || 30 ||

ghranena cordhva-jatrutthan pakvadhanad gudena ca |
utklistan adha urdhvam va na caman vahatah svayam || 31 ||

dharayed ausadhair dosan vidhrtas te hi roga-dah |
pravrttan prag ato dosan upekseta hitasinah || 32 ||

vibaddhan pacanais tais taih pacayen nirhareta va |
sravane karttike caitre masi sadharane kramat || 33 ||

13.33bv pacayen nirharet tatha
pravrt-sarad-vasantesu masesv etesu sodhayet |
sadharanesu vidhina tri-masantaritan malan || 33+1 ||

grisma-varsa-hima-citan vayv-adin asu nirharet |
aty-usna-varsa-sita hi grisma-varsa-himagamah || 34 ||

samdhau sadharane tesam dustan dosan visodhayet |
svastha-vrttam abhipretya vyadhau vyadhi-vasena tu || 35 ||

trayah sadharanas tesam antare pravrsadayah |
pravrt suci-nabhau tesu sarad urja-sahau smrtau || 35.1+1 ||

tapasyo madhu-masas ca vasantah sodhanam prati |
etan rtun vikalpyaivam dadyat samsodhanam bhisak || 35.1+2 ||

krtva sitosna-vrstinam pratikaram yatha-yatham |
prayojayet kriyam praptam kriya-kalam na hapayet || 36 ||

yuñjyad an-annam annadau madhye 'nte kavadantare |
grase grase muhuh sannam samudgam nisi causadham || 37 ||

kaphodreke gade 'n-annam balino roga-roginoh |
annadau vi-gune 'pane samane madhya isyate || 38 ||

vyane 'nte pratar-asasya sayam-asasya tuttare |
grasa-grasantayoh prane praduste matarisvani || 39 ||

muhur muhur visa-cchardi-hidhma-trt-svasa-kasisu |
yojyam sa-bhojyam bhaisajyam bhojyais citrair a-rocake || 40 ||

kampaksepaka-hidhmasu samudgam laghu-bhojinam |
urdhva-jatru-vikaresu svapna-kale prasasyate || 41 ||

sutrasthana
upakramyasya hi dvi-tvad dvi-dhaivopakramo matah |
ekah samtarpanas tatra dvitiyas capatarpanah || 1 ||

brmhano langhanas ceti tat-paryayav udahrtau |
brmhanam yad brhat-tvaya langhanam laghavaya yat || 2 ||

dehasya bhavatah prayo bhaumapam itarac ca te |
snehanam ruksanam karma svedanam stambhanam ca yat || 3 ||

bhutanam tad api dvaidhyad dvitayam nativartate |
sodhanam samanam ceti dvi-dha tatrapi langhanam || 4 ||

yad irayed bahir dosan pañca-dha sodhanam ca tat |
niruho vamanam kaya-siro-reko 'sra-visrutih || 5 ||

na sodhayati yad dosan saman nodirayaty api |
sami-karoti visaman samanam tac ca sapta-dha || 6 ||

pacanam dipanam ksut-trd-vyayamatapa-marutah |
brmhanam samanam tv eva vayoh pittanilasya ca || 7 ||

brmhayed vyadhi-bhaisajya-madya-stri-soka-karsitan |
bharadhvorah-ksata-ksina-ruksa-dur-bala-vatalan || 8 ||

garbhini-sutika-bala-vrddhan grisme 'paran api |

mamsa-ksira-sita-sarpir-madhura-snigdha-vastibhih || 9 ||

svapna-sayya-sukhabhyanga-snana-nirvrti-harsanaih |
mehama-dosati-snigdha-jvaroru-stambha-kusthinah || 10 ||

visarpa-vidradhi-pliha-sirah-kanthaksi-roginah |
sthulams ca langhayen nityam sisire tv aparan api || 11 ||

tatra samsodhanaih sthaulya-bala-pitta-kaphadhikan |
ama-dosa-jvara-cchardir-atisara-hrd-amayaih || 12 ||

vibandha-gauravodgara-hrl-lasadibhir aturan |
madhya-sthaulyadikan prayah purvam pacana-dipanaih || 13 ||

ebhir evamayair artan hina-sthaulya-baladhikan |
ksut-trsna-nigrahair dosais tv artan madhya-balair drdhan ||
14 ||

14.14cv ksut-trsna-nigrahair dosair 14.14cv
ksut-trsna-nigrahair dosais
14.14dv cartan madhya-balair drdhan
samiranatapayasaih kim utalpa-balair naran |
na brmhayel langhaniyan brmhyams tu mrdu langhayet || 15 ||

yuktya va desa-kaladi-balatas tan upacaret |
brmhite syad balam pustis tat-sadhyamaya-samksayah || 16 ||

vi-malendriya-ta sargo malanam laghavam rucih |
ksut-trt-sahodayah suddha-hrdayodgara-kantha-ta || 17 ||

vyadhi-mardavam utsahas tandra-nasas ca langhite |
an-apeksita-matradi-sevite kurutas tu te || 18 ||

ati-sthaulyati-karsyadin vaksyante te ca sausadhah |
rupam tair eva ca jñeyam ati-brmhita-langhite || 19 ||

14.19cv rupam tair eva vijñeyam
ati-sthaulyapaci-meha-jvarodara-bhagandaran |
kasa-samnyasa-krcchrama-kusthadin ati-darunan || 20 ||

tatra medo-'nila-slesma-nasanam sarvam isyate |
kulattha-jurna-syamaka-yava-mudga-madhudakam || 21 ||

mastu-dandahatarista-cinta-sodhana-jagaram |
madhuna tri-phalam lihyad guducim abhayam ghanam || 22 ||

rasañjanasya mahatah pañca-mulasya gugguloh |
sila-jatu-prayogas ca sagnimantha-raso hitah || 23 ||

14.23cv silahvasya prayogas ca
vidangam nagaram ksarah kala-loha-rajo madhu |
yavamalaka-curnam ca yogo 'ti-sthaulya-dosa-jit || 24 ||

vyosa-katvi-vara-sigru-vidangativisa-sthirah |
hingu-sauvarcalajaji-yavani-dhanya-citrakah || 25 ||

nise brhatyau hapusa patha mulam ca kembukat |
esam curnam madhu ghrtam tailam ca sadrsamsakam || 26 ||

14.26dv tailam ca sadrsamsikam
saktubhih so-dasa-gunair yuktam pitam nihanti tat |
ati-sthaulyadikan sarvan rogan anyams ca tad-vidhan || 27 ||

hrd-roga-kamala-svitra-svasa-kasa-gala-grahan |
buddhi-medha-smrti-karam samnasyagnes ca dipanam || 28 ||

ati-karsyam bhramah kasas trsnadhikyam a-rocakah |
snehagni-nidra-drk-srotra-sukraujah-ksut-svara-ksayah || 29 ||

14.29av ati-karsyam bhramah svasa- 14.29bv -trsnadhikyam
a-rocakah
vasti-hrn-murdha-janghoru-trika-parsva-ruja jvarah |
pralapordhvanila-glani-cchardi-parvasthi-bhedanam || 30 ||

14.30dv -cchardih-parvasthi-bhedanam
varco-mutra-grahadyas ca jayante 'ti-vilanghanat |
karsyam eva varam sthaulyan na hi sthulasya bhesajam || 31 ||

14.31av vin-mutradi-grahadyas ca 14.31dv na hi sthaulyasya bhesajam
brmhanam langhanam valam ati-medo-'gni-vata-jit |
madhura-snigdha-sauhityair yat saukhyena ca nasyati || 32 ||

14.32av brmhanam langhanam nalam 14.32cv madhura-sneha-sauhityair
14.32dv yat saukhyena vinasyati
krasima sthavimaty-anta-viparita-nisevanaih |
yojayed brmhanam tatra sarvam pananna-bhesajam || 33 ||

a-cintaya harsanena dhruvam samtarpanena ca |
svapna-prasangac ca krso varaha iva pusyati || 34 ||

14.34av a-cintaya praharsena 14.34cv svapna-prasangac ca naro
na hi mamsa-samam kiñ-cid anyad deha-brhat-tva-krt |
mamsada-mamsam mamsena sambhrta-tvad visesatah || 35 ||

14.35dv sambhrta-tvad visisyate 14.35dv sambhrta-tvad
brhat-tva-krt
guru ca-tarpanam sthule viparitam hitam krse |
yava-godhumam ubhayos tad-yogyahita-kalpanam || 36 ||

14.36dv tad-yogya-hita-kalpanam 14.36dv tato grahita-kalpanam
dosa-gatyatiricyante grahi-bhedy-adi-bhedatah |
upakrama na te dvi-tvad bhinna api gada iva || 37 ||

14.37cv upakrama na tu dvi-tvad

sutrasthana
madana-madhuka-lambÄ•-nimba-bimbÄ«-viÅ›Ä•lÄ•-trapusa-kuá¹-aja-mÅ«rvÄ•-devadÄ•lÄ
-krmighnam |
vidula-dahana-citrah kosavatyau karañjah

kana-lavana-vacaila-sarsapas chardanani || 1

||

nikumbha-kumbha-tri-phala-gavaksi-snuk-sankhini-nilini-tilvakani |
samyaka-kampillaka-hemadugdha dugdham ca mutram ca virecanani || 2 ||

madana-kuá¹-aja-kuá¹£á¹-ha-devadÄ•lÄ«-madhuka-vacÄ•-daÅ›a-mÅ«la-dÄ•ru-rÄ•snÄ•á¸
|
yava-misi-krtavedhanam kulattha madhu lavanam trivrta
niruhanani || 3 ||

15.3cv yava-misi-krtavedhanam kulattho
vellapamarga-vyosa-darvi-surala bijam sairisam barhatam
saigravam ca |
saro madhukah saindhavam tarksya-sailam trutyau prthvika
sodhayanty uttamangam || 4

||

bhadradaru natam kustham dasa-mulam bala-dvayam |
vayum virataradis ca vidary-adis ca nasayet || 5 ||

15.5bv dasa-mulam bala-trayam 15.5dv vidary-adis ca sodhayet
durvananta nimba-vasatmagupta gundrabhiruh sitapaki priyanguh
|
nyagrodhadih padmakadih sthire dve padmam vanyam sarivadis ca
pittam || 6 ||

aragvadhadir arkadir muskakadyo 'sanadikah |
surasadih sa-mustadir vatsakadir balasa-jit || 7 ||

jivanti-kakolyau mede dve mudga-masaparnyau ca |
rsabhaka-jivaka-madhukam ceti gano jivaniyakhyah || 8 ||

vidari-pañcangula-vrscikali-vrsciva-devahvaya-surpaparnyah
|
kandukari jivana-hrasva-samjñe dve pañcake gopasuta tripadi || 9
||

15.9bv -vrsciva-deva-dvaya-surpaparnyah 15.9dv kandukari
gopasuta tripadi
vidary-adir ayam hrdyo brmhano vata-pitta-ha |
sosa-gulmanga-mardordhva-svasa-kasa-haro ganah || 10 ||

15.10cv sosa-gulmanga-sadordhva-
sarivosira-kasmarya-madhuka-sisira-dvayam |
yasti parusakam hanti daha-pittasra-trd-jvaran || 11 ||

padmaka-pundrau vrddhi-tugarddhyah srngy amrta dasa
jivana-samjñah |
stanya-kara ghnantirana-pittam
prinana-jivana-brmhana-vrsyah || 12 ||

parusakam vara draksa katphalam katakat phalam |
rajahvam dadimam sakam trn-mutramaya-vata-jit || 13 ||

añjanam phalini mamsi padmotpala-rasañjanam |
saila-madhuka-nagahvam visantar-daha-pitta-nut || 14 ||

15.14dv visantar-daha-pitta-jit 15.14dv visantar-daha-pitta-hrt
patola-katu-rohini-candanam madhusrava-guduci-pathanvitam |
nihanti kapha-pitta-kustha-jvaran visam vamim a-rocakam kamalam ||
15 ||

guduci-padmakarista-dhanaka-rakta-candanam |
pitta-slesma-jvara-cchardi-daha-trsna-ghnam agni-krt || 16 ||

15.16bv -dhanyaka-rakta-candanam 15.16bv -dhanyakam rakta-candanam
15.16bv -dhanika-rakta-candanam
Ä•ragvadhendrayava-pÄ•á¹-ali-kÄ•katiktÄ•-nimbÄ•má¹›tÄ•-madhurasÄ•-sruva-vá¹›ká¹
a-pathah |
bhÅ«nimba-sairyaka-paá¹-ola-karaÃ±ja-yugma-saptacchadÄ•gni-suá¹£avÄ«-phala-bÄ•á
a-ghontah ||

17 ||

aragvadhadir jayati cchardi-kustha-visa-jvaran |
kapham kandum prameham ca dusta-vrana-visodhanah || 18 ||

15.18dv medodara-visodhanah
asana-tinisa-bhurja-svetavaha-prakiryah
khadira-kadara-bhandi-simsipa-mesasrngyah |
tri-hima-tala-palasa jongakah saka-salau
kramuka-dhava-kalinga-cchagakarnasvakarnah ||

19 ||

asanadir vijayate svitra-kustha-kapha-krimin |
pandu-rogam prameham ca medo-dosa-nibarhanah || 20 ||

15.20bv svitra-kustha-vami-krimin
varuna-sairyaka-yugma-satavari-dahana-morata-bilva-visanikah |
dvi-brhati-dvi-karañja-jaya-dvayam bahalapallava-darbha-rujakarah ||
21 ||

15.21av varana-sairyaka-yugma-satavari-
varunadih kapham medo mandagni-tvam niyacchati |
adhya-vatam sirah-sulam gulmam cantah sa-vidradhim || 22 ||

15.22av varanadih kapham medo 15.22cv adho-vatam sirah-sulam
usakas tutthakam hingu kasisa-dvaya-saindhavam |
sa-sila-jatu krcchrasma-gulma-medah-kaphapaham || 23 ||

15.23dv -gulma-meha-kaphapaham
vellantararanika-buka-vrsasmabheda-gokantaketkata-sahacara-ba
na-kasah |

vá¹›ká¹£Ä•danÄ«-nala-kuÅ›a-dvaya-guá¹‡á¹-ha-gundrÄ•-bhallÅ«ka-moraá¹-a-kuraá¹‡á
a-karambha-parthah ||

24 ||

15.24bv -gokantakotkata-sahacara-bana-kasah 15.24cv
vrksadani-nala-kusa-dvaya-guntha-gundra- 15.24cv
vrksadani-nala-kusa-dvaya-guñcha-gundra- 15.24cv
vrksadani-nala-kusa-dvaya-guccha-gundra-
vargo virataradyo 'yam hanti vata-krtan gadan |
asmari-sarkara-mutra-krcchraghata-ruja-harah || 25 ||

15.25dv -krcchraghata-rujapahah
lodhra-sabaraka-lodhra-palasa jingini-sarala-katphala-yuktah |
kutsitamba-kadali-gatasokah sailavalu-paripelava-mocah || 26 ||

15.26av lodhra-sabara-kadamba-palasa 15.26bv
jhiñjhini-sarala-katphala-yuktah
esa lodhradiko nama medah-kapha-haro ganah |
yoni-dosa-harah stambhi varnyo visa-vinasanah || 27 ||

arkalarkau nagadanti visalya bhargi rasna vrscikali prakirya |
pratyakpuspi pitatailodakirya sveta-yugmam tapasanam ca
vrksah || 28 ||

ayam arkadiko vargah kapha-medo-visapahah |
krmi-kustha-prasamano visesad vrana-sodhanah || 29 ||

15.29av ayam arkadiko nama
surasa-yuga-phanijjam kalamala vidangam
kharabusa-vrsakarni-katphalam kasamardah |
ksavaka-sarasi-bhargi-karmukah kakamaci kulahala-visamusti
bhustrno bhutakesi || 30

||

15.30bv kharabuka-vrsakarni-katphalah kasamardah 15.30bv
kharabusa-vrsakarni-katphalah kasamardah 15.30bc
kharamukha-vrsakarni-katphalam kasamardah 15.30cv
ksavaka-surasi-bhargi-karmukah kakamaci 15.30cv
ksavaka-surasi-bhargi-kamukah kakamaci 15.30cv
ksavaka-sarasi-bhargi-kamukah kakamaci
15.30cv ksavaka-svarasi-bhargi-karmukah kakamaci
surasadir ganah slesma-medah-krmi-nisudanah |
pratisyaya-ruci-svasa-kasa-ghno vrana-sodhanah || 31 ||

muskaka-snug-vara-dvipi-palasa-dhava-simsipah |
gulma-mehasmari-pandu-medo-'rsah-kapha-sukra-jit || 32 ||

15.32bv -palasa-dhava-simsipam
vatsaka-murva-bhargi-katuka maricam ghunapriya ca gandiram |
ela pathajaji katvanga-phalajamoda-siddhartha-vacah || 33 ||

jiraka-hingu-vidangam pasugandha pañca-kolakam hanti |
cala-kapha-medah-pinasa-gulma-jvara-sula-dur-namnah || 34 ||

15.34dv pasugandha pañca-kolakam ghnanti
vaca-jalada-devahva-nagarativisabhayah |
haridra-dvaya-yasty-ahva-kalasi-kutajodbhavah || 35 ||

vaca-haridradi-ganav amatisara-nasanau |
medah-kaphadhya-pavana-stanya-dosa-nibarhanau || 36 ||

15.36bv amatisara-pacanau
priyangu-puspañjana-yugma-padmah padmad rajo yojanavally ananta |
manadrumo moca-rasah samanga punnaga-sitam madaniya-hetuh || 37
||

15.37cv saradrumo moca-rasah samanga 15.37dv punnama-sitam
madaniya-hetuh
ambastha madhukam namaskari nandivrksa-palasa-kacchurah |
lodhram dhataki-bilva-pesike katvangah kamalodbhavam rajah || 38
||

ganau priyangv-ambasthadi pakvatisara-nasanau |
samdhaniyau hitau pitte vrananam api ropanau || 39 ||

musta-vacagni-dvi-nisa-dvi-tikta-bhallata-patha-tri-phala-visakhy
ah |
kustham truti haimavati ca yoni-stanyamaya-ghna mala-pacanas ca
|| 40 ||

nyagrodha-pippala-sadaphala-lodhra-yugmam
jambu-dvayarjuna-kapitana-somavalkah |
plaksamra-vañjula-piyala-palasa-nandi-koli-kadamba-virala-madhukam
madhukam || 41

||

15.41av nyagrodha-pippala-sadaphala-lodhra-yugma- 15.41bv
-jambu-dvayarjuna-kapitana-somavalkah
nyagrodhadir gano vranyah samgrahi bhagna-sadhanah |
medah-pittasra-trd-daha-yoni-roga-nibarhanah || 42 ||

15.42av nyagrodhadir gano varnyah 15.42dv -yoni-dosa-nibarhanah
ela-yugma-turuska-kustha-phalini-mamsi-jala-dhyamakam || 43a ||
sprkka-coraka-coca-pattra-tagara-sthauneya-jati-rasah || 43b ||
15.43bv -sprkka-coraka-coca-pattra-tagara-sthauneya-jati-rasah
suktir vyaghranakho 'marahvam aguruh srivasakah kunkumam || 43c
||

15.43cv suktir vyaghranakho 'marahvam aguruh srivasakam kunkumam
15.43cv sukti-vyaghranakhau surahvam aguruh srivestakah
kunkumam
canda-guggulu-deva-dhupa-khapurah punnaga-nagahvayam || 43d ||

eladiko vata-kaphau visam ca viniyacchati |
varna-prasadanah kandu-pitika-kotha-nasanah || 44 ||

15.44cv varnyah prasadanah kandu-
syama-danti-dravanti-kramuka-kutarana-sankhini-carma-sahva- ||
45a ||

15.45av
syama-danti-dravanti-kramuka-kutarani-sankhini-carma-sahva-
-svarnaksiri-gavaksi-sikhari-rajanaka-cchinnaroha-karañjah ||
45b ||
bastantri vyadhighato bahala-bahu-rasas tiksnavrksat phalani ||
45c ||
15.45cv bastantri vyadhighato bahula-bahu-rasas tiksnavrksat
phalani syamadyo hanti gulmam visama-ruci-kaphau hrd-rujam
mutra-krcchram || 45d ||

trayas-trimsad iti prokta vargas tesu tv a-labhatah |
yuñjyat tad-vidham anyac ca dravyam jahyad a-yaugikam || 46 ||

ete varga dosa-dusyady apeksya kalka-kvatha-sneha-lehadi-yuktah |
pane nasye 'nvasane 'ntar bahir va lepabhyangair ghnanti rogan
su-krcchran || 47 ||

15.47av ete varga dosa-dusyady aveksya 15.47dv sekalepair ghnanti
rogan su-krcchran 15.47dv svedabhyangair ghnanti rogan su-krcchran

sutrasthana
guru-sita-sara-snigdha-manda-suksma-mrdu-dravam |
ausadham snehanam prayo viparitam viruksanam || 1 ||

sarpir majja vasa tailam snehesu pravaram matam |
tatrapi cottamam sarpih samskarasyanuvartanat || 2 ||

madhuryad a-vidahi-tvaj janmady eva ca silanat |
pitta-ghnas te yatha-purvam itara-ghna yathottaram || 3 ||

ghrtat tailam guru vasa tailan majja tato 'pi ca |
dvabhyam tribhis caturbhis tair yamakas tri-vrto mahan || 4 ||

svedya-samsodhya-madya-stri-vyayamasakta-cintakah |
vrddha-bala-bala-krsa ruksah ksinasra-retasah || 5 ||

vatarta-syanda-timira-daruna-pratibodhinah |
snehya na tv ati-mandagni-tiksnagni-sthula-dur-balah || 6 ||

uru-stambhatisarama-gala-roga-garodaraih |
murcha-chardy-a-ruci-slesma-trsna-madyais ca piditah || 7 ||

apaprasuta yukte ca nasye vastau virecane |
tatra dhi-smrti-medhadi-kanksinam sasyate ghrtam || 8 ||

16.8cv tatra dhi-smrti-medhagni-
granthi-nadi-krmi-slesma-medo-maruta-rogisu |

tailam laghava-dardhyarthi-krura-kosthesu dehisu || 9 ||

vatatapadhva-bhara-stri-vyayama-ksina-dhatusu |
ruksa-klesa-ksamaty-agni-vatavrta-pathesu ca || 10 ||

sesau vasa tu samdhy-asthi-marma-kostha-rujasu ca |
tatha dagdhahata-bhrasta-yoni-karna-siro-ruji || 11 ||

tailam pravrsi varsante sarpir anyau tu madhave |
rtau sadharane snehah sasto 'hni vi-male ravau || 12 ||

tailam tvarayam site 'pi gharme 'pi ca ghrtam nisi |
nisy eva pitte pavane samsarge pitta-vaty api || 13 ||

nisy anya-tha vata-kaphad rogah syuh pittato diva |
yuktyavacarayet sneham bhaksyady-annena vastibhih || 14 ||

nasyabhyañjana-gandusa-murdha-karnaksi-tarpanaih |
rasa-bhedaikaka-tvabhyam catuh-sastir vicaranah || 15 ||

snehasyanyabhibhuta-tvad alpa-tvac ca kramat smrtah |
yathokta-hetv-a-bhavac ca naccha-peyo vicarana || 16 ||

16.16av snehasyannabhibhuta-tvad 16.16dv nacchah peyo vicarana
snehasya kalpah sa sresthah sneha-karmasu-sadhanat |
dvabhyam caturbhir astabhir yamair jiryanti yah kramat || 17 ||

hrasva-madhyottama matras tas tabhyas ca hrasiyasim |
kalpayed viksya dosadin prag eva tu hrasiyasim || 18 ||

hyastane jirna evanne sneho 'cchah suddhaye bahuh |
samanah ksud-vato 'n-anno madhya-matras ca sasyate || 19 ||

brmhano rasa-madyadyaih sa-bhakto 'lpo hitah sa ca |
bala-vrddha-pipasarta-sneha-dvin-madya-silisu || 20 ||

16.20bv sa-bhakto 'lpo hitas ca sah
stri-sneha-nitya-mandagni-sukhita-klesa-bhirusu |
mrdu-kosthalpa-dosesu kale cosne krsesu ca || 21 ||

pran-madhyottara-bhakto 'sav adho-madhyordhva-deha-jan |
vyadhiñ jayed balam kuryad anganam ca yatha-kramam || 22 ||

vary usnam acche 'nupibet snehe tat sukha-paktaye |
asyopalepa-suddhyai ca taubararuskare na tu || 23 ||

murcha daho '-ratis trsna jrmbha moha-bhrama-klamah |
bhavanti jiryati snehe jirnah syat taih samam gataih || 23+1 ||

jirna-jirna-visankayam punar usnodakam pibet |
tenodgara-visuddhih syat tatas ca laghu-ta rucih || 24 ||

bhojyo 'nnam matraya pasyan svah piban pita-van api |
dravosnam an-abhisyandi nati-snigdham a-samkaram || 25 ||

usnodakopacari syad brahma-cari ksapasayah |

na vega-rodhi vyayama-krodha-soka-himatapan || 26 ||

pravata-yana-yanadhva-bhasyaty-asana-samsthitih |
nicaty-uccopadhanahah-svapna-dhuma-rajamsi ca || 27 ||

16.27bv -bhasyabhyasana-samsthitih 16.27bv
-bhasyaty-asana-samsthitih
16.27bv -bhasyaty-asana-samsthitih
yany ahani pibet tani tavanty anyany api tyajet |
sarva-karmasv ayam prayo vyadhi-ksinesu ca kramah || 28 ||

upacaras tu samane karyah snehe virikta-vat |
try-aham accham mrdau kosthe krure sapta-dinam pibet || 29 ||

samyak-snigdho 'tha-va yavad atah satmyi-bhavet param |
vatanulomyam dipto 'gnir varcah snigdham a-samhatam || 30 ||

snehodvegah klamah samyak-snigdhe rukse viparyayah |
ati-snigdhe tu pandu-tvam ghrana-vaktra-guda-sravah || 31 ||

16.31av mrdu-snigdhanga-ta glanih 16.31bv snehodvego 'tha laghavam
16.31bv snehodvego 'nga-laghavam 16.31cv ati-snigdhe tu pandu-tva-
16.31cv vi-malendriya-ta samyak- 16.31dv -ghrana-vaktra-guda-sravah
16.31dv -snigdhe
rukse viparyayah
a-matraya-hito '-kale mithyahara-viharatah |
snehah karoti sopharsas-tandra-stambha-vi-samjña-tah || 32 ||

kandu-kustha-jvarotklesa-sulanaha-bhramadikan |
ksut-trsnollekhana-sveda-ruksa-pananna-bhesajam || 33 ||

16.33bv -sulanaha-bala-ksayan 16.33cv ksut-trsnollekhanam
svedo 16.33dv
ruksam pananna-bhesajam
takrarista-khaloddala-yava-syamaka-kodravah |
pippali-tri-phala-ksaudra-pathya-go-mutra-guggulu || 34 ||

16.34av takraristam khaloddala- 16.34bv -yava-syamaka-kodravam
yatha-svam prati-rogam ca sneha-vyapadi sadhanam |
viruksane langhana-vat krtati-krta-laksanam || 35 ||

snigdha-dravosna-dhanvottha-rasa-bhuk svedam acaret |
snigdhas try-aham sthitah kuryad virekam vamanam punah || 36 ||

16.36bv -rasa-bhuk svedam acaran
ekaham dinam anyac ca kapham utklesya tat-karaih |
mamsala medura bhuri-slesmano visamagnayah || 37 ||

snehocitas ca ye snehyas tan purvam ruksayet tatah |
samsnehya sodhayed evam sneha-vyapan na jayate || 38 ||

alam malan irayitum snehas ca-satmya-tam gatah |
bala-vrddhadisu sneha-parihara-sahisnusu || 39 ||

yogan iman an-udvegan sadyah-snehan prayojayet |
prajya-mamsa-rasas tesu peya va sneha-bharjita || 40 ||

16.40dv peya va sneha-bharjitah
tila-curnas ca sa-sneha-phanitah krsara tatha |
ksira-peya ghrtadhyosna dadhno va sa-gudah sarah || 41 ||

16.41av tila-curnam ca sa-sneha- 16.41bv -phanitam krsara tatha
peya ca pañca-prasrta snehais tandula-pañcamaih |
saptaite snehanah sadyah snehas ca lavanolbanah || 42 ||

16.42dv snehas ca lavanolbanah
tad dhy abhisyandy a-ruksam ca suksmam usnam vyavayi ca |
gudanupamisa-ksira-tila-masa-sura-dadhi || 43 ||

16.43av tad dhi visyandy a-ruksam ca
kustha-sopha-pramehesu snehartham na prakalpayet |
tri-phala-pippali-pathya-guggulv-adi-vipacitan || 44 ||

snehan yatha-svam etesam yojayed a-vikarinah |
ksinanam tv amayair agni-deha-samdhuksana-ksaman || 45 ||

16.45av ksinanam amayair agni-
diptantaragnih parisuddha-kosthah pratyagra-dhatur
bala-varna-yuktah |
drdhendriyo manda-jarah satayuh snehopasevi purusah
pradistah || 46 ||

sutrasthana
svedas tapopanahosma-drava-bhedac catur-vidhah |
tapo 'gni-tapta-vasana-phala-hasta-taladibhih || 1 ||

upanaho vaca-kinva-satahva-devadarubhih |
dhanyaih samastair gandhais ca rasnairanda-jatamisaih || 2 ||

udrikta-lavanaih sneha-cukra-takra-payah-plutaih |
kevale pavane slesma-samsrste surasadibhih || 3 ||

pittena padmakadyais tu salvanakhyaih punah punah |
snigdhosna-viryair mrdubhis carma-pattair a-putibhih || 4 ||

17.4av pittena padmakadyais ca 17.4bv salvalakhyaih punah punah
a-labhe vata-jit pattra-kauseyavika-satakaih |
baddham ratrau diva muñcen muñced ratrau diva-krtam || 5 ||

usma tutkarika-losta-kapalopala-pamsubhih |
pattra-bhangena dhanyena karisa-sikata-tusaih || 6 ||

anekopaya-samtaptaih prayojyo desa-kalatah |
sigru-varanakairanda-karañja-surasarjakat || 7 ||

sirisa-vasa-vamsarka-malati-dirghavrntatah |
pattra-bhangair vacadyais ca mamsais canupa-vari-jaih || 8 ||

dasa-mulena ca prthak sahitair va yatha-malam |
sneha-vadbhih sura-sukta-vari-ksiradi-sadhitaih || 9 ||

kumbhir galantir nadir va purayitva rujarditam |
vasasacchaditam gatram snigdham siñced yatha-sukham || 10 ||

17.10cv vastravacchaditam gatram
tair eva va dravaih purnam kundam sarvanga-ge 'nile |
avagahyaturas tisthed arsah-krcchradi-ruksu ca || 11 ||

nivate 'ntar-bahih-snigdho jirnannah svedam acaret |
vyadhi-vyadhita-desartu-vasan madhya-varavaram || 12 ||

17.12av nir-vate 'ntar-bahih-snigdho
kapharto ruksanam rukso ruksah snigdham kaphanile |
amasaya-gate vayau kaphe pakvasayasrite || 13 ||

17.13av kaphe tam ruksanai rukso
ruksa-purvam tatha sneha-purvam sthananurodhatah |
alpam vanksanayoh sv-alpam drn-muska-hrdaye na va || 14 ||

17.14cv alpam vanksanayoh svedam
sita-sula-ksaye svinno jate 'nganam ca mardave |
syac chanair mrditah snatas tatah sneha-vidhim bhajet || 15 ||

pittasra-kopa-trn-murcha-svaranga-sadana-bhramah |
samdhi-pida jvarah syava-rakta-mandala-darsanam || 16 ||

svedati-yogac chardis ca tatra stambhanam ausadham |
visa-ksaragny-atisara-cchardi-mohaturesu ca || 17 ||

svedanam guru tiksnosnam prayah stambhanam anya-tha |
drava-sthira-sara-snigdha-ruksa-suksmam ca bhesajam || 18 ||

svedanam stambhanam slaksnam ruksa-suksma-sara-dravam |
prayas tiktam kasayam ca madhuram ca samasatah || 19 ||

stambhitah syad bale labdhe yathoktamaya-samksayat |
stambha-tvak-snayu-samkoca-kampa-hrd-vag-ghanu-grahaih || 20 ||

padaustha-tvak-karaih syavair ati-stambhitam adiset |
na svedayed ati-sthula-ruksa-dur-bala-murchitan || 21 ||

stambhaniya-ksata-ksina-ksama-madya-vikarinah |
timirodara-visarpa-kustha-sosadhya-roginah || 22 ||

17.22dv -kustha-sophadhya-roginah
pita-dugdha-dadhi-sneha-madhun krta-virecanan |
bhrasta-dagdha-guda-glani-krodha-soka-bhayarditan || 23 ||

17.23dv -krodha-soka-bhayanvitan 17.23dv -krodha-rakta-ksayanvitan
ksut-trsna-kamala-pandu-mehinah pitta-piditan |
garbhinim puspitam sutam mrdu catyayike gade || 24 ||

17.24dv mrdu tv atyayike gade

svasa-kasa-pratisyaya-hidhmadhmana-vibandhisu |
svara-bhedanila-vyadhi-slesmama-stambha-gaurave || 25 ||

anga-marda-kati-parsva-prstha-kuksi-hanu-grahe |
mahat-tve muskayoh khalyam ayame vata-kantake || 26 ||

mutra-krcchrarbuda-granthi-sukraghatadhya-marute |
svedam yatha-yatham kuryat tad-ausadha-vibhagatah || 27 ||

svedo hitas tv an-agneyo vate medah-kaphavrte |
nivatam grham ayaso guru-pravaranam bhayam || 28 ||
upanahahava-krodha bhuri-panam ksudhatapah || 28u ||
17.28uav upanahahava-krodha- 17.28ubv -bhuri-panam ksudhatapah
17.28ubv
bhuri-pana-ksud-atapah
svedayanti dasaitani naram agni-gunad rte || 28u+1 ||

sneha-klinnah kostha-ga dhatu-ga va sroto-lina ye ca
sakhasthi-samsthah |
dosah svedais te dravi-krtya kostham nitah samyak suddhibhir
nirhriyante || 29 ||

sutrasthana
kaphe vidadhyad vamanam samyoge va kapholbane |
tad-vad virecanam pitte visesena tu vamayet || 1 ||

nava-jvaratisaradhah-pittasrg-raja-yaksminah |
kustha-mehapaci-granthi-slipadonmada-kasinah || 2 ||

svasa-hrl-lasa-visarpa-stanya-dosordhva-roginah |
a-vamya garbhini ruksah ksudhito nitya-duhkhitah || 3 ||

18.3bv -stanya-rogordhva-roginah 18.3cv a-vamya garbhini-ruksa-
18.3dv
-ksudhita nitya-duhkhitah
bala-vrddha-krsa-sthula-hrd-rogi-ksata-dur-balah |
prasakta-vamathu-pliha-timira-krmi-kosthinah || 4 ||

urdhva-pravrtta-vayv-asra-datta-vasti-hata-svarah |
mutraghaty udari gulmi dur-vamo 'ty-agnir arsasah || 5 ||

18.5av urdhva-pravrtta-vatasra-
udavarta-bhramasthila-parsva-rug-vata-roginah |
rte visa-gara-jirna-viruddhabhyavaharatah || 6 ||

18.6av udavarta-sramasthila-
prasakta-vamathoh purve prayenama-jvaro 'pi ca |
dhumantaih karmabhir varjyah sarvair eva tv a-jirninah || 7 ||

vireka-sadhya gulmarso-visphota-vyanga-kamalah |
jirna-jvarodara-gara-cchardi-pliha-halimakah || 8 ||

18.8cv jirna-jvarodara-cchardi- 18.8dv -plihanaha-halimakah 18.8dv

-pliha-pandu-halimakah
vidradhis timiram kacah syandah pakvasaya-vyatha |
yoni-sukrasraya rogah kostha-gah krmayo vranah || 9 ||

18.9cv yoni-sukra-gata rogah 18.9cv yoni-sukrasaya rogah
vatasram urdhva-gam raktam mutraghatah sakrd-grahah |
vamyas ca kustha-mehadya na tu recya nava-jvari || 10 ||

18.10av vatasrg urdhva-gam raktam 18.10dv na tu recyo nava-jvari
alpagny-adho-ga-pittasra-ksata-payv-atisarinah |
sa-salyasthapita-krura-kosthati-snigdha-sosinah || 11 ||

18.11cv sa-salyabhihata-krura-
atha sadharane kale snigdha-svinnam yatha-vidhi |
svo-vamyam utklista-kapham matsya-masa-tiladibhih || 12 ||

18.12dv matsya-mamsa-tiladibhih 18.12dv mamsa-masa-tiladibhih
nisam suptam su-jirnannam purvahne krta-mangalam |
nir-annam isat-snigdham va peyaya pita-sarpisam || 13 ||

18.13av nisam suptam ca jirnannam
vrddha-bala-bala-kliba-bhirun roganurodhatah |
a-kantham payitan madyam ksiram iksu-rasam rasam || 14 ||

18.14cv a-kantham payayen madyam
yatha-vikara-vihitam madhu-saindhava-samyutam |
kostham vibhajya bhaisajya-matram mantrabhimantritam || 15 ||

brahma-daksasvi-rudrendra-bhu-candrarkanilanalah |
rsayah sausadhi-grama bhuta-samghas ca pantu vah || 16 ||

rasayanam ivarsinam a-maranam ivamrtam |
sudhevottama-naganam bhaisajyam idam astu te || 17 ||

18.17av rasayanam ivarsinam 18.17bv devanam amrtam yatha namo
bhaga-vate bhaisajya-gurave vaidurya-prabha-rajaya || 17+1 ||
tatha-gatayarhate samyak-sambuddhaya || 17+2 ||tad yatha || 17+3
||bhaisajye bhaisajye maha-bhaisajye samudgate svaha || 17+4 ||
18.17+4v bhaisajye bhaisajye maha-bhaisajye bhaisajya-samudgate
svaha
18.17+4v bhaisajye maha-bhaisajye samudgate svaha
pran-mukham payayet pito muhurtam anupalayet |
tan-mana jata-hrl-lasa-prasekas chardayet tatah || 18 ||

18.18av pran-mukham payayet pitam 18.18av pran-mukham payayet
pite
18.18dv -prasekam chardayet tatah
angulibhyam an-ayasto nalena mrdunatha-va |
gala-talv a-rujan vegan a-pravrttan pravartayan || 19 ||

18.19dv na-pravrttan pravartayan 18.19dv na-pravrttan pravartayet
18.19dv

a-pravrttan pravartayet
pravartayan pravrttams ca janu-tulyasane sthitah |
ubhe parsve lalatam ca vamatas casya dharayet || 20 ||

prapidayet tatha nabhim prstham ca pratilomatah |
kaphe tiksnosna-katukaih pitte svadu-himair iti || 21 ||

vamet snigdhamla-lavanaih samsrste maruta kaphe |
pittasya darsanam yavac chedo va slesmano bhavet || 22 ||

hina-vegah kana-dhatri-siddhartha-lavanodakaih |
vamet punah punas tatra veganam a-pravartanam || 23 ||

pravrttih sa-vibandha va kevalasyausadhasya va |
a-yogas tena nisthiva-kandu-kotha-jvaradayah || 24 ||

nir-vibandham pravartante kapha-pittanilah kramat |
samyag-yoge 'ti-yoge tu phena-candraka-rakta-vat || 25 ||

18.25dv phena-candrika-rakta-vat
manah-prasadah svasthyam cavasthanam ca svayam bhavet |
vaiparityam a-yoganam na cati-mahati vyatha || 25.1+(1) ||

18.25.1+(1)av manah-prasadah svasthyam ca 18.25.1+(1)bv avasthanam
svayam
bhavet
vamitam ksama-ta dahah kantha-sosas tamo bhramah |
ghora vayv-amaya mrtyur jiva-sonita-nirgamat || 26 ||

samyag-yogena vamitam ksanam asvasya payayet |
dhuma-trayasyanya-tamam snehacaram athadiset || 27 ||

tatah sayam prabhate va ksud-van snatah sukhambuna |
bhuñjano rakta-saly-annam bhajet peyadikam kramam || 28 ||

18.28cv purana-rakta-salinam 18.28cv bhuñjano 'nnam apekseta 18.28dv
a-sneha-lavanosanam 18.28dv peyadikam imam kramam 18.28dv peyadikam
imam kramat 18.28dv
peyadikam amum kramam
peyam vilepim a-krtam krtam ca yusam rasam trin ubhayam
tathaikam |
kramena seveta naro 'nna-kalan pradhana-madhyavara-suddhi-suddhah ||
29 ||

yathanur agnis trna-go-mayadyaih samdhuksyamano bhavati
kramena |
mahan sthirah sarva-pacas tathaiva suddhasya peyadibhir antaragnih ||
30 ||

18.30dv suddhasya peyadibhir antar-agnih
jaghanya-madhya-pravare tu vegas catvara ista vamane sad astau
|
dasaiva te dvi-tri-guna vireke prasthas tatha syad dvi-catur-gunas ca

|| 31 ||

pittavasanam vamanam virekad ardham kaphantam ca virekam ahuh |
dvi-tran sa-vitkan apaniya vegan meyam vireke vamane tu pitam || 32 ||

athainam vamitam bhuyah sneha-svedopapaditam |
slesma-kale gate jñatva kostham samyag virecayet || 33 ||

bahu-pitto mrduh kosthah ksirenapi viricyate |
prabhuta-marutah krurah krcchrac chyamadikair api || 34 ||

kasaya-madhuraih pitte virekah katukaih kaphe |
snigdhosna-lavanair vayav a-pravrttau tu payayet || 35 ||

usnambu svedayed asya pani-tapena codaram |
utthane 'lpe dine tasmin bhuktvanye-dyuh punah pibet || 36 ||

a-drdha-sneha-kosthas tu pibed urdhvam dasahatah |
bhuyo 'py upaskrta-tanuh sneha-svedair virecanam || 37 ||

yaugikam samyag alocya smaran purvam atikramam |
hrt-kuksy-a-suddhir a-rucir utklesah slesma-pittayoh || 38 ||

18.38bv smaran purvam anukramam
kandu-vidahah pitikah pinaso vata-vid-grahah |
a-yoga-laksanam yogo vaiparitye yathoditat || 39 ||

18.39av kandu-vidahah pitika
vit-pitta-kapha-vatesu nihsrtesu kramat sravet |
nih-slesma-pittam udakam svetam krsnam sa-lohitam || 40 ||

mamsa-dhavana-tulyam va medah-khandabham eva va |
guda-nihsaranam trsna bhramo netra-pravesanam || 41 ||

18.41dv sramo netra-pravesanam
bhavanty ati-viriktasya tathati-vamanamayah |
samyag-viriktam enam ca vamanoktena yojayet || 42 ||

dhuma-varjyena vidhina tato vamita-van iva |
kramenannani bhuñjano bhajet prakrti-bhojanam || 43 ||

manda-vahnim a-samsuddham a-ksamam dosa-dur-balam |
a-drsta-jirna-lingam ca langhayet pita-bhesajam || 44 ||

sneha-svedausadhotklesa-sangair iti na badhyate |
samsodhanasra-visrava-sneha-yojana-langhanaih || 45 ||

yaty agnir manda-tam tasmat kramam peyadim acaret |
srutalpa-pitta-slesmanam madya-pam vata-paittikam || 46 ||

peyam na payayet tesam tarpanadi-kramo hitah |
a-pakvam vamanam dosan pacyamanam virecanam || 47 ||

18.47bv tarpanadih kramo hitah 18.47bv tarpanadih kramo matah
18.47bv

tarpanadi-kramo matah
nirhared vamanasyatah pakam na pratipalayet |
dur-balo bahu-dosas ca dosa-pakena yah svayam || 48 ||

viricyate bhedaniyair bhojyais tam upapadayet |
dur-balah sodhitah purvam alpa-dosah krso narah || 49 ||

18.49bv bhojyais tam samupacaret
a-parijñata-kosthas ca piben mrdv alpam ausadham |
varam tad a-sakrt-pitam anya-tha samsayavaham || 50 ||

18.50av varam tad a-sakrt-pitam 18.50bv nanya-tha samsayavaham
hared bahums calan dosan alpan alpan punah punah |
dur-balasya mrdu-dravyair alpan samsamayet tu tan || 51 ||

klesayanti ciram te hi hanyur vainam a-nirhrtah |
mandagnim krura-kostham ca sa-ksara-lavanair ghrtaih || 52
||

18.52bv hanyus cainam a-nirhrtah
samdhuksitagnim vijita-kapha-vatam ca sodhayet |
ruksa-bahv-anila-krura-kostha-vyayama-silinam || 53 ||

diptagninam ca bhaisajyam a-virecyaiva jiryati |
tebhyo vastim pura dadyat tatah snigdham virecanam || 54 ||

18.54cv tebhyo vastim puro dadyat
sakrn nirhrtya va kiñ-cit tiksnabhih phala-vartibhih |
pravrttam hi malam snigdho vireko nirharet sukham || 55 ||

visabhighata-pitika-kustha-sopha-visarpinah |
kamala-pandu-mehartan nati-snigdhan visodhayet || 56 ||

18.56dv nati-snigdhan virecayet
sarvan sneha-virekais ca ruksais tu sneha-bhavitan |
karmanam vamanadinam punar apy antare 'ntare || 57 ||

18.57bv ruksais ca sneha-bhavitan
sneha-svedau prayuñjita sneham ante balaya ca |
malo hi dehad utklesya hriyate vasaso yatha || 58 ||

sneha-svedais tathotklistah sodhyate sodhanair malah |
sneha-svedav an-abhyasya kuryat samsodhanam tu yah || 59 ||

18.59av sneha-svedais tathotklesya 18.59bv hriyate sodhanair malah daru
suskam ivan-ame sariram tasya diryate || 59uab ||

buddhi-prasadam balam indriyanam dhatu-sthira-tvam jvalanasya
diptim |
cirac ca pakam vayasah karoti samsodhanam samyag-upasyamanam ||
60u ||

18.60uav buddheh prasadam balam indriyanam 18.60ubv dhatoh
sthira-tvam jvalanasya diptim

sutrasthana
vatolbanesu dosesu vate va vastir isyate |
upakramanam sarvesam so 'granis tri-vidhas tu sah || 1 ||

19.1dv so 'granis tri-vidhas ca sah
niruho 'nvasanam vastir uttaras tena sadhayet |
gulmanaha-khuda-pliha-suddhatisara-sulinah || 2 ||

jirna-jvara-pratisyaya-sukranila-mala-grahan |
vardhmasmari-rajo-nasan darunams canilamayan || 3 ||

an-asthapyas tv ati-snigdhah ksatorasko bhrsam krsah |
amatisari vami-man samsuddho datta-navanah || 4 ||

svasa-kasa-prasekarso-hidhmadhmanalpa-vahnayah |
suna-payuh krtaharo baddha-cchidrodakodari || 5 ||

19.5dv baddha-cchidra-dakodari
kusthi ca madhu-mehi ca masan sapta ca garbhini |
asthapya eva canvasya visesad ati-vahnayah || 6 ||

ruksah kevala-vatarta nanuvasyas ta eva ca |
ye 'n-asthapyas tatha pandu-kamala-meha-pinasah || 7 ||

nir-anna-pliha-vid-bhedi-guru-kostha-kaphodarah |
abhisyandi-bhrsa-sthula-krmi-kosthadhya-marutah || 8 ||

19.8bv -guru-kosthah kaphodari 19.8cv abhisyandi-krsa-sthula-
pite vise gare 'pacyam slipadi gala-ganda-van |
tayos tu netram hemadi-dhatu-darv-asthi-venu-jam || 9 ||

go-pucchakaram a-cchidram slaksnarju gutika-mukham |
une 'bde pañca purne 'sminn a-saptabhyo 'ngulani sat || 10 ||

saptame sapta tany astau dva-dase so-dase nava |
dva-dasaiva param vimsad viksya varsantaresu ca || 11 ||

vayo-bala-sarirani pramanam abhivardhayet |
svangusthena samam mule sthaulyenagre kanisthaya || 12 ||

purne 'bde 'ngulam adaya tad-ardhardha-pravardhitam |
try-angulam paramam chidram mule 'gre vahate tu yat || 13 ||

mudgam masam kalayam ca klinnam karkandhukam kramat |
mula-cchidra-pramanena prante ghatita-karnikam || 14 ||

vartyagre pihitam mule yatha-svam dvy-angulantaram |
karnika-dvitayam netre kuryat tatra ca yojayet || 15 ||

19.15bv yatha-svam dvy-angulantare 19.15dv kuryat tatra prayojayet
19.15dv
kuryat tatra tu yojayet
ajavi-mahisadinam vastim su-mrditam drdham |
kasaya-raktam nis-chidra-granthi-gandha-siram tanum || 16 ||

19.16av go-'javi-mahisadinam
grathitam sadhu sutrena sukha-samsthapya-bhesajam |
vasty-a-bhave 'nka-padam va nyased vaso 'tha-va ghanam || 17 ||

19.17av granthitam sadhu sutrena
niruha-matra prathame prakuñco vatsare param |
prakuñca-vrddhih praty-abdam yavat sat prasrtas tatah || 18 ||

19.18bv prakuñco vatsarat param
prasrtam vardhayed urdhvam dva-dasasta-dasasya tu |
a-saptater idam manam dasaiva prasrtah param || 19 ||

19.19bv dva-dasasta-dasasya ca
yatha-yatham niruhasya pado matranuvasane |
asthapyam snehitam svinnam suddham labdha-balam punah || 20 ||

anvasanarham vijñaya purvam evanuvasayet |
site vasante ca diva ratrau ke-cit tato 'nya-da || 21 ||

19.21dv ratrau ke-cit tato 'nya-tha
abhyakta-snatam ucitat pada-hinam hitam laghu |
a-snigdha-ruksam asitam sanu-panam dravadi ca || 22 ||

19.22dv sanu-panam dravadi va
krta-cankramanam mukta-vin-mutram sayane sukhe |
naty-ucchrite na coc-chirse samvistam vama-parsvatah || 23 ||

samkocya daksinam sakthi prasarya ca tato 'param |
athasya netram pranayet snigdhe snigdha-mukham gude || 24 ||

19.24dv snigdham snigdha-mukhe gude
ucchvasya vaster vadane baddhe hastam a-kampayan |
prstha-vamsam prati tato nati-druta-vilambitam || 25 ||

nati-vegam na va mandam sakrd eva prapidayet |
savasesam ca kurvita vayuh sese hi tisthati || 26 ||

19.26cv savasesam prakurvita
datte tuttana-dehasya panina tadayet sphijau |
tat-parsnibhyam tatha sayyam padatas ca trir utksipet || 27 ||

tatah prasaritangasya sopadhanasya parsnike |
ahanyan mustinangam ca snehenabhyajya mardayet || 28 ||

vedanartam iti sneho na hi sighram nivartate |
yojyah sighram nivrtte 'nyah sneho '-tisthann a-karya-krt ||
29 ||

diptagnim tv agata-sneham sayahne bhojayel laghu |
nivrtti-kalah paramas trayo yamas tatah param || 30 ||

aho-ratram upekseta paratah phala-vartibhih |
tiksnair va vastibhih kuryad yatnam sneha-nivrttaye || 31 ||

ati-rauksyad an-agacchan na cej jadyadi-dosa-krt |
upeksetaiva hi tato 'dhyusitas ca nisam pibet || 32 ||

pratar nagara-dhanyambhah kosnam kevalam eva va |
anvasayet trtiye 'hni pañcame va punas ca tam || 33 ||

yatha va sneha-paktih syad ato 'ty-ulbana-marutan |
vyayama-nityan diptagnin ruksams ca prati-vasaram || 34 ||

Ä•dhmÄ•na-saá¹ƒkoca-purÄ«á¹£a-bandha-ká¹£Ä«á¹‡endriya-tvÄ•-ruci-bhaá¹…ga-Å›Å«lÄ
h |
pangulya-sakhasrita-vata-bhagna-bandhas ca sadhya hy anuvasanena
|| 34+1 ||

19.34+1dv -vatas ca sadhya hy anuvasanena
iti snehais tri-caturaih snigdhe sroto-visuddhaye |
niruham sodhanam yuñjyad a-snigdhe snehanam tanoh || 35 ||

pañcame 'tha trtiye va divase sadhake subhe |
madhyahne kiñ-cid-avrtte prayukte bali-mangale || 36 ||

abhyakta-sveditotsrsta-malam nati-bubhuksitam |
aveksya purusam dosa-bhesajadini cadarat || 37 ||

19.37cv avetya purusam dosa-
vastim prakalpayed vaidyas tad-vidyair bahubhih saha |
kvathayed vimsati-palam dravyasyastau phalani ca || 38 ||

19.38bv tad-vedyair bahubhih saha 19.38bv tad-vidhair bahubhih saha
tatah kvathac caturthamsam sneham vate prakalpayet |
pitte svasthe ca sasthamsam astamamsam kaphe 'dhike || 39
||

19.39bv sneham vate 'nu kalpayet 19.39bv sneham vate tu kalpayet
sarva-tra castamam bhagam kalkad bhavati va yatha |
naty-accha-sandra-ta vasteh pala-matram gudasya ca || 40 ||

madhu-patv-adi-sesam ca yuktya sarvam tad ekatah |
usnambu-kumbhi-baspena taptam khaja-samahatam || 41 ||

praksipya vastau pranayet payau naty-usna-sitalam |
nati-snigdham na va ruksam nati-tiksnam na va mrdu || 42 ||

naty-accha-sandram nonati-matram na-patu nati ca |
lavanam tad-vad amlam ca pathanty anye tu tad-vidah || 43 ||

19.43dv vadanty anye tu tad-vidah
matram tri-palikam kuryat sneha-maksikayoh prthak |
karsardham manimanthasya svasthe kalka-pala-dvayam || 44 ||

sarva-dravanam sesanam palani dasa kalpayet |
maksikam lavanam sneham kalkam kvatham iti kramat || 45 ||

avapeta niruhanam esa samyojane vidhih |

uttano datta-matre tu niruhe tan-mana bhavet || 46 ||

krtopadhanah sañjata-vegas cotkatakah srjet |
agatau paramah kalo muhurto mrtyave param || 47 ||

19.47bv -vegas cotkatukah srjet 19.47bv -vegas cotkutakah srjet
19.47dv
muhurto mrtyave parah
tatranulomikam sneha-ksara-mutramla-kalpitam |
tvaritam snigdha-tiksnosnam vastim anyam prapidayet || 48 ||

19.48av tatranulomika-sneha-
vidadyat phala-vartim va svedanottrasanadi ca |
svayam eva nivrtte tu dvitiyo vastir isyate || 49 ||

19.49bv svedanotrasanadi va
trtiyo 'pi caturtho 'pi yavad va su-nirudha-ta |
virikta-vac ca yogadin vidyad yoge tu bhojayet || 50 ||

19.50bv yavad va su-niruha-ta 19.50dv vidyad yoge tu yojayet
kosnena varina snatam tanu-dhanva-rasaudanam |
vikara ye nirudhasya bhavanti pracalair malaih || 51 ||

19.51av kosnena varina snanam 19.51cv vikara ye niruhasya
te sukhosnambu-siktasya yanti bhukta-vatah samam |
atha vatarditam bhuyah sadya evanuvasayet || 52 ||

samyag-dhinati-yogas ca tasya syuh sneha-pita-vat |
kiñ-cit-kalam sthito yas ca sa-puriso nivartate || 53 ||

19.53cv kiñ-cit-kalam sthito yasya
sanulomanilah snehas tat siddham anuvasanam |
ekam trin va balase tu sneha-vastin prakalpayet || 54 ||

19.54dv sneha-vastin prayojayet
pañca va sapta va pitte navaika-dasa vanile |
punas tato 'py a-yugmams tu punar asthapanam tatah || 55 ||

kapha-pittanilesv annam yusa-ksira-rasaih kramat |
vata-ghnausadha-nihkvatha-trivrta-saindhavair yutah || 56 ||

vastir eko 'nile snigdhah svadv-amlosno rasanvitah |
nyagrodhadi-gana-kvatha-padmakadi-sita-yutau || 57 ||

19.57bv svadv-amlosna-rasanvitah
pitte svadu-himau sajya-ksireksu-rasa-maksikau |
aragvadhadi-nihkvatha-vatsakadi-yutas trayah || 58 ||

ruksah sa-ksaudra-go-mutras tiksnosna-katukah kaphe |
trayas te samnipate 'pi dosan ghnanti yatah kramat || 59 ||

19.59cv trayas ca samnipate 'pi
tribhyah param vastim ato necchanty anye cikitsakah |
na hi dosas caturtho 'sti punar diyeta yam prati || 60 ||

19.60av nacarya-carakasyato 19.60bv vastis tribhyah param matah
utklesanam suddhi-karam dosanam samanam kramat |
tri-dhaiva kalpayed vastim ity anye 'pi pracaksate || 61 ||

19.61cv tri-dhaivam kalpayed vastim
dosausadhadi-balatah sarvam etat pramanayet |
samyan-nirudha-lingam tu na-sambhavya nivartayet || 62 ||

prak sneha ekah pañcante dva-dasasthapanani ca |
sanvasanani karmaivam vastayas trimsad iritah || 63 ||

kalah pañca-dasaiko 'tra prak sneho 'nte trayas tatha |
sat pañca-vasty-antarita yogo 'stau vastayo 'tra tu || 64 ||

trayo niruhah snehas ca snehav ady-antayor ubhau |
sneha-vastim niruham va naikam evatisilayet || 65 ||

utklesagni-vadhau snehan niruhan maruto bhayam |
tasman nirudhah snehyah syan niruhyas canuvasitah || 66 ||

sneha-sodhana-yuktyaivam vasti-karma tri-dosa-jit |
hrasvaya sneha-panasya matraya yojitah samah || 67 ||

matra-vastih smrtah snehah silaniyah sada ca sah |
bala-vrddhadhva-bhara-stri-vyayamasakta-cintakaih || 68 ||

19.68cv bala-vrddhadhva-bhasya-stri-
vata-bhagna-balalpagni-nrpesvara-sukhatmabhih |
dosa-ghno nis-pariharo balyah srsta-malah sukhah || 69 ||

19.69bv -nrpaisvarya-sukhatmabhih
vastau rogesu narinam yoni-garbhasayesu ca |
dvi-trasthapana-suddhebhyo vidadhyad vastim uttaram || 70 ||

aturangula-manena tan-netram dva-dasangulam |
vrttam go-puccha-van mula-madyayoh krta-karnikam || 71 ||

siddharthaka-pravesagram slaksnam hemadi-sambhavam |
kundasvamara-sumanah-puspa-vrntopamam drdham || 72 ||

tasya vastir mrdu-laghur matra suktir vikalpya va |
atha snatasitasyasya sneha-vasti-vidhanatah || 73 ||

19.73bv matra suktir vikalpya ca 19.73bv matra suktih prakalpya va
rjoh sukhopavistasya pithe janu-same mrdau |
hrste medhre sthite carjau sanaih sroto-visuddhaye || 74 ||

suksmam salakam pranayet taya suddhe anu-sevani |
a-mehanantam netram ca nis-kampam guda-vat tatah || 75 ||

19.75bv taya suddhe anu-sevanim
pidite 'ntar-gate snehe sneha-vasti-kramo hitah |
vastin anena vidhina dadyat trims caturo 'pi va || 76 ||

19.76av pidite 'nugate snehe

anuvasana-vac chesam sarvam evasya cintayet |
strinam artava-kale tu yonir grhnaty apavrteh || 77 ||

vidadhita tada tasmad an-rtav api catyaye |
yoni-vibhramsa-sulesu yoni-vyapady asrg-dare || 78 ||

netram dasangulam mudga-pravesam catur-angulam |
apatya-marge yojyam syad dvy-angulam mutra-vartmani || 79 ||

mutra-krcchra-vikaresu balanam tv ekam angulam |
prakuñco madhyama matra balanam suktir eva tu || 80 ||

uttanayah sayanayah samyak samkocya sakthini |
urdhva-janvas tri-caturan aho-ratrena yojayet || 81 ||

vastims tri-ratram evam ca sneha-matram vivardhayan |
try-aham eva ca visramya pranidadhyat punas try-aham || 82 ||

19.82bv sneha-matram vivardhayet
paksad vireko vamite tatah paksan niruhanam |
sadyo nirudhas canvasyah sapta-ratrad virecitah || 83 ||

yatha kusumbhadi-yutat toyad ragam haret patah |
tatha dravi-krtad dehad vastir nirharate malan || 84 ||

sakha-gatah kostha-gatas ca roga
marmordhva-sarvavayavanga-jas ca |
ye santi tesam na tu kas-cid anyo vayoh param janmani hetur asti ||
85 ||

19.85cv ye santi tesam na hi kas-cid anyo
vit-slesma-pittadi-maloccayanam viksepa-samhara-karah sa
yasmat |
tasyati-vrddhasya samaya nanyad vaster vina bhesajam asti kiñ-cit ||
86 ||

19.86av vit-slesma-pittadi-malacayanam 19.86av
vit-slesma-pittadi-malasayanam 19.86av
vin-mutra-pittadi-malasayanam 19.86bv viksepa-samhara-karo hi
vayuh
19.86dv vasteh samam bhesajam asti yasmat
tasmac cikitsardha iti pradistah krtsna cikitsapi ca vastir ekaih
|
tatha nijagantu-vikara-kari-raktausadha-tvena sira-vyadho 'pi || 87 ||

19.87av tasmac cikitsardham iti pradistah 19.87bv krtsna cikitsapi
ca vastir eke

sutrasthana
urdhva-jatru-vikaresu visesan nasyam isyate |
nasa hi siraso dvaram tena tad vyapya hanti tan || 1 ||

virecanam brmhanam ca samanam ca tri-dhapi tat |

virecanam sirah-sula-jadya-syanda-galamaye || 2 ||

20.2bv samanam ca tri-dha bhavet marsa-dhmanavapidakhyais tat
punah sad-vidham smrtam || 2.1+1 ||

20.2.1+1av marsa-dhmanavapidakhyat
sopha-ganda-krmi-granthi-kusthapasmara-pinase |
brmhanam vata-je sule suryavarte svara-ksaye || 3 ||
snehena tiksnaih siddhena kalka-kvathadibhis ca tat || 3.1+1 ||
nasasya-sose vak-sange krcchra-bodhe 'va-bahuke |
samanam nilika-vyanga-kesa-dosaksi-rajisu || 4 ||

20.4dv -kesa-dosaksi-rogisu 20.4dv -kesa-dosaksi-roga-jit
yatha-svam yaugikaih snehair yatha-svam ca prasadhitaih |
kalka-kvathadibhis cadyam madhu-patv-asavair api || 5 ||

brmhanam dhanva-mamsottha-rasasrk-khapurair api |
samanam yojayet purvaih ksirena salilena va || 6 ||

20.6dv ksirena salilena ca 20.6dv ksirena ca jalena ca
marsas ca pratimarsas ca dvi-dha sneho 'tra matraya |
kalkadyair avapidas tu sa tiksnair murdha-recanah || 7 ||

20.7dv tiksnair murdha-virecanah
dhmanam virecanas curno yuñjyat tam mukha-vayuna |
sad-angula-dvi-mukhaya nadya bhesaja-garbhaya || 8 ||

20.8av dhmanam virecanais curnair 20.8dv nadya bhaisajya-garbhaya
sa hi bhuri-taram dosam curna-tvad apakarsati |
pradesiny-anguli-parva-dvayan magna-samuddhrtat || 9 ||

yavat pataty asau bindur dasastau sat kramena te |
marsasyotkrsta-madhyona matras ta eva ca kramat || 10 ||

bindu-dvayonah kalkader yojayen na tu navanam |
toya-madya-gara-sneha-pitanam patum icchatam || 11 ||

bhukta-bhakta-sirah-snata-snatu-kama-srutasrjam |
nava-pinasa-vegarta-sutika-svasa-kasinam || 12 ||

20.12av bhuktabhyakta-sirah-snata-
suddhanam datta-vastinam tathan-artava-dur-dine |
anya-tratyayikad vyadher atha nasyam prayojayet || 13 ||

pratah slesmani madhyahne pitte sayan-nisos cale |
svastha-vrtte tu purvahne sarat-kala-vasantayoh || 14 ||

site madhyan-dine grisme sayam varsasu satape |
vatabhibhute sirasi hidhmayam apatanake || 15 ||

manya-stambhe svara-bhramse sayam pratar dine dine |
ekahantaram anya-tra saptaham ca tad acaret || 16 ||

snigdha-svinnottamangasya prak-krtavasyakasya ca |

nivata-sayana-sthasya jatrurdhvam svedayet punah || 17 ||

athottanarju-dehasya pani-pade prasarite |
kiñ-cid-unnata-padasya kiñ-cin murdhani namite || 18 ||

nasa-putam pidhayaikam paryayena nisecayet |
usnambu-taptam bhaisajyam pranadya picunatha-va || 19 ||

20.19dv pranalya picunatha-va
datte pada-tala-skandha-hasta-karnadi mardayet |
sanair ucchidya nisthivet parsvayor ubhayos tatah || 20 ||

20.20cv sanair ucchindya nisthivet
a-bhesaja-ksayad evam dvis trir va nasyam acaret |
murchayam sita-toyena siñcet pariharan sirah || 21 ||

sneham virecanasyante dadyad dosady-apeksaya |
nasyante vak-satam tisthed uttano dharayet tatah || 22 ||

20.22av sneham recana-nasyante
dhumam pitva kavosnambu-kavadan kantha-suddhaye |
samyak-snigdhe sukhocchvasa-svapna-bodhaksa-patavam || 23 ||

rukse 'ksi-stabdha-ta soso nasasye murdha-sunya-ta |
snigdhe 'ti kandu-guru-ta-praseka-ruci-pinasah || 24 ||

20.24cv snigdhe 'ti kandur guru-ta 20.24dv praseka-ruci-pinasah
su-virikte 'ksi-laghu-ta-vaktra-svara-visuddhayah |
dur-virikte gadodrekah ksama-tati-virecite || 25 ||

pratimarsah ksata-ksama-bala-vrddha-sukhatmasu |
prayojyo '-kala-varse 'pi na tv isto dusta-pinase || 26 ||

madya-pite '-bala-srotre krmi-dusita-murdhani |
utkrstotklista-dose ca hina-matra-taya hi sah || 27 ||

20.27dv hina-mana-taya hi sah
nisahar-bhukta-vantahah-svapnadhva-srama-retasam |
siro-'bhyañjana-gandusa-prasravañjana-varcasam || 28 ||

danta-kasthasya hasasya yojyo 'nte 'sau dvi-bindukah |
pañcasu srotasam suddhih klama-nasas trisu kramat || 29 ||

drg-balam pañcasu tato danta-dardhyam maruc-chamah |
na nasyam una-saptabde natitasiti-vatsare || 30 ||

na conasta-dase dhumah kavado nona-pañcame |
na suddhir una-dasame na catikranta-saptatau || 31 ||

20.31bv kavado nyuna-pañcame
a-janma-maranam sastah pratimarsas tu vasti-vat |
marsa-vac ca gunan kuryat sa hi nityopasevanat || 32 ||

na catra yantrana napi vyapadbhyo marsa-vad bhayam |
tailam eva ca nasyarthe nityabhyasena sasyate || 33 ||

20.33cv tailam eva ca nasyartham
sirasah slesma-dhama-tvat snehah svasthasya netare |
asu-krc-cira-kari-tvam gunotkarsapakrsta-ta || 34 ||

20.34dv gunotkrstapakrsta-ta 20.34dv
gunotkrstapakarsa-ta 20.34dv
gunotkarsapakarsa-ta
marse ca pratimarse ca viseso na bhaved yadi |
ko marsam sa-pariharam sapadam ca bhajet tatah || 35 ||

20.35dv sapadam ca vadet tatah
accha-pana-vicarakhyau kuti-vatatapa-sthiti |
anvasa-matra-vasti ca tad-vad eva vinirdiset || 36 ||

20.36dv tad-vad eva ca nirdiset
patola-mudga-vartaka-hrasvamulaka-jangalaih |
rasaih sali-yavan adyan nasya-karmani sad-vidhe || 36+1 ||

uccair-bhasanam ayasam a-jirna-satmya-bhojanam |
datta-nasyo narah krodham yanadims ca vivarjayet || 36+2 ||
jivanti-jala-devadaru-jalada-tvak-sevya-gopi-himam || 37a
||darvi-tvan-madhuka-plavaguru-vari-pundrahva-bilvotpalam || 37b
||dhavanyau surabhim sthire krmiharam pattram trutim renukam
|| 37c ||kiñjalkam kamalad balam sata-gune divye 'mbhasi kvathayet
|| 37d ||
tailad rasam dasa-gunam parisesya tena tailam paceta salilena
dasaiva varan | pake ksipec ca dasame samam aja-dugdham nasyam
maha-gunam usanty anu-tailam etat || 38 ||

20.38bv tailam pacec ca salilena dasaiva varan
ghanonnata-prasanna-tvak-skandha-grivasya-vaksasah |
drdhendriyasta-palita bhaveyur nasya-silinah || 39 ||

20.39cv drdhendriyas tv a-palita

sutrasthana
jatrurdhva-kapha-vatottha-vikaranam a-janmane |
ucchedaya ca jatanam pibed dhumam sadatma-van || 1 ||

21.1av jatrurdhvam kapha-vatottha-
snigdho madhyah sa tiksnas ca vate vata-kaphe kaphe |
yojyo na rakta-pittarti-viriktodara-mehisu || 2 ||

21.2cv yojyo na pitta-raktarta- 21.2cv yojyo na pitta-raktarti-
timirordhvaniladhmana-rohini-datta-vastisu |
matsya-madya-dadhi-ksira-ksaudra-sneha-visasisu || 3 ||

sirasy abhihate pandu-roge jagarite nisi |
rakta-pittandhya-badhirya-trn-murcha-mada-moha-krt || 4 ||

dhumo '-kale 'ti-pito va tatra sito vidhir hitah |
ksuta-jrmbhita-vin-mutra-stri-seva-sastra-karmanam || 5 ||

21.5dv -stri-seva-sastra-karminam
hasasya danta-kasthasya dhumam ante piben mrdum |
kalesv esu nisahara-navanante ca madhyamam || 6 ||

21.6av hasyasya danta-kasthasya
nidra-nasyañjana-snana-ccharditante virecanam |
vasti-netra-sama-dravyam tri-kosam karayed rju || 7 ||

mulagre 'ngustha-kolasthi-pravesam dhuma-netrakam |
tiksna-snehana-madhyesu trini catvari pañca ca || 8 ||

21.8av mule 'gre 'ngustha-kolasthi-
angulanam kramat patuh pramanenastakani tat |
rjupavistas tac-ceta vivrtasyas tri-paryayam || 9 ||

21.9cv rjupavistas tac-citto
pidhaya cchidram ekaikam dhumam nasikaya pibet |
prak piben nasayotkliste dose ghrana-siro-gate || 10 ||

21.10dv dose nasa-siro-gate
utklesanartham vaktrena viparitam tu kantha-ge |
mukhenaivodvamed dhumam nasaya drg-vighata-krt || 11 ||

aksepa-moksaih patavyo dhumas tu tris tribhis tribhih |
ahnah pibet sakrt snigdham dvir madhyam sodhanam param || 12 ||

21.12bv dhumas trims trims tribhis tribhih
tris catur va mrdau tatra dravyany aguru guggulu |
musta-sthauneya-saileya-naladosira-valakam || 13 ||

21.13av tris catur va mrdos tatra
varanga-kaunti-madhuka-bilva-majjailavalukam |
srivestakam sarja-raso dhyamakam madanam plavam || 14 ||

sallaki kunkumam masa yavah kundurukas tilah |
snehah phalanam saranam medo majja vasa ghrtam || 15 ||

samane sallaki laksa prthvika kamalotpalam |
nyagrodhodumbarasvattha-plaksa-lodhra-tvacah sita || 16 ||

yastimadhu suvarnatvak padmakam raktayastika |
gandhas ca-kustha-tagaras tiksne jyotismati nisa || 17 ||

dasa-mula-manohvalam laksa sveta phala-trayam |
gandha-dravyani tiksnani gano murdha-virecanah || 18 ||

21.18av dasa-mula-manohvala- 21.18bv -laksa sveta phala-trayam
jale sthitam aho-ratram isikam dva-dasangulam |
pistair dhumausadhair evam pañca-krtvah pralepayet || 19 ||

21.19cv pistair dhumausadhair eva
vartir angusthaka-sthula yava-madhya yatha bhavet |
chaya-suskam vi-garbham tam snehabhyaktam yatha-yatham || 20
||

21.20av vartir angustha-vat sthula
dhuma-netrarpitam patum agni-plustam prayojayet |
sarava-samputa-cchidre nadim nyasya dasangulam || 21 ||
astangulam va vaktrena kasa-van dhumam apibet || 21uab ||
kasah svasah pinaso vi-svara-tvam putir gandhah pandu-ta
kesa-dosah |
karnasyaksi-srava-kandv-arti-jadyam tandra hidhma
dhuma-pam na sprsanti || 22u ||

hrt-kanthendriya-samsuddhir laghavam sirasah samah |
yatheritanam dosanam samyak-pitasya laksanam || 22u+1 ||

sutrasthana
catuh-prakaro gandusah snigdhah samana-sodhanau |
ropanas ca trayas tatra trisu yojyas caladisu || 1 ||

antyo vrana-ghnah snigdho 'tra svadv-amla-patu-sadhitaih |
snehaih samsamanas tikta-kasaya-madhurausadhaih || 2 ||

sodhanas tikta-katv-amla-patusnai ropanah punah |
kasaya-tiktakais tatra snehah ksiram madhudakam || 3 ||

suktam madyam raso mutram dhanyamlam ca yatha-yatham |
kalkair yuktam vipakvam va yatha-sparsam prayojayet || 4 ||

danta-harse danta-cale mukha-roge ca vatike |
sukhosnam atha-va sitam tila-kalkodakam hitam || 5 ||

gandusa-dharane nityam tailam mamsa-raso 'tha-va |
usa-dahanvite pake ksate cagantu-sambhave || 6 ||

22.6dv ksate vagantu-sambhave
vise ksaragni-dagdhe ca sarpir dharyam payo 'tha-va |
vaisadyam janayaty asu samdadhati mukhe vranan || 7 ||

22.7av visa-ksaragni-dagdhe ca 22.7cv vaisadyam janayaty asye 22.7dv
samdadhati mukha-vranan
daha-trsna-prasamanam madhu-gandusa-dharanam |
dhanyamlam asya-vairasya-mala-daurgandhya-nasanam || 8 ||

tad eva-lavanam sitam mukha-sosa-haram param |
asu ksarambu-ganduso bhinatti slesmanas cayam || 9 ||

sukhosnodaka-gandusair jayate vaktra-laghavam |
nivate satape svinna-mrdita-skandha-kandharah || 10 ||

gandusam a-piban kiñ-cid-unnatasyo vidharayet |
kapha-purnasya-ta yavat sravad-ghranaksa-tatha-va || 11 ||
a-samcaryo mukhe purne gandusah kavado 'nya-tha || 11uab
||
22.11uav a-samcaryo mukhe '-purne
manya-sirah-karna-mukhaksi-rogah
praseka-kanthamaya-vaktra-sosah |

hrl-lasa-tandra-ruci-pinasas ca sadhya visesat kavada-grahena
|| 12 ||
kalko rasa-kriya curnas tri-vidham pratisaranam || 13ab ||
22.13av kalko rasa-kriya curnam
yuñjyat tat kapha-rogesu gandusa-vihitausadhaih |
mukhalepas tri-dha dosa-visa-ha varna-krc ca sah || 14 ||

22.14cv mukha-lepas tri-dha dosa-
vyadher apacayah pustir vaisadyam vaktra-laghavam |
indriyanam prasadas ca kavade suddhi-laksanam || 14.1+1 ||

hinaj jadya-kaphotklesav a-rasa-jñanam eva ca |
ati-yogan mukhe pakah sosa-trsna-ruci-klamah || 14.1+2 ||

22.14.1+2av hinad dhmana-kaphotlesav
usno vata-kaphe sastah sesesv aty-artha-sitalah |
tri-pramanas catur-bhaga-tri-bhagardhangulonnatih || 15 ||

a-suskasya sthitis tasya susko dusayati cchavim |
tam ardrayitvapanayet tad-ante 'bhyangam acaret || 16 ||

vivarjayed diva-svapna-bhasyagny-atapa-suk-krudhah |
na yojyah pinase '-jirne datta-nasye hanu-grahe || 17 ||

22.17dv datte nasye hanu-grahe
a-rocake jagarite sa tu hanti su-yojitah |
a-kala-palita-vyanga-vali-timira-nilikah || 18 ||

22.18bv sa ca hanti su-yojitah
kola-majja vrsan mulam sabaram gaura-sarsapah |
simhi-mulam tilah krsna darvi-tvan nis-tusa yavah ||
19 ||

darbha-mula-himosira-sirisa-misi-tandulah |
kumudotpala-kalhara-durva-madhuka-candanam || 20 ||

kaliyaka-tilosira-mamsi-tagara-padmakam |
talisa-gundra-pundrahva-yasti-kasa-nataguru || 21 ||

ity ardhardhodita lepa hemantadisu sat smrtah |
-mukhalepana-silanam drdham bhavati darsanam || 22 ||

vadanam ca-parimlanam slaksnam tamarasopamam |
abhyanga-seka-picavo vastis ceti catur-vidham || 23 ||

murdha-tailam bahu-gunam tad vidyad uttarottaram |
tatrabhyangah prayoktavyo rauksya-kandu-maladisu || 24 ||

22.24dv ruksa-kandu-maladisu
arumsika-siras-toda-daha-paka-vranesu tu |
parisekah picuh kesa-sata-sphutana-dhupane || 25 ||

22.25bv -daha-paka-vranesu ca
netra-stambhe ca vastis tu prasupty-ardita-jagare |

nasasya-sose timire siro-roge ca darune || 26 ||

vidhis tasya nisannasya pithe janu-same mrdau |
suddhakta-svinna-dehasya dinante gavya-mahisam || 27 ||

dva-dasangula-vistirnam carma-pattam sirah-samam |
a-karna-bandhana-sthanam lalate vastra-vestite || 28 ||

caila-venikaya baddhva masa-kalkena lepayet |
tato yatha-vyadhi srtam sneham kosnam nisecayet || 29 ||

urdhvam kesa-bhuvo yavad angulam dharayec ca tam |
a-vaktra-nasikotkledad dasastau sat caladisu || 30 ||

22.30cv a-vaktra-nasika-kledad
matra-sahasrany a-ruje tv ekam skandhadi mardayet |
mukta-snehasya paramam saptaham tasya sevanam || 31 ||

22.31dv saptaham tasya secanam
dharayet puranam karne karna-mulam vimardayan |
rujah syan mardavam yavan matra-satam a-vedane || 32 ||

22.32bv karna-mulam vimardayet
yavat paryeti hastagram daksinam janu-mandalam |
nimesonmesa-kalena samam matra tu sa smrta || 33 ||

22.33cv nimesonmesa-matrena
kaca-sadana-sita-tva-piñjara-tvam pariphutanam sirasah samira-rogan
|
jayati janayatindriya-prasadam svara-hanu-murdha-balam ca murdha-tailam
|| 34 ||

22.34av kaca-sadana-sita-tva-piñjara-tvam 22.34av
kaca-sadana-sita-tva-piñjara-tva- 22.34av kaca-sadana-sita-tva-piñjara-tva-

sutrasthana
sarvesam aksi-roganam adav ascyotanam hitam |
ruk-toda-kandu-gharsasru-daha-raga-nibarhanam || 1 ||

23.1dv -daha-roga-nibarhanam
usnam vate kaphe kosnam tac chitam rakta-pittayoh |
nivata-sthasya vamena paninonmilya locanam || 2 ||

suktau pralambayanyena picu-vartya kaninike |
dasa dva-dasa va bindun dvy-angulad avasecayet || 3 ||

tatah pramrjya mrduna cailena kapha-vatayoh |
anyena kosna-paniya-plutena svedayen mrdu || 4 ||

aty-usna-tiksnam rug-raga-drn-nasayaksi-secanam |
ati-sitam tu kurute nistoda-stambha-vedanah || 5 ||

kasaya-vartma-tam gharsam krcchrad unmesanam bahu |
vikara-vrddhim aty-alpam samrambham a-parisrutam || 6 ||

gatva samdhi-siro-ghrana-mukha-srotamsi bhesajam |
urdhva-gan nayane nyastam apavartayate malan || 7 ||

23.7av gatva samdhi-sira-ghrana-
athañjanam suddha-tanor netra-matrasraye male |
pakva-linge 'lpa-sophati-kandu-paicchilya-laksite || 8 ||

23.8cv pakva-linge 'lpa-sopharti-
manda-gharsasru-rage 'ksni prayojyam ghana-dusike |
arte pitta-kaphasrgbhir marutena visesatah || 9 ||

lekhanam ropanam drsti-prasadanam iti tri-dha |
añjanam lekhanam tatra kasayamla-patusanaih || 10 ||

ropanam tiktakair dravyaih svadu-sitaih prasadanam |
tiksnañjanabhisamtapte nayane tat prasadanam || 11 ||

prayujyamanam labhate pratyañjana-samahvayam |
dasangula tanur madhye salaka mukulanana || 12 ||

prasasta lekhane tamri ropane kala-loha-ja |
anguli ca suvarnottha rupya-ja ca prasadane || 13 ||

pindo rasa-kriya curnas tri-dhaivañjana-kalpana |
gurau madhye laghau dose tam kramena prayojayet || 14 ||

23.14cv guru-madhya-laghau dose 23.14dv tah kramena prayojayet
pindasya tiksna-dravyasya mrdu-dravya-krtasya ca |
harenu-matram dvi-gunam pramanam kathayanty api || 14+1 ||

rasa-kriyayam apy evam vidanga-phala-matrakam |
salakam dvi-gunam tiksne curne ca tri-gunam mrdau ||
14+2 ||

harenu-matra pindasya vella-matra rasa-kriya |
tiksnasya dvi-gunam tasya mrdunas curnitasya ca || 15 ||

23.15av pindo harenu-matras tu 23.15av harenu-matram pindasya
23.15av harenu-matrah pindas tu
23.15bv valla-matra rasa-kriya 23.15dv mrdos curnañjanasya ca
dve salake tu tiksnasya tisras tad-itarasya ca |
nisi svapne na madhyahne mlane nosna-gabhastibhih || 16 ||

23.16bv tisrah syur itarasya ca 23.16cv nisi svapnena madhyahne 23.16dv panannosna-gabhastibhih
aksi-rogaya dosah syur vardhitotpidita-drutah |
pratah sayam ca tac-chantyai vy-abhre 'rke 'to 'ñjayet sada || 17 ||

vadanty anye tu na diva prayojyam tiksnam añjanam |
vireka-dur-balam caksur adityam prapya sidati || 18 ||

svapnena ratrau kalasya saumya-tvena ca tarpita |
sita-satmya drg agneyi sthira-tam labhate punah || 19 ||

aty-udrikte balase tu lekhaniye 'tha-va gade |
kamam ahny api naty-usne tiksnam aksni prayojayet || 20 ||

asmano janma lohasya tata eva ca tiksna-ta |
upaghato 'pi tenaiva tatha netrasya tejasah || 21 ||

na ratrav api site 'ti netre tiksnañjanam hitam |
dosam a-sravayet stabdham kandu-jadyadi-kari tat || 22 ||

23.22cv dosam a-sravayat stabdham 23.22cv dosam a-sravayat stambha-
23.22cv dosam na sravayet stambha- 23.22dv -kandu-jadyadi-kari
tat
nañjayed bhita-vamita-viriktasita-vegite |
kruddha-jvarita-tantaksi-siro-ruk-soka-jagare || 23 ||

a-drste 'rke sirah-snate pitayor dhuma-madyayoh |
a-jirne 'gny-arka-samtapte diva-supte pipasite || 24 ||

23.24dv diva-svapne pipasite
ati-tiksna-mrdu-stoka-bahv-accha-ghana-karkasam |
aty-artha-sitalam taptam añjanam navacarayet || 25 ||

23.25cv aty-artham sitalam taptam
athanumilayan drstim antah samcarayec chanaih |
añjite vartmani kiñ-cic calayec caivam añjanam || 26 ||

tiksnam vyapnoti sahasa na conmesa-nimesanam |
nispidanam ca vartmabhyam ksalanam va samacaret || 27 ||

apetausadha-samrambham nirvrtam nayanam yada |
vyadhi-dosartu-yogyabhir adbhih praksalayet tada || 28 ||

daksinangusthakenaksi tato vamam sa-vasasa |
urdhva-vartmani samgrhya sodhyam vamena cetarat || 29 ||

vartma-prapto 'ñjanad doso rogan kuryad ato 'nya-tha |
kandu-jadye 'ñjanam tiksnam dhumam va yojayet punah ||
30 ||

23.30av vartma-praptañjanad doso 23.30bv rogan kuryat tato 'nya-tha
tiksnañjanabhitapte tu curnam pratyañjanam himam || 30uab ||

23.30uav tiksnañjanati-tapte tu 23.30uav
tiksnañjanati-yoge tu 23.30ubv curnam pratyañjanam hitam

sutrasthana
nayane tamyati stabdhe suske rukse 'bhighatite |
vata-pittature jihme sirna-paksmavileksane || 1 ||

krcchronmila-sira-harsa-sirotpata-tamo-'rjunaih |
syanda-manthanyato-vata-vata-paryaya-sukrakaih || 2 ||

ature santa-ragasru-sula-samrambha-dusike |
nivate tarpanam yojyam suddhayor murdha-kayayoh || 3 ||

kale sadharane pratah sayam vottana-sayinah |
yava-masa-mayim palim netra-kosad bahih samam || 4 ||

24.4bv sayam cottana-sayinah
dvy-anguloccam drdham krtva yatha-svam siddham avapet |
sarpir nimilite netre taptambu-pravilayitam || 5 ||

24.5dv taptambu-pravilapitam
naktandhya-vata-timira-krcchra-bodhadike vasam |
a-paksmagrad athonmesam sanakais tasya kurvatah || 6 ||

matra viganayet tatra vartma-samdhi-sitasite |
drstau ca krama-so vyadhau satam trini ca pañca ca || 7 ||

24.7av matram viganayet tatra
satani sapta castau ca dasa manthe dasanile |
pitte sat svastha-vrtte ca balase pañca dharayet || 8 ||

24.8bv dasa manthe 'nile dasa
krtvapange tato dvaram sneham patre nigalayet |
pibec ca dhumam nekseta vyoma rupam ca bhasvaram || 9 ||

24.9dv vyoma rupam ca bhas-karam
ittham prati-dinam vayau pitte tv ekantaram kaphe |
svasthe tu dvy-antaram dadyad a-trpter iti yojayet || 10 ||

prakasa-ksama-ta svasthyam visadam laghu locanam |
trpte viparyayo '-trpte 'ti-trpte slesma-ja rujah || 11 ||

24.11dv trpte 'ti slesma-ja rujah
sneha-pita tanur iva klanta drstir hi sidati |
tarpanan-antaram tasmad drg-baladhana-karinam || 12 ||

puta-pakam prayuñjita purvoktesv eva yaksmasu |
sa vate snehanah slesma-sahite lekhano hitah || 13 ||

24.13bv purvoktesv esu yaksmasu 24.13bv purvoktesu ca yaksmasu
drg-daurbalye 'nile pitte rakte svasthe prasadanah |
bhu-saya-prasahanupa-medo-majja-vasamisaih || 14 ||

snehanam payasa pistair jivaniyais ca kalpayet |
mrga-paksi-yakrn-mamsa-muktayas-tamra-saindhavaih || 15 ||

sroto-ja-sankha-phenalair lekhanam mastu-kalkitaih |
mrga-paksi-yakrn-majja-vasantra-hrdayamisaih || 16 ||

madhuraih sa-ghrtaih stanya-ksira-pistaih prasadanam |
bilva-matram prthak pindam mamsa-bhesaja-kalkayoh || 17 ||

urubuka-vatambho-ja-pattraih snehadisu kramat |
vestayitva mrda liptam dhava-dhanvana-go-mayaih || 18 ||

24.18bv -pattraih snigdhadisu kramat
pacet pradiptair agny-abham pakvam nispidya tad-rasam |

netre tarpana-vad yuñjyat satam dve trini dharayet || 19 ||

lekhana-snehanantyesu kosnau purvau himo 'parah |
dhuma-po 'nte tayor eva yogas tatra ca trpti-vat || 20 ||

tarpanam puta-pakam ca nasyan-arhe na yojayet |
yavanty ahani yuñjita dvis tato hita-bhag bhavet || 21 ||
malati-mallika-puspair baddhakso nivasen nisam || 21uab ||
24.21ubv baddhakso nivasen nisi
sarvatmana netra-balaya yatnam kurvita nasyañjana-tarpanadyaih |
drstis ca nasta vividham jagac ca tamo-mayam jayata eka-rupam
|| 22u ||

sutrasthana
nana-vidhanam salyanam nana-desa-prabodhinam |
ahartum abhyupayo yas tad yantram yac ca darsane || 1 ||

25.1bv nana-desa-vibadhinam
arso-bhagandaradinam sastra-ksaragni-yojane |
sesanga-pariraksayam tatha vasty-adi-karmani || 2 ||

ghatikalabu-srngam ca jambavausthadikani ca |
aneka-rupa-karyani yantrani vividhany atah || 3 ||

vikalpya kalpayet buddhya yatha-sthulam tu vaksyate |
tulyani kanka-simharksa-kakadi-mrga-paksinam || 4 ||

mukhair mukhani yantranam kuryat tat-samjñakani ca |
asta-dasangulayamany ayasani ca bhuri-sah || 5 ||

masurakara-pary-antaih kanthe baddhani kilakaih |
vidyat svastika-yantrani mule 'nkusa-natani ca || 6 ||

25.6dv mule 'nkusa-nibhani ca
tair drdhair asthi-samlagna-salyaharanam isyate |
kila-baddha-vimuktagrau samdamsau so-dasangulau || 7 ||

tvak-sira-snayu-pisita-lagna-salyapakarsanau |
sad-angulo 'nyo harane suksma-salyopa-paksmanam || 8 ||

mucundi suksma-dantarjur mule rucaka-bhusana |
gambhira-vrana-mamsanam armanah sesitasya ca || 9 ||

25.9av mucuti suksma-dantarjur
dve dva-dasangule matsya-tala-vat dvy-eka-talake |
tala-yantre smrte karna-nadi-salyapaharini || 10 ||

25.10bv -talu-vat dvy-eka-taluke 25.10cv talu-yantre smrte karna-
25.10dv -nadi-salyapaharane 25.10dv -nadi-salyapakarsani
nadi-yantrani susirany ekaneka-mukhani ca |
sroto-gatanam salyanam amayanam ca darsane || 11 ||

25.11bv ekaneka-mukhani tu
kriyanam su-kara-tvaya kuryad acusanaya ca |

tad-vistara-parinaha-dairghyam sroto-'nurodhatah || 12 ||

dasangulardha-nahantah-kantha-salyavalokini |
nadi pañca-mukha-cchidra catus-karnasya samgrahe || 13 ||

25.13bv -kantha-salyavalokane
varangasya dvi-karnasya tri-cchidra tat-pramanatah |
varanga-karna-samsthananaha-dairghyanurodhatah || 14 ||

nadir evam-vidhas canya drastum salyani karayet |
padma-karnikaya murdhni sadrsi dva-dasangula || 15 ||

caturtha-susira nadi salya-nirghatini mata |
arsasam go-stanakaram yantrakam catur-angulam || 16 ||

nahe pañcangulam pumsam pramadanam sad-angulam |
dvi-cchidram darsane vyadher eka-cchidram tu karmani || 17 ||

madhye 'sya try-angulam chidram angusthodara-vistrtam |
ardhangulocchritodvrtta-karnikam ca tad-urdhvatah || 18 ||

25.18dv -karnikam tu tad-urdhvatah
samy-akhyam tadrg a-cchidram yantram arsah-prapidanam |
sarva-thapanayed ostham chidrad urdhvam bhagandare || 19 ||

ghranarbudarsasam eka-cchidra nady-angula-dvaya |
pradesini-parinaha syad bhagandara-yantra-vat || 20 ||

anguli-tranakam dantam varksam va catur-angulam |
dvi-cchidram go-stanakaram tad-vaktra-vivrtau sukham || 21 ||

yoni-vraneksanam madhye susiram so-dasangulam |
mudra-baddham catur-bhittam ambho-ja-mukulananam || 22 ||

25.22cv mudra-baddham catur-bhinnam 25.22cv mudra-baddham catus-konam
catuh-salakam akrantam mule tad vikasen mukhe |
yantre nadi-vranabhyanga-ksalanaya sad-angule || 23 ||

vasti-yantrakrti mule mukhe 'ngustha-kalaya-khe |
agrato '-karnike mule nibaddha-mrdu-carmani || 24 ||

dvi-dvara nalika piccha-nalika vodakodare |
dhuma-vasty-adi-yantrani nirdistani yatha-yatham || 25 ||

try-angulasyam bhavec chrngam cusane 'sta-dasangulam |
agre siddharthaka-cchidram su-naddham cucukakrti || 26 ||

syad dva-dasangulo 'labur nahe tv asta-dasangulah |
catus-try-angula-vrttasyo dipto 'ntah slesma-rakta-hrt || 27 ||

tad-vad ghati hita gulma-vilayonnamane ca sa |
salakakhyani yantrani nana-karmakrtini ca || 28 ||

25.28dv nana-karmakrtini tu
yatha-yoga-pramanani tesam esana-karmani |

ubhe gandu-pada-mukhe srotobhyah salya-harini || 29 ||

25.29bv tesam esana-karmani
masura-dala-vaktre dve syatam asta-navangule |
sankavah sad ubhau tesam so-dasa-dva-dasangulau || 30
||

vyuhane 'hi-phana-vaktrau dvau dasa-dva-dasangulau |
calane sara-punkhasyav aharye badisakrti || 31 ||

nato 'gre sankuna tulyo garbha-sankur iti smrtah |
astangulayatas tena mudha-garbham haret striyah || 32 ||

asmary-aharanam sarpa-phana-vad vakram agratah |
sara-punkha-mukham danta-patanam catur-angulam || 33 ||

25.33av asmary-aharane sarpa- 25.33bv -phana-vad vaktram agratah
karpasa-vihitosnisah salakah sat pramarjane |
payav asanna-durarthe dve dasa-dva-dasangule || 34 ||

dve sat-saptangule ghrane dve karne 'sta-navangule |
karna-sodhanam asvattha-pattra-prantam sruvananam || 35 ||

salaka-jambavausthanam ksare 'gnau ca prthak trayam |
yuñjyat sthulanu-dirghanam salakam antra-vardhmani || 36 ||

madhyordhva-vrtta-dandam ca mule cardhendu-samnibham |
kolasthi-dala-tulyasya nasarso-'rbuda-daha-krt || 37 ||

astangula nimna-mukhas tisrah ksarausadha-krame |
kanini-madhyamanami-nakha-mana-samair mukhaih || 38 ||

25.38cv kanistha-madhyamanami-
svam svam uktani yantrani medhra-suddhy-añjanadisu |
anu-yantrany ayas-kanta-rajju-vastrasma-mudgarah || 39 ||

25.39cv anu-yantrany ayas-kanta-
vadhrantra-jihva-valas ca sakha-nakha-mukha-dvi-jah |
kalah pakah karah pado bhayam harsas ca tat-kriyah || 40 ||

25.40av vadhry-antra-jihva-valas ca 25.40av vardhrantra-jihva-valas ca
25.40bv
-sakha-nakha-mukha-dvi-jah
upaya-vit pravibhajed alocya nipunam dhiya || 40uab ||

nirghÄ•tanonmathana-pÅ«raá¹‡a-mÄ•rga-Å›uddhi-saá¹ƒvyÅ«hanÄ•haraá¹‡a-bandhana-pÄ
danani |
acusanonnamana-namana-cala-bhanga-vyavartanarju-karanani ca
yantra-karma || 41u ||

vivartate sadhv avagahate ca grahyam grhitvoddharate ca yasmat |
yantresv atah kanka-mukham pradhanam sthanesu sarvesv adhikari
yac ca || 42u ||

25.42uav nivartate sadhv avagahate ca 25.42udv sthanesu sarvesv
a-vikari yac ca

sutrasthana
sad-vimsatih su-karmarair ghatitani yatha-vidhi |
sastrani roma-vahini bahulyenangulani sat || 1 ||

su-rupani su-dharani su-grahani ca karayet |
a-karalani su-dhmata-su-tiksnav artite 'yasi || 2 ||

samahita-mukhagrani nilambho-ja-cchavini ca |
namanugata-rupani sada samnihitani ca || 3 ||

svonmanardha-caturthamsa-phalany ekaika-so 'pi ca |
prayo dvi-trani yuñjita tani sthana-visesatah || 4 ||

26.4av sva-manardha-caturthamsa-
mandalagram vrddhi-pattram utpaladhy-ardha-dharake |
sarpaisanyau vetasakhyam sarary-asya-tri-kurcake || 4+(1) ||

kusasyam sata-vadanam antar-vaktrardha-candrake |
vrihi-mukham kuthari ca salakanguli-sastrake || 4+(2) ||

26.4+(2)av kusasya sata-vadana 26.4+(2)bv antar-vaktrardha-candrakam
26.4+(2)bv channa-vaktrardha-candrake 26.4+(2)bv
channa-vaktrardha-candrakam
badisam kara-pattrakhyam kartari nakha-sastrakam |
danta-lekhanakam sucyah kurco nama khajahvayam || 4+(3) ||

ara catur-vidhakara tatha syat karna-vedhani || 4+(4)ab ||
26.4+(4)bv tatha syat karna-vedhanam
mandalagram phale tesam tarjany-antar-nakhakrti |
lekhane chedane yojyam pothaki-sundikadisu || 5 ||

26.5av mandalagram phalam tesam
vrddhi-pattram ksurakaram cheda-bhedana-patane |
rjv-agram unnate sophe gambhire ca tad anya-tha || 6 ||

26.6dv gambhire tu tato 'nya-tha
natagram prsthato dirgha-hrasva-vaktram yathasrayam |
utpaladhy-ardha-dharakhye bhedane chedane tatha || 7 ||

26.7bv -hrasva-vaktram yathasayam 26.7bv -hrasva-vaktram yatha-kramam
26.7bv -hrasva-vaktram yatha-yatham 26.7bv -hrasva-vaktre yatha-yatham
sarpasyam ghrana-karnarsas-chedane 'rdhangulam phale |
gater anvesane slaksna gandu-pada-mukhaisani || 8 ||

bhedanarthe 'para suci-mukha mula-nivista-kha |
vetasam vyadhane sravye sarary-asya-tri-kurcake || 9 ||

kusata-vadane sravye dvy-angulam syat tayoh phalam |
tad-vad antar-mukham tasya phalam adhy-ardham angulam || 10 ||

26.10ac kusata vadane sravye

ardha-candrananam caitat tathadhy-ardhangulam phale |
vrihi-vaktram prayojya ca tat sirodarayor vyadhe || 11 ||

prthuh kuthari go-danta-sadrsardhangulanana |
tayordhva-dandaya vidhyed upary asthnam sthitam siram || 12 ||

tamri salaka dvi-mukhi mukhe kurubakakrtih |
linga-nasam taya vidhyet kuryad anguli-sastrakam || 13 ||

26.13av tamri salaka dvi-mukha
mudrika-nirgata-mukham phale tv ardhangulayatam |
yogato vrddhi-pattrena mandalagrena va samam || 14 ||

tat pradesiny-agra-parva-pramanarpana-mudrikam |
sutra-baddham gala-sroto-roga-cchedana-bhedane || 15 ||

26.15bv -pramanarpita-mudrikam
grahane sundikarmader badisam su-natananam |
chede 'sthnam karapattram tu khara-dharam dasangulam || 16 ||

26.16bv badisah su-natananah
vistare dvy-angulam suksma-dantam su-tsaru-bandhanam |
snayu-sutra-kaca-cchede kartari kartari-nibha || 17 ||

vakrarju-dharam dvi-mukham nakha-sastram navangulam |
suksma-salyoddhrti-ccheda-bheda-pracchana-lekhane || 18 ||

26.18dv -bheda-pracchanna-lekhane
eka-dharam catus-konam prabaddhakrti caikatah |
danta-lekhanakam tena sodhayed danta-sarkaram || 19 ||

26.19bv pravrddhakrti caikatah
vrtta gudha-drdhah pase tisrah sucyo 'tra sivane |
mamsalanam pradesanam try-asra try-angulam ayata || 20 ||

alpa-mamsasthi-samdhi-stha-vrananam dvy-angulayata |
vrihi-vaktra dhanur-vakra pakvamasaya-marmasu || 21 ||

sa sardha-dvy-angula sarva-vrttas tas catur-angulah |
kurco vrttaika-pitha-sthah saptastau va su-bandhanah || 22 ||

26.22av sa sardha-dvy-angula sarva 26.22bv vrttas tas
catur-angulah
sa yojyo nilika-vyanga-kesa-satesu kuttane |
ardhangula-mukhair vrttair astabhih kantakaih khajah || 23
||

26.23bv -kesa-satana-kuttane
panibhyam mathyamanena ghranat tena hared asrk |
vyadhanam karna-palinam yuthika-mukulananam || 24 ||

26.24cv vyadhane karna-palinam 26.24dv yuthika-mukulanana
arardhangula-vrttasya tat-pravesa tathordhvatah |
catur-asra taya vidhyec chopham pakvama-samsaye || 25 ||

karna-palim ca bahalam bahalayas ca sasyate |
suci tri-bhaga-susira try-angula karna-vedhani || 26 ||

26.26bv tasya eva ca sasyate
jalaukah-ksara-dahana-kacopala-nakhadayah |
a-lauhany anu-sastrani tany evam ca vikalpayet || 27 ||

aparany api yantradiny upayogam ca yaugikam |
utpatya-patya-sivyaisya-lekhya-pracchana-kuttanam || 28 ||

26.28cv utpatya-patya-sevyaisya- 26.28dv
-lekhya-pracchanna-kuttanam
chedyam bhedyam vyadho mantho graho dahas ca tat-kriyah |
kuntha-khanda-tanu-sthula-hrasva-dirgha-tva-vakra-tah || 29 ||

sastranam khara-dhara-tvam astau dosah prakirtitah |
cheda-bhedana-lekhyartham sastram vrnta-phalantare || 30 ||

tarjani-madhyamangusthair grhniyat su-samahitah |
visravanani vrntagre tarjany-angusthakena ca || 31 ||

tala-pracchanna-vrntagram grahyam vrihi-mukham mukhe |
mulesv aharanarthani kriya-saukaryato 'param || 32 ||

26.32cv mulesv aharanarthe tu 26.32cv mulesv aharanarthesu
syan navangula-vistarah su-ghano dva-dasangulah |
ksauma-pattrorna-kauseya-dukula-mrdu-carma-jah || 33 ||

vinyasta-pasah su-syutah santarorna-stha-sastrakah |
salaka-pihitasyas ca sastra-kosah su-samcayah || 34 ||

jalaukasas tu sukhinam rakta-sravaya yojayet |
dustambu-matsya-bhekahi-sava-kotha-malodbhavah || 35 ||

26.35cv dustambu-matsya-bhekadi-
raktah sveta bhrsam krsnas capalah sthula-picchilah |
indrayudha-vicitrordhva-rajayo romasas ca tah || 36 ||

sa-visa varjayet tabhih kandu-paka-jvara-bhramah |
visa-pittasra-nut karyam tatra suddhambu-jah punah || 37 ||

26.37cv visa-pittasra-jit karyam 26.37dv tatra suddhambu-sambhavah
nir-visah saivala-syava vrtta nilordhva-rajayah |
kasaya-prsthas tanv-angyah kiñ-cit-pitodaras ca yah || 38
||

ta apy a-samyag-vamanat pratatam ca nipatanat |
sidantih salilam prapya rakta-matta iti tyajet || 39 ||

26.39cv sidanti salilam prapya
athetara nisa-kalka-yukte 'mbhasi pariplutah |
avanti-some takre va punas casvasita jale || 40 ||

26.40cv kañjike kalaseye va

lagayed ghrta-mrt-stanya-rakta-sastra-nipatanaih |
pibantir unnata-skandhas chadayen mrdu-vasasa || 41 ||

26.41av lagayet pala-mrt-stanya-
samprktad dusta-suddhasraj jalauka dusta-sonitam |
adatte prathamam hamsah ksiram ksirodakad iva || 42 ||

26.42av samsrstad dusta-suddhasraj
gulmarso-vidradhin kustha-vata-rakta-galamayan |
netra-rug-visa-visarpan samayanti jalaukasah || 42+(1) ||

damsasya tode kandvam va moksayed vamayec ca tam |
patu-tailakta-vadanam slaksna-kandana-rusitam || 43 ||

26.43bv moksayed vamayec ca tah 26.43cv patu-tailakta-vadanah
26.43dv slaksna-kandana-ruksitam
26.43dv slaksna-kandana-rusitah 26.43dv
slaksna-kandana-ruksitah
raksan rakta-madad bhuyah saptaham ta na patayet |
purva-vat patu-ta dardhyam samyag-vante jalaukasam || 44 ||

klamo 'ti-yogan mrtyur va dur-vante stabdha-ta madah |
anya-tranya-tra tah sthapya ghate mrtsnambu-garbhini || 45 ||

laladi-kotha-nasartham sa-visah syus tad-anvayat |
a-suddhau sravayed damsan haridra-guda-maksikaih || 46 ||

sata-dhautajya-picavas tato lepas ca sitalah |
dusta-raktapagamanat sadyo raga-rujam samah || 47 ||

a-suddham calitam sthanat sthitam raktam vranasaye |
vy-amli-bhavet paryusitam tasmat tat sravayet punah || 48 ||

26.48cv amli-bhavet paryusitam
yuñjyan nalabu-ghatika rakte pittena dusite |
tasam anala-samyogad yuñjyat tu kapha-vayuna || 49 ||

26.49dv yuñjyac ca kapha-vayuna
kaphena dustam rudhiram na srngena vinirharet |
skanna-tvad vata-pittabhyam dustam srngena nirharet || 50 ||

26.50bv na srngenati nirharet 26.50bv na srngenabhinirharet
gatram baddhvopari drdham rajjva pattena va samam |
snayu-samdhy-asthi-marmani tyajan pracchanam acaret || 51 ||

adho-desa pravisrtaih padair upari-gamibhih |
na gadha-ghana-tiryagbhir na pade padam acaran || 52 ||

26.52dv na pade padam acaret
pracchanenaika-desa-stham grathitam jala-janmabhih |
harec chrngadibhih suptam asrg vyapi sira-vyadhaih || 53 ||

26.53bv granthitam jala-janmabhih
pracchanam pindite va syad avagadhe jalaukasah |

tvak-sthe 'labu-ghati-srngam siraiva vyapake 'srji || 54 ||

vatadi-dhama va srnga-jalauko-'labubhih kramat |
srutasrjah pradehadyaih sitaih syad vayu-kopatah || 55 ||
sa-toda-kanduh sophas tam sarpisosnena secayet || 55uab ||
26.55uav sa-toda-kandu-sophas tam

sutrasthana
madhuram lavanam kiñ-cid a-sitosnam a-samhatam |
padmendragopa-hemavi-sasa-lohita-lohitam || 1 ||

lohitam prabhavah suddham tanos tenaiva ca sthitah |
tat pitta-slesmalaih prayo dusyate kurute tatah || 2 ||

27.2av lohitam pravadec chuddham
visarpa-vidradhi-pliha-gulmagni-sadana-jvaran |
mukha-netra-siro-roga-mada-trd-lavanasya-tah || 3 ||

kustha-vatasra-pittasra-katv-amlodgirana-bhraman |
sitosna-snigdha-ruksadyair upakrantas ca ye gadah || 4 ||

samyak sadhya na sidhyanti te ca rakta-prakopa-jah |
tesu sravayitum raktam udriktam vyadhayet siram || 5 ||

na tuna-so-dasatita-saptaty-abda-srutasrjam |
a-snigdha-sveditaty-artha-sveditanila-roginam || 6 ||

27.6av na nyuna-so-dasatita-
garbhini-sutika-jirna-pittasra-svasa-kasinam |
atisarodara-cchardi-pandu-sarvanga-sophinam || 7 ||

sneha-pite prayuktesu tatha pañcasu karmasu |
na-yantritam siram vidhyen na tiryan napy an-utthitam || 8 ||

27.8dv na tiryan napy an-ucchritam
nati-sitosna-vatabhresv anya-tratyayikad gadat |
siro-netra-vikaresu lalatyam moksayet siram || 9 ||

27.9dv lalatyam moksayet siram 27.9dv lalatya moksayet
sirah 27.9dv
lalatya moksayet sirah
apangyam upanasyam va karna-rogesu karna-jam |
nasa-rogesu nasagre sthitam nasa-lalatayoh || 10 ||

27.10av apangya upanasya va
pinase mukha-rogesu jihvaustha-hanu-talu-gah |
jatrurdhva-granthisu griva-karna-sankha-sirah-sritah || 11 ||

27.11cv jatrurdhvam granthisu griva-
uro-'panga-lalata-stha unmade 'pasmrtau punah |
hanu-samdhau samaste va siram bhru-madhya-gaminim || 12 ||

27.12av uro-'panga-lalata-stham 27.12dv sira bhru-madhya-gaminih
vidradhau parsva-sule ca parsva-kaksa-stanantare |

trtiyake 'msayor madhye skandhasyadhas caturthake || 13 ||

pravahikayam sulinyam sronito dvy-angule sthitam |
sukra-medhramaye medhra uru-gam gala-gandayoh || 14 ||

grdhrasyam januno 'dhas-tad urdhvam va catur-angule |
indra-vaster adho 'pacyam dvy-angule catur-angule || 15 ||

urdhvam gulphasya sakthy-artau tatha krostuka-sirsake |
pada-dahe khude harse vipadyam vata-kantake || 16 ||

27.16av urdhvam gulphasya samdhy-artau
cipye ca dvy-angule vidhyed upari ksipra-marmanah |
grdhrasyam iva visvacyam yathoktanam a-darsane || 17 ||

marma-hine yathasanne dese 'nyam vyadhayet siram |
atha snigdha-tanuh sajja-sarvopakarano bali || 18 ||

krta-svasty-ayanah snigdha-rasanna-pratibhojitah |
agni-tapatapa-svinno januccasana-samsthitah || 19 ||

mrdu-pattatta-kesanto janu-sthapita-kurparah |
mustibhyam vastra-garbhabhyam manye gadham nipidayet || 20
||

27.20dv manye gadham prapidayet
danta-prapidanotkasa-gandadhmanani cacaret |
prsthato yantrayec cainam vastram avestayan narah || 21 ||

27.21dv vastram avestayen narah
kandharayam pariksipya nyasyantar vama-tarjanim |
eso 'ntar-mukha-varjyanam siranam yantrane vidhih || 22 ||

27.22bv tasyantar vama-tarjanim 27.22cv eso 'ntar-mukha-varjanam
tato madhyamayangulya vaidyo 'ngustha-vimuktaya |
tadayed utthitam jñatva sparsad vangustha-pidanaih || 23
||

27.23dv sparsangustha-prapidanaih
kutharya laksayen madhye vama-hasta-grhitaya |
phaloddese su-nis-kampam siram tad-vac ca moksayet || 24 ||

tadayan pidayams cainam vidhyed vrihi-mukhena tu |
angusthenonnamayyagre nasikam upa-nasikam || 25 ||

27.25av tadayan pidayan vainam 27.25av tadayan pidayec cainam
abhyunnata-vidastagra-jihvasyadhas tad-asrayam |
yantrayet stanayor urdhvam grivasrita-sira-vyadhe || 26 ||

pasana-garbha-hastasya janu-sthe prasrte bhuje |
kukser arabhya mrdite vidhyed baddhordhva-pattake || 27 ||

vidhyed dhasta-siram bahav an-akuñcita-kurpare |
baddhva sukhopavistasya mustim angustha-garbhinam || 28 ||

27.28dv mustim angustha-garbhinim
urdhvam vedhya-pradesac ca pattikam catur-angule |
vidhyed alambamanasya bahubhyam parsvayoh siram || 29 ||

prahrste mehane jangha-siram januny a-kuñcite |
pade tu su-sthite 'dhas-taj janu-samdher nipidite || 30 ||

27.30cv pade tu bhu-sthite 'dhas-taj
gadham karabhyam a-gulpham carane tasya copari |
dvitiye kuñcite kiñ-cid-arudhe hasta-vat tatah || 31 ||

baddhva vidhyet siram ittham an-uktesv api kalpayet |
tesu tesu pradesesu tat tad yantram upaya-vit || 32 ||

mamsale niksiped dese vrihy-asyam vrihi-matrakam |
yavardham asthnam upari siram vidhyan kutharikam || 33 ||

27.33dv siram vidhyan kutharaya 27.33dv siram vidhyet kutharaya
27.33dv
siram vidhyet kutharikam
samyag-viddha sraved dharam yantre mukte tu na sravet |
alpa-kalam vahaty alpam dur-viddha taila-curnanaih || 34 ||

27.34av samyag-viddhe sraved dhara 27.34bv yantre mukte ca na sravet
27.34dv dur-viddha taila-curnitaih
sa-sabdam ati-viddha tu sraved duhkhena dharyate |
bhi-murcha-yantra-saithilya-kuntha-sastrati-trptayah || 35 ||

ksama-tva-vegi-ta-sveda raktasya-sruti-hetavah |
a-samyag asre sravati vella-vyosa-nisa-nataih || 36 ||

sagara-dhuma-lavana-tailair dihyat sira-mukham |
samyak-pravrtte kosnena tailena lavanena ca || 37 ||

27.37dv tailena lavanena va
agre sravati dustasram kusumbhad iva pitika |
samyak srutva svayam tisthec chuddham tad iti naharet || 38 ||

yantram vimucya murchayam vijite vyajanaih punah |
sravayen murchati punas tv apare-dyus try-ahe 'pi va || 39 ||

vatac chyavarunam ruksam vega-sravy accha-phenilam |
pittat pitasitam visram a-skandy ausnyat sa-candrikam || 40 ||

27.40dv a-skandy ausnyat sa-candrakam
vatikam sonitam sighram bhumih pibati cavrtam |
maksikanam a-kantam ca raktam bhavati paittikam || 40+1 ||
slaismikam maksikakrantam susyaty api na cenayat || 40+2ab ||
kaphat snigdham asrk pandu tantu-mat picchilam ghanam |
samsrsta-lingam samsargat tri-dosam malinavilam || 41 ||

a-suddhau balino 'py asram na prasthat sravayet param |
ati-srutau hi mrtyuh syad daruna va calamayah || 42 ||

27.42av a-suddham balino 'py asram
tatrabhyanga-rasa-ksira-rakta-panani bhesajam |
srute rakte sanair yantram apaniya himambuna || 43 ||

praksalya taila-plotaktam bandhaniyam sira-mukham |
a-suddham sravayed bhuyah sayam ahny apare 'pi va || 44 ||

27.44cv a-suddhau sravayed bhuyah
snehopaskrta-dehasya paksad va bhrsa-dusitam |
kiñ-cid dhi sese dustasre naiva rogo 'tivartate || 45 ||

sa-sesam apy ato dharyam na cati-srutim acaret |
harec chrngadibhih sesam prasadam atha-va nayet || 46 ||

sitopacara-pittasra-kriya-suddhi-visosanaih |
dustam raktam an-udriktam evam eva prasadayet || 47 ||

rakte tv a-tisthati ksipram stambhanim acaret kriyam |
lodhra-priyangu-pattanga-masa-yasty-ahva-gairikaih || 48 ||

mrt-kapalañjana-ksauma-masi-ksiri-tvag-ankuraih |
vicurnayed vrana-mukham padmakadi-himam pibet || 49 ||

tam eva va siram vidhyed vyadhat tasmad an-antaram |
sira-mukham va tvaritam dahet tapta-salakaya || 50 ||

27.50cv sira-mukham ca tvaritam
un-marga-ga yantra-nipidanena sva-sthanam ayanti punar na yavat |
dosah pradusta rudhiram prapannas tavad dhitahara-vihara-bhak
syat || 51 ||

naty-usna-sitam laghu dipaniyam rakte 'panite hitam anna-panam |
tada sariram hy an-avasthitasrg agnir visesad iti raksitavyah
|| 52 ||

27.52cv tada sariram hy an-avasthitasram 27.52dv agnir visesad iti
raksaniyah
27.52dv agnir visesena ca raksitavyah
prasanna-varnendriyam indriyarthan icchantam a-vyahata-paktr-vegam |
sukhanvitam pusti-balopapannam visuddha-raktam purusam vadanti
|| 53 ||

rakta-ja vyanga-kusthadyah kanthasyaksi-siro-gadah |
palitarumsikabadhah samyanty ete sira-vyadhat || 53+1 ||

nir-vyadhi-nilotpala-pattra-netram su-vyakta-mulasita-baddha-kesam |
candropamam padma-su-gandhi vaktram bhavel lalate tu sira-vyadhena ||
53+2 ||

sutrasthana
vakrarju-tiryag-urdhvadhah salyanam pañca-dha gatih |
dhyamam sopha-ruja-vantam sravantam sonitam muhuh || 1 ||

abhyudgatam budbuda-vat pitikopacitam vranam |

mrdu-mamsam ca janiyad antah-salyam samasatah || 2 ||

28.2av abhyunnatam budbuda-vat 28.2cv mrdu-mamsam vijaniyad
visesat tvag-gate salye vi-varnah kathinayatah |
sopho bhavati mamsa-sthe cosah sopho vivardhate || 3 ||

pidana-ksama-ta pakah salya-margo na rohati |
pesy-antara-gate mamsa-prapta-vac chvayathum vina || 4 ||

28.4av pidane '-ksama-ta pakah 28.4dv -prapta-vac chvayathor vina
aksepah snayu-jalasya samrambha-stambha-vedanah |
snayu-ge dur-haram caitat siradhmanam sirasrite || 5 ||

28.5cv snava-ge dur-haram caitat
sva-karma-guna-hanih syat srotasam srotasi sthite |
dhamani-sthe 'nile raktam phena-yuktam udirayet || 6 ||

28.6dv phena-yuktam udirayan
niryati sabda-van syac ca hrl-lasah sanga-vedanah |
samgharso bala-van asthi-samdhi-prapte 'sthi-purna-ta || 7 ||

28.7cv samharso bala-van asthi-
naika-rupa rujo 'sthi-sthe sophas tad-vac ca samdhi-ge |
cesta-nivrttis ca bhaved atopah kostha-samsrite || 8 ||

anaho 'nna-sakrn-mutra-darsanam ca vranane |
vidyan marma-gatam salyam marma-viddhopalaksanaih || 9 ||

yatha-svam ca parisravais tvag-adisu vibhavayet |
ruhyate suddha-dehanam anuloma-sthitam tu tat || 10 ||

28.10av yatha-yatham parisravais
dosa-kopabhighatadi-ksobhad bhuyo 'pi badhate |
tvan-naste yatra tatra syur abhyanga-sveda-mardanaih || 11 ||

raga-rug-daha-samrambha yatra cajyam viliyate |
asu susyati lepo va tat-sthanam salya-vad vadet || 12 ||

28.12bv yatra vajyam viliyate 28.12cv asusyati pralepo va
mamsa-pranastam samsuddhya karsanac chlatha-tam gatam |
ksobhad ragadibhih salyam laksayet tad-vad eva ca || 13 ||

28.13bv karsanac chlatha-tam gatam
pesy-asthi-samdhi-kosthesu nastam asthisu laksayet |
asthnam abhyañjana-sveda-bandha-pidana-mardanaih || 14 ||

prasaranakuñcanatah samdhi-nastam tathasthi-vat |
naste snayu-sira-sroto-dhamanisv a-same pathi || 15 ||

asva-yuktam ratham khanda-cakram aropya roginam |
sighram nayet tatas tasya samrambhac chalyam adiset || 16 ||

marma-nastam prthan noktam tesam mamsadi-samsrayat |
samanyena sa-salyam tu ksobhinya kriyaya sa-ruk || 17 ||

vrttam prthu catus-konam tri-putam ca samasatah |
a-drsya-salya-samsthanam vranakrtya vibhavayet || 18 ||

tesam aharanopayau pratilomanulomakau |
arvacina-paracine nirharet tad-viparyayat || 19 ||

28.19cv avacina-paracine
sukhaharyam yatas chittva tatas tiryag-gatam haret |
salyam na nirghatyam urah-kaksa-vanksana-parsva-gam || 20 ||

pratilomam an-uttundam chedyam prthu-mukham ca yat |
naivahared vi-salya-ghnam nastam va nir-upadravam || 21 ||

athaharet kara-prapyam karenaivetarat punah |
drsyam simhahi-makara-varmi-karkatakananaih || 22 ||

a-drsyam vrana-samsthanad grahitum sakyate yatah |
kanka-bhrngahva-kurara-sarari-vayasananaih || 23 ||

samdamsabhyam tvag-adi-stham talabhyam susiram haret |
susira-stham tu nalakaih sesam sesair yatha-yatham || 24 ||

sastrena va visasyadau tato nir-lohitam vranam |
krtva ghrtena samsvedya baddhacarikam adiset || 25 ||

28.25dv baddhacarikam acaret
sira-snayu-vilagnam tu calayitva salakaya |
hrdaye samsthitam salyam trasitasya himambuna || 26 ||

28.26av sira-snayu-vilagnam ca 28.26av sira-snava-vilagnam tu
tatah sthanantaram praptam aharet tad yatha-yatham |
yatha-margam dur-akarsam anyato 'py evam aharet || 27 ||

asthi-daste naram padbhyam pidayitva vinirharet |
ity a-sakye su-balibhih su-grhitasya kinkaraih || 28 ||

28.28av asthi-drste naram padbhyam 28.28av asthi-naste naram
padbhyam
28.28av asthi-lagnam naram padbhyam 28.28av asthi-stham na param
padbhyam
tathapy a-sakye varangam vakri-krtya dhanur-jyaya |
su-baddham vaktra-katake badhniyat su-samahitah || 29 ||

su-samyatasya pañcangya vajinah kasayatha tam |
tadayed iti murdhanam vegenonnamayan yatha || 30 ||

28.30dv vegenonnamayed yatha
uddharec chalyam evam va sakhayam kalpayet taroh |
baddhva dur-bala-varangam kusabhih salyam aharet || 31 ||

svayathu-grasta-varangam sopham utpidya yuktitah |
mudgarahataya nadya nirghatyottunditam haret || 32 ||

tair eva canayen margam a-margottunditam tu yat |

mrditva karninam karnam nady-asyena nigrhya va || 33 ||

28.33av tenaiva va nayen margam 28.33bv a-margottunditam ca yat
ayas-kantena nis-karnam vivrtasyam rju-sthitam |
pakvasaya-gatam salyam virekena vinirharet || 34 ||

dusta-vata-visa-stanya-rakta-toyadi cusanaih |
kantha-sroto-gate salye sutram kanthe pravesayet || 35 ||

bisenatte tatah salye bisam sutram samam haret |
nadyagni-tapitam ksiptva salakam ap-sthiri-krtam || 36 ||

28.36bv jatu-digdham a-jatusam
anayej jatusam kanthaj jatu-digdham a-jatusam |
kesondukena pitena dravaih kantakam aksipet || 37 ||

28.37bv jatu-digdham a-jatusam 28.37cv kesandakena pitena 28.37cv
kesandukena pitena
28.37cv kesondukena pitena
sahasa sutra-baddhena vamatas tena cetarat |
a-sakyam mukha-nasabhyam ahartum parato nudet || 38 ||

ap-pana-skandha-ghatabhyam grasa-salyam pravesayet |
suksmaksi-vrana-salyani ksauma-vala-jalair haret || 39 ||

apam purnam vidhunuyad avak-sirasam ayatam |
vamayec ca-mukham bhasma-rasau va nikhanen naram || 40 ||

28.40cv vamayed a-mukham bhasma- 28.40cv vamayed va-mukham bhasma-
28.40cv vamayed va sukham bhasma-
karne 'mbu-purne hastena mathitva taila-varini |
ksiped adho-mukham karnam hanyad vacusayeta va || 41 ||

28.41dv hanyad vacusayet tada 28.41dv hanyad vacusayeta ca
kite sroto-gate karnam purayed lavanambuna |
suktena va sukhosnena mrte kleda-haro vidhih || 42 ||

jatusam hema-rupyadi-dhatu-jam ca cira-sthitam |
usmana praya-sah salyam deha-jena viliyate || 43 ||

mrd-venu-daru-srngasthi-danta-valopalani na |
visana-venv-ayas-tala-daru-salyam cirad api || 44 ||

28.44bv -danta-valopaladi na
prayo nirbhujyate tad dhi pacaty asu palasrji |
salye mamsavagadhe cet sa deso na vidahyate || 45 ||

28.45cv salye mamsavagadhe ca
tatas tam mardana-sveda-suddhi-karsana-brmhanaih |
tiksnopanaha-pananna-ghana-sastra-padankanaih || 46 ||

28.46bv -suddhi-karsana-brmhanaih
pacayitva harec chalyam patanaisana-bhedanaih |
salya-pradesa-yantranam aveksya bahu-rupa-tam || 47 ||

tais tair upayair mati-man salyam vidyat tathaharet || 47uab ||
28.47ubv salyam vidyat tato haret

sutrasthana
vranah samjayate prayah pakac chvayathu-purvakat |
tam evopacaret tasmad raksan pakam prayatnatah || 1 ||

su-sita-lepa-sekasra-moksa-samsodhanadibhih |
sopho 'lpo 'lposma-ruk samah sa-varnah kathinah sthirah || 2 ||

29.2av su-sita-lepa-sekasrn- 29.2cv sopho 'lpo 'lposma-ruk camah
pacyamano vi-varnas tu ragi vastir ivatatah |
sphutativa sa-nistodah sanga-marda-vijrmbhikah || 3 ||

samrambha-ruci-dahosa-trd-jvara-nidra-tanvitah |
styanam visyandayaty ajyam vrana-vat sparsana-sahah || 4 ||

pakve 'lpa-vega-ta mlanih pandu-ta vali-sambhavah |
namo 'ntesunnatir madhye kandu-sophadi-mardavam || 5 ||

29.5av pakve 'lpa-vega-ta glanih 29.5av pakve 'lpa-vedana glanih 29.5av
pakve 'lpa-vedana mlanih
29.5av pakve 'lpa vedana mlanih
sprste puyasya samcaro bhaved vastav ivambhasah |
sulam narte 'nilad dahah pittac chophah kaphodayat || 6 ||

rago raktac ca pakah syad ato dosaih sa-sonitaih |
pake 'tivrtte susiras tanu-tvag-dosa-bhaksitah || 7 ||

valibhir acitah syavah siryamana-tanu-ruhah |
kapha-jesu tu sophesu gambhiram pakam ety asrk || 8 ||

29.8av valibhir acitah syamah
pakva-lingam tato '-spastam yatra syac chita-sopha-ta |
tvak-savarnyam rujo 'lpa-tvam ghana-sparsa-tvam asma-vat || 9 ||

rakta-pakam iti bruyat tam prajño mukta-samsayah |
alpa-sat-tve '-bale bale pakad vaty-artham uddhate || 10 ||

29.10dv pakad aty-artham uddhate 29.10dv pake vaty-artham uddhate
daranam marma-samdhy-adi-sthite canya-tra patanam |
ama-cchede sira-snayu-vyapado 'srg-ati-srutih || 11 ||

rujo 'ti-vrddhir daranam visarpo va ksatodbhavah |
tisthann antah punah puyah sira-snayv-asrg-amisam || 12 ||

vivrddho dahati ksipram trnolapam ivanalah |
yas chinatty amam a-jñanad yas ca pakvam upeksate || 13 ||

29.13bv trnolupam ivanalah 29.13bv trnopalam ivanalah 29.13bv
trnoccayam
ivanalah
sva-pacav iva vijñeyau tav a-niscita-karinau |
prak sastra-karmanas cestam bhojayed annam aturam || 14 ||

29.14av sva-pacav iva janiyat 29.14bv dvav a-niscita-karinau 29.14cv prak
sastra-karmanah srestham
pana-pam payayen madyam tiksnam yo vedana-ksamah |
na murchaty anna-samyogan mattah sastram na budhyate || 15 ||

anya-tra mudha-garbhasma-mukha-rogodaraturat |
athahrtopakaranam vaidyah pran-mukham aturam || 16 ||

29.16cv athahrtopakarano
sammukho yantrayitvasu nyasyen marmadi varjayan |
anulomam su-nisitam sastram a-puya-darsanat || 17 ||

29.17av sammukham yantrayitvasu
sakrd evaharec tac ca pake tu su-mahaty api |
patayed dvy-angulam samyag dvy-angula-try-angulantaram || 18 ||

esitva samyag esinya paritah su-nirupitam |
anguli-nala-valair va yatha-desam yathasayam || 19 ||

yato gatam gatim vidyad utsango yatra yatra ca |
tatra tatra vranam kuryat su-vibhaktam nir-asayam || 20 ||

29.20bv utsangam yatra yatra ca
ayatam ca visalam ca yatha doso na tisthati |
sauryam asu-kriya tiksnam sastram a-sveda-vepathu || 21 ||

29.21cv sauryam asu-kriya tiksna- 29.21dv -sastram a-sveda-vepathu
a-sammohas ca vaidyasya sastra-karmani sasyate |
tiryak chindyal lalata-bhru-danta-vestaka-jatruni || 22 ||

kuksi-kaksaksi-kutaustha-kapola-gala-vanksane |
anya-tra cchedanat tiryak sira-snayu-vipatanam || 23 ||

sastre 'vacarite vagbhih sitambhobhis ca roginam |
asvasya parito 'ngulya paripidya vranam tatah || 24 ||

ksalayitva kasayena plotenambho 'paniya ca |
guggulv-aguru-siddhartha-hingu-sarja-rasanvitaih || 25 ||

dhupayec patu-sadgrantha-nimba-pattrair ghrta-plutaih |
tila-kalkajya-madhubhir yatha-svam bhesajena ca || 26 ||

digdham vartim tato dadyat tair evacchadayec ca tam |
ghrtaktaih saktubhis cordhvam ghanam kavalikam tatah || 27 ||

29.27bv tair evacchadayec ca tam
nidhaya yuktya badhniyat pattena su-samahitam |
parsve savye 'pa-savye va nadhas-tan naiva copari || 28 ||

29.28bv pattena su-samahitah
suci-suksma-drdhah pattah kavalyah sa-vikesikah |
dhupita mrdavah slaksna nir-valika vrane hitah || 29 ||

29.29bv kavalyah su-vikesikah
kurvitan-antaram tasya raksam rakso-nisiddhaye |
balim copaharet tebhyah sada murdhna ca dharayet || 30 ||

29.30av kurvitan-antaram samyag- 29.30bv raksam rakso-nivrttaye
29.30bv -raksam rakso-nisiddhaye 29.30dv sada murdhnavadharayet
laksmim guham atiguham jatilam brahmacarinim |
vacam chattram aticchattram durvam siddharthakan api || 31 ||

tatah sneha-dinehoktam tasyacaram samadiset |
diva-svapno vrane kandu-raga-ruk-sopha-puya-krt || 32 ||

29.32av tatah sneha-vidhanoktam
strinam tu smrti-samsparsa-darsanais calita-srute |
sukre vyavaya-jan dosan a-samsarge 'py avapnuyat || 33 ||

vrane svayathur ayasat sa ca ragas ca jagarat |
tau ca ruk ca diva-svapat tas ca mrtyus ca maithunat || 33+(1) ||

bhojanam ca yatha-satmyam yava-godhuma-sastikah |
masura-mudga-tubari-jivanti-sunisannakah || 34 ||

29.34av bhojanam tu yatha-satmyam
bala-mulaka-vartaka-tanduliyaka-vastukam |
karavellaka-karkota-patola-katuka-phalam || 35 ||

saindhavam dadimam dhatri ghrtam tapta-himam jalam |
jirna-saly-odanam snigdham alpam usnodakottaram || 36 ||

29.36dv alpam usnam dravottaram
bhuñjano jangalair mamsaih sighram vranam apohati |
asitam matraya kale pathyam yati jaram sukham || 37 ||

a-jirnat tv aniladinam vibhramo bala-van bhavet |
tatah sopha-ruja-paka-dahanahan avapnuyat || 38 ||

29.38av a-jirne tv aniladinam
navam dhanyam tilan masan madyam mamsam a-jangalam |
ksireksu-vikrtir amlam lavanam katukam tyajet || 39 ||

29.39bv madyam mamsam tv a-jangalam
yac canyad api vistambhi vidahi guru sitalam |
vargo 'yam nava-dhanyadir vraninah sarva-dosa-krt || 40 ||

29.40dv vraninam sarva-dosa-krt
madyam tiksnosna-ruksamlam asu vyapadayed vranam |
valosirais ca vijyeta na cainam parighattayet || 41 ||

29.41cv balosirais ca vijyeta
na tuden na ca kanduyec cestamanas ca palayet |
snigdha-vrddha-dvi-jatinam kathah srnvan manah-priyah || 42
||

29.42bv chayanah paripalayet 29.42cv siddha-vrddha-dvi-jatinam

asa-van vyadhi-moksaya ksipram vranam apohati |
trtiye 'hni punah kuryad vrana-karma ca purva-vat || 43 ||

praksalanadi divase dvitiye nacaret tatha |
tivra-vyatho vigrathitas cirat samrohati vranah || 44 ||

snigdham ruksam slatham gadham dur-nyastam ca vikesikam
|
vrane na dadyat kalkam va snehat kledo vivardhate || 45 ||

mamsa-cchedo 'ti-rug-rauksyad daranam sonitagamah |
slathati-gadha-dur-nyasair vrana-vartmavagharsanam || 46 ||

29.46cv slathati-gadha-dur-nyastair
sa-puti-mamsam sotsangam sa-gatim puya-garbhinam |
vranam visodhayec chighram sthita hy antar vikesika || 47 ||

vy-amlam tu patitam sopham pacanaih samupacaret |
bhojanair upanahais ca nati-vrana-virodhibhih || 48 ||

29.48dv nati-vrana-visodhibhih
sadyah sadyo-vranan sivyed vivrtan abhighata-jan |
medo-jao likhitan granthin hrasvah palis ca karnayoh || 49 ||

siro-'ksi-kuta-nasaustha-ganda-karnoru-bahusu |
griva-lalata-muska-sphin-medhra-payudaradisu || 50 ||

gambhiresu pradesesu mamsalesv a-calesu ca |
na tu vanksana-kaksadav alpa-mamse cale vranan || 51 ||

29.51dv alpa-mamsa-cale vranan 29.51dv alpa-mamsa-calan vranan
vayu-nirvahinah salya-garbhan ksara-visagni-jan |
sivyec calasthi-suskasra-trna-romapaniya tu || 52 ||

29.52dv -trna-romapaniya ca
pralambi mamsam vicchinnam nivesya sva-nivesane |
samdhy-asthi ca sthite rakte snayva sutrena valkalaih || 53 ||

29.53cv samdhy-asthy avasthite rakte 29.53dv snavna sutrena valkalaih
sivyen na dure nasanne grhnan nalpam na va bahu |
santvayitva tatas cartam vrane madhu-ghrta-drutaih || 54 ||

29.54dv vrane madhu-ghrta-plutaih
añjana-ksauma-ja-masi-phalini-sallaki-phalaih |
29.54bv grhnan sv-alpam na va bahu 29.54cv santayitva tatas
cartam 29.54cv
santayitva tatas cartam
sa-lodhra-madhukair digdhe yuñjyad bandhadi purva-vat || 55 ||

vrano nih-sonitaustho yah kiñ-cid evavalikhya tam |
samjata-rudhiram sivyet samdhanam hy asya sonitam || 56 ||

bandhanani tu desadin viksya yuñjita tesu ca |
29.56bv kiñ-cid eva vilikhya tam

avikajina-kauseyam usnam ksaumam tu sitalam || 57 ||

sitosnam tula-samtana-karpasa-snayu-valka-jam |
tamrayas-trapu-sisani vrane medah-kaphadhike || 58 ||

29.58bv -karpasa-snava-valka-jam
bhange ca yuñjyat phalakam carma-valka-kusadi ca |
sva-namanugatakara bandhas tu dasa pañca ca || 59 ||

kosa-svastika-muttoli-cina-damanuvellitam |
khatva-vibandha-sthagika-vitanotsanga-gos-phanah || 60 ||

29.60dv -vitanotsanga-go-phanah
yamakam mandalakhyam ca pañcangi ceti yojayet |
yo yatra su-nivistah syat tam tesam tatra buddhi-man || 61 ||

29.61cv yo yatra samnivistah syat
vidadhyat tesu tesv eva kosam anguli-parvasu |
svastikam karna-kaksadi-stanesuktam ca samdhisu || 61.1+(1) ||

muttolim medhra-grivadau yuñjyac cinam apangayoh |
sambadhe 'nge tatha dama sakhasv evanuvellitam || 61.1+(2) ||

khatvam gande hanau sankhe vibandham prsthakodare |
angusthangulimedhragre sthagikam antra-vrddhisu || 61.1+(3) ||

vitanam prthulangadau tatha sirasi cerayet |
vilambini tathotsangam nasaustha-cibukadisu || 61.1+(4) ||

gos-phanam samdhisu tatha yamakam yamike vrane |
vrtte 'nge mandalakhyam ca pañcangim cordhva-jatrusu ||
61.1+(5) ||

badhniyad gadham uru-sphik-kaksa-vanksana-murdhasu |
sakha-vadana-karnorah-prstha-parsva-galodare || 62 ||

samam mehana-muske ca netre samdhisu ca slatham |
badhniyac chithila-sthane vata-slesmodbhave samam || 63 ||

gadham eva sama-sthane bhrsam gadham tad-asaye |
site vasante 'pi ca tau moksaniyau try-ahat try-ahat || 64 ||

29.64bv bhrsam gadham tad-asraye 29.64cv site vasante ca tatha
29.64dv moksayet tau try-ahat try-ahat 29.64dv moksaniyas try-ahat
try-ahat
pitta-raktotthayor bandho gadha-sthane samo matah |
sama-sthane slatho naiva sithilasyasaye tatha || 65 ||

sayam pratas tayor mokso grisme saradi cesyate |
a-baddho damsa-masaka-sita-vatadi-piditah || 66 ||

dusti-bhavec ciram catra na tisthet sneha-bhesajam |
krcchrena suddhim rudhim va yati rudho vi-varna-tam || 67
||

baddhas tu curnito bhagno vislistah patito 'pi va |
chinna-snayu-siro 'py asu sukham samrohati vranah || 68 ||

utthana-sayanadyasu sarvehasu na pidyate |
udvrttausthah samutsanno visamah kathino 'ti-ruk || 69 ||

29.69bv sarvehasu na pidayet 29.69cv uddhrtausthah samutsanno
samo mrdur a-ruk sighram vranah sudhyati rohati |
sthiranam alpa-mamsanam rauksyad an-uparohatam || 70 ||

pracchadyam ausadham pattrair yatha-dosam yathartu ca |
a-jirna-tarunac chidraih samantat su-nivesitaih || 71 ||

29.71cv a-jirna-tarunac chidraih
dhautair a-karkasaih ksiri-bhurjarjuna-kadamba-jaih |
kusthinam agni-dagdhanam pitika madhu-mehinam || 72 ||

karnikas conduru-vise ksara-dagdha visanvitah |
bandhaniya na mams-pake guda-pake ca darune || 73 ||

29.73cv na mams-pake ca badhniyad 29.73cv mamsa-pake na badhniyad
siryamanah sa-rug-dahah sophavastha-visarpinah |
a-raksaya vrane yasmin maksika niksipet krmin || 74 ||

te bhaksayantah kurvanti ruja-sophasra-samsravan |
surasadim prayuñjita tatra dhavana-purane || 75 ||

29.75bv ruja-sophasra-visrutih
saptaparna-karañjarka-nimba-rajadana-tvacah |
go-mutra-kalkito lepah sekah ksarambuna hitah || 76 ||

29.76cv go-mutra-kalkitalepah
pracchadya mamsa-pesya va vranam tan asu nirharet |
na cainam tvaramano 'ntah sa-dosam uparohayet || 77 ||

so 'lpenapy apacarena bhuyo vikurute yatah |
rudhe 'py a-jirna-vyayama-vyavayadin vivarjayet || 78 ||

harsam krodham bhayam capi yavad a-sthairya-sambhavat |
adarenanuvartyo 'yam masan sat sapta va vidhih || 79 ||

29.79av harsam krodham bhayam vapi
utpadyamanasu ca tasu tasu vartasu dosadi-balanusari |
tais tair upayaih prayatas cikitsed alocayan vistaram uttaroktam || 80 ||

sutrasthana
sarva-sastranu-sastranam ksarah srestho bahuni yat |
chedya-bhedyadi-karmani kurute visamesv api || 1 ||

duhkhavacarya-sastresu tena siddhim a-yatsu ca |
ati-krcchresu rogesu yac ca pane 'pi yujyate || 2 ||

30.2bv tena siddhim na yatsu ca
sa peyo 'rso-'gni-sadasma-gulmodara-garadisu |

yojyah saksan masa-svitra-bahyarsah-kustha-suptisu || 3 ||

bhagandararbuda-granthi-dusta-nadi-vranadisu |
na tubhayo 'pi yoktavyah pitte rakte cale '-bale || 4 ||

30.4av bhagandarapaci-granthi- 30.4dv pitte rakte bale '-bale
jvare 'tisare hrn-murdha-roge pandv-amaye '-rucau |
timire krta-samsuddhau svayathau sarva-gatra-ge || 5 ||

30.5dv svayathau sarva-gatra-je
bhiru-garbhiny-rtu-mati-prodvrtta-phala-yonisu |
a-jirne 'nne sisau vrddhe dhamani-samdhi-marmasu || 6 ||

tarunasthi-sira-snayu-sevani-gala-nabhisu |
dese 'lpa-mamse vrsana-medhra-sroto-nakhantare || 7 ||

30.7cv dese 'lpa-mamse vrsane 30.7dv medhre sroto-nakhantare
vartma-rogad rte 'ksnos ca sita-varsosna-dur-dine |
kala-muskaka-samyaka-kadali-paribhadrakan || 8 ||

asvakarna-mahavrksa-palasasphota-vrksakan |
indravrksarka-putika-naktamalasvamarakan || 9 ||

kakajangham apamargam agnimanthagni-tilvakan |
sardran sa-mula-sakhadin khanda-sah parikalpitan || 10 ||

kosatakis catasras ca sukam nalam yavasya ca |
nivate nicayi-krtya prthak tani sila-tale || 11 ||

30.11bv suka-nalam yavasya ca
praksipya muskaka-caye sudhasmani ca dipayet |
tatas tilanam kutalair dagdhvagnau vigate prthak || 12 ||

30.12cv tatas tilanam kutilair 30.12cv tatas tilanam kuntalair
krtva sudhasmanam bhasma dronam tv itara-bhasmanah |
muskakottaram adaya praty-ekam jala-mutrayoh || 13 ||

30.13bv dronam cetara-bhasmanah
galayed ardha-bharena mahata vasasa ca tat |
yavat picchila-raktacchas tiksno jatas tada ca tam || 14 ||

grhitva ksara-nisyandam pacel lauhyam vighattayan |
pacyamane tatas tasmims tah sudha-bhasma-sarkarah || 15 ||

suktih ksira-pakam sankha-nabhis cayasa-bhajane |
krtvagni-varnan bahu-sah ksarotthe kudavonmite || 16 ||

30.16bv mnabhims cayasa-bhajane 30.16cv ksaracche kudavonmite
nirvapya pistva tenaiva prativapam viniksipet |
slaksnam sakrd daksa-sikhi-grdhra-kanka-kapota-jam || 17 ||

catus-pat-paksi-pittala-manohva-lavanani ca |
paritah su-taram cato darvya tam avaghattayet || 18 ||

sa-baspais ca yadottisthed budbudair leha-vad ghanah |

avatarya tada sito yava-rasav ayo-maye || 19 ||

30.19av sa-baspais ca yada tisthed 30.19cv avatarya tatah site
30.19cv avatarya tatah sito 30.19cv avatarya tada
site
sthapyo 'yam madhyamah ksaro na tu pistva ksipen mrdau |
nirvapyapanayet tiksne purva-vat prativapanam || 20 ||

tatha langalika-danti-citrakativisa-vacah |
svarjika-kanakaksiri-hingu-putika-pallavah || 21 ||

talapattri vidam ceti sapta-ratrat param tu sah |
yojyas tiksno 'nila-slesma-medo-jesv arbudadisu || 22 ||

30.22av talapattri vidangam ca
madhyesv esv eva madhyo 'nyah pittasra-guda-janmasu |
balartham ksina-paniye ksarambu punar avapet || 23 ||

30.23av madhyesv eva ca madhyo 'nyah 30.23av madhyesv esu ca madhyo
'nyah
30.23bv pittasrg-guda-janmasu
nati-tiksna-mrduh slaksnah picchilah sighra-gah sitah
|
sikhari sukha-nirvapyo na visyandi na cati-ruk || 24 ||

30.24av nati-tiksno mrduh slaksnah
ksaro dasa-gunah sastra-tejasor api karma-krt |
acusann iva samrambhad gatram apidayann iva || 25 ||

sarvato 'nusaran dosan unmulayati mulatah |
karma krtva gata-rujah svayam evopasamyati || 26 ||

ksara-sadhye gade chinne likhite sravite 'tha-va |
ksaram salakaya dattva plota-pravrta-dehaya || 27 ||

30.27dv plota-plavita-dehaya
matra-satam upekseta tatrarsahsv avrtananam |
hastena yantram kurvita vartma-rogesu vartmani || 28 ||

nirbhujya picunacchadya krsna-bhagam viniksipet |
padma-pattra-tanuh ksara-lepo ghranarbudesu ca || 29 ||

30.29dv -lepo ghranarbudesu tu
praty-adityam nisannasya samunnamyagra-nasikam |
matra vidharyah pañcasat tad-vad arsasi karna-je || 30 ||

30.30bv samunnasyagra-nasikam 30.30cv matra vidharya pañcasat 30.30cv
matra vidharyah pañcasat
ksaram pramarjanenanu parimrjyavagamya ca |
su-dagdham ghrta-madhv-aktam tat payo-mastu-kañjikaih || 31 ||

30.31av ksaram pramarjanenasu
nirvapayet tatah sajyaih svadu-sitaih pradehayet |

abhisyandini bhojyani bhojyani kledanaya ca || 32 ||

yadi ca sthira-mula-tvat ksara-dagdham na siryate |
dhanyamla-bija-yasty-ahva-tilair alepayet tatah || 33 ||

tila-kalkah sa-madhuko ghrtakto vrana-ropanah |
pakva-jambv-asitam sannam samyag-dagdham viparyaye || 34 ||

30.34cv pakva-jambu-nibham sannam
tamra-ta-toda-kandv-adyair dur-dagdham tam punar dahet |
ati-dagdhe sraved raktam murcha-daha-jvaradayah || 35 ||

30.35bv dur-dagdham tat punar dahet
gude visesad vin-mutra-samrodho 'ti-pravartanam |
pums-tvopaghato mrtyur va gudasya satanad dhruvam || 36 ||

30.36dv gudasya satanam dhruvam 30.36dv gudasya sadanad dhruvam
30.36dv gudasya sadanam dhruvam
nasayam nasika-vamsa-daranakuñcanodbhavah |
bhavec ca visaya-jñanam tad-vac chrotradikesv api || 37 ||

visesad atra seko 'mlair lepo madhu ghrtam tilah |
vata-pitta-hara cesta sarvaiva sisira kriya || 38 ||

amlo hi sitah sparsena ksaras tenopasamhitah |
yaty asu svadu-tam tasmad amlair nirvapayet-taram || 39 ||

visagni-sastrasani-mrtyu-tulyah ksaro bhaved alpam ati-prayuktah
|
rogan nihanyad a-cirena ghoran sa dhi-mata samyag-anuprayukto || 39+(1)
||

agnih ksarad api sresthas tad-dagdhanam a-sambhavat |
bhesaja-ksara-sastrais ca na siddhanam prasadhanat || 40 ||

tvaci mamse sira-snayu-samdhy-asthisu sa yujyate |
masanga-glani-murdharti-mantha-kila-tiladisu || 41 ||

30.41bv -samdhy-asthisu sa yojyate
tvag-daho varti-go-danta-surya-kanta-saradibhih |
arso-bhagandara-granthi-nadi-dusta-vranadisu || 42 ||

mamsa-daho madhu-sneha-jambavaustha-gudadibhih |
slista-vartmany asrk-srava-nily-a-samyag-vyadhadisu || 43 ||

30.43cv slista-vartmany asrk-srave 30.43dv nily-a-samyag-vyadhadisu
siradi-dahas tair eva na dahet ksara-varitan |
antah-salyasrjo bhinna-kosthan bhuri-vranaturan || 44 ||

30.44bv na dahet ksara-varjitan
su-dagdham ghrta-madhv-aktam snigdha-sitaih pradehayet |
tasya lingam sthite rakte sabda-val lasikanvitam || 45 ||

pakva-tala-kapotabham su-roham nati-vedanam |

pramada-dagdha-vat sarvam dur-dagdhaty-artha-dagdhayoh || 46 ||

catur-dha tat tu tucchena saha tucchasya laksanam |
tvag vi-varnosyate 'ty-artham na ca sphota-samudbhavah || 47 ||

30.47av catur-dha tac ca tucchena 30.47av catur-dha tat tu tutthena 30.47av catur-dha tatra tucchena
30.47bv saha tutthasya laksanam
sa-sphota-daha-tivrosam dur-dagdham ati-dahatah |
mamsa-lambana-samkoca-daha-dhupana-vedanah || 48 ||

siradi-nasas trn-murcha-vrana-gambhirya-mrtyavah |
tucchasyagni-pratapanam karyam usnam ca bhesajam || 49 ||

30.49av siradi-nasa-trn-murcha- 30.49cv tutthasyagni-pratapanam
styane 'sre vedanaty-artham viline manda-ta rujah |
dur-dagdhe sitam usnam ca yuñjyad adau tato himam || 50 ||

samyag-dagdhe tavaksiri-plaksa-candana-gairikaih |
limpet sajyamrtair urdhvam pitta-vidradhi-vat kriya || 51 ||

30.51av samyag-dagdhe tukaksiri- 30.51dv pitta-vidradhi-vat kriyam
30.51dv
pitta-vidradhi-vat kriyah
ati-dagdhe drutam kuryat sarvam pitta-visarpa-vat |
sneha-dagdhe bhrsa-taram ruksam tatra tu yojayet || 52 ||

sastra-ksaragnayo yasman mrtyoh paramam ayudham |
a-pramatto bhisak tasmat tan samyag avacarayet || 52+(1) ||

30.52+(1)dv tat samyag avacarayet
samapyate sthanam idam hrdayasya rahasya-vat |
atrarthah sutritah suksmah pratanyante hi sarvatah || 53 ||

30.53cv atrarthah sucitah suksmah

”arirasthana
suddhe sukrartave sat-tvah sva-karma-klesa-coditah |
garbhah sampadyate yukti-vasad agnir ivaranau || 1 ||

1.1bv sva-karma-phala-noditah
bijatmakair maha-bhutaih suksmaih sat-tvanugais ca sah |
matus cahara-rasa-jaih kramat kuksau vivardhate || 2 ||

tejo yatharka-rasminam sphatikena tiras-krtam |
nendhanam drsyate gacchat sat-tvo garbhasayam tatha || 3 ||

karananuvidhayi-tvat karyanam tat-sva-bhava-ta |
nana-yony-akrtih sat-tvo dhatte 'to druta-loha-vat || 4 ||

ata eva ca sukrasya bahulyaj jayate puman |
raktasya stri tayoh samye klibah sukrartave punah || 5 ||

vayuna bahu-so bhinne yatha-svam bahv-apatya-ta |

vi-yoni-vikrtakara jayante vikrtair malaih || 6 ||

masi masi rajah strinam rasa-jam sravati try-aham |
vatsarad dva-dasad urdhvam yati pañcasatah ksayam || 7 ||

purna-so-dasa-varsa stri purna-vimsena samgata |
suddhe garbhasaye marge rakte sukre 'nile hrdi || 8 ||

virya-vantam sutam sute tato nyunabdayoh punah |
rogy alpayur a-dhanyo va garbho bhavati naiva va || 9 ||

vatadi-kunapa-granthi-puya-ksina-malahvayam |
bija-samartham reto-'sram sva-lingair dosa-jam vadet || 10 ||

1.10cv praja-samartham reto-'sram
raktena kunapam slesma-vatabhyam granthi-samnibham |
puyabham rakta-pittabhyam ksinam maruta-pittatah || 11 ||

krcchrany etany a-sadhyam tu tri-dosam mutra-vit-prabham |
kuryad vatadibhir duste svausadham kunape punah || 12 ||

dhataki-puspa-khadira-dadimarjuna-sadhitam |
payayet sarpir atha-va vipakvam asanadibhih || 13 ||

palasa-bhasmasmabhida granthy-abhe puya-retasi |
parusaka-vatadibhyam ksine sukra-kari kriya || 14 ||

snigdham vantam viriktam ca nirudham anuvasitam |
yojayec chukra-dosartam samyag uttara-vastibhih || 14+1 ||

samsuddho vit-prabhe sarpir hingu-sevyadi-sadhitam |
pibed granthy-artave patha-vyosa-vrksaka-jam jalam || 15 ||

1.15bv hingu-sevyagni-sadhitam
peyam kunapa-puyasre candanam vaksyate tu yat |
guhya-roge ca tat sarvam karyam sottara-vastikam || 16 ||

sukram suklam guru snigdham madhuram bahalam bahu |
ghrta-maksika-tailabham sad-garbhayartavam punah || 17 ||

1.17av suddham sukram guru snigdham
laksa-rasa-sasasrabham dhautam yac ca virajyate |
suddha-sukrartavam svastham samraktam mithunam mithah || 18 ||

snehaih pum-savanaih snigdham suddham silita-vastikam |
naram visesat ksirajyair madhurausadha-samskrtaih || 19 ||

1.19dv madhurausadha-sadhitaih
narim tailena masais ca pittalaih samupacaret |
ksama-prasanna-vadanam sphurac-chroni-payo-dharam || 20 ||

1.20cv ksamam prasanna-vadanam
srastaksi-kuksim pums-kamam vidyad rtu-matim striyam |
padmam samkocam ayati dine 'tite yatha tatha || 21 ||

rtav atite yonih sa sukram natah praticchati |
masenopacitam raktam dhamanibhyam rtau punah || 22 ||

1.22bv sukram nantah praticchati
isat-krsnam vi-gandham ca vayur yoni-mukhan nudet |
tatah puspeksanad eva kalyana-dhyayini try-aham || 23 ||

mrjalankara-rahita darbha-samstara-sayini |
ksaireyam yavakam stokam kostha-sodhana-karsanam || 24 ||

1.24dv kostha-sodhana-karsanam
parne sarave haste va bhuñjita brahma-carini |
caturthe 'hni tatah snata sukla-malyambara sucih || 25 ||

icchanti bhartr-sadrsam putram pasyet purah patim |
rtus tu dva-dasa nisah purvas tisro 'tra ninditah || 26 ||

1.26dv purvas tisras ca ninditah
eka-dasi ca yugmasu syat putro 'nyasu kanyaka |
upadhyayo 'tha putriyam kurvita vidhi-vad vidhim || 27 ||

1.27bv syat putro 'nya-tra kanyaka
namas-kara-parayas tu sudraya mantra-varjitam |
a-vandhya evam samyogah syad apatyam ca kamatah || 28 ||

santo hy ahur apatyartham dam-patyoh samgatim rahah |
dur-apatyam kulangaro gotre jatam mahaty api || 29 ||

1.29bv dam-patyoh samgatam rahah 1.29cv dur-apatyam kulangaram
icchetam yadrsam putram tad-rupa-caritams ca tau |
cintayetam jana-padams tad-acara-paricchadau || 30 ||

karmante ca puman sarpih-ksira-saly-odanasitah |
prag daksinena padena sayyam mauhurtikajñaya || 31 ||

arohet stri tu vamena tasya daksina-parsvatah |
taila-masottarahara tatra mantr am prayojayet || 32 ||

1.32av arohet stri ca vamena ahir asy ayur asi sarvatah pratisthasi
|| 32+1a ||

1.32+1av ahir asi sarvatah pratisthasi dhata tvam dadhatu
vidhata tvam dadhatu || 32+1b ||
brahma-varcasa bhaveti || 32+1c ||
1.32+1cv brahma-varcasa bhaved iti
brahma brhaspatir visnuh somah suryas tathasvinau |
bhago 'tha mitra-varunau viram dadatu me sutam || 33 ||

santvayitva tato 'nya-nyam samvisetam mudanvitau |
uttana tan-mana yosit tisthed angaih su-samsthitaih || 34 ||

1.34av santayitva tato 'nyo-'nyam 1.34bv samvasetam mudanvitau
tatha hi bijam grhnati dosaih sva-sthanam asthitaih |
lingam tu sadyo-garbhaya yonya bijasya samgrahah || 35 ||

1.35bv dosaih sva-sthanam asritaih 1.35dv yonyam bijasya samgrahah
trptir guru-tvam sphuranam sukrasran-anu bandhanam |
hrdaya-spandanam tandra trd glani roma-harsanam || 36 ||

a-vyaktah prathame masi saptahat kalali-bhavet |
garbhah pum-savanany atra purvam vyakteh prayojayet || 37 ||

bali purusa-karo hi daivam apy ativartate |
pusye purusakam haimam rajatam vatha-vayasam || 38 ||

krtvagni-varnam nirvapya ksire tasyañjalim pibet |
gauradandam apamargam jivakarsabha-sairyakan || 39 ||

pibet pusye jale pistan eka-dvi-tri-samasta-sah |
ksirena sveta-brhati-mulam nasa-pute svayam || 40 ||

putrartham daksine siñced vame duhitr-vañchaya |
payasa laksmana-mulam putrotpada-sthiti-pradam || 41 ||

nasayasyena va pitam vata-sungastakam tatha |
osadhir jivaniyas ca bahyantar upayojayet || 42 ||

1.42bv vata-srngastakam tatha
upacarah priya-hitair bhartra bhrtyais ca garbha-dhrk |
nava-nita-ghrta-ksiraih sada cainam upacaret || 43 ||

ati-vyavayam ayasam bharam pravaranam guru |
a-kala-jagara-svapnam kathinotkatakasanam || 44 ||

1.44av ati-vyavayam vyayamam 1.44cv a-kala-jagara-svapna- 1.44dv -kathinotkatakasanam
1.44dv kathinotkatukasanam 1.44dv -kathinotkutakasanam
soka-krodha-bhayodvega-vega-sraddha-vidharanam |
upavasadhva-tiksnosna-guru-vistambhi-bhojanam || 45 ||

1.45cv upavasadi-tiksnosna-
raktam nivasanam svabhra-kupeksam madyam amisam |
uttana-sayanam yac ca striyo necchanti tat tyajet || 46 ||

1.46av raktam vi-vasanam svabhra-
tatha rakta-srutim suddhim vastim a-masato 'stamat |
ebhir garbhah sraved amah kuksau susyen mriyeta va || 47 ||

1.47cv evam garbhah sraved amah
vatalais ca bhaved garbhah kubjandha-jada-vamanah |
pittalaih khalatih pingah svitri panduh kaphatmabhih || 48 ||

vyadhims casya mrdu-sukhair a-tiksnair ausadhair jayet |
dvitiye masi kalalad ghanah pesy atha-varbudam || 49 ||

pum-stri-klibah kramat tebhyas tatra vyaktasya laksanam |
ksama-ta garima kukser murcha chardir a-rocakah || 50 ||

1.50cv ksama-ta garima kuksau
jrmbha prasekah sadanam roma-rajyah prakasanam |
amlesta-ta stanau pinau sa-stanyau krsna-cucukau || 51 ||

pada-sopho vidaho 'nye sraddhas ca vividhatmikah |
matr-jam hy asya hrdayam matus ca hrdayena tat || 52 ||

1.52av pada-sopho vidaho 'nne
sambaddham tena garbhinya nestam sraddha-vimananam |
deyam apy a-hitam tasyai hitopahitam alpakam || 53 ||

1.53bv nestam sraddha-vidharanam 1.53bv nestam
sraddhavamananam
sraddha-vighatad garbhasya vikrtis cyutir eva va |
vyakti-bhavati mase 'sya trtiye gatra-pañcakam || 54 ||

1.54av sraddhabhighatad garbhasya
murdha dve sakthini bahu sarva-suksmanga-janma ca |
samam eva hi murdhadyair jñanam ca sukha-duhkhayoh || 55 ||

1.55bv sarva-suksmanga-janma tu 1.55dv vijñanam sukha-duhkhayoh
garbhasya nabhau matus ca hrdi nadi nibadhyate |
yaya sa pustim apnoti kedara iva kulyaya || 56 ||

1.56cv yaya pustim avapnoti
caturthe vyakta-tanganam cetanayas ca pañcame |
sasthe snayu-sira-roma-bala-varna-nakha-tvacam || 57 ||
sarvaih sarvanga-sampurno bhavaih pusyati saptame || 58ab
||garbhenotpidita dosas tasmin hrdayam asritah || 58cd
||kandum vidaham kurvanti garbhinyah kikkisani ca || 58ef ||
nava-nitam hitam tatra kolambu-madhurausadhaih |
siddham alpa-patu-sneham laghu svadu ca bhojanam || 59 ||

candanosira-kalkena limped uru-stanodaram |
sresthaya vaina-harina-sasa-sonita-yuktaya || 60 ||

asvaghna-pattra-siddhena tailenabhyajya mardayet |
patola-nimba-mañjistha-surasaih secayet punah || 61 ||

darvi-madhuka-toyena mrjam ca parisilayet |
ojo 'stame samcarati mata-putrau muhuh kramat || 62 ||

tena tau mlana-muditau tatra jato na jivati |
sisur ojo-'n-avasthanan nari samsayita bhavet || 63 ||

1.63bv syatam atra na jivati 1.63bv syatam jato na jivati
ksira-peya ca peyatra sa-ghrtanvasanam ghrtam |
madhuraih sadhitam suddhyai purana-sakrtas tatha || 64 ||

1.64bv sa-ghrtanvasanam hitam
suska-mulaka-kolamla-kasayena prasasyate |
satahva-kalkito vastih sa-taila-ghrta-saindhavah || 65 ||

tasmims tv ekaha-yate 'pi kalah suter atah param |
varsad vikara-kari syat kuksau vatena dharitah || 66 ||

1.66av tasminn ekaha-yate 'pi
sastas ca navame masi snigdho mamsa-rasaudanah |
bahu-sneha yavagur va purvoktam canuvasanam || 67 ||

1.67bv snigdha-mamsa-rasaudanah
tata eva picum casya yonau nityam nidhapayet |
vata-ghna-pattra-bhangambhah sitam snane 'nv-aham hitam || 68 ||

nih-snehangi na navaman masat prabhrti vasayet |
prag daksina-stana-stanya purvam tat-parsva-cestini || 69 ||

pum-nama-daurhrda-prasna-rata pum-svapna-darsini |
unnate daksine kuksau garbhe ca parimandale || 70 ||

putram sute 'nya-tha kanyam ya cecchati nr-samgatim |
nrtya-vaditra-gandharva-gandha-malya-priya ca ya || 71 ||

klibam tat-samkare tatra madhyam kukseh samunnatam |
yamau parsva-dvayonnamat kuksau dronyam iva sthite || 72 ||

prak caiva navaman masat sa suti-grham asrayet |
dese prasaste sambharaih sampannam sadhake 'hani || 73 ||

1.73bv sutika-grham asrayet
tatrodikseta sa sutim sutika-parivarita |
adya-svah-prasave glanih kuksy-aksi-slatha-ta klamah || 74 ||

1.74cv asanna-prasave glanih
adho-guru-tvam a-rucih praseko bahu-mutra-ta |
vedanorudara-kati-prstha-hrd-vasti-vanksane || 75 ||

yoni-bheda-ruja-toda-sphurana-sravanani ca |
avinam anu janmatas tato garbhodaka-srutih || 76 ||

athopasthita-garbham tam krta-kautuka-magalam |
hasta-stha-pum-nama-phalam sv-abhyaktosnambu-secitam || 77 ||

1.77dv sv-aktam usnambu-secitam
payayet sa-ghrtam peyam tanau bhu-sayane sthitam |
abhugna-sakthim uttanam abhyaktangim punah punah || 78 ||

adho nabher vimrdniyat karayej jrmbha-cankramam |
garbhah prayaty avag evam tal-lingam hrd-vimoksatah || 79 ||

avisya jatharam garbho vaster upari tisthati |
avyo 'bhitvarayanty enam khatvam aropayet tatah || 80 ||

1.80cv avyo hi tvarayanty enam
atha sampidite garbhe yonim asyah prasarayet |
mrdu purvam pravaheta badham a-prasavac ca sa || 81 ||

1.81bv yonim asyah prasadhayet

harsayet tam muhuh putra-janma-sabda-jalanilaih |
pratyayanti tatha pranah suti-klesavasaditah || 82 ||

dhupayed garbha-sange tu yonim krsnahi-kañcukaih |
hiranyapuspi-mulam ca pani-padena dharayet || 83 ||

suvarcalam visalyam va jarayv-a-patane 'pi ca |
karyam etat tathotksipya bahvor enam vikampayet || 84 ||

1.84cv karyam etat tathotkrsya 1.84dv bahvor etam vikampayet
katim akotayet parsnya sphijau gadham nipidayet |
talu-kantham sprsed venya murdhni dadyat snuhi-payah || 85 ||

bhurja-langaliki-tumbi-sarpa-tvak-kustha-sarsapaih |
prthag dvabhyam samastair va yoni-lepana-dhupanam || 86 ||

1.86dv yoni-dhupam ca lepanam
kustha-talisa-kalkam va sura-mandena payayet |
yusena va kulatthanam balbajenasavena va || 87 ||

1.87dv bilva-jenasavena va
satahva-sarsapajaji-sigru-tiksnaka-citrakaih |
sa-hingu-kustha-madanair mutre ksire ca sarsapam || 88 ||

tailam siddham hitam payau yonyam vapy anuvasanam |
satapuspa-vaca-kustha-kana-sarsapa-kalkitah || 89 ||

1.89bv yonyam va hy anuvasanam
niruhah patayaty asu sa-sneha-lavano 'param |
tat-sange hy anilo hetuh sa niryaty asu taj-jayat || 90 ||

kusala paninaktena haret klpta-nakhena va |
mukta-garbhaparam yonim tailenangam ca mardayet || 91 ||

makkallakhye siro-vasti-kostha-sule tu payayet |
su-curnitam yava-ksaram ghrtenosna-jalena va || 92 ||

dhanyambu va guda-vyosa-tri-jataka-rajo-'nvitam |
atha balopacarena balam yosid upacared || 93 ||

sutika ksud-vati tailad ghrtad va mahatim pibet |
pañca-kolakinim matram anu cosnam gudodakam || 94 ||

vata-ghnausadha-toyam va tatha vayur na kupyati |
visudhyati ca dustasram dvi-tri-ratram ayam kramah || 95 ||

1.95bv yatha vayur na kupyati
sneha-yogya tu nih-sneham amum eva vidhim bhajet |
pita-vatyas ca jatharam yamakaktam vivestayet || 96 ||

jirne snata pibet peyam purvoktausadha-sadhitam |
try-ahad urdhvam vidary-adi-varga-kvathena sadhita || 97 ||

hita yavaguh snehadhya satmyatah payasatha-va |
sapta-ratrat param casyai krama-so brmhanam hitam || 98 ||

1.98cv sapta-ratrat param casyah 1.98cv sapta-ratrat param vasyah
dva-dasahe 'n-atikrante pisitam nopayojayet |
yatnenopacaret sutam duh-sadhyo hi tad-amayah || 99 ||

1.99bv pisitam naiva yojayet
garbha-vrddhi-prasava-ruk-kledasra-sruti-pidanaih |
evam ca masad adhy-ardhan muktaharadi-yantrana || 100 ||
gata-sutabhidhana syat punar artava-darsanat || 100uab ||
”arirasthana
garbhinyah pariharyanam sevaya rogato 'tha-va |
puspe drste 'tha-va sule bahyantah snigdha-sitalam || 1 ||

2.1bv sevaya rogato 'pi va
sevyambho-ja-hima-ksiri-valka-kalkajya-lepitan |
dharayed yoni-vastibhyam ardrardran picu-naktakan || 2 ||

2.2cv dharayed vasti-yonibhyam
sata-dhauta-ghrtaktam strim tad-ambhasy avagahayet |
sa-sita-ksaudra-kumuda-kamalotpala-kesaram || 3 ||

lihyat ksira-ghrtam khadec chrngataka-kaserukam |
pibet kantab-ja-saluka-balodumbara-vat payah || 4 ||

srtena sali-kakoli-dvi-bala-madhukeksubhih |
payasa rakta-saly-annam adyat sa-madhu-sarkaram || 5 ||

rasair va jangalaih suddhi-varjam casroktam acaret |
a-sampurna-tri-masayah pratyakhyaya prasadhayet || 6 ||

2.6bv -varjam vasroktam acaret
amanvaye ca tatrestam sitam ruksopasamhitam |
upavaso ghanosira-guducy-aralu-dhanyakah || 7 ||

duralabha-parpataka-candanativisa-balah |
kvathitah salile panam trna-dhanyani bhojanam || 8 ||

2.8dv trna-dhanyadi bhojanam
mudgadi-yusair ame tu jite snigdhadi purva-vat |
garbhe nipatite tiksnam madyam samarthyatah pibet || 9 ||

garbha-kostha-visuddhy-artham arti-vismaranaya ca |
laghuna pañca-mulena ruksam peyam tatah pibet || 10 ||

peyam a-madya-pa kalke sadhitam pañcakaulike |
bilvadi-pañcaka-kvathe tiloddalaka-tandulaih || 11 ||

masa-tulya-dinany evam peyadih patite kramah |
laghur a-sneha-lavano dipaniya-yuto hitah || 12 ||

2.12dv dipaniya-yuto hi sah
dosa-dhatu-parikleda-sosartham vidhir ity ayam |
snehanna-vastayas cordhvam balya-dipana-jivanah || 13 ||

samjata-sare mahati garbhe yoni-parisravat |
vrddhim a-prapnuvan garbhah kosthe tisthati sa-sphurah || 14 ||

upavistakam ahus tam vardhate tena nodaram |
sokopavasa-ruksadyair atha-va yony-ati-sravat || 15 ||

vate kruddhe krsah susyed garbho nagodaram tu tam |
udaram vrddham apy atra hiyate sphuranam cirat || 16 ||

2.16bv garbho nagodaram tu tat
tayor brmhana-vata-ghna-madhura-dravya-samskrtaih |
ghrta-ksira-rasais trptir ama-garbhams ca khadayet || 17 ||

tair eva ca su-bhiksayah ksobhanam yana-vahanaih |
linakhye nisphure syena-go-matsyotkrosa-barhi-jah || 18 ||

2.18av tair eva ca su-trptayah
rasa bahu-ghrta deya masa-mulaka-ja api |
bala-bilvam tilan masan saktums ca payasa pibet || 19 ||

sa-medya-mamsam madhu va katy-abhyangam ca silayet |
harsayet satatam cainam evam garbhah pravardhate || 20 ||

pusto 'nya-tha varsa-ganaih krcchraj jayeta naiva va |
udavartam tu garbhinyah snehair asu-taram jayet || 21 ||

yogyais ca vastibhir hanyat sa-garbham sa hi garbhinim |
garbhe 'ti-dosopacayad a-pathyair daivato 'pi va || 22 ||

mrte 'ntar udaram sitam stabdham dhmatam bhrsa-vyatham |
garbha-spando bhrama-trsna krcchrad ucchvasanam klamah || 23 ||

2.23av mrte 'ntar jatharam sitam 2.23bv stabdhadhmatam
bhrsa-vyatham
a-ratih srasta-netra-tvam avinam a-samudbhavah |
tasyah kosnambu-siktayah pistva yonim pralepayet || 24 ||

gudam kinvam sa-lavanam tathantah purayen muhuh |
ghrtena kalki-krtaya salmaly-atasi-picchaya || 25 ||

mantrair yogair jarayuktair mudha-garbho na cet patet |
athaprcchyesvaram vaidyo yatnenasu tam aharet || 26 ||

2.26cv atha prstvesvaram vaidyo 2.26cv athaprstvesvaram
vaidyo
hastam abhyajya yonim ca sajya-salmali-picchaya |
hastena sakyam tenaiva gatram ca visamam sthitam || 27 ||

2.27dv gatram ca visama-sthitam
añchanotpida-sampida-viksepotksepanadibhih |
anulomya samakarsed yonim praty arjavagatam || 28 ||

2.28cv anulomye samakarsed
hasta-pada-sirobhir yo yonim bhugnah prapadyate |

padena yonim ekena bhugno 'nyena gudam ca yah || 29 ||

viskambhau nama tau mudhau sastra-daranam arhatah |
mandalanguli-sastrabhyam tatra karma prasasyate || 30 ||

vrddhi-pattram hi tiksnagram na yonav avacarayet |
purvam sirah-kapalani darayitva visodhayet || 31 ||

kaksoras-talu-cibuka-pradese 'nya-tame tatah |
samalambya drdham karset kusalo garbha-sankuna || 32 ||

2.32av kaksoras-talu-cibuke 2.32bv pradese 'nya-tame tatah
a-bhinna-sirasam tv aksi-kutayor gandayor api |
bahum chittvamsa-saktasya vatadhmatodarasya tu || 33 ||

vidarya kostham antrani bahir va samnirasya ca |
kati-saktasya tad-vac ca tat-kapalani darayet || 34 ||

yad yad vayu-vasad angam sajjed garbhasya khanda-sah |
tat tac chittvaharet samyag raksen narim ca yatnatah || 35 ||

2.35cv tat tac chittvaharan samyag
garbhasya hi gatim citram karoti vi-guno 'nilah |
tatran-alpa-matis tasmad avasthapeksam acaret || 36 ||

chindyad garbham na jivantam mataram sa hi marayet |
sahatmana na copeksyah ksanam apy asta-jivitah || 37 ||

yoni-samvarana-bhramsa-makkalla-svasa-piditam |
puty-udgaram himangim ca mudha-garbham parityajet || 38 ||

atha-patantim aparam patayet purva-vad bhisak |
evam nirhrta-salyam tu siñced usnena varina || 39 ||

dadyad abhyakta-dehayai yonau sneha-picum tatah |
yonir mrdur bhavet tena sulam casyah prasamyati || 40 ||

dipyakativisa-rasna-hingv-ela-pañca-kolakat |
curnam snehena kalkam va kvatham va payayet tatah || 41 ||

2.41dv kvatham tam payayet tatah
katukativisa-patha-saka-tvag-ghingu-tejinih |
tad-vac ca dosa-syandartham vedanopasamaya ca || 42 ||

2.42bv -saka-tvag-ghingu-tejanih
tri-ratram evam saptaham sneham eva tatah pibet |
sayam pibed aristam ca tatha su-krtam asavam || 43 ||

sirisa-kakubha-kvatha-picun yonau viniksipet |
upadravas ca ye 'nye syus tan yatha-svam upacaret || 44 ||

payo vata-haraih siddham dasaham bhojane hitam |
raso dasaham ca param laghu-pathyalpa-bhojana || 45 ||

svedabhyanga-para snehan bala-tailadikan bhajet |

urdhvam caturbhyo masebhyah sa kramena sukhani ca || 46 ||

bala-mula-kasayasya bhagah sat payasas tatha |
yava-kola-kulatthanam dasa-mulasya caikatah || 47 ||

nihkvatha-bhago bhagas ca tailasya tu catur-dasah |
dvi-meda-daru-mañjistha-kakoli-dvaya-candanaih || 48 ||

2.48bv tailasya ca catur-dasah
sariva-kustha-tagara-jivakarsabha-saindhavaih |
kalanusarya-saileya-vacaguru-punarnavaih || 49 ||

2.49cv kalanusari-saileya- 2.49cv kalanusarya-saileya-
asvagandha-vari-ksirasukla-yasti-vara-rasaih |
satahva-surpaparny-ela-tvak-pattraih slaksna-kalkitaih || 50
||

pakvam mrdv-agnina tailam sarva-vata-vikara-jit |
sutika-bala-marmasthi-hata-ksinesu pujitam || 51 ||

2.51dv -ksata-ksinesu pujitam
jvara-gulma-grahonmada-mutraghatantra-vrddhi-jit |
dhanvantarer abhimatam yoni-roga-ksayapaham || 52 ||

vasti-dvare vipannayah kuksih praspandate yadi |
janma-kale tatah sighram patayitvoddharec chisum || 53 ||

madhukam saka-bijam ca payasya suradaru ca |
asmantakah krsna-tilas tamravalli satavari || 54 ||

2.54bv payasyamaradaru ca
vrksadani payasya ca lata sotpala-sariva |
ananta sariva rasna padma ca madhuyastika || 55 ||

2.55bv lata cotpala-sariva 2.55dv padmatha madhuyastika 2.55dv
padmahva-madhuyastika
2.55dv padmakam madhuyastika
brhati-dvaya-kasmarya-ksiri-sunga-tvaca ghrtam |
prsniparni bala sigruh svadamstra madhuparnika || 56 ||

2.56av brhati-dvaya-kasmaryah 2.56bv -ksiri-srnga-tvaca
ghrtam 2.56bv
ksiri-sunga-tvaca ghrtam
srngatakam bisam draksa kaseru madhukam sita |
saptaitan payasa yogan ardha-sloka-samapanan || 57 ||

kramat saptasu masesu garbhe sravati yojayet |
kapittha-bilva-brhati-patoleksu-nidigdhikat || 58 ||

2.58dv -patoleksu-nidigdhi-jaih
mulaih srtam prayuñjita ksiram mase tathastame |
navame sarivananta-payasya-madhuyastibhih || 59 ||

yojayed dasame masi siddham ksiram payasyaya |

atha-va yastimadhuka-nagaramaradarubhih || 60 ||

avasthitam lohitam anganaya vatena garbham bruvate 'n-abhijñah |
garbhakrti-tvat katukosna-tiksnaih srute punah kevala eva
rakte || 61 ||

garbham jada bhuta-hrtam vadanti murter na drstam
haranam yatas taih |
ojo-'sana-tvad atha-va-vyavasthair bhutair upeksyeta na garbha-mata ||
62 ||

”arirasthana
siro 'ntar-adhir dvau bahu sakthiniti samasatah |
sad-angam angam pratyangam tasyaksi-hrdayadikam || 1 ||

3.1bv sakthini ca samasatah
sabdah sparsas ca rupam ca raso gandhah kramad gunah |
khanilagny-ab-bhuvam eka-guna-vrddhy-anvayah pare || 2 ||

3.2cv khanilagny-ambu-bhusv eka- 3.2dv -guna-vrddhyanvayah pare
tatra khat khani dehe 'smin srotram sabdo vivikta-ta |
vatat sparsa-tvag-ucchvasa vahner drg-rupa-paktayah || 3 ||

apya jihva-rasa-kleda ghrana-gandhasthi parthivam |
mrdv atra matr-jam rakta-mamsa-majja-gudadikam || 4 ||

paitrkam tu sthiram sukra-dhamany-asthi-kacadikam |
caitanam cittam aksani nana-yonisu janma ca || 5 ||

3.5cv atma-jam cittam aksani
satmya-jam tv ayur arogyam an-alasyam prabha balam |
rasa-jam vapuso janma vrttir vrddhir a-lola-ta || 6 ||

3.6av satmya-jam cayur arogyam
sattvikam saucam astikyam sukla-dharma-rucir matih |
rajasam bahu-bhasi-tvam mana-krud-dambha-matsaram || 7 ||

3.7dv mana-krud-dambha-matsarah
tamasam bhayam a-jñanam nidralasyam visadi-ta |
iti bhuta-mayo dehas tatra sapta tvaco 'srjah || 8 ||

pacyamanat prajayante ksirat samtanika iva |
dhatv-asayantara-kledo vipakvah svam svam usmana || 9 ||

slesma-snayv-aparacchannah kalakhyah kastha-sara-vat |
tah sapta sapta cadhara raktasyadyah kramat pare || 10 ||

3.10ac slesma-snayv-apara-channah 3.10dv raktasyadhah kramat pare
kaphama-pitta-pakvanam vayor mutrasya ca smrtah |
garbhasayo 'stamah strinam pitta-pakvasayantare || 11 ||

kosthangani sthitany esu hrdayam kloma phupphusam |
yakrt-plihondukam vrkkau nabhi-dimbantra-vastayah || 12 ||

3.12bv hrdayam kloma phupphusah 3.12bv hrdayam kloma-phupphuse
dasa jivita-dhamani siro-rasana-bandhanam |
kantho 'sram hrdayam nabhir vastih sukraujasi gudam || 13 ||

3.13dv vastih sukraujasi gudah
jalani kandaras cange prthak so-dasa nirdiset |
sat kurcah sapta sivanyo medhra-jihva-siro-gatah || 14 ||

3.14cv sat kurcah sapta sevanyo 3.14cv sat kurcah sapta sevinyo
sastrena tah pariharec catasro mamsa-rajjavah |
catur-dasasthi-samghatah simanta dvi-guna nava || 15 ||

3.15av sastrenaitah pariharec
asthnam satani sastis ca trini danta-nakhaih saha |
dhanvantaris tu triny aha samdhinam ca sata-dvayam || 16 ||

3.16av asthnam satani sasthini
dasottaram sahasre dve nijagadatri-nandanah |
snavnam nava-sati pañca pumsam pesi-satani tu || 17 ||

3.17cv snayor nava-sati pañca 3.17dv pumsam pesi-satani ca
adhika vimsatih strinam yoni-stana-samasritah |
dasa mula-sira hrt-sthas tah sarvam sarvato vapuh || 18 ||

3.18bv yoni-stana-samasrayah
rasatmakam vahanty ojas tan-nibaddham hi cestitam |
sthula-mulah su-suksmagrah pattra-rekha-pratana-vat || 19 ||

bhidyante tas tatah sapta-satany asam bhavanti tu |
tatraikaikam ca sakhayam satam tasmin na vedhayet || 20 ||

3.20cv tatraikaika-tra sakhayam
siram jalan-dharam nama tisras cabhyantarasritah |
so-dasa-dvi-gunah sronyam tasam dve dve tu vanksane
|| 21 ||

dve dve katika-tarune sastrenastau sprsen na tah |
parsvayoh so-dasaikaikam urdhva-gam varjayet tayoh || 22 ||

3.22dv urdhva-gam varjayet siram
dva-dasa-dvi-gunah prsthe prstha-vamsasya parsvayoh |
dve dve tatrordhva-gaminyau na sastrena paramrset || 23 ||

3.23bv prstha-vamsasya parsva-ge
prstha-vaj jathare tasam mehanasyopari sthite |
roma-rajim ubhayato dve dve sastrena na sprset || 24 ||

catvarimsad urasy asam catur-dasa na vedhayet |
stana-rohita-tan-mula-hrdaye tu prthag dvayam || 25 ||

apastambhakhyayor ekam tathapalapayor api |
grivayam prstha-vat tasam nile manye krkatike || 26 ||

vidhure matrkas castau so-daseti parityajet |

hanvoh so-dasa tasam dve samdhi-bandhana-karmani || 27 ||

3.27bv so-dasaitah parityajet
jihvayam hanu-vat tasam adho dve rasa-bodhane |
dve ca vacah-pravartinyau nasayam catur-uttara || 28 ||

vimsatir gandha-vedinyau tasam ekam ca talu-gam |
sat-pañcasan nayanayor nimesonmesa-karmani || 29 ||

dve dve apangayor dve ca tasam sad iti varjayet |
nasa-netrasritah sastir lalate sthapani-sritam || 30 ||

tatraikam dve tathavartau catasras ca kacanta-gah |
saptaivam varjayet tasam karnayoh so-dasatra tu || 31 ||

dve sabda-bodhane sankhau siras ta eva casritah |
dve sankha-samdhi-ge tasam murdhni dva-dasa tatra tu || 32 ||

ekaikam prthag utksepa-simantadhipati-sthitam |
ity a-vedhya-vibhagartham pratyangam varnitah sirah || 33 ||

a-vedhyas tatra kartsnyena dehe 'sta-navatis tatha |
samkirna grathitah ksudra vakrah samdhisu casritah ||
34 ||

tasam satanam saptanam pado 'sram vahate prthak |
vata-pitta-kaphair justam suddham caivam sthita malah || 35 ||

sariram anugrhnanti pidayanty anya-tha punah |
tatra syavarunah suksmah purna-riktah ksanat sirah
|| 36 ||

praspandinyas ca vatasram vahante pitta-sonitam |
sparsosnah sighra-vahinyo nila-pitah kapham punah || 37 ||

gauryah snigdhah sthirah sitah samsrstam
linga-samkare |
gudhah sama-sthitah snigdha rohinyah suddha-sonitam || 38 ||

dhamanyo nabhi-sambaddha vimsatis catur-uttara |
tabhih parivrta nabhis cakra-nabhir ivarakaih || 39 ||

3.39cv tabhih parivrto nabhis
tabhis cordhvam adhas tiryag deho 'yam anugrhyate |
srotamsi nasike karnau netre payv-asya-mehanam || 40 ||

stanau rakta-pathas ceti narinam adhikam trayam |
jivitayatanany antah srotamsy ahus trayo-dasa || 41 ||

prana-dhatu-malambho-'nna-vahiny a-hita-sevanat |
tani dustani rogaya visuddhani sukhaya ca || 42 ||

sva-dhatu-sama-varnani vrtta-sthulany anuni ca |
srotamsi dirghany akrtya pratana-sadrsani ca || 43 ||

aharas ca viharas ca yah syad dosa-gunaih samah |
dhatubhir vi-guno yas ca srotasam sa pradusakah || 44 ||

ati-pravrttih sango va siranam granthayo 'pi va |
vi-margato va gamanam srotasam dusti-laksanam || 45 ||

3.45dv srotasam dusta-laksanam
bisanam iva suksmani duram pravisrtani ca |
dvarani srotasam dehe raso yair upaciyate || 46 ||

vyadhe tu srotasam moha-kampadhmana-vami-jvarah |
pralapa-sula-vin-mutra-rodha maranam eva va || 47 ||

sroto-viddham ato vaidyah pratyakhyaya prasadhayet |
uddhrtya salyam yatnena sadyah-ksata-vidhanatah || 48 ||

annasya pakta pittam tu pacakakhyam pureritam |
dosa-dhatu-maladinam usmety atreya-sasanam || 49 ||

vama-parsvasritam nabheh kiñ-cit suryasya mandalam |
tan-madhye mandalam saumyam tan-madhye 'gnir vyavasthitah || 49+1 ||
jarayu-matra-pracchannah kaca-kosa-stha-dipa-vat || 49+2ab ||
tad-adhisthanam annasya grahanad grahani mata |
saiva dhanvantari-mate kala pitta-dharahvaya || 50 ||

ayur-arogya-viryaujo-bhuta-dhatv-agni-pustaye |
sthita pakvasaya-dvari bhukta-margargaleva sa || 51 ||

3.51dv bhukta-margargaleva ya
bhuktam amasaye ruddhva sa vipacya nayaty adhah |
bala-vaty a-bala tv annam amam eva vimuñcati || 52 ||

grahanya balam agnir hi sa capi grahani-balah |
dusite 'gnav ato dusta grahani roga-karini || 53 ||

yad annam deha-dhatv-ojo-bala-varnadi-posanam |
tatragnir hetur aharan na hy a-pakvad rasadayah || 54 ||

annam kale 'bhyavahrtam kostham prananilahrtam |
dravair vibhinna-samghatam nitam snehena mardavam || 55 ||

3.55bv kosthe prananilahrtam
samdhuksitah samanena pacaty amasaya-sthitam |
audaryo 'gnir yatha bahyah sthali-stham toya-tandulam || 56 ||

adau sad-rasam apy annam madhuri-bhutam irayet |
pheni-bhutam kapham yatam vidahad amla-tam tatah || 57 ||

3.57cv phena-bhutam kapham yatam
pittam amasayat kuryac cyavamanam cyutam punah |
agnina sositam pakvam pinditam katu marutam || 58 ||

bhaumapyagneya-vayavyah pañcosmanah sa-nabhasah |
pañcahara-gunan svan svan parthivadin pacanty anu || 59 ||

yatha-svam te ca pusnanti pakva bhuta-gunan prthak |
parthivah parthivan eva sesah sesams ca deha-gan || 60 ||

3.60av yatha-svam te ca pusyanti
kittam saras ca tat pakvam annam sambhavati dvi-dha |
tatraccham kittam annasya mutram vidyad ghanam sakrt || 61 ||

3.61av kittam saras tatha pakvam
saras tu saptabhir bhuyo yatha-svam pacyate 'gnibhih |
rasad raktam tato mamsam mamsan medas tato 'sthi ca || 62 ||

3.62dv mamsan medo 'sthi medasah
asthno majja tatah sukram sukrad garbhah prajayate |
kaphah pittam malah khesu prasvedo nakha-roma ca || 63 ||

3.63cv kaphah pittam malah khesu
sneho 'ksi-tvag-visam ojo dhatunam krama-so malah |
prasada-kittau dhatunam pakad evam dvi-dharcchatah || 64 ||

paras-paropasamstambhad dhatu-sneha-param-para |
ke-cid ahur aho-ratrat sad-ahad apare pare || 65 ||

masena yati sukra-tvam annam paka-kramadibhih |
samtata bhojya-dhatunam parivrttis tu cakra-vat || 66 ||

vrsyadini prabhavena sadyah sukradi kurvate |
prayah karoty aho-ratrat karmanyad api bhesajam || 67 ||

3.67bv sadyah sukram prakurvate
vyanena rasa-dhatur hi viksepocita-karmana |
yuga-pat sarvato 'jasram dehe viksipyate sada || 68 ||

ksipyamanah kha-vaigunyad rasah sajjati yatra sah |
tasmin vikaram kurute khe varsam iva toya-dah || 69 ||

dosanam api caivam syad eka-desa-prakopanam |
anna-bhautika-dhatv-agni-karmeti paribhasitam || 70 ||

annasya pakta sarvesam paktrnam adhiko matah |
tan-mulas te hi tad-vrddhi-ksaya-vrddhi-ksayatmakah || 71 ||

tasmat tam vidhi-vad yuktair anna-panendhanair hitaih |
palayet prayatas tasya sthitau hy ayur-bala-sthitih || 72 ||

samah samane sthana-sthe visamo 'gnir vi-marga-ge |
pittabhimurchite tiksno mando 'smin kapha-pidite || 73 ||

samo 'gnir visamas tiksno mandas caivam catur-vidhah |
yah pacet samyag evannam bhuktam samyak samas tv asau || 74 ||

3.74dv bhuktam samyak samas tu sah
visamo '-samyag apy asu samyag vapi cirat pacet |
tiksno vahnih pacec chighram a-samyag api bhojanam || 75 ||

3.75av visamo '-samyag evasu 3.75bv samyag eva cirat pacet

mandas tu samyag apy annam upayuktam cirat pacet |
krtvasya-sosatopantra-kujanadhmana-gauravam || 76 ||

3.76bv upabhuktam cirat pacet
sante 'gnau mriyate yukte ciram jivaty an-amayah |
rogi syad vikrte mulam agni-stambhan nirucyate || 76+1 ||

3.76+1dv agni-stambhan nirupyate
saha-jam kala-jam yukti-krtam deha-balam tri-dha |
tatra sat-tva-sarirottham prakrtam saha-jam balam || 77 ||

vayah-krtam rtuttham ca kala-jam yukti-jam punah |
viharahara-janitam tathorjas-kara-yoga-jam || 78 ||

deso 'lpa-vari-dru-nago jangalah sv-alpa-roga-dah |
anupo viparito 'smat samah sadharanah smrtah || 79 ||

majja-medo-vasa-mutra-pitta-slesma-sakrnty asrk |
raso jalam ca dehe 'sminn ekaikañjali-vardhitam || 80 ||

prthak sva-prasrtam proktam ojo-mastiska-retasam |
dvav añjali tu stanyasya catvaro rajasah striyah || 81 ||
sama-dhator idam manam vidyad vrddhi-ksayav atah || 82ab ||
sukrasrg-garbhini-bhojya-cesta-garbhasayartusu |
yah syad doso 'dhikas tena prakrtih sapta-dhodita || 83 ||

3.83dv prakrtih sapta-dha smrta
vibhu-tvad asu-kari-tvad bali-tvad anya-kopanat |
svatantryad bahu-roga-tvad dosanam prabalo 'nilah || 84 ||

prayo 'ta eva pavanadhyusita manusya dosatmakah
sphutita-dhusara-kesa-gatrah |
sita-dvisas
cala-dhrti-smrti-buddhi-cesta-sauharda-drsti-gatayo
'ti-bahu-pralapah || 85 ||

alpa-vitta-bala-jivita-nidrah sanna-sakta-cala-jarjara-vacah |
nastika bahu-bhujah sa-vilasa gita-hasa-mrgaya-kali-lolah || 86
||

3.86av alpa-pitta-kapha-jivita-nidrah 3.86av
alpa-vitta-kapha-jivita-nidrah
3.86av alpa-pitta-bala-jivita-nidrah
madhuramla-patusna-satmya-kanksah krsa-dirghakrtayah
sa-sabda-yatah |
na drdha na jitendriya na carya na ca kanta-dayita bahu-praja va
|| 87 ||

3.87bv krsa-dirghakrtayah sa-sabda-yanah
netrani caisam khara-dhusarani vrttany a-caruni
mrtopamani |
unmilitaniva bhavanti supte saila-drumams te gaganam ca yanti || 88

||

3.88av netrani vaisam khara-dhusarani
a-dhanya matsaradhmatah stenah prodbaddha-pindikah |
sva-srgalostra-grdhrakhu-kakanukas ca vatikah || 89 ||

3.89bv stenah prodvrtta-pindikah
pittam vahnir vahni-jam va yad asmat pittodriktas
tiksna-trsna-bubhuksah |
gaurosnangas tamra-hastanghri-vaktrah suro mani pinga-keso
'lpa-roma || 90 ||

3.90bv pittodriktas tivra-trsna-bubhuksah
dayita-malya-vilepana-mandanah su-caritah sucir asrita-vatsalah |
vibhava-sahasa-buddhi-balanvito bhavati bhisu gatir dvisatam api || 91
||

medhavi pra-sithila-samdhi-bandha-mamso narinam an-abhimato
'lpa-sukra-kamah |
avasah palita-taranga-nilikanam bhunkte 'nnam
madhura-kasaya-tikta-sitam || 92 ||

gharma-dvesi svedanah puti-gandhir
bhury-uccara-krodha-panasanersyah |
suptah pasyet karnikaran palasan dig-daholka-vidyud-arkanalams
ca || 93 ||

tanuni pingani calani caisam tanv-alpa-paksmani hima-priyani
|
krodhena madyena raves ca bhasa ragam vrajanty asu vilocanani || 94 ||

3.94av tanuni pingani calani vaisam
madhyayuso madhya-balah pinditah klesa-bhiravah |
vyaghrarksa-kapi-marjara-yaksanukas ca paittikah || 95 ||

3.95dv -vrkanukas ca paittikah
slesma somah slesmalas tena saumyo
gudha-snigdha-slista-samdhy-asthi-mamsah |
ksut-trd-duhkha-klesa-gharmair a-tapto buddhya yuktah sattvikah
satya-samdhah || 96 ||

priyangu-durva-sara-kanda-sastra-
go-rocana-padma-suvarna-varnah |
pralamba-bahuh prthu-pina-vaksa maha-lalato ghana-nila-kesah
|| 97 ||

mrdv-angah sama-su-vibhakta-caru-deho
bahv-ojo-rati-rasa-sukra-putra-bhrtyah |
dharmatma vadati na nisthuram ca jatu pracchannam vahati
drdham ciram ca vairam || 98

||

3.98av mrdv-angah sama-su-vibhakta-caru-varsma
sa-mada-dvi-radendra-tulya-yato
jala-dambho-dhi-mrdanga-simha-ghosah |
smrti-man abhiyoga-van vinito na ca balye 'py ati-rodano na lolah || 99
||

3.99bv jala-dambho-dhi-mrdanga-sankha-ghosah
tiktam kasayam katukosna-ruksam alpam sa bhunkte
bala-vams tathapi |
raktanta-su-snigdha-visala-dirgha-
su-vyakta-suklasita-paksmalaksah || 100 ||

alpa-vyahara-krodha-panasanehah prajyayur-vitto dirgha-darsi
vadanyah |
sraddho gambhirah sthula-laksah ksama-van aryo nidralur
dirgha-sutrah krta-jñah || 101

||

3.101av alpa-vyahara-krodha-panasanersyah 3.101bv prajyayur-vrtto
dirgha-darsi vadanyah 3.101cv sraddho gambhirah sthula-laksyah
ksama-van 3.101dv aryo nidralur
dirgha-sutri krta-jñah
rjur vipascit su-bhagah su-lajjo bhakto gurunam sthira-sauhrdas
ca |
svapne sa-padman sa-vihanga-malams toyasayan pasyati toya-dams
ca || 102 ||

3.102av rjur vipascit su-bhagah sa-lajjo
brahma-rudrendra-varuna-tarksya-hamsa-gajadhipaih |
slesma-prakrtayas tulyas tatha simhasva-go-vrsaih || 103 ||

prakrtir dvaya-sarvottha dvandva-sarva-gunodaye |
saucastikyadibhis caivam gunair guna-mayir vadet || 104 ||

vayas tv a-so-dasad balam tatra dhatv-indriyaujasam |
vrddhir a-saptater madhyam tatra-vrddhih param ksayah || 105 ||

svam svam hasta-trayam sardham vapuh patram sukhayusoh |
na ca yad yuktam udriktair astabhir ninditair nijaih || 106 ||

a-romasasita-sthula-dirgha-tvaih sa-viparyayaih |
su-snigdha mrdavah suksma naika-mulah sthirah kacah || 107
||

lalatam unnatam slista-sankham ardhendu-samnibham |
karnau niconnatau pascan mahantau slista-mamsalau || 108 ||

netre vyaktasita-site su-baddha-ghana-paksmani |
unnatagra mahocchvasa pinarjur nasika sama || 109 ||

3.109bv su-baddhe ghana-paksmani
osthau raktav an-udvrttau mahatyau nolbane hanu |

mahad asyam ghana dantah snigdhah slaksnah sitah samah
|| 110 ||

jihva raktayata tanvi mamsalam cibukam mahat |
griva hrasva ghana vrtta skandhav unnata-pivarau || 111 ||

udaram daksinavarta-gudha-nabhi samunnatam |
tanu-raktonnata-nakham snigdham a-tamra-mamsalam || 112 ||

dirgha-cchidranguli mahat pani-padam pratisthitam |
gudha-vamsam brhat prstham nigudhah samdhayo
drdhah || 113 ||

3.113cv gudha-vamsam mahat prstham
dhirah svaro 'nunadi ca varnah snigdhah sthira-prabhah |
sva-bhava-jam sthiram sat-tvam a-vikari vipatsv api || 114 ||

uttarottara-su-ksetram vapur garbhadi-ni-rujam |
ayama-jñana-vijñanair vardhamanam sanaih subham || 115 ||

iti sarva-gunopete sarire saradam satam |
ayur aisvaryam istas ca sarve bhavah pratisthitah || 116 ||

tvag-raktadini sat-tvantany agryany astau yathottaram |
bala-pramana-jñanartham sarany uktani dehinam || 117 ||

3.117bv agrany astau yathottaram
sarair upetah sarvaih syat param gaurava-samyutah |
sarvarambhesu casa-van sahisnuh san-matih sthirah || 118 ||

3.118dv sahisnuh su-matih sthirah
an-utsekam a-dainyam ca sukham duhkham ca sevate |
sat-tva-vams tapyamanas tu rajaso naiva tamasah || 119 ||

3.119cv sat-tva-van stabhyamanas tu
dana-sila-daya-satya-brahma-carya-krta-jña-tah |
rasayanani maitri ca punyayur-vrddhi-krd ganah || 120 ||

”arirasthana
saptottaram marma-satam tesam eka-dasadiset |
prthak sakthnos tatha bahvos trini kosthe navorasi || 1 ||

prsthe catur-dasordhvam tu jatros trimsac ca sapta ca |
madhye pada-talasyahur abhito madhyamangulim || 2 ||

tala-hrn nama rujaya tatra viddhasya pañca-ta |
angusthanguli-madhya-stham ksipram aksepa-maranam || 3 ||

tasyordhvam dvy-angule kurcah pada-bhramana-kampa-krt |
gulpha-samdher adhah kurca-sirah sopha-ruja-karam || 4 ||

jangha-caranayoh samdhau gulpho ruk-stambha-mandya-krt |
janghantare tv indra-vastir marayaty asrjah ksayat || 5 ||

4.5bv gulpho ruk-stambha-sandhya-krt 4.5bv gulpho

ruk-stambha-khañjya-krt
4.5bv gulpho ruk-stambha-jadya-krt
janghorvoh samgame janu khañja-ta tatra jivatah |
janunas try-angulad urdhvam any-uru-stambha-sopha-krt || 6 ||

urvy uru-madhye tad-vedhat sakthi-soso 'sra-samksayat |
uru-mule lohitaksam hanti paksam asrk-ksayat || 7 ||

4.7cv uru-mule lohitakhyam
muska-vanksanayor madhye vitapam sandha-ta-karam |
iti sakthnos tatha bahvor mani-bandho 'tra gulpha-vat || 8 ||

4.8bv vitipam sandha-ta-karam
kurparam janu-vat kaunyam tayor vitapa-vat punah |
kaksaksa-madhye kaksa-dhrk kuni-tvam tatra jayate || 9 ||

sthulantra-baddhah sadyo-ghno vid-vata-vamano gudah |
mutrasayo dhanur-vakro vastir alpasra-mamsa-gah || 10 ||

ekadho-vadano madhye katyah sadyo nihanty asun |
rte 'smari-vranad viddhas tatrapy ubhayatas ca sah || 11 ||

4.11dv tatrapy ubhayatas ca yah
mutra-sravy ekato bhinne vrano rohec ca yatnatah |
dehama-pakva-sthananam madhye sarva-sirasrayah || 12 ||

nabhih so 'pi hi sadyo-ghno dvaram amasayasya ca |
sat-tvadi-dhama hrdayam stanorah-kostha-madhya-gam || 13 ||

stana-rohita-mulakhye dvy-angule stanayor vadet |
urdhvadho 'sra-kaphapurna-kostho nasyet tayoh kramat || 14 ||

4.14cv urdhvadho 'srk-kaphapurna-
apastambhav urah-parsve nadyav anila-vahini |
raktena purna-kostho 'tra svasat kasac ca nasyati || 15 ||

4.15cv raktasya purna-kostho 'tra
prstha-vamsorasor madhye tayor eva ca parsvayoh |
adho 'msa-kutayor vidyad apalapakhya-marmani || 16 ||

tayoh kosthe 'srja purne nasyed yatena puya-tam |
parsvayoh prstha-vamsasya sroni-karnau prati sthite || 17 ||

4.17dv sroni-karna-pratisthite 4.17dv sroni-karnau
pratisthitau
vamsasrite sphijor urdhvam katika-tarune smrte |
tatra rakta-ksayat pandur hina-rupo vinasyati || 18 ||

prstha-vamsam hy ubhayato yau samdhi kati-parsvayoh |
jaghanasya bahir-bhage marmani tau kukundarau || 19 ||

4.19av prstha-vamsasyobhayato
cesta-hanir adhah-kaye sparsa-jñanam ca tad-vyadhat |
parsvantara-nibaddhau yav upari sroni-karnayoh || 20 ||

asaya-cchadanau tau tu nitambau tarunasthi-gau |
adhah-sarire sopho 'tra daurbalyam maranam tatah || 21 ||

4.21av asayacchadanau tau tu
parsvantara-nibaddhau ca madhye jaghana-parsvayoh |
tiryag urdhvam ca nirdistau parsva-samdhi tayor vyadhat || 22 ||

4.22bv madhyau jaghana-parsvayoh 4.22cv nirdistau parsva-samdhi
tau
4.22dv tiryag urdhvam tayor vyadhat
rakta-purita-kosthasya sarirantara-sambhavah |
stana-mularjave bhage prstha-vamsasraye sire || 23 ||

brhatyau tatra viddhasya maranam rakta-samksayat |
bahu-mulabhisambaddhe prstha-vamsasya parsvayoh || 24 ||

amsayoh phalake bahu-svapa-sosau tayor vyadhat |
grivam ubhayatah snavni griva-bahu-siro-'ntare || 25 ||

4.25bv -svapa-sosau tayor vyadhe 4.25bv -svapa-sophau tayor vyadhe 4.25bv
-svapa-sophau tayor vyadhat
skandhamsa-pitha-sambandhav amsau bahu-kriya-harau |
kantha-nalim ubhayatah sira hanu-samasritah || 26 ||

4.26av skandhamsa-pitha-baddharthav 4.26av
skandhamsa-pitha-bandharthav
4.26av skandhamsa-pitha-sambaddhav
catasras tasu nile dve manye dve marmani smrte |
svara-pranasa-vaikrtyam rasa-jñanam ca tad-vyadhe || 27 ||

4.27cv svara-pranasa-vaikrtya- 4.27cv svara-pranaso vaikrtyam
4.27dv
-rasa-jñanam ca tad-vyadhe
kantha-nalim ubhayato jihva-nasa-gatah sirah |
prthak catasras tah sadyo ghnanty asun matrkahvayah || 28 ||

krkatike siro-griva-samdhau tatra calam sirah |
adhas-tat karnayor nimne vidhure sruti-harini || 29 ||

4.29bv -samdhi tatra calam sirah
phanav ubhayato ghrana-margam srotra-pathanugau |
antar-gala-sthitau vedhad gandha-vijñana-harinau || 30 ||

netrayor bahyato 'pangau bhruvoh pucchantayor adhah |
tathopari bhruvor nimnav avartav andhyam esu tu || 31 ||

anu-karnam lalatante sankhau sadyo-vinasanau |
kesante sankhayor urdhvam utksepau sthapani punah || 32 ||

bhruvor madhye traye 'py atra salye jived an-uddhrte |
svayam va patite pakat sadyo nasyati tuddhrte || 33 ||

jihvaksi-nasika-srotra-kha-catustaya-samgame |

taluny asyani catvari srotasam tesu marmasu || 34 ||

viddhah srngatakakhyesu sadyas tyajati jivitam |
kapale samdhayah pañca simantas tiryag-urdhva-gah || 35 ||

4.35cv kapala-samdhayah pañca
bhramonmada-mano-nasais tesu viddhesu nasyati |
antaro mastakasyordhvam sira-samdhi-samagamah || 36 ||

4.36cv antare mastakasyordhvam
romavarto 'dhipo nama marma sadyo haraty asun |
visamam spandanam yatra pidite ruk ca marma tat || 37 ||

mamsasthi-snayu-dhamani-sira-samdhi-samagamah |
syan marmeti ca tenatra su-taram jivitam sthitam || 38 ||

bahulyena tu nirdesah so-dhaivam marma-kalpana |
pranayatana-samanyad aikyam va marmanam matam || 39 ||

4.39dv aikyam va marmanam smrtam
mamsa-jani dasendrakhya-tala-hrt-stana-rohitah |
sankhau katika-tarune nitambav amsayoh phale || 40 ||

asthny astau snava-marmani trayo-vimsatir anayah |
kurca-kurca-siro-'panga-ksiprotksepamsa-vastayah || 41 ||

4.41av asthny astau snayu-marmani
gudapastambha-vidhura-srngatani navadiset |
marmani dhamani-sthani sapta-trimsat sirasrayah || 42 ||

4.42av gudo 'pastambha-vidhura-
brhatyau matrka nile manye kaksa-dharau phanau |
vitape hrdayam nabhih parsva-samdhi stanadhare || 43 ||

4.43dv parsva-samdhi stanantare
apalapau sthapany urvyas catasro lohitani ca |
samdhau vimsatir avartau mani-bandhau kukundarau || 44 ||

simantah kurparau gulphau krkatyau januni patih |
mamsa-marma gudo 'nyesam snavni kaksa-dharau tatha || 45 ||

4.45dv snavni kaksa-dharau tatha
vitapau vidhurakhye ca srngatani sirasu tu |
apastambhav apangau ca dhamani-stham na taih smrtam || 46 ||

viddhe 'jasram asrk-sravo mamsa-dhavana-vat tanuh |
pandu-tvam indriya-jñanam maranam casu mamsa-je || 47 ||

4.47dv maranam vasu mamsa-je
majjanvito 'ccho vicchinnah sravo ruk casthi-marmani |
ayamaksepaka-stambhah snava-je 'bhyadhikam ruja || 48 ||

4.48dv snava-je 'bhyadhikam rujah 4.48dv snava-je 'bhyadhika rujah
4.48dv

snayu-ge 'bhyadhikam ruja
yana-sthanasana-saktir vaikalyam atha vantakah |
raktam sa-sabda-phenosnam dhamani-sthe vi-cetasah || 49 ||

sira-marma-vyadhe sandram ajasram bahv asrk sravet |
tat-ksayat trd-bhrama-svasa-moha-hidhmabhir antakah || 50 ||

vastu sukair ivakirnam rudhe ca kuni-khañja-ta |
bala-cesta-ksayah sosah parva-sophas ca samdhi-je || 51 ||

nabhi-sankhadhipapana-hrc-chrngataka-vastayah |
astau ca matrkah sadyo nighnanty ekan-na-vimsatih || 52 ||

4.52dv nighnanty ekona-vimsatih
saptahah paramas tesam kalah kalasya karsane |
trayas-trimsad-apastambha-tala-hrt-parsva-samdhayah || 53 ||

4.53av saptahah paramam tesam
kati-taruna-simanta-stana-mulendra-vastayah |
ksiprapalapa-brhati-nitamba-stana-rohitah || 54 ||

kalantara-prana-hara masa-masardha-jivitah |
utksepau sthapani trini vi-salya-ghnani tatra hi || 55 ||

4.55dv vi-salya-ghnani tatra tu
vayur mamsa-vasa-majja-mastulungani sosayet |
salyapaye vinirgacchan svasat kasac ca hanty asun || 56 ||

phanav apangau vidhure nile manye krkatike |
amsamsa-phalakavarta-vitaporvi-kukundarah || 57 ||

4.57av phanav apangau vidhurau
sa-janu-lohitaksani-kaksa-dhrk-kurca-kurparah |
vaikalyam iti catvari catvarimsac ca kurvate || 58 ||

4.58av sa-janu-lohitakhyani-
haranti tany api pranan kada-cid abhighatatah |
astau kurca-siro-gulpha-mani-bandha ruja-karah || 59 ||

tesam vitapa-kaksa-dhrg-urvyah kurca-siramsi ca |
dva-dasangula-manani dvy-angule mani-bandhane || 60 ||

4.60bv -urvi-kurca-siramsi ca
gulphau ca stana-mule ca try-angulam janu-kurparam |
apana-vasti-hrn-nabhi-nilah simanta-matrkah || 61 ||

4.61bv try-angulau janu-kurparau 4.61dv -nila-simanta-matrkah
kurca-srngata-manyas ca trimsad ekena varjitah |
atma-pani-talonmanah sesany ardhangulam vadet || 62 ||

pañcasat sat ca marmani tila-vrihi-samany api |
istani marmany anyesam catur-dhoktah siras tu yah || 63 ||

tarpayanti vapuh krtsnam ta marmany asritas tatah |

tat-ksatat ksata-jaty-artha-pravrtter dhatu-samksaye || 64 ||

4.64cv tat-ksatat ksata-jaty-artham 4.64dv pravrttir
dhatu-samksaye
vrddhas calo rujas tivrah pratanoti samirayan |
tejas tad uddhrtam dhatte trsna-sosa-mada-bhraman || 65 ||

svinna-srasta-slatha-tanum haraty enam tato 'ntakah |
vardhayet samdhito gatram marmany abhihate drutam || 66 ||

chedanat samdhi-desasya samkucanti sira hy atah |
jivitam praninam tatra rakte tisthati tisthati || 67 ||

su-viksato 'py ato jived a-marmani na marmani |
prana-ghatini jivet tu kas-cid vaidya-gunena cet || 68 ||

a-samagrabhighatac ca so 'pi vaikalyam asnute |
tasmat ksara-visagny-adin yatnan marmasu varjayet || 69 ||

marmabhighatah sv-alpo 'pi praya-so badhate-taram |
roga marmasrayas tad-vat prakranta yatnato 'pi ca || 70 ||

4.70cv roga marmasritas tad-vat

”arirasthana
puspam phalasya dhumo 'gner varsasya jala-dodayah |
yatha bhavisyato lingam ristam mrtyos tatha dhruvam || 1 ||

ayus-mati kriyah sarvah sa-phalah samprayojitah |
bhavanti bhisajam bhutyai krta-jña iva bhu-bhuji || 1+(1) ||

ksinayusi krtam karma vyartham krtam ivadhame |
a-yaso deha-samdeham svartha-hanim ca yacchati || 1+(2) ||

5.1+(2)cv ayasad deha-samdeham
tarhidanim gatasunam laksanam sampracaksate |
vikrtih prakrteh prajñaih pradista rista-samjñaya ||
1+(3) ||

5.1+(3)av tad idanim gatasunam
aristam nasti maranam drsta-ristam ca jivitam |
ariste rista-vijñanam na ca riste 'py a-naipunat || 2 ||

ke-cit tu tad dvi-dhety ahuh sthayy-a-sthayi-vibhedatah |
dosanam api bahulyad ristabhasah samudbhavet || 3 ||

sa dosanam same samyet sthayy avasyam tu mrtyave |
rupendriya-svara-cchaya-praticchaya-kriyadisu || 4 ||

5.4av tad dosanam same samyet
anyesv api ca bhavesu prakrtesv a-nimittatah |
vikrtir ya samasena ristam tad iti laksayet || 5 ||

kesa-roma-nir-abhyangam yasyabhyaktam iveksyate |
yasyaty-artham cale netre stabdhantar-gata-nirgate || 6 ||

jihme vistrta-samksipte samksipta-vinata-bhruni |
udbhranta-darsane hina-darsane nakulopame || 7 ||

kapotabhe alatabhe srute lulita-paksmani |
nasikaty-artha-vivrta samvrta pitikacita || 8 ||

ucchuna sphutita mlana yasyaustho yaty adho 'dharah |
urdhvam dvitiyah syatam va pakva-jambu-nibhav ubhau || 9 ||

dantah sa-sarkarah syavas tamrah puspita-pankitah |
sahasaiva pateyur va jihva jihma visarpini || 10 ||

suna suska guruh syava lipta supta sa-kantaka |
sirah siro-dhara vodhum prstham va bharam atmanah || 11
||

hanu va pindam asya-stham saknuvanti na yasya ca |
yasya-nimittam angani guruny ati-laghuni va || 12 ||

visa-dosad vina yasya khebhyo raktam pravartate |
utsiktam mehanam yasya vrsanav ati-nihsrtau || 13 ||

ato 'nya-tha va yasya syat sarve te kala-coditah |
yasya-purvah sira-lekha balendv-akrtayo 'pi va || 14 ||

5.14bv sarve te kala-noditah
lalate vasti-sirse va san masan na sa jivati |
padmini-pattra-vat toyam sarire yasya dehinah || 15 ||

plavate plavamanasya san masas tasya jivitam |
haritabhah sira yasya roma-kupas ca samvrtah || 16 ||

5.16bv san-masam tasya jivitam 5.16bv san-masat tasya jivitam
5.16bv san
masams tasya jivitam
so 'mlabhilasi purusah pittan maranam asnute |
yasya go-maya-curnabham curnam murdhni mukhe 'pi va || 17 ||

sa-sneham murdhni dhumo va masantam tasya jivitam |
murdhni bhruvor va kurvanti simantavartaka navah || 18 ||

5.18cv murdhni bhruvor va yasya syuh
mrtyum svasthasya sad-ratrat tri-ratrad aturasya tu |
jihva syava mukham puti savyam aksi nimajjati || 19 ||

5.19bv tri-ratrad aturasya ca
khaga va murdhni liyante yasya tam parivarjayet |
yasya snatanuliptasya purvam susyaty uro bhrsam || 20 ||

ardresu sarva-gatresu so 'rdha-masam na jivati |
a-kasmad yuga-pad gatre varnau prakrta-vaikrtau || 21 ||

tathaivopacaya-glani-rauksya-snehadi mrtyave |
yasya sphuteyur angulyo nakrsta na sa jivati || 22 ||

ksava-kasadisu tatha yasya-purvo dhvanir bhavet |
hrasvo dirgho 'ti vocchvasah putih surabhir eva va || 23 ||

aplutan-aplute kaye yasya gandho 'ti-manusah |
mala-vastra-vranadau va varsantam tasya jivitam || 24 ||

5.24cv mala-vastra-vranadye va
bhajante 'ty-anga-saurasyad yam yuka-maksikadayah |
tyajanti vati-vairasyat so 'pi varsam na jivati || 25 ||

satatosmasu gatresu saityam yasyopalaksyate |
sitesu bhrsam ausnyam va svedah stambho 'py a-hetukah || 26
||

5.26dv svedah stambho 'ty a-hetukah
yo jata-sita-pitikah sitango va vidahyate |
usna-dvesi ca sitartah sa pretadhipa-go-carah || 27 ||

5.27bv sitango vatidahyate 5.27bv sitango vapi dahyate
urasy usma bhaved yasya jathare cati-sita-ta |
bhinnam purisam trsna ca yatha pretas tathaiva sah || 28 ||

5.28bv jathare vati-sita-ta
mutram purisam nisthyutam sukram vapsu nimajjati |
nisthyutam bahu-varnam va yasya masat sa nasyati || 29 ||

ghani-bhutam ivakasam akasam iva yo ghanam |
a-murtam iva murtam ca murtam ca-murta-vat sthitam || 30 ||

tejasvy a-tejas tad-vac ca suklam krsnam a-sac ca sat |
a-netra-rogas candram ca bahu-rupam a-lañchanam || 31 ||

5.31av tejasy a-tejas tad-vac ca 5.31cv a-netra-rogi candram ca
jagrad raksamsi gandharvan pretan anyams ca tad-vidhan |
rupam vy-akrti tat tac ca yah pasyati sa nasyati || 32 ||

5.32cv rupam vy-akrti tad-vac ca
saptarsinam samipa-stham yo na pasyaty arundhatim |
dhruvam akasa-gangam va sa na pasyati tam samam || 33 ||

megha-toyaugha-nirghosa-vina-panava-venu-jan |
srnoty anyams ca yah sabdan a-sato na sato 'pi va || 34 ||

nispidya karnau srnuyan na yo dhukadhuka-svanam |
tad-vad gandha-rasa-sparsan manyate yo viparyayat || 35 ||

5.35bv na yo dhukadhuka-svanam
sarva-so va na yo yas ca dipa-gandham na jighrati |
vidhina yasya dosaya svasthyaya-vidhina rasah || 36 ||

yah pamsuneva kirnango yo 'nge ghatam na vetti va |
antarena tapas tivram yogam va vidhi-purvakam || 37 ||

5.37av yo bhasmaneva kirnango

janaty atindriyam yas ca tesam maranam adiset |
hino dinah svaro '-vyakto yasya syad gadgado 'pi va || 38 ||

sahasa yo vimuhyed va vivaksur na sa jivati |
svarasya dur-bali-bhavam hanim ca bala-varnayoh || 39 ||

roga-vrddhim a-yuktya ca drstva maranam adiset |
apa-svaram bhasamanam praptam maranam atmanah || 40 ||

srotaram casya sabdasya duratah parivarjayet |
samsthanena pramanena varnena prabhayapi va || 41 ||

5.41av srotaram tasya sabdasya 5.41av srotaram vasya sabdasya
chaya vivartate yasya svapne 'pi preta eva sah |
atapadarsa-toyadau ya samsthana-pramanatah || 42 ||

chayangat sambhavaty ukta praticchayeti sa punah |
varna-prabhasraya ya tu sa chayaiva sarira-ga || 43 ||

bhaved yasya praticchaya chinna bhinnadhikakula |
vi-sira dvi-sira jihma vikrta yadi vanya-tha || 44 ||

tam samaptayusam vidyan na cel laksya-nimitta-ja |
praticchaya-mayi yasya na caksniksyeta kanyaka || 45 ||

khadinam pañca pañcanam chaya vividha-laksanah |
nabhasi nir-mala-nila sa-sneha sa-prabheva ca || 46 ||

vatad rajo-'runa syava bhasma-ruksa hata-prabha |
visuddha-rakta tv agneyi diptabha darsana-priya || 47 ||

suddha-vaidurya-vi-mala su-snigdha toya-ja sukha |
sthira snigdha ghana suddha syama sveta ca parthivi || 48 ||

5.48bv su-snigdha toya-ja hi sa
vayavi roga-marana-klesayanyah sukhodayah |
prabhokta taijasi sarva sa tu sapta-vidha smrta || 49 ||

5.49av vayavya roga-marana-
rakta pita sita syava harita pandurasita |
tasam yah syur vikasinyah snigdhas ca vi-malas ca yah || 50 ||

5.50av rakta pita sita syama
tah subha malina ruksah samksiptas ca-subhodayah |
varnam akramati cchaya prabha varna-prakasini || 51 ||

5.51bv samksiptas ca-sukhodayah 5.51dv prabha varna-vikasini
asanne laksyate chaya vikrste bha prakasate |
na-cchayo na-prabhah kas-cid visesas cihnayanti tu || 52 ||

nrnam subha-subhotpattim kale chaya-samasrayah |
nikasann iva yah padau cyutamsah parisarpati || 53 ||

5.53bv kale chaya-samasritah
hiyate balatah sasvad yo 'nnam asnan hitam bahu |

yo 'lpasi bahu-vin-mutro bahv-asi calpa-mutra-vit || 54 ||

5.54dv bahv-asi valpa-mutra-vit
yo valpasi kaphenarto dirgham svasiti cestate |
dirgham ucchvasya yo hrasvam nihsvasya paritamyati || 55 ||

hrasvam ca yah prasvasiti vyaviddham spandate bhrsam |
siro viksipate krcchrad yo 'ñcayitva prapanikau || 56 ||

yo lalatat sruta-svedah slatha-samdhana-bandhanah |
utthapyamanah sammuhyed yo bali dur-balo 'pi va || 57 ||

uttana eva svapiti yah padau vikaroti ca |
sayanasana-kudyader yo '-sad eva jighrksati || 58 ||

5.58cv sayanasana-kudyadau 5.58dv yah sadaiva jighrksati
a-hasya-hasi sammuhyan yo ledhi dasana-cchadau |
uttaraustham parilihan phut-karams ca karoti yah || 59 ||

5.59dv notkarams ca karoti yah
yam abhidravati cchaya krsna pitarunapi va |
bhisag-bhesaja-pananna-guru-mitra-dvisas ca ye || 60 ||

5.60bv krsna pitarunapi ca
vasa-gah sarva evaite vijñeyah sama-vartinah |
griva-lalata-hrdayam yasya svidyati sitalam || 61 ||

usno 'parah pradesas ca saranam tasya devatah |
yo 'nu-jyotir anekagro dus-chayo dur-manah sada || 62 ||

purva-rupani sarvani jvaradisv ati-matraya |
yam visanti visaty enam mrtyur jvara-purah-sarah || 62.1+(1) ||

balim bali-bhrto yasya pranitam nopabhuñjate |
nir-nimittam ca yo medham sobham upacayam sriyam || 63 ||

5.63av balim bali-bhujo yasya
prapnoty ato va vibhramsam sa prapnoti yama-ksayam |
guna-dosa-mayi yasya svasthasya vyadhitasya va || 64 ||

5.64cv guna-guna-mayi yasya
yaty anya-tha-tvam prakrtih san masan na sa jivati |
bhaktih silam smrtis tyago buddhir balam a-hetukam || 65 ||

sad etani nivartante sadbhir masair marisyatah |
matta-vad-gati-vak-kampa-moha masan marisyatah || 66 ||

nasyaty a-janan sad-ahat kesa-luñcana-vedanam |
na yati yasya caharah kantham kanthamayad rte || 67 ||

presyah pratipa-tam yanti pretakrtir udiryate |
yasya nidra bhaven nitya naiva va na sa jivati || 68 ||

5.68cv yasya nidra bhaven nityam
vaktram apuryate 'srunam svidyatas caranau bhrsam |

caksus cakula-tam yati yama-rajyam gamisyatah || 69 ||

5.69dv yama-rastram gamisyatah
yaih pura ramate bhavair a-ratis tair na jivati |
sahasa jayate yasya vikarah sarva-laksanah || 70 ||

nivartate va sahasa sahasa sa vinasyati |
jvaro nihanti bala-van gambhiro dairgharatrikah || 71 ||

sa-pralapa-bhrama-svasah ksinam sunam hatanalam |
a-ksamam sakta-vacanam raktaksam hrdi sulinam || 72 ||

sa-suska-kasah purvahne yo 'parahne 'pi va bhavet |
bala-mamsa-vihinasya slesma-kasa-samanvitah || 73 ||

5.73av samsuska-kasah purvahne
rakta-pittam bhrsam raktam krsnam indra-dhanus-prabham |
tamra-haridra-haritam rupam raktam pradarsayet || 74 ||

roma-kupa-pravisrtam kanthasya-hrdaye sajat |
vasaso '-rañjanam puti vega-vac cati bhuri ca || 75 ||

5.75cv vasaso rañjanam puti
vrddham pandu-jvara-cchardi-kasa-sophatisarinam |
kasa-svasau jvara-cchardi-trsnatisara-sophinam || 76 ||

yaksma parsva-rujanaha-rakta-cchardy-amsa-tapinam |
chardir vega-vati mutra-sakrd-gandhih sa-candrika || 77 ||

5.77bv -rakta-cchardy-anga-tapinam
sasra-vit-puya-ruk-kasa-svasa-vaty anusangini |
trsnanya-roga-ksapitam bahir-jihvam vi-cetanam || 78 ||

5.78dv bahir-jihvam a-cetanam 5.78dv bahir-jihvam vi-cetasam
madatyayo 'ti-sitartam ksinam taila-prabhananam |
arsamsi pani-pan-nabhi-guda-muskasya-sophinam || 79 ||

5.79dv -guda-muskadi-sophinam
hrt-parsvanga-ruja-chardi-payu-paka-jvaraturam |
atisaro yakrt-pinda-mamsa-dhavana-mecakaih || 80 ||

tulyas taila-ghrta-ksira-dadhi-majja-vasasavaih |
mastulunga-masi-puya-vesavarambu-maksikaih || 81 ||

ati-raktasita-snigdha-puty-accha-ghana-vedanah |
karburah prasravan dhatun nis-puriso 'tha-vati-vit || 82 ||

tantu-man maksikakranto raji-mams candrakair yutah |
sirna-payu-valim mukta-nalam parvasthi-sulinam || 83 ||

5.83dv -talam parvasthi-sulinam 5.83dv -tadam parvasthi-sulinam
srasta-payum bala-ksinam annam evopavesayan |
sa-trt-svasa-jvara-cchardi-dahanaha-pravahikah || 84 ||

5.84bv annam evopavesayet

asmari suna-vrsanam baddha-mutram rujarditam |
mehas trd-daha-pitika-mamsa-kothatisarinam || 85 ||

pitika marma-hrt-prstha-stanamsa-guda-murdha-gah |
parva-pada-kara-stha va mandotsaham pramehinam || 86 ||

5.86bv -stanamsa-guda-murdha-jah 5.86cv parva-pada-kara-sthas ca
sarvam ca mamsa-samkotha-daha-trsna-mada-jvaraih |
visarpa-marma-samrodha-hidhma-svasa-bhrama-klamaih || 87 ||

5.87av sarvam ca mamsa-samkoca-
gulmah prthu-parinaho ghanah kurma ivonnatah |
sira-naddho jvara-cchardi-hidhmadhmana-rujanvitah || 88 ||

kasa-pinasa-hrl-lasa-svasatisara-sopha-van |
vin-mutra-samgraha-svasa-sopha-hidhma-jvara-bhramaih || 89 ||

murcha-chardy-atisarais ca jatharam hanti dur-balam |
sunaksam kutilopastham upaklinna-tanu-tvacam || 90 ||

virecana-hrtanaham anahyantam punah punah |
pandu-rogah svayathu-man pitaksi-nakha-darsanam || 91 ||

5.91av virecana-hatanaham
tandra-daha-ruci-cchardi-murchadhmanatisara-van |
anekopadrava-yutah padabhyam prasrto naram || 92 ||

narim sopho mukhad dhanti kuksi-guhyad ubhav api |
raji-citah sravams chardi-jvara-svasatisarinam || 93 ||

jvaratisarau sophante svayathur va tayoh ksaye |
dur-balasya visesena jayante 'ntaya dehinah || 94 ||

svayathur yasya pada-sthah parisraste ca pindike |
sidatah sakthini caiva tam bhisak parivarjayet || 95 ||

ananam hasta-padam ca visesad yasya susyatah |
suyete va vina dehat sa masad yati pañca-tam || 96 ||

5.96bv visesad yasya susyati
visarpah kasa-vaivarnya-jvara-murchanga-bhanga-van |
bhramasya-sopha-hrl-lasa-deha-sadatisara-van || 97 ||

5.97cv bhramasya-sosa-hrl-lasa-
kustham visiryamanangam rakta-netram hata-svaram |
mandagnim jantubhir justam hanti trsnatisarinam || 98 ||

vayuh supta-tvacam bhugnam kampa-sopha-rujaturam |
vatasram moha-murchaya-mada-svapna-jvaranvitam || 99 ||

5.99av vayuh supta-tvacam bhagnam
siro-graha-ruci-svasa-samkoca-sphota-kotha-vat |
siro-roga-ruci-svasa-moha-vid-bheda-trd-bhramaih || 100 ||

ghnanti sarvamayah ksina-svara-dhatu-balanalam |

vata-vyadhir apasmari kusthi rakty udari ksayi || 101 ||

gulmi mehi ca tan ksinan vikare 'lpe 'pi varjayet |
bala-mamsa-ksayas tivro roga-vrddhir a-rocakah || 102 ||

yasyaturasya laksyante trin paksan na sa jivati |
vatasthilati-samvrddha tisthanti daruna hrdi || 103 ||

trsnayanuparitasya sadyo musnati jivitam |
saithilyam pindike vayur nitva nasam ca jihma-tam || 104 ||

5.104av trsnaya tu paritasya
ksinasyayamya manye va sadyo musnati jivitam |
nabhi-gudantaram gatva vanksanau va samasrayan || 105 ||

5.105av ksinasyayasya manye va
grhitva payu-hrdaye ksina-dehasya va bali |
malan vasti-siro nabhim vibadhya janayan rujam || 106 ||

kurvan vanksanayoh sulam trsnam bhinna-purisa-tam |
svasam va janayan vayur grhitva guda-vanksanam || 107 ||

5.107dv grhitva guda-vanksanau
vitatya parsukagrani grhitvoras ca marutah |
stimitasyatataksasya sadyo musnati jivitam || 108 ||

5.108av vitatya parsvakagrani
sahasa jvara-samtapas trsna murcha bala-ksayah |
vislesanam ca samdhinam mumursor upajayate || 109 ||

go-sarge vadanad yasya svedah pracyavate bhrsam |
lepa-jvaropataptasya dur-labham tasya jivitam || 110 ||

pravala-gutikabhasa yasya gatre masurikah |
utpadyasu vinasyanti na cirat sa vinasyati || 111 ||

masura-vidala-prakhyas tatha vidruma-samnibhah |
antar-vaktrah kinabhas ca visphota deha-nasanah || 112 ||

kamalaksnor mukham purnam sankhayor mukta-mamsa-ta |
samtrasas cosna-tange ca yasya tam parivarjayet || 113 ||

a-kasmad anudhavac ca vighrstam tvak-samasrayam |
yo vata-jo na sulaya syan na dahaya pitta-jah || 114 ||

candanosira-madira-kunapa-dhvanksa-gandhayah |
saivala-kukkuta-sikha-kunkumala-masi-prabhah || 114.1+(1) ||

5.114.1+(1)dv -naktamala-masi-prabhah 5.114.1+(1)dv
-kunda-sali-maya-prabhah antar-daha nir-usmanah
prana-nasa-kara vranah || 114.1+(2)ab ||

kapha-jo na ca puyaya marma-jas ca ruje na yah |
a-curnas curna-kirnabho yatrakasmac ca drsyate || 115 ||

rupam sakti-dhvajadinam sarvams tan varjayed vranan |
vin-mutra-maruta-vaham krminam ca bhagandaram || 116 ||

ghattayañ januna janu padav udyamya patayan |
yo 'pasyati muhur vaktram aturo na sa jivati || 117 ||

dantais chindan nakhagrani tais ca kesams trnani ca |
bhumim kasthena vilikhan lostam lostena tadayan || 118 ||

5.118bv tais ca kesams trnani va
hrsta-roma sandra-mutrah suska-kasi jvari ca yah |
muhur hasan muhuh ksvedan sayyam padena hanti yah || 119 ||

5.119dv sayyam padena hanti ca
muhus chidrani vimrsann aturo na sa jivati |
mrtyave sahasartasya tilaka-vyanga-viplavah || 120 ||

mukhe danta-nakhe puspam jathare vividhah sirah |
urdhva-svasam gatosmanam sulopahata-vanksanam || 121 ||

sarma can-adhigacchantam buddhi-man parivarjayet |
vikara yasya vardhante prakrtih parihiyate || 122 ||

5.122av sarma van-adhigacchantam
sahasa sahasa tasya mrtyur harati jivitam |
yam uddisyaturam vaidyah sampadayitum ausadham || 123 ||

yatamano na saknoti dur-labham tasya jivitam |
vijñatam bahu-sah siddham vidhi-vac cavacaritam || 124 ||

na sidhyaty ausadham yasya nasti tasya cikitsitam |
bhaved yasyausadhe 'nne va kalpyamane viparyayah || 125 ||

a-kasmad varna-gandhadeh svastho 'pi na sa jivati |
nivate sendhanam yasya jyotis capy upasamyati || 126 ||

aturasya grhe yasya bhidyante va patanti va |
ati-matram amatrani dur-labham tasya jivitam || 127 ||

yam naram sahasa rogo dur-balam parimuñcati |
samsaya-praptam atreyo jivitam tasya manyate || 128 ||

5.128cv samsayam praptam atreyo
kathayen na ca prsto 'pi duh-sravam maranam bhisak |
gatasor bandhu-mitranam na cecchet tam cikitsitum || 129 ||

5.129av kathayen naiva prsto 'pi
yama-duta-pisacadyair yat parasur upasyate |
ghnadbhir ausadha-viryani tasmat tam parivarjayet || 130 ||

ayur-veda-phalam krtsnam yad ayur-jñe pratisthitam |
rista-jñanadrtas tasmat sarva-daiva bhaved bhisak || 131 ||

maranam praninam drstam ayuh-punyobhaya-ksayat |
tayor apy a-ksayad drstam visama-pariharinam || 132 ||

”arirasthana
pasandasrama-varnanam sa-varnah karma-siddhaye |
ta eva viparitah syur dutah karma-vipattaye || 1 ||

dinam bhitam drutam trastam ruksa-mangala-vadinam |
sastrinam dandinam sandham munda-smasru-jata-dharam
|| 2 ||

6.2cv sastrinam dandinam khandam 6.2dv munda-smasrum
jata-dharam
6.2dv mundam smasru-jata-dharam
a-mangalahvayam krura-karmanam malinam striyam |
anekam vyadhitam vyangam rakta-malyanulepanam || 3 ||

taila-pankankitam jirna-vi-varnardraika-vasasam |
kharostra-mahisarudham kastha-lostadi-mardinam || 4 ||

6.4dv kastha-lohadi-mardinam
nanugacched bhisag dutam ahvayantam ca duratah |
a-sasta-cinta-vacane nagne chindati bhindati || 5 ||

juhvane pavakam pindan pitrbhyo nirvapaty api |
supte mukta-kace 'bhyakte rudaty a-prayate tatha || 6 ||

6.6dv rudaty a-prayate 'tha-va
vaidye duta manusyanam agacchanti mumursatam |
vikara-samanya-gune dese kale 'tha-va bhisak || 7 ||

dutam abhyagatam drstva naturam tam upacaret |
sprsanto nabhi-nasasya-kesa-roma-nakha-dvi-jan || 8 ||

6.8cv sprsanto nabhi-nasaksi-
guhya-prstha-stana-griva-jatharanamikangulih |
karpasa-busa-sisasthi-kapala-musalopalam || 9 ||

6.9bv -jatharanamikanguli
marjani-surpa-cailanta-bhasmangara-dasa-tusan |
rajjupanat-tula-pasam anyad va bhagna-vicyutam || 10 ||

6.10dv anyad va bhagna-vidyutam
tat-purva-darsane duta vyaharanti marisyatam |
tathardha-ratre madhyahne samdhyayoh parva-vasare || 11 ||

sasthi-caturthi-navami-rahu-ketudayadisu |
bharani-krttikaslesa-purvardra-paitrya-nairrte || 12 ||

yasmims ca dute bruvati vakyam atura-samsrayam |
pasyen nimittam a-subham tam ca nanuvrajed bhisak || 13 ||

tad yatha vikalah pretah pretalankara eva va |
chinnam dagdham vinastam va tad-vadini vacamsi va || 14 ||

6.14bv pretalankara eva ca
raso va katukas tivro gandho va kaunapo mahan |

sparso va vipulah kruro yad vanyad api tadrsam || 15 ||

6.15cv sparso va vipula-kruro
tat sarvam abhito vakyam vakya-kale 'tha-va punah |
dutam abhyagatam drstva naturam tam upacaret || 16 ||

haha-kranditam utkrustam akrustam skhalanam ksutam |
vastratapa-tra-pada-tra-vyasanam vyasaniksanam || 17 ||

caitya-dhvajanam patranam purnanam ca nimajjanam |
hatan-ista-pravadas ca dusanam bhasma-pamsubhih || 18 ||

pathas chedo 'hi-marjara-godha-sarata-vanaraih |
diptam prati disam vacah kruranam mrga-paksinam || 19
||

krsna-dhanya-gudodasvil-lavanasava-carmanam |
sarsapanam vasa-taila-trna-pankendhanasya ca || 20 ||

kliba-krura-sva-pakanam jala-vagurayor api |
charditasya purisasya puti-dur-darsanasya ca || 21 ||

nih-sarasya vyavayasya karpasader arer api |
sayanasana-yananam uttananam tu darsanam || 22 ||

6.22dv uttananam ca darsanam
nyubjanam itaresam ca patradinam a-sobhanam |
pum-samjñah paksino vamah stri-samjña daksinah
subhah || 23 ||

pradaksinam khaga-mrga yanto naivam sva-jambukah |
a-yugmas ca mrgah sastah sasta nityam ca darsane || 24 ||

casa-bhasa-bharadvaja-nakula-cchaga-barhinah |
a-subham sarva-tholuka-bidala-sarateksanam || 25 ||

prasastah kirtane kola-godhahi-sasa-jahakah |
na darsane na virute vanararksav ato 'nya-tha || 26 ||

dhanur aindram ca lalatam a-subham subham anyatah |
agni-purnani patrani bhinnani vi-sikhani ca || 27 ||

dadhy-a-ksatadi nirgacchad vaksyamanam ca mangalam |
vaidyo marisyatam vesma pravisann eva pasyati || 28 ||

dutady a-sadhu drstvaivam tyajed artam ato 'nya-tha |
karuna-suddha-samtano yatnatas tam upacaret || 29 ||

6.29dv yatnatah samupacaret
dadhy-a-ksateksu-nispava-priyangu-madhu-sarpisam |
yavakañjana-bhrngara-ghanta-dipa-saro-ruham || 30 ||

durvardra-matsya-mamsanam lajanam phala-bhaksayoh |
ratnebha-purna-kumbhanam kanyayah syandanasya ca || 31 ||

narasya vardhamanasya devatanam nrpasya ca |
suklanam su-mano-vala-camarambara-vajinam || 32 ||

sankha-sadhu-dvi-josnisa-torana-svastikasya ca |
bhumeh samuddhatayas ca vahneh prajvalitasya ca || 33 ||

mano-jñasyanna-panasya purnasya sakatasya ca |
nrbhir dhenvah sa-vatsaya vadabayah striya api || 34 ||

jivañjivaka-saranga-sarasa-priyavadinam |
hamsanam satapattranam baddhasyaika-pasos tatha || 35 ||

rucakadarsa-siddhartha-rocananam ca darsanam |
gandhah su-surabhir varnah su-suklo madhuro rasah || 36 ||

go-pater anukulasya svanas tad-vad gavam api |
mrga-paksi-naranam ca sobhinam sobhana girah || 37 ||

6.37av go-pater anulomasya
chattra-dhvaja-patakanam utksepanam abhistutih |
bheri-mrdanga-sankhanam sabdah punyaha-nihsvanah || 38
||

vedadhyayana-sabdas ca sukho vayuh pradaksinah |
pathi vesma-pravese ca vidyad arogya-laksanam || 39 ||

ity uktam duta-sakunam svapnan urdhvam pracaksate |
svapne madyam saha pretair yah piban krsyate suna || 40 ||

6.40bv svapnan urdhvam pracaksyate 6.40bv svapnan urdhvam
pravaksyate
sa martyo mrtyuna sighram jvara-rupena niyate |
rakta-malya-vapur-vastro yo hasan hriyate striya || 41 ||

6.41av sa martyo mrtyuna turnam
so 'sra-pittena mahisa-sva-varahostra-gardabhaih |
yah prayati disam yamyam maranam tasya yaksmana || 42 ||

lata kantakini vamsas talo va hrdi jayate |
yasya tasyasu gulmena yasya vahnim an-arcisam || 43 ||

juhvato ghrta-siktasya nagnasyorasi jayate |
padmam sa nasyet kusthena candalaih saha yah pibet || 44 ||

sneham bahu-vidham svapne sa pramehena nasyati |
unmadena jale majjed yo nrtyan raksasaih saha || 45 ||

apasmarena yo martyo nrtyan pretena niyate |
yanam kharostra-marjara-kapi-sardula-sukaraih || 46 ||

yasya pretaih srgalair va sa mrtyor vartate mukhe |
apupa-saskulir jagdhva vibuddhas tad-vidham vaman || 47 ||

na jivaty aksi-rogaya suryendu-grahaneksanam |
surya-candramasoh pata-darsanam drg-vinasanam || 48 ||

murdhni vamsa-latadinam sambhavo vayasam tatha |
nilayo munda-ta kaka-grdhradyaih parivaranam || 49 ||

tatha preta-pisaca-stri-dravidandhra-gavasanaih |
sango vetra-lata-vamsa-trna-kantaka-samkate || 50 ||

svabhra-smasana-sayanam patanam pamsu-bhasmanoh |
majjanam jala-pankadau sighrena srotasa hrtih || 51 ||

nrtya-vaditra-gitani rakta-srag-vastra-dharanam |
vayo-'nga-vrddhir abhyango vivahah smasru-karma ca || 52 ||

pakvanna-sneha-madyasah pracchardana-virecane |
hiranya-lohayor labhah kalir bandha-parajayau || 53 ||

6.53bv pracchardana-virecanam
upanad-yuga-nasas ca prapatah pada-carmanoh |
harso bhrsam prakupitaih pitrbhis cavabhartsanam || 54 ||

pradipa-graha-naksatra-danta-daivata-caksusam |
patanam va vinaso va bhedanam parvatasya ca || 55 ||

6.55dv bhedanam parvatasya va
kanane rakta-kusume papa-karma-nivesane |
citandha-kara-sambadhe jananyam ca pravesanam || 56 ||

6.56cc cintandha-kara-sambadhe
patah prasada-sailader matsyena grasanam tatha |
kasayinam a-saumyanam nagnanam danda-dharinam || 57 ||

raktaksanam ca krsnanam darsanam jatu nesyate |
krsna papananacara dirgha-kesa-nakha-stani || 58 ||

vi-raga-malya-vasana svapne kala-nisa mata |
mano-vahanam purna-tvat srotasam prabalair malaih || 59 ||

drsyante darunah svapna rogi yair yati pañca-tam |
a-rogah samsayam prapya kas-cid eva vimucyate || 60 ||

drstah sruto 'nubhutas ca prarthitah kalpitas tatha |
bhaviko dosa-jas ceti svapnah sapta-vidho matah || 61 ||

6.61dv svapnah sapta-vidhah smrtah
tesv adya nis-phalah pañca yatha-sva-prakrtir diva |
vismrto dirgha-hrasvo 'ti purva-ratre cirat phalam || 62 ||

6.62bv yatha-svam prakrtir diva 6.62cv vismrto dirgha-hrasvo 'pi
6.62cv
vismrto dirgha-hrasvo va
drstah karoti tuccham ca go-sarge tad-ahar mahat |
nidraya van-upahatah pratipair vacanais tatha || 63 ||

6.63av drstah karoti tuccham va 6.63cv nidraya can-upahatah
yati papo 'lpa-phala-tam dana-homa-japadibhih |

a-kalyanam api svapnam drstva tatraiva yah punah || 64 ||

6.64av yati papo 'py a-phala-tam
pasyet saumyam subham tasya subham eva phalam bhavet |
devan dvi-jan go-vrsabhan jivatah suhrdo nrpan || 65 ||

sadhun yasasvino vahnim iddham svacchan jalasayan |
kanyah kumarakan gauran sukla-vastran su-tejasah || 66 ||

6.66cv kanyam kumarakan gauran
narasanam dipta-tanum samantad rudhiroksitam |
yah pasyel labhate yo va chattradarsa-visamisam || 67 ||

6.67av narasanam dipta-tanuh 6.67bv samantad rudhiroksitah
suklah su-manaso vastram a-medhyalepanam phalam |
saila-prasada-sa-phala-vrksa-simha-nara-dvi-pan || 68 ||

arohed go-'sva-yanam ca taren nada-hradoda-dhin |
purvottarena gamanam a-gamyagamanam mrtam || 69 ||

6.69bv taren nada-mahoda-dhin
sambadhan nihsrtir devaih pitrbhis cabhinandanam |
rodanam patitotthanam dvisatam cavamardanam || 70 ||

6.70av samkatan nihsrtir devaih 6.70dv dvisatam capamardanam
yasya syad ayur arogyam vittam bahu ca so 'snute |
mangalacara-sampannah parivaras tathaturah || 71 ||

6.71bv vittam sa bahu-so 'snute
srad-dadhano 'nukulas ca prabhuta-dravya-samgrahah |
sat-tva-laksana-samyogo bhaktir vaidya-dvi-jatisu || 72 ||

cikitsayam a-nirvedas tad arogyasya laksanam |
ity atra janma-maranam yatah samyag udahrtam || 73 ||
sarirasya tatah sthanam sariram idam ucyate || 73uab ||
nidanasthana
rogah papma jvaro vyadhir vikaro duhkham amayah |
yaksmatanka-gadabadhah sabdah paryaya-vacinah || 1 ||

nidanam purva-rupani rupany upasayas tatha |
sampraptis ceti vijñanam roganam pañca-dha smrtam || 2 ||

nimitta-hetv-ayatana-pratyayotthana-karanaih |
nidanam ahuh paryayaih prag-rupam yena laksyate || 3 ||

utpitsur amayo dosa-visesenan-adhisthitah |
lingam a-vyaktam alpa-tvad vyadhinam tad yatha-yatham || 4 ||

tad eva vyakta-tam yatam rupam ity abhidhiyate |
samsthanam vyañjanam lingam laksanam cihnam akrtih || 5
||

hetu-vyadhi-viparyasta-viparyastartha-karinam |
ausadhanna-viharanam upayogam sukhavaham || 6 ||

vidyad upasayam vyadheh sa hi satmyam iti smrtah |
viparito 'n-upasayo vyadhy-a-satmyabhisamjñitah || 7 ||

yatha-dustena dosena yatha canuvisarpata |
nirvrttir amayasyasau sampraptir jatir agatih || 8 ||

samkhya-vikalpa-pradhanya-bala-kala-visesatah |
sa bhidyate yathatraiva vaksyante 'stau jvara iti || 9 ||

dosanam samavetanam vikalpo 'msamsa-kalpana |
svatantrya-paratantryabhyam vyadheh pradhanyam adiset || 10 ||

hetv-adi-kartsnyavayavair bala-bala-visesanam |
naktan-dinartu-bhuktamsair vyadhi-kalo yatha-malam || 11 ||

iti prokto nidanarthas tam vyasenopadeksyati |
sarvesam eva roganam nidanam kupita malah || 12 ||

1.12av iti prokto nidanarthah 1.12bv tam vyasenopadeksyate 1.12bv
tam vyasenopadisyate 1.12bv sa vyasenopadeksyati 1.12bv sa
vyasenopadeksyate 1.12bv sa
vyasenopadisyate
tat-prakopasya tu proktam vividha-hita-sevanam |
a-hitam tri-vidho yogas trayanam prag udahrtah || 13 ||

1.13cv a-hitas tri-vidho yogas
tiktosana-kasayalpa-ruksa-pramita-bhojanaih |
dharanodirana-nisa-jagaraty-ucca-bhasanaih || 14 ||

kriyati-yoga-bhi-soka-cinta-vyayama-maithunaih |
grismaho-ratri-bhuktante prakupyati samiranah || 15 ||

pittam katv-amla-tiksnosna-patu-krodha-vidahibhih |
saran-madhyahna-ratry-ardha-vidaha-samayesu ca || 16 ||

1.16dv -nidagha-samayesu ca
svadv-amla-lavana-snigdha-gurv-abhisyandi-sitalaih |
asya-svapna-sukha-jirna-diva-svapnati-brmhanaih || 17 ||

1.17cv ati-svapna-sukha-jirna-
pracchardanadya-yogena bhukta-matra-vasantayoh |
purvahne purva-ratre ca slesma dvandvam tu samkarat || 18 ||

misri-bhavat samastanam samnipatas tatha punah |
samkirna-jirna-visama-viruddhadhyasanadibhih || 19 ||

vyapanna-madya-paniya-suska-sakama-mulakaih |
pinyaka-mrd-yava-sura-puti-suska-krsamisaih || 20 ||

dosa-traya-karais tais tais tathanna-parivartanat |
rtor dustat puro-vatad grahavesad visad garat || 21 ||

1.21bv tathanna-parivartatah 1.21bv tathanna-parivrttitah
dustannat parvataslesad grahair janmarksa-pidanat |

mithya-yogac ca vividhat papanam ca nisevanat || 22 ||

1.22av dustamat parvataslesad
strinam prasava-vaisamyat tatha mithyopacaratah |
prati-rogam iti kruddha rogadhisthana-gaminih || 23 ||
rasayanih prapadyasu dosa dehe vikurvate || 23uab ||
nidanasthana
jvaro roga-patih papma mrtyur ojo-'sano 'ntakah |
krodho daksadhvara-dhvamsi rudrordhva-nayanodbhavah || 1 ||

2.1bv mrtyus tejo-'sano 'ntakah
janmantayor moha-mayah samtapatmapacara-jah |
vividhair namabhih kruro nana-yonisu vartate || 2 ||

sa jayate 'sta-dha dosaih prthan misraih samagataih |
agantus ca malas tatra svaih svair dustah pradusanaih || 3
||

amasayam pravisyamam anugamya pidhaya ca |
srotamsi pakti-sthanac ca nirasya jvalanam bahih || 4 ||

saha tenabhisarpantas tapantah sakalam vapuh |
kurvanto gatram aty-usnam jvaram nirvartayanti te || 5 ||

2.5cv kurvanto gatram a-suskam
sroto-vibandhat prayena tatah svedo na jayate |
tasya prag-rupam alasyam a-ratir gatra-gauravam || 6 ||

asya-vairasyam a-ruci-jrmbha sasrakulaksi-ta |
anga-mardo '-vipako 'lpa-prana-ta bahu-nidra-ta || 7 ||

2.7bv -jrmbha sasrakulaksa-ta
roma-harso vinamanam pindikodvestanam klamah |
hitopadesesv a-ksantih pritir amla-patusane || 8 ||

dvesah svadusu bhaksyesu tatha balesu trd bhrsam |
sabdagni-sita-vatambu-cchayosnesv a-nimittatah || 9 ||

iccha dvesas ca tad anu jvarasya vyakta-ta bhavet |
agamapagama-ksobha-mrdu-ta-vedanosmanam || 10 ||

vaisamyam tatra tatrange tas tah syur vedanas calah |
padayoh supta-ta stambhah pindikodvestanam samah || 11 ||

2.11dv pindikodvestanam klamah
vislesa iva samdhinam sada urvoh kati-grahah |
prstham ksodam ivapnoti nispidyata ivodaram || 12 ||

chidyanta iva casthini parsva-gani visesatah |
hrdayasya grahas todah prajaneneva vaksasah || 13 ||

skandhayor mathanam bahvor bhedah pidanam amsayoh |
a-saktir bhaksane hanvor jrmbhanam karnayoh svanah || 14 ||

nistodah sankhayor murdhni vedana vi-rasasya-ta |
kasayasya-tvam atha-va malanam a-pravartanam || 15 ||

ruksaruna-tvag-asyaksi-nakha-mutra-purisa-ta |
praseka-rocaka-sraddha-vipaka-sveda-jagarah || 16 ||

kanthaustha-sosas trt suskau chardi-kasau visadi-ta |
harso romanga-dantesu vepathuh ksavathor grahah || 17 ||

2.17dv svayathuh ksavathor grahah
bhramah pralapo gharmeccha vinamas canila-jvare |
yuga-pad vyaptir anganam pralapah katu-vaktra-ta || 18 ||

nasasya-pakah siteccha bhramo murcha mado '-ratih |
vit-sramsah pitta-vamanam rakta-sthivanam amlakah || 19 ||

rakta-kothodgamah pita-harita-tvam tvag-adisu |
svedo nihsvasa-vaigandhyam ati-trsna ca pitta-je || 20 ||

visesad a-rucir jadyam sroto-rodho 'lpa-vega-ta |
praseko mukha-madhuryam hrl-lepa-svasa-pinasah || 21 ||

hrl-lasas chardanam kasah stambhah svaityam tvag-adisu |
angesu sita-pitikas tandrodardah kaphodbhave || 22 ||
kale yatha-svam sarvesam pravrttir vrddhir eva va || 23ab
||nidanoktan-upasayo viparitopasayi-ta || 23cd ||yatha-svam
linga-samsarge jvarah samsarga-jo 'pi ca || 23ef ||
Å›iro-'rti-mÅ«rchÄ•-vami-dÄ•ha-moha-kaá¹‡á¹-hÄ•sya-Å›oá¹£Ä•-rati-parva-bhedÄ•á¸
|
unnidra-ta-trd-bhrama-roma-harsa jrmbhati-vak-tvam ca calat
sa-pittat || 24 ||

tapa-hany-a-ruci-parva-siro-ruk-pinasa-svasana-kasa-vibandhah |
sita-jadya-timira-bhrama-tandrah slesma-vata-janita-jvara-lingam
|| 25 ||

sita-stambha-sveda-daha-vyavastha
trsna-kasa-slesma-pitta-pravrttih |
mohas tandra lipta-tiktasya-ta ca jñeyam rupam
slesma-pitta-jvarasya || 26 ||

2.26bv trsna kasah slesma-pitta-pravrttih
sarva-jo laksanaih sarvair daho 'tra ca muhur muhuh |
tad-vac chitam maha-nidra diva jagaranam nisi || 27 ||

sada va naiva va nidra maha-svedo 'ti naiva va |
gita-nartana-hasyadi-vikrteha-pravartanam || 28 ||

2.28bv mahan svedo 'ti naiva va
sasruni kaluse rakte bhugne lulita-paksmani |
aksini pindika-parsva-murdha-parvasthi-rug-bhramah || 29 ||

sa-svanau sa-rujau karnau kanthah sukair ivacitah |

paridagdha khara jihva guru-srastanga-samdhi-ta || 30 ||

2.30dv guruh srastanga-samdhi-ta
rakta-pitta-kapha-sthivo lolanam siraso 'ti-ruk |
kothanam syava-raktanam mandalanam ca darsanam || 31 ||

2.31bv lolanam siraso 'ti-trt
hrd-vyatha mala-samsangah pravrttir valpa-so 'ti va |
snigdhasya-ta bala-bhramsah svara-sadah pralapi-ta || 32 ||

2.32av hrd-vyatha mala-samsargah
dosa-pakas cirat tandra pratatam kantha-kujanam |
samnipatam abhinyasam tam bruyac ca hrtaujasam || 33 ||

2.33dv tam bruyac ca hataujasam
vayuna kapha-ruddhena pittam antah prapiditam |
vyavayi-tvac ca suksma-tvad bahir-margam pravartate || 33+1 ||
tena haridra-netra-tvam samnipatodbhave jvare || 33+2ab ||
dose vibaddhe naste 'gnau sarva-sampurna-laksanah |
a-sadhyah so 'nya-tha krcchro bhaved vaikalya-do 'pi va || 34 ||

anyac ca samnipatottho yatra pittam prthak sthitam |
tvaci kosthe 'tha-va daham vidadhati puro 'nu va || 35 ||

2.35av anyas ca samnipatottho
tad-vad vata-kaphau sitam dahadir dus-taras tayoh |
sitadau tatra pittena kaphe syandita-sosite || 36 ||

site sante 'mlako murcha madas trsna ca jayate |
dahadau punar ante syus tandra-sthiva-vami-klamah || 37 ||

agantur abhighatabhisanga-sapabhicaratah |
catur-dhatra ksata-ccheda-dahadyair abhighata-jah || 38 ||

sramac ca tasmin pavanah prayo raktam pradusayan |
sa-vyatha-sopha-vaivarnyam sa-rujam kurute jvaram || 39 ||

grahavesausadhi-visa-krodha-bhi-soka-kama-jah |
abhisangad grahenasminn a-kasmad dhasa-rodane || 40 ||

osadhi-gandha-je murcha siro-rug vamathuh ksavah |
visan murchatisarasya-syava-ta-daha-hrd-gadah || 41 ||

2.41bv siro-ruk svayathuh ksavah 2.41bv siro-rug vepathuh ksavah
2.41dv
-syava-ta-daha-hrd-grahah
krodhat kampah siro-ruk ca pralapo bhaya-soka-je |
kamad bhramo '-rucir daho hri-nidra-dhi-dhrti-ksayah || 42 ||

2.42dv bhi-nidra-dhi-dhrti-ksayah
grahadau samnipatasya bhayadau marutas traye |
kopah kope 'pi pittasya yau tu sapabhicara-jau || 43 ||

2.43cv kopah kope tu pittasya 2.43cv kopah krodhe tu pittasya

samnipata-jvarau ghorau tav a-sahya-tamau matau |
tatrabhicarikair mantrair huyamanasya tapyate || 44 ||

2.44bv tav a-sadhya-tamau matau
purvam cetas tato dehas tato visphota-trd-bhramaih |
sa-daha-murchair grastasya praty-aham vardhate jvarah || 45 ||

iti jvaro 'sta-dha drstah samasad vividhas tu sah |
sariro manasah saumyas tiksno 'ntar-bahir-asrayah || 46 ||

prakrto vaikrtah sadhyo '-sadhyah samo nir-amakah |
purvam sarire sarire tapo manasi manase || 47 ||

pavane yoga-vahi-tvac chitam slesma-yute bhavet |
dahah pitta-yute misram misre 'ntah-samsraye punah || 48 ||

jvare 'dhikam vikarah syur antah ksobho mala-grahah |
bahir eva bahir-vege tapo 'pi ca su-sadhya-ta || 49 ||

varsa-sarad-vasantesu vatadyaih prakrtah kramat |
vaikrto 'nyah sa duh-sadhyah prayas ca prakrto 'nilat || 50 ||

varsasu maruto dustah pitta-slesmanvito jvaram |
kuryat pittam ca saradi tasya canu-balam kaphah || 51 ||

2.51dv tasya canu-balah kaphah
tat-prakrtya visargac ca tatra nan-asanad bhayam |
kapho vasante tam api vata-pittam bhaved anu || 52 ||

2.52av tat-prakrtya visargasya
bala-vatsv alpa-dosesu jvarah sadhyo 'n-upadravah |
sarva-tha vikrti-jñane prag a-sadhya udahrtah || 53 ||

jvaropadrava-tiksna-tvam a-glanir bahu-mutra-ta |
na pravrttir na vid jirna na ksut sama-jvarakrtih || 54 ||

jvara-vego 'dhikam trsna pralapah svasanam bhramah |
mala-pravrttir utklesah pacyamanasya laksanam || 55 ||

2.55av jvara-vego 'dhikas trsna
jirna-tama-viparyasat sapta-ratram ca langhanat |
jvarah pañca-vidhah prokto mala-kala-bala-balat || 56 ||

praya-sah samnipatena bhuyasa tupadisyate |
samtatah satato 'nye-dyus trtiyaka-caturthakau || 57 ||

2.57av prayah sa samnipatena
dhatu-mutra-sakrd-vahi-srotasam vyapino malah |
tapayantas tanum sarvam tulya-dusyadi-vardhitah || 58 ||

balino guravah stabdha visesena rasasritah |
samtatam nis-prati-dvandva jvaram kuryuh su-duh-saham || 59 ||

malam jvarosma dhatun va sa sighram ksapayet tatah |
sarvakaram rasadinam suddhya-suddhyapi va kramat || 60 ||

2.60av malañ jvarosma dhatun va
vata-pitta-kaphaih sapta dasa dva-dasa vasaran |
prayo 'nuyati maryadam moksaya ca vadhaya ca || 61 ||

2.61dv vimoksaya vadhaya va
ity agnivesasya matam haritasya punah smrtih |
dvi-guna saptami yavan navamy eka-dasi tatha || 62 ||

esa tri-dosa-maryada moksaya ca vadhaya ca |
suddhy-a-suddhau jvarah kalam dirgham apy anuvartate || 63 ||

2.63cv suddhy-a-suddhyor jvarah kalam
krsanam vyadhi-muktanam mithyaharadi-sevinam |
alpo 'pi doso dusyader labdhvanya-tamato balam || 64 ||

sa-vipakso jvaram kuryad visamam ksaya-vrddhi-bhak |
dosah pravartate tesam sve kale jvarayan bali || 65 ||

2.65dv sva-kale jvarayan bali
nivartate punas caisa praty-anika-bala-balah |
ksine dose jvarah suksmo rasadisv eva liyate || 66 ||

lina-tvat karsya-vaivarnya-jadyadin adadhati sah |
asanna-vivrtasya-tvat srotasam rasa-vahinam || 67 ||

asu sarvasya vapuso vyaptir dosena jayate |
samtatah satatas tena viparito viparyayat || 68 ||

visamo visamarambha-kriya-kalo 'nusanga-van |
doso raktasrayah prayah karoti satatam jvaram || 69 ||

aho-ratrasya sa dvih syat sakrd anye-dyur asritah |
tasmin mamsa-vaha nadir medo-nadis trtiyake || 70 ||

2.70cv asmin mamsa-vaha nadir
grahi pittanilan murdhnas trikasya kapha-pittatah |
sa-prsthasyanila-kaphat sa caikahantarah smrtah || 71 ||

2.71dv sa vaikahantarah smrtah
caturthako male medo-majjasthy-anya-tama-sthite |
majja-stha evety apare prabhavam sa tu darsayet || 72 ||

dvi-dha kaphena janghabhyam sa purvam siraso 'nilat |
asthi-majjobhaya-gate caturthaka-viparyayah || 73 ||

2.73dv caturthika-viparyayah
tri-dha dvy-aham jvarayati dinam ekam tu muñcati |
bala-balena dosanam anna-cestadi-janmana || 74 ||

2.74av try-ahad dvy-aham jvarayati 2.74bv dinam ekam vimuñcati
jvarah syan manasas tad-vat karmanas ca tada tada |
dosa-dusyartv-aho-ratra-prabhrtinam balaj jvarah || 75 ||

manaso visayanam ca kalam tam tam prapadyate |

dhatun praksobhayan doso moksa-kale viliyate || 76 ||

tato narah svasan svidyan kujan vamati cestate |
vepate pralapaty usnaih sitais cangair hata-prabhah || 77 ||

vi-samjño jvara-vegartah sa-krodha iva viksate |
sa-dosa-sabdam ca sakrd dravam srjati vega-vat || 78 ||

deho laghur vyapagata-klama-moha-tapah pako mukhe karana-sausthavam
a-vyatha-tvam | svedah ksavah prakrti-yogi mano 'nna-lipsa
kandus ca murdhni vigata-jvara-laksanani ||

79 ||

nidanasthana
bhrsosna-tiksna-katv-amla-lavanadi-vidahibhih |
kodravoddalakais cannais tad-yuktair ati-sevitaih || 1 ||

kupitam pittalaih pittam dravam raktam ca murchite |
te mithas tulya-rupa-tvam agamya vyapnutas tanum || 2 ||

pittam raktasya vikrteh samsargad dusanad api |
gandha-varnanuvrttes ca raktena vyapadisyate || 3 ||

3.3av pittam raktasya vikrtih
prabhavaty asrjah sthanat plihato yakrtas ca tat |
siro-guru-tvam a-rucih siteccha dhumako 'mlakah || 4 ||

chardis chardita-baibhatsyam kasah svaso bhramah klamah |
loha-lohita-matsyama-gandhasya-tvam svara-ksayah || 5 ||

rakta-haridra-harita-varna-ta nayanadisu |
nila-lohita-pitanam varnanam a-vivecanam || 6 ||

svapne tad-varna-darsi-tvam bhavaty asmin bhavisyati |
urdhvam nasaksi-karnasyair medhra-yoni-gudair adhah || 7 ||

kupitam roma-kupais ca samastais tat pravartate |
urdhvam sadhyam kaphad yasmat tad virecana-sadhanam || 8 ||

bahv-ausadham ca pittasya vireko hi varausadham |
anubandhi kapho yas ca tatra tasyapi suddhi-krt || 9 ||

kasayah svadavo 'py asya visuddha-slesmano hitah |
kim u tiktah kasaya va ye nisargat kaphapahah || 10 ||

adho yapyam calad yasmat tat pracchardana-sadhanam |
alpausadham ca pittasya vamanam na varausadham || 11 ||

anubandhi calo yas ca santaye 'pi na tasya tat |
kasayas ca hitas tasya madhura eva kevalam || 12 ||

kapha-maruta-samsrstam a-sadhyam ubhayayanam |
a-sakya-pratilomya-tvad a-bhavad ausadhasya ca || 13 ||

na hi samsodhanam kiñ-cid asty asya pratiloma-gam |

sodhanam pratilomam ca rakta-pitte bhisag-jitam || 14 ||

3.14bv asty asya pratilomanam 3.14bv asty asya pratilomakam
evam evopasamanam sarva-so nasya vidyate |
samsrstesu hi dosesu sarva-jic chamanam hitam || 15 ||

tatra dosanugamanam sirasra iva laksayet |
upadravams ca vikrti-jñanatas tesu cadhikam || 16 ||

asu-kari yatah kasas tam evatah pravaksyati |
pañca kasah smrta vata-pitta-slesma-ksata-ksayaih || 17 ||

3.17bv tam evatah pracaksyate 3.17bv tam evatah pracaksate
ksayayopeksitah sarve balinas cottarottaram |
tesam bhavisyatam rupam kanthe kandur a-rocakah || 18
||

3.18bv balinas ca yathottaram
suka-purnabha-kantha-tvam tatradho vihato 'nilah |
urdhvam pravrttah prapyoras tasmin kanthe ca samsajan || 19 ||

sirah-srotamsi sampurya tato 'ngany utksipann iva |
ksipann ivaksini prstham urah parsve ca pidayan || 20 ||

pravartate sa vaktrena bhinna-kamsyopama-dhvanih |
hetu-bhedat pratighata-bhedo vayoh sa-ramhasah || 21 ||

yad ruja-sabda-vaisamyam kasanam jayate tatah |
kupito vatalair vatah suskorah-kantha-vaktra-tam || 22 ||

3.22cv kupito vatalair vayuh
hrt-parsvorah-sirah-sulam moha-ksobha-svara-ksayan |
karoti suskam kasam ca maha-vega-ruja-svanam || 23 ||

3.23cv karoti suska-kasam ca
so 'nga-harsi kapham suskam krcchran muktvalpa-tam vrajet |
pittat pitaksi-kapha-ta tiktasya-tvam jvaro bhramah || 24 ||

pittasrg-vamanam trsna vaisvaryam dhumako 'mlakah |
pratatam kasa-vegena jyotisam iva darsanam || 25 ||

3.25bv vaisvaryam dhumako madah
kaphad uro 'lpa-run murdha-hrdayam stimitam guru |
kanthopalepah sadanam pinasa-cchardy-a-rocakah || 26 ||

3.26cv kanthasya-lepah sadanam
roma-harso ghana-snigdha-sveta-slesma-pravartanam |
yuddhadyaih sahasais tais taih sevitair a-yatha-balam || 27 ||

urasy antah-ksate vayuh pittenanugato bali |
kupitah kurute kasam kapham tena sa-sonitam || 28 ||

pitam syavam ca suskam ca grathitam kuthitam bahu |
sthivet kanthena rujata vibhinneneva corasa || 29 ||

3.29av pitam syamam ca suskam ca
sucibhir iva tiksnabhis tudyamanena sulina |
parva-bheda-jvara-svasa-trsna-vaisvarya-kampa-van || 30 ||

paravata ivakujan parsva-suli tato 'sya ca |
kramad viryam rucih pakta balam varnas ca hiyate || 31 ||

ksinasya sasrn-mutra-tvam syac ca prstha-kati-grahah |
vayu-pradhanah kupita dhatavo raja-yaksminah || 32 ||

kurvanti yaksmayatanaih kasam sthivet kapham tatah |
puti-puyopamam pitam visram harita-lohitam || 33 ||

lucyete iva parsve ca hrdayam patativa ca |
a-kasmad usna-siteccha bahv-asi-tvam bala-ksayah || 34 ||

3.34av lupyete iva parsve ca
snigdha-prasanna-vaktra-tvam sri-mad-darsana-netra-ta |
tato 'sya ksaya-rupani sarvany avir-bhavanti ca || 35 ||

3.35bv sri-mad-dasana-netra-ta
ity esa ksaya-jah kasah ksinanam deha-nasanah |
yapyo va balinam tad-vat ksata-jo 'bhinavau tu tau || 36 ||

sidhyetam api sanathyat sadhya dosaih prthak trayah |
misra yapya dvayat sarve jarasa sthavirasya ca || 37 ||

3.37av sidhyetam api samarthyat
kasac chvasa-ksaya-cchardi-svara-sadadayo gadah |
bhavanty upeksaya yasmat tasmat tam tvaraya jayet || 38 ||

nidanasthana
kasa-vrddhya bhavec chvasah purvair va dosa-kopanaih |
amatisara-vamathu-visa-pandu-jvarair api || 1 ||

rajo-dhumanilair marma-ghatad ati-himambuna |
ksudrakas tamakas chinno mahan urdhvas ca pañcamah || 2 ||

kaphoparuddha-gamanah pavano visvag-asthitah |
pranodakanna-vahini dustah srotamsi dusayan || 3 ||

urah-sthah kurute svasam amasaya-samudbhavam |
prag-rupam tasya hrt-parsva-sulam prana-viloma-ta || 4 ||

anahah sankha-bhedas ca tatrayasati-bhojanaih |
preritah prerayet ksudram svayam samsamanam marut || 5 ||

pratilomam sira gacchann udirya pavanah kapham |
parigrhya siro-grivam urah parsve ca pidayan || 6 ||

kasam ghurghurakam moham a-rucim pinasam trsam |
karoti tivra-vegam ca svasam pranopatapinam || 7 ||

pratamyet tasya vegena nisthyutante ksanam sukhi |
krcchrac chayanah svasiti nisannah svasthyam rcchati || 8 ||

ucchritakso lalatena svidyata bhrsam arti-man |
visuskasyo muhuh-svasi kanksaty usnam sa-vepathuh || 9 ||

meghambu-sita-prag-vataih slesmalais ca vivardhate |
sa yapyas tamako sadhyo navo va balino bhavet || 10 ||

jvara-murcha-yutah sitaih samyet pratamakas tu sah |
chinnac chvasiti vicchinnam marma-ccheda-rujarditah || 11 ||

sa-sveda-murchah sanaho vasti-daha-nirodha-van |
adho-drg viplutaksas ca muhyan raktaika-locanah || 12 ||

suskasyah pralapan dino nasta-cchayo vi-cetanah |
mahata mahata dino nadena svasiti krathan || 13 ||

4.13cv mahato mahata dino
uddhuyamanah samrabdho mattarsabha iva-nisam |
pranasta-jñana-vijñano vibhranta-nayanananah || 14 ||

vaksah samaksipan baddha-mutra-varca visirna-vak |
suska-kantho muhur muhyan karna-sankha-siro-'ti-ruk || 15 ||

dirgham urdhvam svasity urdhvan na ca pratyaharaty adhah |
slesmavrta-mukha-srotah kruddha-gandha-vaharditah || 16 ||

urdhva-drg viksate bhrantam aksini paritah ksipan |
marmasu cchidyamanesu paridevi niruddha-vak || 17 ||

ete sidhyeyur a-vyakta vyaktah prana-hara dhruvam |
svasaika-hetu-prag-rupa-samkhya-prakrti-samsrayah || 18 ||

4.18dv -samkhya-prakrti-samsraya
hidhma bhaktodbhava ksudra yamala mahatiti ca |
gambhira ca marut tatra tvaraya-yukti-sevitaih || 19 ||

ruksa-tiksna-khara-satmyair anna-panaih prapiditah |
karoti hidhmam a-rujam manda-sabdam ksavanugam || 20 ||

samam satmyanna-panena ya prayati ca sanna-ja |
ayasat pavanah ksudrah ksudram hidhmam pravartayet || 21 ||

4.21cv ayasat pavanah kruddhah
jatru-mula-pravisrtam alpa-vegam mrdum ca sa |
vrddhim ayasyato yati bhukta-matre ca mardavam || 22 ||

cirena yamalair vegair ahare ya pravartate |
parinamon-mukhe vrddhim pariname ca gacchati || 23 ||

kampayanti siro-grivam adhmatasyati-trsyatah |
pralapa-cchardy-atisara-netra-vipluti-jrmbhinah || 24 ||

4.24av kampayanti siro-grivam
yamala vegini hidhma parinama-vati ca sa |
stabdha-bhru-sankha-yugmasya sasra-vipluta-caksusah || 25 ||

4.25cv dhvasta-bhru-sankha-yugmasya 4.25dv sasru-vipluta-caksusah
stambhayanti tanum vacam smrtim samjñam ca musnati |
rundhati margam annasya kurvati marma-ghattanam || 26 ||

prsthato namanam sosam maha-hidhma pravartate |
maha-mula maha-sabda maha-vega maha-bala || 27 ||

pakvasayad va nabher va purva-vad ya pravartate |
tad-rupa sa muhuh kuryaj jrmbham anga-prasaranam || 28 ||

gambhirenanunadena gambhira tasu sadhayet |
adye dve varjayed antye sarva-lingam ca veginim || 29 ||

sarvas ca samcitamasya sthavirasya vyavayinah |
vyadhibhih ksina-dehasya bhakta-ccheda-ksatasya va || 30 ||

sarve 'pi roga nasaya na tv evam sighra-karinah |
hidhma-svasau yatha tau hi mrtyu-kale krtalayau || 31 ||

nidanasthana
aneka-roganugato bahu-roga-puro-gamah |
raja-yaksma ksayah soso roga-rad iti ca smrtah || 1 ||

naksatranam dvi-janam ca rajño 'bhud yad ayam pura |
yac ca raja ca yaksma ca raja-yaksma tato matah || 2 ||

dehausadha-ksaya-krteh ksayas tat-sambhavac ca sah |
rasadi-sosanac choso roga-rat tesu rajanat || 3 ||

5.3dv roga-rat roga-rajanat
sahasam vega-samrodhah sukraujah-sneha-samksayah |
anna-pana-vidhi-tyagas catvaras tasya hetavah || 4 ||

tair udirno 'nilah pittam kapham codirya sarvatah |
sarira-samdhin avisya tan siras ca prapidayan || 5 ||

mukhani srotasam ruddhva tathaivativivrtya va |
sarpann urdhvam adhas tiryag yatha-svam janayed gadan || 6 ||

rupam bhavisyatas tasya pratisyayo bhrsam ksavah |
praseko mukha-madhuryam sadanam vahni-dehayoh || 7 ||

sthaly-amatranna-panadau sucav apy a-suciksanam |
maksika-trna-kesadi-patah prayo 'nna-panayoh || 8 ||

hrl-lasas chardir a-rucir asnato 'pi bala-ksayah |
panyor aveksa padasya-sopho 'ksnor ati-sukla-ta || 9 ||

bahvoh pramana-jijñasa kaye baibhatsya-darsanam |
stri-madya-mamsa-priya-ta ghrni-tvam murdha-gunthanam || 10 ||

nakha-kesati-vrddhis ca svapne cabhibhavo bhavet |
patanga-krkalasahi-kapi-svapada-paksibhih || 11 ||

5.11dv -kapi-svapada-pattribhih

kesasthi-tusa-bhasmadi-rasau samadhirohanam |
sunyanam grama-desanam darsanam susyato 'mbhaso || 12 ||

jyotir girinam patatam jvalatam ca mahi-ruham |
pinasa-svasa-kasamsa-murdha-svara-rujo '-rucih || 13 ||

urdhvam vid-bhramsa-samsosav adhas chardis ca kostha-ge |
tiryak-sthe parsva-rug-dose samdhi-ge bhavati jvarah || 14 ||

5.14av urdhvam vit-sramsa-samsosav 5.14bv adhas chardis tu kostha-ge
rupany eka-dasaitani jayante raja-yaksminah |
tesam upadravan vidyat kanthoddhvamsam uro-rujam || 15 ||

jrmbhanga-marda-nisthiva-vahni-sadasya-puti-tah |
tatra vatac chirah-parsva-sulam amsanga-mardanam || 16 ||

kanthoddhvamsah svara-bhramsah pittat padamsa-panisu |
daho 'tisaro 'srk-chardir mukha-gandho jvaro madah || 17 ||

kaphad a-rocakas chardih kaso murdhanga-gauravam |
prasekah pinasah svasah svara-sado 'lpa-vahni-ta || 18 ||

5.18dv svara-bhedo 'lpa-vahni-ta
dosair mandanala-tvena sopalepaih kapholbanaih |
sroto-mukhesu ruddhesu dhatusmasv alpakesu ca || 19 ||

vidahyamanah sva-sthane rasas tams tan upadravan |
kuryad a-gacchan mamsadin asrk cordhvam pradhavati || 20 ||

pacyate kostha evannam anna-paktraiva casya yat |
prayo 'sman mala-tam yatam naivalam dhatu-pustaye || 21 ||

raso 'py asya na raktaya mamsaya kuta eva tu |
upastabdhah sa sakrta kevalam vartate ksayi || 22 ||

5.22cv upastabdhah sa sakrta
lingesv alpesv api ksinam vyadhy-ausadha-bala-ksamam |
varjayet sadhayed eva sarvesv api tato 'nya-tha || 23 ||

5.23cv varjayet sadhayed evam
ksina-mamsa-balam jahyat purva-lingair upadrutam |
pratyakhyaya naram casu dravya-vantam upacaret || 23+1 ||

dosair vyastaih samastais ca ksayat sasthas ca medasa |
svara-bhedo bhavet tatra ksamo ruksas calah svarah || 24 ||

5.24bv ksayat sasthas ca medasah
suka-purnabha-kantha-tvam snigdhosnopasayo 'nilat |
pittat talu-gale dahah sosa uktavasuyanam || 25 ||

limpann iva kaphat kantham mandah khurakhurayate |
svaro vibaddhah sarvais tu sarva-lingah ksayat kaset || 26 ||

dhumayativa caty-artham medasa slesma-laksanah |

krcchra-laksyaksaras catra sarvair antyam ca varjayet || 27 ||

a-rocako bhaved dosair jihva-hrdaya-samsrayaih |
samnipatena manasah samtapena ca pañcamah || 28 ||

5.28bv jihva-hrdaya-samsritaih
kasaya-tikta-madhuram vatadisu mukham kramat |
sarvotthe vi-rasam soka-krodhadisu yatha-malam || 29 ||

chardir dosaih prthak sarvair dvistair arthais ca pañcami |
udano vikrto dosan sarvasv apy urdhvam asyati || 30 ||

tasutklesasya-lavanya-praseka-rucayo 'gra-gah |
nabhi-prstham rujan vayuh parsve caharam utksipet || 31 ||

tato vicchinnam alpalpam kasayam phenilam vamet |
sabdodgara-yutam krsnam accham krcchrena vega-vat || 32 ||

kasasya-sosa-hrn-murdha-svara-pida-klamanvitah |
pittat ksarodaka-nibham dhumram harita-pitakam || 33 ||

sasrg amlam katusnam ca trn-murcha-tapa-daha-vat |
kaphat snigdham ghanam sitam slesma-tantu-gavaksitam || 34 ||

5.34bv trn-murcha-tapa-daha-van
madhuram lavanam bhuri prasaktam roma-harsanam |
mukha-svayathu-madhurya-tandra-hrl-lasa-kasa-van || 35 ||

sarva-linga malaih sarvai ristokta ya ca tam tyajet |
puty-a-medhya-suci-dvista-darsana-sravanadibhih || 36 ||

tapte citte hrdi kliste chardir dvistartha-yoga-ja |
vatadin eva vimrset krmi-trnama-daurhrde || 37 ||

sula-vepathu-hrl-lasair visesat krmi-jam vadet |
krmi-hrd-roga-lingais ca smrtah pañca tu hrd-gadah || 38 ||

tesam gulma-nidanoktaih samutthanais ca sambhavah |
vatena sulyate 'ty-artham tudyate sphutativa ca || 39 ||

5.39bv samutthanaih samudbhavah
bhidyate susyati stabdham hrdayam sunya-ta dravah |
a-kasmad dina-ta soko bhayam sabda-sahisnu-ta || 40 ||

5.40bv hrdayam sunya-ta-dravam
vepathur vestanam mohah svasa-rodho 'lpa-nidra-ta |
pittat trsna bhramo murcha dahah svedo 'mlakah klamah || 41 ||

chardanam camla-pittasya dhumakah pita-ta jvarah |
slesmana hrdayam stabdham bharikam sasma-garbha-vat || 42 ||

5.42bv tamakah pita-ta jvarah
kasagni-sada-nisthiva-nidralasya-ruci-jvarah |
sarva-lingas tribhir dosaih krmibhih syava-netra-ta || 43 ||

5.43cv sarva-lingam tribhir dosaih
tamah-praveso hrl-lasah sosah kanduh kapha-srutih |
hrdayam pratatam catra krakaceneva daryate || 44 ||

cikitsed amayam ghoram tam sighram sighra-karinam |
vatat pittat kaphat trsna samnipatad rasa-ksayat || 45 ||

sasthi syad upasargac ca vata-pitte tu karanam |
sarvasu tat-prakopo hi saumya-dhatu-prasosanat || 46 ||

sarva-deha-bhramotkampa-tapa-trd-daha-moha-krt |
jihva-mula-gala-kloma-talu-toya-vahah sirah || 47 ||

samsosya trsna jayante tasam samanya-laksanam |
mukha-soso jala-trptir anna-dvesah svara-ksayah || 48 ||

kanthaustha-jihva-karkasyam jihva-niskramanam klamah |
pralapas citta-vibhramsas trd-grahoktas tathamayah || 49 ||

marutat ksama-ta dainyam sankha-todah siro-bhramah |
gandha-jñanasya-vairasya-sruti-nidra-bala-ksayah || 50 ||

5.50cv gandha-jñanasya-vairasyam 5.50dv -sruti-nidra-bala-ksayah
5.50dv
sruti-nidra-bala-ksayah
sitambu-panad vrddhis ca pittan murchasya-tikta-ta |
rakteksana-tvam pratatam soso daho 'ti-dhumakah || 51 ||

kapho runaddhi kupitas toya-vahisu marutam |
srotahsu sa kaphas tena panka-vac chosyate tatah || 52 ||

sukair ivacitah kantho nidra madhura-vaktra-ta |
adhmanam siraso jadyam staimitya-cchardy-a-rocakah || 53 ||

alasyam a-vipakas ca sarvaih syat sarva-laksana |
amodbhava ca bhaktasya samrodhad vata-pitta-ja || 54 ||

usna-klantasya sahasa sitambho bhajatas trsam |
usma ruddho gatah kostham yam kuryat pitta-jaiva sa || 55 ||

ya ca panati-panottha tiksnagneh sneha-ja ca ya |
snigdha-gurv-amla-lavana-bhojanena kaphodbhava || 56 ||

5.56bv tiksnagni-sneha-ja ca ya
trsna rasa-ksayoktena laksanena ksayatmika |
sosa-meha-jvarady-anya-dirgha-rogopasargatah || 57 ||

5.57cv sosa-moha-jvarady-anya- ya trsna jayate tivra
sopasargatmika smrta || 57uab ||

nidanasthana
tiksnosna-ruksa-suksmamlam vyavayy asu-karam laghu |
vikasi visadam madyam ojaso 'smad viparyayah || 1 ||

6.1av tiksnosna-ruksa-suksmamla- 6.1bv -vyavayy asu-karam

laghu 6.1cv
vikasi visadam madyam
tiksnadayo vise 'py uktas cittopaplavino gunah |
jivitantaya jayante vise tutkarsa-vrttitah || 2 ||

tiksnadibhir gunair madyam mandadin ojaso gunan |
dasabhir dasa samksobhya ceto nayati vi-kriyam || 3 ||

adye made dvitiye tu pramadayatane sthitah |
dur-vikalpa-hato mudhah sukham ity adhimucyate || 4 ||

6.4av adye made dvitiye ca 6.4av adye made dvitiye sa 6.4dv sukham ity abhimucyate
6.4dv sukham ity abhimanyate 6.4dv sukham ity avamanyate
madhyamottamayoh samdhim prapya rajasa-tamasah |
nir-ankusa iva vyalo na kiñ-cin nacarej jadah || 5 ||

6.5dv na kim kim vacarej jadah
iyam bhumir a-vadyanam dauhsilyasyedam aspadam |
eko 'yam bahu-margaya dur-gater desikah param || 6 ||

6.6av iyam bhumir a-vidyanam
nis-cestah sava-vac chete trtiye tu made sthitah |
maranad api papatma gatah papa-taram dasam || 7 ||

dharma-dharmam sukham duhkham arthan-artham hita-hitam |
yad asakto na janati katham tac chilayed budhah || 8 ||

madye moho bhayam sokah krodho mrtyus ca samsritah |
sonmada-mada-murchayah sapasmarapatanakah || 9 ||

yatraikah smrti-vibhramsas tatra sarvam a-sadhu yat |
a-yukti-yuktam annam hi vyadhaye maranaya va || 10 ||

madyam tri-varga-dhi-dhairya-lajjader api nasanam |
natimadyanti balinah krtahara mahasanah || 11 ||

snigdhah sat-tva-vayo-yukta madya-nityas tad-anvayah |
medah-kaphadhika manda-vata-pitta drdhagnayah || 12 ||

viparyaye 'timadyanti visrabdhah kupitas ca ye |
madyena camla-ruksena sa-jirne bahunati ca || 13 ||

6.13dv sa-jirne bahunapi ca
vatat pittat kaphat sarvais catvarah syur madatyayah |
sarve 'pi sarvair jayante vyapadesas tu bhuyasa || 14 ||

samanyam laksanam tesam pramoho hrdaya-vyatha |
vid-bhedah pratatam trsna saumyagneyo jvaro '-rucih || 15 ||

6.15bv pramoho hrdaye vyatha
sirah-parsvasthi-ruk-kampo marma-bhedas trika-grahah |
uro-vibandhas timiram kasah svasah prajagarah || 16 ||

6.16av sirah-parsvasthi-ruk-stambho
svedo 'ti-matram vistambhah svayathus citta-vibhramah |
pralapas chardir utkleso bhramo duh-svapna-darsanam || 17 ||

visesaj jagara-svasa-kampa-murdha-rujo 'nilat |
svapne bhramaty utpatati pretais ca saha bhasate || 18 ||

pittad daha-jvara-sveda-mohatisara-trd-bhramah |
deho harita-haridro rakta-netra-kapola-ta || 19 ||

slesmana chardi-hrl-lasa-nidrodardanga-gauravam |
sarva-je sarva-linga-tvam muktva madyam pibet tu yah || 20 ||

6.20av slesmanas chardi-hrl-lasa-
sahasan-ucitam vanyat tasya dhvamsaka-viksayau |
bhavetam marutat kastau dur-balasya visesatah || 21 ||

6.21av sahasan-ucitam canyat 6.21bv tasya dhvamsaka-vit-ksayau
dhvamsake slesma-nisthivah kantha-soso 'ti-nidra-ta |
sabda-saha-tvam tandra ca viksaye 'nga-siro-'ti-ruk || 22 ||

6.22dv vit-ksaye 'nga-siro-'ti-ruk
hrt-kantha-rogah sammohah kasas trsna vamir jvarah |
nivrtto yas tu madyebhyo jitatma buddhi-purva-krt || 23 ||

6.23av hrt-kantha-rodhah sammohah
vikaraih sprsyate jatu na sa sarira-manasaih |
rajo-moha-hitahara-parasya syus trayo gadah || 24 ||

rasasrk-cetana-vahi-sroto-rodha-samudbhavah |
mada-murchaya-samnyasa yathottara-balottarah || 25 ||

mado 'tra dosaih sarvais ca rakta-madya-visair api |
saktan-alpa-drutabhasas calah skhalita-cestitah || 26 ||

ruksa-syavaruna-tanur made vatodbhave bhavet |
pittena krodhano rakta-pitabhah kalaha-priyah || 27 ||

6.27bv made vata-krte bhavet
sv-alpa-sambaddha-vak panduh kaphad dhyana-paro 'lasah |
sarvatma samnipatena raktat stabdhanga-drsti-ta || 28 ||

6.28av sv-alpa-sambaddha-vak panduh
pitta-lingam ca madyena vikrteha-svaranga-ta |
vise kampo 'ti-nidra ca sarvebhyo 'bhyadhikas tu sah || 29 ||

6.29cv visat kampo 'ti-nidra ca 6.29dv sarvebhyo 'bhyadhikas ca sah
laksayel laksanotkarsad vatadin sonitadisu |
arunam krsna-nilam va kham pasyan praviset tamah || 30 ||

sighram ca pratibudhyeta hrt-pida vepathur bhramah |
karsyam syavaruna chaya murchaye marutatmake || 31 ||

6.31cv karsyam syavaruna-cchaye

pittena raktam pitam va nabhah pasyan viset tamah |
vibudhyeta ca sa-svedo daha-trt-tapa-piditah || 32 ||

bhinna-vin nila-pitabho rakta-pitakuleksanah |
kaphena megha-samkasam pasyann akasam aviset || 33 ||

tamas cirac ca budhyeta sa-hrl-lasah praseka-van |
gurubhih stimitair angair ardra-carmavanaddha-vat || 34 ||

sarvakrtis tribhir dosair apasmara ivaparah |
patayaty asu nis-cestam vina bibhatsa-cestitaih || 35 ||

6.35dv vina baibhatsya-cestitaih
dosesu mada-murchayah krta-vegesu dehinam |
svayam evopasamyanti samnyaso nausadhair vina || 36 ||

vag-deha-manasam cestam aksipyati-bala malah |
samnyasam samnipatitah pranayatana-samsrayah || 37 ||

kurvanti tena purusah kasthi-bhuto mrtopamah |
mriyeta sighram sighram cec cikitsa na prayujyate || 38 ||

6.38bv kastha-bhuto mrtopamah
a-gadhe graha-bahule salilaugha ivatate |
samnyase vinimajjantam naram asu nivartayet || 39 ||

6.39cv abhinyase ca majjantam
mada-mana-rosa-tosa-prabhrtibhir aribhir nijaih parisvangah |
yukta-yuktam ca samam yukti-viyuktena madyena || 40 ||

bala-kala-desa-satmya-prakrti-sahayamaya-vayamsi |
pravibhajya tad-anurupam yadi pibati tatah pibaty amrtam || 41 ||

nidanasthana
ari-vat pranino mamsa-kilaka visasanti yat |
arsamsi tasmad ucyante guda-marga-nirodhatah || 1 ||

dosas tvan-mamsa-medamsi samdusya vividhakrtin |
mamsankuran apanadau kurvanty arsamsi tan jaguh || 2 ||

saha-janmottarotthana-bhedad dve-dha samasatah |
suska-sravi-vibhedac ca gudah sthulantra-samsrayah || 3 ||

ardha-pañcangulas tasmims tisro 'dhy-ardhangulah sthitah |
balyah pravahini tasam antar madhye visarjani || 4 ||

bahya samvarani tasya gudaustho bahir angule |
yavadhy-ardhah pramanena romany atra tatah param || 5 ||

7.5av bahya samvarani tasyam 7.5cv yavadhy-ardha-pramanena
tatra hetuh sahotthanam vali-bijopatapta-ta |
arsasam bija-taptis tu mata-pitr-apacaratah || 6 ||

7.6bv vali-bijopatapti-ta
daivac ca tabhyam kopo hi samnipatasya tany atah |

a-sadhyany evam akhyatah sarve rogah kulodbhavah || 7 ||

saha-jani visesena ruksa-dur-darsanani ca |
antar-mukhani panduni darunopadravani ca || 8 ||

so-dhanyani prthag dosa-samsarga-nicayasratah |
suskani vata-slesmabhyam ardrani tv asra-pittatah || 9 ||

dosa-prakopa-hetus tu prag uktas tena sadite |
agnau male 'ti-nicite punas cati-vyavayatah || 10 ||

yana-samksobha-visama-kathinotkatakasanat |
vasti-netrasma-lostorvi-tala-cailadi-ghattanat || 11 ||

bhrsam sitambu-samsparsat pratatati-pravahanat |
vata-mutra-sakrd-vega-dharanat tad-udiranat || 12 ||

jvara-gulmatisarama-grahani-sopha-pandubhih |
karsanad visamabhyas ca cestabhyo yositam punah || 13 ||

ama-garbha-prapatanad garbha-vrddhi-prapidanat |
idrsais caparair vayur apanah kupito malam || 14 ||

payor valisu tam dhatte tasv abhisyanna-murtisu |
jayante 'rsamsi tat-purva-laksanam manda-vahni-ta || 15 ||

7.15av payu-valisu tam dhatte 7.15av payor valisu samdhatte
vistambhah sakthi-sadanam pindikodvestanam bhramah |
sado 'nge netrayoh sophah sakrd-bhedo 'tha-va grahah || 16 ||

marutah pracuro mudhah prayo nabher adhas caran |
sa-ruk sa-parikartas ca krcchran nirgacchati svanam || 17 ||

antra-kujanam atopah ksama-todgara-bhuri-ta |
prabhutam mutram alpa vid a-sraddha dhumako 'mlakah || 18 ||

7.18cv prabhuta-mutra-talpa vid
sirah-prsthorasam sulam alasyam bhinna-varna-ta |
tandrendriyanam daurbalyam krodho duhkhopacara-ta || 19 ||

asanka grahani-dosa-pandu-gulmodaresu ca |
etany eva vivardhante jatesu hata-namasu || 20 ||

7.20cv etany eva ca vardhante
nivartamano 'pano hi tair adho-marga-rodhatah |
ksobhayann anilan anyan sarvendriya-sarira-gan || 21 ||

tatha mutra-sakrt-pitta-kaphan dhatums ca sasayan |
mrdnaty agnim tatah sarvo bhavati praya-so 'rsasah || 22 ||

krso bhrsam hatotsaho dinah ksamo 'ti-nis-prabhah |
a-saro vigata-cchayo jantu-justa iva drumah || 23 ||

krtsnair upadravair grasto yathoktair marma-pidanaih |
tatha kasa-pipasasya-vairasya-svasa-pinasaih || 24 ||

klamanga-bhanga-vamathu-ksavathu-svayathu-jvaraih |
klaibya-badhirya-taimirya-sarkarasmari-piditah || 25 ||

ksama-bhinna-svaro dhyayan muhuh sthivan a-rocaki |
sarva-parvasthi-hrn-nabhi-payu-vanksana-sula-van || 26 ||

gudena sravata piccham pulakodaka-samnibham |
vibaddha-muktam suskardram pakvamam cantarantara || 27 ||

pandu pitam harid raktam picchilam copavesyate |
gudankura bahv-anilah suskas cimicimanvitah || 28 ||

mlanah syavarunah stabdha visamah parusah kharah |
mitho vi-sadrsa vakras tiksna visphutitananah || 29 ||

bimbi-karkandhu-kharjura-karpasi-phala-samnibhah |
ke-cit kadamba-puspabhah ke-cit siddharthakopamah || 30 ||

sirah-parsvamsa-katy-uru-vanksanabhyadhika-vyathah |
ksavathudgara-vistambha-hrd-graha-rocaka-pradah || 31 ||

7.31dv -hrd-rava-rocaka-pradah
kasa-svasagni-vaisamya-karna-nada-bhramavahah |
tair arto grathitam stokam sa-sabdam sa-pravahikam || 32 ||

ruk-phena-picchanugatam vibaddham upavesyate |
krsna-tvan-nakha-vin-mutra-netra-vaktras ca jayate || 33 ||

gulma-plihodarasthila-sambhavas tata eva ca |
pittottara nila-mukha rakta-pitasita-prabhah || 34 ||

tanv-asra-sravino visras tanavo mrdavah slathah |
suka-jihva-yakrt-khanda-jalauko-vaktra-samnibhah || 35 ||

daha-paka-jvara-sveda-trn-murcha-ruci-moha-dah |
sosmano drava-nilosna-pita-raktama-varcasah || 36 ||

yava-madhya harit-pita-haridra-tvan-nakhadayah |
slesmolbana maha-mula ghana manda-rujah sitah || 37 ||

7.37av yava-madhya harit-pita 7.37bv haridra-tvan-nakhadayah
ucchunopacitah snigdhah stabdha-vrtta-guru-sthirah |
picchilah stimitah slaksnah kandv-adhyah
sparsana-priyah || 38 ||

karira-panasasthy-abhas tatha go-stana-samnibhah |
vanksananahinah payu-vasti-nabhi-vikartinah || 39 ||

sa-kasa-svasa-hrl-lasa-praseka-ruci-pinasah |
meha-krcchra-siro-jadya-sisira-jvara-karinah || 40 ||

klaibyagni-mardava-cchardir-ama-praya-vikara-dah |
vasabha-sa-kapha-prajya-purisah sa-pravahikah || 41 ||

7.41cv vasabhah sa-kapha-prajya-

na sravanti na bhidyante pandu-snigdha-tvag-adayah |
samsrsta-lingah samsargan nicayat sarva-laksanah || 42
||

raktolbana gude-kilah pittakrti-samanvitah |
vata-praroha-sadrsa guñja-vidruma-samnibhah || 43 ||

te 'ty-artham dustam usnam ca gadha-vit-pratipiditah |
sravanti sahasa raktam tasya cati-pravrttitah || 44 ||

bhekabhah pidyate duhkhaih sonita-ksaya-sambhavaih |
hina-varna-balotsaho hataujah kalusendriyah || 45 ||

mudga-kodrava-jurnahva-karira-canakadibhih |
ruksaih samgrahibhir vayuh sve sthane kupito bali || 46 ||

7.46dv sva-sthane kupito bali
adho-vahani srotamsi samrudhyadhah prasosayan |
purisam vata-vin-mutra-sangam kurvita darunam || 47 ||

tena tivra ruja kostha-prstha-hrt-parsva-ga bhavet |
adhmanam udaravesto hrl-laso parikartanam || 48 ||

vastau ca su-taram sulam ganda-svayathu-sambhavah |
pavanasyordhva-gami-tvam tatas chardy-a-ruci-jvarah || 49 ||

hrd-roga-grahani-dosa-mutra-sanga-pravahikah |
badhirya-timira-svasa-siro-ruk-kasa-pinasah || 50 ||

mano-vikaras trsnasra-pitta-gulmodaradayah |
te te ca vata-ja roga jayante bhrsa-darunah || 51 ||

dur-namnam ity udavartah paramo 'yam upadravah |
vatabhibhuta-kosthanam tair vinapi sa jayate || 52 ||

saha-jani tri-dosani yani cabhyantare valau |
sthitani tany a-sadhyani yapyante 'gni-baladibhih || 53 ||

dvandva-jani dvitiyayam valau yany asritani ca |
krcchra-sadhyani tany ahuh pari-samvatsarani ca || 54 ||

bahyayam tu valau jatany eka-dosolbanani ca |
arsamsi sukha-sadhyani na cotpatitani ca || 55 ||

medhradisv api vaksyante yatha-svam nabhi-jani tu |
gandu-padasya-rupani picchilani mrduni ca || 56 ||

vyano grhitva slesmanam karoty arsas tvaco bahih |
kilopamam sthira-kharam carma-kilam tu tam viduh || 57 ||

vatena todah parusyam pittad asita-rakta-ta |
slesmana snigdha-ta tasya grathita-tvam sa-varna-ta || 58 ||

arsasam prasame yatnam asu kurvita buddhi-man |
tany asu hi gudam baddhva kuryur baddha-gudodaram || 59 ||

nidanasthana
dosair vyastaih samastais ca bhayac chokac ca sad-vidhah |
atisarah sa su-taram jayate 'ty-ambu-panatah || 1 ||

krsa-suskamisa-satmya-tila-pista-virudhakaih |
madya-ruksati-matrannair arsobhih sneha-vibhramat || 2 ||

krmibhyo vega-rodhac ca tad-vidhaih kupito 'nilah |
visramsayaty adho 'b-dhatum hatva tenaiva canalam || 3 ||

vyapadyanu-sakrt kostham purisam drava-tam nayan |
prakalpate 'tisaraya laksanam tasya bhavinah || 4 ||

todo hrd-guda-kosthesu gatra-sado mala-grahah |
adhmanam a-vipakas ca tatra vatena vid-jalam || 5 ||

alpalpam sabda-suladhyam vibaddham upavesyate |
ruksam sa-phenam accham ca grathitam va muhur muhuh || 6 ||

tatha dagdha-gudabhasam sa-piccha-parikartikam |
suskasyo bhrasta-payus ca hrsta-roma vinistanan || 7 ||

8.7dv hrsta-roma vinasta-vak
pittena pitam asitam haridram sadvala-prabham |
sa-raktam ati-dur-gandham -trn-murcha-sveda-daha-van || 8 ||

8.8dv -trn-murcha-sveda-daha-vat
sa-sulam payu-samtapa-paka-vañ chlesmana ghanam |
picchilam tantu-mac chvetam snigdham amam kaphanvitam || 9 ||

8.9bv -paka-vac chlesmana ghanam
abhiksnam guru dur-gandham vibaddham anubaddha-ruk |
nidralur alaso 'nna-dvid alpalpam sa-pravahikam || 10 ||

sa-roma-harsam sotkleso guru-vasti-gudodarah |
krte 'py a-krta-samjñas ca sarvatma sarva-laksanah || 11 ||

8.11bv guru-vastir gurudarah
bhayena ksobhite citte sa-pitto dravayec chakrt |
vayus tato 'tisaryeta ksipram usnam dravam plavam || 12 ||

vata-pitta-samam lingair ahus tad-vac ca sokatah |
atisarah samasena dvi-dha samo nir-amakah || 13 ||

8.13dv dve-dha samo nir-amakah
sasrn nir-asras tatradye gauravad apsu majjati |
sakrd dur-gandham atopa-vistambharti-prasekinah || 14 ||

viparito nir-amas tu kaphat pakvo 'pi majjati |
atisaresu yo nati-yatna-van grahani-gadah || 15 ||

tasya syad agni-vidhvamsa-karair anyasya sevitaih |
samam sakrn nir-amam va jirne yenatisaryate || 16 ||

so 'tisaro 'ti-saranad asu-kari sva-bhavatah |

samam sannam a-jirne 'nne jirne pakvam tu naiva va || 17 ||

a-kasmad va muhur baddham a-kasmac chithilam muhuh |
cira-krd grahani-dosah samcayac copavesayet || 18 ||

sa catur-dha prthag dosaih samnipatac ca jayate |
prag-rupam tasya sadanam cirat pacanam amlakah || 19 ||

praseko vaktra-vairasyam a-rucis trt klamo bhramah |
anaddhodara-ta chardih karna-ksvedo 'ntra-kujanam || 20 ||

samanyam laksanam karsyam dhumakas tamako jvarah |
murcha siro-rug vistambhah svayathuh kara-padayoh || 21 ||

tatranilat talu-sosas timiram karnayoh svanah |
parsvoru-vanksana-griva-rujabhiksnam visucika || 22 ||

rasesu grddhih sarvesu ksut trsna parikartika |
jirne jiryati cadhmanam bhukte svasthyam samasnute || 23 ||

vata-hrd-roga-gulmarsah-pliha-pandu-tva-sankitah |
cirad duhkham dravam suskam tanv amam sabda-phena-vat || 24 ||

punah punah srjed varcah payu-ruk-svasa-kasa-van |
pittena nila-pitabham pitabhah srjati dravam || 25 ||

8.25cv pittena nilam pitabham 8.25cv pittena pita-nilabham
puty-amlodgara-hrt-kantha-daha-ruci-trd-arditah |
slesmana pacyate duhkham annam chardir a-rocakah || 26 ||

asyopadeha-nisthiva-kasa-hrl-lasa-pinasah |
hrdayam manyate styanam udaram stimitam guru || 27 ||

8.27av asyopadeha-madhurya- 8.27bv -kasa-sthivana-pinasah
udgaro dusta-madhurah sadanam strisv a-harsanam |
bhinnama-slesma-samsrsta-guru-varcah-pravartanam || 28 ||

a-krsasyapi daurbalyam sarva-je sarva-samkarah |
vibhage 'ngasya ye cokta visamadyas trayo 'gnayah || 29 ||
te 'pi syur grahani-dosah samas tu svasthya-karanam || 30ab
||vata-vyadhy-asmari-kustha-mehodara-bhagandarah || 30cd
||arsamsi grahanity astau maha-rogah su-dus-tarah || 30ef ||
nidanasthana
vasti-vasti-siro-medhra-kati-vrsana-payavah |
eka-sambandhanah prokta gudasthi-vivarasrayah || 1 ||

adho-mukho 'pi vastir hi mutra-vahi-sira-mukhaih |
parsvebhyah puryate suksmaih syandamanair an-aratam || 2 ||

yais tair eva pravisyainam dosah kurvanti vimsatim |
mutraghatan pramehams ca krcchran marma-samasrayan || 3 ||

vasti-vanksana-medhrarti-yukto 'lpalpam muhur muhuh |
mutrayed vata-je krcchre paitte pitam sa-daha-ruk || 4 ||

raktam va kapha-je vasti-medhra-gaurava-sopha-van |
sa-piccham sa-vibandham ca sarvaih sarvatmakam malaih || 5 ||

yada vayur mukham vaster avrtya parisosayet |
mutram sa-pittam sa-kapham sa-sukram va tada kramat || 6 ||

samjayate 'smari ghora pittad gor iva rocana |
slesmasraya ca sarva syad athasyah purva-laksanam || 7 ||

vasty-adhmanam tad-asanna-desesu parito 'ti-ruk |
mutre ca basta-gandha-tvam mutra-krcchram jvaro '-rucih || 8 ||

9.8cv mutre basta-sa-gandha-tvam
samanya-lingam run nabhi-sevani-vasti-murdhasu |
visirna-dharam mutram syat taya marga-nirodhane || 9 ||

9.9dv tatha marga-nirodhane
tad-vyapayat sukham mehed accham gomedakopamam |
tat-samksobhat ksate sasram ayasac cati-rug bhavet || 10 ||

tatra vatad bhrsarty-arto dantan khadati vepate |
mrdnati mehanam nabhim pidayaty a-nisam kvanan || 11 ||

sanilam muñcati sakrn muhur mehati bindu-sah |
syava ruksasmari casya syac cita kantakair iva || 12 ||

pittena dahyate vastih pacyamana ivosma-van |
bhallatakasthi-samsthana rakta pitasitasmari || 13 ||

9.13dv rakta-pitasitasmari
vastir nistudyata iva slesmana sitalo guruh |
asmari mahati slaksna madhu-varnatha-va sita || 14 ||

eta bhavanti balanam tesam eva ca bhuyasa |
asrayopacayalpa-tvad grahanaharane sukhah || 15 ||

sukrasmari tu mahatam jayate sukra-dharanat |
sthanac cyutam a-muktam hi muskayor antare 'nilah || 16 ||

sosayaty upasamgrhya sukram tac chuskam asmari |
vasti-ruk-krcchra-mutra-tva-muska-svayathu-karini || 17 ||

tasyam utpanna-matrayam sukram eti viliyate |
pidite tv avakase 'sminn asmary eva ca sarkara || 18 ||

anu-so vayuna bhinna sa tv asminn anuloma-ge |
nireti saha mutrena pratilome vibadhyate || 19 ||

mutra-samdharinah kuryad ruddhva vaster mukham marut |
mutra-sangam rujam kandum kada-cic ca sva-dhamatah || 20 ||

pracyavya vastim udvrttam garbhabham sthula-viplutam |
karoti tatra rug-daha-spandanodvestanani ca || 21 ||

bindu-sas ca pravarteta mutram vastau tu pidite |

dharaya dvi-vidho 'py esa vata-vastir iti smrtah || 22 ||

dus-taro dus-tara-taro dvitiyah prabalanilah |
sakrn-margasya vastes ca vayur antaram asritah || 23 ||

asthilabham ghanam granthim karoty a-calam unnatam |
vatasthileti sadhmana-vin-mutranila-sanga-krt || 24 ||

vi-gunah kundali-bhuto vastau tivra-vyatho 'nilah |
avidhya mutram bhramati sa-stambhodvesta-gauravah || 25 ||

9.25cv avisya mutram bhramati
mutram alpalpam atha-va vimuñcati sakrt srjan |
vata-kundalikety esa mutram tu vidhrtam ciram || 26 ||

na nireti vibaddham va mutratitam tad alpa-ruk |
vidharanat pratihatam vatodavartitam yada || 27 ||

nabher adhas-tad udaram mutram apurayet tada |
kuryat tivra-rug adhmanam a-paktim mala-samgraham || 28 ||

tan mutra-jatharam chidra-vaigunyenanilena va |
aksiptam alpam mutram tad vastau nale 'tha-va manau || 29 ||

9.29cv aksiptam alpam mutrasya
sthitva sravec chanaih pascat sa-rujam vatha ni-rujam |
mutrotsangah sa vicchinna-tac-chesa-guru-sephasah || 30 ||

9.30bv sa-rujam vatha-va-rujam 9.30cv mutrotsangah sa vicchinnas
9.30cv mutrotsangah sa vicchinnam
9.30dv tac-chesa-guru-sephasah
antar vasti-mukhe vrttah sthiro 'lpah sahasa bhavet |
asmari-tulya-rug granthir mutra-granthih sa ucyate || 31 ||

mutritasya striyam yato vayuna sukram uddhatam |
sthanac cyutam mutrayatah prak pascad va pravartate || 32 ||

bhasmodaka-pratikasam mutra-sukram tad ucyate |
ruksa-dur-balayor vatad udavartam sakrd yada || 33 ||

9.33dv udavrttam sakrd yada
mutra-sroto 'nuparyeti samsrstam sakrta tada |
mutram vit-tulya-gandham syad vid-vighatam tam adiset || 34 ||

pittam vyayama-tiksnosna-bhojanadhvatapadibhih |
pravrddham vayuna ksiptam vasty-upastharti-daha-vat || 35 ||

mutram pravartayet pitam sa-raktam raktam eva va |
usnam punah punah krcchrad usna-vatam vadanti tam || 36 ||

ruksasya klanta-dehasya vasti-sthau pitta-marutau |
mutra-ksayam sa-rug-daham janayetam tad-ahvayam || 37 ||

pittam kapho dvav api va samhanyete 'nilena cet |
krcchran mutram tada pitam raktam svetam ghanam srjet || 38

||

sa-daham rocana-sankha-curna-varnam bhavec ca tat |
suskam samasta-varnam va mutra-sadam vadanti tam || 39 ||

iti vistaratah prokta roga mutra-pravrtti-jah |
nidana-laksanair urdhvam vaksyante 'ti-pravrtti-jah || 40 ||

nidanasthana
prameha vimsatis tatra slesmato dasa pittatah |
sat catvaro 'nilat tesam medo-mutra-kaphavaham || 1 ||

anna-pana-kriya-jatam yat prayas tat pravartakam |
svadv-amla-lavana-snigdha-guru-picchila-sitalam || 2 ||

nava-dhanya-suranupa-mamseksu-guda-go-rasam |
eka-sthanasana-ratih sayanam vidhi-varjitam || 3 ||

vastim asritya kurute pramehan dusitah kaphah |
dusayitva vapuh-kleda-sveda-medo-rasamisam || 4 ||

10.4dv -sveda-medo-vasamisam
pittam raktam api ksine kaphadau mutra-samsrayam |
dhatun vastim upaniya tat-ksaye 'pi ca marutah || 5 ||

sadhya-yapya-parityajya mehas tenaiva tad-bhavah |
samasam a-kriya-taya mahatyaya-tayapi ca || 6 ||

samanyam laksanam tesam prabhutavila-mutra-ta |
dosa-dusya-visese 'pi tat-samyoga-visesatah || 7 ||

10.7bv prabhutakula-mutra-ta
mutra-varnadi-bhedena bhedo mehesu kalpyate |
accham bahu sitam sitam nir-gandham udakopamam || 8 ||

mehaty udaka-mehena kiñ-cic cavila-picchilam |
ikso rasam ivaty-artham madhuram ceksu-mehatah || 9 ||

sandri-bhavet paryusitam sandra-mehena mehati |
sura-mehi sura-tulyam upary accham adho ghanam || 10 ||

samhrsta-roma pistena pista-vad bahalam sitam |
sukrabham sukra-misram va sukra-mehi pramehati || 11 ||

10.11bv pista-vad bahulam sitam
murtanun sikata-mehi sikata-rupino malan |
sita-mehi su-bahu-so madhuram bhrsa-sitalam || 12 ||

10.12av mutranun sikata-mehi 10.12av mutre 'nun sikata-mehi
sanaih sanaih sanair-mehi mandam mandam pramehati |
lala-tantu-yutam mutram lala-mehena picchilam || 13 ||

gandha-varna-rasa-sparsaih ksarena ksara-toya-vat |
nila-mehena nilabham kala-mehi masi-nibham || 14 ||

haridra-mehi katukam haridra-samnibham dahat |
visram mañjistha-mehena mañjistha-salilopamam || 15 ||

visram usnam sa-lavanam raktabham rakta-mehatah |
vasa-mehi vasa-misram vasam va mutrayen muhuh || 16 ||

majjanam majja-misram va majja-mehi muhur muhuh |
hasti matta ivajasram mutram vega-vivarjitam || 17 ||

10.17av majjabham majja-misram va
sa-lasikam vibaddham ca hasti-mehi pramehati |
madhu-mehi madhu-samam jayate sa kila dvi-dha || 18 ||

10.18cv madhu-mehe madhu-samam
kruddhe dhatu-ksayad vayau dosavrta-pathe 'tha-va |
avrto dosa-lingani so '-nimittam pradarsayet || 19 ||

10.19bv dosavrta-pathe 'pi va
ksinah ksanat ksanat purno bhajate krcchra-sadhya-tam |
kalenopeksitah sarve yad yanti madhu-meha-tam || 20 ||

madhuram yac ca sarvesu prayo madhv iva mehati |
sarve 'pi madhu-mehakhya madhuryac ca tanor atah || 21 ||

a-vipako '-rucis chardir nidra kasah sa-pinasah |
upadravah prajayante mehanam kapha-janmanam || 22 ||

vasti-mehanayos todo muskavadaranam jvarah |
dahas trsnamlako murcha vid-bhedah pitta-janmanam || 23 ||

vatikanam udavarta-kampa-hrd-graha-lola-tah |
sulam unnidra-ta sosah kasah svasas ca jayate || 24 ||

10.24bv -kantha-hrd-graha-lola-tah
saravika kacchapika jalini vinatalaji |
masurika sarsapika putrini sa-vidarika || 25 ||

10.25dv putrini ca vidarika
vidradhis ceti pitikah pramehopeksaya dasa |
samdhi-marmasu jayante mamsalesu ca dhamasu || 26 ||

antonnata madhya-nimna syava kleda-rujanvita |
sarava-mana-samsthana pitika syac charavika || 27 ||

avagadharti-nistoda maha-vastu-parigraha |
slaksna kacchapa-prsthabha pitika kacchapi mata || 28 ||

stabdha sira-jala-vati snigdha-srava mahasaya |
ruja-nistoda-bahula suksma-cchidra ca jalini || 29 ||

10.29bv snigdha-srava mahasraya
avagadha-ruja-kleda prsthe va jathare 'pi va |
mahati pitika nila vinata vinata smrta || 30 ||

dahati tvacam utthane bhrsam kasta visarpini |

rakta-krsnati-trt-sphota-daha-moha-jvaralaji || 31 ||

mana-samsthanayos tulya masurena masurika |
sarsapa-mana-samsthana ksipra-paka maha-ruja || 32 ||

sarsapi sarsapa-tulya-pitika-parivarita |
putrini mahati bhuri-su-suksma-pitikacita || 33 ||

10.33av sarsapa sarsapa-tulya- 10.33dv -su-suksma-pitikavrta
10.33dv
-su-suksma-pitikanvita
vidari-kanda-vad vrtta kathina ca vidarika |
vidradhir vaksyate 'nya-tra tatradyam pitika-trayam || 34 ||

putrini ca vidari ca duh-saha bahu-medasah |
sahyah pittolbanas tv anyah sambhavanty alpa-medasah || 35 ||
tasu meha-vasac ca syad dosodreko yatha-yatham || 36ab ||pramehena
vinapy eta jayante dusta-medasah || 36cd ||tavac ca nopalaksyante
yavad vastu-parigrahah || 36ef ||
haridra-varnam raktam va meha-prag-rupa-varjitam |
yo mutrayen na tam meham rakta-pittam tu tad viduh || 37 ||

10.37dv rakta-pittam tu tam viduh 10.37dv rakta-pittam ca tad viduh
svedo 'nga-gandhah sithila-tvam ange
sayyasana-svapna-sukhabhisangah |
hrn-netra-jihva-sravanopadeho ghananga-ta kesa-nakhati-vrddhih
|| 38 ||

10.38bv sayyasana-sthana-sukhabhilasah
sita-priya-tvam gala-talu-soso madhuryam asye kara-pada-dahah |
bhavisyato meha-ganasya rupam mutre 'bhidhavanti pipilikas ca || 39
||

drstva prameham madhuram sa-piccham madhupamam syad vividho
vicarah |
sampuranad va kapha-sambhavah syat ksinesu dosesv
anilatmako va || 40 ||

10.40cv samtarpanad va kapha-sambhavah syat
sa-purva-rupah kapha-pitta-mehah kramena ye vata-krtas ca
mehah |
sadhya na te pitta-krtas tu yapyah sadhyas tu medo yadi
nati-dustam || 41 ||

10.41dv sadhyas ca medo yadi nati-dustam

nidanasthana
bhuktaih paryusitaty-usna-ruksa-suska-vidahibhih |
jihma-sayya-vicestabhis tais tais casrk-pradusanaih || 1 ||

dusta-tvan-mamsa-medo-'sthi-snayv-asrk-kandarasrayah |
yah sopho bahir antar va maha-mulo maha-rujah || 2 ||

11.2av dustas tvan-mamsa-medo-'sthi-
vrttah syad ayato yo va smrtah so-dha sa vidradhih |
dosaih prthak samuditaih sonitena ksatena ca || 3 ||

bahyo 'tra tatra tatrange daruno grathitonnatah |
antaro daruna-taro gambhiro gulma-vad ghanah || 4 ||

valmika-vat samucchrayi sighra-ghaty agni-sastra-vat |
nabhi-vasti-yakrt-pliha-kloma-hrt-kuksi-vanksane || 5 ||

syad vrkkayor apane ca vatat tatrati-tivra-ruk |
syavarunas cirotthana-pako visama-samsthitih || 6 ||

11.6av syad vrkkayor apane va
vyadha-ccheda-bhramanaha-spanda-sarpana-sabda-van |
rakta-tamrasitah pittat trn-moha-jvara-daha-van || 7 ||

ksiprotthana-prapakas ca panduh kandu-yutah kaphat |
sotklesa-sitaka-stambha-jrmbha-rocaka-gauravah || 8 ||

cirotthana-vipakas ca samkirnah samnipatatah |
samarthyac catra vibhajed bahyabhyantara-laksanam || 9 ||

11.9av cirotthana-prapakas ca
krsna-sphotavrtah syavas tivra-daha-ruja-jvarah |
pitta-lingo 'srja bahyah strinam eva tathantarah || 10 ||

sastradyair abhighatena ksate va-pathya-karinah |
ksatosma vayu-viksiptah sa-raktam pittam irayan || 11 ||

11.11dv sa-raktam pittam irayet
pittasrg-laksanam kuryad vidradhim bhury-upadravam |
tesupadrava-bhedas ca smrto 'dhisthana-bhedatah || 12 ||

nabhyam hidhma bhaved vastau mutram krcchrena puti ca |
svaso yakrti rodhas tu plihny ucchvasasya trt punah || 13 ||

gala-grahas ca klomni syat sarvanga-pragraho hrdi |
pramohas tamakah kaso hrdaye ghattanam vyatha || 14 ||

kuksi-parsvantaramsartih kuksav atopa-janma ca |
sakthnor graho vanksanayor vrkkayoh kati-prsthayoh || 15 ||

parsvayos ca vyatha payau pavanasya nirodhanam |
ama-pakva-vidagdha-tvam tesam sopha-vad adiset || 16 ||

nabher urdhvam mukhat pakvah prasravanty adhare gudat |
gudasyan nabhi-jo vidyad dosam kledac ca vidradhau || 17 ||

11.17cv ubhabhyam nabhi-jo vidyad
yatha-svam vrana-vat tatra vivarjyah samnipata-jah |
pakvo hrn-nabhi-vasti-stho bhinno 'ntar bahir eva va || 18 ||

pakvas cantah sravan vaktrat ksinasyopadravanvitah |
evam eva stana-sira vivrtah prapya yositam || 19 ||

sutanam garbhininam va sambhavec chvayathur ghanah |
stane sa-dugdhe '-dugdhe va bahya-vidradhi-laksanah || 20 ||

nadinam suksma-vaktra-tvat kanyanam na sa jayate |
kruddho ruddha-gatir vayuh sopha-sula-karas caran || 21 ||

11.21bv kanyanam tu na jayate 11.21cv kruddho 'n-urdhva-gatir vayuh
muskau vanksanatah prapya phala-kosabhivahinih |
prapidya dhamanir vrddhim karoti phala-kosayoh || 22 ||

dosasra-medo-mutrantraih sa vrddhih sapta-dha gadah |
mutrantra-jav apy anilad dhetu-bhedas tu kevalam || 23 ||

vata-purna-drti-sparso rukso vatad a-hetu-ruk |
pakvodumbara-samkasah pittad dahosma-paka-van || 24 ||

kaphac chito guruh snigdhah kandu-man kathino 'lpa-ruk |
krsna-sphotavrtah pitta-vrddhi-lingas ca raktatah || 25 ||

11.25cv krsnah sphotavrtah pitta-
kapha-van medasa vrddhir mrdus tala-phalopamah |
mutra-dharana-silasya mutra-jah sa tu gacchatah || 26 ||

ambhobhih purna-drti-vat ksobham yati sa-run mrduh |
mutra-krcchram adhas-tac ca valayam phala-kosayoh || 27 ||

vata-kopibhir aharaih sita-toyavagahanaih |
dharanerana-bharadhva-visamanga-pravartanaih || 28 ||

ksobhanaih ksubhito 'nyais ca ksudrantravayavam yada |
pavano vi-guni-krtya sva-nivesad adho nayet || 29 ||

11.29cv pavano dvi-guni-krtya kuryad vanksana-samdhi-stho
granthy-abham svayathum tada || 30ab ||
upeksyamanasya ca muska-vrddhim adhmana-ruk-stambha-vatim sa
vayuh || 30cd ||prapidito 'ntah svana-van prayati pradhmapayann eti
punas ca muktah || 30ef ||antra-vrddhir a-sadhyo 'yam
vata-vrddhi-samakrtih || 31 ||iti vrddhi-nidanam atha gulma-nidanam
|| 31+1 ||
ruksa-krsnaruna-sira-tantu-jala-gavaksitah |
gulmo 'sta-dha prthag dosaih samsrstair nicayam gataih
|| 32 ||

artavasya ca dosena narinam jayate 'stamah |
jvara-cchardy-atisaradyair vamanadyais ca karmabhih || 33 ||

karsito vatalany atti sitam vambu bubhuksitah |
yah pibaty anu cannani langhana-plavanadikam || 34 ||

11.34bv sitam cambu bubhuksitah
sevate deha-samksobhi cchardim va samudirayet |
an-udirnam udirnan va vatadin na vimuñcati || 35 ||

sneha-svedav an-abhyasya sodhanam va nisevate |

suddho vasu vidahini bhajate syandanani va || 36 ||

vatolbanas tasya malah prthak kruddha dvi-so 'tha-va |
sarve va rakta-yukta va maha-sroto-'nusayinah || 37 ||

urdhvadho-margam avrtya kurvate sula-purvakam |
sparsopalabhyam gulmakhyam utplutam granthi-rupinam || 38 ||

11.38dv unnatam granthi-rupinam
karsanat kapha-vit-pittair margasyavaranena va |
vayuh krtasrayah kosthe rauksyat kathinyam agatah || 39
||

sva-tantrah svasraye dustah para-tantrah parasraye |
pindita-tvad a-murto 'pi murta-tvam iva samsritah || 40 ||

gulma ity ucyate vasti-nabhi-hrt-parsva-samsrayah |
vatan manya-sirah-sulam jvara-plihantra-kujanam || 41 ||

vyadhah sucyeva vit-sangah krcchrad ucchvasanam muhuh |
stambho gatre mukhe sosah karsyam visama-vahni-ta || 42 ||

ruksa-krsna-tvag-adi-tvam cala-tvad anilasya ca |
a-nirupita-samsthana-sthana-vrddhi-ksaya-vyathah || 43 ||

pipilika-vyapta iva gulmah sphurati tudyate |
pittad daho 'mlako murcha-vid-bheda-sveda-trd-jvarah || 44 ||

haridra-tvam tvag-adyesu gulmas ca sparsana-sahah |
duyate dipyate sosma sva-sthanam dahativa ca || 45 ||

kaphat staimityam a-rucih sadanam sisira-jvarah |
pinasalasya-hrl-lasa-kasa-sukla-tvag-adi-tah || 46 ||

gulmo 'vagadhah kathino guruh suptah sthiro 'lpa-ruk |
sva-dosa-sthana-dhamanah sve sve kale ca ruk-karah || 47 ||

prayas trayas tu dvandvottha gulmah samsrsta-laksanah |
sarva-jas tivra-rug-dahah sighra-paki ghanonnatah || 48 ||

so '-sadhyo rakta-gulmas tu striya eva prajayate |
rtau va nava-suta va yadi va yoni-rogini || 49 ||

sevate vatalani stri kruddhas tasyah samiranah |
nirunaddhy artavam yonyam prati-masam avasthitam || 50 ||

kuksim karoti tad-garbha-lingam avis-karoti ca |
hrl-lasa-daurhrda-stanya-darsana-ksama-tadikam || 51 ||

kramena vayu-samsargat pitta-yoni-taya ca tat |
sonitam kurute tasya vata-pittottha-gulma-jan || 52 ||

ruk-stambha-dahatisara-trd-jvaradin upadravan |
garbhasaye ca su-taram sulam dustasrg-asraye || 53 ||

yonyas ca srava-daurgandhya-toda-spandana-vedanah |

na cangair garbha-vad gulmah sphuraty api tu sula-van || 54 ||

11.54bv -toda-sphurana-vedanah 11.54bv -kleda-svedana-vedanah
pindi-bhutah sa evasyah kada-cit spandate cirat |
na casya vardhate kuksir gulma eva tu vardhate || 55 ||

sva-dosa-samsrayo gulmah sarvo bhavati tena sah |
pakam cirena bhajate naiva va vidradhih punah || 56 ||

pacyate sighram aty-artham dusta-raktasraya-tvatah |
atah sighra-vidahi-tvad vidradhih so 'bhidhiyate || 57 ||

gulme 'ntar-asraye vasti-kuksi-hrt-pliha-vedanah |
agni-varna-bala-bhramso veganam ca-pravartanam || 58 ||

11.58bv -kuksi-hrt-parsva-vedanah
ato viparyayo bahye kosthangesu tu nati-ruk |
vaivarnyam avakasasya bahir unnata-tadhikam || 59 ||

satopam aty-ugra-rujam adhmanam udare bhrsam |
urdhvadho-vata-rodhena tam anaham pracaksate || 60 ||

ghano 'sthilopamo granthir asthilordhvam samunnatah |
anaha-lingas tiryak tu pratyasthila tad-akrtih || 61 ||

11.61cv anaha-lingas tiryak ca
pakvasayad gudopastham vayus tivra-rujah prayan |
tuni pratuni tu bhavet sa evato viparyaye || 62 ||

udgara-bahulya-purisa-bandha-trpty-a-ksama-tvantra-vikujanani |
atopam adhmanam a-pakti-saktim asanna-gulmasya vadanti cihnam || 63 ||

11.63cv atopam adhmanam a-pakty-a-saktim

nidanasthana
rogah sarve 'pi mande 'gnau su-taram udarani tu |
a-jirnan malinais cannair jayante mala-samcayat || 1 ||

urdhvadho dhatavo ruddhva vahinir ambu-vahinih |
pranagny-apanan samdusya kuryus tvan-mamsa-samdhi-gah || 2
||

adhmapya kuksim udaram asta-dha tac ca bhidyate |
prthag dosaih samastais ca pliha-baddha-ksatodakaih || 3 ||

tenartah suska-talv-osthah suna-pada-karodarah |
nasta-cesta-balaharah krsah pradhmata-kuksayah || 4 ||

syuh preta-rupah purusa bhavinas tasya laksanam |
ksun-naso 'nnam cirat sarvam sa-vidaham ca pacyate || 5 ||

12.5dv sa-vidaham vipacyate
jirna-jirnam na janati sauhityam sahate na ca |
ksiyate balatah sasvac chvasity alpe 'pi cestite || 6 ||

vrddhir viso '-pravrttis ca kiñ-cic chophas ca padayoh |
rug-vasti-samdhau tata-ta laghv-alpa-bhojanair api || 7 ||

12.7av vrddhir viso '-pravrttir va
raji-janma vali-naso jathare jatharesu tu |
sarvesu tandra sadanam mala-sango 'lpa-vahni-ta || 8 ||

dahah svayathur adhmanam ante salila-sambhavah |
sarvam tv a-toyam arunam a-sopham nati-bharikam || 9 ||

gavaksitam sira-jalaih sada gudagudayate |
nabhim antram ca vistabhya vegam krtva pranasyati || 10 ||

maruto hrt-kati-nabhi-payu-vanksana-vedanah |
sa-sabdo niscared vayur vid baddha mutram alpakam || 11 ||

12.11bv -payu-vanksana-vedana
nati-mando 'nalo laulyam na ca syad vi-rasam mukham |
tatra vatodare sophah pani-pan-muska-kuksisu || 12 ||

kuksi-parsvodara-kati-prstha-ruk parva-bhedanam |
suska-kaso 'nga-mardo 'dho-guru-ta mala-samgrahah || 13 ||

syavaruna-tvag-adi-tvam a-kasmad vrddhi-hrasa-vat |
sa-toda-bhedam udaram tanu-krsna-sira-tatam || 14 ||

12.14dv tanu krsna-sira-tatam
adhmata-drti-vac chabdam ahatam prakaroti ca |
vayus catra sa-ruk-sabdo vicaret sarvato-gatih || 15 ||

pittodare jvaro murcha dahas trt katukasya-ta |
bhramo 'tisarah pita-tvam tvag-adav udaram harit || 16 ||

pita-tamra-siranaddham sa-svedam sosma dahyate |
dhumayati mrdu-sparsam ksipra-pakam praduyate || 17 ||

12.17cv dhumayate mrdu-sparsam
slesmodare 'nga-sadanam svapah svayathu-gauravam |
nidrotklesa-ruci-svasa-kasa-sukla-tvag-adi-ta || 18 ||

12.18bv svapa-svayathu-gauravam
udaram stimitam slaksnam sukla-raji-tatam mahat |
cirabhivrddhi kathinam sita-sparsam guru sthiram || 19 ||

12.19av udaram stimitam snigdham
tri-dosa-kopanais tais taih stri-dattais ca rajo-malaih |
gara-dusi-visadyais ca sa-raktah samcita malah || 20 ||

kostham prapya vikurvanah sosa-murcha-bhramanvitam |
kuryus tri-lingam udaram sighra-pakam su-darunam || 21 ||

badhate tac ca su-taram sita-vatabhra-darsane |
aty-asitasya samksobhad yana-yanadi-cestitaih || 22 ||

12.22bv sita-vatabhra-darsanaih

ati-vyavaya-karmadhva-vamana-vyadhi-karsanaih |
vama-parsvasritah pliha cyutah sthanad vivardhate || 23 ||

sonitam va rasadibhyo vivrddham tam vivardhayet |
so 'sthilevati-kathinah prak tatah kurma-prstha-vat || 24
||

12.24dv prakrtah kurma-prstha-vat
kramena vardhamanas ca kuksav udaram avahet |
svasa-kasa-pipasasya-vairasyadhmana-rug-jvaraih || 25 ||

pandu-tva-murcha-chardibhir daha-mohais ca samyutam |
arunabham vi-varnam va nila-haridra-raji-mat || 26 ||

12.26av pandu-tva-murchati-chardi- 12.26bv -daha-mohais ca samyutam
udavarta-rujanahair moha-trd-dahana-jvaraih |
gaurava-ruci-kathinyair vidyat tatra malan kramat || 27 ||

12.27av udavarta-rug-anahair
pliha-vad daksinat parsvat kuryad yakrd api cyutam |
paksma-valaih sahannena bhuktair baddhayane gude || 28 ||

dur-namabhir udavartair anyair vantropalepibhih |
varcah-pitta-kaphan ruddhva karoti kupito 'nilah || 29 ||

12.29bv annair vantropalepibhih
apano jatharam tena syur daha-jvara-trt-ksavah |
kasa-svasoru-sadanam siro-hrn-nabhi-payu-ruk || 30 ||

12.30bv syur daha-jvara-trt-ksudhah 12.30bv syur
daha-jvara-trt-ksutah
mala-sango '-rucis chardir udaram mudha-marutam |
sthiram nilaruna-sira-raji-naddham a-raji va || 31 ||

nabher upari ca prayo go-pucchakrti jayate |
asthy-adi-salyaih sannais ced bhuktair aty-asanena va || 32 ||

12.32cv asthy-adi-salyaih sannais ca
bhidyate pacyate vantram tac-chidrais ca sravan bahih |
ama eva gudad eti tato 'lpalpam sa-vid-rasah || 33 ||

12.33av bhidyate pacyate cantram 12.33dv 'lpalpah sa-vid-rasah
tulyah kunapa-gandhena picchilah pita-lohitah |
sesas capurya jatharam jatharam ghoram avahet || 34 ||

vardhayet tad adho nabher asu caiti jalatma-tam |
udrikta-dosa-rupam ca vyaptam ca svasa-trd-bhramaih || 35 ||

12.35av vardhate tad adho nabher 12.35dv vyaptam ca
svasa-trd-jvaraih
chidrodaram idam prahuh parisraviti capare |
pravrtta-sneha-panadeh sahasamambu-payinah || 36 ||

aty-ambu-panan mandagneh ksinasyati-krsasya va |

ruddhvambu-margan anilah kaphas ca jala-murchitah || 37 ||

vardhayetam tad evambu tat-sthanad udarasritau |
tatah syad udaram trsna-guda-sruti-rujanvitam || 38 ||

12.38dv -guda-sruti-ruja-yutam
kasa-svasa-ruci-yutam nana-varna-sira-tatam |
toya-purna-drti-sparsa-sabda-praksobha-vepathu || 39 ||

12.39bv nana-varna-siranvitam 12.39bv nana-varna-siracitam 12.39bv nana-varna-siravrtam
dakodaram mahat snigdham sthiram avrtta-nabhi tat |
upeksaya ca sarvesu dosah sva-sthanatas cyutah || 40 ||

pakad drava dravi-kuryuh samdhi-sroto-mukhany api |
svedas ca bahya-srotahsu vihatas tiryag-asthitah || 41 ||

12.41av pakad dravad dravi-kuryuh
tad evodakam apyayya piccham kuryat tada bhavet |
gurudaram sthiram vrttam ahatam ca na sabda-vat || 42 ||

mrdu vyapeta-rajikam nabhyam sprstam ca sarpati |
tad anudaka-janmasmin kuksi-vrddhis tato 'dhikam || 43 ||

sirantardhanam udaka-jatharoktam ca laksanam |
vata-pitta-kapha-pliha-samnipatodakodaram || 44 ||

krcchram yathottaram paksat param prayo 'pare hatah |
sarvam ca jata-salilam ristoktopadravanvitam || 45 ||

janmanaivodaram sarvam prayah krcchra-tamam matam |
balinas tad a-jatambu yatna-sadhyam navotthitam || 46 ||

nidanasthana
pitta-pradhanah kupita yathoktaih kopanair malah |
tatranilena balina ksiptam pittam hrdi sthitam || 1 ||

dhamanir dasa samprapya vyapnuvat sakalam tanum |
slesma-tvag-rakta-mamsani pradusyantaram asritam || 2 ||

tvan-mamsayos tat kurute tvaci varnan prthag-vidhan |
pandu-haridra-haritan pandu-tvam tesu cadhikam || 3 ||

yato 'tah pandur ity uktah sa rogas tena gauravam |
dhatunam syac ca saithilyam ojasas ca guna-ksayah || 4 ||

tato 'lpa-rakta-medasko nih-sarah syac chlathendriyah |
mrdyamanair ivangair na dravata hrdayena ca || 5 ||

13.5bv nih-sarah sithilendriyah 13.5dv dravata hrdayena va
sunaksi-kutah sadanah kopanah sthivano 'lpa-vak |
anna-dvit sisira-dvesi sirna-roma hatanalah || 6 ||

13.6av sunaksi-kuta-vadanah 13.6bv kopanah svedano 'lpa-vak 13.6bv kopanah sadano 'lpa-vak

sanna-saktho jvari svasi karna-ksvedi bhrami srami |
sa pañca-dha prthag dosaih samastair mrttikadanat || 7 ||

13.7av sanna-sakthi jvari svasi
prag-rupam asya hrdaya-spandanam ruksa-ta tvaci |
a-rucih pita-mutra-tvam sveda-bhavo 'lpa-vahni-ta || 8 ||

sadah sramo 'nilat tatra gatra-ruk-toda-kampanam |
krsna-ruksaruna-sira-nakha-vin-mutra-netra-ta || 9 ||

sophanahasya-vairasya-vit-sosah parsva-murdha-ruk |
pittad dharita-pitabha-siradi-tvam jvaras tamah || 10 ||

trt-sveda-murcha-siteccha daurgandhyam katu-vaktra-ta |
varco-bhedo 'mlako dahah kaphac chukla-siradi-ta || 11 ||

tandra lavana-vaktra-tvam roma-harsah svara-ksayah |
kasas chardis ca nicayan misra-lingo 'ti-duh-sahah || 12 ||

13.12bv harso romnam svara-ksayah
mrt kasayanilam pittam usara madhura kapham |
dusayitva rasadims ca rauksyad bhuktam viruksya ca || 13 ||

srotamsy a-pakvaivapurya kuryad ruddhva ca purva-vat |
pandu-rogam tatah suna-nabhi-padasya-mehanah || 14 ||

purisam krmi-man muñced bhinnam sasrk kapham narah |
yah pandu-rogi seveta pittalam tasya kamalam || 15 ||

kostha-sakhasrayam pittam dagdhvasrn-mamsam avahet |
haridra-netra-mutra-tvan-nakha-vaktra-sakrt-taya || 16 ||

13.16av kostha-sakhasrayam pittam
daha-vipaka-trsna-van bhekabho dur-balendriyah |
bhavet pittolbanasyasau pandu-rogad rte 'pi ca || 17 ||

upeksaya ca sophadhya sa krcchra kumbha-kamala |
harita-syava-pita-tvam pandu-roge yada bhavet || 18 ||

vata-pittad bhramas trsna strisv a-harso mrdur jvarah |
tandra balanala-bhramso lodharam tam halimakam || 19 ||

alasam ceti samsanti tesam purvam upadravah |
sopha-pradhanah kathitah sa evato nigadyate || 20 ||

pitta-rakta-kaphan vayur dusto dustan bahih-sirah |
nitva ruddha-gatis tair hi kuryat tvan-mamsa-samsrayam || 21 ||

utsedham samhatam sopham tam ahur nicayad atah |
sarvam hetu-visesais tu rupa-bhedan navatmakam || 22 ||

dosaih prthag dvayaih sarvair abhighatad visad api |
dvi-dha va nijam agantum sarvangaikanga-jam ca tam || 23 ||

prthunnata-grathita-ta-visesais ca tri-dha viduh |

samanya-hetuh sophanam dosa-janam visesatah || 24 ||

vyadhi-karmopavasadi-ksinasya bhajato drutam |
ati-matram athanyasya gurv-amla-snigdha-sitalam || 25 ||

13.25bv -ksinasya bhajato dravam 13.25cv ati-matram athannam ca
lavana-ksara-tiksnosna-sakambu svapna-jagaram |
mrd-gramya-mamsa-valluram a-jirna-srama-maithunam || 26 ||

padater marga-gamanam yanena ksobhinapi va |
svasa-kasatisararso-jathara-pradara-jvarah || 27 ||

visucy-alasaka-cchardi-garbha-visarpa-pandavah |
anye ca mithyopakrantas tair dosa vaksasi sthitah || 28 ||

13.28bv -garbha-visarpa-pandu-ta
urdhvam sopham adho vastau madhye kurvanti madhya-gah |
sarvanga-gah sarva-gatam pratyangesu tad-asrayah || 29 ||

tat-purva-rupam davathuh sirayamo 'nga-gauravam |
vatac chophas calo ruksah khara-romarunasitah || 30 ||

samkoca-spanda-harsarti-toda-bheda-prasupti-man |
ksiprotthana-samah sighram unnamet piditas tanuh || 31 ||

snigdhosna-mardanaih samyed ratrav alpo diva mahan |
tvak ca sarsapa-lipteva tasmims cimicimayate || 32 ||

pita-raktasitabhasah pittad a-tamra-roma-krt |
sighranusara-prasamo madhye prag jayate tanuh || 33 ||

sa-trd-daha-jvara-sveda-dava-kleda-mada-bhramah |
sitabhilasi vid-bhedi gandhi sparsa-saho mrduh || 34 ||

kandu-man pandu-roma-tvak kathinah sitalo guruh |
snigdhah slaksnah sthirah styano nidra-chardy-agni-sada-krt ||
35 ||

akranto nonnamet krcchra-sama-janma nisa-balah |
sraven nasrk cirat piccham kusa-sastradi-viksatah || 36 ||

sparsosna-kanksi ca kaphad yatha-svam dvandva-jas trayah |
samkarad dhetu-linganam nicayan nicayatmakah || 37 ||

abhighatena sastradi-ccheda-bheda-ksatadibhih |
himaniloda-dhy-anilair bhallata-kapikacchu-jaih || 38 ||

13.38cv himanaloda-dhy-anilair
rasaih sukais ca samsparsac chvayathuh syad visarpa-van |
bhrsosma lohitabhasah praya-sah pitta-laksanah || 39 ||

visa-jah sa-visa-prani-parisarpana-mutranat |
damstra-danta-nakhapatad a-visa-praninam api || 40 ||

13.40cv damstra-danta-nakhaghatad

vin-mutra-sukropahata-mala-vad-vastra-samkarat |
visa-vrksanila-sparsad gara-yogavacurnanat || 41 ||

13.41bv -mala-vad-vastra-dharanat
mrdus calo 'valambi ca sighro daha-ruja-karah |
navo 'n-upadravah sophah sadhyo '-sadhyah pureritah || 42 ||

syad visarpo 'bhighatantair dosair dusyais ca sopha-vat |
try-adhisthanam ca tam prahur bahyantar-ubhayasrayat || 43 ||

yathottaram ca duh-sadhyas tatra dosa yatha-yatham |
prakopanaih prakupita visesena vidahibhih || 44 ||

dehe sighram visarpanti te 'ntar antah-sthita bahih |
bahih-stha dvitaye dvi-stha vidyat tatrantar-asrayam || 45 ||

marmopatapat sammohad ayananam vighattanat |
trsnati-yogad veganam visamam ca pravartanat || 46 ||

13.46av marmopaghatat sammohad 13.46dv visamac ca pravartanat
asu cagni-bala-bhramsad ato bahyam viparyayat |
tatra vatat parisarpo vata-jvara-sama-vyathah || 47 ||

sopha-sphurana-nistoda-bhedayamarti-harsa-van |
pittad druta-gatih pitta-jvara-lingo 'ti-lohitah || 48 ||

kaphat kandu-yutah snigdhah kapha-jvara-samana-ruk |
sva-dosa-lingais ciyante sarve sphotair upeksitah || 49 ||

te pakva-bhinnah svam svam ca bibhrati vrana-laksanam |
vata-pittaj jvara-cchardi-murchatisara-trd-bhramaih || 50 ||

asthi-bhedagni-sadana-tamaka-rocakair yutah |
karoti sarvam angam ca diptangaravakirna-vat || 51 ||

yam yam desam visarpas ca visarpati bhavet sa sah |
santangarasito nilo rakto vasu ca ciyate || 52 ||

agni-dagdha iva sphotaih sighra-ga-tvad drutam ca sah |
marmanusari visarpah syad vato 'ti-balas tatah || 53 ||

vyathetangam haret samjñam nidram ca svasam irayet |
hidhmam ca sa gato 'vastham idrsim labhate na na || 54 ||

kva-cic charma-rati-grasto bhumi-sayyasanadisu |
cestamanas tatah klisto mano-deha-sramodbhavam || 55 ||

dus-prabodho 'snute nidram so 'gni-visarpa ucyate |
kaphena ruddhah pavano bhittva tam bahu-dha kapham || 56 ||

raktam va vrddha-raktasya tvak-sira-snava-mamsa-gam |
dusayitva ca dirghanu-vrtta-sthula-kharatmanam || 57 ||

granthinam kurute malam raktanam tivra-rug-jvaram |
svasa-kasatisarasya-sosa-hidhma-vami-bhramaih || 58 ||

moha-vaivarnya-murchanga-bhangagni-sadanair yutam |
ity ayam granthi-visarpah kapha-maruta-kopa-jah || 59 ||

kapha-pittaj jvarah stambho nidra-tandra-siro-rujah |
angavasada-viksepa-pralapa-rocaka-bhramah || 60 ||

murchagni-hanir bhedo 'sthnam pipasendriya-gauravam |
amopavesanam lepah srotasam sa ca sarpati || 61 ||

prayenamasaye grhnann eka-desam na cati-ruk |
pitikair avakirno 'ti-pita-lohita-panduraih || 62 ||

mecakabho 'sitah snigdho malinah sopha-van guruh |
gambhira-pakah prajyosma sprstah klinno 'vadiryate || 63 ||

13.63av mecakabho 'sita-snigdho
panka-vac-chirna-mamsas ca spasta-snayu-sira-ganah |
sava-gandhis ca visarpam kardamakhyam usanti tam || 64 ||

sarva-jo laksanaih sarvaih sarva-dhatv-atisarpanah |
bahya-hetoh ksatat kruddhah sa-raktam pittam irayan || 65 ||

13.65bv sarva-dhatv-abhisarpanah
visarpam marutah kuryat kulattha-sadrsais citam |
sphotaih sopha-jvara-ruja-dahadhyam syava-lohitam || 66 ||

prthag dosais trayah sadhya dvandva-jas can-upadravah |
a-sadhyau ksata-sarvotthau sarve cakranta-marmakah || 67 ||
sirna-snayu-sira-mamsah praklinnah sava-gandhayah || 67uab
||
nidanasthana
mithyahara-viharena visesena virodhina |
sadhu-ninda-vadhanya-sva-haranadyais ca sevitaih || 1 ||

papmabhih karmabhih sadyah praktanair verita malah |
sirah prapadya tiryag-gas tvag-lasikasrg-amisam || 2 ||

14.2bv praktanaih prerita malah
dusayanti slathi-krtya niscarantas tato bahih |
tvacah kurvanti vaivarnyam dustah kustham usanti tat || 3 ||

14.3av dusayantah slathi-krtya
kalenopeksitam yasmat sarvam kusnati tad vapuh |
prapadya dhatun vyapyantah sarvan samkledya cavahet || 4 ||

sa-sveda-kleda-samkothan krmin suksman su-darunan |
roma-tvak-snayu-dhamani-tarunasthini yaih kramat || 5 ||

bhaksayec chvitram asmac ca kustha-bahyam udahrtam |
kusthani sapta-dha dosaih prthan misraih samagataih || 6 ||

14.6dv prthag dvandvaih samagataih
sarvesv api tri-dosesu vyapadeso 'dhika-tvatah |
vatena kustham kapalam pittad audumbaram kaphat || 7 ||

mandalakhyam vicarci ca rksakhyam vata-pitta-jam |
carmaika-kustha-kitibha-sidhmalasa-vipadikah || 8 ||

14.8bv rksaksam vata-pitta-jam
vata-slesmodbhavah slesma-pittad dadru-satarusi |
pundarikam sa-visphotam pama carma-dalam tatha || 9 ||

sarvaih syat kakanam purvam trikam dadru sa-kakanam |
pundarikarksa-jihve ca maha-kusthani sapta tu || 10 ||

14.10bv trikam dadruh sa-kakana 14.10cv pundarikarsya-jihve ca
ati-slaksna-khara-sparsa-kheda-sveda-vi-varna-tah |
dahah kandus tvaci svapas todah kothonnatih sramah || 11 ||

vrananam adhikam sulam sighrotpattis cira-sthitih |
rudhanam api ruksa-tvam nimitte 'lpe 'pi kopanam || 12 ||

roma-harso 'srjah karsnyam kustha-laksanam agra-jam |
krsnaruna-kapalabham ruksam suptam kharam tanu || 13 ||

vistrta-sama-pary-antam hrsitair romabhis citam |
todadhyam alpa-kandukam kapalam sighra-sarpi ca || 14 ||

14.14bv dusitair romabhis citam
pakvodumbara-tamra-tvag-roma gaura-sira-citam |
bahalam bahala-kleda-raktam daha-rujadhikam || 15 ||

14.15bv -roma gaura-sira-tatam 14.15cv bahulam bahula-kleda-
asutthanavadarana-krmi vidyad udumbaram |
sthiram styanam guru snigdham sveta-raktam an-asu-gam || 16 ||

anyo-'nya-saktam utsannam bahu-kandu-sruti-krimi |
slaksna-pitabha-pary-antam mandalam parimandalam || 17 ||

14.17av anyo-'nya-saktam ucchunam 14.17av anyo-'nya-saktam utsangam
sa-kandu-pitika syava lasikadhya vicarcika |
parusam tanu raktantam antah-syavam samunnatam || 18 ||

sa-toda-daha-ruk-kledam karkasaih pitikais citam |
rksa-jihvakrti proktam rksa-jihvam bahu-krimi || 19 ||

14.19cv rsya-jihvakrti proktam 14.19dv rsya-jihvam bahu-krimi
hasti-carma-khara-sparsam carmaikakhyam mahasrayam |
a-svedam matsya-sakala-samnibham kitibham punah || 20 ||

ruksam kina-khara-sparsam kandu-mat parusasitam |
sidhmam ruksam bahih snigdham antar ghrstam rajah kiret ||
21 ||

slaksna-sparsam tanu sveta-tamram daugdhika-puspa-vat |
prayena cordhva-kaye syad gandaih kandu-yutais citam || 22 ||

raktair alasakam pani-pada-daryo vipadikah |
tivrartyo manda-kandvas ca sa-raga-pitikacitah || 23 ||

dirgha-pratana durva-vad atasi-kusuma-cchavih |
utsanna-mandala dadruh kandu-maty anusangini || 24 ||

sthula-mulam sa-daharti rakta-syavam bahu-vranam |
sataruh kleda-jantv-adhyam praya-sah parva-janma ca || 25 ||

raktantam antara pandu kandu-daha-rujanvitam |
sotsedham acitam raktaih padma-pattram ivamsubhih || 26 ||

ghana-bhuri-lasikasrk-prayam asu vibhedi ca |
pundarikam tanu-tvagbhis citam sphotaih sitarunaih || 27 ||

visphotam pitikah pama kandu-kleda-rujadhikah |
suksmah syavaruna bahvyah prayah sphik-pani-kurpare || 28
||

sa-sphotam a-sparsa-saham kandusa-toda-daha-vat |
raktam dalac carma-dalam kakanam tivra-daha-ruk || 29 ||

purvam raktam ca krsnam ca kakananti-phalopamam |
kustha-lingair yutam sarvair naika-varnam tato bhavet || 30 ||

dosa-bhediya-vihitair adisel linga-karmabhih |
kusthesu dosolbana-tam sarva-dosolbanam tyajet || 31 ||

ristoktam yac ca yac casthi-majja-sukra-samasrayam |
yapyam medo-gatam krcchram pitta-dvandvasra-mamsa-gam || 32 ||

a-krcchram kapha-vatadhyam tvak-stham eka-malam ca yat |
tatra tvaci sthite kusthe toda-vaivarnya-ruksa-tah || 33 ||

sveda-svapa-svayathavah sonite pisite punah |
pani-padasritah sphotah kledah samdhisu cadhikam || 34 ||

kaunyam gati-ksayo 'nganam dalanam syac ca medasi |
nasa-bhango 'sthi-majja-sthe netra-ragah svara-ksayah || 35 ||

ksate ca krmayah sukre sva-darapatya-badhanam |
yatha-purvam ca sarvani syur lingany asrg-adisu || 36 ||

14.36bv sva-darapatya-dhavanam
kusthaika-sambhavam svitram kilasam darunam ca tat |
nirdistam a-parisravi tri-dhatudbhava-samsrayam || 37 ||

14.37bv kilasam carunam ca tat
vatad ruksarunam pittat tamram kamala-pattra-vat |
sa-daham roma-vidhvamsi kaphac chvetam ghanam guru || 38 ||

sa-kandu ca kramad rakta-mamsa-medahsu cadiset |
varnenaivedrg ubhayam krcchram tac cottarottaram || 39 ||

a-sukla-roma-bahalam a-samsrstam mitho navam |
an-agni-dagdha-jam sadhyam svitram varjyam ato 'nya-tha || 40 ||

14.40av a-sukla-roma-bahulam 14.40bv a-samsrstam atho navam

guhya-pani-talausthesu jatam apy a-ciran-tanam |
sparsaikahara-sayyadi-sevanat praya-so gadah || 41 ||

sarve samcarino netra-tvag-vikara visesatah |
krmayas tu dvi-dha prokta bahyabhyantara-bhedatah || 42 ||

bahir-mala-kaphasrg-vid-janma-bhedac catur-vidhah |
namato vimsati-vidha bahyas tatra-mrjodbhavah || 43 ||

14.43dv bahyas tatra malodbhavah 14.43dv bahyas tatrasrg-udbhavah
tila-pramana-samsthana-varnah kesambarasrayah |
bahu-padas ca suksmas ca yuka liksas ca namatah || 44 ||

dvi-dha te kotha-pitika-kandu-gandan prakurvate |
kusthaika-hetavo 'ntar-jah slesma-jas tesu cadhikam || 45 ||

madhuranna-guda-ksira-dadhi-saktu-navaudanaih |
sakrj-ja bahu-vid-dhanya-parna-sakolakadibhih || 46 ||

14.46av madhuramla-guda-ksira- 14.46dv -parna-sakaukuladibhih
kaphad amasaye jata vrddhah sarpanti sarvatah |
prthu-bradhna-nibhah ke-cit ke-cid gandu-padopamah || 47 ||

rudha-dhanyankurakaras tanu-dirghas tathanavah |
svetas tamravabhasas ca namatah sapta-dha tu te || 48 ||

antrada udaravesta hrdayada maha-kuhah |
kuravo darbha-kusumah su-gandhas te ca kurvate || 49 ||

14.49av antrada udaravista 14.49bv hrdayada maha-ruhah 14.49cv
curavo
darbha-kusumah
hrl-lasam asya-sravanam a-vipakam a-rocakam |
murcha-chardi-jvaranaha-karsya-ksavathu-pinasan || 50 ||

rakta-vahi-sirotthana rakta-ja jantavo 'navah |
a-pada vrtta-tamras ca sauksmyat ke-cid a-darsanah || 51 ||

14.51av rakta-vahi-sira-sthanad 14.51av rakta-vahi-sira-sthana
kesada roma-vidhvamsa roma-dvipa udumbarah |
sat te kusthaika-karmanah saha-saurasa-matarah || 52 ||

14.52dc saha-ja rasa-matarah
pakvasaye purisottha jayante 'dho-visarpinah |
vrddhah santo bhaveyus ca te yadamasayon-mukhah || 53 ||

14.53cv vrddhas te syur bhaveyus ca
tadasyodgara-nihsvasa vid-gandhanuvidhayinah |
prthu-vrtta-tanu-sthulah syava-pita-sitasitah || 54 ||

te pañca namna krmayah kakeruka-makerukah |
sausuradah sulunakhya leliha janayanti ca || 55 ||

14.55av sausuradah salunakhya

vid-bheda-sula-vistambha-karsya-parusya-pandu-tah |
roma-harsagni-sadana-guda-kandur vinirgamat || 56 ||

14.56dv -guda-kandur vinirgatah 14.56dv -guda-kandur vi-marga-gah

nidanasthana
sarvarthan-artha-karane visvasyasyaika-karanam |
a-dusta-dustah pavanah sarirasya visesatah || 1 ||

sa visva-karma visvatma visva-rupah prajapatih |
srasta dhata vibhur visnuh samharta mrtyur antakah || 2 ||

tad-a-dustau prayatnena yatitavyam atah sada |
tasyoktam dosa-vijñane karma prakrta-vaikrtam || 3 ||

samasad vyasato dosa-bhediye nama dhama ca |
praty-ekam pañca-dha caro vyaparas ceha vaikrtam || 4 ||

tasyocyate vibhagena sa-nidanam sa-laksanam |
dhatu-ksaya-karair vayuh kupyaty ati-nisevitaih || 5 ||

a-samkhyam api samkhyaya yad asitya pureritam 5.1+(1)ab ||

15.5.1+(1)bv yathasity apareritam
caran srotahsu riktesu bhrsam tany eva purayan |
tebhyo 'nya-dosa-purnebhyah prapya vavaranam bali || 6 ||

tatra pakvasaye kruddhah sulanahantra-kujanam |
mala-rodhasma-vardhmarsas-trika-prstha-kati-graham || 7 ||

karoty adhara-kaye ca tams tan krcchran upadravan |
amasaye trd-vamathu-svasa-kasa-visucikah || 8 ||

15.8av karoty adhara-kayesu
kanthoparodham udgaran vyadhin urdhvam ca nabhitah |
srotradisv indriya-vadham tvaci sphutana-ruksa-te || 9 ||

rakte tivra rujah svapam tapam ragam vi-varna-tam |
arumsy annasya vistambham a-rucim krsa-tam bhramam || 10 ||

15.10cv arumsy angasya vistambham
mamsa-medo-gato granthims todadhyan karkasañ chramam |
gurv angam cati-ruk stabdham musti-danda-hatopamam || 11 ||

15.11bv todadhyan karkasañ chraman 15.11bv todadhyan karkasan bhrsam
asthi-sthah sakthi-samdhy-asthi-sulam tivram bala-ksayam |
majja-stho 'sthisu sausiryam a-svapnam samtatam rujam || 12 ||

15.12dv a-svapnam stabdha-tam rujam
sukrasya sighram utsargam sangam vikrtim eva va |
tad-vad garbhasya sukra-sthah sirasv adhmana-rikta-te || 13 ||

tat-sthah snava-sthitah kuryad grdhrasy-ayama-kubja-tah |

vata-purna-drti-sparsam sopham samdhi-gato 'nilah || 14 ||

15.14bv grdhrasy-ayama-kubja-tam
prasaranakuñcanayoh pravrttim ca sa-vedanam |
sarvanga-samsrayas toda-bheda-sphurana-bhañjanam || 15 ||

stambhanaksepana-svapa-samdhy-akuñcana-kampanam |
yada tu dhamanih sarvah kruddho 'bhyeti muhur muhuh || 16 ||

tadangam aksipaty esa vyadhir aksepakah smrtah |
adhah pratihato vayur vrajann urdhvam hrd-asritah || 17 ||

15.17dv vrajann urdhvam hrd-asrayah
nadih pravisya hrdayam sirah sankhau ca pidayan |
aksipet parito gatram dhanur-vac casya namayet || 18 ||

15.18bv sirah sankhau ca pidayet
krcchrad ucchvasiti stabdha-srasta-milita-drk tatah |
kapota iva kujec ca nih-samjñah so 'patantrakah || 19 ||

sa eva capatanakyho mukte tu maruta hrdi |
asnuvita muhuh svasthyam muhur a-svasthyam avrte || 20 ||

15.20cv asnuvita iva svasthyam
garbha-pata-samutpannah sonitati-sravotthitah |
abhighata-samutthas ca dus-cikitsya-tamo hi sah || 21 ||

manye samstabhya vato 'ntar ayacchan dhamanir yada |
vyapnoti sakalam deham jatrur ayamyate tada || 22 ||

15.22bv agacchan dhamanir yada
antar dhanur ivangam ca vegaih stambham ca netrayoh |
karoti jrmbham dasanam dasananam kaphodvamam || 23 ||

parsvayor vedanam vakya-hanu-prstha-siro-graham |
antar-ayama ity esa bahyayamas ca tad-vidhah || 24 ||

dehasya bahir-ayamat prsthato niyate sirah |
uras cotksipyate tatra kandhara cavamrdyate || 25 ||

15.25bv prsthato hriyate sirah
dantesv asye ca vaivarnyam prasvedah srasta-gatra-ta |
bahyayamam dhanuh-skambham bruvate veginam ca tam || 26 ||

15.26cv bahyayamam dhanuh-stambham
vranam marmasritam prapya samirana-samiranat |
vyayacchanti tanum dosah sarvam a-pada-mastakam || 27 ||

15.27av vranam marmasrayam prapya
trsyatah pandu-gatrasya vranayamah sa varjitah |
gate vege bhavet svasthyam sarvesv aksepakesu ca || 28 ||

15.28dv sarvesv aksepakesu tu
jihvati-lekhanac chuska-bhaksanad abhighatatah |

kupito hanu-mula-sthah sramsayitvanilo hanu || 29 ||

karoti vivrtasya-tvam atha-va samvrtasya-tam |
hanu-sramsah sa tena syat krcchrac carvana-bhasanam || 30 ||

vag-vahini-sira-samstho jihvam stambhayate 'nilah |
jihva-stambhah sa tenanna-pana-vakyesv an-isa-ta || 31 ||

sirasa bhara-haranad ati-hasya-prabhasanat |
uttrasa-vaktra-ksavathoh khara-karmuka-karsanat || 32 ||

15.32cv ucchvasa-vakra-ksavathu- 15.32cv uttrasa-vaktra-ksavathu- 15.32dv
-khara-karmuka-karsanat
visamad upadhanac ca kathinanam ca carvanat |
vayur vivrddhas tais tais ca vatalair urdhvam asthitah || 33 ||

vakri-karoti vaktrardham uktam hasitam iksitam |
tato 'sya kampate murdha vak-sangah stabdha-netra-ta || 34 ||

15.34dv vag-bhangah stabdha-netra-ta
danta-calah svara-bhramsah sruti-hanih ksava-grahah |
gandha-jñanam smrter mohas trasah suptasya jayate || 35 ||

nisthivah parsvato yayad ekasyaksno nimilanam |
jatror urdhvam ruja tivra sarirardhe 'dhare 'pi va || 36 ||

tam ahur arditam ke-cid ekayamam athapare |
raktam asritya pavanah kuryan murdha-dharah sirah || 37 ||

ruksah sa-vedanah krsnah so '-sadhyah syat sira-grahah
|
grhitvardham tanor vayuh sirah snayur visosya ca || 38 ||

paksam anya-taram hanti samdhi-bandhan vimoksayan |
krtsno 'rdha-kayas tasya syad a-karmanyo vi-cetanah || 39 ||

ekanga-rogam tam ke-cid anye paksa-vadham viduh |
sarvanga-rogam tad-vac ca sarva-kayasrite 'nile || 40 ||

suddha-vata-hatah paksah krcchra-sadhya-tamo matah |
krcchras tv anyena samsrsto vivarjyah ksaya-hetukah || 41 ||

ama-baddhayanah kuryat samsthabhyangam kaphanvitah |
a-sadhyam hata-sarveham danda-vad dandakam marut || 42 ||

amsa-mula-sthito vayuh sirah samkocya tatra-gah |
bahu-praspandita-haram janayaty ava-bahukam || 43 ||

talam praty angulinam ya kandara bahu-prsthatah |
bahu-cestapaharani visvaci nama sa smrta || 44 ||

15.44cv bahvoh karma-ksaya-kari
vayuh katyam sthitah sakthnah kandaram aksiped yada |
tada khañjo bhavej jantuh panguh sakthnor dvayor api || 45 ||

kampate gamanarambhe khañjann iva ca yati yah |
kalaya-khañjam tam vidyan mukta-samdhi-prabandhanam || 46 ||

sitosna-drava-samsuska-guru-snigdhair nisevitaih |
jirna-jirne tathayasa-samksobha-svapna-jagaraih || 47 ||

sa-slesma-medah-pavanam amam aty-artha-samcitam |
abhibhuyetaram dosam uru cet pratipadyate || 48 ||

sakthy-asthini prapuryantah slesmana stimitena tat |
tada skabhnati tenoru stabdhau sitavacetanau || 49 ||

15.49cv tada skandati tenoru 15.49cv tada skannati tenoru
parakiyav iva guru syatam ati-bhrsa-vyathau |
dhyananga-marda-staimitya-tandra-chardy-a-ruci-jvaraih || 50 ||

samyutau pada-sadana-krcchroddharana-suptibhih |
tam uru-stambham ity ahur adhya-vatam athapare || 51 ||

15.51av samyuktau pada-sadana-
vata-sonita-jah sopho janu-madhye maha-rujah |
jñeyah krostuka-sirsas ca sthulah krostuka-sirsa-vat ||
52 ||

15.52dv sthulah krostuka-murdha-vat
ruk pade visama-nyaste sramad va jayate yada |
vatena gulpham asritya tam ahur vata-kantakam || 53 ||

parsnim praty angulinam ya kandara marutardita |
sakthy-utksepam nigrhnati grdhrasim tam pracaksate || 54 ||

visvaci grdhrasi cokta khallis tivra-rujanvite |
hrsyete caranau yasya bhavetam ca prasupta-vat || 55 ||

15.55bv khallis tivra-rujanvita
pada-harsah sa vijñeyah kapha-maruta-kopa-jah |
padayoh kurute daham pittasrk-sahito 'nilah || 56 ||
visesatas cankramite pada-daham tam adiset || 56uab ||
15.56uav visesatas cankramatah

nidanasthana
vidahy annam viruddham ca tat tac casrk-pradusanam |
bhajatam vidhi-hinam ca svapna-jagara-maithunam || 1 ||

16.1bv tat tathasrk-pradusanam
prayena su-kumaranam a-cankramana-silinam |
abhighatad a-suddhes ca nrnam asrji dusite || 2 ||

vatalaih sitalair vayur vrddhah kruddho vi-marga-gah |
tadrsaivasrja ruddhah prak tad eva pradusayet || 3 ||

16.3cv tadrsenasrja ruddhah
adhya-rogam khudam vata-balasam vata-sonitam |
tad ahur namabhis tac ca purvam padau pradhavati || 4 ||

16.4bv -palasam vata-sonitam
visesad yana-yanad yaih pralambau tasya laksanam |
bhavisyatah kustha-samam tatha sadah slathanga-ta || 5 ||

janu-janghoru-katy-amsa-hasta-padanga-samdhisu |
kandu-sphurana-nistoda-bheda-gaurava-supta-tah || 6 ||

bhutva bhutva pranasyanti muhur avir-bhavanti ca |
padayor mulam asthaya kada-cid dhastayor api || 7 ||

akhor iva visam kruddham krtsnam deham vidhavati |
tvan-mamsasrayam uttanam tat purvam jayate tatah || 8 ||

kalantarena gambhiram sarvan dhatun abhidravat |
kandv-adi-samyutottane tvak tamra syava-lohita || 9 ||

sayama bhrsa-dahosa gambhire 'dhika-purva-ruk |
svayathur grathitah paki vayuh samdhy-asthi-majjasu || 10 ||

chindann iva caraty antar vakri-kurvams ca vega-van |
karoti khañjam pangum va sarire sarvatas caran || 11 ||

16.11av chindann iva carann antar
vate 'dhike 'dhikam tatra sula-sphurana-todanam |
sophasya rauksya-krsna-tva-syava-ta-vrddhi-hanayah || 12 ||

dhamany-anguli-samdhinam samkoco 'nga-graho 'ti-ruk |
sita-dvesan-upasayau stambha-vepathu-suptayah || 13 ||

rakte sopho 'ti-ruk todas tamras cimicimayate |
snigdha-ruksaih samam naiti kandu-kleda-samanvitah || 14 ||

pitte vidahah sammohah svedo murcha madah sa-trt |
sparsa-ksama-tvam rug ragah sophah pako bhrsosma-ta || 15 ||

kaphe staimitya-guru-ta-supti-snigdha-tva-sita-tah |
kandur manda ca rug dvandva-sarva-lingam ca samkare || 16 ||

eka-dosanugam sadhyam navam yapyam dvi-dosa-jam |
tri-dosa-jam tyajet sravi stabdham arbuda-kari ca || 17 ||

16.17cv tri-dosam tat tyajet sravi
rakta-margam nihatyasu sakha-samdhisu marutah |
nivisyanyo-'nyam avarya vedanabhir haraty asun || 18 ||

16.18av rakta-margam nihanty asu
vayau pañcatmake prano rauksya-vyayama-langhanaih |
aty-aharabhighatadhva-vegodirana-dharanaih || 19 ||

16.19bv ruksa-vyayama-langhanaih
kupitas caksur-adinam upaghatam pravartayet |
pinasardita-trt-kasa-svasadims camayan bahun || 20 ||

udanah ksavathudgara-cchardi-nidra-vidharanaih |
guru-bharati-rudita-hasyadyair vikrto gadan || 21 ||

16.21bv -cchardi-nidravadharanaih
kantha-rodha-mano-bhramsa-cchardy-a-rocaka-pinasan |
kuryac ca gala-gandadims tams tañ jatrurdhva-samsrayan || 22
||

vyano 'ti-gamana-dhyana-krida-visama-cestitaih |
virodhi-ruksa-bhi-harsa-visadadyais ca dusitah || 23 ||

16.23av vyano 'ti-gamana-sthana-
pums-tvotsaha-bala-bhramsa-sopha-cittotplava-jvaran |
sarvanga-roga-nistoda-roma-harsanga-supta-tah || 24 ||

16.24dv -roma-harsanga-supti-tah
kustham visarpam anyams ca kuryat sarvanga-gan gadan |
samano visama-jirna-sita-samkirna-bhojanaih || 25 ||

karoty a-kala-sayana-jagaradyais ca dusitah |
sula-gulma-grahany-adin pakvamasaya-jan gadan || 26 ||

apano ruksa-gurv-anna-vegaghatati-vahanaih |
yana-yanasana-sthana-cankramais cati-sevitaih || 27 ||

16.27bv -vega-ghatati-vahanaih
kupitah kurute rogan krcchran pakvasayasrayan |
mutra-sukra-pradosarso-guda-bhramsadikan bahun || 28 ||

sarvam ca marutam samam tandra-staimitya-gauravaih |
snigdha-tva-rocakalasya-saitya-sophagni-hanibhih || 29 ||

katu-ruksabhilasena tad-vidhopasayena ca |
yuktam vidyan nir-amam tu tandradinam viparyayat || 30 ||

vayor avaranam cato bahu-bhedam pravaksyate |
lingam pittavrte dahas trsna sulam bhramas tamah || 31 ||

16.31bv bahu-bhedam pracaksyate
katukosnamla-lavanair vidahah sita-kama-ta |
saitya-gaurava-sulani katv-ady-upasayo 'dhikam || 32 ||

langhanayasa-ruksosna-kama-ta ca kaphavrte |
raktavrte sa-dahartis tvan-mamsantara-ja bhrsam || 33 ||

bhavec ca ragi svayathur jayante mandalani ca |
mamsena kathinah sopho vi-varnah pitikas tatha || 34 ||

harsah pipilikanam ca samcara iva jayate |
calah snigdho mrduh sitah sopho gatresv a-rocakah || 35 ||

16.35av harsah pipilikadinam
adhya-vata iti jñeyah sa krcchro medasavrte |
sparsam asthy-avrte 'ty-usnam pidanam cabhinandati || 36 ||

sucyeva tudyate 'ty-artham angam sidati sulyate |
majjavrte vinamanam jrmbhanam parivestanam || 37 ||

sulam ca pidyamanena panibhyam labhate sukham |
sukravrte 'ti-vego va na va nis-phala-tapi va || 38 ||

16.38av sulam ca pidyamane ca 16.38av sulam ca pidyamane tu
16.38dv na
va nis-phala-tapi ca
bhukte kuksau ruja jirne samyaty annavrte 'nile |
mutra-pravrttir adhmanam vaster mutravrte bhavet || 39 ||

16.39dv vastau mutravrte bhavet
vid-avrte vibandho 'dhah sva-sthane parikrntati |
vrajaty asu jaram sneho bhukte canahyate narah || 40 ||

16.40av vid-avrte 'ti-vid-rodhah
16.40bv sve sthane parikrntati
sakrt piditam annena duhkham suskam cirat srjet |
sarva-dhatv-avrte vayau sroni-vanksana-prstha-ruk || 41 ||

vilomo maruto '-svastham hrdayam pidyate 'ti ca |
bhramo murcha ruja dahah pittena prana avrte || 42 ||

16.42av vilomo maruto '-svasthyam 16.42cv bhramo murcha rujanahah
vidagdhe 'nne ca vamanam udane 'pi bhramadayah |
daho 'ntar urja-bhramsas ca daho vyane ca sarva-gah || 43 ||

16.43dv daho vyane tu sarva-gah
klamo 'nga-cesta-sangas ca sa-samtapah sa-vedanah |
samana usmopahatir ati-svedo '-ratih sa-trt || 44 ||

16.44av klamo 'nga-cesta-bhangas ca
dahas ca syad apane tu male haridra-varna-ta |
rajo-'tivrttis tapas ca yoni-mehana-payusu || 45 ||

16.45cv rajo-'ti-vrddhis tapas ca
slesmana tv avrte prane sadas tandra-rucir vamih |
sthivanam ksavathudgara-nihsvasocchvasa-samgrahah || 46 ||

udane guru-gatra-tvam a-rucir vak-svara-grahah |
bala-varna-pranasas ca vyane parvasthi-vag-grahah || 47 ||

16.47dv vyane parsvasthi-vag-grahah
guru-tangesu sarvesu skhalitam ca gatau bhrsam |
samane 'ti-himanga-tvam a-svedo manda-vahni-ta || 48 ||

apane sa-kapham mutra-sakrtah syat pravartanam |
iti dva-vimsati-vidham vayor avaranam viduh || 49 ||

16.49av apane sa-kapham mutram 16.49bv sakrtah syat pravartanam
pranadayas tathanyo-'nyam avrnvanti yatha-kramam |
sarve 'pi vimsati-vidham vidyad avaranam ca tat || 50 ||

16.50bv avrnvanti yatha-yatham
nihsvasocchvasa-samrodhah pratisyayah siro-grahah |

hrd-rogo mukha-sosas ca pranenodana avrte || 51 ||

16.51cv hrd-rogo mukha-rogas ca
udanenavrte prane varnaujo-bala-samksayah |
disanaya ca vibhajet sarvam avaranam bhisak || 52 ||

sthanany aveksya vatanam vrddhim hanim ca karmanam |
pranadinam ca pañcanam misram avaranam mithah || 53 ||

pittadibhir dva-dasabhir misranam misritais ca taih |
misraih pittadibhis tad-van misranabhir aneka-dha || 54 ||

taratamya-vikalpac ca yaty avrtir a-samkhya-tam |
tam laksayed avahito yatha-svam laksanodayat || 55 ||

sanaih sanais copasayad gudham api muhur muhuh |
visesaj jivitam prana udano balam ucyate || 56 ||

syat tayoh pidanad dhanir ayusas ca balasya ca |
avrta vayavo '-jñata jñata va vatsaram sthitah || 57 ||

prayatnenapi duh-sadhya bhaveyur van-upakramah |
vidradhi-pliha-hrd-roga-gulmagni-sadanadayah || 58 ||
bhavanty upadravas tesam avrtanam upeksanat || 58uab ||
vyadhinam samsayam chettum anyato yo '-pramatta-van |
nidanam satatam tena cintaniyam vipascita || 58u+1 ||

cikitsasthana
amasaya-stho hatvagnim samo margan pidhaya yat |
vidadhati jvaram dosas tasmat kurvita langhanam || 1 ||

prag-rupesu jvaradau va balam yatnena palayan |
baladhisthanam arogyam arogyarthah kriya-kramah || 2 ||

1.2dv arogyartham kriya-kramah
langhanaih ksapite dose dipte 'gnau laghave sati |
svasthyam ksut trd rucih paktir balam ojas ca jayate || 3 ||

tatrotkrste samutkliste kapha-praye cale male |
sa-hrl-lasa-prasekanna-dvesa-kasa-visucike || 4 ||

sadyo-bhuktasya samjate jvare same visesatah |
vamanam vamanarhasya sastam kuryat tad anya-tha || 5 ||

svasatisara-sammoha-hrd-roga-visama-jvaran |
pippalibhir yutan galan kalingair madhukena va || 6 ||

usnambhasa sa-madhuna pibet sa-lavanena va |
patola-nimba-karkota-vetra-pattrodakena va || 7 ||

tarpanena raseneksor madyaih kalpoditani va |
vamanani prayuñjita bala-kala-vibhaga-vit || 8 ||

krte '-krte va vamane jvari kuryad visosanam |
dosanam samudirnanam pacanaya samaya ca || 9 ||

dosena bhasmanevagnau channe 'nnam na vipacyate |
tasmad a-dosa-pacanaj jvaritan upavasayet || 10 ||

1.10av amena bhasmanevagnau
trsnag alpalpam usnambu pibed vata-kapha-jvare |
tat kapham vilayam nitva trsnam asu nivartayet || 11 ||

1.11av trsyann alpalpam usnambu
udirya cagnim srotamsi mrdu-krtya visodhayet |
lina-pittanila-sveda-sakrn-mutranulomanam || 12 ||

nidra-jadya-ruci-haram prananam avalambanam |
viparitam atah sitam dosa-samghata-vardhanam || 13 ||

usnam evan-guna-tve 'pi yuñjyan naikanta-pittale |
udrikta-pitte davathu-daha-mohatisarini || 14 ||

visa-madyotthite grisme ksata-ksine 'sra-pittini |
ghana-candana-sunthy-ambu-parpatosira-sadhitam || 15 ||

sitam tebhyo hitam toyam pacanam trd-jvarapaham |
usma pittad rte nasti jvaro nasty usmana vina || 16 ||

tasmat pitta-viruddhani tyajet pittadhike 'dhikam |
snanabhyanga-pradehams ca parisesam ca langhanam || 17 ||

a-jirna iva sula-ghnam same tivra-ruji jvare |
na pibed ausadham tad dhi bhuya evamam avahet || 18 ||

amabhibhuta-kosthasya ksiram visam aher iva |
sodarda-pinasa-svase jangha-parvasthi-sulini || 19 ||

1.19dv jangha-parsvasthi-sulini
vata-slesmatmake svedah prasastah sa pravartayet |
sveda-mutra-sakrd-vatan kuryad agnes ca patavam || 20 ||

snehoktam acara-vidhim sarva-sas canupalayet |
langhanam svedanam kalo yavagvas tiktako rasah || 21 ||

1.21dv yavagus tiktako rasah
malanam pacanani syur yathavastham kramena va |
suddha-vata-ksayagantu-jirna-jvarisu langhanam || 22 ||

nesyate tesu hi hitam samanam yan na karsanam |
tatra sama-jvarakrtya janiyad a-visositam || 23 ||

1.23bv samanam yan na karsanam
dvi-vidhopakrama-jñanam avekseta ca langhane |
yuktam langhita-lingais tu tam peyabhir upacaret || 24 ||

yatha-svausadha-siddhabhir manda-purvabhir aditah |
sad-aham va mrdu-tvam va jvaro yavad avapnuyat || 25 ||

tasyagnir dipyate tabhih samidbhir iva pavakah |
prag laja-peyam su-jaram sa-sunthi-dhanya-pippalim || 26 ||

sa-saindhavam tathamlarthi tam pibet saha-dadimam |
srsta-vid bahu-pitto va sa-sunthi-maksikam himam || 27 ||

vasti-parsva-sirah-suli vyaghri-goksura-sadhitam |
prsniparni-bala-bilva-nagarotpala-dhanyakaih || 28 ||

siddham jvaratisary amlam peyam dipana-pacanim |
hrasvena pañca-mulena hikka-ruk-svasa-kasa-van || 29 ||

pañca-mulena mahata kapharto yava-sadhitam |
vibaddha-varcah sa-yavam pippaly-amalakaih krtam || 30 ||

1.30dv pippaly-amalakaih srtam
yavagum sarpisa bhrstam mala-dosanulomanim |
cavika-pippali-mula-draksamalaka-nagaraih || 31 ||

kosthe vibaddhe sa-ruji pibet tu parikartini |
kola-vrksamla-kalasi-dhavani-sriphalaih krtam || 32 ||

1.32dv -dhavani-sri-bala-krtam
a-sveda-nidras trsnartah sitamalaka-nagaraih |
sita-badara-mrdvika-sariva-musta-candanaih || 33 ||

1.33av a-sveda-nidra-trsnartah
trsna-chardi-paridaha-jvara-ghnim ksaudra-samyutam |
kuryat peyausadhair eva rasa-yusadikan api || 34 ||

1.34av trsna-chardi-parivara- 1.34av trsna-chardi-paro daha-
madyodbhave madya-nitye pitta-sthana-gate kaphe |
grisme tayor vadhikayos trt-chardir-daha-pidite || 35 ||

1.35dv trt-chardi-daha-pidite
urdhvam pravrtte rakte ca peyam necchanti tesu tu |
jvarapahaih phala-rasair adbhir va laja-tarpanat || 36 ||

1.36dv adbhir va laja-tarpanam
pibet sa-sarkara-ksaudran tato jirne tu tarpane |
yavagvam vaudanam ksud-van asniyad bhrsta-tandulam || 37
||

1.37av pibet sa-sarkara-ksaudram 1.37bv tato jirne ca tarpane
1.37cv yavagvam odanam ksud-van 1.37cv yavagvam caudanam
ksud-van
daka-lavanikair yusai rasair va mudga-lava-jaih |
ity ayam sad-aho neyo balam dosam ca raksata || 38 ||

tatah pakvesu dosesu langhanadyaih prasasyate |
kasayo dosa-sesasya pacanah samano 'tha-va || 39 ||

tiktah pitte visesena prayojyah katukah kaphe |
pitta-slesma-hara-tve 'pi kasayah sa na sasyate || 40 ||

1.40dv kasayas tu na sasyate
nava-jvare mala-stambhat kasayo visama-jvaram |

kurute '-ruci-hrl-lasa-hidhmadhmanadikan api || 41 ||

saptahad ausadham ke-cid ahur anye dasahatah |
ke-cil laghv-anna-bhuktasya yojyam amolbane na tu || 42 ||

1.42bv ahus canye dasahatah
tivra-jvara-paritasya dosa-vegodaye yatah |
dose 'tha-vati-nicite tandra-staimitya-karini || 43 ||

a-pacyamanam bhaisajyam bhuyo jvalayati jvaram |
mrdur jvaro laghur dehas calitas ca mala yada || 44 ||

a-cira-jvaritasyapi bhesajam yojayet tada |
mustaya parpatam yuktam sunthya duhsparsayapi va || 45 ||

pakyam sita-kasayam va pathosiram sa-valakam |
pibet tad-vac ca bhunimba-guduci-musta-nagaram || 46 ||

yatha-yogam ime yojyah kasaya dosa-pacanah |
jvara-rocaka-trsnasya-vairasya-pakti-nasanah || 47 ||
kalingakah patolasya pattram katuka-rohini || 48ab ||
patolam sariva musta patha katuka-rohini |
patola-nimba-tri-phala-mrdvika-musta-vatsakah || 49 ||

kiratatiktam amrta candanam visva-bhesajam |
dhatri-mustamrta-ksaudram ardha-sloka-samapanah || 50 ||

pañcaite samtatadinam pañcanam samana matah |
duralabhamrta-musta-nagaram vata-je jvare || 51 ||

atha-va pippali-mula-guduci-visva-bhesajam |
kaniyah pañca-mulam ca pitte sakrayava ghanam || 52 ||

1.52dv pitte ksaudra-samanvitah
katuka ceti sa-ksaudram musta-parpatakam tatha |
sa-dhanvayasa-bhunimbam vatsakadyo ganah kaphe || 53 ||

1.53av kalinga-musta-katuka
atha-va vrsa-gangeyi-srngavera-duralabhah |
rug-vibandhanila-slesma-yukte dipana-pacanam || 54 ||

abhaya-pippali-mula-samyaka-katuka-ghanam |
draksa-madhuka-madhuka-lodhra-kasmarya-sarivah || 55 ||

mustamalaka-hrivera-padma-kesara-padmakam |
mrnala-candanosira-nilotpala-parusakam || 56 ||

phanto himo va draksadir jati-kusuma-vasitah |
yukto madhu-sita-lajair jayaty anila-pitta-jam || 57 ||

jvaram madatyayam chardim murcham daham sramam bhramam |
urdhva-gam rakta-pittam ca pipasam kamalam api || 58 ||

1.58av jvaram madatyayam chardir
pacayet katukam pistva karpare 'bhinave sucau |

nispidito ghrta-yutas tad-raso jvara-daha-jit || 59 ||

kapha-vate vaca-tikta-patharagvadha-vatsakah |
pippali-curna-yukto va kvathas chinnodbhavodbhavah || 60 ||

vyaghri-sunthy-amrta-kvathah pippali-curna-samyutah |
vata-slesma-jvara-svasa-kasa-pinasa-sula-jit || 61 ||

pathya-kustumburi-musta-sunthi-kattrna-parpatam |
sa-katphala-vaca-bhargi-devahvam madhu-hingu-mat || 62 ||

kapha-vata-jvara-sthiva-kuksi-hrt-parsva-vedanah |
kanthamayasya-svayathu-kasa-svasan niyacchati || 63 ||

1.63av kapha-vata-jvare stheva-
aragvadhadih sa-ksaudrah kapha-pitta-jvaram jayet |
tatha tikta-vrsosira-trayanti-tri-phalamrtah || 64 ||

patolativisa-nimba-murva-dhanvayavasakah |
samnipata-jvare vyaghri-devadaru-nisa-ghanam || 65 ||

patola-pattra-nimba-tvak-tri-phala-katuka-yutam |
nagaram pauskaram mulam guduci kantakarika || 66 ||

sa-kasa-svasa-parsvartau vata-slesmottare jvare |
madhuka-puspa-mrdvika-trayamana-parusakam || 67 ||

sosira-tikta-tri-phala-kasmaryam kalpayed dhimam |
kasayam tam piban kale jvaran sarvan apohati || 68 ||

1.68dv jvaran sarvan vyapohati
jaty-amalaka-mustani tad-vad dhanvayavasakam |
baddha-vit katuka-draksa-trayanti-tri-phala-gudam || 69 ||

1.69dv -trayanti-tri-phala-gudan 1.69dv -trayanti-tri-phala-gudah
jirnausadho 'nnam peyadyam acarec chlesma-van na tu |
peya kapham vardhayati pankam pamsusu vrsti-vat || 70 ||

slesmabhisyanna-dehanam atah prag api yojayet |
yusan kulattha-canaka-kalayadi-krtan laghun || 71 ||

1.71av slesmabhisava-dehanam 1.71av slesmabhispanda-dehanam
ruksams tikta-rasopetan hrdyan ruci-karan patun |
raktadyah salayo jirnah sastikas ca jvare hitah || 72 ||

slesmottare vita-tusas tatha vati-krta yavah |
odanas taih sruto dvis trih prayoktavyo yatha-yatham || 73 ||

dosa-dusyadi-balato jvara-ghna-kvatha-sadhitah |
mudgadyair laghubhir yusah kulatthais ca jvarapahah || 74 ||

karavellaka-karkota-bala-mulaka-parpataih |
vartaka-nimba-kusuma-patola-phala-pallavaih || 75 ||

aty-anta-laghubhir mamsair jangalais ca hita rasah |

vyaghri-parusa-tarkari-draksamalaka-dadimaih || 76 ||

samskrtah pippali-sunthi-dhanya-jiraka-saindhavaih |
sita-madhubhyam prayena samyuta va krta-krtah || 77 ||

an-amla-takra-siddhani rucyani vyañjanani ca |
acchany anala-sampannany anu-pane 'pi yojayet || 78 ||

tani kvathita-sitam ca vari madyam ca satmyatah |
sa-jvaram jvara-muktam va dinante bhojayel laghu || 79 ||

slesma-ksaya-vivrddhosma bala-van analas tada |
yathocite 'tha-va kale desa-satmyanurodhatah || 80 ||

prag alpa-vahnir bhuñjano na hy a-jirnena pidyate |
kasaya-pana-pathyannair dasaha iti langhite || 81 ||

sarpir dadyat kaphe mande vata-pittottare jvare |
pakvesu dosesv amrtam tad visopamam anya-tha || 82 ||

dasahe syad atite 'pi jvaropadrava-vrddhi-krt |
langhanadi-kramam tatra kuryad a-kapha-samksayat || 83 ||

deha-dhatv-a-bala-tvac ca jvaro jirno 'nuvartate |
ruksam hi tejo jvara-krt tejasa ruksitasya ca || 84 ||

vamana-sveda-kalambu-kasaya-laghu-bhojanaih |
yah syad ati-balo dhatuh saha-cari sada-gatih || 85 ||

tasya samsamanam sarpir diptasyevambu vesmanah |
vata-pitta-jitam agryam samskaram canurudhyate || 86 ||

1.86dv samskaram anurudhyate
su-taram tad dhy ato dadyad yatha-svausadha-sadhitam |
viparitam jvarosmanam jayet pittam ca saityatah || 87 ||

snehad vatam ghrtam tulyam yoga-samskaratah kapham |
purve kasayah sa-ghrtah sarve yojya yatha-malam || 88 ||

tri-phala-picumanda-tvan-madhukam brhati-dvayam |
sa-masura-dalam kvathah sa-ghrto jvara-kasa-ha || 89 ||

pippalindrayava-dhavani-tikta-sarivamalaka-tamalakibhih |
bilva-musta-hima-palani-sevyair draksayativisaya sthiraya ca || 90 ||

ghrtam asu nihanti sadhitam jvaram agnim visamam halimakam |
a-rucim bhrsa-tapam amsayor vamathum parsva-siro-rujam ksayam
|| 91 ||

1.91bv jvaram ugram visamam halimakam
tailvakam pavana-janmani jvare yojayet trivrtaya viyojitam |
tiktakam vrsa-ghrtam ca paittike yac ca palanikaya srtam
havih || 92 ||

viá¸•aá¹…ga-sauvarcala-cavya-pÄ•á¹-hÄ•-vyoá¹£Ä•gni-sindhÅ«dbhava-yÄ•va-Å›Å«kaiá

|
palamsakaih ksira-samam ghrtasya prastham pacej
jirna-kapha-jvara-ghnam || 93 ||

1.93cv palamsikaih ksira-samam ghrtasya
guducya rasa-kalkabhyam tri-phalaya vrsasya va |
mrdvikaya balayas ca snehah siddha jvara-cchidah || 94 ||

jirne ghrte ca bhuñjita mrdu-mamsa-rasaudanam |
balam hy alam dosa-haram param tac ca bala-pradam || 95 ||

1.95bv mrdu-mamsa-rasasanam
kapha-pitta-hara mudga-karavelladi-ja rasah |
prayena tasman na hita jirne vatottare jvare || 96 ||

sulodavarta-vistambha-janana jvara-vardhanah |
na samyaty evam api cej jvarah kurvita sodhanam || 97 ||

sodhanarhasya vamanam prag uktam tasya yojayet |
amasaya-gate dose balinah palayan balam || 98 ||

pakve tu sithile dose jvare va visa-madya-je |
modakam tri-phala-syama-trivrt-pippali-kesaraih || 99 ||

sa-sita-madhubhir dadyad vyosadyam va virecanam |
draksa-dhatri-rasam tad-vat sa-draksam va haritakim || 100 ||
lihyad va traivrtam curnam samyuktam madhu-sarpisa ||
100.1+1ab ||
aragvadham va payasa mrdvikanam rasena va |
tri-phalam trayamanam va payasa jvaritah pibet || 101 ||

viriktanam ca samsargi manda-purva yatha-kramam |
cyavamanam jvarotklistam upekseta malam sada || 102 ||

pakvo 'pi hi vikurvita dosah kosthe krtaspadah |
atipravartamanam va pacayan samgraham nayet || 103 ||

ama-samgrahane dosa dosopakrama iritah |
payayed dosa-haranam mohad ama-jvare tu yah || 104 ||

1.104av ama-samgrahanad doso 1.104bv dosopakrama iritah
prasuptam krsna-sarpam sa karagrena paramrset |
jvara-ksinasya na hitam vamanam na virecanam || 105 ||

kamam tu payasa tasya niruhair va haren malan |
ksirocitasya praksina-slesmano daha-trd-vatah || 106 ||

ksiram pittanilartasya pathyam apy atisarinah |
tad vapur langhanottaptam plustam vanam ivagnina || 107 ||

divyambu jivayet tasya jvaram casu niyacchati |
samskrtam sitam usnam va tasmad dharosnam eva va || 108
||

1.108dv tad-vad dharosnam eva va
vibhajya kale yuñjita jvarinam hanty ato 'nya-tha |
payah sa-sunthi-kharjura-mrdvika-sarkara-ghrtam || 109 ||

srta-sitam madhu-yutam trd-daha-jvara-nasanam |
tad-vad draksa-bala-yasti-sariva-kana-candanaih || 110 ||

catur-gunenambhasa va pippalya va srtam pibet |
kasac chvasac chirah-sulat parsva-sulac cira-jvarat || 111 ||

mucyate jvaritah pitva pañca-muli-srtam payah |
srtam eranda-mulena bala-bilvena va jvarat || 112 ||

dharosnam va payah pitva vibaddhanila-varcasah |
sa-rakta-picchatisrteh sa-trt-sula-pravahikat || 113 ||

siddham sunthi-bala-vyaghri-gokantaka-gudaih payah |
sopha-mutra-sakrd-vata-vibandha-jvara-kasa-jit || 114 ||

vrsciva-bilva-varsabhu-sadhitam jvara-sopha-nut |
simsipa-sara-siddham ca ksiram asu jvarapaham || 115 ||

1.115cv simsipa-sara-siddham va
niruhas tu balam vahnim vi-jvara-tvam mudam rucim |
dose yuktah karoty asu pakve pakvasayam gate || 116 ||

pittam va kapha-pittam va pakvasaya-gatam haret |
sramsanam trin api malan vastih pakvasayasrayan || 117 ||

1.117dv vastih pakvasayasritan
praksina-kapha-pittasya trika-prstha-kati-grahe |
diptagner baddha-sakrtah prayuñjitanuvasanam || 118 ||

patola-nimba-cchadana-katuka-caturangulaih |
sthira-bala-goksuraka-madanosira-valakaih || 119 ||

payasy ardhodake kvatham ksira-sesam vimisritam |
kalkitair musta-madana-krsna-madhuka-vatsakaih || 120 ||

vastim madhu-ghrtabhyam ca pidayej jvara-nasanam |
catasrah parninir yasti-phalosira-nrpadruman || 121 ||

kvathayet kalkayed yasti-satahva-phalini-phalam |
mustam ca vastih sa-guda-ksaudra-sarpir jvarapahah || 122 ||

jivantim madanam medam pippalim madhukam vacam |
rddhim rasnam balam bilvam satapuspam satavarim || 123 ||

pistva ksiram jalam sarpis tailam caika-tra sadhitam |
jvare 'nuvasanam dadyad yatha-sneham yatha-malam || 124 ||

1.124cv jvare 'nuvasanam dadyat 1.124dv tatha sneham yatha malam
1.124dv
yatha-dosam yatha-balam
ye ca siddhisu vaksyante vastayo jvara-nasanah |

siro-rug-gaurava-slesma-haram indriya-bodhanam || 125 ||

jirna-jvare ruci-karam dadyan nasyam virecanam |
snaihikam sunya-siraso daharte pitta-nasanam || 126 ||

dhuma-gandusa-kavadan yatha-dosam ca kalpayet |
pratisyayasya-vairasya-sirah-kanthamayapahan || 127 ||

a-rucau matulungasya kesaram sajya-saindhavam |
dhatri-draksa-sitanam va kalkam asyena dharayet || 128 ||

yathopasaya-samsparsan sitosna-dravya-kalpitan |
abhyangalepa-sekadiñ jvare jirne tvag-asrite || 129 ||

kuryad añjana-dhumams ca tathaivagantu-je 'pi tan |
dahe sahasra-dhautena sarpisabhyangam acaret || 130 ||

sutroktais ca ganais tais tair madhuramla-kasayakaih |
durvadibhir va pitta-ghnaih sodhanadi-ganoditaih || 131 ||

sita-viryair hima-sparsaih kvatha-kalki-krtaih pacet |
tailam sa-ksiram abhyangat sadyo daha-jvaropaham || 132 ||

siro gatram ca tair eva nati-pistaih pralepayet |
tat-kvathena parisekam avagaham ca yojayet || 133 ||

tatharanala-salila-ksira-sukta-ghrtadibhih |
kapittha-matulungamla-vidari-lodhra-dadimaih || 134 ||

badari-pallavotthena phenenaristakasya va |
lipte 'nge daha-run-mohas chardis trsna ca samyati || 135 ||

1.135bv phenenaristakasya ca 1.135bv phenenarista-jena va
yo varnitah pitta-haro dosopakramane kramah |
tam ca silayatah sighram sa-daho nasyati jvarah || 136 ||

viryosnair usna-samsparsais tagaraguru-kunkumaih |
kustha-sthauneya-saileya-saralamaradarubhih || 137 ||

nakha-rasna-pura-vaca-candaila-dvaya-corakaih |
prthvika-sigru-surasa-himsra-dhyamaka-sarsapaih || 138 ||

1.138av nakha-rasna-mukha-vaca-
dasa-mulamrtairanda-dvaya-pattura-rohisaih |
tamala-pattra-bhutika-sallaki-dhanya-dipyakaih || 139 ||

1.139cv tamala-pattra-putika-
misi-masa-kulatthagni-prakirya-nakuli-dvayaih |
anyais ca tad-vidhair dravyaih site tailam jvare pacet || 140 ||

kvathitaih kalkitair yuktaih sura-sauvirakadibhih |
tenabhyañjyat sukhosnena taih su-pistais ca lepayet || 141 ||

1.141cv tenabhyajya sukhosnena
kavosnais taih parisekam avagaham ca kalpayet |

kevalair api tad-vac ca sukta-go-mutra-mastubhih || 142 ||

aragvadhadi-vargam ca panabhyañjana-lepane |
dhupan aguru-jan yams ca vaksyante visama-jvare || 143 ||

1.143cv dhupan aguru-jan ye ca
agny-an-agni-krtan svedan svedi bhesaja-bhojanan |
garbha-bhu-vesma-sayanam kutha-kambala-rallakan || 144 ||

nir-dhuma-diptair angarair hasantis ca hasantikah |
madyam sa-try-usanam takram kulattha-vrihi-kodravan || 145 ||

samsilayed vepathu-man yac canyad api pittalam |
dayitah stana-salinyah pina vibhrama-bhusanah || 146 ||

1.146av bhajec chitardito yuktya
yauvanasava-mattas ca tam alingeyur anganah |
vita-sitam ca vijñaya tas tato 'panayet punah || 147 ||

1.147cv vita-sitam tu viyatas
vardhanenaika-dosasya ksapanenocchritasya va |
kapha-sthananupurvya va tulya-kaksañ jayen malan || 148 ||

1.148bv ksapanenocchritasya ca
samayet pittam evadau jvaresu samavayisu |
dur-nivara-taram tad dhi jvarartanam visesatah || 148+1 ||
chardi-murcha-pipasadin a-virodhañ jvarasya tu || 148+2ab ||
samnipata-jvarasyante karna-mule su-darunah |
sophah samjayate yena kas-cid eva vimucyate || 149 ||

1.149cv sophah samjayate tena 1.149dv kas-cid eva pramucyate
raktavasecanaih sighram sarpih-panais ca tam jayet |
pradehaih kapha-pitta-ghnair navanaih kavada-grahaih || 150 ||

1.150cv pradehaih kapha-vata-ghnair
sitosna-snigdha-ruksadyair jvaro yasya na samyati |
sakhanusari tasyasu muñced bahvoh kramat siram || 151 ||

ayam eva vidhih karyo visame 'pi yatha-yatham |
jvare vibhajya vatadin yas can-antaram ucyate || 152 ||

1.152bv visame ca yatha-yatham
patola-katuka-musta-pranada-madhukaih krtah |
tri-catuh-pañca-sah kvatha visama-jvara-nasanah || 153 ||

yojayet tri-phalam pathyam guducim pippalim prthak |
tais tair vidhanaih sa-gudam bhallatakam athapi va || 154 ||

langhanam brmhanam vadau jvaragamana-vasare |
pratah sa-tailam lasunam prag-bhaktam va tatha ghrtam || 155 ||

1.155av langhanam brmhanam vapi
jirnam tad-vad dadhi payas takram sarpis ca sat-palam |
kalyanakam pañca-gavyam tiktakhyam vrsa-sadhitam || 156 ||

tri-phala-kola-tarkari-kvathe dadhna srtam ghrtam |
tilvaka-tvak-krtavapam visama-jvara-jit param || 157 ||

suram tiksnam ca yan madyam sikhi-tittiri-daksa-jam |
mamsam medyosna-viryam ca sahannena pra-kamatah || 158 ||

1.158bv sikhi-tittiri-kukkutat 1.158cv mamsam madhyosna-viryam ca
1.158cv mamsam medhyosna-viryam ca
sevitva tad-ahah svapyad atha-va punar ullikhet |
sarpiso mahatim matram pitva va chardayet punah || 159 ||

nilinim ajagandham ca trivrtam katu-rohinim |
pibej jvarasyagamane sneha-svedopapaditah || 160 ||

manohva saindhavam krsna tailena nayanañjanam |
yojyam hingu-sama vyaghri-vasa nasyam sa-saindhavam || 161 ||

purana-sarpih simhasya vasa tad-vat sa-saindhava |
palankasa nimba-pattram vaca kustham haritaki || 162 ||

sarsapah sa-yavah sarpir dhupo vid va bidala-ja |
pura-dhyama-vaca-sarja-nimbarkaguru-darubhih || 163 ||

dhupo jvaresu sarvesu karyo 'yam a-parajitah |
dhupa-nasyañjanottrasa ye coktas citta-vaikrte || 164 ||

1.164bv prayoktavyo '-parajitah 1.164cv dhupa-nasyañjana-trasa
daivasrayam ca bhaisajyam jvaran sarvan vyapohati |
visesad visaman prayas te hy agantv-anubandha-jah || 165 ||

yatha-svam ca siram vidhyed a-santau visama-jvare |
kevalanila-visarpa-visphotabhihata-jvare || 166 ||

1.166bv a-sante visama-jvare 1.166dv -visphotabhihate jvare
sarpih-pana-himalepa-seka-mamsa-rasasanam |
kuryad yatha-svam uktam ca rakta-moksadi sadhanam || 167 ||

1.167av sarpih-panam himalepa- 1.167bv -sekan mamsa-rasasanam
grahotthe bhuta-vidyoktam bali-mantradi sadhanam |
osadhi-gandha-je pitta-samanam visa-jid vise || 168 ||

1.168cv ausadhi-gandha-je pitta-
istair arthair mano-jñais ca yatha-dosa-samena ca |
hita-hita-vivekais ca jvaram krodhadi-jam jayet || 169 ||

krodha-jo yati kamena santim krodhena kama-jah |
bhaya-sokodbhavau tabhyam bhi-sokabhyam tathetarau || 170 ||

sapatharvana-mantrotthe vidhir daiva-vyapasrayah |
te jvarah kevalah purvam vyapyante 'n-antaram malaih || 171 ||

tasmad dosanusarena tesv aharadi kalpayet |
na hi jvaro 'nubadhnati marutadyair vina krtah || 172 ||

jvara-kala-smrtim casya haribhir visayair haret |
karunardram manah suddham sarva-jvara-vinasanam || 173 ||

1.173dv sarva-jvara-vimoksanam
tyajed a-bala-labhac ca vyayama-snana-maithunam |
gurv-a-satmya-vidahy annam yac canyaj jvara-karanam || 174 ||

na vi-jvaro 'pi sahasa sarvannino bhavet tatha |
nivrtto 'pi jvarah sighram vyapadayati dur-balam || 175 ||

1.175bv sarvannino bhavet tada 1.175cv nivrtto hi jvarah sighram
sadyah prana-haro yasmat tasmat tasya visesatah |
tasyam tasyam avasthayam tat tat kuryad bhisag-jitam || 176 ||

1.176dv tat tat kuryac cikitsitam
osadhayo manayas ca su-mantrah sadhu-guru-dvi-ja-daivata-pujah |
priti-kara manaso visayas ca ghnanty api visnu-krtam jvaram ugram
|| 177 ||

1.177av ausadhayo manayas ca su-mantrah

cikitsasthana
urdhva-gam balino '-vegam eka-dosanugam navam |
rakta-pittam sukhe kale sadhayen nir-upadravam || 1 ||

adho-gam yapayed raktam yac ca dosa-dvayanugam |
santam santam punah kupyan margan margantaram ca yat || 2 ||

ati-pravrttam mandagnes tri-dosam dvi-patham tyajet |
jñatva nidanam ayanam malav anu-balau balam || 3 ||

desa-kalady-avastham ca rakta-pitte prayojayet |
langhanam brmhanam vadau sodhanam samanam tatha || 4 ||

2.4cv langhanam brmhanam cadau
samtarpanottham balino bahu-dosasya sadhayet |
urdhva-bhagam virekena vamanena tv adho-gatam || 5 ||

2.5dv vamanena tv adho-gamam
samanair brmhanais canyal langhya-brmhyan aveksya ca |
urdhvam pravrtte samanau rasau tikta-kasayakau || 6 ||

2.6bv langhya-brmhyan apeksya ca
upavasas ca nih-sunthi-sad-angodaka-payinah |
adho-ge rakta-pitte tu brmhano madhuro rasah || 7 ||

urdhva-ge tarpanam yojyam prak ca peya tv adho-gate |
asnato balino '-suddham na dharyam tad dhi roga-krt || 8 ||

2.8bv peya purvam adho-gate 2.8bv prak ca peya tv adho-game 2.8bv va prak
peya tv adho-game
dharayed anya-tha sighram agni-vac chighra-kari tat |
trivrc-chyama-kasayena kalkena ca sa-sarkaram || 9 ||

gala-graham puti-nasyam murchayam a-rucim jvaram |
gulmam plihanam anaham kilasam mutra-krcchra-tam || 9.1+1 ||

kusthany arsamsi visarpam varna-nasam bhagandaram |
buddhindriyoparodham ca kuryat stambhitam aditah || 9.1+2 ||

sadhayed vidhi-val leham lihyat pani-talam tatah |
trivrta tri-phala syama pippali sarkara madhu || 10 ||

modakah samnipatordhva-rakta-sopha-jvarapahah |
trivrt sama-sita tad-vat pippali-pada-samyuta || 11 ||

2.11bv -rakta-pitta-jvarapahah
vamanam phala-samyuktam tarpanam sa-sita-madhu |
sa-sitam va jalam ksaudra-yuktam va madhukodakam || 12 ||

ksiram va rasam iksor va suddhasyan-antaro vidhih |
yatha-svam mantha-peyadih prayojyo raksata balam || 13 ||

mantho jvarokto draksadih pitta-ghnair va phalaih krtah |
madhu-kharjura-mrdvika-parusaka-sitambhasa || 14 ||

mantho va pañca-sarena sa-ghrtair laja-saktubhih |
dadimamalakamlo va mandagny-amlabhilasinam || 15 ||

2.15dv mandagny-amlabhilasinah
kamalotpala-kiñjalka-prsniparni-priyangukah |
usiram sabaram lodhram srngaveram ku-candanam || 16 ||

hriveram dhataki-puspam bilva-madhyam duralabha |
ardhardhair vihitah peya vaksyante pada-yaugikah || 17 ||

2.17cv ardharcair vihitah peya 2.17cv ardhardha-vihitah peya
bhunimba-sevya-jalada masurah prsniparny api |
vidarigandha mudgas ca bala sarpir harenukah || 18 ||

2.18dv bala sarpih priyangukah
jangalani ca mamsani sita-viryani sadhayet |
prthak prthag jale tesam yavaguh kalpayed rase || 19 ||

sitah sa-sarkara-ksaudras tad-van mamsa-rasan api |
isad-amlan an-amlan va ghrta-bhrstan sa-sarkaran || 20 ||

suka-simbi-bhavam dhanyam rakte sakam ca sasyate |
anna-sva-rupa-vijñane yad uktam laghu-sitalam || 21 ||

purvoktam ambu paniyam pañca-mulena va srtam |
laghuna srta-sitam va madhv-ambho va phalambu va || 22 ||

sasah sa-vastukah sasto vibandhe tittirih punah |
udumbarasya niryuhe sadhito marute 'dhike || 23 ||

plaksasya barhinas tad-van nyagrodhasya ca kukkutah |
yat kiñ-cid rakta-pittasya nidanam tac ca varjayet || 24 ||

vasa-rasena phalini-mrl-lodhrañjana-maksikam |
pittasrk samayet pitam niryaso vatarusakat || 25 ||

sarkara-madhu-samyuktah kevalo va srto 'pi va |
vrsah sadyo jayaty asram sa hy asya param ausadham || 26 ||

patola-malati-nimba-candana-dvaya-padmakam |
lodhro vrsas tanduliyah krsna mrn madayantika || 27 ||

2.27av patolamalaki-nimba-
satavari gopakanya kakolyau madhuyastika |
rakta-pitta-harah kvathas trayah sa-madhu-sarkarah || 28 ||

palasa-valka-kvatho va su-sitah sarkaranvitah |
lihyad va madhu-sarpirbhyam gavasva-sakrto rasam || 29 ||

2.29cv pibed va madhu-sarpirbhyam
sa-ksaudram grathite rakte lihyat paravatac chakrt |
ati-nihsruta-raktas ca ksaudrena rudhiram pibet || 30 ||

2.30bv lihyat paravatam sakrt 2.30cv ati-nihsrta-raktas ca
2.30cv ati-nihsrta-rakto va 2.30cv ati-nihsruta-rakto va
jangalam bhaksayed vajam amam pitta-yutam yakrt |
candanosira-jalada-laja-mudga-kana-yavaih || 31 ||

bala-jale paryusitaih kasayo rakta-pitta-ha |
prasadas candanambho-ja-sevya-mrd-bhrsta-losta-jah || 32 ||

su-sitah sa-sita-ksaudrah sonitati-pravrtti-jit |
apothya va nave kumbhe plavayed iksu-gandikah || 33 ||

sthitam tad guptam akase ratrim pratah srutam jalam |
madhu-mad vikacambho-ja-krtottamsam ca tad-gunam || 34 ||

ye ca pitta-jvare coktah kasayas tams ca yojayet |
kasayair vividhair ebhir dipte 'gnau vijite kaphe || 35 ||

rakta-pittam na cec chamyet tatra vatolbane payah |
yuñjyac chagam srtam tad-vad gavyam pañca-gune 'mbhasi || 36 ||

pañca-mulena laghuna srtam va sa-sita-madhu |
jivakarsabhaka-draksa-bala-goksura-nagaraih || 37 ||

prthak prthak srtam ksiram sa-ghrtam sitayatha-va |
gokantakabhiru-srtam parninibhis tatha payah || 38 ||

hanty asu raktam sa-rujam visesan mutra-marga-gam |
vin-marga-ge visesena hitam moca-rasena tu || 39 ||

vata-prarohair sungair va sunthy-udicyotpalair api |
raktatisara-dur-nama-cikitsam catra kalpayet || 40 ||

2.40av vata-prarohair srngair va
pitva kasayan payasa bhuñjita payasaiva ca |
kasaya-yogair ebhir va vipakvam payayed ghrtam || 41 ||

sa-mula-mastakam ksunnam vrsam asta-gune 'mbhasi |
paktvastamsavasesena ghrtam tena vipacayet || 42 ||

tat-puspa-garbham tac chitam sa-ksaudram pitta-sonitam |
pitta-gulma-jvara-svasa-kasa-hrd-roga-kamalah || 43 ||

timira-bhrama-visarpa-svara-sadams ca nasayet |
palasa-vrnta-sva-rase tad-garbham ca ghrtam pacet || 44 ||

sa-ksaudram tac ca rakta-ghnam tathaiva trayamanaya |
rakte sa-picche sa-kaphe grathite kantha-marga-ge || 45 ||

lihyan maksika-sarpirbhyam ksaram utpala-nala-jam |
prthak prthak tathambho-ja-renu-syama-madhuka-jam || 46 ||

gudagame visesena sonite vastir isyate |
ghrana-ge rudhire suddhe navanam canusecayet || 47 ||

kasaya-yogan purvoktan ksireksv-adi-rasaplutan |
ksiradin sa-sitams toyam kevalam va jalam hitam || 48 ||

2.48bv ksireksv-adi-rasa-plutan
raso dadima-puspanam amrasthnah sadvalasya va |
kalpayec chita-vargam ca pradehabhyañjanadisu || 49 ||

2.49bv amrasthnah sadvalasya ca
su-suksma masa-pisti ca ghrta-bhrsta sivasya ca |
runaddhi murdha-lepena nasa-raktam na samsayah || 49.1+1 ||

yac ca pitta-jvare proktam bahir antas ca bhesajam |
rakta-pitte hitam tac ca ksata-ksine hitam ca yat || 50 ||

cikitsasthana
kevalanila-jam kasam snehair adav upacaret |
vata-ghna-siddhaih snigdhais ca peya-yusa-rasadibhih || 1 ||

lehair dhumais tathabhyanga-sveda-sekavagahanaih |
vastibhir baddha-vid-vatam sa-pittam turdhva-bhaktikaih || 2 ||

3.2dv sa-pittam vordhva-bhaktikaih 3.2dv sa-pittam vordhva-bhaktikaih
ghrtaih ksirais ca sa-kapham jayet sneha-virecanaih |
guduci-kantakaribhyam prthak trimsat-palad rase || 3 ||

prasthah siddho ghrtad vata-kasa-nud vahni-dipanah |
ksara-rasna-vaca-hingu-patha-yasty-ahva-dhanyakaih || 4 ||

dvi-sanaih sarpisah prastham pañca-kola-yutaih pacet |
dasa-mulasya niryuhe pito mandanupayina || 5 ||

sa kasa-svasa-hrt-parsva-grahani-roga-gulma-nut |
drone 'pam sadhayed rasna-dasa-mula-satavarih || 6 ||

palonmita dvi-kudavam kulattham badaram yavam |
tulardham caja-mamsasya tena sadhyam ghrtadhakam || 7 ||

sama-ksiram palamsais ca jivaniyaih samiksya tat |
prayuktam vata-rogesu pana-navana-vastibhih || 8 ||

pañca-kasañ chirah-kampam yoni-vanksana-vedanam |
sarvangaikanga-rogams ca sa-plihordhvanilañ jayet || 9 ||

vidary-adi-gana-kvatha-kalka-siddham ca kasa-jit |
asoka-bija-ksavaka-jantughnañjana-padmakaih || 10 ||

sa-vidais ca ghrtam siddham tac-curnam va ghrta-plutam |
lihyat payas canupibed ajam kasati-piditah || 11 ||

3.11dv ajam kasabhipiditah 3.11dv ajam kasadi-piditah
vidangam nagaram rasna pippali hingu saindhavam |
bhargi ksaras ca tac curnam pibed va ghrta-matraya || 12 ||

sa-kaphe 'nila-je kase svasa-hidhma-hatagnisu |
duralabham srngaveram sathim draksam sitopalam || 13 ||

3.13dv sunthim draksam sitopalam
lihyat karkatasrngim ca kase tailena vata-je |
duhsparsam pippalim mustam bhargim karkatakim sathim
|| 14 ||

purana-guda-tailabhyam curnitany avalehayet |
tad-vat sa-krsnam sunthim ca sa-bhargim tad-vad eva ca ||
15 ||

pibec ca krsnam kosnena salilena sa-saindhavam |
mastuna sa-sitam sunthim dadhna va kana-renukam || 16 ||

3.16dv dadhna va kana-renukam
pibed badara-majjño va madira-dadhi-mastubhih |
atha-va pippali-kalkam ghrta-bhrstam sa-saindhavam || 17 ||

3.17av pibed badara-majjam va
kasi sa-pinaso dhumam snaihikam vidhina pibet |
hidhma-svasokta-dhumams ca ksira-mamsa-rasasanah || 18 ||

gramyanupaudakaih sali-yava-godhuma-sastikan |
rasair masatmaguptanam yusair va bhojayed dhitan || 19 ||

3.19av gramyanupodbhavaih sali-
yavani-pippali-bilva-madhya-nagara-citrakaih |
rasnajaji-prthakparni-palasa-sathi-pauskaraih || 20 ||

siddham snigdhamla-lavanam peyam anila-je pibet |
kati-hrt-parsva-kostharti-svasa-hidhma-pranasanim || 21 ||

dasa-mula-rase tad-vat pañca-kola-gudanvitam |
pibet peyam sama-tilam ksaireyim va sa-saindhavam || 22 ||

matsya-kaukkuta-varahair mamsair va sajya-saindhavam |
vastuko vayasi-sakam kasaghnah sunisannakah || 23 ||

kantakaryah phalam pattram balam suskam ca mulakam |
snehas tailadayo bhaksyah ksireksu-rasa-gaudikah || 24 ||

dadhi-mastv-aranalamla-phalambu-madirah pibet |
pitta-kase tu sa-kaphe vamanam sarpisa hitam || 25 ||

tatha madana-kasmarya-madhuka-kvathitair jalaih |
phala-yasty-ahva-kalkair va vidariksu-rasaplutaih || 26 ||

pitta-kase tanu-kaphe trivrtam madhurair yutam |
yuñjyad virekaya yutam ghana-slesmani tiktakaih || 27 ||

hrta-doso himam svadu snigdham samsarjanam bhajet |
ghane kaphe tu sisiram ruksam tiktopasamhitam || 28 ||

lehah paitte sita-dhatri-ksaudra-draksa-himotpalaih |
sa-ghrtah sanile hitah sa-kaphe sabda-maricah || 29 ||

3.29av lehah pitte sita-dhatri-
mrdvikardha-satam trimsat pippalih sarkara-palam |
lehayen madhuna gor va ksira-pasya sakrd-rasam || 30 ||

tvag-ela-vyosa-mrdvika-pippali-mula-pauskaraih |
laja-musta-sathi-rasna-dhatri-phala-vibhitakaih || 31 ||

sarkara-ksaudra-sarpirbhir leho hrd-roga-kasa-ha |
madhurair jangala-rasair yava-syamaka-kodravah || 32 ||

mudgadi-yusaih sakais ca tiktakair matraya hitah |
ghana-slesmani lehas ca tiktaka madhu-samyutah || 33 ||

salayah syus tanu-kaphe sastikas ca rasadibhih |
sarkarambho 'nu-panartham drakseksu-sva-rasah payah || 34 ||

kakoli-brhati-meda-dvayaih sa-vrsa-nagaraih |
pitta-kase rasa-ksira-peya-yusan prakalpayet || 35 ||

draksam kanam pañca-mulam trnakhyam ca pacej jale |
tena ksiram srtam sitam pibet sa-madhu-sarkaram || 36 ||

sadhitam tena peyam va su-sitam madhunanvitam |
sathi-hrivera-brhati-sarkara-visva-bhesajam || 37 ||

pistva rasam pibet putam vastrena ghrta-murchitam |
medam vidarim kakolim svayangupta-phalam balam || 38 ||

sarkaram jivakam mudga-masaparnyau duralabham |
kalki-krtya pacet sarpih ksirenasta-gunena tat || 39 ||

pana-bhojana-lehesu prayuktam pitta-kasa-jit |
lihyad va curnam etesam kasayam atha-va pibet || 40 ||

kapha-kasi pibed adau surakasthat pradipitat |
sneham parisrutam vyosa-yava-ksaravacurnitam || 41 ||

3.41av kapha-kase pibed adau

snigdham virecayed urdhvam adho murdhni ca yuktitah |
tiksnair virekair balinam samsargim casya yojayet || 42 ||

yava-mudga-kulatthannair usna-ruksaih katutkataih |
kasamardaka-vartaka-vyaghri-ksara-kananvitaih || 43 ||

dhanva-baila-rasaih snehais tila-sarsapa-nimba-jaih |
dasa-mulambu gharmambu madyam madhv-ambu va pibet || 44 ||

3.44av dhanva-baila-rasair lehais 3.44bv tila-sarsapa-bilva-jaih
mulaih pauskara-samyaka-patolaih samsthitam nisam |
pibed vari saha-ksaudram kalesv annasya va trisu || 45 ||

3.45bv -patolair anvitam nisam
pippali pippali-mulam srngaveram vibhitakam |
sikhi-kukkuta-picchanam masi ksaro yavodbhavah || 46 ||

visala pippali-mulam trivrta ca madhu-dravah |
kapha-kasa-hara lehas trayah slokardha-yojitah || 47 ||

madhuna maricam lihyan madhunaiva ca jongakam |
prthag rasams ca madhuna vyaghri-vartaka-bhrnga-jan || 48 ||

kasaghnasyasva-sakrtah surasasyasitasya ca |
devadaru-sathi-rasna-karkatakhya-duralabhah || 49 ||

3.49bv surasasyasitasya va
pippali nagaram mustam pathya dhatri sitopala |
lajah sitopala sarpih srngi dhatri-phalodbhava || 50 ||

3.50dv srngi dhatri-phalad rajah
madhu-taila-yuta lehas trayo vatanuge kaphe |
dve pale dadimad astau gudad vyosat pala-trayam || 51 ||

rocanam dipanam svaryam pinasa-svasa-kasa-jit |
guda-ksarosana-kana-dadimam svasa-kasa-jit || 52 ||

3.52dv -dadimac chvasa-kasa-jit
kramat pala-dvayardhaksa-karsardhaksa-palonmitam |
pibej jvaroktam pathyadi sa-srngikam ca pacanam || 53 ||

3.53bv -karsaksardha-palonmitam
atha-va dipyaka-trivrd-visala-ghana-pauskaram |
sa-kanam kvathitam mutre kapha-kasi jale 'pi va || 54 ||

taila-bhrstam ca vaidehi-kalkaksam sa-sitopalam |
payayet kapha-kasa-ghnam kulattha-salilaplutam || 55 ||

dasa-muladhake prastham ghrtasyaksa-samaih pacet |
puskarahva-sathi-bilva-surasa-vyosa-hingubhih || 56 ||

3.56cv puskarakhya-sathi-bilva-
peyanu-panam tat sarva-vata-slesmamayapaham |
nirgundi-pattra-niryasa-sadhitam kasa-jid ghrtam || 57 ||

ghrtam rase vidanganam vyosa-garbham ca sadhitam || 57uab
||punarnava-sivatika-sarala-kasamardamrta- || 58a
||patola-brhati-phanijjaka-rasaih payah-samyutaih || 58b
||ghrtam tri-katuna ca siddham upayujya samjayate || 58c ||na
kasa-visama-jvara-ksaya-gudankurebhyo bhayam || 58d
||sa-mula-phala-pattrayah kantakarya rasadhake || 59ab ||
3.59av sa-mula-phala-sakhayah
ghrta-prastham bala-vyosa-vidanga-sathi-dadimaih |
sauvarcala-yava-ksara-mulamalaka-pauskaraih || 60 ||

vrsciva-brhati-pathya-yavani-citrakarddhibhih |
mrdvika-cavya-varsabhu-duralabhamla-vetasaih || 61 ||

srngi-tamalaki-bhargi-rasna-goksurakaih pacet |
kalkais tat sarva-kasesu svasa-hidhmasu cesyate || 62 ||

kantakari-ghrtam caitat kapha-vyadhi-vinasanam |
paced vyaghri-tulam ksunnam vahe 'pam adhaka-sthite || 63 ||

ksipet pute tu samcurnya vyosa-rasnamrtagnikan |
srngi-bhargi-ghana-granthi-dhanvayasan palardhakan || 64 ||

3.64av ksipet pute ca samcurnya
sarpisah so-dasa-palam catvarimsat palani ca |
matsyandikayah suddhayah punas ca tad adhisrayet || 65 ||

darvi-lepini site ca prthag dvi-kudavam ksipet |
pippalinam tavaksirya maksikasya-navasya ca || 66 ||

3.66cv pippalinam tukaksirya
leho 'yam gulma-hrd-roga-dur-nama-svasa-kasa-jit |
samanam ca pibed dhumam sodhanam bahale kaphe || 67 ||

3.67dv sodhanam bahule kaphe
manahsilala-madhuka-mamsi-mustengudi-tvacah |
dhumam kasa-ghna-vidhina pitva ksiram pibed anu || 68 ||

nisthyutante guda-yutam kosnam dhumo nihanti sah |
vata-slesmottaran kasan a-cirena ciran-tanan || 69 ||

tamakah kapha-kase tu syac cet pittanubandha-jah |
pitta-kasa-kriyam tatra yathavastham prayojayet || 70 ||

kaphanubandhe pavane kuryat kapha-haram kriyam |
pittanubandhayor vata-kaphayoh pitta-nasinim || 71 ||

vata-slesmatmake suske snigdham ardre viruksanam |
kase karma sa-pitte tu kapha-je tikta-samyutam || 72 ||

3.72bv snigdham cardre viruksanam
urasy antah-ksate sadyo laksam ksaudra-yutam pibet |
ksirena salin jirne 'dyat ksirenaiva sa-sarkaran || 73 ||

parsva-vasti-sa-ruk calpa-pittagnis tam sura-yutam |

bhinna-vitkah sa-mustativisa-patham sa-vatsakam || 74 ||

laksam sarpir madhucchistam jivaniyam ganam sitam |
tvakksirim samitam ksire paktva diptanalah pibet || 75 ||

3.75cv tvakksirim sammitam ksire
iksvarika-bisa-granthi-padma-kesara-candanaih |
srtam payo madhu-yutam samdhanartham pibet ksati || 76 ||

yavanam curnam amanam ksire siddham ghrtanvitam |
jvara-dahe sita-ksaudra-saktun va payasa pibet || 77 ||

3.77bv ksira-siddham ghrtanvitam
kasa-vams tu pibet sarpir madhurausadha-sadhitam |
gudodakam va kvathitam sa-ksaudra-maricam hitam || 78 ||

3.78av kasa-vams ca pibet sarpir
curnam amalakanam va ksire pakvam ghrtanvitam |
rasayana-vidhanena pippalir va prayojayet || 79 ||

3.79bv ksira-pakvam ghrtanvitam
kasi parvasthi-suli ca lihyat sa-ghrta-maksikah |
madhuka-madhuka-draksa-tvakksiri-pippali-balah || 80 ||

3.80bv lihyat sa-ghrta-maksikan 3.80dv -tvakksiri-pippali-balan
tri-jatam ardha-karsamsam pippaly-ardha-palam sita |
draksa madhukam kharjuram palasam slaksna-curnitam || 81
||

madhuna gutika ghnanti ta vrsyah pitta-sonitam |
kasa-svasa-ruci-cchardi-murcha-hidhma-mada-bhraman || 82 ||

3.82dv -murcha-hidhma-vami-bhraman
ksata-ksaya-svara-bhramsa-pliha-sosadhya-marutan |
rakta-nisthiva-hrt-parsva-ruk-pipasa-jvaran api || 83 ||

3.83bv -pliha-sophadhya-marutan
varsabhu-sarkara-rakta-sali-tandula-jam rajah |
rakta-sthivi pibet siddham draksa-rasa-payo-ghrtaih || 84 ||

madhuka-madhuka-ksira-siddham va tanduliyakam |
yatha-svam marga-visrte rakte kuryac ca bhesajam || 85 ||

mudha-vatas tv aja-medah sura-bhrstam sa-saindhavam |
ksamah ksinah ksatorasko manda-nidro 'gni-dipti-man || 86 ||

srta-ksira-sarenadyat sa-ghrta-ksaudra-sarkaram |
sarkara-yava-godhumam jivakarsabhakau madhu || 87 ||

3.87cv sarkaram yava-godhumam
srta-ksiranu-panam va lihyat ksinah ksatah krsah |
kravyat-pisita-niryuham ghrta-bhrstam pibec ca sah || 88 ||

pippali-ksaudra-samyuktam mamsa-sonita-vardhanam |

nyagrodhodumbarasvattha-plaksa-sala-priyangubhih || 89 ||

tala-mastaka-jambu-tvak-priyalais ca sa-padmakaih |
sasvakarnaih srtat ksirad adyaj jatena sarpisa || 90 ||

saly-odanam ksatoraskah ksina-sukra-balendriyah |
vata-pittardite 'bhyango gatra-bhede ghrtair matah || 91 ||

tailais canila-roga-ghnaih pidite matarisvana |
hrt-parsvartisu panam syaj jivaniyasya sarpisah || 92 ||

3.92cv hrta-parsvartau tu panam syaj
kuryad va vata-roga-ghnam pitta-rakta-virodhi yat |
yasty-ahva-nagabalayoh kvathe ksira-same ghrtam || 93 ||

payasya-pippali-vamsi-kalkaih siddham ksate hitam |
jivaniyo ganah sunthi vari vira punarnava || 94 ||

bala-bhargi-svaguptarddhi-sathi-tamalaki-kanah |
srngatakam payasya ca pañca-mulam ca yal laghu || 95 ||

draksaksotadi ca phalam madhura-snigdha-brmhanam |
taih pacet sarpisah prastham karsamsaih
slaksna-kalkitaih || 96 ||

ksira-dhatri-vidariksu-cchaga-mamsa-rasanvitam |
prasthardham madhunah site sarkarardha-tula-rajah || 97 ||

palardhakam ca marica-tvag-ela-pattra-kesaram |
viniya prasrtam tasmal lihyan matram yatha-balam || 98 ||

3.98dv lihyan matram yathanalam
amrta-prasam ity etan naranam amrtam ghrtam |
sudhamrta-rasam prasyam ksira-mamsa-rasasina || 99 ||

nasta-sukra-ksata-ksina-dur-bala-vyadhi-karsitan |
stri-prasaktan krsan varna-svara-hinams ca brmhayet || 100 ||

3.100bv -dur-bala-vyadhi-karsitan
kasa-hidhma-jvara-svasa-daha-trsnasra-pitta-nut |
putra-dam chardi-murcha-hrd-yoni-mutramayapaham || 101 ||

svadamstrosira-mañjistha-bala-kasmarya-kattrnam |
darbha-mulam prthakparnim palasarsabhakau sthiram || 102 ||

palikani pacet tesam rase ksira-catur-gune |
kalkaih svagupta-jivanti-medarsabhaka-jivakaih || 103 ||

satavary-rddhi-mrdvika-sarkara-sravani-bisaih |
prasthah siddho ghrtad vata-pitta-hrd-roga-sula-nut || 104 ||

3.104dv -pitta-hrd-drava-sula-nut
mutra-krcchra-prameharsah-kasa-sosa-ksayapahah |
dhanuh-stri-madya-bharadhva-khinnanam bala-mamsa-dah || 105 ||

madhukasta-pala-draksa-prastha-kvathe paced ghrtam |
pippaly-asta-pale kalke prastham siddhe ca sitale || 106 ||

prthag asta-palam ksaudra-sarkarabhyam vimisrayet |
sama-saktu ksata-ksina-rakta-gulmesu tad dhitam || 107 ||

dhatri-phala-vidariksu-jivaniya-rasad ghrtat |
gavyajayos ca payasoh prastham prastham vipacayet || 108 ||

siddha-site sita-ksaudram dvi-prastham vinayet tatah |
yaksmapasmara-pittasrk-kasa-meha-ksayapaham || 109 ||

3.109av siddha-pute sita-ksaudram 3.109dv -kasa-meha-jvarapaham
vayah-sthapanam ayusyam mamsa-sukra-bala-pradam |
ghrtam tu pitte 'bhyadhike lihyad vate 'dhike pibet || 110 ||

3.110dv lihyad vatadhike pibet
lidham nirvapayet pittam alpa-tvad dhanti nanalam |
akramaty anilam pitam usmanam nirunaddhi ca || 111 ||

ksama-ksina-krsanganam etany eva ghrtani tu |
tvakksiri-sarkara-laja-curnaih styanani yojayet || 112 ||

3.112cv tvakksiri-pippali-laja- 3.112dv -curnaih panani yojayet
sarpir-gudan sa-madhv-amsan krtva dadyat payo 'nu ca |
reto viryam balam pustim tair asu-taram apnuyat || 113 ||

vita-tvag-asthi-kusmanda-tulam svinnam punah pacet |
ghattayan sarpisah prasthe ksaudra-varne 'tra ca ksipet || 114 ||

3.114dv ksaudra-varne tu niksipet
khandac chatam kana-sunthyor dvi-palam jirakad api |
tri-jata-dhanya-maricam prthag ardha-palamsakam || 115 ||

avatarita-site ca dattva ksaudram ghrtardhakam |
khajenamathya ca sthapyam tan nihanty upayojitam || 116 ||

kasa-hidhma-jvara-svasa-rakta-pitta-ksata-ksayan |
urah-samdhana-jananam medha-smrti-bala-pradam || 117 ||

asvibhyam vihitam hrdyam kusmandaka-rasayanam |
piben nagabala-mulasyardha-karsabhivardhitam || 118 ||

3.118dv myardha-karsadi-vardhitam 3.118dv myardha-karsa-vivardhitam
palam ksira-yutam masam ksira-vrttir an-anna-bhuk |
esa prayogah pusty-ayur-bala-varna-karah param || 119 ||

mandukaparnyah kalpo 'yam yastya visvausadhasya ca |
pada-sesam jala-drone pacen nagabala-tulam || 120 ||

tena kvathena tulyamsam ghrtam ksiram ca sadhayet |
palardhikais catibala-bala-yasti-punarnavaih || 121 ||

prapaundarika-kasmarya-priyala-kapikacchubhih |
asvagandha-sitabhiru-meda-yugma-trikantakaih || 122 ||

kakoli-ksira-kakoli-ksirasukla-dvi-jirakaih |
mrnala-bisa-kharjura-srngataka-kaserukaih || 123 ||

3.123bv -ksirasukla-dvi-jivakaih
etan nagabala-sarpih pitta-rakta-ksata-ksayan |
jayet trd-bhrama-dahams ca bala-pusti-karam param || 124 ||

varnyam ayusyam ojasyam vali-palita-nasanam |
upayujya ca san masan vrddho 'pi tarunayate || 125 ||

3.125cv upayujya tu san-masad
dipte 'gnau vidhir esa syan mande dipana-pacanah |
yaksmoktah ksatinam sasto grahi sakrti tu drave || 126 ||

dasa-mulam svayanguptam sankhapuspim sathim balam |
hasti-pippaly-apamarga-pippali-mula-citrakan || 127 ||

bhargim puskara-mulam ca dvi-palamsam yavadhakam |
haritaki-satam caikam jala-pañcadhake pacet || 128 ||

3.128bv dvi-palamsan yavadhakam 3.128dv jale pañcadhake pacet
yava-svede kasayam tam putam tac cabhaya-satam |
paced guda-tulam dattva kudavam ca prthag ghrtat || 129 ||

3.129av yave svinne kasayam tam
tailat sa-pippali-curnat siddha-site ca maksikat |
leham dve cabhaye nityam atah khaded rasayanat || 130 ||

3.130cv lehe dve cabhaye nityam
tad vali-palitam hanyad varnayur-bala-vardhanam |
pañca-kasan ksayam svasam sa-hidhmam visama-jvaram || 131 ||

meha-gulma-grahany-arso-hrd-roga-ruci-pinasan |
agastya-vihitam dhanyam idam srestham rasayanam || 132 ||

dasa-mulam balam murvam haridre pippali-dvayam |
pathasvagandhapamarga-svaguptativisamrtah || 133 ||

3.133bv haridra-pippali-dvayam 3.133dv -svaguptativisamrtam
bala-bilvam trivrd-danti-mulam pattram ca citrakat |
payasyam kutajam himsram puspam saram ca bijakat || 134 ||

bota-sthavira-bhallata-vikankata-satavarih |
puti-karañja-samyaka-candralekha-sahacaram || 135 ||

3.135dv -candralekha-sahacarat
saubhañjanaka-nimba-tvag-iksuram ca palamsakam |
pathya-sahasram sa-satam yavanam cadhaka-dvayam || 136 ||

paced asta-gune toye yava-svede 'vatarayet |
pute ksipet sa-pathye ca tatra jirna-gudat tulam || 137 ||

3.137cv pute ksipet sa-pathyam ca
tailajya-dhatri-rasatah prastham prastham tatah punah |

adhisrayen mrdav agnau darvi-lepe 'vatarya ca || 138 ||

site prastha-dvayam ksaudrat pippali-kudavam ksipet |
curni-krtam tri-jatac ca tri-palam nikhanet tatah || 139 ||

dhanye purana-kumbha-stham masam khadec ca purva-vat |
rasayanam vasisthoktam etat purva-gunadhikam || 140 ||

svasthanam nis-pariharam sarvartusu ca sasyate |
palikam saindhavam sunthi dve ca sauvarcalat pale || 141 ||

kudavamsani vrksamlam dadimam pattram arjakat |
ekaikam maricajajyor dhanyakad dve caturthike || 142 ||

3.142bv dadimam pattram arjakam
sarkarayah palany atra dasa dve ca pradapayet |
krtva curnam ato matram anna-panesu dapayet || 143 ||

rucyam tad dipanam balyam parsvarti-svasa-kasa-jit |
ekam so-dasikam dhanyad dve dve cajaji-dipyakat || 144 ||

3.144bv parsvarti-svasa-kasa-nut
tabhyam dadima-vrksamle dvir dvih sauvarcalat palam |
sunthyah karsam dadhitthasya madhyat pañca palani ca || 145 ||

3.145cv sunthyah karsam kapitthasya
tac curnam so-dasa-palaih sarkaraya vimisrayet |
sadavo 'yam pradeyah syad anna-panesu purva-vat || 146 ||

vidhis ca yaksma-vihito yathavastham ksate hitah |
nivrtte ksata-dose tu kaphe vrddha urah sirah || 147 ||

dalyate kasino yasya sa na dhuman pibed iman |
dvi-meda-dvi-bala-yasti-kalkaih ksaume su-bhavite || 148 ||

3.148av dalyete kasino yasya 3.148bv sa dhuman na pibed iman
vartim krtva pibed dhumam jivaniya-ghrtanupah |
manahsila-palasajagandha-tvakksiri-nagaraih || 149 ||

tad-vad evanu-panam tu sarkareksu-gudodakam |
pistva manahsilam tulyam ardraya vata-sungaya || 150 ||

sa-sarpiskam pibed dhumam tittiri-pratibhojanam |
ksaya-je brmhanam purvam kuryad agnes ca vardhanam || 151 ||

3.151bv tittiri-pratibhojitam
bahu-dosaya sa-sneham mrdu dadyad virecanam |
samyakena trivrtaya mrdvika-rasa-yuktaya || 152 ||

tilvakasya kasayena vidari-sva-rasena ca |
sarpih siddham pibed yuktya ksina-deho visodhanam || 153 ||

pitte kaphe dhatusu ca ksinesu ksaya-kasa-van |
ghrtam karkataki-ksira-dvi-bala-sadhitam pibet || 154 ||

vidaribhih kadambair va tala-sasyais ca sadhitam |
ghrtam payas ca mutrasya vaivarnye krcchra-nirgame || 155 ||

sune sa-vedane medhre payau sa-sroni-vanksane |
ghrta-mandena laghunanuvasyo misrakena va || 156 ||

jangalair pratibhuktasya vartakadya bile-sayah |
krama-sah prasahas tad-vat prayojyah pisitasinah || 157 ||

ausnyat pramathi-bhavac ca srotobhyas cyavayanti te |
kapham suddhais ca taih pustim kuryat samyag vahan rasah || 158
||

cavika-tri-phala-bhargi-dasa-mulaih sa-citrakaih |
kulattha-pippali-mula-patha-kola-yavair jale || 159 ||

srtair nagara-duhsparsa-pippali-sathi-pauskaraih |
pistaih karkatasrngya ca samaih sarpir vipacayet || 160 ||

siddhe 'smims curnitau ksarau dvau pañca lavanani ca |
dattva yuktya piben matram ksaya-kasa-nipiditah || 161 ||

3.161bv dvau pañca lavanani tu
kasamardabhaya-musta-patha-katphala-nagaraih |
pippalya katu-rohinya kasmarya surasena ca || 162 ||

aksa-matrair ghrta-prastham ksira-draksa-rasadhake |
pacec chosa-jvara-pliha-sarva-kasa-haram sivam || 163 ||

vrsa-vyaghri-guducinam pattra-mula-phalankurat |
rasa-kalkair ghrtam pakvam hanti kasa-jvara-rucih || 164 ||

dvi-gune dadima-rase siddham va vyosa-samyutam |
pibed upari bhuktasya yava-ksara-yutam narah || 165 ||

3.165cv pibed upari bhaktasya 3.165dv yava-ksara-ghrtam narah 3.165dv
yava-ksara-yutam ghrtam
pippali-guda-siddham va chaga-ksira-yutam ghrtam |
etany agni-vivrddhy-artham sarpimsi ksaya-kasinam || 166 ||

syur dosa-baddha-kanthorah-srotasam ca visuddhaye |
prasthonmite yava-kvathe vimsatim vijayah pacet || 167 ||

svinna mrditva tas tasmin puranat sat-palam gudat |
pippalya dvi-palam karsam manohvaya rasañjanat || 168 ||

dattvardhaksam paced bhuyah sa lehah svasa-kasa-jit |
svavidham sucayo dagdhah sa-ghrta-ksaudra-sarkarah || 169 ||

3.169bv sa lehah svasa-kasa-nut
svasa-kasa-hara barhi-padau va madhu-sarpisa |
eranda-pattra-ksaram va vyosa-taila-gudanvitam || 170 ||

lehayet ksaram evam va surasairanda-pattra-jam |
lihyat try-usana-curnam va purana-guda-sarpisa || 171 ||

padmakam tri-phala vyosam vidangam devadaru ca |
bala rasna ca tac-curnam samastam sama-sarkaram || 172 ||

3.172dv samasta-sama-sarkaram
khaden madhu-ghrtabhyam va lihyat kasa-haram param |
tad-van marica-curnam va sa-ghrta-ksaudra-sarkaram || 173 ||

3.173cv tad-van marica-curnam ca
pathya-sunthi-ghana-gudair gutikam dharayen mukhe |
sarvesu svasa-kasesu kevalam va vibhitakam || 174 ||

pattra-kalkam ghrta-bhrstam tilvakasya sa-sarkaram |
peya votkarika chardi-trt-kasamatisara-jit || 175 ||

3.175cv peya cotkarika chardi- 3.175dv -trt-kasamatisara-nut
kantakari-rase siddho ksiram yusan rasan api |
sa-gauramalakah samlah sarva-kasa-bhisag-jitam || 176 ||

vata-ghnausadha-nihkvathe ksiram yusan rasan api |
vaiskiran pratudan bailan dapayet ksaya-kasine || 177 ||

ksata-kase ca ye dhumah sanu-pana nidarsitah |
ksaya-kase 'pi te yojya vaksyate yac ca yaksmani || 178 ||

3.178dv vaksyante ye ca yaksmani
brmhanam dipanam cagneh srotasam ca visodhanam |
vyatyasat ksaya-kasibhyo balyam sarvam prasasyate || 179 ||

samnipatodbhavo ghorah ksaya-kaso yatas tatah |
yatha-dosa-balam tasya samnipata-hitam hitam || 180 ||

cikitsasthana
svasa-hidhma yatas tulya-hetv-adyah sadhanam tatah |
tulyam eva tad-artam ca purvam svedair upacaret || 1 ||

snigdhair lavana-tailaktam taih khesu grathitah kaphah |
su-lino 'pi vilino 'sya kostham praptah su-nirharah || 2 ||

srotasam syan mrdu-tvam ca marutas canuloma-ta |
svinnam ca bhojayed annam snigdham anupa-jai rasaih || 3 ||

4.3bv marutasyanuloma-ta
dadhy-uttarena va dadyat tato 'smai vamanam mrdu |
visesat kasa-vamathu-hrd-graha-svara-sadine || 4 ||

pippali-saindhava-ksaudra-yuktam vata-virodhi yat |
nirhrte sukham apnoti sa kaphe dusta-vigrahe || 5 ||

srotahsu ca visuddhesu caraty a-vihato 'nilah |
dhmanodavarta-tamake matulungamla-vetasaih || 6 ||

hingu-pilu-vidair yuktam annam syad anulomanam |
sa-saindhavam phalamlam va kosnam dadyad virecanam || 7 ||

ete hi kapha-samruddha-gati-prana-prakopa-jah |

tasmat tan-marga-suddhy-artham urdhvadhah sodhanam hitam || 8 ||

udiryate bhrsa-taram marga-rodhad vahaj jalam |
yatha tathanilas tasya margam asmad visodhayet || 9 ||

a-santau krta-samsuddher dhumair linam malam haret |
haridra-pattram eranda-mulam laksam manahsilam || 10 ||

4.10dv -mulam draksam manahsilam
sa-devadarv alam mamsim pistva vartim prakalpayet |
tam ghrtaktam pibed dhumam yavan va ghrta-samyutan || 11 ||

madhucchistam sarja-rasam ghrtam va guru vaguru |
candanam va tatha srngam valan va snava va gavam || 12 ||

4.12dv valan va snayu va gavam
rksa-godha-kurangaina-carma-srnga-khurani va |
guggulum va manohvam va sala-niryasam eva va || 13 ||

4.13av rsya-godha-kurangaina- 4.13bv -carma-srnga-khurani ca
sallakim guggulum loham padmakam va ghrtaplutam |
avasyam svedaniyanam a-svedyanam api ksanam || 14 ||

4.14bv padmakam va ghrta-plutam
svedayet sa-sita-ksira-sukhosna-sneha-secanaih |
utkarikopanahais ca svedadhyayokta-bhesajaih || 15 ||

urah kantham ca mrdubhih same tv ama-vidhim caret |
ati-yogoddhatam vatam drstva pavana-nasanaih || 16 ||

snigdhai rasadyair naty-usnair abhyangais ca samam nayet |
an-utklista-kapha-svinna-dur-balanam hi sodhanat || 17 ||

vayur labdhaspado marma samsosyasu hared asun |
kasaya-leha-snehadyais tesam samsamayed atah || 18 ||

ksina-ksatatisarasrk-pitta-dahanubandha-jan |
madhura-snigdha-sitadyair hidhma-svasan upacaret || 19 ||

kulattha-dasa-mulanam kvathe syur jangala rasah |
yusas ca sigru-vartaka-kasaghna-vrsa-mulakaih || 20 ||

pallavair nimba-kulaka-brhati-matulunga-jaih |
vyaghri-duralabha-srngi-bilva-madhya-trikantakaih || 21 ||

samrtagni-kulatthais ca yusah syat kvathitair jale |
tad-vad rasna-brhaty-adi-bala-mudgaih sa-citrakaih || 22 ||

4.22bv yusah syat kvathitair jalaih
peya ca citrakajaji-srngi-sauvarcalaih krta |
dasa-mulena va kasa-svasa-hidhma-rujapaha || 23 ||

dasa-mula-sathi-rasna-bhargi-bilvarddhi-pauskaraih |
kulirasrngi-capala-tamalaky-amrtausadhaih || 24 ||

pibet kasayam jirne 'smin peyam tair eva sadhitam |
sali-sastika-godhuma-yava-mudga-kulattha-bhuk || 25 ||

kasa-hrd-graha-parsvarti-hidhma-svasa-prasantaye |
saktun varkankura-ksira-bhavitanam sa-maksikan || 26 ||

yavanam dasa-muladi-nihkvatha-lulitan pibet |
anne ca yojayet ksara-hingv-ajya-vida-dadiman || 27 ||

sa-pauskara-sathi-vyosa-matulungamla-vetasan |
dasa-mulasya va kvatham atha-va devadarunah || 28 ||

4.28cv dasa-mulasya nihkvatham
pibed va varuni-mandam hidhma-svasi pipasitah |
pippali-pippali-mula-pathya-jantughna-citrakaih || 29 ||

kalkitair lepite rudhe nihksiped ghrta-bhajane |
takram masa-sthitam tad dhi dipanam svasa-kasa-jit || 30 ||

patham madhurasam daru saralam ca nisi sthitam |
sura-mande 'lpa-lavanam pibet prasrta-sammitam || 31 ||

4.31bv saralam nisi samsthitam 4.31dv pibet prasrti-sammitam
bhargi-sunthyau sukhambhobhih ksaram va maricanvitam |
sva-kvatha-pistam lulitam baspikam payayeta va || 32 ||

sva-rasah saptaparnasya puspanam va sirisatah |
hidhma-svase madhu-kana-yuktah pitta-kaphanuge || 33 ||

utkarika tuga-krsna-madhuli-ghrta-nagaraih |
pittanubandhe yoktavya pavane tv anubandhini || 34 ||

svavic-chasamisa-kana-ghrta-salyaka-sonitaih |
suvarcala-rasa-vyosa-sarpirbhih sahitam payah || 35 ||

anu saly-odanam peyam vata-pittanubandhini |
catur-gunambu-siddham va chagam sa-guda-nagaram || 36 ||

pippali-mula-madhuka-guda-go-'sva-sakrd-rasan |
hidhmabhisyanda-kasa-ghnao lihyan madhu-ghrtanvitan || 37 ||

go-gajasva-varahostra-khara-mesaja-vid-rasam |
sa-madhv ekaika-so lihyad bahu-slesmatha-va pibet || 38 ||

catus-pac-carma-romasthi-khura-srngodbhavam masim |
tathaiva vajigandhaya lihyac chvasi kapholbanah || 39 ||

sathi-pauskara-dhatrir va pauskaram va kananvitam |
gairikañjana-krsna va sva-rasam va kapittha-jam || 40 ||

rasena va kapitthasya dhatri-saindhava-pippalih |
ghrta-ksaudrena va pathya-vidangosana-pippalih || 41 ||

kola-lajamala-draksa-pippali-nagarani va |
guda-taila-nisa-draksa-kana-rasnosanani va || 42 ||

pibed rasambu-madyamlair lehausadha-rajamsi va |
jivanti-musta-surasa-tvag-ela-dvaya-pauskaram || 43 ||

canda-tamalaki-loha-bhargi-nagara-valakam |
karkatakhya-sathi-krsna-nagakesara-corakam || 44 ||

upayuktam yatha-kamam curnam dvi-guna-sarkaram |
parsva-rug-jvara-kasa-ghnam hidhma-svasa-haram param || 45 ||

sathi-tamalaki-bhargi-canda-valaka-pauskaram |
sarkarasta-gunam curnam hidhma-svasa-haram param || 46 ||

tulyam gudam nagaram ca bhaksayen navayeta va |
lasunasya palandor va mulam grñjanakasya va || 47 ||

candanad va rasam dadyan nari-ksirena navanam |
stanyena maksika-vistham alaktaka-rasena va || 48 ||

sa-saindhavam ghrtaccham va siddham stanyena va ghrtam |
kalkitair madhura-dravyais tat piben navayeta va || 49 ||

sakrd usnam sakrc chitam vyatyasat sa-sita-madhu |
tad-vat payas tatha siddham adho-bhagausadhair ghrtam || 50 ||

kana-sauvarcala-ksara-vayahstha-hingu-corakaih |
sa-kayasthair ghrtam mastu-dasa-mula-rase pacet || 51 ||

tat pibej jivaniyair va lihyat sa-madhu sadhitam |
tejovaty abhaya kustham pippali katu-rohini || 52 ||

bhutikam pauskaram mulam palasas citrakah sathi |
patu-dvayam tamalaki jivanti bilva-pesika || 53 ||

vaca pattram ca talisam karsamsais tair vipacayet |
hingu-padair ghrta-prastham pitam asu nihanti tat || 54 ||

4.54av vaca pattram ca talisat
sakhanilarso-grahani-hidhma-hrt-parsva-vedanah |
ardhamsena pibet sarpih ksarena patunatha-va || 55 ||

dhanvantaram vrsa-ghrtam dadhikam hapusadi va |
sitambu-sekah sahasa trasa-viksepa-bhi-sucah || 56 ||

harsersyocchvasa-rodhas ca hitam kitais ca damsanam |
yat kiñ-cit kapha-vata-ghnam usnam vatanulomanam || 57 ||

4.57av harsersyocchvasa-samrodha
tat sevyam praya-so yac ca su-taram marutapaham |
sarvesam brmhane hy alpah sakyas ca praya-so bhavet || 58 ||

naty-artham samane 'payo bhrso '-sakyas ca karsane |
samanair brmhanais cato bhuyistham tan upacaret || 59 ||

4.59bv bhrso '-sakyas ca karsane kasa-svasa-ksaya-cchardi-hidhmas
canyo-'nya-bhesajaih || 59uab ||

cikitsasthana
balino bahu-dosasya snigdha-svinnasya sodhanam |
urdhvadho yaksminah kuryat sa-sneham yan na karsanam || 1 ||

5.1dv sa-sneham yan na karsanam
payasa phala-yuktena madhurena rasena va |
sarpis-matya yavagva va vamana-dravya-siddhaya || 2 ||

vamed virecanam dadyat trivrc-chyama-nrpadruman |
sarkara-madhu-sarpirbhih payasa tarpanena va || 3 ||

draksa-vidari-kasmarya-mamsanam va rasair yutan |
suddha-kosthasya yuñjita vidhim brmhana-dipanam || 4 ||

5.4bv -mamsanam va rasair yutam
hrdyani canna-panani vata-ghnani laghuni ca |
sali-sastika-godhuma-yava-mudgam samositam || 5 ||
laghum a-cyuta-viryam ca su-jaram bala-krc ca yat || 5+(1)ab ||
5.5+(1)av laghum ca-cyuta-viryam ca 5.5+(1)av laghum adbhuta-viryam ca
ajam ksiram ghrtam mamsam kravyan-mamsam ca sosa-jit
|
kakoluka-vrka-dvipi-gavasva-nakuloragam || 6 ||

grdhra-bhasa-kharostram ca hitam chadmopasamhitam |
jñatam jugupsitam tad dhi cchardise na balaujase || 7 ||

5.7av grdhra-casa-kharostram ca
mrgadyah pitta-kaphayoh pavane prasahadayah |
vesavari-krtah pathya rasadisu ca kalpitah || 8 ||

bhrstah sarsapa-tailena sarpisa va yatha-yatham |
rasika mrdavah snigdhah patu-dravyabhisamskrtah || 9 ||

hita maulaka-kaulatthas tad-vad yusas ca sadhitah |
sa-pippalikam sa-yavam sa-kulattham sa-nagaram || 10 ||

sa-dadimam samalakam snigdham ajam rasam pibet |
tena sad vinivartante vikarah pinasadayah || 11 ||

5.11bv snigdham aja-rasam pibet
pibec ca su-taram madyam jirnam sroto-visodhanam |
pittadisu visesena madhv-aristaccha-varunih || 12 ||

5.12dv madhv-aristam ca varunim
siddham va pañca-mulena tamalakyatha-va jalam |
parninibhis catasrbhir dhanya-nagarakena va || 13 ||

kalpayec canukulo 'sya tenannam suci yatna-van |
dasa-mulena payasa siddham mamsa-rasena va || 14 ||

bala-garbham ghrtam yojyam kravyan-mamsa-rasena va |
sa-ksaudram payasa siddham sarpir dasa-gunena va || 15 ||

jivantim madhukam draksam phalani kutajasya ca |

puskarahvam sathim krsnam vyaghrim goksurakam
balam || 16 ||

5.16dv vyaghrim goksurakam balah
nilotpalam tamalakim trayamanam duralabham |
kalki-krtya ghrtam pakvam roga-raja-haram param || 17 ||

ghrtam kharjura-mrdvika-madhukaih sa-parusakaih |
sa-pippalikam vaisvarya-kasa-svasa-jvarapaham || 18 ||

dasa-mula-srtat ksirat sarpir yad udiyan navam |
sa-pippalikam sa-ksaudram tat param svara-bodhanam || 19 ||

sirah-parsvamsa-sula-ghnam kasa-svasa-jvarapaham |
pañcabhih pañca-mulair va srtad yad udiyad ghrtam || 20 ||

pañcanam pañca-mulanam rase ksira-catur-gune |
siddham sarpir jayaty etad yaksmanah saptakam balam || 21 ||

5.21dv yaksminah saptakam balam
pañca-kola-yava-ksara-sat-palena paced ghrtam |
prasthonmitam tulya-payah srotasam tad visodhanam || 22 ||

gulma-jvarodara-pliha-grahani-pandu-pinasan |
svasa-kasagni-sadana-svayathurdhvanilañ jayet || 23 ||

rasna-bala-goksuraka-sthira-varsabhu-varini |
jivanti-pippali-garbham sa-ksiram sosa-jid ghrtam || 24 ||

asvagandha-srtat ksirad ghrtam ca sa-sita-payah |
sadharanamisa-tulam toya-drona-dvaye pacet || 25 ||

tenasta-bhaga-sesena jivaniyaih palonmitaih |
sadhayet sarpisah prastham vata-pittamayapaham || 26 ||

mamsa-sarpir idam pitam yuktam mamsa-rasena va |
kasa-svasa-svara-bhramsa-sosa-hrt-parsva-sula-jit || 27 ||

5.27bv yuktam mamsa-rasesu va
elajamoda-tri-phala-saurastri-vyosa-citrakan |
saran arista-gayatri-sala-bijaka-sambhavan || 28 ||

bhallatakam vidangam ca prthag asta-palonmitam |
salile so-dasa-gune so-dasamsa-sthitam pacet || 29 ||

punas tena ghrta-prastham siddhe casmin palani sat |
tavaksiryah ksipet trimsat sitaya dvi-gunam madhu || 30 ||

ghrtat tri-jatat tri-palam tato lidham khajahatam |
payo-'nu-panam tat prahne rasayanam a-yantranam || 31 ||

medhyam caksusyam ayusyam dipanam hanti ca-cirat |
meha-gulma-ksaya-vyadhi-pandu-roga-bhagandaran || 32 ||

ye ca sarpir-gudah proktah ksate yojyah ksaye 'pi te |

tvag-ela-pippali-ksiri-sarkara dvi-gunah kramat || 33 ||

curnita bhaksitah ksaudra-sarpisa vavalehitah |
svaryah kasa-ksaya-svasa-parsva-ruk-kapha-nasanah || 34 ||

5.34bv -sarpisa cavalehitah
visesat svara-sade 'sya nasya-dhumadi yojayet |
tatrapi vata-je kosnam pibed auttarabhaktikam || 35 ||

5.35dv pibed uttara-bhaktikam
kasamardaka-vartaki-markava-sva-rasair ghrtam |
sadhitam kasa-jit svaryam siddham artagalena va || 36 ||

badari-pattra-kalkam va ghrta-bhrstam sa-saindhavam |
tailam va madhuka-draksa-pippali-krminut-phalaih || 37 ||

5.37dv -pippali-krmihrt-phalaih
hamsapadyas ca mulena pakvam nasto nisecayet |
sukhodakanu-panam ca sa-sarpiskam gudaudanam || 38 ||

asniyat payasam caivam snigdham svedam niyojayet |
pittodbhave pibet sarpih srta-sita-payo-'nupah || 39 ||

ksiri-vrksankura-kvatha-kalka-siddham sa-maksikam |
asniyac ca sa-sarpiskam yastimadhuka-payasam || 40 ||

bala-vidarigandhabhyam vidarya madhukena ca |
siddham sa-lavanam sarpir nasyam svaryam an-uttamam || 41 ||

prapaundarikam madhukam pippali brhati bala |
sadhitam ksira-sarpis ca tat svaryam navanam param || 42 ||

lihyan madhurakanam ca curnam madhu-ghrtaplutam |
pibet katuni mutrena kapha-je ruksa-bhojanah || 43 ||

katphalamalaka-vyosam lihyat taila-madhu-plutam |
vyosa-ksaragni-cavika-bhargi-pathya-madhuni va || 44 ||

yavair yavagum yamake kana-dhatri-krtam pibet |
bhuktvadyat pippalim sunthim tiksnam va vamanam bhajet
|| 45 ||

sarkara-ksaudra-misrani srtani madhuraih saha |
pibet payamsi yasyoccair vadato 'bhihatah svarah || 46 ||

vicitram annam a-rucau hitair upahitam hitam |
bahir-antar-mrja citta-nirvanam hrdyam ausadham || 47 ||

dvau kalau danta-pavanam bhaksayen mukha-dhavanaih |
kasayaih ksalayed asyam dhumam prayogikam pibet || 48 ||

talisa-curna-vatakah sa-karpura-sitopalah |
sasanka-kiranakhyas ca bhaksya ruci-karah param || 49 ||

5.49dv bhaksya ruci-kara bhrsam

vatad a-rocake tatra pibec curnam prasannaya |
harenu-krsna-krmijid-draksa-saindhava-nagarat || 50 ||

ela-bhargi-yava-ksara-hingu-yuktad ghrtena va |
chardayed va vacambhobhih pittac ca guda-varibhih || 51 ||

lihyad va sarkara-sarpir-lavanottama-maksikam |
kaphad vamen nimba-jalair dipyakaragvadhodakam || 52 ||

panam sa-madhv-aristas ca tiksnah sa-madhu-madhavah |
pibec curnam ca purvoktam harenv-ady-usna-varina || 53 ||

ela-tvan-nagakusuma-tiksna-krsna-mahausadham |
bhaga-vrddham kramac curnam nihanti sama-sarkaram || 54 ||

praseka-ruci-hrt-parsva-kasa-svasa-galamayan |
yavani-tintidikamla-vetasausadha-dadimam || 55 ||

krtva kolam ca karsamsam sitayas ca catuh-palam |
dhanya-sauvarcalajaji-varangam cardha-karsikam || 56 ||

pippalinam satam caikam dve sate maricasya ca |
curnam etat param rucyam hrdyam grahi hinasti ca || 57 ||

5.57cv tac-curnam dipanam rucyam
vibandha-kasa-hrt-parsva-pliharso-grahani-gadan |
talisa-pattram maricam nagaram pippali subha || 58 ||

yathottaram bhaga-vrddhya tvag-ele cardha-bhagike |
tad rucyam dipanam curnam kanasta-guna-sarkaram || 59 ||

5.59av yathottaram bhaga-vrddhas 5.59cv tad dravyam dipanam curnam
kasa-svasa-ruci-cchardi-pliha-hrt-parsva-sula-nut |
pandu-jvaratisara-ghnam mudha-vatanulomanam || 60 ||

arkamrta-ksara-jale sarvarim usitair yavaih |
praseke kalpitan saktun bhaksyams cadyad bali vamet || 61 ||

5.61av arkamrta-ksira-jale
katu-tiktais tatha sulyam bhaksayej jangalam palam |
suskams ca bhaksyan su-laghums canakadi-rasanupah || 62 ||

slesmano 'ti-prasekena vayuh slesmanam asyati |
kapha-prasekam tam vidvan snigdhosnair eva nirjayet || 63 ||

5.63dv snigdhosnenaiva nirjayet
pinase 'pi kramam imam vamathau ca prayojayet |
visesat pinase 'bhyangan snehan svedams ca silayet || 64 ||

5.64av pinase ca kramam imam
snigdhan utkarika-pindaih sirah-parsva-galadisu |
lavanamla-katusnams ca rasan snehopasamhitan || 65 ||

siro-'msa-parsva-sulesu yatha-dosa-vidhim caret |

audakanupa-pisitair upanahah su-samskrtah || 66 ||

tatrestah sa-catuh-sneha dosa-samsarga isyate |
pralepo nata-yasty-ahva-satahva-kustha-candanaih || 67 ||

bala-rasna-tilais tad-vat sa-sarpir-madhukotpalaih |
punarnava-krsnagandha-bala-vira-vidaribhih || 68 ||

navanam dhuma-panani snehas cauttarabhaktikah |
tailany abhyanga-yogini vasti-karma tatha param || 69 ||

srngadyair va yatha-dosam dustam esam hared asrk |
pradehah sa-ghrtaih sresthah padmakosira-candanaih || 70 ||

durva-madhuka-mañjistha-kesarair va ghrtaplutaih |
vatadi-siddha-tailena sata-dhautena sarpisa || 71 ||

abhyangah payasa sekah sastas ca madhukambuna |
prayenopahatagni-tvat sa-piccham atisaryate || 72 ||

tasyatisara-grahani-vihitam hitam ausadham |
purisam yatnato raksec chusyato raja-yaksminah || 73 ||

sarva-dhatu-ksayartasya balam tasya hi vid-balam |
mamsam evasnato yuktya mardvikam pibato 'nu ca || 74 ||

a-vidharita-vegasya yaksma na labhate 'ntaram |
suram sa-mandam mardvikam aristan sidhu-madhavan || 75 ||

5.75dv aristam sidhu-madhavan
yatharham anu-panartham piben mamsani bhaksayan |
sroto-vibandha-moksartham balaujah-pustaye ca tat || 76 ||

sneha-ksirambu-kosthesu sv-abhyaktam avagahayet |
uttirnam misrakaih snehair bhuyo 'bhyaktam sukhaih karaih || 77
||

5.77cv uttirnam misraka-snehair
mrdniyat sukham asinam sukham codvartayet param |
jivantim sataviryam ca vikasam sa-punarnavam || 78 ||

asvagandham apamargam tarkarim madhukam balam |
vidarim sarsapan kustham tandulan atasi-phalam || 79 ||

masams tilams ca kinvam ca sarvam eka-tra curnayet |
yava-curnam tri-gunitam dadhna yuktam sa-maksikam || 80 ||

etad udvartanam karyam pusti-varna-bala-pradam |
gaura-sarsapa-kalkena snaniyausadhibhis ca sah || 81 ||

5.81av etad utsadanam karyam 5.81dv snanair ausadhibhis ca sah
snayad rtu-sukhais toyair jivaniyopasadhitaih |
gandha-malyadikam bhusam a-laksmi-nasanim bhajet || 82 ||

5.82cv gandha-malyadikair bhusam

suhrdam darsanam gita-vaditrotsava-samsrutih |
vastayah ksira-sarpimsi madya-mamsa-su-sila-ta || 83 ||

5.83dv madyam mamsam su-sila-ta daiva-vyapasrayam tat tad
atharvoktam ca pujitam || 83uab ||

cikitsasthana
amasayotklesa-bhavah prayas chardyo hitam tatah |
langhanam prag rte vayor vamanam tatra yojayet || 1 ||

6.1bv prayas chardyo hitam matam
balino bahu-dosasya vamatah pratatam bahu |
tato virekam krama-so hrdyam madyaih phalambubhih || 2 ||

ksirair va saha sa hy urdhvam gatam dosam nayaty adhah |
samanam causadham ruksa-dur-balasya tad eva tu || 3 ||

parisuskam priyam satmyam annam laghu ca sasyate |
upavasas tatha yusa rasah kambalikah khalah || 4 ||

sakani leha bhojyani raga-sadava-panakah |
bhaksyah suska vicitras ca phalani snana-gharsanam || 5 ||

gandhah su-gandhayo gandha-phala-puspanna-pana-jah |
bhukta-matrasya sahasa mukhe sitambu-secanam || 6 ||

hanti maruta-jam chardim sarpih pitam sa-saindhavam |
kiñ-cid-usnam visesena sa-kasa-hrdaya-dravam || 7 ||

vyosa-tri-lavanadhyam va siddham va dadimambuna |
sa-sunthi-dadhi-dhanyena srtam tulyambu va payah || 8 ||

6.8dv srtam tulyambuna payah 6.8dv pitam tulyambuna payah
vyakta-saindhava-sarpir va phalamlo vaiskiro rasah |
snigdham ca bhojanam sunthi-dadhi-dadima-sadhitam || 9 ||

kosnam sa-lavanam catra hitam sneha-virecanam |
pitta-jayam virekartham drakseksu-sva-rasais trivrt || 10 ||

sarpir va tailvakam yojyam vrddham ca slesma-dhama-gam |
urdhvam eva haret pittam svadu-tiktair visuddhi-man || 11 ||

piben mantham yavagum va lajaih sa-madhu-sarkaram |
mudga-jangala-jair adyad vyañjanaih sali-sastikam || 12 ||

6.12bv lajaih sa-madhu-sarkaraih
mrd-bhrsta-losta-prabhavam su-sitam salilam pibet |
mudgosira-kana-dhanyaih saha va samsthitam nisam || 13 ||

draksa-rasam rasam veksor guducy-ambu payo 'pi va |
jambv-amra-pallavosira-vata-sungavaroha-jah || 14 ||

6.14av draksa-rasam rasam ceksor 6.14dv
-vata-srngavaroha-jah
kvathah ksaudra-yutah pitah sito va viniyacchati |

chardim jvaram atisaram murcham trsnam ca dur-jayam || 15
||

dhatri-rasena va sitam piben mudga-dalambu va |
kola-majja-sita-laja-maksika-vit-kanañjanam || 16 ||

6.16cv kola-majja-sita-laksa- 6.16dv -maksika-vit-rasañjanam
lihyat ksaudrena pathyam va draksam va badarani va |
kapha-jayam vamen nimba-krsna-pindita-sarsapaih || 17 ||

yuktena kosna-toyena dur-balam copavasayet |
aragvadhadi-niryuham sitam ksaudra-yutam pibet || 18 ||

6.18cv aragvadhader niryuham
manthan yavair va bahu-sas chardi-ghnausadha-bhavitaih |
kapha-ghnam annam hrdyam ca ragah sarjaka-bhustrnah || 19 ||

lidham manahsila-krsna-maricam bijapurakat |
sva-rasena kapitthasya sa-ksaudrena vamim jayet || 20 ||

khadet kapittham sa-vyosam madhuna va duralabham |
lihyan marica-cocaila-go-sakrd-rasa-maksikam || 21 ||

anukulopacarena yati dvistartha-ja samam |
krmi-ja krmi-hrd-roga-gaditais ca bhisag-jitaih || 22 ||
yatha-svam parisesas ca tat-krtas ca tathamayah || 22uab ||
chardi-prasangena hi matarisva dhatu-ksayat kopam upaity avasyam |
kuryad ato 'smin vamanati-yoga-proktam vidhim stambhana-brmhaniyam
|| 23 ||

6.23cv kuryad ato 'smin vamanati-yoge 6.23dv proktam vidhim
stambhana-brmhaniyam
sarpir-guda mamsa-rasa ghrtani kalyanaka-try-usana-jivanani
|
payamsi pathyopahitani lehas chardim prasaktam prasamam nayanti
|| 24 ||

6.24av sarpir gudo mamsa-rasa ghrtani iti chardi-cikitsitam atha
hrd-roga-cikitsitam || 24+1 ||
hrd-roge vata-je tailam mastu-sauvira-takra-vat || 25 ||tailam ca
lavanaih siddham sa-mutramlam tatha-gunam || 26 ||
pibet sukhosnam sa-vidam gulmanaharti-jic ca tat |
tailam ca lavanaih siddham sa-mutramlam tatha-gunam || 26 ||

bilvam rasnam yavan kolam devadarum punarnavam |
kulatthan pañca-mulam ca paktva tasmin pacej jale || 27 ||

tailam tan navane pane vastau ca viniyojayet |
sunthi-vayahstha-lavana-kayastha-hingu-pauskaraih || 28 ||

6.28cv sunthi-kayastha-lavana- 6.28cv
-vayahstha-hingu-pauskaraih
pathyaya ca srtam parsva-hrd-ruja-gulma-jid ghrtam |

sauvarcalasya dvi-pale pathya-pañcasad-anvite || 29 ||

ghrtasya sadhitah prastho hrd-roga-svasa-gulma-jit |
dadimam krsna-lavanam sunthi-hingv-amla-vetasam || 30 ||

6.30bv hrd-roga-svasa-gulma-hrt 6.30dv sunthi hingv
amla-vetasah
apatantraka-hrd-roga-svasa-ghnam curnam uttamam |
puskarahva-sathi-sunthi-bijapura-jatabhayah || 31 ||

pitah kalki-krtah ksara-ghrtamla-lavanair yutah |
vikartika-sula-harah kvathah kosnas ca tad-gunah || 32 ||

yavani-lavana-ksara-vacajajy-ausadhaih krtah |
sa-putidaru-bijahva-palasa-sathi-pauskaraih || 33 ||

6.33cv sa putidaru-bijahva- 6.33dv -vijaya-sathi-pauskaraih
yava-ksaro yavani ca pibed usnena varina |
etena vata-jam sulam gulmam caiva cirotthitam || 33+(1) ||
bhidyate sapta-ratrena pavanena yatha ghanah || 33+(1u)ab ||
pañca-kola-sathi-pathya-guda-bijahva-pauskaram |
varuni-kalkitam bhrstam yamake lavananvitam || 34 ||

hrt-parsva-yoni-sulesu khaded gulmodaresu ca |
snigdhas ceha hitah svedah samskrtani ghrtani ca || 35 ||

6.35dv samskrtani ghrtani tu
laghuna pañca-mulena sunthya va sadhitam jalam |
varuni-dadhi-mandam va dhanyamlam va pibet trsi || 36 ||

6.36cv varunim dadhi-mandam va
sayama-stambha-sulame hrdi maruta-dusite |
kriyaisa sa-dravayama-pramohe tu hita rasah || 37 ||

snehadhyas tittiri-krauñca-sikhi-vartaka-daksa-jah |
bala-tailam sa-hrd-rogah pibed va su-kumarakam || 38 ||

6.38av snehadyas tittiri-krauñca-
yasty-ahva-sata-pakam va maha-sneham tathottamam |
rasna-jivaka-jivanti-bala-vyaghri-punarnavaih || 39 ||

bhargi-sthira-vaca-vyosair maha-sneham vipacayet |
dadhi-padam tathamlais ca labhatah sa nisevitah || 40 ||

tarpano brmhano balyo vata-hrd-roga-nasanah |
dipte 'gnau sa-dravayame hrd-roge vatike hitam || 41 ||

ksiram dadhi gudah sarpir audakanupam amisam |
etany eva ca varjyani hrd-rogesu catursv api || 42 ||

sesesu stambha-jadyama-samyukte 'pi ca vatike |
kaphanubandhe tasmims tu ruksosnam acaret kriyam || 43 ||

paitte drakseksu-niryasa-sita-ksaudra-parusakaih |

yukto vireko hrdyah syat kramah suddhe ca pitta-ha || 44 ||

6.44cv yukto vireco hrdyah syat
ksata-pitta-jvaroktam ca bahyantah parimarjanam |
katvi-madhuka-kalkam ca pibet sa-sitam ambhasa || 45 ||

sreyasi-sarkara-draksa-jivakarsabhakotpalaih |
bala-kharjura-kakoli-meda-yugmais ca sadhitam || 46 ||

sa-ksiram mahisam sarpih pitta-hrd-roga-nasanam |
prapaundarika-madhuka-bisa-granthi-kaserukah || 47 ||

sa-sunthi-saivalas tabhih sa-ksiram vipaced ghrtam |
sitam sa-madhu tac cestam svadu-varga-krtam ca yat || 48 ||

vastim ca dadyat sa-ksaudram tailam madhuka-sadhitam |
kaphodbhave vamet svinnah picumanda-vacambhasa || 49 ||

6.49av vastim ca dadyat sa-ksaudra- 6.49bv -tailam madhuka-sadhitam
6.49dv
picumanda-vacambuna
kulattha-dhanvottha-rasa-tiksna-madya-yavasanah |
pibec curnam vaca-hingu-lavana-dvaya-nagarat || 50 ||

saila-yavanaka-kana-yava-ksarat sukhambuna |
phala-dhanyamla-kaulattha-yusa-mutrasavais tatha || 51 ||

6.51av saila-yavanika-kana-
puskarahvabhaya-sunthi-sathi-rasna-vaca-kanat |
kvatham tathabhaya-sunthi-madri-pitadru-katphalat || 52 ||

6.52bc -sathi-rasna-vaca-kana- 6.52cc -kvatham
tathabhaya-sunthi-
kvathe rohitakasvattha-khadirodumbararjune |
sa-palasa-vate vyosa-trivrc-curnanvite krtah || 53 ||

sukhodakanu-panas ca lehah kapha-vikara-ha |
slesma-gulmoditajyani ksarams ca vividhan pibet || 54 ||

6.54av sukhodakanu-panasya
prayojayec chilahvam va brahmam vatra rasayanam |
tathamalaka-leham va prasam vagastya-nirmitam || 55 ||

6.55bv brahmam catra rasayanam 6.55dv prasyam vagastya-nirmitam
6.55dv
prasyam cagastya-nirmitam
syac chulam yasya bhukte 'ti jiryaty alpam jaram gate |
samyet sa kustha-krmijil-lavana-dvaya-tilvakaih || 56 ||

6.56av syac chulam yasya bhukte 'nne
sa-devadarv-ativisais curnam usnambuna pibet |
yasya jirne 'dhikam snehaih sa virecyah phalaih punah || 57 ||

jiryaty anne tatha mulais tiksnaih sule sadadhike |

prayo 'nilo ruddha-gatih kupyaty amasaye gatah || 58 ||

6.58dv kupyaty amasaye tatah 6.58dv kupyaty amasaye yatah
tasyanulomanam karyam suddhi-langhana-pacanaih |
krmi-ghnam ausadham sarvam krmi-je hrdayamaye || 59 ||

6.59dv krmi-je ca hrd-amaye
trsnasu vata-pitta-ghno vidhih prayena sasyate |
sarvasu sito bahyantas tatha samana-sodhanah || 60 ||

6.60bv vidhih prayena yujyate 6.60dv tatha samana-sodhanam
divyambu sitam sa-ksaudram tad-vad bhaumam ca tad-gunam |
nirvapitam tapta-losta-kapala-sikatadibhih || 61 ||

sa-sarkaram va kvathitam pañca-mulena va jalam |
darbha-purvena manthas ca prasasto laja-saktubhih || 62 ||

vatyas cama-yavaih sitah sarkara-maksikanvitah |
yavaguh salibhis tad-vat kodravais ca ciran-tanaih || 63 ||

sitena sita-viryais ca dravyaih siddhena bhojanam |
himambu-parisiktasya payasa sa-sita-madhu || 64 ||

rasais can-amla-lavanair jangalair ghrta-bharjitaih |
mudgadinam tatha yusair jivaniya-rasanvitaih || 65 ||

6.65av rasais can-alpa-lavanair
nasyam ksira-ghrtam siddham sitair iksos tatha rasah |
nirvapanas ca gandusah sutra-sthanodita hitah || 66 ||

6.66bv sitair iksos tatha rasaih 6.66bv sitair iksos tatha rase
daha-jvarokta lepadya niriha-tvam mano-ratih |
maha-sarid-dhradadinam darsana-smaranani ca || 67 ||

6.67dv darsana-smaranadi ca
trsnayam pavanotthayam sa-gudam dadhi sasyate |
rasas ca brmhanah sita vidary-adi-ganambu ca || 68 ||

6.68dv vidary-adi-ganambu va
pitta-jayam sita-yuktah pakvodumbara-jo rasah |
tat-kvatho va himas tad-vac charivadi-ganambu va || 69 ||

tad-vidhais ca ganaih sita-kasayan sa-sita-madhun |
madhurair ausadhais tad-vat ksiri-vrksais ca kalpitan || 70 ||

bijapuraka-mrdvika-vata-vetasa-pallavan |
mulani kusa-kasanam yasty-ahvam ca jale srtam || 71 ||

jvaroditam va draksadi pañca-sarambu va pibet |
kaphodbhavayam vamanam nimba-prasava-varina || 72 ||

bilvadhaki-pañca-kola-darbha-pañcaka-sadhitam |
jalam pibed rajanya va siddham sa-ksaudra-sarkaram || 73 ||

6.73bv -darbha-kacchaka-sadhitam 6.73cv jalam pibed rajanyam va

mudga-yusam ca sa-vyosa-patoli-nimba-pallavam |
yavannam tiksna-kavada-nasya-lehams ca silayet || 74 ||

sarvair amac ca tad dhantri kriyesta vamanam tatha |
try-usanaruskara-vaca-phalamlosnambu-mastubhih || 75 ||

annatyayan mandam usnam himam mantham ca kala-vit |
trsi sraman mamsa-rasam mantham va sa-sitam pibet || 76 ||

6.76dv madyam va sa-sitam pibet
atapat sa-sitam mantham yava-kola-ja-saktubhih |
sarvany angani limpec ca tila-pinyaka-kañjikaih || 77 ||

sita-snanac ca madyambu pibet trn-man gudambu va |
madyad ardha-jalam madyam snato 'mla-lavanair yutam || 78 ||

6.78av sita-snanat tu madyambu 6.78bv pibet trd-van gudambu va
6.78dv
snato 'mla-lavanayutam
sneha-tiksna-taragnis tu sva-bhava-sisiram jalam |
snehad usnambv a-jirnat tu jirnan mandam pipasitah || 79
||

6.79av snehat tiksna-taragnis tu
pibet snigdhanna-trsito hima-spardhi gudodakam |
gurv-ady-annena trsitah pitvosnambu tad ullikhet || 80 ||

ksaya-jayam ksaya-hitam sarvam brmhanam ausadham |
krsa-dur-bala-ruksanam ksiram chago raso 'tha-va || 81 ||

ksiram ca sordhva-vatayam ksaya-kasa-haraih srtam |
rogopasargaj jatayam dhanyambu sa-sita-madhu || 82 ||

6.82cv rogopasarga-jatayam
pane prasastam sarva ca kriya rogady-apeksaya |
trsyan purvamaya-ksino na labheta jalam yadi || 83 ||

6.83cv trsnan purvamaya-ksino 6.83cc trsnak
purvamaya-ksino
maranam dirgha-rogam va prapnuyat tvaritam tatah |
satmyanna-pana-bhaisajyais trsnam tasya jayet pura || 84 ||

6.84dv trsnam tasya jayet puras tasyam jitayam anyo 'pi
vyadhih sakyas cikitsitum || 84uab ||

cikitsasthana
yam dosam adhikam pasyet tasyadau pratikarayet |
kapha-sthananupurvya ca tulya-dose madatyaye || 1 ||

7.1cv kapha-sthananupurvya tu
pitta-maruta-pary-antah prayena hi madatyayah |
hina-mithyati-pitena yo vyadhir upajayate || 2 ||

sama-pitena tenaiva sa madyenopasamyati |

madyasya visa-sadrsyad visam tutkarsa-vrttibhih || 3 ||

tiksnadibhir gunair yogad visantaram apeksate |
tiksnosnenati-matrena pitenamla-vidahina || 4 ||

madyenanna-rasa-kledo vidagdhah ksara-tam gatah |
yan kuryan mada-trn-moha-jvarantar-daha-vibhraman || 5 ||

madyotklistena dosena ruddhah srotahsu marutah |
su-tivra vedana yas ca sirasy asthisu samdhisu || 6 ||

jirnama-madya-dosasya prakanksa-laghave sati |
yaugikam vidhi-vad yuktam madyam eva nihanti tan || 7 ||

ksaro hi yati madhuryam sighram amlopasamhitah |
madyam amlesu ca srestham dosa-visyandanad alam || 8 ||

7.8dv dosa-visravanad alam
tiksnosnadyaih pura proktair dipanadyais tatha gunaih |
satmya-tvac ca tad evasya dhatu-samya-karam param || 9 ||

saptaham asta-ratram va kuryat panatyayausadham |
jiryaty etavata panam kalena vi-pathasritam || 10 ||

param tato 'nubadhnati yo rogas tasya bhesajam |
yatha-yatham prayuñjita krta-panatyayausadhah || 11 ||

7.11dv krta-panatyayausadham
tatra vatolbane madyam dadyat pista-krtam yutam |
bijapuraka-vrksamla-kola-dadima-dipyakaih || 12 ||

yavani-hapusajaji-vyosa-tri-lavanardrakaih |
sulya-mamsair haritakaih sneha-vadbhis ca saktubhih || 13 ||

7.13bv -vyosa-tri-lavanarjakaih 7.13cv sulya-mamsair haritakaih
usna-snigdhamla-lavana medya-mamsa-rasa hitah |
amramrataka-pesibhih samskrta raga-sadavah || 14 ||

7.14av usnah snigdhamla-lavana 7.14bv madya-mamsa-rasa hitah
7.14dv
samskrta raga-khandavah
godhuma-masa-vikrtir mrdus citra mukha-priya |
ardrikardraka-kulmasa-sukta-mamsadi-garbhini || 15 ||

surabhir lavana sita nir-gada vaccha-varuni |
sva-raso dadimat kvathah pañca-mulat kaniyasah || 16 ||

7.16bv nigada vaccha-varuni
sunthi-dhanyat tatha mastu suktambho-'cchamla-kañjikam |
abhyangodvartana-snanam usnam pravaranam ghanam || 17 ||

ghanas caguru-jo dhupah pankas caguru-kunkumah |
kucoru-sroni-salinyo yauvanosnanga-yastayah || 18 ||

harsenalingane yuktah priyah samvahanesu ca |

pittolbane bahu-jalam sarkaram madhu va yutam || 19 ||

rasair dadima-kharjura-bhavya-draksa-parusa-jaih |
su-sitam sa-sita-saktu yojyam tadrk ca panakam || 20 ||

7.20bv -bhavya-draksa-parusakaih 7.22bv -patoli-dadimair api
svadu-varga-kasayair va yuktam madyam sa-maksikam |
sali-sastikam asniyac chasajaina-kapiñjalaih || 21 ||

satina-mudgamalaka-patoli-dadimai rasaih |
kapha-pittam samutklistam ullikhet trd-vidaha-van || 22 ||

pitvambu sitam madyam va bhuriksu-rasa-samyutam |
draksa-rasam va samsargi tarpanadih param hitah || 23 ||

tathagnir dipyate tasya dosa-sesanna-pacanah |
kase sa-rakta-nisthive parsva-stana-rujasu ca || 24 ||

trsnayam sa-vidahayam sotklese hrdayorasi |
guduci-bhadra-mustanam patolasyatha-va rasam || 25 ||

sa-srngaveram yuñjita tittiri-pratibhojanam |
trsyate cati bala-vad vata-pitte samuddhate || 26 ||

7.26av sa-nagaram yojayeta
dadyad draksa-rasam panam sitam dosanulomanam |
jirne 'dyan madhuramlena cchaga-mamsa-rasena ca || 27 ||

trsy alpa-sah piben madyam madam raksan bahudakam |
musta-dadima-lajambu jalam va parnini-srtam || 28 ||

pataly-utpala-kandair va sva-bhavad eva va himam |
madyati-panad ab-dhatau ksine tejasi coddhate || 29 ||

7.29av patoly-utpala-kandair va
yah suska-gala-talv-ostho jihvam niskrsya cestate |
payayet kamato 'mbhas tam nisitha-pavanahatam || 30 ||

kola-dadima-vrksamla-cukrika-cukrika-rasah |
pañcamlako mukhalepah sadyas trsnam niyacchati || 31 ||

tvacam praptas ca panosma pitta-raktabhimurchitah |
daham prakurute ghoram tatrati-sisiro vidhih || 32 ||

7.32av tvacam praptas tu panosma 7.32av tvacam praptah sa
panosma
a-samyati rasais trpte rohinim vyadhayet siram |
ullekhanopavasabhyam jayec chlesmolbanam pibet || 33 ||

sitam sunthi-sthirodicya-duhsparsanya-tamodakam |
nir-amam ksudhitam kale payayed bahu-maksikam || 34 ||

sarkaram madhu va jirnam aristam sidhum eva va |
ruksa-tarpana-samyuktam yavani-nagaranvitam || 35 ||

yusena yava-godhumam tanunalpena bhojayet |
usnamla-katu-tiktena kaulatthenalpa-sarpisa || 36 ||

7.36cv usnambu-katu-tiktena
suska-mulaka-jais chagai rasair va dhanva-carinam |
samla-vetasa-vrksamla-patoli-vyosa-dadimaih || 37 ||

7.37dv -patali-vyosa-dadimaih
prabhuta-sunthi-marica-haritardraka-pesikam |
bijapura-rasady-amla-bhrsta-ni-rasa-vartitam || 38 ||

karira-karamardadi rocisnu bahu-salanam |
pravyaktastanga-lavanam vikalpita-nimardakam || 39 ||

7.39dv vikalpita-vimardakam
yathagni bhaksayan mamsam madhavam nigadam pibet |
sita-sauvarcalajaji-tintidikamla-vetasam || 40 ||

7.40bv madhavam nir-gadam pibet
tvag-ela-maricardhamsam astanga-lavanam hitam |
sroto-visuddhy-agni-karam kapha-praye madatyaye || 41 ||

ruksosnodvartanodgharsa-snana-bhojana-langhanaih |
sa-kamabhih saha stribhir yuktya jagaranena ca || 42 ||

madatyayah kapha-prayah sighram samupasamyati |
yad idam karma nirdistam prthag dosa-balam prati || 43 ||

samnipate dasa-vidhe tac chese 'pi vikalpayet |
tvan-nagapuspa-magadha-maricajaji-dhanyakaih || 44 ||

parusaka-madhukaila-surahvais ca sitanvitaih |
sa-kapittha-rasam hrdyam panakam sasi-bodhitam || 45 ||

madatyayesu sarvesu peyam rucy-agni-dipanam |
na-viksobhya mano madyam sariram a-vihanya va || 46 ||

7.46cv na-ksobhya hi mano madyam 7.46dv sariram a-vihatya va
kuryan madatyayam tasmad isyate harsani kriya |
samsuddhi-samanadyesu mada-dosah krtesv api || 47 ||

na cec chamyet kaphe ksine jate daurbalya-laghave |
tasya madya-vidagdhasya vata-pittadhikasya ca || 48 ||

grismopataptasya taror yatha varsam tatha payah |
madya-ksinasya hi ksinam ksiram asv eva pusyati || 49 ||

7.49cv madya-ksinasya hi ksiram 7.49dv pitam asv eva pusyati
ojas tulyam gunaih sarvair viparitam ca madyatah |
payasa vihate roge bale jate nivartayet || 50 ||

7.50cv payasa vijite roge
ksira-prayogam madyam ca kramenalpalpam acaret |
na viksaya-dhvamsakotthaih sprsetopadravair yatha || 51 ||

7.51cv na vit-ksaya-dhvamsakotthaih 7.51dv sprsyetopadravair yatha
tayos tu syad ghrtam ksiram vastayo brmhanah sivah |
abhyangodvartana-snanany anna-panam ca vata-jit || 52 ||

yukta-madyasya madyottho na vyadhir upajayate |
ato 'sya vaksyate yogo yah sukhayaiva kevalam || 53 ||

asvinam ya mahat tejo balam sarasvatam ca ya |
dadhaty aindram ca ya viryam prabhavam vaisnavam ca ya || 54
||

astram makara-ketor ya purusartho balasya ya |
sautramanyam dvi-ja-mukhe ya hutase ca hvayate || 55 ||

7.55bv purusartho balasya ca
ya sarvausadhi-sampurnan mathyamanat surasuraih |
mahoda-dheh samudbhuta sri-sasankamrtaih saha || 56 ||

madhu-madhava-maireya-sidhu-gaudasavadibhih |
mada-saktim an-ujjhanti ya rupair bahubhih sthita || 57 ||

7.57cv mada-saktim a-tyajanti
yam asvadya vilasinyo yathartham nama bibhrati |
kulanganapi yam pitva nayaty uddhata-manasa || 58 ||

7.58av yam asadya vilasinyo
an-angalingitair angaih kvapi ceto muner api |
taranga-bhanga-bhru-kuti-tarjanair manini-manah || 59 ||

ekam prasadya kurute ya dvayor api nirvrtim |
yatha-kamam bhatavapti-parihrstapsaro-gane || 60 ||

7.60cv yatha-kama-bhatavapti-
trna-vat purusa yuddhe yam asvadya tyajanty asun |
yam silayitvapi ciram bahu-dha bahu-vigraham || 61 ||

7.61bv yam asadya tyajanty asun
nityam harsati-vegena tat-purvam iva sevate |
sokodvega-rati-bhayair yam drstva nabhibhuyate || 62 ||

gosthi-mahotsavodyanam na yasyah sobhate vina |
smrtva smrtva ca bahu-so viyuktah socate yaya || 63 ||

7.63cv smrtva tu yam ca bahu-so
a-prasannapi ya prityai prasanna svarga eva ya |
apindram manyate duh-stham hrdaya-sthitaya yaya || 64 ||

a-nirdesya-sukhasvada svayam-vedyaiva ya param |
iti citrasv avasthasu priyam anukaroti ya || 65 ||

priyati-priya-tam yati yat priyasya visesatah |
ya pritir ya ratir va vag ya pustir iti ca stuta || 66 ||

deva-danava-gandharva-yaksa-raksasa-manusaih |

pana-pravrttau satyam tu tam suram vidhina pibet || 67 ||

7.67bv -yaksa-raksasa-manavaih 7.67bv -yaksa-raksasa-manavaih
sambhavanti na te roga medo-'nila-kaphodbhavah |
vidhi-yuktad rte madyad ye na sidhyanti darunah || 68 ||

7.68av sambhavanti ca ye roga 7.68cv vidhi-yuktad rte madyat 7.68dv te
na
sidhyanti darunah
asti dehasya savastha yasyam panam nivaryate |
anya-tra madyan nigadad vividhausadha-samskrtat || 69 ||

7.69dv vividhausadha-sambhrtat
anupam jangalam mamsam vidhinapy upakalpitam |
madyam sahayam a-prapya samyak parinamet katham || 70 ||

su-tivra-maruta-vyadhi-ghatino lasunasya ca |
madya-mamsa-viyuktasya prayoge syat kiyan gunah || 71 ||

7.71dv prayogah syat kiyan gunah 7.71dv prayogat syat kiyan
gunah
nigudha-salyaharane sastra-ksaragni-karmani |
pita-madyas visahate sukham vaidya-vikatthanam || 72 ||

7.72bv sastra-ksaragni-karmasu
analottejanam rucyam soka-srama-vinodakam |
na catah param asty anyad arogya-bala-pusti-krt || 73 ||

7.73bv soka-srama-vinodanam
raksata jivitam tasmat peyam atma-vata sada |
asritopasrita-hitam paramam dharma-sadhanam || 74 ||

snatah pranamya sura-vipra-gurun yatha-svam vrttim vidhaya ca
samasta-parigrahasya |
apana-bhumim atha gandha-jalabhisiktam
ahara-mandapa-samipa-gatam srayet || 75 ||

sv-astrte 'tha sayane kamaniye mitra-bhrtya-ramani-samavetah |
svam yasah kathaka-carana-samghair uddhatam nisamayann ati-lokam
|| 76 ||

vilasininam ca vilasa-sobhi gitam sa-nrtyam
kala-turya-ghosaih |
kañci-kalapais cala-kinkinikaih krida-vihangais ca
krtanunadam || 77 ||

7.77bv gitam sa-nrttam kala-turya-ghosaih 7.77cv
kañci-kalapaih
sphuta-kinkinikaih
mani-kanaka-samutthair avaneyair vicitraih || 78a ||

7.78av mani-kanaka-samutthair aupageyair vicitraih 7.78av
mani-kanaka-samutthaih pana-patrair vicitraih

sa-jala-vividha-lekha-ksauma-vastravrtangaih || 78b ||

7.78bv sa-jala-vividha-bhakti-ksauma-vastravrtangaih api
muni-jana-citta-ksobha-sampadinibhis || 78c ||
cakita-harina-lola-preksanibhih priyabhih || 78d ||
7.78dv cakita-harina-lola-preksanabhih priyabhih
stana-nitamba-krtad ati-gauravad alasam akulam isvara-sambhramat |
iti gatam dadhatibhir a-samsthitam taruna-citta-vilobhana-karmanam
|| 79 ||

yauvanasava-mattabhir vilasadhisthitatmabhih |
samcaryamanam yuga-pat tanv-angibhir itas-tatah || 80 ||

tala-vrnta-nalini-dalanilaih sitali-krtam ativa sitalaih |
darsane 'pi vidadhad vasanugam svaditam kim uta citta-janmanah || 81 ||

7.81dv sevitam kim uta citta-janmanah
cuta-rasendu-mrgaih krta-vasam mallikayojjvalaya ca sa-natham |
sphatika-sukti-gatam sa-tarangam kantam an-angam ivodvahad angam
|| 82 ||

7.82bv mallikayojjvalayatha sa-natham 7.82cv sphatika-sukti-gatam
su-tarangam
talisadyam curnam eladikam va hrdyam prasya prag
vayah-sthapanam va |
tat-prarthibhyo bhumi-bhage su-mrste toyonmisram dapayitva tatas
ca || 83 ||

7.83bv hrdyam prasyam prag vayah-sthapanam va
dhrti-man smrti-man nityam an-unadhikam acaran |
ucitenopacarena sarvam evopapadayan || 84 ||

7.84bv a-nyunadhikam acaran 7.84cv uditenopacarena 7.84dv sarvam
evopapalayan
jita-vikasitasita-saro-ja-nayana-samkranti-vardhita-srikam |
kanta-mukham iva saurabha-hrta-madhu-pa-ganam piben madyam || 85 ||

7.85bv -ja-nayana-samkranta-vardhita-srikam 7.85bv -ja-nayanam sat
kanti-vardhita-srikam
pitvaivam casaka-dvayam parijanam san-manya sarvam tato || 86a ||

7.86av pitvaivam casaka-trayam parijanam san-manya sarvam tato
7.86av pitvaivam casaka-dvayam parijanam sambhavya sarvam tato
gatvahara-bhuvam purah su-bhisajo bhuñjita bhuyo 'tra ca || 86b ||
mamsapupa-ghrtardrakadi-haritair yuktam sa-sauvarcalair || 86c
||dvis trir va nisi calpam eva vanita-samvalganartham pibet || 86d
||rahasi dayitam anke krtva bhujantara-pidanat || 87a
||pulakita-tanum jata-svedam sa-kampa-payo-dharam || 87b ||yadi
sa-rabhasam sidhor varam na payayate krti || 87c ||
7.87cv yadi sa-rabhasam sidhudgaram na payayate krti kim anubhavati
klesa-prayam tato grha-tantra-tam || 87d ||

7.87dv kim anubhavati klesa-prayam vrtha grha-tantra-tam
7.87dv kim anubhavati klesa-prayam tada grha-tantra-tam
vara-tanu-vaktra-samgati-su-gandhi-taram sarakam || 88a ||
drutam iva padma-raga-manim asava-rupa-dharam || 88b ||bhavati
rati-sramena ca madah pibato 'lpam api || 88c ||ksayam ata ojasah
pariharan sa sayita param || 88d ||
ittham yuktya piban madyam na tri-vargad vihiyate |
a-sara-samsara-sukham paramam cadhigacchati || 89 ||

aisvaryasyopabhogo 'yam sprhaniyah surair api |
anya-tha hi vipatsu syat pascat tapendhanam dhanam || 90 ||

7.90cv anya-tha hi vipatsv asya
upabhogena rahito bhoga-van iti nindyate |
nirmito 'ti-kad-aryo 'yam vidhina nidhi-palakah || 91 ||

tasmad vyavasthaya panam panasya satatam hitam |
jitva visaya-lubdhanam indriyanam sva-tantra-tam || 92 ||

7.92av tasmad avasthaya panam
vidhir vasu-matam esa bhavisyad-vasavas tu ye |
yathopapatti tair madyam patavyam matraya hitam || 93 ||

yavad drster na sambhrantir yavan na ksobhate manah |
tavad eva virantavyam madyad atma-vata sada || 94 ||

abhyangodvartana-snana-vasa-dhupanulepanaih |
snigdhosnair bhavitas cannaih panam vatottarah pibet || 95 ||

sitopacarair vividhair madhura-snigdha-sitalaih |
paittiko bhavitas cannaih piban madyam na sidati || 96 ||

upacarair a-sisirair yava-godhuma-bhuk pibet |
slaismiko dhanva-jair mamsair madyam maricikaih saha || 97 ||

7.97cv slaismiko jangalair mamsair 7.97dv madyam maricakaih saha
tatra vate hitam madyam prayah paistika-gaudikam |
pitte sambho madhu kaphe mardvikarista-madhavam || 98 ||

7.98dv madhvikarista-madhavam
prak pibec chlaismiko madyam bhuktasyopari paittikah |
vatikas tu piben madhye sama-doso yathecchaya || 99 ||

7.99dv sama-doso yathecchati 7.99dv sama-doso yad-rcchaya
madesu vata-pitta-ghnam prayo murchasu cesyate |
sarva-trapi visesena pittam evopalaksayet || 100 ||

sitah pradeha manayah seka vyajana-marutah |
sita drakseksu-kharjura-kasmarya-sva-rasah payah || 101 ||

siddham madhura-vargena rasa yusah sa-dadimah |
sastikah salayo rakta yavah sarpis ca jivanam || 102 ||

kalyanakam maha-tiktam sat-palam payasagnikah |

pippalyo va silahvam va rasayana-vidhanatah || 103 ||

tri-phala va prayoktavya sa-ghrta-ksaudra-sarkara |
prasakta-vegesu hitam mukha-nasavarodhanam || 104 ||

pibed va manusi-ksiram tena dadyac ca navanam |
mrnala-bisa-krsna va lihyat ksaudrena sabhayah || 105 ||

7.105av pibed va manusam ksiram
duralabham va mustam va sitena salilena va |
piben marica-kolasthi-majjosirahikesaram || 106 ||

dhatri-phala-rase siddham pathya-kvathena va ghrtam |
kuryat kriyam yathoktam ca yatha-dosa-balodayam || 107 ||

pañca karmani cestani secanam sonitasya ca |
sat-tvasyalambanam jñanam a-grddhir visayesu ca || 108 ||

madesv ati-pravrddhesu murchayesu ca yojayet |
tiksnam samnyasa-vihitam visa-ghnam visa-jesu ca || 109 ||

7.109cv karma samnyasa-vihitam 7.109dv visa-ghnam visa-jesu tu
asu prayojyam samnyase su-tiksnam nasyam añjanam |
dhumah pradhamanam todah sucibhis ca nakhantare || 110 ||

7.110cv dhumam pradhamanam todah 7.110dv sucibhis ca nakhantaraih
kesanam luñcanam daho damso dasana-vrscikaih |
katv-amla-galanam vaktre kapikacchv-avagharsanam || 111 ||

7.111dv kapikacchvavagharsanam
utthito labdha-samjñas ca lasuna-sva-rasam pibet |
khadet sa-vyosa-lavanam bijapuraka-kesaram || 112 ||

laghv-anna-prati tiksnosnam adyat sroto-visuddhaye |
vismapanaih samsmaranaih priya-sravana-darsanaih || 113 ||

7.113av laghv annam katu-tiksnosnam
patubhir gita-vaditra-sabdair vyayama-silanaih |
sramsanollekhanair dhumaih sonitasyavasecanaih || 114 ||

upacaret tam pratatam anubandha-bhayat punah |
tasya samraksitavyam ca manah pralaya-hetutah || 115 ||

cikitsasthana
kale sadharane vy-abhre nati-dur-balam arsasam |
visuddha-kostham laghv-alpam anulomanam asitam || 1 ||

8.1cv visuddha-kostham laghv-annam
sucim krta-svasty-ayanam mukta-vin-mutram a-vyatham |
sayane phalake vanya-narotsange vyapasritam || 2 ||

purvena kayenottanam praty-aditya-gudam samam |
samunnata-kati-desam atha yantrana-vasasa || 3 ||

sakthnoh siro-dharayam ca pariksiptam rju sthitam |

alambitam paricaraih sarpisabhyakta-payave || 4 ||

tato 'smai sarpisabhyaktam nidadhyad rju yantrakam |
sanair anu-sukham payau tato drstva pravahanat || 5 ||

yantre pravistam dur-nama plota-gunthitayanu ca |
salakayotpidya bhisag yathokta-vidhina dahet || 6 ||

8.6av yantre praviste dur-nama
ksarenaivardram itarat ksarena jvalanena va |
mahad va balinas chittva vita-yantram athaturam || 7 ||

sv-abhyakta-payu-jaghanam avagahe nidhapayet |
nir-vata-mandira-sthasya tato 'syacaram adiset || 8 ||

8.8cv nir-vatagara-samsthasya
ekaikam iti saptahat saptahat samupacaret |
prag daksinam tato vamam arsah prsthagra-jam tatah || 9
||

bahv-arsasah su-dagdhasya syad vayor anuloma-ta |
rucir anne 'gni-patu-ta svasthyam varna-balodayah || 10 ||

vasti-sule tv adho nabher lepayec chlaksna-kalkitaih |
varsabhu-kustha-surabhi-misi-lohamarahvayaih || 11 ||

sakrn-mutra-pratighate parisekavagahayoh |
varanalambusair anda-gokantaka-punarnavaih || 12 ||

8.12av sakrn-mutra-parighate
susavi-surabhibhyam ca kvatham usnam prayojayet |
sa-sneham atha-va ksiram tailam va vata-nasanam || 13 ||

yuñjitannam sakrd-bhedi snehan vata-ghna-dipanan |
atha-prayojya-dahasya nirgatan kapha-vata-jan || 14 ||

sa-stambha-kandu-ruk-sophan abhyajya guda-kilakan |
bilva-mulagnika-ksara-kusthaih siddhena secayet || 15 ||

8.15av samrambha-kandu-ruk-sophan 8.15av
samstambha-kandu-ruk-sophan
tailenahi-bidalostra-varaha-vasayatha-va |
svedayed anu pindena drava-svedena va punah || 16 ||

kasisam saindhavam rasna sunthi kustham ca langali |
silabhrakasvamaram ca jantuhrd danti-citrakau || 16.1+(1) ||

haritalam tatha svarnaksiri tais ca pacet samaih |
tailam sudharka-payasi gavam mutre catur-gune || 16.1+(2) ||

etad abhyangato 'rsamsi ksara-vat patayed drutam |
ksara-karma-karam hy etan na ca dusayate valim || 16.1+(3) ||

saktunam pindikabhir va snigdhanam taila-sarpisa |
rasnaya hapusaya va pindair va karsnyagandhikaih || 17 ||

8.17dv pindair va karsakanvitaih
arka-mulam sami-pattram nr-kesah sarpa-kañcukam |
marjara-carma sarpis ca dhupanam hitam arsasam || 18 ||

tathasvagandha surasa brhati pippali ghrtam |
dhanyamla-pistair jimuta-bijais taj-jalakam mrdu || 19 ||

lepitam chayaya suskam vartir guda-ja-satani |
sa-jala-mula-jimuta-lehe va ksara-samyute || 20 ||

guñja-surana-kusmanda-bijair vartis tatha-guna |
snuk-ksirardra-nisa-lepas tatha go-mutra-kalkitaih || 21 ||

krkavaku-sakrt-krsna-nisa-guñja-phalais tatha |
snuk-ksira-pistaih sadgrantha-halini-varanasthibhih || 22
||

kulirasrngi-vijaya-kustharuskara-tutthakaih |
sigru-mulaka-jair bijaih pattrair asvaghna-nimba-jaih || 23 ||

8.23cv sigru-mulaka-bijair va
pilu-mulena bilvena hinguna ca samanvitaih |
kustham sirisa-bijani pippalyah saindhavam gudah || 24 ||

arka-ksiram sudha-ksiram tri-phala ca pralepanam |
arkam payah sudha-kandam katukalabu-pallavah || 25 ||

8.25av arkam payah snuhi-kandam
karañjo basta-mutram ca lepanam srestham arsasam |
anuvasanikair lepah pippaly-adyais ca pujitah || 26 ||

ebhir evausadhaih kuryat tailany abhyañjanaya ca |
dhupanalepanabhyangaih prasravanti gudankurah || 27 ||

8.27av ebhir lepausadhaih kuryat 8.27bv tailany abhyañjanani ca
samcitam dusta-rudhiram tatah sampadyate sukhi |
a-vartamanam ucchuna-kathinebhyo hared asrk || 28 ||

arsobhyo jala-ja-sastra-suci-kurcaih punah punah |
sitosna-snigdha-ruksair hi na vyadhir upasamyati || 29 ||

8.29cv sitosna-snigdha-ruksadyair
rakte duste bhisak tasmad raktam evavasecayet |
yo jato go-rasah ksirad vahni-curnavacurnitat || 30 ||

8.30dv bahu-mulavacurnitat
pibams tam eva tenaiva bhuñjano guda-jan jayet |
kovidarasya mulanam mathitena rajah piban || 31 ||

8.31dv mathitena rajah pibet
asnan jirne ca pathyani mucyate hata-namabhih |
guda-svayathu-sularto mandagnir gaulmikan pibet || 32 ||

hingv-adin anu-takram va khaded guda-haritakim |

takrena va pibet pathya-vellagni-kutaja-tvacah || 33 ||

8.33av hingv-adin anu-takram va 8.33cv takrena va pibet pathyam
8.33dv
vellagni-kutaja-tvacah
kalinga-magadha-jyotih-suranan vamsa-vardhitan |
kosnambuna va tri-patu-vyosa-hingv-amla-vetasam || 34 ||

yuktam bilva-kapitthabhyam mahausadha-videna va |
aruskarair yavanya va pradadyat takra-tarpanam || 35 ||

8.35cv aruskarair yavanya va
dadyad va hapusa-hingu-citrakam takra-samyutam |
masam takranu-panani khadet pilu-phalani va || 36 ||

pibed ahar ahas takram nir-anno va pra-kamatah |
aty-artham manda-kayagnes takram evavacarayet || 37 ||

8.37cv aty-artha-manda-kayagnes
saptaham va dasaham va masardham masam eva ca |
bala-kala-vikara-jño bhisak takram prayojayet || 38 ||

sayam va laja-saktunam dadyat takravalehikam |
jirne takre pradadyad va takra-peyam sa-saindhavam || 39 ||

takranu-panam sa-sneham takraudanam atah param |
yusai rasair va takradhyaih salin bhuñjita matraya || 40 ||

ruksam ardhoddhrta-sneham yatas can-uddhrtam ghrtam |
takram dosagni-bala-vit tri-vidham tat prayojyet || 41 ||

na virohanti guda-jah punas takra-samahatah |
nisiktam tad dhi dahati bhumav api trnolupam || 42 ||

8.42cv nisiktam tad vidahati
srotahsu takra-suddhesu raso dhatun upaiti yah |
tena pustir balam varnah param tustis ca jayate || 43 ||

vata-slesma-vikaranam satam ca vinivartate |
mathitam bhajane ksudra-brhati-phala-lepite || 44 ||

nisam paryusitam peyam icchadbhir guda-ja-ksayam |
dhanyopakuñcikajaji-hapusa-pippali-dvayaih || 45 ||

karavi-granthika-sathi-yavany-agni-yavanakaih |
curnitair ghrta-patra-stham naty-amlam takram asutam || 46 ||

8.46bv -yavany-agni-yavanikaih
takraristam pibej jatam vyaktamla-katu kamatah |
dipanam rocanam varnyam kapha-vatanulomanam || 47 ||

guda-svayathu-kandv-arti-nasanam bala-vardhanam |
tvacam citraka-mulasya pistva kumbham pralepayet || 48 ||

takram va dadhi va tatra jatam arso-haram pibet |

bhargy-asphotamrta-pañca-kolesv apy esa samvidhih || 49 ||

pistair gaja-kana-patha-karavi-pañca-kolakaih |
tumburv-ajaji-dhanika-bilva-madhyais ca kalpayet || 50 ||

phalamlan yamaka-snehan peya-yusa-rasadikan |
ebhir evausadhaih sadhyam vari sarpis ca dipanam || 51 ||

kramo 'yam bhinna-sakrtam vaksyate gadha-varcasam |
snehadhyaih saktubhir yuktam lavanam varunim pibet || 52 ||

lavana eva va takra-sidhu-dhanyamla-varunih |
prag-bhaktan yamake bhrstan saktubhis cavacurnitan || 53 ||

8.53cv prag-bhaktam yamake bhrstan
karañja-pallavan khaded vata-varco-'nulomanan |
sa-gudam nagaram patham guda-ksara-ghrtani va || 54 ||

8.54cv sa-gudam nagaram patha- 8.54dv -guda-ksara-ghrtani va
go-mutradhyusitam adyat sa-gudam va haritakim |
pathya-sata-dvayan mutra-dronena-mutra-samksayat || 55 ||

8.55cv pathya-sata-dvayam mutra-
pakvat khadet sa-madhuni dve dve hanti kaphodbhavan |
dur-nama-kustha-svayathu-gulma-mehodara-krmin || 56 ||

8.56av paktva khadet sa-madhuni
granthy-arbudapaci-sthaulya-pandu-rogadhya-marutan |
ajasrngi-jata-kalkam aja-mutrena yah pibet || 57 ||

guda-vartaka-bhuk tasya nasyanty asu gudankurah |
srestha-rasena trivrtam pathyam takrena va saha || 58 ||

pathyam va pippali-yuktam ghrta-bhrstam gudanvitam |
atha-va sa-trivrd-dantim bhaksayed anulomanim || 59 ||

hate gudasraye dose guda-ja yanti samksayam |
dadima-sva-rasajaji-yavani-guda-nagaraih || 60 ||

8.60av hrte gudasraye dose
pathaya va yutam takram vata-varco-'nulomanam |
sidhum va gaudam atha-va sa-citraka-mahausadham || 61 ||

pibet suram va hapusa-patha-sauvarcalanvitam |
dasadi-dasakair vrddhah pippalir dvi-picum tilan || 62 ||

8.62dv pippalir dvi-picum tilat
pitva ksirena labhate balam deha-hutasayoh |
duhsparsakena bilvena yavanya nagarena va || 63 ||

8.63dv yavanya nagarena ca
ekaikenapi samyukta patha hanty arsasam rujam |
salilasya vahe paktva prasthardham abhaya-tvacam || 64 ||

8.64dv prasthardham abhaya-tvacam
prastham dhatrya dasa-palam kapitthanam tato 'rdhatah |
visalam lodhra-marica-krsna-vellailavalukam || 65 ||

dvi-palamsam prthak pada-sese pute gudat tule |
dattva prastham ca dhatakyah sthapayed ghrta-bhajane || 66 ||

8.66cv dattva prastham tu dhatakyah
paksat sa silito 'ristah karoty agnim nihanti ca |
guda-ja-grahani-pandu-kusthodara-gara-jvaran || 67 ||

svayathu-pliha-hrd-roga-gulma-yaksma-vami-krmin |
jala-drone paced danti-dasa-mula-varagnikan || 68 ||

palikan pada-sese tu ksiped guda-tulam param |
purva-vat sarvam asya syad anulomi-taras tv ayam || 69 ||

paced duralabha-prastham drone 'pam prasrtaih saha |
danti-pathagni-vijaya-vasamalaka-nagaraih || 70 ||

8.70bv drone 'pam dvi-palaih saha
tasmin sita-satam dadyat pada-sthe 'nyac ca purva-vat |
limpet kumbham tu phalini-krsna-cavyajya-maksikaih || 71 ||

prag-bhaktam anulomyaya phalamlam va pibed ghrtam |
cavya-citraka-siddham va yava-ksara-gudanvitam || 72 ||

pippali-mula-siddham va sa-guda-ksara-nagaram |
pippali-pippali-mula-dhanaka-dadimair ghrtam || 73 ||

8.73dv -dhanyaka-dadimair ghrtam
dadhna ca sadhitam vata-sakrn-mutra-vibandha-nut |
palasa-ksara-toyena tri-gunena paced ghrtam || 74 ||

8.74bv -sakrn-mutra-vibandha-hrt
vatsakadi-prativapam arso-ghnam dipanam param |
pañca-kolabhaya-ksara-yavani-vida-saindhavaih || 75 ||

sa-patha-dhanya-maricaih sa-bilvair dadhi-mat ghrtam |
sadhayet taj jayaty asu guda-vanksana-vedanam || 76 ||

pravahikam guda-bhramsam mutra-krcchram parisravam |
pathajamoda-dhanika-svadamstra-pañca-kolakaih || 77 ||

sa-bilvair dadhni cangeri-sva-rase ca catur-gune |
hanty ajyam siddham anaham mutra-krcchram pravahikam || 78 ||

guda-bhramsarti-guda-ja-grahani-gada-marutan |
sikhi-tittiri-lavanam rasan amlan su-samskrtan || 79 ||

daksanam vartakanam va dadyad vid-vata-samgrahe |
vastukagni-trivrd-danti-pathamlikadi-pallavan || 80 ||

anyac ca kapha-vata-ghnam sakam ca laghu bhedi ca |
sa-hingu yamake bhrstam siddham dadhi-saraih saha || 81 ||

8.81dv siddham dadhi-sarena ca
dhanika-pañca-kolabhyam pistabhyam dadimambuna |
ardrikayah kisalayaih sakalair ardrakasya ca || 82 ||

yuktam angara-dhupena hrdyena surabhi-krtam |
sa-jirakam sa-maricam vida-sauvarcalotkatam || 83 ||

8.83av yuktam angara-dhumena
vatottarasya ruksasya mandagner baddha-varcasah |
kalpayed rakta-saly-anna-vyañjanam saka-vad rasan || 84 ||

8.84cv kalpayed rakta-saly-annam 8.84dv vyañjanam saka-vad rasan
8.84dv
vyañjanañ chaka-vad rasan
go-godha-chagalostranam visesat kravya-bhojinam |
madiram sarkaram gaudam sidhum takram tusodakam || 85 ||

aristam mastu paniyam paniyam valpakam srtam |
dhanyena dhanya-sunthibhyam kantakarikayatha-va || 86 ||

ante bhaktasya madhye va vata-varco-'nulomanam |
vid-vata-kapha-pittanam anulomye hi nir-male || 87 ||

gude samyanti guda-jah pavakas cabhivardhate |
udavarta-parita ye ye caty-artham viruksitah || 88 ||

viloma-vatah sulartas tesv istam anuvasanam |
pippalim madanam bilvam satahvam madhukam vacam || 89 ||

kustham sathim puskarakhyam citrakam devadaru ca |
pistva tailam vipaktavyam dvi-guna-ksira-samyutam || 90 ||

8.90av kustham sathim puskarahvam 8.90av kustham
sathim pauskarakhyam
8.90av kustham sunthim puskarakhyam
arsasam mudha-vatanam tac chrestham anuvasanam |
guda-nihsaranam sulam mutra-krcchram pravahikam || 91 ||

katy-uru-prstha-daurbalyam anaham vanksanasrayam |
piccha-sravam gude sopham vata-varco-vinigraham || 92 ||

utthanam bahu-so yac ca jayet tac canuvasanat |
niruham va prayuñjita sa-ksiram pañcamulikam || 93 ||

sa-mutra-sneha-lavanam kalkair yuktam phaladibhih |
atha raktarsasam viksya marutasya kaphasya va || 94 ||

8.94dv marutasya kaphasya ca
anubandham tatah snigdham ruksam va yojayed dhimam |
sakrc chyavam kharam ruksam adho niryati nanilah || 95 ||

katy-uru-guda-sulam ca hetur yadi ca ruksanam |
tatranubandho vatasya slesmano yadi vit slatha || 96 ||

sveta pita guruh snigdha sa-picchah stimito gudah |
hetuh snigdha-gurur vidyad yatha-svam casra-laksanat || 97 ||

duste 'sre sodhanam karyam langhanam ca yatha-balam |
yavac ca dosaih kalusyam srutes tavad upeksanam || 98 ||

dosanam pacanartham ca vahni-samdhuksanaya ca |
samgrahaya ca raktasya param tiktair upacaret || 99 ||

yat tu praksina-dosasya raktam vatolbanasya va |
snehais tat sadhayet yuktaih panabhyañjana-vastisu || 100 ||

yat tu pittolbanam raktam gharma-kale pravartate |
stambhaniyam tad ekantan na ced vata-kaphanugam || 101 ||

sa-kaphe 'sre pibet pakyam sunthi-kutaja-valkalam |
kiratatiktakam sunthim dhanvayasam ku-candanam || 102 ||

darvi-tvan-nimba-sevyani tvacam va dadimodbhavam |
kutaja-tvak-phalam tarksyam maksikam ghunavallabham || 103 ||

pibet tandula-toyena kalkitam va mayurakam |
tulam divyambhasi paced ardrayah kutaja-tvacah || 104 ||

ni-rasayam tvaci kvathe dadyat suksma-raji-krtan |
samanga-phalini-moca-rasan musty-amsakan saman || 105 ||

tais ca sakrayavan pute tato darvi-pralepanam |
paktvavaleham lidhva ca tam yathagni-balam pibet || 106 ||

8.106av tais ca sakrayavan putam
peyam mandam payas chagam gavyam va chaga-dugdha-bhuk |
leho 'yam samayaty asu raktatisara-payu-jan || 107 ||

bala-vad rakta-pittam ca sravad urdhvam adho 'pi va |
kutaja-tvak-tulam drone paced astamsa-sesitam || 108 ||

8.108dv paced astamsa-sesitam
kalki-krtya ksipet tatra tarksya-sailam katu-trayam |
lodhra-dvayam moca-rasam balam dadima-jam tvacam || 109 ||

bilva-karkatikam mustam samangam dhataki-phalam |
palonmitam dasa-palam kutajasyaiva ca tvacah || 110 ||

trimsat palani gudato ghrtat pute ca vimsatih |
tat pakvam leha-tam yatam dhanye paksa-sthitam lihan || 111 ||

sarvarso-grahani-dosa-svasa-kasan niyacchati |
lodhram tilan moca-rasam samangam candanotpalam || 112 ||

8.112bv -svasa-kasan nibarhati
payayitvaja-dugdhena salims tenaiva bhojayet |
yasty-ahva-padmakananta-payasya-ksira-moratam || 113 ||

sa-sita-madhu patavyam sita-toyena tena va |

lodhra-katvanga-kutaja-samanga-salmali-tvacam || 114 ||

8.114dv -samanga-salmali-tvacah
hima-kesara-yasty-ahva-sevyam va tandulambuna |
yavanindrayavah patha bilvam sunthi rasañjanam || 115 ||

curnas cale hitah sule pravrtte cati-sonite |
dugdhika-kantakaribhyam siddham sarpih prasasyate || 116 ||

atha-va dhataki-lodhra-kutaja-tvak-phalotpalaih |
sa-kesarair yava-ksara-dadima-sva-rasena va || 117 ||

sarkarambho-ja-kiñjalka-sahitam saha va tilaih |
abhyastam rakta-guda-jan nava-nitam niyacchati || 118 ||

chagani nava-nitajya-ksira-mamsani jangalah |
an-amlo va kad-amla va sa-vastuka-raso rasah || 119 ||

rakta-salih saro dadhnah sastikas taruni sura |
tarunas ca sura-mandah sonitasyausadham param || 120 ||

peya-yusa-rasadyesu palanduh kevalo 'pi va |
sa jayaty ulbanam raktam marutam ca prayojitah || 121 ||

vatolbanani prayena bhavanty asre 'ti-nihsrte |
arsamsi tasmad adhikam taj-jaye yatnam acaret || 122 ||

drstvasra-pittam prabalam a-balau ca kaphanilau |
sitopacarah kartavyah sarva-tha tat-prasantaye || 123 ||

na ced evam samas tasya snigdhosnais tarpayet tatah |
rasaih kosnais ca sarpirbhir avapidaka-yojitaih || 124 ||

8.124av yada caivam samo na syat
secayet tam kavosnais ca kamam taila-payo-ghrtaih |
yavasa-kusa-kasanam mulam puspam ca salmaleh || 125 ||

nyagrodhodumbarasvattha-sungas ca dvi-palonmitah |
tri-prasthe salilasyaitat ksira-prasthe ca sadhayet || 126 ||

ksira-sese kasaye ca tasmin pute vimisrayet |
kalki-krtam moca-rasam samangam candanotpalam || 127 ||

priyangum kautajam bijam kamalasya ca kesaram |
piccha-vastir ayam siddhah sa-ghrta-ksaudra-sarkarah || 128 ||

pravahika-guda-bhramsa-rakta-srava-jvarapahah |
yasty-ahva-pundarikena tatha moca-rasadibhih || 129 ||

ksira-dvi-gunitah pakvo deyah sneho 'nuvasanam |
madhukotpala-lodhrambu samanga bilva-candanam || 130 ||

cavikativisa mustam patha ksaro yavagra-jah |
darvi-tvan nagaram mamsi citrako devadaru ca || 131 ||

cangeri-sva-rase sarpih sadhitam tais tri-dosa-jit |

arso-'tisara-grahani-pandu-roga-jvara-rucau || 132 ||

mutra-krcchre guda-bhramse vasty-anahe pravahane |
piccha-srave 'rsasam sule deyam tat paramausadham || 133 ||

vyatyasan madhuramlani sitosnani ca yojayet |
nityam agni-balapeksi jayaty arsah-krtan gadan || 134 ||

8.134dv jayaty arsah-krtam rujam
udavartartam abhyajya tailaih sita-jvarapahaih |
su-snigdhaih svedayet pindair vartim asmai gude tatah || 135 ||

abhyaktam tat-karangustha-samnibham anulomanim |
dadyac chyama-trivrd-danti-pippali-nilini-phalaih || 136 ||

vicurnitair dvi-lavanair guda-go-mutra-samyutaih |
tad-van magadhika-ratha-grha-dhumaih sa-sarsapaih || 137 ||

8.137bv guda-go-mutra-pacitaih
etesam eva va curnam gude nadya vinirdhamet |
tad-vighate su-tiksnam tu vastim snigdham prapidayet || 138 ||

rju-kuryad guda-sira-vin-mutra-maruto 'sya sah |
bhuyo 'nubandhe vata-ghnair virecyah sneha-recanaih || 139 ||

8.139av rju-kuryad guda-siro-
anuvasyas ca rauksyad dhi sango maruta-varcasoh |
tri-patu-tri-katu-srestha-danty-aruskara-citrakam || 140 ||

jarjaram sneha-mutraktam antar-dhumam vipacayet |
sarava-samdhau mrl-lipte ksarah kalyanakahvayah || 141 ||

sa pitah sarpisa yukto bhakte va snigdha-bhojina |
udavarta-vibandharso-gulma-pandudara-krmin || 142 ||

mutra-sangasmari-sopha-hrd-roga-grahani-gadan |
meha-pliha-rujanaha-svasa-kasams ca nasayet || 143 ||
sarvam ca kuryad yat proktam arsasam gadha-varcasam || 144ab
||drone 'pam puti-valka-dvi-tulam atha pacet pada-sese ca tasmin ||
144c ||
8.144cv drone 'pam puti-valkam dvi-tulam atha pacet pada-sese ca
tasmin deyasitir gudasya pratanuka-rajaso vyosato 'stau palani ||
144d ||
etan masena jatam janayati paramam usmanah pakti-saktim || 144e
||suktam krtvanulomyam prajayati guda-ja-pliha-gulmodarani || 144f
||
pacet tulam puti-karañja-valkad dve mulatas citraka-kantakaryoh
|
drona-traye 'pi caranavasese pute satam tatra gudasya dadyat ||
145 ||

palikam ca su-curnitam
tri-jata-tri-katu-granthika-dadimasmabhedam |

pura-puskara-mula-dhanya-cavyam hapusam ardrakam amla-vetasam ca ||
146 ||

siti-bhutam ksaudra-vimsaty-upetam
ardra-draksa-bijapurardrakais ca |
yuktam kamam gandikabhis tatheksoh sarpih-patre
masa-matrena jatam || 147 ||

cukram krakacam ivedam dur-namnam vahni-dipanam paramam |
pandu-garodara-gulma-plihanahasma-krcchra-ghnam || 148 ||
dronam pilu-rasasya vastra-galitam nyastam havir-bhajane || 149a
||yuñjita dvi-palair mada-madhuphala-kharjura-dhatri-phalaih || 149b
||patha-madri-duralabhamla-vidula-vyosa-tvag-elollakaih || 149c ||
8.149cv patha-madri-duralabhamla-vidula-vyosa-tvag-ellallakaih
sprkka-kola-lavanga-vella-capala-mulagnikaih palikaih || 149d ||

guda-pala-sata-yojitam nivate nihitam idam prapibams ca
paksa-matrat |
nisamayati gudankuran sa-gulman anala-balam prabalam karoti casu ||
150 ||

8.150cv prasamayati gudankuran sa-gulman
ekaika-so dasa-pale
dasa-mula-kumbha-patha-dvayarka-ghunavallabha-katphalanam |
dagdhe srute 'nu kalasena jalena pakve pada-sthite guda-tulam
pala-pañcakam ca || 151 ||

8.151bv -pathabhayarka-ghunavallabha-katphalanam
dadyat praty-ekam vyosa-cavyabhayanam vahner musti dve
yava-ksaratas ca |
darvim alimpan hanti lidho gudo 'yam
gulma-pliharsah-kustha-mehagni-sadan || 152 ||

toya-drone citraka-mula-tulardham sadhyam yavat pada-dala-stham
athedam |
astau dattva jirna-gudasya palani kvathyam bhuyah
sandra-taya samam etat || 153 ||

8.153bv sadhyam yavat pada-jala-stham apy idam
tri-katuka-misi-pathya-kustha-musta-varanga-krmiripu-dahanaila-c
urna-kirno 'valehah |
jayati guda-ja-kustha-pliha-gulmodarani prabalayati hutasam
sasvad abhyasyamanah ||

154 ||

8.154cv jayati guda-ja-yukta-pliha-gulmodarani
guda-vyosa-vara-vella-tilaruskara-citrakaih |
arsamsi hanti gutika tvag-vikaram ca silita || 155 ||

mrl-liptam sauranam kandam paktvagnau puta-paka-vat |
adyat sa-taila-lavanam dur-nama-vinivrttaye || 156 ||

marica-pippali-nagara-citrakan krama-vivardhita-bhaga-samahrtan |
sikhi-catur-guna-surana-yojitan kuru gudena gudan guda-ja-cchidah
|| 157 ||

curni-krtah so-dasa suranasya bhagas tato 'rdhena ca
citrakasya |
mahausadhad dvau maricasya caiko gudena dur-nama-jayaya pindi ||
158 ||

pathya-nagara-krsna-karañja-vellagnibhih sita-tulyaih |
vadaba-mukha iva jarayati bahu-gurv api bhojanam curnah || 159 ||

8.159dv bahu-gurv api bhojanam curnam
kalinga-langali-krsna-vahny-apamarga-tandulaih |
bhunimba-saindhava-gudair guda guda-ja-nasanah || 160 ||

lavanottama-vahni-kalinga-yavams ciribilva-mahapicumanda-yutan |
piba sapta-dinam mathitaluditan yadi marditum icchasi payu-ruhan || 161
||

8.161cv piba sapta-dinam mathitalulitan 8.161dv yadi marditum icchasi
payu-ruhah
suskesu bhallatakam agryam uktam bhaisajyam ardresu tu
vatsaka-tvak |
sarvesu sarvartusu kalaseyam arsahsu balyam ca malapaham ca ||
162 ||

bhittva vibandhan anulomanaya yan marutasyagni-balaya yac ca |
tad anna-panausadham arsasena sevyam vivarjyam viparitam asmat || 163
||

arso-'tisara-grahani-vikarah prayena canyo-'nya-nidana-bhutah
|
sanne 'nale santi na santi dipte raksed atas tesu visesato 'gnim || 164
||

8.164dv rakset tatas tesu visesato 'gnim

cikitsasthana
atisaro hi bhuyistham bhavaty amasayanvayah |
hatvagnim vata-je 'py asmat prak tasmio langhanam hitam || 1 ||

9.1dv prag asmio langhanam hitam
sulanaha-prasekartam vamayed atisarinam |
dosah samnicita ye ca vidagdhahara-murchitah || 2 ||

atisaraya kalpante tesupeksaiva bhesajam |
bhrsotklesa-pravrttesu svayam eva calatmasu || 3 ||

na tu samgrahanam yojyam purvam amatisarini |
api cadhmana-guru-ta-sula-staimitya-karini || 4 ||

9.4av prayojyam na tu samgrahi 9.4bv purvam amolbane na tu

pranada prana-da dose vibaddhe sampravartini |
pibet prakvathitas toye madhya-doso visosayan || 5 ||

bhutika-pippali-sunthi-vaca-dhanya-haritakih |
atha-va bilva-dhanika-musta-nagara-valakam || 6 ||

vida-patha-vaca-pathya-krmijin-nagarani va |
sunthi-ghana-vaca-madri-bilva-vatsaka-hingu va || 7 ||

sasyate tv alpa-dosanam upavaso 'tisarinam |
vaca-prativisabhyam va musta-parpatakena va || 8 ||

hrivera-nagarabhyam va vipakvam payayej jalam |
yukte 'nna-kale ksut-ksamam laghv-anna-prati bhojayet || 9 ||

9.9dv laghv annam pratibhojayet
tatha sa sighram prapnoti rucim agni-balam balam |
takrenavanti-somena yavagva tarpanena va || 10 ||

suraya madhuna vatha yatha-satmyam upacaret |
bhojyani kalpayed urdhvam grahi-dipana-pacanaih || 11 ||

9.11av suraya madhuna catha
bala-bilva-sathi-dhanya-hingu-vrksamla-dadimaih |
palasa-hapusajaji-yavani-vida-saindhavaih || 12 ||

laghuna pañca-mulena pañca-kolena pathaya |
saliparni-bala-bilvaih prsniparnya ca sadhita || 13 ||

dadimamla hita peya kapha-pitte samulbane |
abhaya-pippali-mula-bilvair vatanulomani || 14 ||

vibaddham dosa-bahulo diptagnir yo 'tisaryate |
krsna-vidanga-tri-phala-kasayais tam virecayet || 15 ||

peyam yuñjyad viriktasya vata-ghnair dipanaih krtam |
ame parinate yas tu dipte 'gnav upavesyate || 16 ||

sa-phena-piccham sa-rujam sa-vibandham punah punah |
alpalpam alpa-samalam nir-vid va sa-pravahikam || 17 ||

9.17cv alpalpam alpam sa-malam
dadhi-taila-ghrta-ksiraih sa sunthim sa-gudam pibet |
svinnani guda-tailena bhaksayed badarani va || 18 ||

gadha-vid-vihitaih sakair bahu-snehais tatha rasaih |
ksudhitam bhojayed enam dadhi-dadima-sadhitaih || 19 ||

9.19dv dadhi-dadima-samskrtaih
saly-odanam tilair masair mudgair va sadhu sadhitam |
sathya mulaka-potayah pathayah svastikasya va || 20 ||

9.20cv sunthya mulaka-potayah
susa-yavani-karkaru-ksirini-cirbhatasya va |
upodakaya jivantya vakucya vastukasya va || 21 ||

suvarcalayas cuñcor va lonikaya rasair api |
kurma-vartaka-lopaka-sikhi-tittiri-kaukkutaih || 22 ||

9.22dv -sikhi-tittiri-daksa-jaih
bilva-mustaksi-bhaisajya-dhataki-puspa-nagaraih |
pakvatisara-jit takre yavagur dadhiki tatha || 23 ||

kapittha-kacchura-phañji-yuthika-vata-selu-jaih |
dadimi-sana-karpasi-salmalinam ca pallavaih || 24 ||

9.24dv -salmali-moca-pallavaih
kalko bilva-salatunam tila-kalkas ca tat-samah |
dadhnah saro 'mlah sa-snehah khalo hanti pravahikam || 25 ||

maricam dhanikajaji tintidikam sathi vidam |
dadimam dhataki patha tri-phala pañca-kolakam || 26 ||

yava-sukam kapitthamra-jambu-madhyam sa-dipyakam |
pistaih sad-guna-bilvais tair dadhni mudga-rase gude || 27 ||

snehe ca yamake siddhah khalo 'yam a-parajitah |
dipanah pacano grahi rucyo bimbisi-nasanah || 28 ||

kolanam bala-bilvanam kalkaih sali-yavasya ca |
mudga-masa-tilanam ca dhanya-yusam prakalpayet || 29 ||

aikadhyam yamake bhrstam dadhi-dadima-sarikam |
varcah-ksaye suska-mukham saly-annam tena bhojayet || 30 ||

dadhnah saram va yamake bhrstam sa-guda-nagaram |
suram va yamake bhrstam vyañjanartham prayojayet || 31 ||

phalamlam yamake bhrstam yusam grñjanakasya va |
bhrstan va yamake saktun khaded vyosavacurnitan || 32 ||

masan su-siddhams tad-vad va ghrta-mandopasevanan |
rasam su-siddha-putam va chaga-mesantar-adhi-jam || 33 ||

9.33cv rasam su-siddham putam va
paced dadima-saramlam sa-dhanya-sneha-nagaram |
rakta-saly-odanam tena bhuñjanah prapibams ca tam || 34 ||

varcah-ksaya-krtair asu vikaraih parimucyate |
bala-bilvam gudam tailam pippalim visva-bhesajam || 35 ||

9.35dv pippali-visva-bhesajam
lihyad vate pratihate sa-sulah sa-pravahikah |
valkalam sabaram puspam dhatakya badari-dalam || 36 ||

9.36bv sa-sule sa-pravahike 9.36dv dhatakya badari-phalam
eranda-bilva-yava-goksurakamla-siddham pathyam lihan madhu-yutam
atha va gudena |
krcchra-pravrttam ati-sulam asrg-vimisram hanyad avasyam atisaram
udirna-vegam ||

36.1+1 ||

pibed dadhi-sara-ksaudra-kapittha-sva-rasaplutam |
vibaddha-vata-varcas tu bahu-sula-pravahikah || 37 ||

sa-rakta-picchas trsnartah ksira-sauhityam arhati |
yamakasyopari ksiram dharosnam va prayojayet || 38 ||

srtam eranda-mulena bala-bilvena va punah |
payasy utkvathya mustanam vimsatim tri-gune 'mbhasi || 39 ||

9.39dv vimsatim tri-gunambhasi
ksiravasistam tat pitam hanyad amam sa-vedanam |
pippalyah pibatah suksmam rajo marica-janma va || 40 ||

cira-kalanusaktapi nasyaty asu pravahika |
nir-ama-rupam sulartam langhanadyais ca karsitam || 41 ||

ruksa-kostham apeksyagnim sa-ksaram payayed ghrtam |
siddham dadhi-sura-mande dasa-mulasya cambhasi || 42 ||

9.42dv dasa-mulasya vambhasi
sindhuttha-pañca-kolabhyam tailam sadyo 'rti-nasanam |
sadbhih sunthyah palair dvabhyam dvabhyam
granthy-agni-saindhavat || 43 ||

taila-prastham paced dadhna nih-saraka-rujapaham |
ekato mamsa-dugdhajyam purisa-graha-sula-jit || 44 ||

pananuvasanabhyanga-prayuktam tailam ekatah |
tad dhi vata-jitam agryam sulam ca vi-guno 'nilah || 45 ||

dhatv-antaropamardeddhas calo vyapi sva-dhama-gah |
tailam mandanalasyapi yuktya sarma-karam param || 46 ||

9.46av dhatv-antaropamardad vai 9.46av dhatv-antaropamardena vayv-asaye
sa-taile hi bimbisir navatisthate || 46uab ||

ksine male svayatana-cyutesu dosantaresv irana eka-vire |
ko nistanan praniti kostha-suli nantar-bahis-taila-paro yadi
syat || 47 ||
guda-rug-bhramsayor yuñjyat sa-ksiram sadhitam havih || 48ab ||
rase kolamla-cangeryor dadhni piste ca nagare |
tair eva camlaih samyojya siddham su-slaksna-kalkitaih || 49 ||

9.49cv tair eva camlaih samyuktaih
dhanyosana-vidajaji-pañca-kolaka-dadimaih |
yojayet sneha-vastim va dasa-mulena sadhitam || 50 ||

sathi-satahva-kusthair va vacaya citrakena va |
pravahane guda-bhramse mutraghate kati-grahe || 51 ||

madhuramlaih srtam tailam ghrtam vapy anuvasanam |
pravesayed gudam dhvastam abhyaktam sveditam mrdu || 52 ||

kuryac ca go-phana-bandham madhya-cchidrena carmana |
pañca-mulasya mahatah kvatham ksire vipacayet || 53 ||

9.53dv kvatham ksirena pacayet
undurum cantra-rahitam tena vata-ghna-kalka-vat |
tailam paced guda-bhramsam panabhyangena taj jayet || 54 ||

paitte tu same tiksnosna-varjyam prag iva langhanam |
trd-van pibet sad-angambu sa-bhunimbam sa-sarivam || 55 ||

peyadi ksudhitasyannam agni-samdhuksanam hitam |
brhaty-adi-ganabhiru-dvi-bala-surpaparnibhih || 56 ||

payayed anubandhe tu sa-ksaudram tandulambhasa |
kutajasya phalam pistam sa-valkam sa-ghunapriyam || 57 ||

9.57bv sa-ksaudram tandulambuna 9.57cv vatsakasya phalam
pistam
patha-vatsaka-bija-tvag-darvi-granthika-sunthi va |
kvatham vativisa-bilva-vatsakodicya-musta-jam || 58 ||

atha-vativisa-murva-nisendrayava-tarksya-jam |
sa-madhv-ativisa-sunthi-mustendrayava-katphalam || 59 ||

palam vatsaka-bijasya srapayitva rasam pibet |
yo rasasi jayec chighram sa paittam jatharamayam || 60 ||

musta-kasayam evam va piben madhu-samayutam |
sa-ksaudram salmali-vrnta-kasayam va himahvayam || 61 ||

kiratatiktakam mustam vatsakam sa-rasañjanam |
katankateri hriveram bilva-madhyam duralabha || 62 ||

tila moca-rasam lodhram samanga kamalotpalam |
nagaram dhataki-puspam dadimasya tvag utpalam || 63 ||

ardha-slokaih smrta yogah sa-ksaudras tandulambuna |
nisendrayava-lodhraila-kvathah pakvatisara-jit || 64 ||

9.64dv -kvathah pakvatisara-nut
nagarativisa-musta-bhunimbamrta-vatsakaih |
sarva-jvara-harah kvathah sarvatisara-nasanah || 64+1 ||

guducy-ativisa-dhanya-sunthi-bilvabda-valakaih |
patha-bhunimba-kutaja-candanosira-padmakaih || 64+2 ||

kasayah sitalah peyo jvaratisara-santaye |
hrl-lasa-rocaka-cchardi-pipasa-daha-nasanah || 64+3 ||

lodhrambastha-priyangv-adi-ganams tad-vat prthak pibet |
katvanga-valka-yasty-ahva-phalini-dadimankuraih || 65 ||

peya-vilepi-khalakan kuryat sa-dadhi-dadiman |
tad-vad dadhittha-bilvamra-jambu-madhyaih prakalpayet || 66 ||

aja-payah prayoktavyam nir-ame tena cec chamah |
dosadhikyan na jayeta balinam tam virecayet || 67 ||

vyatyasena sakrd-raktam upavesyeta yo 'pi va |
palasa-phala-niryuham yuktam va payasa pibet || 68 ||

tato 'nu kosnam patavyam ksiram eva yatha-balam |
pravahite tena male prasamyaty udaramayah || 69 ||

palasa-vat prayojya va trayamana visodhani |
samsargyam kriyamanayam sulam yady anuvartate || 70 ||

9.70bv trayamana visodhane
sruta-dosasya tam sighram yatha-vahny anuvasayet |
satapuspa-varibhyam ca bilvena madhukena ca || 71 ||

taila-padam payo-yuktam pakvam anvasanam ghrtam |
a-santav ity atisare piccha-vastih param hitah || 72 ||

parivestya kusair ardrair ardra-vrntani salmaleh |
krsna-mrttikayalipya svedayed go-mayagnina || 73 ||

mrc-chose tani samksudya tat-pindam musti-sammitam |
mardayet payasah prasthe putenasthapayet tatah || 74 ||

nata-yasty-ahva-kalkajya-ksaudra-taila-vatanu ca |
snato bhuñjita payasa jangalena rasena va || 75 ||

pittatisara-jvara-sopha-gulma-samiranasra-grahani-vikaran |
jayaty ayam sighram ati-pravrttim virecanasthapanayos ca vastih ||
76 ||

katvanga-bilva-jam tv asthi kapittham surasañjanam |
laksa-haridre hriveram katphalam sukanasika || 76+1 ||

lodhram moca-rasam mustam dhataki vata-sungakan |
pistva tandula-toyena vatakan aksa-sammitan || 76+2 ||

pibet tenaiva toyena jvaratisara-nasanah |
rakta-prasadano hy esa sophatisara-nasanah || 76+3 ||

phanitam kutajottham ca sarvatisara-nasanam |
vatsakadi-samayuktam sambasthadi sa-maksikam || 77 ||

ni-run-nir-amam diptagner api sasram cirotthitam |
nana-varnam atisaram puta-pakair upacaret || 78 ||

tvak-pindad dirghavrntasya sriparni-pattra-samvrtat |
mrl-liptad agnina svinnad rasam nispiditam himam || 79 ||

atisari pibed yuktam madhuna sitayatha-va |
evam ksiri-druma-tvagbhis tat-prarohais ca kalpayet || 80 ||

9.80cv evam ksira-druma-tvagbhis
katvanga-tvag-ghrta-yuta svedita salilosmana |

sa-ksaudra hanty atisaram bala-vantam api drutam || 81 ||

pittatisari seveta pittalany eva yah punah |
raktatisaram kurute tasya pittam sa-trd-jvaram || 82 ||

darunam guda-pakam ca tatra cchagam payo hitam |
padmotpala-samangabhih srtam moca-rasena ca || 83 ||

sariva-yasti-lodhrair va prasavair va vatadi-jaih |
sa-ksaudra-sarkaram pane bhojane guda-secane || 84 ||

tad-vad rasadayo 'n-amlah sajyah panannayor hitah |
kasmarya-phala-yusas ca kiñ-cid-amlah sa-sarkarah || 85 ||

payasy ardhodake chage hriverotpala-nagaraih |
peya raktatisara-ghni prsniparni-rasanvita || 86 ||

prag-bhaktam nava-nitam va lihyan madhu-sita-yutam |
baliny asre 'sram evajam margam va ghrta-bharjitam || 87 ||

ksiranu-panam ksirasi try-aham ksirodbhavam ghrtam |
kapiñjala-rasasi va lihann arogyam asnute || 88 ||

pitva satavari-kalkam ksirena ksira-bhojanah |
raktatisaram hanty asu taya va sadhitam ghrtam || 89 ||

laksa-nagara-vaidehi-katuka-darvi-valkalaih |
sarpih sendrayavaih siddham peya-mandavacaritam || 90 ||

atisaram jayec chighram tri-dosam api darunam |
krsna-mrc-chankha-yasty-ahva-ksaudrasrk-tandulodakam ||
91 ||

jayaty asram priyangus ca tandulambu-madhu-pluta |
kalkas tilanam krsnanam sarkara-pañcabhagikah || 92 ||

9.92dv sarkara-bhaga-samyutah
ajena payasa pitah sadyo raktam niyacchati |
pitva sa-sarkara-ksaudram candanam tandulambuna || 93 ||

daha-trsna-pramohebhyo rakta-sravac ca mucyate |
gudasya dahe pake va seka-lepa hita himah || 94 ||

9.94av daha-trsna-pramehebhyo 9.94dv seka lepa hita himah
alpalpam bahu-so raktam sa-sulam upavesyate |
yada vibaddho vayus ca krcchrac carati va na va || 95 ||

piccha-vastim tada tasya purvoktam upakalpayet |
pallavan jarjari-krtya simsipa-kovidarayoh || 96 ||

paced yavams ca sa kvathe ghrta-ksira-samanvitah |
piccha-srutau guda-bhramse pravahana-rujasu va || 97 ||

piccha-vastih prayoktavyah ksata-ksina-balavahah |
prapaundarika-siddhena sarpisa canuvasanam || 98 ||

raktam vit-sahitam purvam pascad va yo 'tisaryate |
satavari-ghrtam tasya lehartham upakalpayet || 99 ||

sarkarardhamsakam lidham nava-nitam navoddhrtam |
ksaudra-padam jayec chighram tam vikaram hitasinah || 100 ||

nyagrodhodumbarasvattha-sungan apothya vasayet |
aho-ratram jale tapte ghrtam tenambhasa pacet || 101 ||

tad ardha-sarkara-yuktam lehayet ksaudra-padikam |
adho va yadi vapy urdhvam yasya raktam pravartate || 102 ||

9.102cv adho va yadi vaty-urdhvam
slesmatisare vatoktam visesad ama-pacanam |
kartavyam anubandhe 'sya pibet paktvagni-dipanam || 103 ||

bilva-karkatika-musta-pranada-visva-bhesajam |
vaca-vidanga-bhutika-dhanakamaradaru va || 104 ||

9.104dv -dhanyakamaradaru va
atha-va pippali-mula-pippali-dvaya-citrakam |
pathagni-vatsaka-granthi-tikta-sunthi-vacabhayah || 105 ||

9.105bv -pippali-dvaya-citrakan
kvathita yadi va pistah slesmatisara-bhesajam |
sauvarcala-vaca-vyosa-hingu-prativisabhayah || 106 ||

pibec chlesmatisarartas curnitah kosna-varina |
madhyam lidhva kapitthasya sa-vyosa-ksaudra-sarkaram || 107 ||

9.107dv sa-ksaudram vyosa-sarkaram
katphalam madhu-yuktam va mucyate jatharamayat |
kanam madhu-yutam lidhva takram pitva sa-citrakam || 108 ||

bhuktva va bala-bilvani vyapohaty udaramayam |
patha-moca-rasambhoda-dhataki-bilva-nagaram || 109 ||

su-krcchram apy atisaram guda-takrena nasayet |
yavani-pippali-mula-caturjataka-nagaraih || 110 ||

maricagni-jalajaji-dhanya-sauvarcalaih samaih |
vrsamla-dhataki-krsna-bilva-dadima-dipyakaih || 111 ||

9.111cc vrksamla-dhataki-krsna- 9.111dc
-bilva-dadima-tindukaih
tri-gunaih sad-guna-sitaih kapitthasta-gunaih krtah |
curno 'tisara-grahani-ksaya-gulma-galamayan || 112 ||

9.112av tri-gunaih sad-guna-site 9.112bv kapitthe 'sta-gune
krtah 9.112dv
-ksaya-gulmodaramayan
kasa-svasagni-sadarsah-pinasa-rocakañ jayet |
karsonmita tavaksiri caturjatam dvi-karsikam || 113 ||

9.113cv karsonmitam tavaksiri- 9.113dv -caturjatam dvi-karsikam
yavani-dhanyakajaji-granthi-vyosam palamsakam |
palani dadimad astau sitayas caikatah krtah || 114 ||

9.114av yavani-dhanyakajaji 9.114bv granthi-vyosam palamsakam
gunaih kapitthastaka-vac curno 'yam dadimastakah |
bhojyo vatatisaroktair yathavastham khaladibhih || 115 ||

sa-vidangah sa-maricah sa-kapitthah sa-nagarah |
cangeri-takra-kolamlah khalah slesmatisara-jit || 116 ||

ksine slesmani purvoktam amlam laksadi sat-palam |
puranam va ghrtam dadyad yavagu-manda-misritam || 117 ||

katphalam madhukam lodhram tvag-dadima-phalasya ca |
vata-pittatisara-ghnam pibet tandula-varina || 117+1 ||

mustam sativisa darvi vaca sunthi ca tat-samam |
kasayam ksaudra-samyuktam slesma-vatatisarine || 117+2 ||

pitadaru vaca lodhram kalinga-phala-nagaram |
dadimambu-yutam dadyat pitta-slesmatisarine || 117+3 ||

vata-slesma-vibandhe va sravaty ati kaphe 'pi va |
sule pravahikayam va piccha-vastih prasasyate || 118 ||

9.118av vata-slesma-vibandhe ca
vaca-bilva-kana-kustha-satahva-lavananvitah |
bilva-tailena tailena vacadyaih sadhitena va || 119 ||

bahu-sah kapha-vatarte kosnenanvasanam hitam |
ksine kaphe gude dirgha-kalatisara-dur-bale || 120 ||

anilah prabalo 'vasyam sva-sthana-sthah prajayate |
sa bali sahasa hanyat tasmat tam tvaraya jayet || 121 ||

vayor an-antaram pittam pittasyan-antaram kapham |
jayet purvam trayanam va bhaved yo bala-vat-tamah || 122 ||

bhi-sokabhyam api calah sighram kupyaty atas tayoh |
karya kriya vata-hara harsanasvasanani ca || 123 ||

yasyoccarad vina mutram pavano va pravartate |
diptagner laghu-kosthasya santas tasyodaramayah || 124 ||

cikitsasthana
grahanim asritam dosam a-jirna-vad upacaret |
atisarokta-vidhina tasyamam ca vipacayet || 1 ||

anna-kale yavagv-adi pañca-koladibhir yutam |
vitaret patu-laghv-annam punar yogams ca dipanan || 2 ||

dadyat sativisam peyam ame samlam sa-nagaram |
pane 'tisara-vihitam vari takram suradi ca || 3 ||

grahani-dosinam takram dipana-grahi-laghavat |
pathyam madhura-paki-tvan na ca pitta-pradusanam || 4 ||

kasayosna-vikasi-tvad ruksa-tvac ca kaphe hitam |
vate svadv-amla-sandra-tvat sadyaskam a-vidahi tat || 5 ||

10.5av kasayosna-vikasi-tvad
caturnam prastham amlanam try-usanac ca pala-trayam |
lavananam ca catvari sarkarayah palastakam || 6 ||

tac curnam saka-supanna-ragadisv avacarayet |
kasa-jirna-ruci-svasa-hrt-pandu-pliha-gulma-nut || 7 ||

10.7dv -hrt-parsvamaya-sula-nut 10.7dv
-hrt-pandv-amaya-sula-nut
nagarativisa-mustam pakyam ama-haram pibet |
usnambuna va tat-kalkam nagaram vatha-vabhayam || 8 ||

sa-saindhavam vacadim va tad-van madirayatha-va |
varcasy ame sa-pravahe pibed va dadimambuna || 9 ||

videna lavanam pistam bilva-citraka-nagaram |
same kaphanile kostha-ruk-kare kosna-varina || 10 ||

kalinga-hingv-ativisa-vaca-sauvarcalabhayam |
chardi-hrd-roga-sulesu peyam usnena varina || 11 ||

pathya-sauvarcalajaji-curnam marica-samyutam |
pippalim nagaram patham sarivam brhati-dvayam || 12 ||

citrakam kautajam ksaram tatha lavana-pañcakam |
curni-krtam dadhi-sura-tan-mandosnambu-kañjikaih || 13 ||

pibed agni-vivrddhy-artham kostha-vata-haram param |
patuni pañca dvau ksarau maricam pañca-kolakam || 14 ||

dipyakam hingu gutika bijapura-rase krta |
kola-dadima-toye va param pacana-dipani || 15 ||

talisa-pattra-cavika-maricanam palam palam |
krsna-tan-mulayor dve dve pale sunthi-pala-trayam || 16 ||

catur-jatam usiram ca karsamsam slaksna-curnitam |
gudena vatakan krtva tri-gunena sada bhajet || 17 ||

madya-yusa-rasarista-mastu-peya-payo-'nupah |
vata-slesmatmanam chardi-grahani-parsva-hrd-rujam || 18 ||

jvara-svayathu-pandu-tva-gulma-panatyayarsasam |
praseka-pinasa-svasa-kasanam ca nivrttaye || 19 ||

abhayam nagara-sthane dadyat tatraiva vid-grahe |
chardy-adisu ca paittesu catur-guna-sitanvitah || 20 ||

10.20bv dadyad atraiva vid-grahe

pakvena vatakah karya gudena sitayapi va |
param hi vahni-samparkal laghimanam bhajanti te || 21 ||

athainam paripakvamam maruta-grahani-gadam |
dipaniya-yutam sarpih payayed alpa-so bhisak || 22 ||

10.22av athainam paripakvama- 10.22bv -maruta-grahani-gadam
kiñ-cit-samdhuksite tv agnau sakta-vin-mutra-marutam |
dvy-aham try-aham va samsnehya svinnabhyaktam niruhayet || 23 ||

tata eranda-tailena sarpisa tailvakena va |
sa-ksarenanile sante srasta-dosam virecayet || 24 ||

suddha-ruksasayam baddha-varcaskam canuvasayet |
dipaniyamla-vata-ghna-siddha-tailena tam tatah || 25 ||

nirudham ca viriktam ca samyak capy anuvasitam |
laghv-anna-pratisamyuktam sarpir abhyasayet punah || 26 ||

10.26bv samyag vapy anuvasitam
pañca-mulabhaya-vyosa-pippali-mula-saindhavaih |
rasna-ksara-dvayajaji-vidanga-sathibhir ghrtam || 27 ||

suktena matulungasya sva-rasenardrakasya ca |
suska-mulaka-kolamla-cukrika-dadimasya ca || 28 ||

takra-mastu-sura-manda-sauviraka-tusodakaih |
kañjikena ca tat pakvam agni-dipti-karam param || 29 ||

sula-gulmodara-svasa-kasanila-kaphapaham |
sa-bijapuraka-rasam siddham va payayed ghrtam || 30 ||

tailam abhyañjanartham ca siddham ebhis calapaham |
etesam ausadhanam va pibec curnam sukhambuna || 31 ||

vate slesmavrte same kaphe va vayunoddhate |
agner nirvapakam pittam rekena vamanena va || 32 ||

hatva tikta-laghu-grahi-dipanair a-vidahibhih |
annaih samdhuksayed agnim curnaih snehais ca tiktakaih || 33 ||

patola-nimba-trayanti-tikta-tiktaka-parpatam |
kutaja-tvak-phalam murva madhu-sigru-phalam vaca || 34 ||

darvi-tvak-padmakosira-yavani-musta-candanam |
saurastry-ativisa-vyosa-tvag-ela-pattra-daru ca || 35 ||

curnitam madhuna lehyam peyam madyair jalena va |
hrt-pandu-grahani-roga-gulma-sula-ruci-jvaran || 36 ||

kamalam samnipatam ca mukha-rogams ca nasayet |
bhunimba-katuka-musta-try-usanendrayavan saman || 37 ||

dvau citrakad vatsaka-tvag-bhagan so-dasa curnayet |
guda-sitambuna pitam grahani-dosa-gulma-nut || 38 ||

kamala-jvara-pandu-tva-meha-rucy-atisara-jit |
nagarativisa-musta-patha-bilvam rasañjanam || 39 ||

10.39bv -meha-rucy-atisara-nut
kutaja-tvak-phalam tikta dhataki ca krtam rajah |
ksaudra-tandula-varibhyam paittike grahani-gade || 40 ||

pravahikarso-guda-rug-raktotthanesu cesyate |
candanam padmakosiram patham murvam kutannatam || 41 ||

sadgrantha-sarivasphota-saptaparnatarusakan |
patolodumbarasvattha-vata-plaksa-kapitanan || 42 ||

10.42dv -vata-plaksa-kapitanam
katukam rohinim mustam nimbam ca dvi-palamsakan |
drone 'pam sadhayet tena pacet sarpih picunmitaih || 43 ||

kiratatiktendrayava-vira-magadhikotpalaih |
pitta-grahanyam tat peyam kusthoktam tiktakam ca yat || 44 ||

grahanyam slesma-dustayam tiksnaih pracchardane krte |
katv-amla-lavana-ksaraih kramad agnim vivardhayet || 45 ||

pañca-kolabhaya-dhanya-patha-gandha-palasakaih |
bijapura-pragadhais ca siddhaih peyadi kalpayet || 46 ||

dronam madhuka-puspanam vidangam ca tato 'rdhatah |
citrakasya tato 'rdham ca tatha bhallatakadhakam || 47 ||

mañjisthasta-palam caitaj jala-drona-traye pacet |
drona-sesam srtam sitam madhv-ardhadhaka-samyutam || 48 ||

ela-mrnalagurubhis candanena ca rusite |
kumbhe masam sthitam jatam asavam tam prayojayet || 49 ||

10.49cv kumbhe masa-sthitam jatam
grahanim dipayaty esa brmhanah pitta-rakta-nut |
sosa-kustha-kilasanam pramehanam ca nasanah || 50 ||

10.50bv brmhano rakta-pitta-nut
madhuka-puspa-sva-rasam srtam ardha-ksayi-krtam |
ksaudra-pada-yutam sitam purva-vat samnidhapayet || 51 ||

10.51av madhuka-puspa-kudavam
tat piban grahani-dosan jayet sarvan hitasanah |
tad-vad drakseksu-kharjura-sva-rasan asutan pibet || 52 ||

hingu-tikta-vaca-madri-pathendrayava-goksuram |
pañca-kolam ca karsamsam palamsam patu-pañcakam || 53 ||

ghrta-taila-dvi-kudave dadhnah prastha-dvaye ca tat |
apothya kvathayed agnau mrdav anugate rase || 54 ||

antar-dhumam tato dagdhva curni-krtya ghrtaplutam |
pibet pani-talam tasmiñ jirne syan madhurasanah || 55 ||

vata-slesmamayan sarvan hanyad visa-garams ca sah |
bhunimbam rohinim tiktam patolam nimba-parpatam || 56 ||

dagdhva mahisa-mutrena pibed agni-vivardhanam |
dve haridre vaca kustham citrakah katu-rohini || 57 ||

musta ca cchaga-mutrena siddhah ksaro 'gni-vardhanah |
catuh-palam sudha-kandat tri-palam lavana-trayat || 58 ||

10.58dv tri-phala-lavanani ca
vartaka-kudavam carkad astau dve citrakat pale |
dagdhva rasena vartakad gutika bhojanottarah || 59 ||

10.59av vartakat kudavam carkad
bhuktam annam pacanty asu kasa-svasarsasam hitah |
visucika-pratisyaya-hrd-roga-samanas ca tah || 60 ||

matulunga-sathi-rasna-katu-traya-haritaki |
svarjika-yava-sukakhyau ksarau pañca-patuni ca || 61 ||

10.61bv -katu-traya-haritakih
sukhambu-pitam tac-curnam bala-varnagni-vardhanam |
slaismike grahani-dose sa-vate tair ghrtam pacet || 62 ||

dhanvantaram sat-palam ca bhallataka-ghrtabhayam |
vida-kacosa-lavana-svarjika-yava-suka-jan || 63 ||

saptalam kantakarim ca citrakam caikato dahet |
sapta-krtvah srutasyasya ksarasyardhadhake pacet || 64 ||

adhakam sarpisah peyam tad agni-bala-vrddhaye |
nicaye pañca karmani yuñjyac caitad yatha-balam || 65 ||

praseke slaismike 'lpagner dipanam ruksa-tiktakam |
yojyam krsasya vyatyasat snigdha-ruksam kaphodaye || 66 ||

ksina-ksama-sarirasya dipanam sneha-samyutam |
dipanam bahu-pittasya tiktam madhurakair yutam || 67 ||

sneho 'mla-lavanair yukto bahu-vatasya sasyate |
sneham eva param vidyad dur-balanala-dipanam || 68 ||

nalam sneha-samiddhasya samayannam su-gurv api |
yo 'lpagni-tvat kaphe ksine varcah pakvam api slatham || 69 ||

muñcet patv-ausadha-yutam sa pibed alpa-so ghrtam |
tena sva-margam anitah sva-karmani niyojitah || 70 ||

samano dipayaty agnim agneh samdhuksako hi sah |
purisam yas ca krcchrena kathina-tvad vimuñcati || 71 ||

10.71bv agneh samdhuksako hy asau
sa ghrtam lavanair yuktam naro 'nnavagraham pibet |
rauksyan mande 'nale sarpis tailam va dipanaih pibet || 72 ||

ksara-curnasavaristan mande snehati-panatah |
udavartat tu yoktavya niruha-sneha-vastayah || 73 ||

10.73cv udavartat prayoktavya
dosati-vrddhya mande 'gnau samsuddho 'nna-vidhim caret |
vyadhi-muktasya mande 'gnau sarpir eva tu dipanam || 74 ||

10.74bv samsuddho 'nna-vidhim bhajet
adhvopavasa-ksama-tvair yavagva payayed ghrtam |
annavapiditam balyam dipanam brmhanam ca tat || 75 ||

dirgha-kala-prasangat tu ksama-ksina-krsan naran |
prasahanam rasaih samlair bhojayet pisitasinam || 76 ||

laghusna-katu-sodhi-tvad dipayanty asu te 'nalam |
mamsopacita-mamsa-tvat param ca bala-vardhanah || 77 ||

10.77av laghusna-katu-sodhi-tvair
snehasava-surarista-curna-kvatha-hitasanaih |
samyak-prayuktair dehasya balam agnes ca vardhate || 78 ||

dipto yathaiva sthanus ca bahyo 'gnih sara-darubhih |
sa-snehair jayate tad-vad aharaih kostha-go 'nalah || 79 ||

na-bhojanena kayagnir dipyate nati-bhojanat |
yatha nir-indhano vahnir alpo vatindhanavrtah || 80 ||

10.80dv alpo vatindhananvitah
yada ksine kaphe pittam sva-sthane pavananugam |
pravrddham vardhayaty agnim tadasau sanilo 'nalah || 81 ||

paktvannam asu dhatums ca sarvan ojas ca samksipan |
marayet syat sa na svastho bhukte jirne tu tamyati || 82 ||

10.82cv marayet tam sa na svastho
trt-kasa-daha-murchadya vyadhayo 'ty-agni-sambhavah |
tam aty-agnim guru-snigdha-manda-sandra-hima-sthiraih || 83 ||

anna-panair nayec chantim diptam agnim ivambubhih |
muhur muhur a-jirne 'pi bhojyany asyopaharayet || 84 ||

10.84dv bhojyany asyopakalpayet
nir-indhano 'ntaram labdhva yathainam na vipadayet |
krsaram payasam snigdham paistikam guda-vaikrtam || 85 ||

10.85bv tathainam na vipadayet
asniyad audakanupa-pisitani bhrtani ca |
matsyan visesatah slaksnan sthira-toya-caras ca ye || 86 ||

avikam su-bhrtam mamsam adyad aty-agni-varanam |
payah saha-madhucchistam ghrtam va trsitah pibet || 87 ||

godhuma-curnam payasa bahu-sarpih-pariplutam |
anupa-rasa-yuktan va snehams taila-vivarjitan || 88 ||

syama-trivrd-vipakvam va payo dadyad virecanam |
a-sakrt pitta-haranam payasa-pratibhojanam || 89 ||

yat kiñ-cid guru medyam ca slesma-kari ca bhojanam |
sarvam tad aty-agni-hitam bhuktva ca svapanam diva || 90 ||

aharam agnih pacati dosan ahara-varjitah |
dhatun ksinesu dosesu jivitam dhatu-samksaye || 91 ||

etat prakrtyaiva viruddham annam samyoga-samskara-vasena cedam |
ity-adi a-vijñaya yathesta-cestas caranti yat sagni-balasya
saktih || 92 ||

tasmad agnim palayet sarva-yatnais tasmin naste yati na nasam eva |
dosair graste grasyate roga-samghair yukte tu syan ni-rujo dirgha-jivi
|| 93 ||

cikitsasthana
lingagra-susire samyag yonyam va sampravesayet |
mutra-duhkha-haram mukhyam karpuram parisamksipet || 0+1 ||

krcchre vata-ghna-tailaktam adho nabheh samira-je |
su-snigdhaih svedayed angam pinda-sekavagahanaih || 1 ||

dasa-mula-balairanda-yavabhiru-punarnavaih |
kulattha-kola-pattura-vrscivopalabhedakaih || 2 ||

taila-sarpir-varaharksa-vasah kvathita-kalkitaih |
sa-pañca-lavanah siddhah pitah sula-harah param || 3 ||

dravyany etani pananne tatha pindopanahane |
saha tailaphalair yuñjyat samlani sneha-vanti ca || 4 ||

sauvarcaladhyam madiram piben mutra-rujapaham |
paitte yuñjita sisiram seka-lepavagahanam || 5 ||

pibed varim goksurakam vidarim sa-kaserukam |
trnakhyam pañca-mulam ca pakyam sa-madhu-sarkaram || 6 ||

vrsakam trapusairvaru-latva-bijani kunkumam |
draksambhobhih piban sarvan mutraghatan apohati || 7 ||

ervaru-bija-yasty-ahva-darvir va tandulambuna |
toyena kalkam draksayah pibet paryusitena va || 8 ||

kapha-je vamanam svedam tiksnosna-katu-bhojanam |
yavanam vikrtih ksaram kalaseyam ca silayet || 9 ||

piben madyena suksmailam dhatri-phala-rasena va |
sarasasthi-svadamstraila-vyosam va madhu-mutra-vat || 10 ||

sva-rasam kantakarya va payayen maksikanvitam |
sitivaraka-bijam va takrena slaksna-curnitam || 11 ||

dhava-saptahva-kutaja-guduci-caturangulam |

kembukaila-karañjam ca pakyam sa-madhu sadhitam || 12 ||

11.12cv katukaila-karañjam ca
tair va peyam pravalam va curnitam tandulambuna |
sa-tailam patala-ksaram sapta-krtvo 'tha-va srutam || 13 ||

patali-yava-sukabhyam paribhadrat tilad api |
ksarodakena madiram tvag-elosana-samyutam || 14 ||

pibed gudopadamsan va lihyad etan prthak prthak |
samnipatatmake sarvam yathavastham idam hitam || 15 ||

asmany apy a-cirotthane vata-vasty-adikesu ca |
asmari daruno vyadhir antaka-pratimo matah || 16 ||

11.16bv vata-vasty-adikesv api
taruno bhesajaih sadhyah pravrddhas chedam arhati |
tasya purvesu rupesu snehadi-krama isyate || 17 ||

pasanabhedo vasuko vasiro 'smantako vari |
kapotavankatibala-bhallukosira-kacchakam || 18 ||

11.18dv -bhallukosira-kantakam
vrksadani saka-phalam vyaghryau gunthas trikantakah |
yavah kulatthah kolani varunah katakat phalam || 19 ||

usakadi-prativapam esam kvathe srtam ghrtam |
bhinatti vata-sambhutam tat pitam sighram asmarim || 20 ||

gandharvahasta-brhati-vyaghri-goksurakeksurat |
mula-kalkam pibed dadhna madhurenasma-bhedanam || 21 ||

kusah kasah saro guntha itkato morato 'smabhit |
darbho vidari varahi sali-mulam trikantakah || 22 ||

bhallukah patali patha patturah sa-kurantakah |
punarnave sirisas ca tesam kvathe paced ghrtam || 23 ||

pistena trapusadinam bijenendivarena ca |
madhukena sila-jena tat pittasmari-bhedanam || 24 ||

varunadih samira-ghnau ganav ela harenuka |
guggulur maricam kustham citrakah sa-surahvayah || 25 ||

taih kalkitaih krtav apam usakadi-ganena ca |
bhinatti kapha-jam asu sadhitam ghrtam asmarim || 26 ||

ksara-ksira-yavagv-adi dravyaih svaih svais ca kalpayet |
picukankolla-kataka-sakendivara-jaih phalaih || 27 ||

pitam usnambu sa-gudam sarkara-patanam param |
krauñcostra-rasabhasthini svadamstra talapattrika || 28 ||

11.28av pitam usnambu sa-ghrtam
ajamoda kadambasya mulam visvasya causadham |

pitani sarkaram bhindyuh surayosnodakena va || 29 ||

11.29bv mulam bilvasya causadham
nrtyakundaka-bijanam curnam maksika-samyutam |
avi-ksirena saptaham pitam asmari-patanah || 30 ||

11.30av nrtyakundala-bijanam 11.30av markatakasya bijanam
kvathas ca sigru-mulotthah kad-usno 'smari-patanah |
tilapamarga-kadali-palasa-yava-sambhavah || 31 ||

ksarah peyo 'vi-mutrena sarkarasv asmarisu ca |
kapotavanka-mulam va pibed ekam suradibhih || 32 ||

tat-siddham va pibet ksiram vedanabhir upadrutah |
haritaky-asthi-siddham va sadhitam va punarnavaih || 33 ||

ksiranna-bhug barhi-sikha-mulam va tandulambuna |
mutraghatesu vibhajed atah sesesv api kriyam || 34 ||

brhaty-adi-gane siddham dvi-guni-krta-goksure |
toyam payo va sarpir va sarva-mutra-vikara-jit || 35 ||

devadarum ghanam murvam yastimadhu haritakim |
mutraghatesu sarvesu sura-ksira-jalaih pibet || 36 ||

rasam va dhanvayasasya kasayam kakubhasya va |
sukhambhasa va tri-phalam pistam saindhava-samyutam || 37 ||

vyaghri-goksuraka-kvathe yavagum va sa-phanitam |
kvathe virataradera va tamra-cuda-rase 'pi va || 38 ||

adyad virataradyena bhavitam va sila-jatu |
madyam va nigadam pitva rathenasvena va vrajet || 39 ||

11.39cv madyam va nir-gadam pitva
sighra-vegena samksobhat tathasya cyavate 'smari |
sarva-tha copayoktavyo vargo virataradikah || 40 ||

rekartham tailvakam sarpir vasti-karma ca silayet |
visesad uttaran vastiñ chukrasmaryam tu sodhite || 41 ||

11.41dv chukrasmaryam ca sodhite
tair mutra-marge bala-van sukrasaya-visuddhaye |
puman su-trpto vrsyanam mamsanam kukkutasya ca || 42 ||

kamam sa-kamah seveta pramada mada-dayinih |
siddhair upakramair ebhir na cec chantis tada bhisak || 43 ||

11.43dv na cec chantis tato bhisak
iti rajanam aprcchya sastram sadhv avacarayet |
a-kriyayam dhruvo mrtyuh kriyayam samsayo bhavet || 44 ||

niscitasyapi vaidyasya bahu-sah siddha-karmanah |
athaturam upasnigdha-suddham isac ca karsitam || 45 ||

11.45cv athaturam upasnigdham 11.45dv -suddham isac ca karsitam
11.45dv
suddham isac ca karsitam
abhyakta-svinna-vapusam a-bhuktam krta-mangalam |
a-janu-phalaka-sthasya narasyanke vyapasritam || 46 ||

purvena kayenottanam nisannam vastra-cumbhale |
tato 'syakuñcite janu-kurpare vasasa drdham || 47 ||

sahasraya-manusyena baddhasyasvasitasya ca |
nabheh samantad abhyajyad adhas tasyas ca vamatah || 48 ||

mrditva mustinakramed yavad asmary adho-gata |
tailakte vardhita-nakhe tarjani-madhyame tatah || 49 ||

a-daksine gude 'ngulyau pranidhayanu-sevani |
asadya bala-yatnabhyam asmarim guda-medhrayoh || 50 ||

11.50bv pranidhayanu-sevanim
krtvantare tatha vastim nir-valikam an-ayatam |
utpidayed angulibhyam yavad granthir ivonnatam || 51 ||

salyam syat sevanim muktva yava-matrena patayet |
asma-manena na yatha bhidyate sa tathaharet || 52 ||

samagram sarpa-vaktrena strinam vastis tu parsva-gah |
garbhasayasrayas tasam sastram utsanga-vat tatah || 53 ||

nyased ato 'nya-tha hy asam mutra-sravi vrano bhavet |
mutra-praseka-ksananan narasyapy api caika-dha || 54 ||

vasti-bhedo 'smari-hetuh siddhim yati na tu dvi-dha |
vi-salyam usna-paniya-dronyam tam avagahayet || 55 ||

tatha na puryate 'srena vastih purne tu pidayet |
medhrantah ksiri-vrksambu mutra-samsuddhaye tatah || 56 ||

11.56cv medhratah ksiri-vrksambu 11.56cv medhre 'ntah
ksiri-vrksambu
kuryad gudasya sauhityam madhv-ajyakta-vranah pibet |
dvau kalau sa-ghrtam kosnam yavagum mutra-sodhanaih || 57
||

try-aham dasaham payasa gudadhyenalpam odanam |
bhuñjitordhvam phalamlais ca rasair jangala-carinam || 58 ||

ksiri-vrksa-kasayena vranam praksalya lepayet |
prapaundarika-mañjistha-yasty-ahva-nayanausadhaih || 59 ||

vranabhyange pacet tailam ebhir eva nisanvitaih |
dasaham svedayec cainam sva-margam sapta-ratratah || 60 ||

11.60cv dasaham svedayec caiva 11.60cv dasaham svedayec caivam
mutre tv a-gacchati dahed asmari-vranam agnina |

sva-marga-pratipattau tu svadu-prayair upacaret || 61 ||

tam vastibhir na carohed varsam rudha-vrano 'pi sah |
naga-nagasva-vrksa-stri-rathan napsu plaveta ca || 62 ||

mutra-sukra-vahau vasti-vrsanau sevanim gudam |
mutra-prasekam yonim ca sastrenastau vivarjayet || 63 ||

cikitsasthana
mehino balinah kuryad adau vamana-recane |
snigdhasya sarsaparista-nikumbhaksa-karañja-jaih || 1 ||

tailas trikantakadyena yatha-svam sadhitena va |
snehena musta-devahva-nagara-prativapa-vat || 2 ||

surasadi-kasayena dadyad asthapanam tatah |
nyagrodhades tu pittartam rasaih suddham ca tarpayet || 3 ||

12.3cv nyagrodhades tu pittarte
mutra-graha-ruja-gulma-ksayadyas tv apatarpanat |
tato 'nubandha-raksartham samanani prayojayet || 4 ||

a-samsodhyasya tany eva sarva-mehesu payayet |
dhatri-rasa-plutam prahne haridram maksikanvitam || 5 ||

darvi-surahva-tri-phala-musta va kvathita jale |
citraka-tri-phala-darvi-kalingan va sa-maksikan || 6 ||
madhu-yuktam guducya va rasam amalakasya va || 7ab
||lodhrabhaya-toyada-katphalanam
patha-vidangarjuna-dhanvananam || 7cd
||gayatri-darvi-krmihrd-dhavanam kaphe trayah ksaudra-yutah
kasayah || 7ef ||
usira-lodhrarjuna-candananam patola-nimbamalakamrtanam |
lodhrambu-kaliyaka-dhatakinam pitte trayah ksaudra-yutah
kasayah || 8 ||
yatha-svam ebhih panannam yava-godhuma-bhavanah || 9ab ||
12.9bv yava-godhuma-bhavanam 12.9bv yava-godhuma-bhavanam
vatolbanesu snehams ca pramehesu prakalpayet |
apupa-saktu-vatyadir yavanam vikrtir hita || 10 ||

gajasva-guda-muktanam atha-va venu-janmanam |
trna-dhanyani mudgadyah salir jirnah sa-sastikah || 11
||

sri-kukkuto 'mlah khalakas tila-sarsapa-kitta-jah |
kapittham tindukam jambus tat-krta raga-sadavah || 12 ||

tiktam sakam madhu srestha bhaksyah suskah sa-saktavah
|
dhanva-mamsani sulyani parisuskany ayas-krtih || 13 ||

madhv-aristasava jirnah sidhuh pakva-rasodbhavah |
tathasanadi-sarambu darbhambho maksikodakam || 14 ||

vasitesu vara-kvathe sarvarim sositesv ahah |
yavesu su-krtan saktun sa-ksaudran sidhuna pibet || 15 ||

sala-saptahva-kampilla-vrksakaksa-kapittha-jam |
rohitakam ca kusumam madhunadyat su-curnitam || 16 ||

kapha-pitta-pramehesu pibed dhatri-rasena va |
trikantaka-nisa-lodhra-somavalka-vacarjunaih || 17 ||

padmakasmantakarista-candanaguru-dipyakaih |
patola-musta-mañjistha-madri-bhallatakaih pacet || 18 ||

tailam vata-kaphe pitte ghrtam misresu misrakam |
dasa-mula-sathi-danti-surahvam dvi-punarnavam || 19 ||

mulam snug-arkayoh pathyam bhukadambam aruskaram |
karañjau varunan mulam pippalyah pauskaram ca yat || 20 ||

12.20cv karañja-varunan mulam
prthag dasa-palam prasthan yava-kola-kulatthatah |
trims casta-gunite toye vipacet pada-vartina || 21 ||

tena dvi-pippali-cavya-vaca-nicula-rohisaih |
trivrd-vidanga-kampilla-bhargi-visvais ca sadhayet || 22 ||

12.22dv -bhargi-bilvais ca sadhayet
prastham ghrtaj jayet sarvams tan mehan pitika visam |
pandu-vidradhi-gulmarsah-sosa-sopha-garodaram || 23 ||

svasam kasam vamim vrddhim plihanam vata-sonitam |
kusthonmadav apasmaram dhanvantaram idam ghrtam || 24 ||

lodhra-murva-sathi-vella-bhargi-nata-nakha-plavan |
kalinga-kustha-kramuka-priyangv-ativisagnikan || 25 ||

dve visale catur-jatam bhunimbam katu-rohinim |
yavanim pauskaram patham granthim cavyam phala-trayam || 26 ||

karsamsam ambu-kalase pada-sese srute hime |
dvau prasthau maksikat ksiptva rakset paksam upeksaya || 27 ||

lodhrasavo 'yam meharsah-svitra-kustha-ruci-krmin |
pandu-tvam grahani-dosam sthula-tam ca niyacchati || 28 ||

sadhayed asanadinam palanam vimsatim prthak |
dvi-vahe 'pam ksipet tatra pada-sthe dve sate gudat || 29 ||

ksaudradhakardham palikam vatsakadim ca kalkitam |
tat ksaudra-pippali-curna-pradigdhe ghrta-bhajane || 30 ||

12.30bv vatsakadi ca kalkitam
sthitam drdhe jatu-srte yava-rasau nidhapayet |
khadirangara-taptani bahu-so 'tra nimajjayet || 31 ||

tanuni tiksna-lohasya pattrany a-loha-samksayat |
ayas-krtih sthita pita purvasmad adhika gunaih || 32 ||

ruksam udvartanam gadham vyayamo nisi jagarah |
yac canyac chlesma-medo-ghnam bahir antas ca tad dhitam || 33 ||

su-bhavitam sara-jalais tulam pitva silodbhavat |
sarambunaiva bhuñjanah saliñ jangala-jai rasaih || 34 ||

12.34dv salim jangala-jai rasaih
sarvan abhibhaven mehan su-bahupadravan api |
ganda-malarbuda-granthi-sthaulya-kustha-bhagandaran || 35 ||

krmi-slipada-sophams ca param caitad rasayanam |
a-dhanas chattra-pada-tra-rahito muni-vartanah || 36 ||

candanam utpalam draksa usiram ca punarnava |
yastimadhuka-srikhandam tri-phalotpala-sariva || 36.1+1 ||

sami vamsa-phalam lodhram tri-jatam nagakesaram |
padmakam ca kana-curnam tat-tulya sarkara subha || 36.1+2 ||

etac curnam pibet pratas tandulodaka-varina |
pramehe rakta-pitte ca krcchra-dose ca darune || 36.1+3 ||

yojananam satam yayat khaned va salilasayan |
go-sakrn-mutra-vrttir va gobhir eva saha bhramet || 37 ||

brmhayed ausadhaharair a-medo-mutralaih krsam |
saravikadyah pitikah sopha-vat samupacaret || 38 ||

a-pakva vrana-vat pakvas tasam prag-rupam eva ca |
ksiri-vrksambu panaya basta-mutram ca sasyate || 39 ||

tiksnam ca sodhanam prayo dur-virecya hi mehinah |
tailam eladina kuryad ganena vrana-ropanam || 40 ||

udvartane kasayam tu vargenaragvadhadina |
pariseko 'sanadyena pananne vatsakadina || 41 ||

12.41cv pariseke 'sanadyena
patha-citraka-sarngasta-sariva-kantakarikah |
saptahvam kautajam mulam somavalkam nrpadrumam || 42 ||

samcurnya madhuna lihyat tad-vac curnam navayasam |
madhu-mehi-tvam apanno bhisagbhih parivarjitah || 43 ||
sila-jatu-tulam adyat pramehartah punar-navah || 43uab ||
cikitsasthana
vidradhim sarvam evamam sopha-vat samupacaret |
pratatam ca hared raktam pakve tu vrana-vat kriya || 1 ||

pañca-mula-jalair dhautam vatikam lavanottaraih |
bhadradi-varga-yasty-ahva-tilair alepayed vranam || 2 ||

vairecanika-yuktena traivrtena visodhya ca |

vidari-varga-siddhena traivrtenaiva ropayet || 3 ||

ksalitam ksiri-toyena limped yasty-amrta-tilaih |
paittam ghrtena siddhena mañjisthosira-padmakaih || 4 ||

payasya-dvi-nisa-srestha-yasti-dugdhais ca ropayet |
nyagrodhadi-pravala-tvak-phalair va kapha-jam punah || 5 ||

aragvadhadina dhautam saktu-kumbha-nisa-tilaih |
limpet kulatthika-danti -trivrc-chyamagni-tilvakaih || 6 ||

13.6av aragvadhambuna dhautam
sa-saindhavaih sa-go-mutrais tailam kurvita ropanam |
raktagantudbhave karya pitta-vidradhi-vat kriya || 7 ||

varunadi-gana-kvatham a-pakve 'bhyantarotthite |
usakadi-prativapam purvahne vidradhau pibet || 8 ||

13.8bv a-pakve 'bhyantara-sthite
ghrtam virecana-dravyaih siddham tabhyam ca payayet |
niruham sneha-vastim ca tabhyam eva prakalpayet || 9 ||

pana-bhojana-lepesu madhu-sigruh prayojitah |
dattavapo yatha-dosam a-pakvam hanti vidradhim || 10 ||

trayanti-tri-phala-nimba-katuka-madhukam samam |
trivrt-patola-mulabhyam catvaro 'msah prthak prthak || 11
||

masuran nis-tusad astau tat-kvathah sa-ghrto jayet |
vidradhi-gulma-visarpa-daha-moha-mada-jvaran || 12 ||

trn-murcha-chardi-hrd-roga-pittasrk-kustha-kamalah |
kudavam trayamanayah sadhyam asta-gune 'mbhasi || 13 ||

kudavam tad-rasad dhatri-sva-rasat ksirato ghrtat |
karsamsam kalkitam tikta-trayanti-dhanvayasakam || 14 ||

musta-tamalaki-vira-jivanti-candanotpalam |
paced eka-tra samyojya tad ghrtam purva-vad gunaih || 15 ||

draksa madhukam kharjuram vidari sa-satavari |
parusakani tri-phala tat-kvathe pacayed ghrtam || 16 ||

ksireksu-dhatri-niryasa-pranada-kalka-samyutam |
tac chitam sarkara-ksaudra-padikam purva-vad gunaih || 17 ||

13.17av ksireksu-dhatri-niryase 13.17bv pranada-kalka-samyutam
harec chrngadibhir asrk siraya va yathantikam |
vidradhim pacyamanam ca kostha-stham bahir-unnatam || 18 ||

jñatvopanahayet sule sthite tatraiva pindite |
tat-parsva-pidanat suptau dahadisv alpakesu ca || 19 ||

pakvah syad vidradhim bhittva vrana-vat tam upacaret |

antar-bhagasya capy etac cihnam pakvasya vidradeh || 20 ||

pakvah srotamsi sampurya sa yaty urdhvam adho 'tha-va |
svayam-pravrttam tam dosam upekseta hitasinah || 21 ||

13.21bv sa yaty urdhvam adho 'pi va
dasaham dva-dasaham va raksan bhisag upadravat |
a-samyag vahati klede varunadim sukhambhasa || 22 ||

13.22bv raksed bhisag upadravat
payayen madhu-sigrum va yavagum tena va krtam |
yava-kola-kulatthottha-yusair annam ca sasyate || 23 ||

urdhvam dasahat trayanti-sarpisa tailvakena va |
sodhayed balatah suddhah sa-ksaudram tiktakam pibet || 24 ||

sarva-so gulma-vac cainam yatha-dosam upacaret |
sarvavasthasu sarvasu guggulum vidradhisu ca || 25 ||

13.25cv sarvavasthasu sarvesu
kasayair yaugikair yuñjyat svaih svais tad-vac chila-jatu |
pakam ca varayed yatnat siddhih pakve hi daiviki || 26 ||

api casu vidahi-tvad vidradhih so 'bhidhiyate |
sati calocayen mehe pramehanam cikitsitam || 27 ||

saubhañjanaka-niryuho hingu-saindhava-samyutah |
a-cirad vidradhim hanti pratah pratar nisevitah || 27+1 ||

katu-trikam tiktaka-rohini ghanam kiratatikto 'tha satakrator
yavah |
sa-saptaparnativisa duralabha patola-mulam saha trayamanaya
|| 27+2 ||

guduci-cavyam sa-vidanga-nimbam priyangu-nilotpala-lodhram
añjanam |
sa-dhataki-moca-rasam phala-trikam sa-nagaram
bilva-kapittha-sarivah || 27+3 ||

samah syur ete dvi-gunam tu citrakam dvir asta-bhagam
kutaja-tvacam syat |
su-suksma-pistam sisirambu-yojitam piben manusyo 'rdha-palam
gudanvitam || 27+4 ||

bubhuksite syan mrdu bhojanam hitam sasaih sa-lavair atha-va 'pi
tittiraih |
nihanti gulman kapha-pitta-sambhavan virajate sarada-purna-candra-vat
|| 27+5 ||

a-jirna-kasam ksaya-pandu-te tatha
jvaratisara-grahani-gadapacih |
prameha-mutra-ksaya-vardhma-vidradhiñ jayet prayuktah sa-gudah
katu-trikah || 27+6

||
bhunimbardha-palam nisa-pala-yuktam darvi-pale dve tatha || 27+7a
||darvy-ardhena punarnavam kuru tatha darvya samah pragrahah ||
27+7b ||sardham duhsparsatah palam tu katuka yojya tad-ardhena
va || 27+7c ||asvahvam nisaya samanam amrta-padadhikam syat
palam || 27+7d ||etad vatsaka-sapta-karsa-sahitam
su-slaksna-curni-krtam || 27+8a ||vasayah sva-rasena pañca
caturas trin va pibed vasaran || 27+8b ||bhuyas tad guda-varina
prati-dinam peyam purah-sthe ravau || 27+8c ||etad vidradhi-roginam
ni-ruja-krc curnam tu guhyottamam || 27+8d ||
na-putraya na ca-bhratre na-sisyaya-hitaisine |
arogya-sastra-sarva-svam deyam etat kathañ-ca-na || 27+9 ||

stana-je vrana-vat sarvam na tv enam upanahayet |
patayet palayan stanya-vahinih krsna-cucukau || 28 ||

sarvasv amady-avasthasu nirduhita ca tat stanam |
sodhayet tri-vrta snigdham vrddhau snehais calatmake || 29 ||

kausamra-tilvakairanda-su-kumaraka-misrakaih |
tato 'nila-ghna-niryuha-kalka-snehair niruhayet || 30 ||

rasena bhojitam yasti-tailenanvasayed anu |
sveda-pralepa vata-ghnah pakve bhittva vrana-kriyam || 31 ||

pitta-raktodbhave vrddhav ama-pakve yatha-yatham |
sopha-vrana-kriyam kuryat pratatam ca hared asrk || 32 ||

go-mutrena pibet kalkam slaismike pitadaru-jam |
vimlapanad rte casya slesma-granthi-kramo hitah || 33 ||

13.33cv vimlapanad rte catra
pakve ca patite tailam isyate vrana-sodhanam |
sumano-'ruskarankolla-saptaparnesu sadhitam || 34 ||

patola-nimba-rajani-vidanga-kutajesu ca |
medo-jam mutra-pistena su-svinnam surasadina || 35 ||

siro-vireka-dravyair va varjayan phala-sevanim |
darayed vrddhi-pattrena samyan medasi suddhrte || 36 ||

13.36dv samyan medasi coddhrte
vranam maksika-kasisa-saindhava-pratisaritam |
sivyed abhyañjanam casya yojyam medo-visuddhaye || 37 ||

manahsilaila-sumano-granthi-bhallatakaih krtam |
tailam a-vrana-samdhanat sneha-svedau ca silayet || 38 ||

mutra-jam sveditam snigdhair vastra-pattena vestitam |
vidhyed adhas-tat sevanyah sravayec ca yathodaram || 39 ||

vranam ca sthagika-baddham ropayed antra-hetuke |
phala-kosam a-samprapte cikitsa vata-vrddhi-vat || 40 ||

pacet punarnava-tulam tatha dasa-palah prthak |
dasa-mula-payasyasvagandhairanda-satavarih || 41 ||

dvi-darbha-sara-kaseksu-mula-potagalanvitah |
vahe 'pam asta-bhaga-sthe tatra trimsat-palam gudat || 42 ||

prastham eranda-tailasya dvau ghrtat payasas tatha |
avaped dvi-palamsam ca krsna-tan-mula-saindhavam || 43 ||

yastimadhuka-mrdvika-yavani-nagarani ca |
tat-siddham su-kumarakhyam su-kumaram rasayanam || 44 ||

vatatapadhva-yanadi-pariharyesv a-yantranam |
prayojyam su-kumaranam isvaranam sukhatmanam || 45 ||

nrnam stri-vrnda-bhartrnam a-laksmi-kali-nasanam |
sarva-kalopayogena kanti-lavanya-pusti-dam || 46 ||

vardhma-vidradhi-gulmarso-yoni-medhranilartisu |
sophodara-khuda-pliha-vid-vibandhesu cottamam || 47 ||

rasna-yasty-amrtairanda-bala-goksura-sadhitah |
kvatho 'ntra-vrddhim hanty asu rubu-tailena misritah || 47+1 ||

yayad vardhma na cec chantim sneha-rekanuvasanaih |
vasti-karma purah krtva vanksana-stham tato dahet || 48 ||

agnina marga-rodhartham maruto 'rdhendu-vakraya |
angusthasyopari snava pitam tantu-samam ca yat || 49 ||

utksipya sucya tat tiryag dahec chittva yato gadah |
tato 'nya-parsve 'nye tv ahur dahed vanamikanguleh || 50 ||

gulme 'nyair vata-kapha-je plihni cayam vidhih smrtah |
kanisthikanamikayor visvacyam ca yato gadah || 51 ||
mulam bilva-kapitthayoh aralukasyagner brhatyor dvayoh || 51+1a
||syama-puti-karañja-sigruka-taror visvausadharuskaram || 51+1b
||krsna-granthika-vella-pañca-lavana-ksarajamodanvitam ||
51+1c ||pitam kañjika-toya-...-mathitais curni-krtam vardhma-jit
|| 51+1d ||
ajaji-kustha-gomeda-hapusa-badarani ca |
aranalena lepah syad vardhma-jit param ausadham || 51+2 ||

avi-ksirena godhuma-curnam kandurukasya ca |
pralepanam sukhosnam syad vardhma-jit param ausadham || 51+3 ||

mrta-matre tu vai kake visastena pralepayet |
muhurtam vardhma medhavi tat-ksanad a-rujo bhavet || 51+4 ||

cikitsasthana
gulmam baddha-sakrd-vatam vatikam tivra-vedanam |
ruksa-sitodbhavam tailaih sadhayed vata-rogikaih || 1 ||

panannanvasanabhyangaih snigdhasya svedam acaret |

anaha-vedana-stambha-vibandhesu visesatah || 2 ||

srotasam mardavam krtva jitva marutam ulbanam |
bhittva vibandham snigdhasya svedo gulmam apohati || 3 ||

sneha-panam hitam gulme visesenordhva-nabhi-je |
pakvasaya-gate vastir ubhayam jatharasraye || 4 ||

dipte 'gnau vatike gulme vibandhe 'nila-varcasoh |
brmhanany anna-panani snigdhosnani pradapayet || 5 ||

punah punah sneha-panam niruhah sanuvasanah |
prayojya vata-je gulme kapha-pittanuraksinah || 6 ||

14.6dv kapha-pittanuraksina
vasti-karma param vidyad gulma-ghnam tad dhi marutam |
sva-sthane prathamam jitva sadyo gulmam apohati || 7 ||

tasmad abhiksna-so gulma niruhaih sanuvasanaih |
prayujyamanaih samyanti vata-pitta-kaphatmakah || 8 ||

hingu-sauvarcala-vyosa-vida-dadima-dipyakaih |
puskarajaji-dhanyamla-vetasa-ksara-citrakaih || 9 ||

sathi-vacajagandhaila-surasair dadhi-samyutaih |
sulanaha-haram sarpih sadhayed vata-gulminam || 10 ||

hapusosana-prthvika-pañca-kolaka-dipyakaih |
sajaji-saindhavair dadhna dugdhena ca rasena ca || 11 ||

dadiman mulakat kolat pacet sarpir nihanti tat |
vata-gulmodaranaha-parsva-hrt-kostha-vedanah || 12 ||

yony-arso-grahani-dosa-kasa-svasa-ruci-jvaran |
dasa-mulam balam kalam susavim dvau punarnavau || 13 ||

14.13cv dasa-mulam balam kalim
pauskarairanda-rasnasvagandha-bhargy-amrta-sathih |
paced gandha-palasam ca drone 'pam dvi-palonmitam || 14 ||

yavaih kolaih kulatthais ca masais ca prasthikaih saha |
kvathe 'smin dadhi-patre ca ghrta-prastham vipacayet || 15 ||

sva-rasair dadimamrata-matulungodbhavair yutam |
tatha tusambu-dhanyamla-suktaih slaksnais ca kalkitaih || 16 ||

bhargi-tumburu-sadgrantha-granthi-rasnagni-dhanyakaih |
yavanaka-yavany-amla-vetasasita-jirakaih || 17 ||

ajaji-hingu-hapusa-karavi-vrsakosakaih |
nikumbha-kumbha-murvebha-pippali-vella-dadimaih || 18 ||

svadamstra-trapusairvaru-bija-himsrasmabhedakaih |
misi-dvi-ksara-surasa-sariva-nilini-phalaih || 19 ||

tri-katu-tri-patupetair dadhikam tad vyapohati |
rogan asu-taran purvan kastan api ca silitam || 20 ||

apasmara-gadonmada-mutraghatanilamayan |
try-usana-tri-phala-dhanya-cavika-vella-citrakaih || 21 ||

14.21av apasmara-garonmada-
kalki-krtair ghrtam pakvam sa-ksiram vata-gulma-nut |
tulam lasuna-kandanam prthak pañca-palamsakam || 22 ||

pañca-mulam mahac cambu-bharardhe tad vipacayet |
pada-sesam tad-ardhena dadima-sva-rasam suram || 23 ||

dhanyamlam dadhi cadaya pistams cardha-palamsakan |
try-usana-tri-phala-hingu-yavani-cavya-dipyakan || 24 ||

samla-vetasa-sindhuttha-devadarun paced ghrtat |
taih prastham tat param sarva-vata-gulma-vikara-jit || 25 ||

14.25av samla-vetasa-sindhuttham 14.25bv devadaru paced ghrtat
sat-palam va pibet sarpir yad uktam raja-yaksmani |
prasannaya va ksirarthah suraya dadimena va || 26 ||

ghrte maruta-gulma-ghnah karyo dadhnah sarena va |
vata-gulme kapho vrddho hatvagnim a-rucim yadi || 27 ||

hrl-lasam gauravam tandram janayed ullikhet tu tam |
sulanaha-vibandhesu jñatva sa-sneham asayam || 28 ||

niryuha-curna-vatakah prayojya ghrta-bhesajaih |
kola-dadima-gharmambu-takra-madyamla-kañjikaih || 29 ||

mandena va pibet pratas curnany annasya va purah |
curnani matulungasya bhavitany a-sakrd rase || 30 ||
kurvita karmuka-taran vatakan kapha-vatayoh || 31ab
||hingu-vaca-vijaya-pasugandha-dadima-dipyaka-dhanyaka-pathah
|| 31cd
||puskara-mula-sathi-hapusagni-ksara-yuga-tri-patu-tri-katuni
|| 31ef ||
sajaji-cavyam saha-tintidikam sa-vetasamlam vinihanti curnam |
hrt-parsva-vasti-trika-yoni-payu-sulani vayv-ama-kaphodbhavani || 32
||

krcchran gulman vata-vin-mutra-sangam kanthe bandham
hrd-graham pandu-rogam |
anna-sraddha-pliha-dur-nama-hidhma-vardhmadhmana-svasa-kasagni-sad
an || 33 ||

lavana-yavani-dipyaka-kana-nagaram uttarottaram vrddham |
sarva-samamsa-haritaki- curnam vaisvanarah saksat || 34 ||

14.34cv sarva-samamsam haritaki- 14.34cv sarva-samamsa vijaya-
14.34dv

curno vaisvanarah saksat
tri-katukam ajamoda saindhavam jirake dve || 35a ||
sama-dharana-ghrtanam astamo hingu-bhagah || 35b
||prathama-kavada-bhojyah sarpisa samprayukto || 35c ||
14.35cv prathama-kavada-bhojyah sarpisa curnako 'yam janayati
jatharagnim vata-gulmam nihanti || 35d ||

14.35dv janayati bhrsam agnim vata-gulmam nihanti
hingugra-vida-sunthy-ajaji-vijaya-vatyabhidhanamayais ||
36a ||
curnah kumbha-nikumbha-mula-sahitair bhagottaram vardhitaih || 36b
||pitah kosna-jalena kostha-ja-rujo gulmodaradin ayam || 36c
||sardulah prasabham pramathya harati vyadhin mrgaughan iva || 36d
||sindhuttha-pathya-kana-dipyakanam || 37a ||curnani toyaih
pibatam kavosnaih || 37b ||prayati nasam kapha-vata-janma ||
37c ||naraca-nirbhinna ivamayaughah || 37d
||putika-pattra-gaja-cirbhata-cavya-vahni- || 38a ||-vyosam ca
samstara-citam lavanopadhanam || 38b ||dagdhva vicurnya
dadhi-mastu-yutam prayojyam || 38c
||gulmodara-svayathu-pandu-gudodbhavesu || 38d ||
14.38dv gulmodara-svayathu-pandu-gadodbhavesu hingu-tri-gunam
saindhavam asmat tri-gunam ca tailam airandam || 39ab ||

tat tri-guna-lasuna-rasam gulmodara-vardhma-sula-ghnam |
matulunga-raso hingu dadimam vida-saindhavam || 40 ||

sura-mandena patavyam vata-gulma-rujapaham |
sunthyah karsam gudasya dvau dhautat krsna-tilat palam ||
41 ||

14.41bv vata-gulma-jvarapaham
khadann eka-tra samcurnya kosna-ksiranupo jayet |
vata-hrd-roga-gulmarso-yoni-sula-sakrd-grahan || 42 ||

pibed eranda-tailam tu vata-gulmi prasannaya |
slesmany anu-bale vayau pitte tu payasa saha || 43 ||

vivrddham yadi va pittam samtapam vata-gulminah |
kuryad virecaniyo 'sau sa-snehair anulomikaih || 44 ||

tapanuvrttav evam ca raktam tasyavasecayet |
sadhayec chuddha-suskasya lasunasya catuh-palam || 45 ||

ksirodake 'sta-gunite ksira-sesam ca pacayet |
vata-gulmam udavartam grdhrasim visama-jvaram || 46 ||

hrd-rogam vidradhim sosam sadhayaty asu tat payah |
tailam prasanna go-mutram aranalam yavagra-jah || 47 ||

14.47bv nasayaty asu tat payah
gulmam jatharam anaham pitam eka-tra sadhayet |
citraka-granthikairanda-sunthi-kvathah param hitah || 48 ||

sulanaha-vibandhesu sa-hingu-vida-saindhavaih |
puskarairandayor mulam yava-dhanvayavasakam || 49 ||

jalena kvathitam pitam kostha-daha-rujapaham |
vatyahvairanda-darbhanam mulam daru mahausadham || 50 ||

pitam nihkvathya toyena kostha-prsthamsa-sula-jit |
sila-jam payasan-alpa-pañca-mula-srtena va || 51 ||

14.51bv kostha-prsty-amsa-sula-jit
vata-gulmi pibed vatyam udavarte tu bhojayet |
snigdham paippalikair yusair mulakanam rasena va || 52 ||

baddha-vin-maruto 'sniyat ksirenosnena yavakam |
kulmasan va bahu-snehan bhaksayel lavanottaran || 53 ||

nilini-trivrta-danti-pathya-kampillakaih saha |
sa-malaya ghrtam deyam sa-vida-ksara-nagaram || 54 ||

nilinim tri-phalam rasnam balam katuka-rohinim |
paced vidangam vyaghrim ca palikani jaladhake || 55 ||

rase 'sta-bhaga-sese tu ghrta-prastham vipacayet |
dadhnah prasthena samyojya sudha-ksira-palena ca || 56 ||

tato ghrta-palam dadyad yavagu-manda-misritam |
jirne samyag-viriktam ca bhojayed rasa-bhojanam || 57 ||

gulma-kusthodara-vyanga-sopha-pandv-amaya-jvaran |
svitram plihanam unmadam hanty etan nilini-ghrtam || 58 ||

kukkutas ca mayuras ca tittiri-krauñca-vartakah |
salayo madira sarpir vata-gulma-cikitsitam || 59 ||

mitam usnam dravam snigdham bhojanam vata-gulminam |
sa-manda varuni panam taptam va dhanyakair jalam || 60 ||

snigdhosnenodite gulme paittike sramsanam hitam |
draksabhaya-guda-rasam kampillam va madhu-drutam || 61 ||

14.61dv kampillam va madhu-dravam
kalpoktam rakta-pittoktam gulme ruksosna-je punah |
param samsamanam sarpis tiktam vasa-ghrtam srtam || 62 ||

trnakhya-pañcaka-kvathe jivaniya-ganena va |
srtam tenaiva va ksiram nyagrodhadi-ganena va || 63 ||

tatrapi sramsanam yuñjyac chighram atyayike bhisak |
vairecanika-siddhena sarpisa payasapi va || 64 ||

rasenamalakeksunam ghrta-prastham vipacayet |
pathya-padam pibet sarpis tat siddham pitta-gulma-nut || 65 ||

pibed va tailvakam sarpir yac coktam pitta-vidradhau |
draksam payasyam madhukam candanam padmakam madhu || 66 ||

pibet tandula-toyena pitta-gulmopasantaye |
dvi-palam trayamanaya jala-dvi-prastha-sadhitam || 67 ||

asta-bhaga-sthitam putam kosnam ksira-samam pibet |
pibed upari tasyosnam ksiram eva yatha-balam || 68 ||

tena nirhrta-dosasya gulmah samyati paittikah |
dahe 'bhyango ghrtaih sitaih sajyair lepo himausadhaih || 69 ||

sparsah saro-ruham pattraih patrais ca pracalaj-jalaih |
vidaha-purva-rupesu sule vahnes ca mardave || 70 ||

bahu-so 'pahared raktam pitta-gulme visesatah |
chinna-mula vidahyante na gulma yanti ca ksayam || 71 ||

raktam hi vy-amla-tam yati tac ca nasti na casti ruk |
hrta-dosam parimlanam jangalais tarpitam rasaih || 72 ||

samasvastam sa-sesartim sarpir abhyasayet punah |
rakta-pittati-vrddha-tvat kriyam an-upalabhya va || 73 ||

gulme pakon-mukhe sarva pitta-vidradhi-vat kriya |
salir gavyaja-payasi patoli jangalam ghrtam || 74 ||

dhatri parusakam draksa kharjuram dadimam sita |
bhojyam pane 'mbu balaya brhaty-adyais ca sadhitam || 75 ||

slesma-je vamayet purvam a-vamyam upavasayet |
tiktosna-katu-samsargya vahnim samdhuksayet tatah || 76 ||

14.76av kapha-je vamayet purvam
hingv-adibhis ca dvi-guna-ksara-hingv-amla-vetasaih |
nigudham yadi vonnaddham stimitam kathinam sthiram || 77 ||

anahadi-yutam gulmam samsvedya vinayed anu |
ghrtam sa-ksara-katukam patavyam kapha-gulminam || 78 ||

14.78bv samsodhya vinayed anu
sa-vyosa-ksara-lavanam sa-hingu-vida-dadimam |
kapha-gulmam jayaty asu dasa-mula-srtam ghrtam || 79 ||

bhallatakanam dvi-palam pañca-mulam palonmitam |
alpam toyadhake sadhyam pada-sesena tena ca || 80 ||

tulyam ghrtam tulya-payo vipaced aksa-sammitaih |
vidanga-hingu-sindhuttha-yava-suka-sathi-vidaih || 81 ||

sa-dvipi-rasna-yasty-ahva-sadgrantha-kana-nagaraih |
etad bhallataka-ghrtam kapha-gulma-haram param || 82 ||

pliha-pandv-amaya-svasa-grahani-roga-kasa-jit |
tato 'sya gulme dehe ca samaste svedam acaret || 83 ||

14.83bv -grahani-roga-kasa-nut
sarva-tra gulme prathamam sneha-svedopapadite |

ya kriya kriyate yati sa siddhim na viruksite || 84 ||

snigdha-svinna-sarirasya gulme saithilyam agate |
yathoktam ghatikam nyasyed grhite 'panayec ca tam || 85 ||

vastrantaram tatah krtva bhindyad gulmam pramana-vit |
vi-margaja-padadarsair yatha-labham prapidayet || 86 ||

pramrjyad gulmam evaikam na tv antra-hrdayam sprset |
tilairandatasi-bija-sarsapaih parilipya ca || 87 ||

14.87dv -sarsapaih parilipya va
slesma-gulmam ayah-patraih sukhosnaih svedayet tatah |
evam ca visrtam sthanat kapha-gulmam virecanaih || 88 ||

sa-snehair vastibhis cainam sodhayed dasamulikaih |
pippaly-amalaka-draksa-syamadyaih palikaih pacet || 89 ||

eranda-taila-havisoh prasthau payasi sad-gune |
siddho 'yam misrakah sneho gulminam sramsanam hitam || 90 ||

vrddhi-vidradhi-sulesu vata-vyadhisu camrtam |
pibed va nilini-sarpir matraya dvi-palinaya || 91 ||

14.91dv matraya dvi-palikaya
tathaiva su-kumarakhyam ghrtany audarikani va |
drone 'mbhasah paced dantyah palanam pañca-vimsatim || 92 ||

citrakasya tatha pathyas tavatis tad-rase srute |
dvi-prasthe sadhayet pute ksiped danti-samam gudam || 93 ||

14.93bv tavatis tad-rase srte
tailat palani catvari trivrtayas ca curnatah |
kana-karsau tatha sunthyah siddhe lehe tu sitale || 94 ||

madhu taila-samam dadyac catur-jatac caturthikam |
ato haritakim ekam savaleha-palam adan || 95 ||

sukham viricyate snigdho dosa-prastham an-amayah |
gulma-hrd-roga-dur-nama-sophanaha-garodaran || 96 ||

kusthotklesa-ruci-pliha-grahani-visama-jvaran |
ghnanti danti-haritakyah pandu-tam ca sa-kamalam || 97 ||

14.97dv pandu-tam ca sa-kamalan
sudha-ksira-dravam curnam tri-vrtayah su-bhavitam |
karsikam madhu-sarpirbhyam lidhva sadhu viricyate || 98 ||

kustha-syama-trivrd-danti-vijaya-ksara-guggulun |
go-mutrena pibed ekam tena guggulum eva va || 99 ||

niruhan kalpa-siddhy-uktan yojayed gulma-nasanan |
krta-mulam maha-vastum kathinam stimitam gurum || 100 ||

gudha-mamsam jayed gulmam ksararistagni-karmabhih |

ekantaram dvy-antaram va visramayyatha-va try-aham || 101 ||

sarira-dosa-balayor vardhana-ksapanodyatah |
arso-'smari-grahany-uktah ksara yojyah kapholbane || 102 ||

devadaru-trivrd-danti-katuka-pañca-kolakam |
svarjika-yava-sukakhyau srestha-pathopakuñcikah || 103 ||

kustham sarpasugandham ca dvy-aksamsam patu-pañcakam |
palikam curnitam taila-vasa-dadhi-ghrtaplutam || 104 ||

ghatasyantah pacet pakvam agni-varne ghate ca tam |
ksaram grhitva ksirajya-takra-madyadibhih pibet || 105 ||

gulmodavarta-vardhmarso-jathara-grahani-krmin |
apasmara-garonmada-yoni-sukramayasmarih || 106 ||

ksara-gado 'yam samayed visam cakhu-bhujanga-jam |
slesmanam madhuram snigdham rasa-ksira-ghrtasinah || 107
||

chittva bhittvasayat ksarah ksara-tvat ksarayaty adhah |
mande 'gnav a-rucau satmyair madyaih sa-sneham asnatam || 108 ||

14.108av chittva chittvasayat ksarah 14.108av chittva
bhittvasayam ksarah
14.108bv ksara-tvat patayaty adhah
yojayed asavaristan nigadan marga-suddhaye |
salayah sastika jirnah kulattha jangalam palam || 109 ||

ciribilvagni-tarkari-yavani-varunankurah |
sigrus taruna-bilvani balam suskam ca mulakam || 110 ||

14.110cv sigros taruna-mulani
bijapuraka-hingv-amla-vetasa-ksara-dadimam |
vyosam takram ghrtam tailam bhaktam panam tu varuni || 111
||

dhanyamlam mastu takram ca yavani-vida-curnitam |
pañca-mula-srtam vari jirnam mardvikam eva va || 112 ||

pippali-pippali-mula-citrakajaji-saindhavaih |
sura gulmam jayaty asu jagalas ca vimisritah || 113 ||

14.113dv jangalas ca vimisritah
vamanair langhanaih svedaih sarpih-panair virecanaih |
vasti-ksarasavarista-gutika-pathya-bhojanaih || 114 ||

14.114cv vasti-ksarasavaristair 14.114dv -gulmika-pathya-bhojanaih
14.114dv
gaulmikaih pathya-bhojanaih
slaismiko baddha-mula-tvad yadi gulmo na samyati |
tasya daham hrte rakte kuryad ante saradibhih || 115 ||

atha gulmam sa-pary-antam vasasantaritam bhisak |
nabhi-vasty-antra-hrdayam roma-rajim ca varjayan || 116 ||

nati-gadham parimrsec charena jvalatatha-va |
lohenaranikotthena daruna taindukena va || 117 ||

tato 'gni-vege samite sitair vrana iva kriya |
amanvaye tu peyadyaih samdhuksyagnim vilanghite || 118 ||

svam svam kuryat kramam misram misra-dose ca kala-vit |
gata-prasava-kalayai naryai gulme 'sra-sambhave || 119 ||

snigdha-svinna-sarirayai dadyat sneha-virecanam |
tila-kvathe ghrta-guda-vyosa-bhargi-rajo-'nvitah || 120 ||

panam rakta-bhave gulme naste puspe ca yositah |
bhargi-krsna-karañja-tvag-granthikamaradaru-jam || 121 ||

curnam tilanam kvathena pitam gulma-rujapaham |
palasa-ksara-patre dve dve patre taila-sarpisoh || 122 ||

gulma-saithilya-jananim paktva matram prayojayet |
na prabhidyeta yady evam dadyad yoni-virecanam || 123 ||

ksarena yuktam palalam sudha-ksirena va tatah |
tabhyam va bhavitan dadyad yonau katuka-matsyakan || 124 ||

varaha-matsya-pittabhyam naktakan va su-bhavitan |
kinvam va sa-guda-ksaram dadyad yonau visuddhaye || 125 ||

rakta-pitta-haram ksaram lehayen madhu-sarpisa |
lasunam madiram tiksnam matsyams casyai prayojayet || 126 ||

vastim sa-ksira-go-mutram sa-ksaram dasamulikam |
a-vartamane rudhire hitam gulma-prabhedanam || 127 ||

14.127av vastim sa-ksaudra-go-mutram
yamakabhyakta-dehayah pravrtte samupeksanam |
rasaudanas tathaharah panam ca taruni sura || 128 ||

rudhire 'ti-pravrtte tu rakta-pitta-harah kriyah |
karya vata-rug-artayah sarva vata-harah punah || 129 ||
anahadav udavarta-balasa-ghnyo yatha-yatham || 129uab ||
cikitsasthana
dosati-matropacayat sroto-marga-nirodhanat |
sambhavaty udaram tasman nityam enam virecayet || 1 ||

15.1bv sroto-marga-vighatanat
payayet tailam airandam sa-mutram sa-payo 'pi va |
masam dvau vatha-va gavyam mutram mahisam eva va || 2 ||

15.2cv masam dvau va tatha gavyam
pibed go-ksira-bhuk syad va karabhi-ksira-vartanah |
dahanahati-trn-murcha-paritas tu visesatah || 3 ||

ruksanam bahu-vatanam dosa-samsuddhi-kanksinam |
snehaniyani sarpimsi jathara-ghnani yojayet || 4 ||

sat-palam dasa-mulambu-mastu-dvy-adhaka-sadhitam |
nagara-tri-palam prastham ghrta-tailat tathadhakam || 5 ||

15.5cv nagaram tri-palam prastham
mastunah sadhayitvaitat pibet sarvodarapaham |
kapha-maruta-sambhute gulme ca paramam hitam || 6 ||

catur-gune jale mutre dvi-gune citrakat pale |
kalke siddham ghrta-prastham sa-ksaram jathari pibet || 7 ||

yava-kola-kulatthanam pañca-mulasya cambhasa |
sura-sauvirakabhyam ca siddham va payayed ghrtam || 8 ||

ebhih snigdhaya samjate bale sante ca marute |
sraste dosasaye dadyat kalpa-drstam virecanam || 9 ||

patola-mulam tri-phalam nisam vellam ca karsikam |
kampilla-nilini-kumbha-bhagan dvi-tri-catur-gunan || 10 ||

pibet samcurnya mutrena peya-purvam tato rasaih |
virikto jangalair adyat tatah sad-divasam payah || 11 ||

srtam pibed vyosa-yutam pitam evam punah punah |
hanti sarvodarany etac curnam jatodakany api || 12 ||

gavaksim sankhinim dantim tilvakasya tvacam vacam |
pibet karkandhu-mrdvika-kolambho-mutra-sidhubhih || 13 ||

yavani hapusa dhanyam satapuspopakuñcika |
karavi pippali-mulam ajagandha sathi vaca || 14 ||

citrako 'jajikam vyosam svarnaksiri phala-trayam |
dvau ksarau pauskaram mulam kustham lavana-pañcakam || 15 ||

vidangam ca samamsani dantya bhaga-trayam tatha |
trivrd-visale dvi-gune satala ca catur-guna || 16 ||

esa narayano nama curno roga-ganapahah |
nainam prapyabhivardhante roga visnum ivasurah || 17 ||

15.17cv nainam prapyativartante
takrenodaribhih peyo gulmibhir badarambuna |
anaha-vate suraya vata-roge prasannaya || 18 ||

dadhi-mandena vit-sange dadimambhobhir arsasaih |
parikarte sa-vrksamlair usnambubhir a-jirnake || 19 ||

bhagandare pandu-roge kase svase gala-grahe |
hrd-roge grahani-dose kusthe mande 'nale jvare || 20 ||

damstra-vise mula-vise sa-gare krtrime dose |
yatharham snigdha-kosthena peyam etad virecanam || 21 ||

hapusam kañcanaksirim tri-phalam nilini-phalam |
trayantim rohinim tiktam satalam trivrtam vacam || 22 ||

saindhavam kala-lavanam pippalim ceti curnayet |
dadima-tri-phala-mamsa-rasa-mutra-sukhodakaih || 23 ||

peyo 'yam sarva-gulmesu plihni sarvodaresu ca |
svitre kusthesv a-jarake sadane visame 'nale || 24 ||

sopharsah-pandu-rogesu kamalayam halimake |
vata-pitta-kaphams casu virekena prasadhayet || 25 ||

nilinim niculam vyosam ksarau lavana-pañcakam |
citrakam ca pibec curnam sarpisodara-gulma-nut || 26 ||

purva-vac ca pibed dugdham ksamah suddho 'ntarantara |
karabham gavyam ajam va dadyad atyayike gade || 27 ||

snehan eva virekarthe dur-balebhyo visesatah |
haritaki-suksma-rajah-prastha-yuktam ghrtadhakam || 28 ||

15.28av sneham eva virekarthe
agnau vilapya mathitam khajena yava-pallake |
nidhapayet tato masad uddhrtam galitam pacet || 29 ||

haritakinam kvathena dadhna camlena samyutam |
udaram garam asthilam anaham gulma-vidradhi || 30 ||

hanty etat kustham unmadam apasmaram ca panatah |
snuk-ksira-yuktad go-ksirac chrta-sitat khajahatat || 31 ||

yaj jatam ajyam snuk-ksira-siddham tac ca tatha-gunam |
ksira-dronam sudha-ksira-prasthardha-sahitam dadhi || 32 ||

15.32dv -prasthardhena yutam dadhi
jatam mathitva tat-sarpis trivrt-siddham ca tad-gunam |
tatha siddham ghrta-prastham payasy asta-gune pibet || 33 ||

15.33dv payasy asta-gune pacet
snuk-ksira-pala-kalkena trivrta-sat-palena ca |
esam canu pibet peyam rasam svadu payo 'tha-va || 34 ||

ghrte jirne viriktas ca kosnam nagara-sadhitam |
pibed ambu tatah peyam tato yusam kulattha-jam || 35 ||

pibed ruksas try-aham tv evam bhuyo va pratibhojitah |
punah punah pibet sarpir anupurvyanayaiva ca || 36 ||

ghrtany etani siddhani vidadhyat kusalo bhisak |
gulmanam gara-dosanam udaranam ca santaye || 37 ||

pilu-kalkopasiddham va ghrtam anaha-bhedanam |
tailvakam nilini-sarpih sneham va misrakam pibet || 38 ||

hrta-dosah kramad asnan laghu-saly-odana-prati |

upayuñjita jathari dosa-sosa-nivrttaye || 39 ||

haritaki-sahasram va go-mutrena payo-'nupah |
sahasram pippalinam va snuk-ksirena su-bhavitam || 40 ||

pippali-vardhamanam va ksirasi va sila-jatu |
tad-vad va guggulum ksiram tulyardraka-rasam tatha || 41 ||

15.41av pippalim vardhamanam va
citrakamaradarubhyam kalkam ksirena va pibet |
masam yuktas tatha hasti-pippali-visva-bhesajam || 42 ||

vidangam citrako danti cavyam vyosam ca taih payah |
kalkaih kola-samaih pitva pravrddham udaram jayet || 43 ||

bhojyam bhuñjita va masam snuhi-ksira-ghrtanvitam |
utkarikam va snuk-ksira-pita-pathya-kana-krtam || 44 ||

parsva-sulam upastambham hrd-graham ca samiranah |
yadi kuryat tatas tailam bilva-ksaranvitam pibet || 45 ||

pakvam va tuntuka-bala-palasa-tila-nala-jaih |
ksaraih kadaly-apamarga-tarkari-jaih prthak-krtaih || 46 ||

kaphe vatena pitte va tabhyam vapy avrte 'nile |
balinah svausadha-yutam tailam eranda-jam hitam || 47 ||

devadaru-palasarka-hasti-pippali-sigrukaih |
sasvakarnaih sa-go-mutraih pradihyad udaram bahih || 48 ||

vrscikali-vaca-sunthi-pañca-mula-punarnavat |
varsabhu-dhanya-kusthac ca kvathair mutrais ca secayet || 49 ||

virikta-mlanam udaram sveditam salvanadibhih |
vasasa vestayed evam vayur nadhmapayet punah || 50 ||

15.50bv sveditam salvaladibhih
su-viriktasya yasya syad adhmanam punar eva tam |
su-snigdhair amla-lavanair niruhaih samupacaret || 51 ||

sopastambho 'pi va vayur adhmapayati yam naram |
tiksnah sa-ksara-go-mutrah sasyante tasya vastayah || 52 ||

iti samanyatah proktah siddha jatharinam kriyah |
vatodare 'tha balinam vidary-adi-srtam ghrtam || 53 ||

15.53av iti samanyatah prokta 15.53bv siddha jatharinam kriya
payayeta tatah snigdham sveditangam virecayet |
bahu-sas tailvakenainam sarpisa misrakena va || 54 ||

krte samsarjane ksiram balartham avacarayet |
prag utklesan nivartyam ca bale labdhe kramat payah || 55 ||

15.55cv prag utklesan nivarteta
yusai rasair va mandamla-lavanair edhitanalam |

sodavartam punah snigdha-svinnam asthapayet tatah || 56 ||

tiksnadho-bhaga-yuktena dasa-mulika-vastina |
tilorubuka-tailena vata-ghnamla-srtena ca || 57 ||

15.57bv dasa-mulena vastina
sphuranaksepa-samdhy-asthi-parsva-prstha-trikartisu |
ruksam baddha-sakrd-vatam diptagnim anuvasayet || 58 ||

a-virecyasya samana vasti-ksira-ghrtadayah |
balinam svadu-siddhena paitte samsnehya sarpisa || 59 ||

syama-tribhandi-tri-phala-vipakvena virecayet |
sita-madhu-ghrtadhyena niruho 'sya tato hitah || 60 ||

nyagrodhadi-kasayena sneha-vastis ca tac-chrtah |
dur-balam tv anuvasyadau sodhayet ksira-vastibhih || 61 ||

jate cagni-bale snigdham bhuyo bhuyo virecayet |
ksirena sa-trivrt-kalkenorubuka-srtena va || 62 ||

15.62av jate tv agni-bale snigdham 15.62dv mnorubuka-srtena tam
satala-trayamanabhyam srtenaragvadhena va |
sa-kaphe va sa-mutrena sa-tiktajyena sanile || 63 ||

15.63av saptala-trayamanabhyam
payasanya-tamenaisam vidary-adi-srtena va |
bhuñjita jatharam casya payasenopanahayet || 64 ||

punah ksiram punar vastim punar eva virecanam |
kramena dhruvam atisthan yattah pittodaram jayet || 65 ||

15.65dv yatah pittodaram jayet
vatsakadi-vipakvena kaphe samsnehya sarpisa |
svinnam snuk-ksira-siddhena bala-vantam virecitam || 66 ||

samsarjayet katu-ksara-yuktair annaih kaphapahaih |
mutra-try-usana-tailadhyo niruho 'sya tato hitah || 67 ||

muskakadi-kasayena sneha-vastis ca tac-chrtah |
bhojanam vyosa-dugdhena kaulatthena rasena va || 68 ||

staimitya-ruci-hrl-lase mande 'gnau madya-paya ca |
dadyad aristan ksarams ca kapha-styana-sthirodare || 69 ||

15.69av staimitya-ruci-hrl-lasair 15.69dv kaphe styane sthirodare
hingupakulye tri-phalam devadaru nisa-dvayam |
bhallatakam sigru-phalam katukam tiktakam vacam || 70 ||

sunthim madrim ghanam kustham saralam patu-pañcakam |
dahayej jarjari-krtya dadhi-sneha-catuska-vat || 71 ||

antar-dhumam tatah ksarad bidala-padakam pibet |
madira-dadhi-mandosna-jalarista-surasavaih || 72 ||

15.72dv -jalarista-sudhasavaih
udaram gulmam asthilam tunyau sopham visucikam |
pliha-hrd-roga-guda-jan udavartam ca nasayet || 73 ||

jayed arista-go-mutra-curnayas-krti-panatah |
sa-ksara-taila-panais ca dur-balasya kaphodaram || 74 ||

upanahyam sa-siddhartha-kinvair bijais ca mulakat |
kalkitair udaram svedam abhiksnam catra yojayet || 75 ||

15.75cv kalkitair udara-svedam
samnipatodare kuryan nati-ksina-balanale |
dosodrekanurodhena pratyakhyaya kriyam imam || 76 ||

danti-dravanti-phala-jam tailam pane ca sasyate |
kriya-nivrtte jathare tri-dose tu visesatah || 77 ||

dadyad aprcchya taj-jñatin patum madyena kalkitam |
mulam kakadani-guñja-karaviraka-sambhavam || 78 ||

pana-bhojana-samyuktam dadyad va sthavaram visam |
yasmin va kupitah sarpo vimuñcati phale visam || 79 ||

tenasya dosa-samghatah sthiro lino vi-marga-gah |
bahih pravartate bhinno visenasu pramathina || 80 ||

tatha vrajaty a-gada-tam sarirantaram eva va |
hrta-dosam tu sitambu-snatam tam payayet payah || 81 ||

peyam va trivrtah sakam mandukya vastukasya va |
kala-sakam yavakhyam va khadet sva-rasa-sadhitam || 82 ||

nir-amla-lavana-sneham svinna-svinnam an-anna-bhuk |
masam ekam tatas caiva trsitah sva-rasam pibet || 83 ||

15.83cv masam ekam tatas caivam
evam vinirhrte sakair dose masat param tatah |
dur-balaya prayuñjita prana-bhrt karabham payah || 84 ||

plihodare yatha-dosam snigdhasya sveditasya ca |
siram bhukta-vato dadhna vama-bahau vimoksayet || 85 ||

labdhe bale ca bhuyo 'pi sneha-pitam visodhitam |
samudra-sukti-jam ksaram payasa payayet tatha || 86 ||

amla-srutam vida-kana-curnadhyam naktamala-jam |
saubhañjanasya va kvatham saindhavagni-kananvitam || 87 ||

hingv-adi-curnam ksarajyam yuñjita ca yatha-balam |
pippali-nagaram danti-samamsam dvi-gunabhayam || 88 ||

15.88dv -samamsam dvi-gunabhaya
vidardhamsa-yutam curnam idam usnambuna pibet |
vidangam citrakam saktun sa-ghrtan saindhavam vacam || 89 ||

dagdhva kapale payasa gulma-plihapaham pibet |
tailonmisrair badaraka-pattraih sammarditaih samupanaddhah || 90 ||

musalena pidito 'nu ca yati pliha payo-bhujo nasam |
rohitaka-latah klptah khanda-sah sabhaya jale || 91 ||

mutre vasunuyat tac ca sapta-ratra-sthitam pibet |
kamala-pliha-gulmarsah-krmi-mehodarapaham || 92 ||

15.92av mutre vasunuyat tat tu
rohitaka-tvacah krtva palanam pañca-vimsatim |
kola-dvi-prastha-samyuktam kasayam upakalpayet || 93 ||

palikaih pañca-kolais tu taih samastais ca tulyaya |
rohitaka-tvaca pistair ghrta-prastham vipacayet || 94 ||

plihabhivrddhim samayaty etad asu prayojitam |
kadalyas tila-nalanam ksarena ksurakasya ca || 95 ||

15.95av plihabhivrddhim samayed 15.95ac plihati-vrddhim samayaty
15.95dv
ksareneksurakasya ca
tailam pakvam jayet panat plihanam kapha-vata-jam |
a-santau gulma-vidhina yojayed agni-karma ca || 96 ||

a-prapta-piccha-salile plihni vata-kapholbane |
paittike jivaniyani sarpimsi ksira-vastayah || 97 ||

raktavasekah samsuddhih ksira-panam ca sasyate |
yakrti pliha-vat karma daksine tu bhuje siram || 98 ||

svinnaya baddhodarine mutra-tiksnausadhanvitam |
sa-taila-lavanam dadyan niruham sanuvasanam || 99 ||

parisramsini cannani tiksnam casmai virecanam |
udavarta-haram karma karyam yac canilapaham || 100 ||

chidrodaram rte svedac chlesmodara-vad acaret |
jatam jatam jalam sravyam evam tad yapayed bhisak || 101 ||

apam dosa-harany adau yojayed udakodare |
mutra-yuktani tiksnani vividha-ksara-vanti ca || 102 ||

dipaniyaih kapha-ghnais ca tam aharair upacaret |
ksaram chaga-karisanam srutam mutre 'gnina pacet || 103 ||

ghani-bhavati tasmims ca karsamsam curnitam ksipet |
pippali pippali-mulam sunthi lavana-pañcakam || 104 ||

nikumbha-kumbha-tri-phala-svarnaksiri-visanikah |
svarjika-ksara-sadgrantha-satala-yava-suka-jam || 105 ||

kolabha gutikah krtva tatah sauvirakaplutah |
pibed a-jarake sophe pravrddhe codakodare || 106 ||

15.106dv pravrddhe ca dakodare
ity ausadhair a-prasame trisu baddhodaradisu |
prayuñjita bhisak sastram arta-bandhu-nrparthitah || 107 ||

snigdha-svinna-tanor nabher adho baddha-ksatantrayoh |
patayed udaram muktva vamatas catur-angulat || 108 ||

catur-angula-manam tu niskasyantrani tena ca |
niriksyapanayed vala-mala-lepopaladikam || 109 ||

chidre tu salyam uddhrtya visodhyantra-parisravam |
markotair damsayec chidram tesu lagnesu caharet || 110 ||

15.110bv visodhyantram parisravam
kayam murdhno 'nu cantrani yatha-sthanam nivesayet |
aktani madhu-sarpirbhyam atha sivyed bahir vranam || 111 ||

15.111bv yatha-sthanam vivesayet
tatah krsna-mrdalipya badhniyad yasti-misraya |
nivata-sthah payo-vrttih sneha-dronyam vaset tatah || 112 ||

sa-jale jathare tailair abhyaktasyanilapahaih |
svinnasyosnambuna-kaksam udare patta-vestite || 113 ||

15.113dv udare parivestite
baddha-cchidrodita-sthane vidhyed angula-matrakam |
nidhaya tasmin nadim ca sravayed ardham ambhasah || 114 ||

athasya nadim akrsya tailena lavanena ca |
vranam abhyajya baddhva ca vestayed vasasodaram || 115 ||

trtiye 'hni caturthe va yavad a-so-dasam dinam |
tasya visramya visramya sravayed alpa-so jalam || 116 ||

15.116bv yavad va-dina-so-dasa
vivestayed gadha-taram jatharam vasasa slatham |
nihsrute langhitah peyam a-sneha-lavanam pibet || 117 ||

15.117bv jatharam ca slatha-slatham
syat ksira-vrttih san-masams trin peyam payasa pibet |
trims canyan payasaivadyat phalamlena rasena va || 118 ||

alpa-so '-sneha-lavanam jirnam syamaka-kodravam |
prayato vatsarenaivam vijayeta jalodaram || 119 ||

varjyesu yantrito diste naty-a-diste jitendriyah |
sarvam evodaram prayo dosa-samghata-jam yatah || 120 ||

ato vatadi-samani kriya sarva-tra sasyate |
vahnir manda-tvam ayati dosaih kuksau prapurite || 121 ||

15.121bv kriya sarva prasasyate
tasmad bhojyani bhojyani dipanani laghuni ca |
sa-pañca-mulany alpamla-patu-sneha-katuni ca || 122 ||

bhavitanam gavam mutre sastikanam ca tandulaih |
yavagum payasa siddham pra-kamam bhojayen naram || 123 ||

pibed iksu-rasam canu jatharanam nivrttaye |
svam svam sthanam vrajanty esam vata-pitta-kaphas tatha || 124
||

aty-arthosnamla-lavanam ruksam grahi himam guru |
gudam taila-krtam sakam vari panavagahayoh || 125 ||

15.125av aty-arthosnambu-lavanam
ayasadhva-diva-svapna-yanani ca parityajet |
naty-accha-sandra-madhuram takram pane prasasyate || 126 ||

sa-kana-lavanam vate pitte sosana-sarkaram |
yavani-saindhavajaji-madhu-vyosaih kaphodare || 127 ||

try-usana-ksara-lavanaih samyutam nicayodare |
madhu-taila-vaca-sunthi-satahva-kustha-saindhavaih || 128 ||

15.128cv madhu-taila-vara-sunthi- 15.128cv
madhu-taila-vasa-sunthi-
plihni baddhe tu hapusa-yavani-patv-ajajibhih |
sa-krsna-maksikam chidre vyosa-vat salilodare || 129 ||

gaurava-rocakanaha-manda-vahny-atisarinam |
takram vata-kaphartanam amrta-tvaya kalpate || 130 ||

prayoganam ca sarvesam anu ksiram prayojayet |
sthairya-krt sarva-dhatunam balyam dosanubandha-hrt || 131 ||
bhesajapacitanganam ksiram evamrtayate || 131uab ||
cikitsasthana
pandv-amayi pibet sarpir adau kalyanakahvayam |
pañca-gavyam maha-tiktam srtam varagvadhadina || 1 ||

16.1av pandu-rogi pibet sarpir
dadimat kudavo dhanyat kudavardham palam palam |
citrakac chrngaverac ca pippaly-ardha-palam ca taih || 2 ||

kalkitair vimsati-palam ghrtasya saliladhake |
siddham hrt-pandu-gulmarsah-pliha-vata-kapharti-nut || 3 ||

dipanam svasa-kasa-ghnam mudha-vatanulomanam |
duhkha-prasavininam ca vandhyanam ca prasasyate || 4 ||

snehitam vamayet tiksnaih punah snigdham ca sodhayet |
payasa mutra-yuktena bahu-sah kevalena va || 5 ||

danti-phala-rase kosne kasmaryañjalim asutam |
draksañjalim va mrditam tat pibet pandu-roga-jit || 6 ||

16.6av danti-pala-rase kosne
mutrena pistam pathyam va tat-siddham va phala-trayam |
svarnaksiri-trivrc-chyama-bhadradaru-mahausadham || 7 ||

go-mutrañjalina pistam srtam tenaiva va pibet |
sadhitam ksiram ebhir va pibed dosanulomanam || 8 ||

mutre sthitam va saptaham payasayo-rajah pibet |
jirne ksirena bhuñjita rasena madhurena va || 9 ||

suddhas cobhayato lihyat pathyam madhu-ghrta-drutam |
visala-katuka-musta-kustha-daru-kalingakah || 10 ||

16.10bv pathya madhu-ghrta-drutah 16.10cv visalam katukam
mustam 16.10dv
kustham daru-kalingakah
karsamsa dvi-picur murva karsardhamsa ghunapriya |
pitva tac curnam ambhobhih sukhair lihyat tato madhu || 11 ||

pandu-rogam jvaram daham kasam svasam a-rocakam |
gulmanahama-vatams ca rakta-pittam ca taj jayet || 12 ||

vasa-guduci-tri-phala-katvi-bhunimba-nimba-jah |
kvathah ksaudra-yuto hanti pandu-pittasra-kamalah || 13 ||

vyosagni-vella-tri-phala-mustais tulyam ayo-rajah |
curnitam takra-madhv-ajya-kosnambhobhih prayojitam || 14 ||

kamala-pandu-hrd-roga-kustharso-meha-nasanam |
guda-nagara-mandura-tilamsan manatah saman || 15 ||

pippali-dvi-gunan dadyad gutikam pandu-rogine |
tapyam darvyas tvacam cavyam granthikam devadaru ca || 16 ||

vyosadi-navakam caitac curnayed dvi-gunam tatah |
manduram cañjana-nibham sarvato 'sta-gune 'tha tat || 17 ||

16.17av vyosadi-navakam ceti
prthag vipakve go-mutre vataki-karana-ksame |
praksipya vatakan kuryat tan khadet takra-bhojanah || 18 ||

ete mandura-vatakah prana-dah pandu-roginam |
kusthany a-jarakam sopham uru-stambham a-rocakam || 19 ||

arsamsi kamalam mehan plihanam samayanti ca |
tapyadri-jatu-raupyayo-malah pañca-palah prthak || 20 ||

citraka-tri-phala-vyosa-vidangaih palikaih saha |
sarkarasta-palonmisras curnita madhuna drutah || 21 ||

16.21dv curnita madhuna yutah 16.21dv curnitah sa-madhu-drutah
pandu-rogam visam kasam yaksmanam visamam jvaram |
kusthany a-jarakam meham sopham svasam a-rocakam || 22 ||

visesad dhanty apasmaram kamalam guda-jani ca |
kautaja-tri-phala-nimba-patola-ghana-nagaraih || 23 ||

bhavitani dasahani rasair dvi-tri-gunani va |
sila-jatu-palany astau tavati sita-sarkara || 24 ||

tvakksiri-pippali-dhatri-karkatakhyah palonmitah |
nidigdhyah phala-mulabhyam palam yuktya tri-jatakam || 25 ||

16.25cv nidigdha-phala-mulabhyam
madhu-tri-pala-samyuktan kuryad aksa-saman gudan |
dadimambu-payah-paksi-rasa-toya-surasavan || 26 ||

16.26av madhu-tri-pala-samyuktam
tan bhaksayitvanupiben nir-anno bhukta eva va |
pandu-kustha-jvara-pliha-tamakarso-bhagandaram || 27 ||

hrn-mutra-puti-sukragni-dosa-sosa-garodaram |
kasasrg-dara-pittasrk-sopha-gulma-galamayan || 28 ||

meha-vardhma-bhraman hanyuh sarva-dosa-harah sivah |
draksa-prastham kana-prastham sarkarardha-tulam tatha || 29 ||

dvi-palam madhukam sunthim tvakksirim ca vicurnitam |
dhatri-phala-rasa-drone tat ksiptva leha-vat pacet || 30 ||

sitan madhu-prastha-yutad lihyat pani-talam tatah |
halimakam pandu-rogam kamalam ca niyacchati || 31 ||

kaniyah-pañca-mulambu sasyate pana-bhojane |
pandunam kamalartanam mrdvikamalakad rasah || 32 ||

iti samanyatah proktam pandu-roge bhisag-jitam |
vikalpya yojyam vidusa prthag dosa-balam prati || 33 ||

16.33bv pandu-roga-bhisag-jitam
sneha-prayam pavana-je tikta-sitam tu paittike |
slaismike katu-ruksosnam vimisram samnipatike || 34 ||

16.34cv slaismike katu-tiksnosnam 16.34dv vimisram
samnipata-je
mrdam niryapayet kayat tiksnaih samsodhanaih purah |
baladhanani sarpimsi suddhe kosthe tu yojayet || 35 ||

16.35av mrdam nirvapayet kayat 16.35dv suddhe kosthe niyojayet
vyosa-bilva-dvi-rajani-tri-phala-dvi-punarnavam |
mustany ayo-rajah patha vidangam devadaru ca || 36 ||

vrscikali ca bhargi ca sa-ksirais taih srtam ghrtam |
sarvan prasamayaty asu vikaran mrttika-krtan || 37 ||

tad-vat kesara-yasty-ahva-pippali-ksira-sadvalaih |
mrd-dvesanaya tal-laulye vitared bhavitam mrdam || 38 ||

vellagni-nimba-prasavaih pathaya murvayatha-va |
mrd-bheda-bhinna-dosanugamad yojyam ca bhesajam || 39 ||

kamalayam tu pitta-ghnam pandu-roga-virodhi yat |
pathya-sata-rase pathya-vrntardha-sata-kalkitah || 40 ||

prasthah siddho ghrtad gulma-kamala-pandu-roga-nut |

aragvadham raseneksor vidary-amalakasya va || 41 ||

sa-try-usanam bilva-matram payayet kamalapaham |
piben nikumbha-kalkam va dvi-gudam sita-varina || 42 ||

16.42dv dvi-gunam sita-varina
kumbhasya curnam sa-ksaudram traiphalena rasena va |
tri-phalaya guducya va darvya nimbasya va rasam || 43 ||

pratah pratar madhu-yutam kamalartaya yojayet |
nisa-gairika-dhatribhih kamalapaham añjanam || 44 ||

16.44cv sila-gairika-dhatribhih
tila-pista-nibham yas tu kamala-van srjen malam |
kapha-ruddha-patham tasya pittam kapha-harair jayet || 45 ||

ruksa-sita-guru-svadu-vyayama-bala-nigrahaih |
kapha-sammurchito vayur yada pittam bahih ksipet || 46 ||

haridra-netra-mutra-tvak sveta-varcas tada narah |
bhavet satopa-vistambho guruna hrdayena ca || 47 ||

daurbalyalpagni-parsvarti-hidhma-svasa-ruci-jvaraih |
kramenalpe 'nusajyeta pitte sakha-samasrite || 48 ||

rasais tam ruksa-katv-amlaih sikhi-tittiri-daksa-jaih |
suska-mulaka-jair yusaih kulatthotthais ca bhojayet || 49 ||

bhrsamla-tiksna-katuka-lavanosnam ca sasyate |
sa-bijapuraka-rasam lihyad vyosam tathasayam || 50 ||

svam pittam eti tenasya sakrd apy anurajyate |
vayus ca yati prasamam sahatopady-upadravaih || 51 ||

nivrttopadravasyasya karyah kamaliko vidhih |
go-mutrena pibet kumbha-kamalayam sila-jatu || 52 ||

masam maksika-dhatum va kittam vatha hiranya-jam |
guduci-sva-rasa-ksira-sadhitena halimaki || 53 ||

mahisi-havisa snigdhah pibed dhatri-rasena tu |
trivrtam tad-virikto 'dyat svadu pittanilapaham || 54 ||

draksa-leham ca purvoktam sarpimsi madhurani ca |
yapanan ksira-vastims ca silayet sanuvasanan || 55 ||

mardvikarista-yogams ca pibed yuktyagni-vrddhaye |
kasikam cabhaya-leham pippalim madhukam balam || 56 ||

16.56cv kasikam vabhaya-leham
payasa ca prayuñjita yatha-dosam yatha-balam |
pandu-rogesu kusalah sophoktam ca kriya-kramam || 57 ||

ayas-tila-try-usana-kola-bhagaih sarvaih samam
maksika-dhatu-curnam |

tair modakah ksaudra-yuto 'nu-takrah pandv-amaye dura-gate 'pi
sastah || 57+1 ||

cikitsasthana
sarva-tra sarvanga-sare dosa-je svayathau pura |
same visosito bhuktva laghu kosnambhasa pibet || 1 ||

nagarativisa-daru-vidangendrayavosanam |
atha-va vijaya-sunthi-devadaru-punarnavam || 2 ||

navayasam va dosadhyah suddhyai mutra-haritakih |
vara-kvathena katuka-kumbhayas-try-usanani ca || 3 ||

17.3bv suddhyai mutra-haritakim
atha-va guggulum tad-vaj jatu va saila-sambhavam |
mandagnih silayed ama-guru-bhinna-vibandha-vit || 4 ||

takram sauvarcala-vyosa-ksaudra-yuktam gudabhayam |
takranu-panam atha-va tad-vad va guda-nagaram || 5 ||

ardrakam va sama-gudam prakuñcardha-vivardhitam |
param pañca-palam masam yusa-ksira-rasasanah || 6 ||

gulmodararsah-svayathu-pramehañ chvasa-pratisyalasaka-vipakan |
sa-kamala-sosa-mano-vikaran kasam kapham caiva jayet prayogah ||
7 ||

ghrtam ardraka-nagarasya kalka-sva-rasabhyam payasa ca sadhayitva |
svayathu-ksavathudaragni-sadair abhibhuto 'pi piban bhavaty a-rogah ||
8 ||

rasas tathaivardraka-nagarasya peyo 'tha jirne payasannam adyat |
silahvayam va tri-phala-rasena hanyat tri-dosam svayathum
prasahya || 8+1 ||

punarnava-nimba-patola-sunthi-
tiktamrta-darvy-abhaya-kasayah |
sarvanga-sophodara-kasa-sula-svasanvitam pandu-gadam ca
hanti || 8+2 ||

nir-amo baddha-samalah pibec chvayathu-piditah |
tri-katu-trivrta-danti-citrakaih sadhitam payah || 9 ||

mutram gor va mahisya va sa-ksiram ksira-bhojanah |
saptaham masam atha-va syad ustra-ksira-vartanah || 10 ||

17.10dv syad ustri-ksira-vartanah
yavanakam yava-ksaram yavanim pañca-kolakam |
maricam dadimam patham dhanakam amla-vetasam || 11 ||

bala-bilvam ca karsamsam sadhayet saliladhake |
tena pakvo ghrta-prasthah sopharso-gulma-meha-ha || 12 ||

dadhnas citraka-garbhad va ghrtam tat-takra-samyutam |

pakvam sa-citrakam tad-vad gunair yuñjyac ca kala-vit || 13 ||

dhanvantaram maha-tiktam kalyanam abhaya-ghrtam |
dasa-mula-kasayasya kamse pathya-satam pacet || 14 ||

dattva guda-tulam tasmin lehe dadyad vicurnitam |
tri-jatakam tri-katukam kiñ-cic ca yava-suka-jam || 15 ||
prasthardham ca hime ksaudrat tan nihanty upayojitam || 16ab
||pravrddha-sopha-jvara-meha-gulma-karsyama-vatamlaka-rakta-pittam ||
16cd ||vaivarnya-mutranila-sukra-dosa-svasa-ruci-pliha-garodaram
ca || 16ef ||purana-yava-saly-annam dasa-mulambu-sadhitam || 17ab ||
alpam alpa-patu-sneham bhojanam svayathor hitam |
ksara-vyosanvitair maudgaih kaulatthaih sa-kanai rasaih || 18 ||

17.18bv bhojanam svayathau hitam
tatha jangala-jaih kurma-godha-salyaka-jair api |
an-amlam mathitam pane madyany ausadha-vanti ca || 19 ||

ajaji-sathi-jivanti-karavi-pauskaragnikaih |
bilva-madhya-yava-ksara-vrksamlair badaronmitaih || 20 ||

krta peyajya-tailabhyam yukti-bhrsta param hita |
sophatisara-hrd-roga-gulmarso-'lpagni-mehinam || 21 ||

gunais tad-vac ca pathayah pañca-kolena sadhita |
saileya-kustha-sthauneya-renukaguru-padmakaih || 22 ||

srivestaka-nakha-sprkka-devadaru-priyangubhih |
mamsi-magadhika-vanya-dhanya-dhyamaka-valakaih || 23 ||

catur-jataka-talisa-musta-gandha-palasakaih |
kuryad abhyañjanam tailam lepam snanaya tudakam || 24 ||

snanam va nimba-varsabhu-naktamalarka-varina |
ekanga-sophe varsabhu-karaviraka-kimsukaih || 25 ||

visala-tri-phala-lodhra-nalika-devadarubhih |
himsra-kosataki-madri-talaparni-jayantibhih || 26 ||

sthula-kakadani-sala-nakuli-vrsaparnibhih |
vrddhyarddhi-hastikarnais ca sukhosnair lepanam hitam || 27 ||

athanilotthe svayathau masardham trivrtam pibet |
tailam eranda-jam vata-vid-vibandhe tad eva tu || 28 ||

prag-bhaktam payasa yuktam rasair va karayet tatha |
svedabhyangan samira-ghnan lepam ekanga-ge punah || 29 ||

matulungagnimanthena sunthi-himsramarahvayaih |
paitte tiktam pibet sarpir nyagrodhadyena va srtam || 30 ||

ksiram trd-daha-mohesu lepabhyangas ca sitalah |
patola-mula-trayanti-yasty-ahva-katukabhayah || 31 ||

17.31cv patola-murva-trayanti-

daru darvi himam danti visala niculam kana |
taih kvathah sa-ghrtah pito hanty antas-tapa-trd-bhraman || 32
||

17.32cv tat-kvathah sa-ghrtah pito
sa-samnipata-visarpa-sopha-daha-visa-jvaran |
aragvadhadina siddham tailam slesmodbhave pibet || 33 ||

17.33bv -sopha-daha-mada-jvaran
sroto-vibandhe mande 'gnav a-rucau stimitasayah |
ksara-curnasavarista-mutra-takrani silayet || 34 ||

krsna-purana-pinyaka-sigru-tvak-sikatatasih |
praleponmardane yuñjyat sukhosna mutra-kalkitah || 35 ||

snanam mutrambhasi siddhe kustha-tarkari-citrakaih |
kulattha-nagarabhyam va candaguru vilepane || 36 ||

kalajasrngi-sarala-bastagandha-hayahvayah |
ekaisika ca lepah syac chvayathav eka-gatra-ge || 37 ||

yasti-dugdha-tilair lepo nava-nitena samyutah |
sopham aruskaram hanti vrntaih sala-dalasya va || 37+1 ||

yatha-dosam yathasannam suddhim raktavasecanam |
kurvita misra-dose tu dosodreka-balat kriyam || 38 ||

ajaji-patha-ghana-pañca-kola-vyaghri-rajanyah sukha-toya-pitah |
sopham tri-dosam cira-jam pravrddham nighnanti
bhunimba-mahausadhe ca || 39 ||

amrta-dvitayam sivatika surakastham sa-puram sa-go-jalam |
svayathudara-kustha-pandu-ta-krmi-mehordhva-kaphanilapaham ||
40 ||

iti nijam adhikrtya pathyam uktam ksata-janite ksata-jam
visodhaniyam |
sruti-hima-ghrta-lepa-seka-rekair visa-janite visa-jic ca sopha
istam || 41 ||
gramyab-janupam pisitam a-balam suska-sakam tilannam || 42a
||gaudam pistannam dadhi sa-lavanam vijjalam madyam amlam ||
42b ||
17.42bv gaudam pistannam dadhi sa-lavanam nir-jalam madyam
amlam dhana valluram samasanam atho gurv a-satmyam vidahi || 42c ||
svapnam ca-ratrau svayathu-gada-van varjayen maithunam ca || 42d ||
cikitsasthana
adav eva visarpesu hitam langhana-ruksanam |
raktavaseko vamanam virekah snehanam na tu || 1 ||

pracchardanam visarpa-ghnam sa-yastindrayavam phalam |
patola-pippali-nimba-pallavair va samanvitam || 2 ||

rasena yuktam trayantya draksayas traiphalena va |

virecanam trivrc-curnam payasa sarpisatha-va || 3 ||

yojyam kostha-gate dose visesena visodhanam |
a-visodhyasya dose 'lpe samanam candanotpalam || 4 ||

musta-nimba-patolam va patoladikam eva va |
sarivamalakosira-mustam va kvathitam jale || 5 ||

duralabham parpatakam guducim visva-bhesajam |
pakyam sita-kasayam va trsna-visarpa-van pibet || 6 ||

darvi-patola-katuka-masura-tri-phalas tatha |
sa-nimba-yasti-trayantih kvathita ghrta-murchitah || 7 ||
amrta-vrsa-patolam mustakam saptaparnam || 7+1a ||khadiram
asita-vetram nimba-pattram haridre || 7+1b ||vividha-visa-visarpan
kustha-visphota-kandur || 7+1c ||apanayati masurim
sita-pittam jvaram ca || 7+1d ||
sakha-duste tu rudhire raktam evadito haret |
tvan-mamsa-snayu-samkledo rakta-kledad dhi jayate || 8 ||

nir-ame slesmani ksine vata-pittottare hitam |
ghrtam tiktam maha-tiktam srtam va trayamanaya || 9 ||

nirhrte 'sre visuddhe 'ntar-dose tvan-mamsa-samdhi-ge |
bahih-kriyah pradehadyah sadyo visarpa-santaye || 10 ||

satahva-musta-varahi-vamsartagala-dhanyakam |
surahva krsnagandha ca kustham calepanam cale || 11 ||

18.11dv kustham valepanam cale
nyagrodhadi-ganah pitte tatha padmotpaladikam |
nyagrodha-padas tarunah kadali-garbha-samyutah || 12 ||

bisa-granthis ca lepah syac chata-dhauta-ghrtaplutah |
padmini-kardamah sitah pistam mauktikam eva va || 13 ||

sankhah pravalam suktir va gairikam va ghrtanvitam |
tri-phala-padmakosira-samanga-karavirakam || 14 ||

18.14dv -samanga-karavira-jam
nala-mulany ananta ca lepah slesma-visarpa-ha |
dhava-saptahva-khadira-devadaru-kurantakam || 15 ||

sa-mustaragvadham lepo vargo va varunadikah |
aragvadhasya pattrani tvacah slesmatakodbhavah || 16 ||

indrani-sakam kakahva sirisa-kusumani ca |
seka-vranabhyanga-havir-lepa-curnan yatha-yatham || 17 ||

18.17av indrani-saka-kakahva- 18.17bv -sirisa-kusumani ca
etair evausadhaih kuryad vayau lepa ghrtadhikah |
kapha-sthana-gate same pitta-sthana-gate 'tha-va || 18 ||

a-sitosna hita ruksa rakta-pitte ghrtanvitah |

aty-artha-sitas tanavas tanu-vastrantara-sthitah || 19 ||

18.19dv tanu-vastrantara-sthitah
yojyah ksane ksane 'nye 'nye manda-viryas ta eva ca |
samsrsta-dose samsrstam etat karma prasasyate || 20 ||

sata-dhauta-ghrtenagnim pradihyat kevalena va |
secayed ghrta-mandena sitena madhukambuna || 21 ||

sitambhasambho-da-jalaih ksireneksu-rasena va |
pana-lepana-sekesu maha-tiktam param hitam || 22 ||

18.22av sitambhasambho-ja-jalaih
granthy-akhye rakta-pitta-ghnam krtva samyag yathoditam |
kaphanila-ghnam karmestam pinda-svedopanahanam || 23 ||

granthi-visarpa-sule tu tailenosnena secayet |
dasa-mula-vipakvena tad-van mutrair jalena va || 24 ||

sukhosnaya pradihyad va pistaya krsnagandhaya |
naktamala-tvaca suska-mulakaih kalinatha-va || 25 ||

danti citraka-mula-tvak saudharka-payasi gudah |
bhallatakasthi kasisam lepo bhindyac chilam api || 26 ||

18.26bv snuhy-arka-payasi gudah
bahir-margasritam granthim kim punah kapha-sambhavam |
dirgha-kala-sthitam granthim ebhir bhindyac ca bhesajaih || 27 ||

mulakanam kulatthanam yusaih sa-ksara-dadimaih |
godhumannair yavannair va sa-sidhu-madhu-sarkaraih || 28 ||

18.28cv godhumannair yavannais ca 18.28dv sa-sidhu-madhu-sarkaraih
sa-ksaudrair varuni-mandair matulunga-rasanvitaih |
tri-phalayah prayogais ca pippalyah ksaudra-samyutaih || 29 ||

18.29dv pippali-ksaudra-samyutaih
devadaru-guducyos ca prayogair girijasya ca |
musta-bhallata-saktunam prayogair maksikasya ca || 30 ||

dhumair virekaih sirasah purvoktair gulma-bhedanaih |
taptayo-hema-lavana-pasanadi-prapidanaih || 31 ||

abhih kriyabhih siddhabhir vividhabhir bale sthitah |
granthih pasana-kathino yadi naivopasamyati || 32 ||

athasya dahah ksarena sarair hemnapi va hitah |
pakibhih pacayitva va patayitva tam uddharet || 33 ||

18.33cv pakibhih pacayitva ca
moksayed bahu-sas casya raktam utklesam agatam |
punas capahrte rakte vata-slesma-jid ausadham || 34 ||

praklinne daha-pakabhyam bahyantar vrana-vat kriya |
darvi-vidanga-kampillaih siddham tailam vrane hitam || 35 ||

durva-sva-rasa-siddham tu kapha-pittottare ghrtam |
ekatah sarva-karmani rakta-moksanam ekatah || 36 ||

visarpo na hy a-samsrstah sa 'sra-pittena jayate |
raktam evasrayas casya bahu-so 'sram hared atah || 37 ||

na ghrtam bahu-dosaya deyam yan na virecanam |
tena doso hy upastabdhas tvag-rakta-pisitam pacet || 38 ||

cikitsasthana
kusthinam sneha-panena purvam sarvam upacaret |
tatra vatottare tailam ghrtam va sadhitam hitam || 1 ||

dasa-mulamrtairanda-sarngasta-mesasrngibhih |
patola-nimba-katuka-darvi-patha-duralabhah || 2 ||

parpatam trayamanam ca palamsam pacayed apam |
dvy-adhake 'stamsa-sesena tena karsonmitais tatha || 3 ||

trayanti-musta-bhunimba-kalinga-kana-candanaih |
sarpiso dva-dasa-palam pacet tat tiktakam jayet || 4 ||

pitta-kustha-parisarpa-pitika-daha-trd-bhraman |
kandu-pandv-amayan gandan dusta-nadi-vranapacih
|| 5 ||

visphota-vidradhi-gulma-sophonmada-madan api |
hrd-roga-timira-vyanga-grahani-svitra-kamalah || 6 ||

bhagandaram apasmaram udaram pradaram garam |
arso-'sra-pittam anyams ca su-krcchran pitta-jan gadan || 7 ||

sa-pracchadah parpatakah samyakah katuka vaca |
tri-phala padmakam patha rajanyau sarive kane || 8 ||

nimba-candana-yasty-ahva-visalendrayavamrtah |
kiratatiktakam sevyam vrso murva satavari || 9 ||

patolativisa-musta-trayanti-dhanvayasakam |
tair jale 'sta-gune sarpir dvi-gunamalaki-rase || 10 ||

siddham tiktan maha-tiktam gunair abhyadhikam matam |
kaphottare ghrtam siddham nimba-saptahva-citrakaih || 11 ||

kusthosana-vaca-sala-priyala-caturangulaih |
sarvesu caruskara-jam taubaram sarsapam pibet || 12 ||

sneham ghrtam va krmijit-pathya-bhallatakaih srtam |
aragvadhasya mulena sata-krtvah srtam ghrtam || 13 ||

19.13bv -pathya-bhallataka-srtam 19.13dv sapta-krtvah srtam
ghrtam
piban kustham jayaty asu bhajan sa-khadiram jalam |
ebhir eva yatha-svam ca snehair abhyañjanam hitam || 14 ||

19.14av pibet kustham jayaty asu
snigdhasya sodhanam yojyam visarpe yad udahrtam |
lalata-hasta-padesu siras casya vimoksayet || 15 ||

pracchanam alpake kusthe srngadyas ca yatha-yatham |
snehair apyayayec cainam kustha-ghnair antarantara || 16 ||

mukta-rakta-viriktasya rikta-kosthasya kusthinah |
prabhañjanas tatha hy asya na syad deha-prabhañjanah || 17 ||

vasamrta-nimba-vara-patola-vyaghri-karañjodaka-kalka-pakvam |
sarpir visarpa-jvara-kamalasra-kusthapaham vajrakam amananti || 18 ||

tri-phalÄ•-tri-kaá¹-u-dvi-kaá¹‡á¹-akÄ•rÄ«-kaá¹-ukÄ•-kumbha-nikumbha-rÄ•java¹›ka
aih |
sa-vacativisagnikaih sa-pathaih picu-bhagair
nava-vajra-dugdha-mustya || 19 ||

pistaih siddham sarpisah prastham ebhih krure kosthe
snehanam recanam ca |
kustha-svitra-pliha-vardhmasma-gulman hanyat krcchrams tan
maha-vajrakakhyam || 20

||

danty-adhakam apam drone paktva tena ghrtam pacet |
dhamargava-pale pitam tad urdhvadho visuddhi-krt || 21 ||

avartaki-tulam drone paced astamsa-sesitam |
tan-mulais tatra niryuhe ghrta-prastham vipacayet || 22 ||

pitva tad eka-divasantaritam su-jirne bhuñjita kodravam
a-samskrta-kañjikena |
kustham kilasam apacim ca vijetum icchan icchan prajam ca
vipulam grahanam smrtim ca ||

23 ||

19.23bv bhuñjita kodrava-su-samskrta-kañjikena
yater lelitaka-vasa ksaudra-jati-rasanvita |
kustha-ghni sama-sarpir va sa-gayatry-asanodaka || 24 ||

salayo yava-godhumah koradusah priyangavah |
mudga masuras tubari tikta-sakani jangalam || 25 ||

vara-patola-khadira-nimbaruskara-yojitam |
madyany ausadha-garbhani mathitam cenduraji-mat || 26 ||

anna-panam hitam kusthe na tv amla-lavanosanam |
dadhi-dugdha-gudanupa-tila-masams tyajet-taram || 27 ||

patola-mula-tri-phala-visalah
prthak-tri-bhagapacita-tri-sanah |
syus trayamana katu-rohini ca bhagardhike nagara-pada-yukte || 28

||

etat palam jarjaritam vipakvam jale pibed dosa-visodhanaya |
jirne rasair dhanva-mrga-dvi-janam purana-saly-odanam adadita
|| 29 ||

kustham kilasam grahani-pradosam arsamsi krcchrani
halimakam ca |
sad-ratra-yogena nihanti caitad hrd-vasti-sulam visama-jvaram ca
|| 30 ||

19.30cv sad-ratra-yogena nihanti caisa
vidanga-saramalakabhayanam pala-trayam trini palani kumbhat |
gudasya ca dva-dasa masam esa jitatmanam hanty upayujymanah || 31
||

kustha-svitra-svasa-kasodararso-meha-pliha-granthi-rug-jantu-gulman
|
siddham yogam praha yakso mumuksor bhiksoh pranan
manibhadrah kilemam || 32 ||

bhunimba-nimba-tri-phala-padmakativisa-kanah |
murva-patoli-dvi-nisa-patha-tiktendravarunih || 33 ||

sa-kalinga-vacas tulya dvi-gunas ca yathottaram |
lihyad danti-trivrd-brahmis curnita madhu-sarpisa || 34 ||

kustha-meha-prasuptinam paramam syat tad ausadham |
vara-vidanga-krsna va lihyat tailajya-maksikaih || 35 ||

19.35av kustha-meha-prataptanam
kakodumbarika-vella-nimbabda-vyosa-kalka-van |
hanti vrksaka-niryuhah panat sarvams tvag-amayan || 36 ||

19.36dv panat sarva-tvag-amayan
kutajagni-nimba-nrpataru-khadirasana-saptaparna-niryuhe |
siddha madhu-ghrta-yuktah kustha-ghnir bhaksayed abhayah || 37
||
darvi-khadira-nimbanam tvak-kvathah kustha-sudanah || 37uab
||
nisottama-nimba-patola-mula-tikta-vaca-lohitayastikabhih |
krtah kasayah kapha-pitta-kustham su-sevito dharma ivocchinatti
|| 38 ||

ebhir eva ca srtam ghrtam ukhyam bhesajair jayati
maruta-kustham |
kalpayet khadira-nimba-guduci-devadaru-rajanih prthag evam || 39 ||
patha-darvi-vahni-ghunesta-katukabhir || 40a ||mutram
yuktam sakrayavais cosna-jalam va || 40b ||kusthi pitva
masam a-ruk syad guda-kili || 40c ||mehi sophi pandura-jirni
krmi-mams ca || 40d
||laksa-danti-madhurasa-vara-dvipi-patha-vidanga- || 41a ||

19.41av laksa-danti-madhurasa-vara-dvipi-patha-vidangam
-pratyakpuspi-tri-katu-rajani-saptaparnatarusam || 41b ||

19.41bv pratyakpuspi-tri-katu-rajani-saptaparnatarusam rakta
nimbam surataru krtam pañca-mulyau ca curnam || 41c ||
pitva masam jayati hita-bhug gavya-mutrena kustham || 41d ||
nisa-kana-nagara-vella-taubaram sa-vahni-tapyam krama-so
vivardhitam |
gavambu-pitam vataki-krtam tatha nihanti kusthani
sa-darunany api || 42 ||

tri-katuttama-tilaruskarajya-maksika-sitopala-vihita |
gutika rasayanam kustha-jic ca vrsya ca sapta-sama || 43 ||

19.43cv gutika rasayanam syat 19.43cc mtha-hrc ca vrsya ca
sapta-sama
19.43dv kustha-jic ca vrsya ca sapta-sama
candrasakalagni-rajani-vidanga-tubarasthy-aruskara-tri-phalabhih |
vataka gudamsa-klptah samasta-kusthani nasayanty
abhyastah || 44 ||

vidanga-bhallataka-vakucinam sa-dvipi-varahi-haritakinam |
sa-langali-krsna-tilopakulya gudena pindi vinihanti
kustham || 45 ||

sasankalekha sa-vidanga-sara sa-pippalika sa-hutasa-mula |
sayo-mala samalaka sa-taila kusthani krcchrani nihanti lidha
|| 46 ||

19.46av sasankalekha sa-vidanga-mula
pathya-tila-gudaih pindi kustham saruskarair jayet |
gudaruskara-jantughna-somaraji-krtatha-va || 47 ||

vidangadri-jatu-ksaudra-sarpis-mat khadiram rajah |
kitibha-svitra-dadru-ghnam khaden mita-hitasanah || 48 ||

sita-taila-krmighnani dhatry-ayo-mala-pippalih |
lihanah sarva-kusthani jayaty ati-guruny api || 49 ||

mustam vyosam tri-phala mañjistha daru pañca-mule dve |
saptacchada-nimba-tvak sa-visala citrako murva || 50 ||

curnam tarpana-bhagair navabhih samyojitam sa-madhv-amsam |
nityam kustha-nibarhanam etat prayogikam khadan || 51 ||

svayathum sa-pandu-rogam svitram grahani-pradosam arsamsi
|
vardhma-bhagandara-pitika-kandu-kothapacir hanti || 52 ||

rasayana-prayogena tubarasthini silayet |
bhallatakam vakucikam vahni-mulam silahvayam || 53 ||

iti dose vijite 'ntas-tvak-sthe samanam bahih pralepadi hitam |

tiksnalepotklistam kustham hi vivrddhim eti maline dehe ||
54 ||

sthira-kathina-mandalanam kusthanam potalair hitah
svedah |
svinnotsannam kustham sastrair likhitam pralepanair limpet || 55 ||

yesu na sastram kramate sparsendriya-nasanesu kusthesu |
tesu nipatyah ksaro raktam dosam ca visravya || 56 ||

lepo 'ti-kathina-paruse supte kusthe sthire purane ca |
pita-gadasya karyo visaih sa-mantro '-gadais canu || 57 ||

19.57dv visaih sa-mantra-gadais canu
stabdhani supta-suptany a-svedana-kandulani kusthani |
ghrstani suska-go-maya-phenaka-sastraih pradehyani || 58 ||

musta tri-phala madanam karañja aragvadhah kalinga-yavah |
saptahva-kustha-phalini-darvyah siddharthakam snanam || 59 ||

esa kasayo vamanam virecanam varnakas tathodgharsah |
tvag-dosa-kustha-sopha-prabadhanah pandu-roga-ghnah || 60 ||

karavira-nimba-kutajac chamyakac citrakac ca mulanam |
mutre darvi-lepi kvatho lepena kustha-ghnah || 61 ||

sveta-karavira-mulam kutaja-karañjat phalam tvaco darvyah |
sumanah-pravala-yukto lepah kusthapahah siddhah || 62 ||

sairisi tvak puspam karpasya rajavrksa-pattrani |
pista ca kakamaci catur-vidhah kustha-ha lepah || 63 ||

vyosa-sarsapa-nisa-grha-dhumair
yava-suka-patu-citraka-kusthaih |
kola-matra-gutikardha-visamsa svitra-kustha-harano
vara-lepah || 64 ||

nimbam haridre surasam patolam kusthasvagandhe suradaru
sigruh |
sa-sarsapam tumburu-dhanya-vanyam canda ca curnani samani
kuryat || 65 ||

tais takra-pistaih prathamam sariram tailaktam udvartayitum
yateta |
tathasya kanduh pitikah sa-kothah kusthani sophas ca
samam vrajanti || 66 ||

19.66cv tenasya kanduh pitikah sa-kothah
mustÄ•má¹›tÄ•saá¹…ga-kaá¹-aá¹…kaá¹-erÄ«-kÄ•sÄ«sa-kampillaka-kuá¹£á¹-ha-lodhrÄ•á
|
gandhopalah sarja-raso vidangam manahsilale karaviraka-tvak || 67
||

tailakta-gatrasya krtani curnany etani dadyad avacurnanartham |

dadruh sa-kanduh kitibhani pama vicarcika ceti tatha na santi
|| 68 ||

snug-gande sarsapat kalkah kukulanala-pacitah |
lepad vicarcikam hanti raga-vega iva trapam || 69 ||

manahsilale maricani tailam arkam payah kustha-harah pradehah
|
tatha karañja-prapunata-bijam kusthanvitam go-salilena
pistam || 70 ||

guggulu-marica-vidangaih sarsapa-kasisa-sarja-rasa-mustaih |
srivesta-kalagandhair manahsila-kustha-kampillaih || 71 ||

ubhaya-haridra-sahitais cakrika-tailena misritair ebhih |
dina-kara-karabhitaptaih kustham ghrstam ca nastam ca ||
72 ||

maricam tamala-pattram kustham sa-manahsilam sa-kasisam |
tailena yuktam usitam saptaham bhajane tamre || 73 ||

tenaliptam sidhmam saptahad gharma-sevino 'paiti |
masan navam kilasam snanena vina visuddhasya || 74 ||

mayuraka-ksara-jale sapta-krtvah parisrute |
siddham jyotismati-tailam abhyangat sidhma-nasanam || 75 ||

vayasajangha-mulam vamani-pattrani mulakad bijam |
takrena bhauma-vare lepah sidhmapahah siddhah || 76 ||

jivanti mañjistha darvi kampillakam payas tuttham |
esa ghrta-taila-pakah siddhah siddhe ca sarja-rasah || 77 ||

deyah sa-madhucchisto vipadika tena nasyati hy akta |
carmaika-kustha-kitibham kustham samyaty alasakam ca || 78 ||

mulam saptahvat tvak sirisasvamarad arkan malatyas
citrakasphota-nimbat |
bijam karañjam sarsapam prapunatam srestha jantughnam
try-usanam dve haridre || 79 ||

tailam tailam sadhitam taih sa-mutrais tvag-dosanam
dusta-nadi-vranam |
abhyangena slesma-vatodbhavanam nasayalam vajrakam
vajra-tulyam || 80 ||
eranda-tarksya-ghana-nipa-kadamba-bhargi- || 81a
||-kampilla-vella-phalini-suravarunibhih || 81b
||nirgundy-aruskara-surahva-suvarnadugdha- || 81c
||-srivesta-guggulu-sila-patu-tala-visvaih || 81d ||
tulya-snug-arka-dugdham siddham tailam smrtam maha-vajram |
atisayita-vajraka-gunam svitrarso-granthi-mala-ghnam || 82 ||

kusthasvamara-bhrngarka-mutra-snuk-ksira-saindhavaih |

tailam siddham visapaham abhyangat kustha-jit param || 83 ||

siddham sikthaka-sindura-pura-tutthaka-tarksya-jaih |
kacchum vicarcikam casu katu-tailam nibarhati || 84 ||

19.84bv -pura-tutthaka-tarksyakaih 19.84cv pamam vicarcikam casu
19.84dv
katu-tailam niyacchati
laksa vyosam prapunatam ca bijam sa-srivestam
kustha-siddharthakas ca |
takronmisrah syad dharidra ca lepo dadrusukto mulakottham ca bijam
|| 85 ||

citraka-sobhañjanakau guducy-apamarga-devadaruni |
khadiro dhavas ca lepah syama danti dravanti ca || 86 ||

laksa-rasañjanailah punarnava ceti kusthinam lepah |
dadhi-manda-yutah padaih sat prokta maruta-kapha-ghnah || 87
||

jala-vapya-loha-kesara-pattra-plava-candana-mrnalani |
bhagottarani siddham pralepanam pitta-kapha-kusthe || 88 ||

tikta-ghrtair dhauta-ghrtair abhyango dahyamana-kusthesu |
tailais candana-madhuka-prapaundarikotpala-yutais ca || 89 ||

klede prapatati cange dahe visphotake ca carma-dale |
sitah pradeha-seka vyadhana-virekau ghrtam tiktam || 90 ||

khadira-vrsa-nimba-kutajah
srestha-krmijit-patola-madhuparnyah |
antar bahih prayuktah krmi-kustha-nudah sa-go-mutrah || 91 ||

pralepodvartana-snana-pana-bhojana-karmani |
silitam khadiram vari sarva-tvag-dosa-nasanam || 91+1 ||

vatottaresu sarpir vamanam slesmottaresu kusthesu |
pittottaresu mokso raktasya virecanam cagre || 92 ||

19.92dv raktasya virecanam cagryam
ye lepah kusthanam yujyante nirhrtasra-dosanam |
samsodhitasayanam sadyah siddhir bhavati tesam || 93 ||

dose hrte 'panite rakte bahyantare krte samane |
snehe ca kala-yukte na kustham ativartate sadhyam || 94 ||

bahu-dosah samsodhyah kusthi bahu-so 'nuraksata pranan |
dose hy ati-matra-hrte vayur hanyad a-balam asu || 95 ||

paksat paksac chardanany abhyupeyan masan masac chodhanany apy
adhas-tat |
suddhir murdhni syat tri-ratrat tri-ratrat sasthe sasthe
masy asrn-moksanam ca || 96 ||

19.96dv sasthe sasthe masy asrn-moksanani yo dur-vanto
dur-virikto 'tha-va syat || 97a ||
kusthi dosair uddhatair vyapyate 'sau || 97b ||nih-samdeham yaty
a-sadhya-tvam evam || 97c ||tasmat krtsnan nirhared asya dosan || 97d
||vrata-dama-yama-seva-tyaga-silabhiyogo || 98a ||dvi-ja-sura-guru-puja
sarva-sat-tvesu maitri || 98b
||siva-siva-suta-tara-bhas-kararadhanani || 98c ||
19.98cv jina-jina-suta-tara-bhas-kararadhanani prakatita-mala-papam
kustham unmulayanti || 98d ||

cikitsasthana
kusthad api bibhatsam yac chighra-taram ca yaty a-sadhya-tvam |
svitram atas tac-chantyai yateta dipte yatha bhavane || 1 ||

samsodhanam visesat prayojayet purvam eva dehasya |
svitre sramsanam agryam malayu-rasa isyate sa-gudah || 2 ||

tam pitvabhyakta-tanur yatha-balam surya-pada-samtapam |
seveta virikta-tanur try-aham pipasuh pibet peyam || 3 ||

svitre 'nge ye sphota jayante kantakena tan bhindyat |
sphotesu nihsrutesu pratah pratah pibet tri-dinam || 4 ||

20.4dv pratah pratah pibet paksam
malayum asanam priyangum satapuspam cambhasa samutkvathya |
palasam va ksaram yatha-balam phanitopetam || 5 ||

phalgv-aksa-vrksa-valkala-niryuhenendurajika-kalkam |
pitvosna-sthitasya jate sphote takrena bhojanam nir-lavanam || 6
||

gavyam mutram citraka-vyosa-yuktam sarpih-kumbhe sthapitam
ksaudra-misram |
paksad urdhvam svitrina peyam etat karyam casmai
kustha-distam vidhanam || 7 ||

20.7cv paksad urdhvam svitribhih peyam etat
markavam atha-va svaded bhrstam tailena loha-patra-stham |
bijaka-srtam ca dugdham tad anu pibec chvitra-nasaya || 8 ||

putikarka-vyadhighata-snuhinam mutre pistah pallava
jati-jas ca |
ghnanty alepac chvitra-dur-nama-dadru-pama-kothan
dusta-nadi-vranams ca || 9 ||

dvaipam dagdham carma matanga-jam va svitre lepas taila-yukto
varisthah |
putih kito rajavrksodbhavena ksarenaktah svitram eko 'pi
hanti || 10 ||

20.10dv ksarenaktah svitram eko nihanti
ratrau go-mutre vasitan jarjarangan ahni cchayayam sosayet

sphota-hetun |
evam varams trims tais tatah slaksna-pistaih snuhyah
ksirena svitra-nasaya lepah || 11

||

aksa-taila-druta lepah krsna-sarpodbhava masi |
sikhi-pittam tatha dagdham hriveram va tad-aplutam || 12 ||

20.12av aksa-taila-krto lepah 20.12av aksa-taila-druto lepah
kudavo 'valguja-bijad dharitala-catur-bhaga-sammisrah |
mutrena gavam pistah sa-varna-karanam param svitre || 13
||

ksare su-dagdhe gaja-linda-je ca gajasya mutrena parisrute ca |
drona-pramane dasa-bhaga-yuktam dattva paced bijam avalgujanam ||
14 ||

20.14av ksare su-dagdhe gaja-linda-je va 20.14bv gajasya mutre ca
parisrute ca
svitram jayec cikkana-tam gatena tena pralimpan bahu-sah
praghrstam |
kustham masam va tila-kalakam va yad va vrane syad
adhi-mamsa-jatam || 15 ||

bhallatakam dvipi-sudharka-mulam guñja-phalam
try-usana-sankha-curnam |
tuttham sa-kustham lavanani pañca ksara-dvayam
langalikam ca paktva || 16 ||

20.16av bhallataka-dvipi-sudharka-mula- 20.16bv
-guñja-phala-try-usana-sankha-curnam
snug-arka-dugdhe ghanam ayasa-stham salakaya tad vidadhita lepam |
kusthe kilase tila-kalakesu masesu dur-namasu carma-kile || 17 ||

suddhya sonita-moksair viruksanair bhaksanais ca saktunam |
svitram kasya-cid eva prasamyati ksina-papasya || 18 ||

snigdha-svinne guda-ksira-matsyadyaih krminodare |
utklesita-krmi-kaphe sarvarim tam sukhosite || 19 ||

surasadi-ganam mutre kvathayitvardha-varini |
tam kasayam kana-gala-krmijit-kalka-yojitam || 20 ||

sa-taila-svarjika-ksaram yuñjyad vastim tato 'hani |
tasminn eva nirudham tam payayeta virecanam || 21 ||

trivrt-kalkam phala-kana-kasayaloditam tatah |
urdhvadhah-sodhite kuryat pañca-kola-yutam kramam || 22 ||

katu-tikta-kasayanam kasayaih parisecanam |
kale vidanga-tailena tatas tam anuvasayet || 23 ||

20.23bv kasayaih parisecayet

siro-roga-nisedhoktam acaren murdha-gesv anu |
udrikta-tikta-katukam alpa-sneham ca bhojanam || 24 ||

20.24dv alpa-sneham ca bhojayet
vidanga-krsna-marica-pippali-mula-sigrubhih |
pibet sa-svarjika-ksarair yavagum takra-sadhitam || 25 ||

20.25av vidanga-krsna-madhuka- 20.25cv pibet
sa-svarjika-ksaram
rasam sirisa-kinihi-paribhadraka-kembukat |
palasa-bija-pattura-putikad va prthak pibet || 26 ||

sa-ksaudram surasadin va lihyat ksaudra-yutan prthak |
sata-krtvo 'sva-vit-curnam vidanga-kvatha-bhavitam || 27 ||

krmi-man madhuna lihyad bhavitam va vara-rasaih |
siro-gatesu krmisu curnam pradhamanam ca tat || 28 ||

akhukarni-kisalayaih su-pistaih pista-misritaih |
paktva pupalikam khaded dhanyamlam ca pibed anu || 29 ||

20.29av akhuparni-kisalayaih
sa-pañca-kola-lavanam a-sandram takram eva va |
nipa-markava-nirgundi-pallavesv apy ayam vidhih || 30 ||

20.30cv nimbapamarga-nirgundi-
vidanga-curna-misrair va pistair bhaksyan prakalpayet |
vidanga-tandulair yuktam ardhamsair atape sthitam || 31 ||

20.31dv ardhamsair atapa-sthitam
dinam aruskaram tailam pane vastau ca yojayet |
surahva-sarala-sneham prthag evam ca kalpayet || 32 ||

purisa-jesu su-taram dadyad vasti-virecane |
siro-virekam vamanam samanam kapha-janmasu || 33 ||

rakta-janam pratikaram kuryat kustha-cikitsitat |
indra-lupta-vidhis catra vidheyo roma-bhojisu || 34 ||

ksirani mamsani ghrtam gudam ca dadhini sakani ca
parna-vanti |
samasato 'mlan madhuran rasams ca krmiñ jihasuh parivarjayeta ||
35 ||

cikitsasthana
kevalam nir-upastambham adau snehair upacaret |
vayum sarpir-vasa-majja-taila-panair naram tatah || 1 ||

sneha-klantam samasvasya payobhih snehayet punah |
yusair gramyaudakanupa-rasair va sneha-samyutaih || 2 ||

payasaih krsaraih samla-lavanaih sanuvasanaih |
navanais tarpanais cannaih su-snigdhaih svedayet tatah || 3 ||

sv-abhyaktam sneha-samyuktaih sankaradyaih punah punah |
snehaktam svinnam angam tu vakram stabdham sa-vedanam || 4 ||

21.4cv snehakta-svinnam angam tu
yathestam anamayitum sukham eva hi sakyate |
suskany api hi kasthani sneha-svedopapadanaih || 5 ||

21.5dv sneha-svedopanahanaih
sakyam karmanya-tam netum kim u gatrani jivatam |
harsa-toda-rug-ayama-sopha-stambha-grahadayah || 6 ||

svinnasyasu prasamyanti mardavam copajayate |
snehas ca dhatun samsuskan pusnaty asupayojitah || 7 ||

21.7dv pusnaty asu prayojitah
balam agni-balam pustim pranams casyabhivardhayet |
a-sakrt tam punah snehaih svedais ca pratipadayet || 8 ||

21.8bv pranam casyabhivardhayet
tatha sneha-mrdau kosthe na tisthanty anilamayah |
yady etena sa-dosa-tvat karmana na prasamyati || 9 ||

mrdubhih sneha-samyuktair bhesajais tam visodhayet |
ghrtam tilvaka-siddham va satala-siddham eva va || 10 ||

payasairanda-tailam va pibed dosa-haram sivam |
snigdhamla-lavanosnadyair aharair hi malas citah || 11 ||

sroto baddhvanilam rundhyat tasmat tam anulomayet |
dur-balo yo '-virecyah syat tam niruhair upacaret || 12 ||

21.12av sroto ruddhvanilam rundhyat
dipanaih pacaniyair va bhojyair va tad-yutair naram |
samsuddhasyotthite cagnau sneha-svedau punar hitau || 13 ||

amasaya-gate vayau vamita-pratibhojite |
sukhambuna sad-dharanam vacadim va prayojayet || 14 ||

21.14cv sukhambuna sat-caranam
samdhuksite 'gnau parato vidhih kevala-vatikah |
matsyan nabhi-pradesa-sthe siddhan bilva-salatubhih || 15 ||

vasti-karma tv adho nabheh sasyate cavapidakah |
kostha-ge ksara-curnadya hitah pacana-dipanah || 16 ||

hrt-sthe payah sthira-siddham siro-vastih siro-gate |
snaihikam navanam dhumah srotradinam ca tarpanam || 17 ||

svedabhyanga-nivatani hrdyam cannam tvag-asrite |
sitah pradeha rakta-sthe vireko rakta-moksanam || 18 ||

21.18av svedabhyangani sastani
vireko mamsa-medah-sthe niruhah samanani ca |
bahyabhyantaratah snehair asthi-majja-gatam jayet || 19 ||

praharso 'nnam ca sukra-sthe bala-sukra-karam hitam |
vibaddha-margam drstva tu sukram dadyad virecanam || 20 ||

21.20bv balyam sukra-karam hitam
viriktam pratibhuktam ca purvoktam karayet kriyam |
garbhe suske tu vatena balanam ca visusyatam || 21 ||

21.21av virikta-pratibhuktasya
sita-kasmarya-madhukaih siddham utthapane payah |
snava-samdhi-sira-prapte sneha-dahopanahanam || 22 ||

tailam samkucite 'bhyango masa-saindhava-sadhitam |
agara-dhuma-lavana-tailair lepah srute 'srji || 23 ||

supte 'nge vesta-yukte tu kartavyam upanahanam |
athapatanakenartam a-srastaksam a-vepanam || 24 ||

a-stabdha-medhram a-svedam bahir-ayama-varjitam |
a-khatvaghatinam cainam tvaritam samupacaret || 25 ||

tatra prag eva su-snigdha-svinnange tiksna-navanam |
sroto-visuddhaye yuñjyad accha-panam tato ghrtam || 26 ||

vidary-adi-gana-kvatha-dadhi-ksira-rasaih srtam |
nati-matram tatha vayur vyapnoti sahasaiva va || 27 ||

kulattha-yava-kolani bhadradarv-adikam ganam |
nihkvathyanupa-mamsam ca tenamlaih payasapi ca || 28 ||

svadu-skandha-prativapam maha-sneham vipacayet |
sekabhyangavagahanna-pana-nasyanuvasanaih || 29 ||

sa hanti vatam te te ca sneha-svedah su-yojitah |
vegantaresu murdhanam a-sakrc casya recayet || 30 ||

avapidaih pradhamanais tiksnaih slesma-nibarhanaih |
svasanasu vimuktasu tatha samjñam sa vindati || 31 ||
sauvarcalabhaya-vyosa-siddham sarpis cale 'dhike || 31uab ||
palastakam tilvakato varayah prastham palamsam
guru-pañca-mulam |
sairanda-simhi-trivrtam ghate 'pam paktva pacet
pada-srtena tena || 32 ||

dadhnah patre yava-sukat tri-bilvaih sarpih-prastham hanti tat
sevyamanam |
dustan vatan eka-sarvanga-samsthan
yoni-vyapad-gulma-vardhmodaram ca || 33 ||

21.33av dadhnah patre yava-suka-tri-bilvaih vidhis tilvaka-vaj jñeyo
ramyakasokayor api || 34ab ||

21.34bv samyakasokayor api
cikitsitam idam kuryac chuddha-vatapatanake |
samsrsta-dose samsrstam curnayitva kaphanvite || 35 ||

tumburuny abhaya hingu pauskaram lavana-trayam |
yava-kvathambuna peyam hrt-parsvarty-apatantrake || 36 ||

hingu sauvarcalam sunthi dadimam samla-vetasam |
pibed va slesma-pavana-hrd-rogoktam ca sasyate || 37 ||

ayamayor ardita-vad bahyabhyantarayoh kriya |
taila-dronyam ca sayanam antaro 'tra su-dus-tarah || 38 ||

vi-varna-danta-vadanah srastango nasta-cetanah |
prasvidyams ca dhanuh-skambhi dasa-ratram na jivati || 39 ||

21.39cv prasvidyams ca dhanuh-stambhi
vegesv ato anya-tha jiven mandesu vinato jadah |
khañjah kunih paksa-hatah pangulo vikalo 'tha-va || 40 ||

21.40dv pangulo vikalo 'pi va
hanu-sramse hanu snigdha-svinnau sva-sthanam anayet |
unnamayec ca kusalas cibukam vivrtte mukhe || 41 ||

namayet samvrte sesam ekayama-vad acaret |
jihva-stambhe yathavastham karyam vata-cikitsitam || 42 ||

vag-grahe kosna-toyena vetasamlam piben narah |
matulunga-rasam tad-vad dhingu-sauvarcalanvitam || 42+1 ||

ardite navanam murdhni tailam srotraksi-tarpanam |
sa-sophe vamanam daha-raga-yukte sira-vyadhah || 43 ||

nava-nitena samyuktam khaden masendarim narah |
dur-varam arditam hanti saptahan natra samsayah || 43+1 ||

snehanam sneha-samyuktam paksaghate virecanam |
ava-bahau hitam nasyam snehas cottara-bhaktikah || 44 ||

masa-bala-suka-simbi-kattrna-rasnasvagandhorubukanam |
kvatho nasya-nipito ramatha-lavananvitah kosnah || 44.1+1 ||

apanayati paksa-vatam manya-stambham sa-karna-nada-rujam |
dur-jayam ardita-vatam saptahaj jayati cavasyam || 44.1+2 ||

gudamañjarya khapuram vrsabhi-mulam ca sisira-jala-pistam |
navana-vidhau prayojitam ava-bahuka-gala-rujarti-haram || 44+1 ||

dasa-mula-bala-masa-kvatham tailajya-misritam |
sayam bhuktva piben nasyam visvacyam ava-bahuke || 44+2 ||

uru-stambhe tu na sneho na ca samsodhanam hitam |
slesmama-medo-bahulyad yuktya tat-ksapanany atah || 45 ||

21.45av uru-stambhe na ca sneho
kuryad ruksopacaras ca yava-syamaka-kodravah |
sakair a-lavanaih sastah kiñ-cit-tailair jalaih srtaih || 46
||

jangalair a-ghrtair mamsair madhv-ambho-'rista-payinah |
vatsakadir haridradir vacadir va sa-saindhavah || 47 ||

adhya-vate sukhambhobhih peyah sad-dharano 'tha-va |
lihyat ksaudrena va srestha-cavya-tikta-kana-ghanat || 48 ||

21.48av ama-vate sukhambhobhih 21.48bv peyah sat-carano 'tha-va
21.48dv
-cavya-tikta-kana-ghanan
citrakendrayavah patha katukativisa nisa |
vata-vyadhi-prasamano yogah sad-dharanahvayah || 48.1+1 ||

kalkam sa-madhu va cavya-pathyagni-suradaru-jam |
mutrair va silayet pathyam guggulum girisambhavam || 49 ||

vyosagni-musta-tri-phala-vidangair guggulum samam |
khadan sarvañ jayed vyadhin medah-slesmama-vata-jan || 50 ||

samyaty evam kaphakrantah sa-medaskah prabhañjanah |
ksara-mutranvitan svedan sekan udvartanani ca || 51 ||

kuryad dihyac ca mutradhyaih karañja-phala-sarsapaih |
mulair vapy arka-tarkari-nimba-jaih sa-surahvayaih || 52 ||

sa-ksaudra-sarsapa-pakva-losta-valmika-mrttikaih |
kapha-ksayartham vyayame sahye cainam pravartayet || 53 ||

sthalany ullanghayen narih saktitah parisilayet |
sthira-toyam sarah ksemam prati-sroto nadim taret || 54 ||

slesma-medah-ksaye catra snehadin avacarayet |
sthana-dusyadi calocya karya sesesv api kriya || 55 ||

21.55cv sthanam dusyadi calocya
brhan-nimba-taror mulam varina paripesitam |
sampitam nasayet ksipram a-sadhyam api grdhrasim || 55.1+1 ||

tuni-pratunyor lavanam sa-ghrtam ksara-hingu va |
raktavasecanam kuryad abhiksnam vata-kantake || 55.1+2 ||

pibed eranda-tailam va dahet sucibhir eva va |
sajyaih saktubhir abhyaktau na ca-ksira-samanvitaih || 55.1+3 ||
salmali-tvag-viliptau va padau samtapam udgatah || 55.1+4ab ||
sahacaram suradaru sa-nagaram kvathitam ambhasi taila-vimisritam |
pavana-pidita-deha-gatih piban druta-vilambita-go bhavaticchaya || 56 ||

rasna-mahausadha-dvipi-pippali-sathi-pauskaram |
pistva vipacayet sarpir vata-roga-haram param || 57 ||

nimbamrta-vrsa-patola-nidigdhikanam bhagan prthak dasa
palan vipaced ghate 'pam |
astamsa-sesita-rasena punas ca tena prastham ghrtasya vipacet
picu-bhaga-kalkaih || 58 ||

21.58av nimbamrta-vrsa-patola-karañjakanam
patha-vidanga-suradaru-gajopakulya-dvi-ksara-nagara-nisa-misi-
cavya-kusthaih |
tejovati-marica-vatsaka-dipyakagni-rohiny-aruskara-vaca-kana-mula-yu
ktaih || 59 ||

mañjisthayativisaya visaya yavanya samsuddha-guggulu-palair
api pañca-samkhyaih | tat sevitam vidhamati prabalam samiram
samdhy-asthi-majja-gatam apy atha kustham idrk || 60 ||

21.60cv tat sevitam pradhamati prabalam samiram
nadi-vranarbuda-bhagandara-ganda-mala-jatrurdhva-sarva-gada-gulma
-gudottha-mehan |
yaksma-ruci-svasana-pinasa-kasa-sopha-hrt-pandu-roga-mada-vidradh
i-vata-raktam || 61

||

21.61dv -hrt-parsva-roga-mada-vidradhi-vata-raktam
rasnatarusa-suradarv-amrta-satavary-eranda-puskara-dhamasak
a-sunthi-pathyah |
nighnanti vata-ja-rujam khalu sa-svadamstrah
saileya-sathy-ativisah kvathitah prayukta ||

61+1 ||

bala-bilva-srte ksire ghrta-mandam vipacayet |
tasya suktih prakuñco va nasyam vate siro-gate || 62 ||

tad-vat siddha vasa nakra-matsya-kurma-culuka-ja |
visesena prayoktavya kevale matarisvani || 63 ||

jirnam pinyakam pañca-mulam prthak ca kvathyam
kvathabhyam ekatas tailam abhyam |
ksirad astamsam pacayet tena panad vata nasyeyuh
slesma-yukta visesat || 64 ||

prasarini-tula-kvathe taila-prastham payah-samam |
dvi-meda-misi-mañjistha-kustha-rasna-ku-candanaih || 65 ||

jivakarsabha-kakoli-yugalamaradarubhih |
kalkitair vipacet sarva-marutamaya-nasanam || 66 ||

sa-mula-sakhasya sahacarasya tulam sametam dasa-mulatas ca |
palani pañcasad abhirutas ca padavasesam vipaced vahe 'pam || 67
||

tatra
sevya-nakha-kustha-himaila-sprk-priyangu-nalikambu-sila-jaih |
lohita-nalada-loha-surahvaih kopana-misi-turuska-natais ca || 68 ||

tulya-ksiram palikais taila-patram siddham krcchrañ chilitam
hanti vatan |

kampaksepa-stambha-sosadi-yuktan gulmonmadau pinasam yoni-rogan ||
69 ||

21.69av tulyam ksiram palikais taila-patram
sahacara-tulayas tu rase tailadhakam pacet |
mula-kalkad dasa-palam payo dattva catur-gunam || 70 ||

atha-va nata-sadgrantha-sthira-kustha-surahvayat |
saila-nalada-saileya-satahva-rakta-candanat || 71 ||

21.71bv -sthira-kustha-surahvayan 21.71dv -satahva-rakta-candanan
siddhe 'smiñ charkara-curnad asta-dasa-palam ksipet |
bhedasya sammatam tailam tat krcchran anilamayan || 72 ||

vata-kundalikonmada-gulma-vardhmadikañ jayet |
bala-satam chinnaruha-padam rasnasta-bhagikam || 73 ||

jaladhaka-sate paktva sata-bhaga-sthite rase |
dadhi-mastv-iksu-niryasa-suktais tailadhakam samaih || 74 ||

pacet saja-payo-'rdhamsam kalkair ebhih palonmitaih |
sathi-saraladarv-ela-mañjisthaguru-candanaih || 75 ||

padmakatibala-musta-surpaparni-harenubhih |
yasty-ahva-surasa-vyaghranakharsabhaka-jivakaih || 76 ||

palasa-rasa-kasturi-nalika-jati-kosakaih |
sprkka-kunkuma-saileya-jati-katuphalambubhih || 77 ||

21.77dv -jatika-katphalambubhih
tvak-kunduruka-karpura-turuska-srinivasakaih |
lavanga-nakha-kankola-kustha-mamsi-priyangubhih || 78 ||

sthauneya-tagara-dhyama-vaca-madanaka-plavaih |
sa-nagakesaraih siddhe dadyac catravatarite || 79 ||

21.79bv -vaca-madana-pallavaih
pattra-kalkam tatah putam vidhina tat prayojitam |
kasam svasam jvaram chardim murcham gulma-ksata-ksayan ||
80 ||

pliha-sosav apasmaram a-laksmim ca pranasayet |
bala-tailam idam srestham vata-vyadhi-vinasanam || 81 ||

pane nasye 'nvasane 'bhyañjane ca snehah kale samyag ete prayuktah |
dustan vatan asu santim nayeyur vandhya narih putra-bhajas
ca kuryuh || 82 ||

21.82dv vandhya narih putra-bhajah prakuryuh
sneha-svedair drutah slesma yada pakvasaye sthitah |
pittam va darsayed rupam vastibhis tam vinirjayet || 83 ||

21.83bv yada pakvasayam sthitah

cikitsasthana

vata-sonitino raktam snigdhasya bahu-so haret |
alpalpam palayan vayum yatha-dosam yatha-balam || 1 ||

rug-raga-toda-dahesu jalaukobhir vinirharet |
srnga-tumbais cimicima-kandu-rug-duyananvitam || 2 ||

pracchanena sirabhir va desad desantaram vrajat |
anga-glanau tu na sravyam rukse vatottare ca yat || 3 ||

22.3cv anga-mlanau tu na sravyam 22.3dv ruksam vatottaram ca yat
gambhiram svayathum stambham kampam snayu-siramayan |
glanim anyams ca vatotthan kuryad vayur asrk-ksayat || 4 ||

virecyah snehayitva tu sneha-yuktair virecanaih |
vatottare vata-rakte puranam payayed ghrtam || 5 ||

sravani-ksira-kakoli-ksirini-jivakaih samaih |
siddham sarsabhakaih sarpih sa-ksiram vata-rakta-nut || 6 ||

draksa-madhuka-varibhyam siddham va sa-sitopalam |
ghrtam pibet tatha ksiram guduci-sva-rase srtam || 7 ||

tailam payah sarkaram ca payayed va su-murchitam |
bala-satavari-rasna-dasa-mulaih sa-pilubhih || 8 ||

syamairanda-sthirabhis ca vatarti-ghnam srtam payah |
dharosnam mutra-yuktam va ksiram dosanulomanam || 9 ||

paitte paktva vari-tikta-patola-tri-phalamrtah |
pibed ghrtam va ksiram va svadu-tiktaka-sadhitam || 10 ||

ksirenairanda-tailam ca prayogena piben narah |
bahu-doso virekartham jirne ksiraudanasanah || 11 ||

kasayam abhayanam va payayed ghrta-bharjitam |
ksiranu-panam trivrta-curnam draksa-rasena va || 12 ||

nirhared va malam tasya sa-ghrtaih ksira-vastibhih |
na hi vasti-samam kiñ-cid vata-rakta-cikitsitam || 13 ||

visesat payu-parsvoru-parvasthi-jatharartisu |
musta-dhatri-haridranam pibet kvatham kapholbane || 14 ||

22.14cv musta-draksa-haridranam
sa-ksaudram tri-phalaya va guducim va yatha tatha |
yatharha-sneha-pitam ca vamitam mrdu ruksayet || 15 ||

22.15bv guducim va yatha-balam 22.15bv guducim va yatha-yatham
tri-phala-vyosa-pattraila-tvakksiri-citrakam vacam |
vidangam pippali-mulam romasam vrsakam tvacam || 16 ||

22.16dv romasam vrsakam tvacam
rddhim langalikim cavyam sama-bhagani pesayet |
kalye liptvayasim patrim madhyahne bhaksayed idam || 17 ||

vatasre sarva-dose 'pi param sulanvite hitam |
kokilaksaka-niryuhah pitas tac chaka-bhojina || 18 ||

22.18dv pitas tac chaka-bhaksina
krpabhyasa iva krodham vata-raktam niyacchati |
pañca-mulasya dhatrya va rasair lelitakim vasam || 19 ||

khudam su-rudham apy ange brahma-cari piban jayet |
ity abhyantaram uddistam karma bahyam atah param || 20 ||

tri-phalasta-palam kvathya pada-sesam jaladhake |
so-dasaiva palany atra praksipec chuddha-gugguloh || 20.1+1 ||

tatas tasmin ghani-bhute kalki-krtya dvi-karsikah |
pathya-vidanga-katuka guduci pala-sammita || 20.1+2 ||

karsamse trivrta danti khaded istanu-panatah |
vividham api vata-raktam sruta-suska-sphutitam api hanti || 20.1+3 ||

vrana-kasa-kustha-gulma-svayathudara-pandu-meham arsamsi |
abhibhuya jara-dosam karoti kaisorakam kayam || 20.1+4 ||

aranaladhake tailam pada-sarja-rasam srtam |
prabhute khajitam toye jvara-daharti-nut param || 21 ||

sa-madhucchista-mañjistham sa-sarja-rasa-sarivam |
pinda-tailam tad abhyangad vata-rakta-rujapaham || 22 ||

dasa-mula-srtam ksiram sadyah sula-nivaranam |
pariseko 'nila-praye tad-vat kosnena sarpisa || 23 ||

snehair madhura-siddhair va caturbhih parisecayet |
stambhaksepaka-sulartam kosnair dahe tu sitalaih || 24 ||

tad-vad gavyavika-cchagaih ksirais taila-vimisritaih |
nihkvathair jivaniyanam pañca-mulasya va laghoh || 25 ||

drakseksu-rasa-madyani dadhi-mastv-amla-kañjikam |
sekartham tandula-ksaudra-sarkarambhas ca sasyate || 26 ||

priyah priyam-vadah naryas candanardra-kara-stanah |
sparsa-sitah sukha-sparsa ghnanti daham rujam klamam || 27 ||

sa-rage sa-ruje dahe raktam hrtva pralepayet |
prapaundarika-mañjistha-darvi-madhuka-candanaih || 28 ||

sitopalairaka-saktu-masurosira-padmakaih |
lepo rug-daha-visarpa-raga-sopha-nibarhanah || 29 ||

22.29av sa-sitopala-kaseksu- 22.29bv -masurairaka-saktubhih
vata-ghnaih sadhitah snigdhah krsaro mudga-payasah |
tila-sarsapa-pindais ca sula-ghnam upanahanam || 30 ||

22.30cv tila-sarsapa-pindas ca
audaka-prasahanupa-vesavarah su-samskrtah |

jivaniyausadhaih sneha-yuktah syur upanahane || 31 ||

22.31cv jivaniyausadha-sneha-
stambha-toda-rug-ayama-sophanga-graha-nasanah |
jivaniyausadhaih siddha sa-payaska vasapi va || 32 ||

ghrtam sahacaran mulam jivanti chagalam payah |
lepah pistas tilas tad-vad bhrstah payasi nirvrtah || 33
||

ksira-pista-ksumam lepam erandasya phalani va |
kuryac chula-nivrtty-artham satahvam vanile 'dhike || 34 ||

22.34av ksira-pistam umam lepam
mutra-ksara-sura-pakvam ghrtam abhyañjane hitam |
siddham sa-madhu suktam va sekabhyange kaphottare || 35 ||

22.35av musta-ksara-sita-pakvam 22.35dv sekabhyangah kaphottare
grha-dhumo vaca kustham satahva rajani-dvayam |
pralepah sula-nud vata-rakte vata-kaphottare || 36 ||

madhu-sigror hitam tad-vad bijam dhanyamla-samyutam |
muhurta-liptam amlais ca siñced vata-kaphottare || 37 ||

uttanam lepanabhyanga-parisekavagahanaih |
virekasthapana-sneha-panair gambhiram acaret || 38 ||

vata-slesmottare kosna lepadyas tatra sitalaih |
vidaha-sopha-ruk-kandu-vivrddhih stambhanad bhavet || 39 ||

pitta-raktottare vata-rakte lepadayo himah |
usnaih plososa-rug-raga-svedavadaranodbhavah || 40 ||

madhuyastyah pala-satam kasaye pada-sesite |
tailadhakam sama-ksiram pacet kalkaih palonmitaih || 41 ||

sthira-tamalaki-durva-payasyabhiru-candanaih |
loha-hamsapadi-mamsi-dvi-meda-madhuparnibhih || 42 ||

kakoli-ksira-kakoli-satapusparddhi-padmakaih |
jivakarsabha-jivanti-tvak-pattra-nakha-valakaih || 43 ||

prapaundarika-mañjistha-sarivaindri-vitunnakaih |
catus-prayogam vatasrk-pitta-daha-jvararti-nut || 44 ||

22.44cv catus-prayogat tad dhanti 22.44dv tailam maruta-sonitam
sopadravam sanga-sulam sarva-gatranugam tatha |
vatasrk-pitta-daharti-jvara-ghnam bala-varna-krt || 44+1 ||

bala-kasaya-kalkabhyam tailam ksira-samam pacet |
sahasra-sata-pakam tad vatasrg-vata-roga-nut || 45 ||

rasayanam mukhya-tamam indriyanam prasadanam |
jivanam brmhanam svaryam sukrasrg-dosa-nasanam || 46 ||

kupite marga-samrodhan medaso va kaphasya va |
ati-vrddhyanile sastam nadau snehana-brmhanam || 47 ||

krtva tatradhya-vatoktam vata-sonitikam tatah |
bhesajam snehanam kuryad yac ca rakta-prasadanam || 48 ||

pranadi-kope yuga-pad yathoddistam yathamayam |
yathasannam ca bhaisajyam vikalpyam syad yatha-balam || 49 ||

nite nir-ama-tam same sveda-langhana-pacanaih |
ruksais calepa-sekadyaih kuryat kevala-vata-nut || 50 ||

sosaksepana-samkoca-stambha-svapana-kampanam |
hanu-sramso 'rditam khañjyam pangulyam khuda-vata-ta || 51 ||

samdhi-cyutih paksa-vadho medo-majjasthi-ga gadah |
ete sthanasya gambhiryat sidhyeyur yatnato navah || 52 ||

tasmaj jayen navan etan balino nir-upadravan |
vayau pittavrte sitam usnam ca bahu-sah kriyam || 53 ||

vyatyasad yojayet sarpir jivaniyam ca payayet |
dhanva-mamsam yavah salir virekah ksira-van mrduh || 54 ||

sa-ksira vastayah ksiram pañca-mula-bala-srtam |
kale 'nuvasanam tailair madhurausadha-sadhitaih || 55 ||

22.55cv kale 'nuvasanam tailam 22.55dv madhurausadha-sadhitam
yastimadhu-bala-taila-ghrta-ksirais ca secanam |
pañca-mula-kasayena varina sitalena va || 56 ||

22.56dv varina sitalena ca
kaphavrte yavannani jangala mrga-paksinah |
svedas tiksna niruhas ca vamanam sa-virecanam || 57 ||

purana-sarpis tailam ca tila-sarsapa-jam hitam |
samsrste kapha-pittabhyam pittam adau vinirjayet || 58 ||

karayed rakta-samsrste vata-sonitikim kriyam |
svedabhyanga-rasah ksiram sneho mamsavrte hitam || 59 ||

22.59dv sneho mamsavrte hitah
prameha-medo-vata-ghnam adhya-vate bhisag-jitam |
maha-sneho 'sthi-majja-sthe purvoktam retasavrte || 60 ||

annavrte pacaniyam vamanam dipanam laghu |
mutravrte mutralani svedas cottara-vastayah || 61 ||

22.61dv sveda uttara-vastayah
eranda-tailam varcah-sthe vasti-snehas ca bhedinah |
kapha-pitta-viruddham yad yac ca vatanulomanam || 62 ||

sarva-sthanavrte 'py asu tat karyam matarisvani |
an-abhisyandi ca snigdham srotasam suddhi-karanam || 63 ||

22.63av sarva-sthanavrte casu 22.63av sarva-sthanavrte tv asu
yapana vastayah prayo madhurah sanuvasanah |
prasamiksya baladhikyam mrdu karyam virecanam || 64 ||

22.64dv mrdu kaya-virecanam
rasayananam sarvesam upayogah prasasyate |
silahvasya visesena payasa suddha-gugguloh || 65 ||

leho va bhargavas tad-vad eka-dasa-sitasitah |
apane tv avrte sarvam dipanam grahi bhesajam || 66 ||

22.66bv eka-dasa-sitasitah
vatanulomanam karyam mutrasaya-visodhanam |
iti samksepatah proktam avrtanam cikitsitam || 67 ||

pranadinam bhisak kuryad vitarkya svayam eva tat |
udanam yojayed urdhvam apanam canulomayet || 68 ||

samanam samayed vidvams tri-dha vyanam tu yojayet |
prano raksyas caturbhyo 'pi tat-sthitau deha-samsthitih || 69 ||

22.69bv tri-dha vyanam ca yojayet
svam svam sthanam nayed evam vrtan vatan vi-marga-gan |
sarvam cavaranam pitta-rakta-samsarga-varjitam || 70 ||

rasayana-vidhanena lasuno hanti silitah |
pittavrte pitta-haram marutas canulomanam || 71 ||

raktavrte 'pi tad-vac ca khudoktam yac ca bhesajam |
rakta-pittanila-haram vividham ca rasayanam || 72 ||

yatha-nidanam nirdistam iti samyak cikitsitam |
ayur-veda-phalam sthanam etat sadyo 'rti-nasanat || 73 ||

22.73dv etat sadyo 'rti-nasanam
cikitsitam hitam pathyam prayascittam bhisag-jitam |
bhesajam samanam sastam paryayaih smrtam ausadham || 74 ||

kalpasthana
vamane madanam srestham trivrn-mulam virecane |
nityam anyasya tu vyadhi-visesena visista-ta || 1 ||

phalani nati-panduni na cati-haritany api |
adayahni prasatarkse madhye grisma-vasantayoh || 2 ||

1.2av phalani tani panduni 1.2bv na cati-haritani ca 1.2bv na
cati-haritany
atha
pramrjya kusa-muttolyam ksiptva baddhva pralepayet |
go-mayenanu muttolim dhanya-madhye nidhapayet || 3 ||

1.3av pramrjya kusa-putolyam 1.3cv go-mayenanu putolim
mrdu-bhutani madhv-ista-gandhani kusa-vestanat |
niskrstani gate 'stahe sosayet tany athatape || 4 ||

1.4av mrdu-bhutani madyesta- 1.4cv niskrstani gatastahe
1.4cv niskrsya nirgate 'stahe
1.4cv niskrsya vigate 'stahe
tesam tatah su-suskanam uddhrtya phala-pippalih |
dadhi-madhv-ajya-palalair mrditva sosayet punah || 5 ||

1.5cv dadhi-madhv-ambu-palalair
tatah su-guptam samsthapya karya-kale prayojayet |
athadaya tato matram jarjari-krtya vasayet || 6 ||

sarvarim madhuyastya va kovidarasya va jale |
karbudarasya bimbya va nipasya vidulasya va || 7 ||

1.7cv jimutakasya bimbya va
sanapuspyah sadapuspyah pratyakpuspy-udake 'tha-va |
tatah pibet kasayam tam pratar mrdita-galitam || 8 ||

1.8bv pratyakpuspodake 'tha-va 1.8bv pratyakpuspodakena va
sutroditena vidhina sadhu tena tatha vamet |
slesma-jvara-pratisyaya-gulmantar-vidradhisu ca || 9 ||

1.9bv sadhu tena yatha vamet 1.9bv sadhu tena tato vamet
pracchardayed visesena yavat pittasya darsanam |
phala-pippali-curnam va kvathena svena bhavitam || 10 ||

tri-bhaga-tri-phala-curnam kovidaradi-varina |
pibej jvara-ruci-stheva-granthy-apacy-arbudodari || 11 ||

1.11cv pibej jvara-gara-sthiva- 1.11cv pibej jvara-gara-stheva- 1.11cv
pibej jvara-gara-sveda- 1.11cv pibej jvara-ruci-sthiva- 1.11cv pibej
jvara-rucisv evam 1.11dv
granthy-apacy-arbudodari
pitte kapha-sthana-gate jimutadi-jalena tat |
hrd-dahe 'dho-'sra-pitte ca ksiram tat-pippali-srtam || 12 ||

ksaireyim va kapha-cchardi-praseka-tamakesu tu |
dadhy-uttaram va dadhi va tac-chrta-ksira-sambhavam || 13 ||

1.13bv -praseka-tamakesu ca
phaladi-kvatha-kalkabhyam siddham tat-siddha-dugdha-jam |
sarpih kaphabhibhute 'gnau susyad-dehe ca vamanam || 14 ||

1.14dv suska-dehe ca vamanam 1.14dv susyad-dehe tu vamanam
sva-rasam phala-majjño va bhallataka-vidhi-srtam |
a-darvi-lepanat siddham lidhva pracchardayet sukham || 15 ||

tam leham bhaksya-bhojyesu tat-kasayams ca yojayet |
vatsakadi-prativapah kasayah phala-majja-jah || 16 ||

nimbarkanya-tara-kvatha-samayukto niyacchati |
baddha-mulan api vyadhin sarvan samtarpanodbhavan || 17 ||

1.17dv slesma-samtarpanodbhavan

ratha-puspa-phala-slaksna-curnair malyam su-ruksitam |
vamen manda-rasadinam trpto jighran sukham sukhi || 18 ||

1.18bv -curnair malyam viruksitam 1.18bv -curnair malyam
su-rusitam 1.18bv -curnair malam su-rusitam
1.18cv vamen naro rasadinam
evam eva phala-bhave kalpyam puspam salatu va |
jimutadyas ca phala-vaj jimutam tu visesatah || 19 ||

1.19av evam eva phala-labhe
prayoktavyam jvara-svasa-kasa-hidhmadi-roginam |
payah puspe 'sya nirvrtte phale peya payas-krta || 20 ||

romase ksira-samtanam dadhy-uttaram a-romase |
srte payasi dadhy-amlam jatam harita-panduke || 21 ||

1.21dv jate harita-panduke 1.21dv jate harita-pandure 1.21dv
jatam
harita-pandure
asutya varuni-mandam piben mrdita-galitam |
kaphad a-rocake kase pandu-tve raja-yaksmani || 22 ||

iyam ca kalpana karya tumbi-kosatakisv api |
paryagatanam suskanam phalanam veni-janmanam || 23 ||

1.23dv phalanam venu-janmanam 1.23dv phalanam coni-janmanam
curnasya payasa suktim vata-pittarditah pibet |
dve va triny api vapothya kvathe tiktottamasya va || 24 ||

1.24cv dve va triny atha-vapothya
aragvadhadi-navakad asutyanya-tamasya va |
vimrdya putam tam kvatham pitta-slesma-jvari pibet || 25 ||

1.25cv vimrjya putam tam kvatham
jimuta-kalkam curnam va pibec chitena varina |
jvare paitte kavosnena kapha-vatat kaphad api || 26 ||

1.26av jimuta-curnam kalkam va
kasa-svasa-visa-cchardi-jvararte kapha-karsite |
iksvakur vamane sastah pratamyati ca manave || 27 ||

1.27bv -jvararte kapha-karsite 1.27cv iksvakur vamane sresthah
phala-puspa-vihinasya pravalais tasya sadhitam |
pitta-slesma-jvare ksiram pittodrikte prayojayet || 28 ||

1.28bv pravalais tena sadhitam 1.28dv pittodreke prayojayet
hrta-madhye phale jirne sthitam ksiram yada dadhi |
syat tada kapha-je kase svase vamyam ca payayet || 29 ||

1.29av hrta-madhye phale pakve 1.29dv svase vamyam ca payayet
mastuna va phalan madhyam pandu-kustha-visarditah |
tena takram vipakvam va pibet sa-madhu-saindhavam || 30 ||

1.30bv panduh kusthi visarditah
bhavayitvaja-dugdhena bijam tenaiva va pibet |
visa-gulmodara-granthi-gandesu slipadesu ca || 31 ||

saktubhir va piben mantham tumbi-sva-rasa-bhavitaih |
kaphodbhave jvare kase gala-rogesv a-rocake || 32 ||

gulme jvare prasakte ca kalkam mamsa-rasaih pibet |
narah sadhu vamaty evam na ca daurbalyam asnute || 33 ||

1.33av gulme jvare praseke ca
tumbyah phala-rasaih suskaih sa-puspair avacurnitam |
chardayen malyam aghraya gandha-sampat-sukhocitah || 34 ||

1.34av tumbyah phala-rasaih suskam 1.34dv gandham samyak
sukhocitah 1.34dv gandha-sampat-sukhocitam
1.34dv gandham samyak sukhocitam
kasa-gulmodara-gare vate slesmasaya-sthite |
kaphe ca kantha-vaktra-sthe kapha-samcaya-jesu ca || 35 ||

1.35dv kapha-samcaya-jesu tu
dhamargavo gadesv istah sthiresu ca mahatsu ca |
jivakarsabhakau vira kapikacchuh satavari || 36 ||

kakoli sravani meda mahameda madhulika |
tad-rajobhih prthag leha dhamargava-rajo-'nvitah || 37 ||

kase hrdaya-dahe ca sasta madhu-sita-drutah |
te sukhambho-'nu-panah syuh pittosma-sahite kaphe || 38 ||

1.38bv sasta madhu-sita-yutah 1.38bv sasta madhu-sitanvitah
dhanya-tumburu-yusena kalkas tasya visapahah |
bimbyah punarnavaya va kasamardasya va rase || 39 ||

1.39cv bimbyah punarnavayas ca
ekam dhamargavam dve va manase mrditam pibet |
tac-chrta-ksira-jam sarpih sadhitam va phaladibhih || 40 ||

ksvedo 'ti-katu-tiksnosnah pragadhesu prasasyate |
kustha-pandv-amaya-pliha-sopha-gulma-garadisu || 41 ||

1.41bv pragadhesu ca sasyate
prthak phaladi-satkasya kvathe mamsam anupa-jam |
kosatakya samam siddham tad-rasam lavanam pibet || 42 ||

1.42cv kosatakyah samam siddham
phaladi-pippali-tulyam siddham ksveda-rase 'tha-va |
ksveda-kvatham pibet siddham misram iksu-rasena va || 43 ||

1.43bv siddham ksveda-rasena va 1.43cv ksveda-kvathe pibet
siddham
kautajam su-kumaresu pitta-rakta-kaphodaye |
jvare visarpe hrd-roge khude kusthe ca pujitam || 44 ||

1.44av kutajam su-kumaresu
sarsapanam madhukanam toyena lavanasya va |
payayet kautajam bijam yuktam krsarayatha-va || 45 ||

saptaham varka-dugdhaktam tac-curnam payayet prthak |
phala-jimutakeksvaku-jivanti-jivakodakaih || 46 ||

1.46av saptaham carka-dughaktam
vamanausadha-mukhyanam iti kalpa-dig irita |
bijenanena mati-man anyany api ca kalpayet || 47 ||

1.47cv vidhinanena mati-man 1.47dv anyan api ca kalpayet 1.47dv anyan api ca yojayet

kalpasthana
kasaya-madhura ruksa vipake katuka trivrt |
kapha-pitta-prasamani rauksyac canila-kopani || 1 ||

2.1av kasaya madhura ruksa 2.1dv rauksyat sanila-kopani 2.1dv rauksyad
anila-kopani
sedanim ausadhair yukta vata-pitta-kaphapahaih |
kalpa-vaisesyam asadya jayate sarva-roga-jit || 2 ||

dvi-dha khyatam ca tan-mulam syamam syamarunam trivrt |
trivrd-akhyam vara-taram nir-apayam sukham tayoh || 3 ||

su-kumare sisau vrddhe mrdu-kosthe ca tad dhitam |
murcha-sammoha-hrt-kantha-kasana-ksanana-pradam || 4 ||

2.4dv -karsana-ksanana-pradam
syamam tiksnasu-kari-tvad atas tad api sasyate |
krure kosthe bahau dose klesa-ksamini cature || 5 ||

2.5cv krure kosthe bahu-dose 2.5cv krure kosthe maha-dose
gambhiranugatam slaksnam a-tiryag-visrtam ca yat |
grhitva visrjet kastham tvacam suskam nidhapayet || 6 ||

2.6bv a-tiryag-vistrtam ca yat
atha kale tatas curnam kiñ-cin nagara-saindhavam |
vatamaye pibed amlaih paitte sajya-sita-madhu || 7 ||

2.7av atha kale ca tac-curnam 2.7av atha kale tu tac-curnam 2.7av atha kale trivrc-curnam 2.7av atha kalena tac-curnam 2.7cv vatamayi pibed amlaih 2.7dv pitte
sajya-sita-madhu
ksira-drakseksu-kasmarya-svadu-skandha-vara-rasaih |
kaphamaye pilu-rasa-mutra-madyamla-kañjikaih || 8 ||

pañca-koladi-curnais ca yuktya yuktam kaphapahaih |
trivrt-kalka-kasayabhyam sadhitah sa-sito himah || 9 ||

2.9cv trivrt-kalka-kasayena 2.9dv yuktam yuñjyat kaphapahaih

madhu-tri-jata-samyukto leho hrdyam virecanam |
ajagandha tavaksiri vidari sarkara trivrt || 10 ||

2.10cv ajagandha tukaksiri
curnitam madhu-sarpirbhyam lidhva sadhu viricyate |
samnipata-jvara-stambha-pipasa-daha-piditah || 11 ||

2.11av tac-curnam madhu-sarpirbhyam
limped antas trivrtaya dvi-dha krtveksu-gandikam |
eki-krtya ca tat svinnam puta-pakena bhaksayet || 12 ||

2.12bv dvi-dha krtveksu-gandikah 2.12bv dvi-dha
krtveksu-kandikam 2.12bv dvi-dha krtveksu-kandikam 2.12cv
eki-krtam ca tat svinnam 2.12cv eki-krtya ca su-svinnam 2.12cv
eki-krtya tu tat svinnam
bhrngailabhyam sama nili tais trivrtais ca sarkara |
curnam phala-rasa-ksaudra-saktubhis tarpanam pibet || 13 ||

2.13av tvag-elabhyam sama nili
vata-pitta-kaphotthesu rogesv alpanalesu ca |
naresu su-kumaresu nir-apayam virecanam || 14 ||

vidanga-tandula-vara-yava-suka-kanas trivrt |
sarvato 'rdhena tal lidham madhv-ajyena gudena va || 15 ||

gulmam plihodaram kasam halimakam a-rocakam |
kapha-vata-krtams canyan parimarsti gadan bahun || 16 ||

vidanga-pippali-mula-tri-phala-dhanya-citrakan |
maricendrayavajaji-pippali-hasti-pippalih || 17 ||

2.17bv -tri-phala-dhanya-citrakam 2.17dv -pippali-hasti-pippali
dipyakam pañca-lavanam curnitam karsikam prthak |
tila-taila-trivrc-curna-bhagau casta-palonmitau || 18 ||

2.18dv -bhagav asta-palonmitau
dhatri-phala-rasa-prasthams trin gudardha-tulanvitan |
paktva mrdv-agnina khadet tato matram a-yantranah || 19 ||

2.19bv trin gudardha-tulonmitan 2.19dv tato matram a-yantritah
mandagni-tvam jvaram murcham mutra-krcchram a-rocakam || 19+1ab ||

kustharsah-kamala-gulma-mehodara-bhagandaran |
grahani-pandu-rogams ca hanti pum-savanas ca sah || 20 ||

gudah kalyanako nama sarvesv rtusu yaugikah |
vyosa-tri-jatakambhoda-krmighnamalakais trivrt || 21 ||

sarvaih sama sama-sita ksaudrena gutikah krtah |
mutra-krcchra-jvara-cchardi-kasa-sosa-bhrama-ksaye || 22 ||

2.22av sarvaih samana sa-sita 2.22bv ksaudrena gutiki-krta
bhaksayet pratar utthaya sitam canu pibej jalam || 22.1+1ab ||

tape pandv-amaye 'lpe 'gnau sastah sarva-visesu ca |
a-vipattir ayam yogah prasastah pitta-roginam || 23 ||

trivrta kautajam bijam pippali visva-bhesajam |
ksaudra-draksa-rasopetam varsa-kale virecanam || 24 ||

trivrd-duralabha-musta-sarkarodicya-candanam |
draksambuna sa-yasty-ahva-satalam jala-datyaye || 25 ||

2.25cv draksambuna sa-yasty-ahvam 2.25dv -sitalam jala-datyaye
2.25dv
sitalam jala-datyaye
trivrtam citrakam patham ajajim saralam vacam |
svarnaksirim ca hemante curnam usnambuna pibet || 26 ||

trivrta sarkara-tulya grisma-kale virecanam |
trivrt-trayanti-hapusa-satala-katu-rohinih || 27 ||

svarnaksirim ca samcurnya go-mutre bhavayet try-aham |
esa sarvartuko yogah snigdhanam mala-dosa-hrt || 28 ||

syama-trivrd-duralabha-hasti-pippali-vatsakam |
nilini-katuka-musta-srestha-yuktam su-curnitam || 29 ||

rasajyosnambubhih sastam ruksanam api sarva-da |
jvara-hrd-roga-vatasrg-udavartadi-rogisu || 30 ||

saindhavam pippali-mulam abhaya dvi-gunottaram |
curnam usnambuna peyam svasthe sukha-virecanam || 30.1+1 ||

2.30.1+1cv curnam usnambuna pitam
rajavrkso 'dhikam pathyo mrdur madhura-sitalah |
bale vrddhe ksate ksine su-kumare ca manave || 31 ||

yojyo mrdv-an-apayi-tvad visesac caturangulah |
phala-kale parinatam phalam tasya samaharet || 32 ||

tesam guna-vatam bharam sikatasu viniksipet |
sapta-ratrat samuddhrtya sosayed atape tatah || 33 ||

2.33dv sosayec catape tatah 2.33dv sosayed atape punah
tato majjanam uddhrtya sucau patre nidhapayet |
draksa-rasena tam dadyad dahodavarta-pidite || 34 ||

catur-varse sukham bale yavad dva-dasa-varsike |
caturangula-majjño va kasayam payayed dhimam || 35 ||

dadhi-manda-sura-manda-dhatri-phala-rasaih prthak |
sauvirakena va yuktam kalkena traivrtena va || 36 ||

danti-kasaye tan-majjño gudam jirnam ca niksipet |
tam aristam sthitam masam payayet paksam eva va || 37 ||

tvacam tilvaka-mulasya tyaktvabhyantara-valkalam |
visosya curnayitva ca dvau bhagau galayet tatah || 38 ||

lodhrasyaiva kasayena trtiyam tena bhavayet |
kasaye dasa-mulasya tam bhagam bhavitam punah || 39 ||

2.39av lodhrasya tu kasayena
suskam curnam punah krtva tatah pani-talam pibet |
mastu-mutra-sura-manda-kola-dhatri-phalambubhih || 40 ||

2.40av suska-curnam tatah kuryat 2.40av suska-curnam punah
krtva 2.40av
suskam curnam tatah krtva
tilvakasya kasayena kalkena ca sa-sarkarah |
sa-ghrtah sadhito lehah sa ca srestham virecanam || 41 ||

2.41dv sa ca srestho virecanam
sudha bhinatti dosanam mahantam api samcayam |
asv eva kasta-vibhramsan naiva tam kalpayed atah || 42 ||

2.42cv asv eva kasta-vibhramsam 2.42cv asv eva
kostha-vibhramsan 2.42dv
naiva tam kalpayet tatah
mrdau kosthe '-bale bale sthavire dirgha-rogini |
kalpya gulmodara-gara-tvag-roga-madhu-mehisu || 43 ||

pandau dusi-vise sophe dosa-vibhranta-cetasi |
sa srestha kantakais tiksnair bahubhis ca samacita || 44 ||

dvi-varsam va tri-varsam va sisirante visesatah |
tam patayitva sastrena ksiram uddharayet tatah || 45 ||

bilvadinam brhatyor va kvathena samam eka-sah |
misrayitva sudha-ksiram tato 'ngaresu sosayet || 46 ||

pibet krtva tu gutikam mastu-mutra-suradibhih |
trivrtadin nava varam svarnaksirim sa-satalam || 47 ||

saptaham snuk-payah-pitan rasenajyena va pibet |
tad-vad vyosottama-kumbha-nikumbhagnin gudambuna || 48 ||

2.48dv -nikumbhadin gudambuna
nati-suskam phalam grahyam sankhinya nis-tusi-krtam |
saptalayas tatha mulam te tu tiksna-vikasini || 49 ||

slesmamayodara-gara-svayathv-adisu kalpayet |
aksa-matram tayoh pindam madira-lavananvitam || 50 ||

hrd-roge vata-kapha-je tad-vad gulme 'pi yojayet |
danti-danta-sthiram sthulam mulam danti-dravanti-jam || 51 ||

2.51bv tad-vad gulme prayojay et
a-tamra-syava-tiksnosnam asu-kari vikasi ca |
guru prakopi vatasya pitta-slesma-vilayanam || 52 ||

2.52bv asu-kari vikasi ca
tat ksaudra-pippali-liptam svedyam mrd-darbha-vestitam |

sosyam mandatape 'gny-arkau hato hy asya vikasi-tam || 53 ||

2.53av tat ksaudra-pippali-misram 2.53av tat ksaudra-pippali-yuktam
2.53dv
hato hy asya vikasi-tam
tat piben mastu-madira-takra-pilu-rasasavaih |
abhisyanna-tanur gulmi pramehi jathari gari || 54 ||

2.54cv abhisyanda-tanur gulmi 2.54cv abhisyandi-tanur gulmi
go-mrgaja-rasaih panduh krmi-kosthi bhagandari |
siddham tat kvatha-kalkabhyam dasa-mula-rasena ca || 55 ||

visarpa-vidradhy-alaji-kaksa-dahan jayed ghrtam |
tailam tu gulma-meharso-vibandha-kapha-marutan || 56 ||

maha-snehah sakrc-chukra-vata-sanganila-vyathah |
virecane mukhya-tama navaite trivrtadayah || 57 ||

2.57av maha-snehas ca vit-sukra-
haritakim api trivrd-vidhanenopakalpayet |
gudasyasta-pale pathya vimsatih syat palam palam || 58 ||

danti-citrakayoh karsau pippali-trivrtor dasa |
prakalpya modakan ekam dasame dasame 'hani || 59 ||

usnambho 'nupibet khadet tan sarvan vidhinamuna |
ete nis-pariharah syuh sarva-vyadhi-nibarhanah || 60 ||

2.60av usnambho 'nupiban khadet
visesad grahani-pandu-kandu-kotharsasam hitah |
alpasyapi mahartha-tvam prabhutasyalpa-karma-tam || 61 ||

2.61bv -kandu-kostharsasam hitah 2.61bv
-kandu-kustharsasam hitah kuryat
samslesa-vislesa-kala-samskara-yuktibhih || 61uab ||

2.61ubv -kala-samskara-yuktitah
tvak-kesaramrataka-dadimaila-sitopala-maksika-matulungaih |
madyena tais tais ca mano-'nukulair yuktani deyani virecanani || 62 ||

2.62cv madyais ca tais tais ca mano-'nukulair

kalpasthana
vamanam mrdu-kosthena ksud-vatalpa-kaphena va |
ati-tiksna-hima-stokam a-jirne dur-balena va || 1 ||

pitam prayaty adhas tasminn ista-hanir malodayah |
vamayet tam punah snigdham smaran purvam atikramam || 2 ||

3.2dv smaran purvam anu-kramam
a-jirninah slesma-vato vrajaty urdhvam virecanam |
ati-tiksnosna-lavanam a-hrdyam ati-bhuri va || 3 ||

tatra purvodita vyapat siddhis ca na tathapi cet |

asaye tisthati tatas trtiyam navacarayet || 4 ||

anya-tra satmyad dhrdyad va bhesajan nir-apayatah |
a-snigdha-svinna-dehasya puranam ruksam ausadham || 5 ||

3.5av anya-tra satmyad dhrdyad ca 3.5cv a-snigdha-svinna-dehasya
dosan utklesya nirhartum a-saktam janayed gadan |
vibhramsam svayathum hidhmam tamaso darsanam trsam || 6 ||

3.6cv cid-bhramsam svayathum hidhmam
pindikodvestanam kandum urvoh sadam vi-varna-tam |
snigdha-svinnasya vaty-alpam diptagner jirnam ausadham || 7 ||

3.7cv snigdha-svinnasya caty-alpam
sitair va stabdham ame va samutklesyaharan malan |
tan eva janayed rogan a-yogah sarva eva sah || 8 ||

3.8av sitair va stabdham amair va 3.8bv samutklesyaharen malan 3.8bv
samutklesya haren malan
tam taila-lavanabhyaktam svinnam prastara-samkaraih |
nirudhah jangala-rasair bhojayitvanuvasayet || 9 ||

3.9bv svinnam samstara-samkaraih 3.9bv svinnam
samstara-sankaraih
phala-magadhika-daru-siddha-tailena matraya |
snigdham vata-haraih snehaih punas tiksnena sodhayet || 10 ||

bahu-dosasya ruksasya mandagner alpam ausadham |
sodavartasya cotklesya dosan margan nirudhya taih || 11 ||

3.11dv dosan margam nirudhya taih
bhrsam adhmapayen nabhim prstha-parsva-siro-rujam |
svasam vin-mutra-vatanam sangam kuryac ca darunam || 12 ||

3.12av bhrsam adhmapayen nabhi- 3.12bv -prstha-parsva-siro-rujam
abhyanga-sveda-varty-adi sa-niruhanuvasanam |
udavarta-haram sarvam karmadhmatasya sasyate || 13 ||

pañca-mula-yava-ksara-vaca-bhutika-saindhavaih |
yavaguh su-krta sula-vibandhanaha-nasani || 14 ||

3.14av pañca-kola-yava-ksara-
pippali-dadima-ksara-hingu-sunthy-amla-vetasan |
sa-saindhavan piben madyaih sarpisosnodakena va || 15 ||

pravahika-parisrava-vedana-parikartane |
pitausadhasya veganam nigrahan marutadayah || 16 ||

3.16av pravahika-parisrave 3.16bv vedana-parikartane
kupita hrdayam gatva ghoram kurvanti hrd-graham |
hidhma-parsva-ruja-kasa-dainya-lalaksi-vibhramaih || 17 ||

jihvam khadati nih-samjño dantan katakatayayan |
na gacched vibhramam tatra vamayed asu tam bhisak || 18 ||

3.18bv dantan katakatayate
madhuraih pitta-murchartam katubhih kapha-murchitam |
pacaniyais tatas casya dosa-sesam vipacayet || 19 ||

3.19cv pacaniyais tatas casu 3.19dv dosa-sesam ca pacayet
kayagnim ca balam casya kramenabhipravardhayet |
pavanenati-vamato hrdayam yasya pidyate || 20 ||

3.20bv kramenabhipravartayet
tasmai snigdhamla-lavanan dadyat pitta-kaphe 'nya-tha |
pitausadhasya veganam nigrahena kaphena va || 21 ||

3.21av tasmai snigdhamla-lavanam
ruddho 'ti va visuddhasya grhnaty angani marutah |
stambha-vepathu-nistoda-sadodvestarti-bhedanaih || 22 ||

3.22av ruddho vati visuddhasya 3.22dv -sadodvestadhibhedanaih
tatra vata-haram sarvam sneha-svedadi sasyate |
bahu-tiksnam ksudhartasya mrdu-kosthasya bhesajam || 23 ||

hrtvasu vit-pitta-kaphan dhatun asravayed dravan |
tatrati-yoge madhuraih sesam ausadham ullikhet || 24 ||

3.24bv dhatun prasravayed dravan
yojyo 'ti-vamane reko vireke vamanam mrdu |
parisekavagahadyaih su-sitaih stambhayec ca tam || 25 ||

3.25av yojyo 'ti reko vamite
añjanam candanosiram ajasrk-sarkarodakam |
laja-curnaih piben mantham ati-yoga-haram param || 26 ||

3.26av añjanam candanosira- 3.26bv -majjasrk-sarkarodakam
vamanasyati-yoge tu sitambu-parisecitah |
pibet phala-rasair mantham sa-ghrta-ksaudra-sarkaram || 27 ||

sodgarayam bhrsam chardyam murvaya dhanya-mustayoh |
sa-madhukañjanam curnam lehayen madhu-samyutam || 28 ||

3.28bv murchayam dhanya-mustayoh
vamato 'ntah pravistayam jihvayam kavada-grahah |
snigdhamla-lavana hrdya yusa-mamsa-rasa hitah || 29 ||

3.29cv snigdhamla-lavana hrdyas 3.29dv chaga-mamsa-rasa hitah
phalany amlani khadeyus tasya canye 'grato narah |
nihsrtam tu tila-draksa-kalka-liptam pravesayet || 30 ||

3.30bv tasya canye 'grato janah 3.30bv tasya caivagrato narah 3.30dv
-kalka-liptam prayojayet
vag-grahanila-rogesu ghrta-mamsopasadhitam |
yavagum tanukam dadyat sneha-svedau ca kala-vit || 31 ||

ati-yogac ca bhaisajyam jivam harati sonitam |
taj jivadanam ity uktam adatte jivitam yatah || 32 ||

3.32dv adhatte jivanam nrnam
sune kakaya va dadyat tenannam asrja saha |
bhukte '-bhukte vadej jivam pittam va bhesajeritam || 33 ||

3.33cv bhukta-bhuktam vadej jivam 3.33cv bhukte tasmin vadej jivam
3.33cv bhuktva-bhukte vadej jivam
3.33dv a-bhukte pittam adiset
suklam va bhavitam vastram avanam kosna-varina |
praksalitam vi-varnam syat pitte suddham tu sonite || 34 ||

3.34dv pittam suddham tu sonitam
trsna-murcha-madartasya kuryad a-maranat kriyam |
rakta-pittatisara-ghnim tasyasu prana-raksanim || 35 ||

3.35bv kuryad a-marana-kriyam 3.35dv tasyapi prana-raksanim
mrga-go-mahisajanam sadyaskam jivatam asrk |
pibej jivabhisamdhanam jivam tad dhy asu gacchati || 36 ||

3.36dv jivam tad dhy asu yacchati
tad eva darbha-mrditam raktam vastau nisecayet |
syama-kasmarya-madhuka-durvosiraih srtam payah || 37 ||

ghrta-mandañjana-yutam vastim va yojayed dhimam |
piccha-vastim su-sitam va ghrta-mandanuvasanam || 38 ||

gudam bhrastam kasayais ca stambhayitva pravesayet |
vi-samjñam sravayet sama-venu-gitadi-nisvanam || 39 ||

3.39bv stambhayitva prayojayet

kalpasthana
balam guducim tri-phalam sa-rasnam dvi-pañca-mulam ca
palonmitani |
astau phalany ardha-tulam ca mamsac chagat paced apsu
caturtha-sesam || 1 ||

puto yavani-phala-bilva-kustha-vaca-satahva-ghana-pippalinam |
kalkair guda-ksaudra-ghrtaih sa-tailair yuktah sukhosno
lavananvitas ca || 2 ||

4.2av putam yavani-phala-bilva-kustha-
vastih param sarva-gada-pramathi svasthe hito jivana-brmhanas ca
|
vastau ca yasmin pathito na kalkah sarva-tra dadyad amum eva tatra || 3 ||

4.3cv vastau ca yasmin kathito na kalkah
dvi-pañca-mulasya raso 'mla-yuktah sa-cchaga-mamsasya
sa-purva-pesyah |
tri-sneha-yuktah pravaro niruhah sarvanila-vyadhi-harah
pradistah || 4 ||

4.4bv sa-cchaga-mamsasya sa-purva-kalkah
bala-patoli-laghu-pañca-mula-trayantikairanda-yavat su-siddhat |

prastho rasac chaga-rasardha-yuktah sadhyah punah prastha-samah sa yavat || 5 ||

priyangu-krsna-ghana-kalka-yuktah sa-taila-sarpir-madhu-saindhavas ca |
syad dipano mamsa-bala-pradas ca caksur-balam copadadhati sadyah || 6 ||

eranda-mulat tri-palam palasat tatha palamsam
laghu-pañca-mulam |
rasna-bala-chinnaruhasvagandha-punarnavaragvadha-devadaru || 7 ||

4.7bv tatha palamsam laghu-pañca-mulat
phalani castau saliladhakabhyam vipacayed astama-sesite
'smin |
vaca-satahva-hapusa-priyangu-yasti-kana-vatsaka-bija-mustam
|| 8 ||

dadyat su-pistam saha-tarksya-sailam aksa-pramanam
lavanamsa-yuktam |
sa-maksikas taila-yutah sa-mutro vastir jayel lekhana-dipano 'sau || 9 ||

4.9dv vastir jayed dipana-pacano 'sau
janghoru-pada-trika-prstha-kostha-hrd-guhya-sulam
guru-tam vibandham |
gulmasma-vardhma-grahani-gudotthams tas tams ca rogan
kapha-vata-jatan || 10 ||

4.10cv gulmasma-vardhma-grahani-vikarams 4.10dv tams tams ca rogan
kapha-vata-jams ca
yasty-ahva-lodhrabhaya-candanais ca srtam payo 'gryam
kamalotpalais ca |
sa-sarkara-ksaudra-ghrtam su-sitam pittamayan hanti
sa-jivaniyam || 11 ||

4.11cv sa-sarkaram ksaudra-yutam su-sitam 4.11dv pittamayam hanti sa-jivaniyam
rasnam vrsam lohitikam anantam balam
kaniyas-trna-pañca-mulyau |
gopangana-candana-padmakarddhi-yasty-ahva-lodhrani palardhakani || 12 ||

4.12cv gopangana-candana-padmakahva-
nihkvathya toyena rasena tena srtam payo 'rdhadhakam ambu-hinam |
jivanti-medarddhi-vari-vidari-vira-dvi-kakoli-kaserukabhih || 13 ||

sitopala-jivaka-padma-renu-prapaundarikotpala-pundarikaih |
lodhratmagupta-madhuyastikabhir nagahva-muñjataka-candanais ca || 14 ||

4.14cv lohatmagupta-madhuyastikabhir
pistair ghrta-ksaudra-yutair niruham sa-saindhavam sitalam eva
dadyat |
pratyagate dhanva-rasena salin ksirena vadyat parisikta-gatrah
|| 15 ||

dahatisara-pradarasra-pitta-hrt-pandu-rogan visama-jvaram ca |
sa-gulma-mutra-graha-kamaladin sarvamayan pitta-krtan nihanti || 16 ||

4.16av dahatisara-pradaramla-pitta- 4.16bv -hrt-pandu-rogan
visama-jvarams ca
4.16bv -hrt-pandu-rogan visaman jvarams ca
kosatakaragvadha-devadaru-murva-svadamstra-kutajarka-patha
h |
paktva kulatthan brhatim ca toye rasasya tasya prasrta dasa syuh
|| 17 ||

tan sarsapaila-madanaih sa-kusthair aksa-pramanaih
prasrtais ca yuktan |
ksaudrasya tailasya phalahvayasya ksarasya tailasya ca sarsapasya ||
18 ||

4.18dv ksarasya tailasya ca sarsapasya
dadyan niruham kapha-rogitaya mandagnaye casana-vidvise ca |
vaksye mrdun sneha-krto niruhan sukhocitanam prasrtaih
prthak tu || 19 ||

atheman su-kumaranam niruhan snehanan mrdun |
karmana viplutanam ca vaksyami prasrtaih prthak || 20 ||

4.20cv karmana viplutanam tu
ksirad dvau prasrtau karyau madhu-taila-ghrtat trayah |
khajena mathito vastir vata-ghno bala-varna-krt || 21 ||

ekaikah prasrtas taila-prasanna-ksaudra-sarpisam |
bilvadi-mula-kvathad dvau kaulatthad dvau sa vata-jit || 22 ||

4.22av ekaikah prasrtis taila-
patola-nimba-bhutika-rasna-saptacchadambhasah |
prasrtah prthag ajyac ca vastih sarsapa-kalka-van || 23 ||

4.23av patola-nimba-putika- 4.23bv -rasna-saptacchadambhasam 4.23cv
prasrtah prthag ajyac ca
sa pañca-tikto 'bhisyanda-krmi-kustha-prameha-ha |
catvaras taila-go-mutra-dadhi-mandamla-kañjikat || 24 ||

4.24bv -krmi-kustha-pramoha-ha 4.24bv -krmi-kustha-prameha-jit
prasrtah sarsapaih pistair vit-sanganaha-bhedanah |
payasyeksu-sthira-rasna-vidari-ksaudra-sarpisam || 25 ||

4.25bv vit-sanganaha-bhedanah 4.25bv vit-sanganaha-bhedinah
4.25dv

-vidari-ksaudra-sarpisah
ekaikah prasrto vastih krsna-kalko vrsa-tva-krt |
siddha-vastin ato vaksye sarva-da yan prayojayet || 26 ||

nir-vyapado bahu-phalan bala-pusti-karan sukhan |
madhu-taile same karsah saindhavad dvi-picur misih || 27 ||

eranda-mula-kvathena niruho madhutailikah |
rasayanam prameharsah-krmi-gulmantra-vrddhi-nut || 28 ||

4.28bv niruho madhu-tailikah 4.28dv -krmi-gulmantra-vrddhi-hrt
sa-yastimadhukas caisa caksusyo rakta-pitta-jit |
yapano ghana-kalkena madhu-taila-rasajya-van || 29 ||

payu-januru-vrsana-vasti-mehana-sula-jit |
prasrtamsair ghrta-ksaudra-vasa-tailaih prakalpayet || 30 ||

4.30av payu-janghoru-vrsana-
yapanam saindhavardhaksa-hapusardha-palanvitam |
eranda-mula-nihkvatho madhu-tailam sa-saindhavam || 31 ||

4.31dv madhu-tailam sa-saindhavah
esa yukta-ratho vastih sa-vaca-pillali-phalah |
sa kvatho madhu-sadgrantha-satahva-hingu-saindhavam || 32 ||

4.32cv tat-kvatho madhu-sadgrantha- 4.32dv
-satahva-hingu-saindhavah
suradaru ca rasna ca vastir dosa-harah sivah |
pañca-mulasya nihkvathas tailam magadhika madhu || 33 ||

4.33av suradaru vaca rasna 4.33bv vastir dosa-haras ca sah 4.33bv
vastir
dosa-harah parah
sa-saindhavah sa-madhukah siddha-vastir iti smrtah |
dvi-pañca-mula-tri-phala-phala-bilvani pacayet || 34 ||

go-mutre tena pistais ca patha-vatsaka-toyadaih |
sa-phalaih ksaudra-tailabhyam ksarena lavanena ca || 35 ||

4.35dv ksarena lavanena va
yukto vastih kapha-vyadhi-pandu-roga-visucisu |
sukranila-vibandhesu vasty-atope ca pujitah || 36 ||

4.36dv vasty-atopesu pujitah
musta-pathamrtairanda-bala-rasna-punarnavah |
mañjistharagvadhosira-trayamanaksa-rohinih || 37 ||

4.37bv -bala-rasna-punarnavam 4.37dv -trayamanaksa-rohini
kaniyah pañca-mulam ca palikam madanastakam |
jaladhake pacet tac ca pada-sesam parisrutam || 38 ||

ksira-dvi-prastha-samyuktam ksira-sesam punah pacet |
sa-pada-jangala-rasah sa-sarpir-madhu-saindhavah || 39 ||

pistair yasti-misi-syama-kalingaka-rasañjanaih |
vastih sukhosno mamsagni-bala-sukra-vivardhanah || 40 ||

vatasrn-moha-meharso-gulma-vin-mutra-samgrahan |
visama-jvara-visarpa-vardhmadhmana-pravahikah || 41 ||

4.41av vata-rakta-prameharso- 4.41av vatasrn-meha-medo-'rso- 4.41bv
-gulma-vin-mutra-samgraham
vanksanoru-kati-kuksi-manya-srotra-siro-rujah |
hanyad asrg-daronmada-sopha-kasasma-kundalan || 42 ||

caksusyah putra-do raja yapananam rasayanam |
mrganam laghu-vadranam dasa-mulasya cambhasa || 43 ||

4.43bv yapananam rasayanah 4.43cv mrganam laghu-babhrunam
4.43cv mrganam laghu-barhanam 4.43cv mrganam
laghu-vadranam 4.43cv mrganam laghu-vabhranam 4.43cv
mrganam laghu-babhranam
4.43cv mrganam laghu-varganam
hapusa-misi-gangeyi-kalkair vata-harah param |
niruho 'ty-artha-vrsyas ca maha-sneha-samanvitah || 44 ||

4.44bv -kalkair vata-haraih param 4.44bv -kalko vata-harah param
mayuram paksa-pittantra-pada-vit-tunda-varjitam |
laghuna pañca-mulena palikena samanvitam || 45 ||

paktva ksira-jale ksira-sesam sa-ghrta-maksikam |
tad vidari-kana-yasti-satahva-phala-kalka-vat || 46 ||

4.46dv -satahva-phala-kalka-van
vastir isat-patu-yutah paramam bala-sukra-krt |
kalpaneyam prthak karya tittiri-prabhrtisv api || 47 ||

4.47bv paramam bala-varna-krt
viskiresu samastesu pratuda-prasahesu ca |
jala-carisu tad-vac ca matsyesu ksira-varjita || 48 ||

godha-nakula-marjara-salyakondura-jam palam |
prthag dasa-palam ksire pañca-mulam ca sadhayet || 49 ||

tat payah phala-vaidehi-kalka-dvi-lavananvitam |
sa-sita-taila-madhv-ajyo vastir yojyo rasayanam || 50 ||

4.50cv sa-sita-taila-madhv-ajyam 4.50cv sa-sita-taila-madhv-ajyam
vyayama-mathitoraska-ksinendriya-balaujasam |
vibaddha-sukra-vin-mutra-khuda-vata-vikarinam || 51 ||

4.51cv vibandha-sukra-vin-mutra-
gaja-vaji-ratha-ksobha-bhagna-jarjaritatmanam |
punar-nava-tvam kurute vaji-karanam uttamam || 52 ||

4.52dv vaji-karana-sat-tamam
siddhena payasa bhojyam atmaguptoccateksuraih |

snehams ca-yantranan siddhan siddha-dravyaih prakalpayet || 53 ||

4.53cv snehams cadhya-gunan siddhan
dosa-ghnah sa-parihara vaksyante sneha-vastayah |
dasa-mulam balam rasnam asvagandham punarnavam || 54 ||

4.54av dosa-ghna nis-parihara
guducyairanda-bhutika-bhargi-vrsaka-rohisam |
satavarim sahacaram kakanasam palamsakam || 55 ||

4.55av guducyairanda-putika- 4.55dv kakanasam palamsikam
4.55dv
kakanasam palamsikam
yava-masatasi-kola-kulatthan prasrtonmitan |
vahe vipacya toyasya drona-sesena tena ca || 56 ||

pacet tailadhakam pesyair jivaniyaih palonmitaih |
anuvasanam ity etat sarva-vata-vikara-nut || 57 ||

4.57av pacet tailadhakam kalkair 4.57dv sarva-vata-vikara-jit
anupanam vasa tad-vaj jivaniyopasadhita |
satahva-ciribilvamlais tailam siddham samirane || 58 ||

4.58cv satahva-yava-bilvamlais 4.58dv tailam tad-vat samirane
saindhavenagni-varnena taptam canila-jid ghrtam |
jivantim madanam medam sravanim madhukam balam || 59 ||

satahvarsabhakau krsnam kakanasam satavarim |
svaguptam ksira-kakolim karkatakhyam sathim vacam || 60
||

pistva taila-ghrtam ksire sadhayet tac-catur-gune |
brmhanam vata-pitta-ghnam bala-sukragni-vardhanam || 61 ||

4.61av pistva tailam ghrtam ksire 4.61bv sadhayet ca
catur-gune
rajah-sukramaya-haram putriyam canuvasanam |
saindhavam madanam kustham satahva niculo vaca || 62 ||

4.62av rajah-sukranila-haram 4.62bv putriyam anuvasanam
hriveram madhukam bhargi devadaru sa-katphalam |
nagaram puskaram meda cavika citrakah sathi || 63 ||

4.63av hriveram padmakam bhargi
vidangativise syama harenur nilini sthira |
bilvajamoda-capala danti rasna ca taih samaih || 64 ||

4.64av vidangativisa-syama 4.64cv bilvajamoda-capala 4.64cv
bilvajamode
capala
sadhyam eranda-tailam va tailam va kapha-roga-nut |
vardhmodavarta-gulmarsah-pliha-mehadhya-marutan || 65 ||

4.65av sadhyam eranda-jam tailam 4.65bv kapha-vata-ja-roga-nut
anaham asmarim casu hanyat tad anuvasanam |
sadhitam pañca-mulena tailam bilvadinatha-va || 66 ||

kapha-ghnam kalpayet tailam dravyair va kapha-ghatibhih |
phalair asta-gunais camlaih siddham anvasanam kaphe || 67 ||

4.67cv phalair asta-gune camle
mrdu-vasti-jadi-bhute tiksno 'nyo vastir isyate |
tiksnair vikarsite snigdho madhurah sisiro mrduh || 68 ||

4.68av mrdu-vastau jadi-bhute
tiksna-tvam mutra-pilv-agni-lavana-ksara-sarsapaih |
prapta-kalam vidhatavyam ksirajyadyais tu mardavam || 69 ||

4.69av tiksna-tvam mutra-bilvagni- 4.69dv ksirajyadyais ca
mardavam 4.69dv ksiradyais caiva mardavam
4.69dv ghrta-ksirais tu mardavam
bala-kala-roga-dosa-prakrtih pravibhajya yojito vastih |
svaih svair ausadha-vargaih svan svan rogan nivartayati || 70 ||

4.70bv -prakrtih praviviksya yojito vastih 4.70dv svan svan
dosan nivartayati
usnartanam sitañ chitartanam tatha sukhosnams ca |
tad-yogyausadha-yuktan vastin samtarkya yuñjita || 71 ||

vastin na brmhaniyan dadyad vyadhisu visodhaniyesu |
medasvino visodhya ye ca narah kustha-mehartah || 72 ||

4.72bv dadyad vyadhisu ca sodhaniyesu
na ksina-ksata-dur-bala-murchita-krsa-suska-suddha-dehanam |
dadyad visodhaniyan dosa-nibaddhayuso ye ca || 73 ||

kalpasthana
a-snigdha-svinna-dehasya guru-kosthasya yojitah |
sito 'lpa-sneha-lavana-dravya-matro ghano 'pi va || 1 ||

5.1dv -drava-matro ghano 'pi va
vastih samksobhya tam dosam dur-bala-tvad a-nirharan |
karoty a-yogam tena syad vata-mutra-sakrd-grahah || 2 ||

5.2av vastih samstabhya tam dosam
nabhi-vasti-ruja daho hrl-lepah svayathur gude |
kandur gandani vaivarnyam a-ratir vahni-mardavam || 3 ||

5.3av nabhi-vasti-rujanaho 5.3cv kandur gandati-vaivarnyam 5.3cv
kandur
gandaksi-vaivarnyam
kvatha-dvayam prag-vihitam madhya-dose 'tisarini |
usnasya tasmad ekasya tatra panam prasasyate || 4 ||

5.4dv tatra panam vidhiyate
phala-vartyas tatha svedah kalam jñatva virecanam |

bilva-mula-trivrd-daru-yava-kola-kulattha-van || 5 ||

suradi-mutra-van vastih sa-prak-pesyas tam anayet |
yukto 'lpa-viryo dosadhye rukse krurasaye 'tha-va || 6 ||

5.6av suradi-mams tatra vastih
vastir dosavrto ruddha-margo rundhyat samiranam |
sa vi-margo 'nilah kuryad adhmanam marma-pidanam || 7 ||

vidaham guda-kosthasya muska-vanksana-vedanam |
runaddhi hrdayam sulair itas cetas ca dhavati || 8 ||

sv-abhyakta-svinna-gatrasya tatra vartim prayojayet |
bilvadis ca niruhah syat pilu-sarsapa-mutra-van || 9 ||

5.9av abhyakta-svinna-gatrasya 5.9av sv-abhyakta-svinna-gatraya 5.9av
sv-abhyakta-svinna-dehasya
saralamaradarubhyam sadhitam canuvasanam |
kurvato vega-samrodham pidito vati-matraya || 10 ||

5.10bv sadhitam vanuvasanam 5.10dv piditas cati-matraya
a-snigdha-lavanosno va vastir alpo 'lpa-bhesajah |
mrdur va marutenordhvam viksipto mukha-nasikat || 11 ||

nireti murcha-hrl-lasa-trd-dahadin pravartayan |
murcha-vikaram drstvasya siñcec chitambuna mukham || 12 ||

5.12bv -trd-dahadin prakalpayet 5.12bv -trd-dahadin pravartayet
vyajed a-klama-nasac ca pranayamam ca karayet |
prstha-parsvodaram mrjyat karair usnair adho-mukham || 13 ||

5.13av vijet klama-vinasac ca 5.13av vijed a-klama-nasac ca 5.13av
vijyed a-klama-nasac ca
5.13cv prstha-parsvodaram mrdyat
kesesutksipya dhunvita bhisayed vyala-damstribhih |
sastrolka-raja-purusair vastir eti tatha hy adhah || 14 ||

5.14bv bhayayed vyala-damstribhihv 5.14bv bhapayed
vyala-damstribhih
pani-vastrair galapidam kuryan na mriyate tatha |
pranodana-nirodhad dhi su-prasiddha-tarayanah || 15 ||

apanah pavano vastim tam asv evapakarsati |
kustha-kramuka-kalkam ca payayetamla-samyutam || 16 ||

5.16bv tathasv evapakarsati 5.16cv kustha-kramuka-kalkam va 5.16dv
payayed amla-samyutam
ausnyat taiksnyat sara-tvac ca vastim so 'syanulomayet |
go-mutrena trivrt-pathya-kalkam vadho-'nulomanam || 17 ||

5.17dv -kalkam cadho-'nulomanam
pakvasaya-sthite svinne niruho dasamulikah |
yava-kola-kulatthais ca vidheyo mutra-sadhitaih || 18 ||

5.18dv vidheyo mutra-sadhitah
vastir go-mutra-siddhair va samrta-vamsa-pallavaih |
puti-karañja-tvak-pattra-sathi-devahva-rohisaih || 19 ||

sa-taila-guda-sindhuttho virekausadha-kalka-van |
bilvadi-pañca-mulena siddho vastir urah-sthite || 20 ||

sirah-sthe navanam dhumah pracchadyam sarsapaih sirah |
vastir aty-usna-tiksnamla-ghano 'ti-sveditasya va || 21 ||

alpe dose mrdau kosthe prayukto va punah punah |
ati-yoga-tvam apanno bhavet kuksi-ruja-karah || 22 ||

virecanati-yogena sa tulyakrti-sadhanah |
vastih ksaramla-tiksnosna-lavanah paittikasya va || 23 ||

5.23dv -lavanah paittikasya ca
gudam dahan likhan ksinvan karoty asya parisravam |
sa vidagdham sravaty asram varnaih pittam ca bhuribhih || 24 ||

5.24bv karoty asra-parisravam
bahu-sas cati-vegena moham gacchati so '-sakrt |
rakta-pittatisara-ghni kriya tatra prasasyate || 25 ||

5.25av bahu-sas cati-yogena 5.25bv moham gacchati ca-sakrt 5.25bv moham
gacchati va-sakrt
dahadisu trivrt-kalkam mrdvika-varina pibet |
tad dhi pitta-sakrd-vatan hrtva dahadikañ jayet || 26 ||

5.26dv hatva dahadikañ jayet
visuddhas ca pibec chitam yavagum sarkara-yutam |
yuñjyad vati-viriktasya ksina-vitkasya bhojanam || 27 ||

5.27bv yavagum sarkaranvitam
masa-yusena kulmasan panam dadhy atha-va suram |
siddhir vasty-apadam evam sneha-vastes tu vaksyate || 28 ||

5.28dv sneha-vastisu vaksyate 5.28dv sneha-kalpas tu vaksyate
sito 'lpo vadhike vate pitte 'ty-usnah kaphe mrduh |
ati-bhukte gurur varcah-samcaye 'lpa-balas tatha || 29 ||

dattas tair avrtah sneho nayaty abhibhavad api |
stambhoru-sadanadhmana-jvara-sulanga-mardanaih || 30 ||

5.30bv nayaty abhibhavad adhah
parsva-rug-vestanair vidyad vayuna sneham avrtam |
snigdhamla-lavanosnais tam rasna-pitadru-tailikaih || 31 ||

sauviraka-sura-kola-kulattha-yava-sadhitaih |
niruhair nirharet samyak sa-mutraih pañcamulikaih || 32 ||

5.32av sauviraka-surankolla- 5.32dv sa-mutraih pañcamaulikaih
tabhyam eva ca tailabhyam sayam bhukte 'nuvasayet |

trd-daha-raga-sammoha-vaivarnya-tamaka-jvaraih || 33 ||

5.33av tabhyam eva tu tailabhyam 5.33av tailabhyam eva tabhyam va
vidyat pittavrtam svadu-tiktais tam vastibhir haret |
tandra-sita-jvaralasya-praseka-ruci-gauravaih || 34 ||

5.34bv -tiktais tam ca vinirharet
sammurcha-glanibhir vidyac chlesmana sneham avrtam |
kasaya-tikta-katukaih sura-mutropasadhitaih || 35 ||

5.35av sa-murcha-glanibhir vidyac 5.35dv sura-mutraih prasadhitaih
5.35dv
sura-go-mutra-sadhitaih
phala-taila-yutaih samlair vastibhis tam vinirharet |
chardi-murcha-ruci-glani-sula-nidranga-mardanaih || 36 ||

5.36dv -sula-tandranga-mardanaih
ama-lingaih sa-dahais tam vidyad aty-asanavrtam |
katunam lavananam ca kvathais curnais ca pacanam || 37 ||

5.37bv vidyad amavrtam tu tam
mrdur virekah sarvam ca tatrama-vihitam hitam |
vin-mutranila-sangarti-guru-tvadhmana-hrd-grahaih || 38 ||

sneham vid-avrtam jñatva sneha-svedaih sa-vartibhih |
syama-bilvadi-siddhais ca niruhaih sanuvasanaih || 39 ||

nirhared vidhina samyag udavarta-harena ca |
a-bhukte suna-payau va peya-matrasitasya va || 40 ||

5.40bv udavarta-harena va 5.40dv peya-matrasitasya ca
gude pranihitah sneho vegad dhavaty an-avrtah |
urdhvam kayam tatah kanthad urdhvebhyah khebhya ety api || 41
||

5.41cv urdhva-kayam tatah kanthad
mutra-syama-trivrt-siddho yava-kola-kulattha-van |
tat-siddha-tailo deyah syan niruhah sanuvasanah || 42 ||

kanthad agacchatah stambha-kantha-graha-virecanaih |
chardi-ghnibhih kriyabhis ca tasya kuryan nibarhanam || 43 ||

na-pakvam pranayet sneham gudam sa hy upalimpati |
tatah kuryat sa-run-moha-kandu-sophan kriyatra ca || 44 ||

5.44av na-pakvam snehayet sneham 5.44cv tatah kuryat sa-trn-moha-
5.44cv
sa kuryat sakthi-run-moha-
tiksno vastis tatha tailam arka-pattra-rase srtam |
an-ucchvasya tu baddhe va datte nihsesa eva va || 45 ||

5.45cv an-ucchvasya nu baddhe va 5.45cv an-ucchvasyanubaddhe va 5.45dv
datte nihsesa eva ca

pravisya ksubhito vayuh sula-toda-karo bhavet |
tatrabhyango gude svedo vata-ghnany asanani ca || 46 ||

5.46dv vata-ghnany asanany atha
drutam pranite niskrste sahasotksipta eva va |
syat kati-guda-janghoru-vasti-stambharti-bhedanam || 47 ||

bhojanam tatra vata-ghnam svedabhyangah sa-vastayah |
pidyamane 'ntara mukte gude pratihato 'nilah || 48 ||

urah-siro-rujam sadam urvos ca janayed bali |
vastih syat tatra bilvadi-phala-syamadi-mutra-van || 49 ||

5.49cv vastih syat tatra bilvadih 5.49dv phala-syamadi-mutra-van
ati-prapiditah kosthe tisthaty ayati va galam |
tatra vastir virekas ca gala-pidadi karma ca || 50 ||

5.50bv tisthann ayati va galam
vamanadyair visuddham ca ksama-deha-balanalam |
yathandam tarunam purnam taila-patram yatha tatha || 51 ||

5.51av karmabhir vamanadyais ca 5.51av vamanadyair visuddham tu
bhisak prayatnato rakset sarvasmad apacaratah |
dadyan madhura-hrdyani tato 'mla-lavanau rasau || 52 ||

5.52bv sarvasmad apavadatah
svadu-tiktau tato bhuyah kasaya-katukau tatah |
anyo-'nya-praty-anikanam rasanam snigdha-ruksayoh || 53 ||

vyatyasad upayogena kramat tam prakrtim nayet |
sarvam-sahah sthira-balo vijñeyah prakrtim gatah || 54 ||

kalpasthana
dhanve sadharane dese same san-mrttike sucau |
smasana-caityayatana-svabhra-valmika-varjite || 1 ||

6.1av dhanva-sadharane dese 6.1cv smasana-caityadyatana-
mrdau pradaksina-jale kusa-rohisa-samstrte |
a-phala-krste 'n-akrante padapair bala-vat-taraih || 2 ||

6.2bv kusa-rohisa-samskrte
sasyate bhesajam jatam yuktam varna-rasadibhih |
jantv-a-jagdham dava-dagdham a-vidagdham ca vaikrtaih || 3 ||

6.3cv jantv-a-justam dava-dagdham 6.3dv a-vijagdham ca vaikrtaih
bhutais chayatapambv-adyair yatha-kalam ca sevitam |
avagadha-maha-mulam udicim disam asritam || 4 ||

6.4dv udicim disam asthitam
mahendra-rama-krsnanam brahmananam gavam api |
tapasa tejasa vapi prasamyadhvam sivaya vai || 4+(1) ||

6.4+(1)cv tapasam tejasam vapi 6.4+(1)dv prasamyadhvam samaya vai
mantrenanena mati-man sarvam apy ausadham nayet || 4+(2)ab ||

atha kalyana-caritah sraddhah sucir upositah |
grhniyad ausadham su-stham sthitam kale ca kalpayet || 5 ||

sa-ksiram tad a-sampattav an-atikranta-vatsaram |
rte guda-ghrta-ksaudra-dhanya-krsna-vidangatah || 6 ||

6.6cv rte ghrta-guda-ksaudra-
payo baskayanam grahyam vin-mutram tac ca ni-rujam |
vayo-bala-vatam dhatu-piccha-srnga-khuradikam || 7 ||

6.7bv vin-mutram tac ca ni-ruji 6.7bv vin-mutram tac ca ni-rujam
6.7dv -puccha-srnga-khuradikam
6.7dv -pitta-srnga-khuradikam
kasaya-yonayah pañca rasa lavana-varjitah |
rasah kalkah srtah sitah phantas ceti prakalpana || 8 ||

6.8dv phantas ceti prakalpanah
pañca-dhaiva kasayanam purvam purvam baladhika |
sadyah-samuddhrtat ksunnad yah sravet pata-piditat || 9 ||

6.9av pañca caiva kasayanam 6.9bv purvam purvam baladhikah
6.9bv purvam purvam balavahah
6.9cv sadyah-samuddhrta-ksunnad 6.9dv yah sravet
pata-pidanat
sva-rasah sa samuddistah kalkah pisto dravaplutah |
curno '-plutah srtah kvathah sito ratrim drave sthitah ||
10 ||

6.10dv sito ratrau drave sthitah
sadyo-'bhisuta-putas tu phantas tan-mana-kalpane |
yuñjyad vyadhy-adi-balatas tatha ca vacanam muneh || 11 ||

6.11av sadyo-'bhiksunna-putas tu
matraya na vyavasthasti vyadhim kostham balam vayah |
alocya desa-kalau ca yojya tad-vac ca kalpana || 12 ||

6.12av matraya nasty avasthanam 6.12bv dosam agnim balam vayah
madhyam tu manam nirdistam sva-rasasya catuh-palam |
pesyasya karsam alodyam tad dravasya pala-traye || 13 ||

6.13av madhya-manam vinirdistam
kvatham dravya-pale kuryat prasthardham pada-sesitam |
sitam pale palaih sadbhis caturbhis tu tato 'param || 14 ||

6.14dv caturbhis ca tato 'param 6.14dv caturbhis tu tatah param
sneha-pake tv a-manoktau catur-guna-vivardhitam |
kalka-sneha-dravam yojyam adhite saunakah punah || 15 ||

snehe sidhyati suddhambu-nihkvatha-sva-rasaih kramat |
kalkasya yojayed amsam caturtham sastham astamam || 16 ||

prthak sneha-samam dadyat pañca-prabhrti tu dravam |
nanguli-grahi-ta kalke na snehe 'gnau sa-sabda-ta || 17 ||

6.17av dravam tu pañca-prabhrti 6.17bv prthak sneha-samam ksipet
suska-dravyam yada na syat tada sadyah-samuddhrtam |
dvi-gunam tat prayoktavyam kudavadi dravam tatha || 17.1+1 ||

varnadi-sampac ca yada tadainam sighram aharet |
ghrtasya phenopasamas tailasya tu tad-udbhavah || 18 ||

6.18dc tailasya ca tad-udbhavah
lehasya tantu-mat-tapsu majjanam saranam na ca |
pakas tu tri-vidho mandas cikkanah khara-cikkanah || 19 ||

6.19bv majjanam saranam na ca
mandah kalka-same kitte cikkano madanopame |
kiñ-cit sidati krsne ca vartya-mane ca pascimah || 20 ||

6.20dv varti-mane ca pascimah 6.20dv vartamane ca pascimah 6.20dv vartamane tu pascimah
dagdho 'ta urdhvam niskaryah syad amas tv agni-sada-krt |
mrdur nasye kharo 'bhyange pane vastau ca cikkanah || 21 ||

sanam pani-talam mustim kudavam prastham adhakam |
dronam vaham ca krama-so vijaniyac catur-gunam || 22 ||

dvi-gunam yojayed ardram kudavadi tatha dravam |
pesanalodane vari sneha-pake ca nir-drave || 23 ||

kalpayet sadrsan bhagan pramanam yatra noditam |
kalki-kuryac ca bhaisajyam a-nirupita-kalpanam || 24 ||

angan-uktau tu mulam syad a-prasiddhau tad eva tu |
dvau sanau vatakah kolam badaram dranksanas ca tau || 25 ||

6.25av a-nirdista-prasiddhesu 6.25bv mulam grahyam tvag-adisu 6.25cv
dvau sanau vatakah kolo
sad vamsyas tu maricih syat san maricyas tu sarsapah |
tandulah sarsapas tv astau dhanya-masas tu tau yavah ||
25.1+(1) ||

6.25.1+(1)dv dhanya-masas ca tau yavah tav andika caturbhis tair masakah sanakas tatha || 25.1+(2)ab ||

6.25.1+(2)av tavanto gadita masah 6.25.1+(2)av tais turyair guñjaka masas
6.25.1+(2)bv sano 'yam munibhih smrtah 6.25.1+(2)bv turyabhih sanakah smrtah
aksam picuh pani-talam suvarnam kavada-grahah |
karso bidala-padakam tindukah pani-manika || 26 ||

6.26bv suvarnam kavada-graham 6.26dv tindukam pani-manika
sabdanya-tvam a-bhinne 'rthe suktir astamika picu |
palam prakuñco bilvam ca mustir amram caturthika || 27 ||

6.27av sabdan evam a-bhinne 'rthe 6.27av sabda hy ami a-bhinne 'rthe
dve pale prasrtas tau dvav añjalis tau tu manika |
adhakam bhajanam kamso dronah kumbho ghato 'rmanam || 28 ||

6.28av dve pale prasrtis tau dvav
tula pala-satam tani vimsatir bhara ucyate |
himavad-vindhya-sailabhyam prayo vyapta vasundhara || 29 ||

6.29av tula pala-satam tasam saumyam pathyam ca tatradyam
agneyam vaindhyam ausadham || 29uab ||

6.29uav saumyam tatradyam agneyam 6.29ubv vaindhyam ausadham
iritam

uttarasthana
jata-matram visodhyolbad balam saindhava-sarpisa |
prasuti-klesitam canu bala-tailena secayet || 1 ||

asmanor vadanam casya karna-mule samacaret |
athasya daksine karne mantram uccarayed imam || 2 ||

angad angat sambhavasi hrdayad abhijayase |
atma vai putra-namasi samjiva saradam satam || 3 ||

1.3dv samjiva saradah satam
satayuh sata-varso 'si dirgham ayur avapnuhi |
naksatrani diso ratrir ahas ca tvabhiraksatu || 4 ||

1.4dv ahas catvari raksatu
svasthi-bhutasya nabhim ca sutrena catur-angulat |
baddhvordhvam vardhayitva ca grivayam avasañjayet || 5 ||

1.5cv baddhvordhvam vardhayitva tu 1.5dv grivayam avasajjayet
nabhim ca kustha-tailena secayet snapayed anu |
ksiri-vrksa-kasayena sarva-gandhodakena va || 6 ||

1.6av nabhim tu kustha-tailena 1.6bv secayet snapayed anu
kosnena tapta-rajata-tapaniya-nimajjanaih |
tato daksina-tarjanya talunnamyavagunthayet || 7 ||

sirasi sneha-picuna prasyam casya prayojayet |
harenu-matram medhayur-balartham abhimantritam || 8 ||

1.8bv prasam casya prayojayet
aindri-brahmi-vaca-sankhapuspi-kalkam ghrtam madhu |
camikara-vaca-brahmi-tapya-pathya raji-krtah || 9 ||

1.9dv -kustha-pathya raji-krtah
lihyan madhu-ghrtopeta hema-dhatri-rajo 'tha-va |
garbhambhah saindhava-vata sarpisa vamayet tatah || 10 ||

1.10cv garbhambhah saindhava-vaca- 1.10dv -sarpisa vamayet tatah
prajapatyena vidhina jata-karmani karayet |
siranam hrdaya-sthanam vivrta-tvat prasutitah || 11 ||

trtiye 'hni caturthe va strinam stanyam pravartate |
prathame divase tasmat tri-kalam madhu-sarpisi || 12 ||

ananta-misrite mantra-pavite prasayec chisum |
dvitiye laksmana-siddham trtiye ca ghrtam tatah || 13 ||

pran-nisiddha-stanasyasya tat-pani-tala-sammitam |
stanyanu-panam dvau kalau nava-nitam prayojayet || 14 ||

matur eva pibet stanyam tad dhy alam deha-vrddhaye |
stanya-dhatryav ubhe karye tad-a-sampadi vatsale || 15 ||

1.15bv tat param deha-vrddhaye
a-vyange brahma-carinyau varna-prakrtitah same |
ni-ruje madhya-vayasau jivad-vatse na lolupe || 16 ||

hitahara-viharena yatnad upacarec ca te |
suk-krodha-langhanayasah stanya-nasasya hetavah || 17 ||

stanyasya sidhu-varjyani madyany anupa-ja rasah |
ksiram ksirinya osadhyah sokades ca viparyayah || 18 ||

1.18cv ksiram ksiriny ausadhayah
viruddhahara-bhuktayah ksudhitaya vi-cetasah |
pradusta-dhator garbhinyah stanyam roga-karam sisoh || 19 ||

1.19av viruddhahara-cestayah
stanya-bhave payas chagam gavyam va tad-gunam pibet |
hrasvena pañca-mulena sthirabhyam va sita-yutam || 20 ||

1.20cv mulaih siddham brhaty-adyaih
sasthim nisam visesena krta-raksa-bali-kriyah |
jagryur bandhavas tasya dadhatah paramam mudam || 21 ||

dasame divase purne vidhibhih sva-kulocitaih |
karayet sutikotthanam nama balasya carcitam || 22 ||

1.22bv vidhi-vat sva-kulocitaih
bibhrato 'ngair manohvala-rocanaguru-candanam |
naksatra-devata-yuktam bandhavam va samaksaram || 23 ||

tatah prakrti-bhedokta-rupair ayuh-pariksanam |
prag-udak-sirasah kuryad balasya jñana-van bhisak || 24 ||

suci-dhautopadhanani nir-valini mrduni ca |
sayyastarana-vasamsi rakso-ghnair dhupitani ca || 25 ||

kako visastah sastas ca dhupane trivrtanvitah |
jivat-khadgadi-srngotthan sada balah subhan manin || 26 ||

1.26av kanko visastah sastas ca 1.26cv
jivat-khadgadi-srnga-sthan
dharayed ausadhih sresthah brahmy-aindri-jivakadikah |
hastabhyam grivaya murdhna visesat satatam vacam || 27 ||

1.27av dharayec causadhih srestha 1.27av dharayed ausadhis cesta
ayur-medha-smrti-svasthya-karim rakso-'bhiraksinim |
sat-saptastama-masesu ni-rujasya subhe 'hani || 28 ||

1.28cv sat-saptastasu masesu
karnau himagame vidhyed dhatry-anka-sthasya santvayan |
prag daksinam kumarasya bhisag vamam tu yositah || 29 ||

daksinena dadhat sucim palim anyena panina |
madhyatah karna-pithasya kiñ-cid gandasrayam prati || 30 ||

jarayu-matra-pracchanne ravi-rasmy-avabhasite |
ghrtasya nis-calam samyag alaktaka-rasankite || 31 ||

vidhyed daiva-krte cchidre sakrd evarju laghavat |
nordhvam na parsvato nadhah siras tatra hi samsritah || 32 ||

kalika-marmari-raktas tad-vyadhad raga-rug-jvarah |
sa-sopha-daha-samrambha-manya-stambhapatanakah || 33 ||

1.33bv tad-badhad raga-rug-jvarah
tesam yathamayam kuryad vibhajyasu cikitsitam |
sthane vyadhan na rudhiram na rug-ragadi-sambhavah || 34 ||

1.34cv sthana-vyadhan na rudhiram
snehaktam sucy-anusyutam sutram canu nidhapayet |
ama-tailena siñcec ca bahalam tad-vad araya || 35 ||

vidhyet palim hita-bhujah samcaryatha sthaviyasi |
vartis try-ahat tato rudham vardhayeta sanaih sanaih || 36 ||

1.36bv samcaryanya sthaviyasi 1.36cv vartis try-ahat tato rudham
athainam jata-dasanam kramenapanayet stanat |
purvoktam yojayet ksiram annam ca laghu brmhanam || 37 ||

1.37av jata-dantam sisum site 1.37bv krama-so 'panayet stanat
priyala-majja-madhuka-madhu-laja-sitopalaih |
apa-stanasya samyojyah prinano modakah sisoh || 38 ||

dipano bala-bilvaila-sarkara-laja-saktubhih |
samgrahi dhataki-puspa-sarkara-laja-tarpanaih || 39 ||

rogams casya jayet saumyair bhesajair a-visadakaih |
anya-tratyayikad vyadher virekam su-taram tyajet || 40 ||

1.40bv bhesajair a-visadikaih 1.40bv bhesajair a-vipadikaih 1.40bv bhesajair
a-vipadakaih
trasayen na-vidheyam tam trastam grhnanti hi grahah |
vastra-vatat para-sparsat palayel langhanac ca tam || 41 ||

1.41av trasayen na-vidheyam ca 1.41cv vastra-patat khara-sparsat 1.41cv vastra-patat para-sparsat

1.41dv palayel langhitac ca tam
brahmi-siddharthaka-vaca-sariva-kustha-saindhavaih |
sa-kanaih sadhitam pitam van-medha-smrti-krd ghrtam || 42
||

ayusyam papma-rakso-ghnam bhutonmada-nibarhanam |
vacendulekha-manduki-sankhapuspi-satavarih || 43 ||

1.43cv vacendulekha manduki 1.43dv sankhapuspi satavari
brahmasomamrta-brahmih kalki-krtya palamsikah |
astangam vipacet sarpih prastham ksira-catur-gunam || 44 ||

1.44av brahmasomamrta brahmi 1.44bv kalki-krtya palamsikaih
1.44dv
prastham ksiram catur-gunam
tat pitam dhanyam ayusyam van-medha-smrti-buddhi-krt |
aja-ksirabhaya-vyosa-pathogra-sigru-saindhavaih || 45 ||

1.45bv van-medha-smrti-krt param 1.45bv
van-medha-smrti-vahni-krt 1.45dv
-pathogra-sakra-saindhavaih
siddham sarasvatam sarpir van-medha-smrti-vahni-krt |
vacamrta-sathi-pathya-sankhini-vella-nagaraih || 46 ||

1.46bv van-medha-smrti-buddhi-krt 1.46cv vacamrta-vari-pathya-
apamargena ca ghrtam sadhitam purva-vad gunaih |
hema sveta-vaca kustham arkapuspi sa-kañcana || 47 ||

1.47cv hema sveta-vaca kustham 1.47dv sankhapuspi sa-kañcana
1.47dv
sankhapuspi sa-rocana
hema matsyaksakah sankhah kaidaryah kanakam vaca |
catvara ete padoktah prasa madhu-ghrta-plutah || 48 ||

1.48av hema matsyaksakah phañji 1.48bv kaidaryam kanakam vaca
1.48dv
prasya madhu-ghrta-plutah
varsam lidha vapur-medha-bala-varna-karah subhah |
vaca-yasty-ahva-sindhuttha-pathya-nagara-dipyakaih || 49 ||

sudhyate vag ghavir-lidhaih sa-kustha-kana-jirakaih || 49uab
||
1.49uav sudhyate vag ghrtalidhaih

uttarasthana
tri-vidhah kathito balah ksirannobhaya-vartanah |
svasthyam tabhyam a-dustabhyam dustabhyam
roga-sambhavah || 1 ||

yad adbhir eka-tam yati na ca dosair adhisthitam |
tad visuddham payo vatad dustam tu plavate 'mbhasi || 2 ||

2.2dv dustam tu plavate jale
kasayam phenilam ruksam varco-mutra-vibandha-krt |
pittad usnamla-katukam pita-rajy apsu daha-krt || 3 ||

kaphat sa-lavanam sandram jale majjati picchilam |
samsrsta-lingam samsargat tri-lingam samnipatikam || 4
||

yatha-sva-lingams tad vyadhin janayaty upayojitam |
sisos tiksnam abhiksnam ca rodanal laksayed rujam || 5 ||

2.5cv sisos tiksnam a-tiksnam ca
sa yam sprsed bhrsam desam yatra ca sparsana-ksamah |
tatra vidyad rujam murdhni rujam caksi-nimilanat || 6 ||

2.6av svayam sprsed bhrsam desam 2.6bv yatra ca
sparsana-ksamam
hrdi jihvaustha-dasana-svasa-musti-nipidanaih |
kosthe vibandha-vamathu-stana-damsantra-kujanaih || 7 ||

2.7bv -svasa-musti-nipiditaih 2.7dv -stanya-dvesantra-kujanaih
adhmana-prstha-namana-jatharonnamanair api |
vastau guhye ca vin-mutra-sangottrasa-dig-iksanaih || 8 ||

atha dhatryah kriyam kuryad yatha-dosam yathamayam |
tatra vatatmake stanye dasa-mulam try-aham pibet || 9 ||

atha-vagni-vaca-patha-katuka-kustha-dipyakam |
sa-bhargi-daru-sarala-vrscikali-kanosanam || 10 ||

tatah pibed anya-tamam vata-vyadhi-haram ghrtam |
anu caccha-suram evam snigdham mrdu virecayet || 11 ||

2.11bv vata-vyadhi-hitam ghrtam
vasti-karma tatah kuryat svedadims canilapahan |
rasnajamoda-sarala-devadaru-rajo-'nvitam || 12 ||

balo lihyad ghrtam tair va vipakvam sa-sitopalam |
pitta-duste 'mrtabhiru-patoli-nimba-candanam || 13 ||

dhatri kumaras ca pibet kvathayitva sa-sarivam |
atha-va tri-phala-musta-bhunimba-katu-rohinih || 14 ||

sarivadim patoladim padmakadim tatha ganam |
ghrtany ebhis ca siddhani pitta-ghnam ca virecanam || 15 ||

sitams cabhyanga-lepadin yuñjyac chlesmatmake punah |
yasty-ahva-saindhava-yutam kumaram payayed ghrtam || 16 ||

sindhuttha-pippali-mad va pistaih ksaudra-yutair atha |
ratha-puspaih stanau limpec chisos ca dasana-cchadau || 17 ||

2.17av sindhuttha-pippali-madya- 2.17av sindhuttha-pippali-musta- 2.17av
sindhuttha-pippali-murva-

2.17bv -pistaih ksaudra-yutair atha
sukham evam vamed balah tiksnair dhatrim tu vamayet |
athacarita-samsargi mustadim kvathitam pibet || 18 ||

tad-vat tagara-prthvika-suradaru-kalingakan |
atha-vativisa-musta-sadgrantha-pañca-kolakam || 19 ||

2.19bv -suradaru-kalingakam 2.19dv -sadgrantha-pañca-kolakan
stanye tri-dosa-maline dur-gandhy amam jalopamam |
vibaddham accham vicchinnam phenilam copavesyate || 20 ||

sakrn nana-vyatha-varnam mutram pitam sitam ghanam |
jvara-rocaka-trt-chardi-suskodgara-vijrmbhikah || 21 ||

anga-bhango 'nga-viksepah kujanam vepathur bhramah |
ghranaksi-mukha-pakadya jayante 'nye 'pi tam gadam || 22 ||

2.22bv kvananam vepathur bhramah
ksiralasakam ity ahur atyayam cati-darunam |
tatrasu dhatrim balam ca vamanenopapadayet || 23 ||

vihitayam ca samsargyam vacadim yojayed ganam |
nisadim vatha-va madri-patha-tikta-ghanamayan || 24 ||

patha-sunthy-amrta-tikta-tikta-devahva-sarivah |
sa-musta-murvendrayavah stanya-dosa-harah param || 25 ||

anubandhe yatha-vyadhi pratikurvita kala-vit |
dantodbhedas ca roganam sarvesam api karanam || 26 ||

visesaj jvara-vid-bheda-kasa-cchardi-siro-rujam |
abhisyandasya pothakya visarpasya ca jayate || 27 ||

prstha-bhange bidalanam barhinam ca sikhodbhave |
dantodbhede ca balanam na hi kiñ-cin na duyate || 28 ||

2.28cv dantodbhave ca balanam
yatha-dosam yatha-rogam yathodrekam yatha-bhayam |
vibhajya desa-kaladims tatra yojyam bhisag-jitam || 29 ||

2.29bv yathodrekam yatha-balam 2.29bv yathodrekam yatha-vayah 2.29bv yathodrekam yathasayam
ta eva dosa dusyas ca jvaradya vyadhayas ca yat |
atas tad eva bhaisajyam matra tv asya kaniyasi || 30 ||

2.30bv jvaradya vyadhayas ca te
saukumaryalpa-kaya-tvat sarvannan-upasevanat |
snigdha eva sada bala ghrta-ksira-nisevanat || 31 ||

2.31bv sarvannan-upasevanaih
sadyas tan vamanam tasmat payayen mati-man mrdu |
stanyasya trptam vamayet ksira-ksiranna-sevinam || 32 ||

pita-vantam tanum peyam annadam ghrta-samyutam |

vastim sadhye virekena marsena pratimarsanam || 33 ||

yuñjyad virecanadims tu dhatrya eva yathoditan |
murva-vyosa-vara-kola-jambu-tvag-daru-sarsapah || 34 ||

2.34av yuñjyad virecanadims ca 2.34cv murva-vyosa-vaca-kola- 2.34cv murva-vyosa-varankolla-
sa-patha madhuna lidhah stanya-dosa-harah param |
danta-palim sa-madhuna curnena pratisarayet || 35 ||

2.35bv stanya-dosa-nibarhanah
pippalya dhataki-puspa-dhatri-phala-krtena va |
lava-tittiri-vallura-rajah puspa-rasa-drutam || 36 ||

2.36bv -dhatri-phala-rasena va 2.36dv -rajah puspa-rasa-plutam 2.36dv -rajah
puspa-rasaplutam
drutam karoti balanam danta-kesara-van mukham |
vaca-dvi-brhati-patha-katukativisa-ghanaih || 37 ||

madhurais ca ghrtam siddham siddham dasana-janmani |
rajani-daru-sarala-sreyasi-brhati-dvayam || 38 ||

2.38cv rajani-daru-saralah 2.38dv sreyasi-brhati-dvayam
prsniparni satahva ca lidham maksika-sarpisa |
grahani-dipanam srestham marutasyanulomanam || 39 ||

atisara-jvara-svasa-kamala-pandu-kasa-nut |
balasya sarva-rogesu pujitam bala-varna-dam || 40 ||

2.40bv -kamala-pandu-roga-nut
samanga-dhataki-lodhra-kutannata-bala-dvayaih |
maha-saha-ksudra-saha-mudga-bilva-salatubhih || 41 ||

2.41bv -kutannata-balahvayaih 2.41bv -kutannata-vatahvayaih
sa-karpasi-phalais toye sadhitaih sadhitam ghrtam |
ksira-mastu-yutam hanti sighram dantodbhavodbhavan || 42 ||

vividhan amayan etad vrddha-kasyapa-nirmitam |
dantodbhavesu rogesu na balam atiyantrayet || 43 ||

2.43cv dantodbhedottha-rogesu
svayam apy upasamyanti jata-dantasya yad-gadah |
aty-ahah-svapna-sitambu-slaismika-stanya-sevinah || 44 ||

2.44dv -slaismika-stanya-payinah
sisoh kaphena ruddhesu srotahsu rasa-vahisu |
a-rocakah pratisyayo jvarah kasas ca jayate || 45 ||

kumarah susyati tatah snigdha-sukla-mukheksanah |
saindhava-vyosa-sarngasta-patha-giri-kadambakan || 46 ||

2.46dv -patha-giri-kadambakam
susyato madhu-sarpirbhyam a-rucy-adisu yojayet |

asoka-rohini-yuktam pañca-kolam ca curnitam || 47 ||

badari-dhataki-dhatri-curnam va sarpisa drutam |
sthira-vaca-dvi-brhati-kakoli-pippali-nataih || 48 ||

2.48bv -curnam va sarpisaplutam
niculotpala-varsabhu-bhargi-mustais ca karsikaih |
siddham prasthardham ajyasya srotasam sodhanam param || 49 ||

simhy-asvagandha-surasa-kana-garbham ca tad-gunam |
yasty-ahva-pippali-lodhra-padmakotpala-candanaih || 50 ||

talisa-sarivabhyam ca sadhitam sosa-jid ghrtam |
srngi-madhulika-bhargi-pippali-devadarubhih || 51 ||

asvagandha-dvi-kakoli-rasnarsabhaka-jivakaih |
surpaparni-vidangais ca kalkitaih sadhitam ghrtam || 52 ||

sasottamanga-niryuhe susyatah pusti-krt param |
vaca-vayahstha-tagara-kayastha-corakaih srtam || 53 ||

basta-mutra-surabhyam ca tailam abhyañjane hitam |
laksa-rasa-samam taila-prastham mastu catur-gunam || 54 ||

2.54bv tailan mastu catur-gunam 2.54cv laksa-rasa-samam tailam
2.54dv
prastham mastu catur-gunam
asvagandha-nisa-daru-kaunti-kusthabda-candanaih |
sa-murva-rohini-rasna-satahva-madhukaih samaih || 55 ||

siddham laksadikam nama tailam abhyañjanad idam |
balyam jvara-ksayonmada-svasapasmara-vata-nut || 56 ||

yaksa-raksasa-bhuta-ghnam garbhininam ca sasyate |
madhunativisa-srngi-pippalir lehayec chisum || 57 ||

ekam vativisam kasa-jvara-cchardir-upadrutam |
pitam pitam vamati yah stanyam tam madhu-sarpisa || 58 ||

2.58bv -jvara-cchardibhir arditam 2.58cv pitam pitam ca vamati 2.58dv
yah
stanyam madhu-sarpisa
dvi-vartaki-phala-rasam pañca-kolam ca lehayet |
pippali-pañca-lavanam krmijit-paribhadrakam || 59 ||

2.59cv pippali-pañca-lavana- 2.59dv -krmijit-paribhadrakam 2.59dv
vidangam
paribhadrakam
tad-val lihyat tatha vyosam masim va roma-carmanam |
labhatah salyaka-svavid-godharksa-sikhi-janmanam || 60 ||

khadirarjuna-talisa-kustha-candana-je rase |
sa-ksiram sadhitam sarpir vamathum viniyacchati || 61 ||

hanu-mula-gato vayur danta-desasthi-go-carah |
yada sisoh prakupito nottisthanti tada dvi-jah || 61+(1) ||

2.61+(1)av hanu-mulasrito vayur 2.61+(1)bv danta-desan visosayet
2.61+(1)bv
danta-desan visodhayet
ruksasino vatikasya calayaty anilah sirah |
hanv-asrayah prasuptasya dantaih sabdam karoty atah || 61+(2) ||

sa-danto jayate yas tu dantah prag yasya cottarah |
kurvita tasminn utpate santim tam ca dvi-jataye || 62 ||

2.62dv santikam ca dvi-jataye
dadyat sa-daksinam balam naigamesam ca pujayet |
talu-mamse kaphah kruddhah kurute talu-kantakam || 63 ||

2.63bv sainikesam ca pujayet
tena talu-pradesasya nimna-ta murdhni jayate |
talu-patah stana-dvesah krcchrat panam sakrd-dravam || 64 ||

trd-asya-kandv-aksi-ruja griva-dur-dhara-ta vamih |
tatrotksipya yava-ksara-ksaudrabhyam pratisarayet || 65 ||

talu tad-vat kana-sunthi-go-sakrd-rasa-saindhavaih |
srngavera-nisa-bhrngam kalkitam vata-pallavaih || 66 ||

baddhva go-sakrta liptam kukule svedayet tatah |
rasena limpet talv-asyam netre ca parisecayet || 67 ||

haritaki-vaca-kustha-kalkam maksika-samyutam |
pitva kumarah stanyena mucyate talu-kantakat || 68 ||

malopalepat svedad va gude rakta-kaphodbhavah |
tamro vrano 'ntah kandu-man jayate bhury-upadravah || 69 ||

ke-cit tam matrka-dosam vadanty anye 'hi-putanam |
prstharur guda-kuttam ca ke-cic ca tam a-namikam || 70 ||

2.70av ke-cic ca tam a-namakam 2.70bv vadanty anye 'pi putanam 2.70bv vadanty
anye tu putanam 2.70bc vadanty anye hi putanam 2.70cv prstharur
guda-kandum ca 2.70cv prstharur guda-kittam ca
2.70cv prstharur guda-kustham ca
tatra dhatryah payah sodhyam pitta-slesma-harausadhaih |
srta-sitam ca sitambu-yuktam antara-panakam || 71 ||

2.71cv sita-sitam ca sitambu-
sa-ksaudra-tarksya-sailena vranam tena ca lepayet |
tri-phala-badari-plaksa-tvak-kvatha-parisecitam || 72 ||

kasisa-rocana-tuttha-manohvala-rasañjanaih |
lepayed amla-pistair va curnitair vavacurnayet || 73 ||

su-slaksnair atha-va yasti-sankha-sauvirakañjanaih |
sariva-sankhanabhibhyam asanasya tvacatha-va || 74 ||

raga-kandutkate kuryad rakta-sravam jalaukasa |
sarvam ca pitta-vrana-jic chasyate guda-kuttake || 75 ||

2.75dv chasyate guda-kittake
patha-vella-dvi-rajani-musta-bhargi-punarnavaih |
sa-bilva-try-usanaih sarpih vrscikali-yutaih srtam || 76 ||
lihano matraya rogair mucyate mrttikodbhavaih || 77ab ||vyadher yady
asya bhaisajyam stanas tena pralepitah || 77cd ||sthito muhurtam
dhauto 'nu pitas tam tam jayed gadam || 77ef ||
2.77fv pitas tat tam jayed gadam

uttarasthana
pura guhasya raksartham nirmitah sula-panina |
manusya-vigrahah pañca sapta stri-vigraha grahah || 1 ||

skando visakho mesakhyah sva-grahah pitr-samjñitah |
sakunih putana sita-putana-drsti-putana || 2 ||

3.2av skando visakho mesasyah
mukha-manditika tad-vad revati suska-revati |
tesam grahisyatam rupam pratatam rodanam jvarah || 3 ||

3.3av mukha-mandanika tad-vad 3.3av mukha-mandinika tad-vad
samanyam rupam uttrasa-jrmbha-bhru-ksepa-dina-tah |
phena-sravordhva-drsty-ostha-danta-damsa-prajagarah || 4 ||

3.4bv -jrmbha-bhrutksepa-dina-tah
rodanam kujanam stanya-vidvesah svara-vaikrtam |
nakhair a-kasmat paritah sva-dhatry-anga-vilekhanam || 5 ||

tatraika-nayana-sravi siro viksipate muhuh |
hataika-paksah stabdhangah sa-svedo nata-kandharah || 6 ||

3.6bv siro viksepate muhuh 3.6bv siro viksipyate muhuh
danta-khadi stana-dvesi trasyan roditi vi-svaram |
vakra-vaktro vaman lalam bhrsam urdhvam niriksate || 7 ||

3.7bv trasan roditi vi-svaram 3.7cv vakra-vaktro vamel lalam
vasasrg-gandhir udvigno baddha-musti-sakrc chisuh |
calitaikaksi-ganda-bhruh samraktobhaya-locanah || 8 ||

skandartas tena vaikalyam maranam va bhaved dhruvam |
samjña-naso muhuh kesa-luñcanam kandhara-natih || 9 ||

3.9bv maranam va bhaved drutam 3.9cv samjña-naso bhavet kesa-
vinamya jrmbhamanasya sakrn-mutra-pravartanam |
phenodvamanam urdhveksa hasta-bhru-pada-nartanam || 10 ||

stana-sva-jihva-samdamsa-samrambha-jvara-jagarah |
puya-sonita-gandhas ca skandapasmara-laksanam || 11 ||

adhmanam pani-padasya spandanam phena-nirvamah |
trn-musti-bandhatisara-svara-dainya-vi-varna-tah || 12 ||

3.12av adhmanam pani-padasya- 3.12bv -spandanam phena-nirvamah
3.12bv spandanam phena-nirgamah
3.12bv spandanam hananam bhramah
kujanam stananam chardih kasa-hidhma-prajagarah |
ostha-damsanga-samkoca-stambha-bastabha-gandha-tah || 13 ||

3.13av kujanam svasanam chardih 3.13av kujanam stambhanam
chardih 3.13av
kujanam svananam chardih
urdhvam niriksya hasanam madhye vinamanam jvarah |
murchaika-netra-sophas ca naigamesa-grahakrtih || 14 ||

kampo hrsita-roma-tvam svedas caksur-nimilanam |
bahir-ayamanam jihva-damso 'ntah-kantha-kujanam || 15 ||

3.15av kampo harsita-roma-tvam
dhavanam vit-sa-gandha-tvam krosanam ca sva-vac chuni |
roma-harso muhus trasah sahasa rodanam jvarah || 16 ||

3.16bv krosanam svana-vac chuni 3.16cv roma-harso muhuh svasah
kasatisara-vamathu-jrmbha-trt-sava-gandha-tah |
angesv aksepa-viksepa-sosa-stambha-vi-varna-tah || 17 ||

musti-bandhah srutis caksnor balasya syuh pitr-grahe |
srastanga-tvam atisaro jihva-talu-gale vranah || 18 ||

sphotah sa-daha-ruk-pakah samdhisu syuh punah punah |
nisy ahni praviliyante pako vaktre gude 'pi va || 19 ||

bhayam sakuni-gandha-tvam jvaras ca sakuni-grahe |
putanayam vamih kampas tandra ratrau prajagarah || 20 ||

hidhmadhmanam sakrd-bhedah pipasa mutra-nigrahah |
srasta-hrstanga-roma-tvam kaka-vat puti-gandhi-ta || 21 ||

sita-putanaya kampo rodanam tiryag-iksanam |
trsnantra-kujo 'tisaro vasa-vad visra-gandha-ta || 22 ||

parsvasyaikasya sita-tvam usna-tvam aparasya ca |
andha-putanaya chardir jvarah kaso 'lpa-nidra-ta || 23 ||

3.23dv jvarah kaso 'lpa-vahni-ta
varcaso bheda-vaivarnya-daurgandhyany anga-sosanam |
drsteh sadati-ruk-kandu-pothaki-janma-suna-tah || 24 ||

3.24cv drsti-prasado ruk-kandu- 3.24cv drsti-sado
'ksi-ruk-kandu- 3.24cv drsti-sado 'ti-ruk kanduh 3.24cv
drsti-sado 'ti-ruk-kandu- 3.24cv drsteh sado
'ksi-ruk-kandu- 3.24dv pothaki-janma suna-ta
3.24dv -pothaki-janma suna-ta 3.24dv -pothaki-janma sunya-ta
hidhmodvega-stana-dvesa-vaivarnya-svara-tiksna-tah |
vepathur matsya-gandha-tvam atha-va samla-gandha-ta || 25 ||

3.25bv -vaivarnyam svara-tiksna-ta 3.25cv vamathur matsya-gandha-tvam
mukha-manditaya pani-padasya-ramaniya-ta |
sirabhir asitabhabhir acitodara-ta jvarah || 26 ||

3.26av mukha-mandikaya pani- 3.26bv -padasya ramaniya-ta
a-rocako 'nga-glapanam go-mutra-sama-gandha-ta |
revatyam syava-nila-tvam karna-nasaksi-mardanam || 27 ||

3.27cv revatya syava-nila-tvam
kasa-hidhmaksi-viksepa-vakra-vaktra-tva-rakta-tah |
basta-gandho jvarah sosah purisam haritam dravam || 28 ||

jayate suska-revatyam kramat sarvanga-samksayah |
kesa-sato 'nna-vidvesah svara-dainyam vi-varna-ta || 29 ||

3.29av jayate suska-revatya nana-varna-purisa-tvam udare
granthayah sirah || 29+1ab ||

rodanam grdhra-gandha-tvam dirgha-kalanuvartanam |
udare granthayo vrtta yasya nana-vidham sakrt || 30 ||

jihvaya nimna-ta madhye syavam talu ca tam tyajet |
bhuñjano 'nnam bahu-vidham yo balah parihiyate || 31 ||

3.31av jihvayam nimna-ta madhye
trsna-grhitah ksamakso hanti tam suska-revati |
himsa-raty-arcanakanksa graha-grahana-karanam || 32 ||

tatra himsatmake balo mahan va sruta-nasikah |
ksata-jihvah kvaned badham a-sukhi sasru-locanah || 33 ||

3.33cv ksata-jihvah kvanan badham 3.33cv ksata-jihvah kvaned
gadham 3.33cv ksata-jihvo vamed badham
3.33dv a-sukhi sasra-locanah
dur-varno hina-vacanah puti-gandhis ca jayate |
ksamo mutra-purisam svam mrdnati na jugupsate || 34 ||

3.34bv puti-gandhis tu jayate 3.34dv grhnati na jugupsate
hastau codyamya samrabdho hanty atmanam tatha param |
tad-vac ca sastra-kasthadyair agnim va diptam aviset || 35 ||

3.35av hastau codyamya samkruddho
apsu majjet patet kupe kuryad anyac ca tad-vidham |
trd-daha-mohan puyasya cchardanam ca pravartayet || 36 ||

3.36cv trd-daha-mohah puyasya
raktam ca sarva-margebhyo ristotpattim ca tam tyajet |
rahah-stri-rati-samlapa-gandha-srag-bhusana-priyah || 37 ||

3.37bv ristotpattis ca tam tyajet
hrstah santas ca duh-sadhyo rati-kamena piditah |
dinah parimrsan vaktram suskaustha-gala-talukah || 38 ||

3.38cv dinah parimrsed vaktram

sankitam viksate rauti dhyayaty ayati dina-tam |
annam annabhilase 'pi dattam nati bubhuksate || 39 ||

grhitam bali-kamena tam vidyat sukha-sadhanam |
hantu-kamam jayed dhomaih siddha-mantra-pravartitaih || 40 ||

3.40av grhitam maha-kamena
itarau tu yatha-kamam rati-baly-adi-danatah |
atha sadhya-graham balam vivikte sarane sthitam || 41 ||

trir ahnah sikta-sammrste sada samnihitanale |
vikirna-bhuti-kusuma-pattra-bijanna-sarsape || 42 ||

3.42av trir ahnam sikta-sammrste 3.42av trir ahnah
sikta-samsrste 3.42av trir ahni sikta-sammrste
3.42av trir ahni sikta-samsrste 3.42cv vikirna-bhuri-kusuma-
rakso-ghna-taila-jvalita-pradipa-hata-papmani |
vyavaya-madya-pisita-nivrtta-paricarake || 43 ||

3.43bv -pradipe hata-papmani
purana-sarpisabhyaktam parisiktam sukhambuna |
sadhitena bala-nimba-vaijayanti-nrpadrumaih || 44 ||

paribhadraka-katvanga-jambu-varuna-kattrnaih |
kapotavankapamarga-patala-madhu-sigrubhih || 45 ||

3.45dv -patali-madhusigrubhih 3.45dv -malati-madhusigrubhih
kakajangha-mahasveta-kapittha-ksiri-padapaih |
sa-kadamba-karañjais ca dhupam snatasya cacaret || 46 ||

3.46bv -kapittha-ksira-padapaih
dvipi-vyaghrahi-simharksa-carmabhir ghrta-misritaih |
puti-dasanga-siddhartha-vaca-bhallata-dipyakaih || 47 ||

3.47cv puti-dasangi-siddhartha-
sa-kusthaih sa-ghrtair dhupah sarva-graha-vimoksanah |
sarsapa nimba-pattrani mulam asvakhura vaca || 48 ||

3.48av sa-kusthaih sadhito dhupah 3.48dv mutram asvakhura vaca
3.48dv
mulam asvakhuram vaca
bhurja-pattram ghrtam dhupah sarva-graha-nivaranah |
anantamrasthi-tagaram maricam madhuro ganah || 49 ||

3.49bv sarva-graha-nibarhanah 3.49cv anantamrasthi-tagara- 3.49dv
-maricam
madhuro ganah
srgalavinna musta ca kalkitais tair ghrtam pacet |
dasa-mula-rasa-ksira-yuktam tad graha-jit param || 50 ||

rasna-dvy-amsumati-vrddha-pañca-mula-bala-ghanat |
kvathe sarpih pacet pistaih sariva-vyosa-citrakaih || 51 ||

3.51av rasna-dvy-amsumati-pattra- 3.51av rasna-dvy-amsumati-lodhra- 3.51bv
-pañca-mula-vaca-ghanat
patha-vidanga-madhuka-payasya-hingu-darubhih |
sa-granthikaih sendrayavaih sisos tat satatam hitam || 52 ||

3.52dv sisos tu satatam hitam
sarva-roga-graha-haram dipanam bala-varna-dam |
sariva-surabhi-brahmi-sankhini-kustha-sarsapaih || 53 ||

3.53bv dipanam bala-vardhanam 3.53dv -sankhini-krsna-sarsapaih
vacasvagandha-surasa-yuktaih sarpir vipacayet |
tan nasayed grahan sarvan panenabhyañjanena ca || 54 ||

3.54av vacasvagandha-surasa-
go-srnga-carma-valahi-nirmokam vrsa-damsa-vit |
nimba-pattrajya-katuka-madanam brhati-dvayam || 55 ||

3.55av go-srnga-carma-valasthi- 3.55av go-srnga-roma-valahi-
karpasasthi-yava-cchaga-roma-devahva-sarsapam |
mayura-pattra-srivasam tusa-kesam sa-ramatham || 56 ||

3.56av karpasasthi-yava-vaca- 3.56av karpasasthi-vaca-bilva- 3.56av karpasasthi-vaca-lodhra- 3.56av mayura-piccha-srivasa- 3.56av mayura-piccha-srivasam 3.56bv -lodhra-devahva-sarsapam 3.56bv -devahvam yava-sarsapam 3.56cv mayura-pattra-srivasa- 3.56dv -nara-kesam sa-ramatham
mrd-bhande basta-mutrena bhavitam slaksna-curnitam |
dhupanam ca hitam sarva-bhutesu visama-jvare || 57 ||

3.57cv dhupanartham hitam sarva-
ghrtani bhuta-vidyayam vaksyante yani tani ca |
yuñjyat tatha balim homam snapanam mantra-tantra-vit || 58 ||

puti-karañja-tvak-pattram ksiribhyo barbarad api |
tumbi-visalaraluka-sami-bilva-kapitthatah || 59 ||

3.59av puti-karañja-tvak-pattra- 3.59av puti-karañjat tvak-pattram 3.59bv -ksiribhyo vedarad api 3.59bv -mulebhyo barbarad api 3.59bv -mulebhyo vardharad api 3.59dv
-sami-bilva-kapitthakam
utkvathya toyam tad ratrau balanam snapanam sivam |
anubandhan yatha-krcchram grahapaye 'py upadravan || 60 ||

3.60dv graha-vyapady upadravan balamaya-nisedhokta-bhesajaih samupacaret || 60uab ||

3.60ubv -bhaisajyaih samupacaret

uttarasthana
laksayej jñana-vijñana-vak-cesta-bala-paurusam |
puruse '-paurusam yatra tatra bhuta-graham vadet || 1 ||

bhutasya rupa-prakrti-bhasa-gaty-adi-cestitaih |
yasyanukaram kurute tenavistam tam adiset || 2 ||

so 'sta-dasa-vidho deva-danavadi-vibhedatah |
hetus tad-anusaktau tu sadyah purva-krto 'tha-va || 3 ||

4.3dv sadyah purvam krto 'tha-va
prajñaparadhah su-taram tena kamadi-janmana |
lupta-dharma-vratacarah pujyan apy ativartate || 4 ||

4.4dv pujyanam ativartanaih
tam tatha bhinna-maryadam papam atmopaghatinam |
devadayo 'py anughnanti grahas chidra-praharinah || 5 ||

chidram papa-kriyarambhah pako 'n-istasya karmanah |
ekasya sunye 'vasthanam smasanadisu va nisi || 6 ||

dig-vasas-tvam guror ninda rater a-vidhi-sevanam |
a-sucer devatarcadi para-sutaka-samkarah || 7 ||

4.7cv a-sucer devataraddhih 4.7dv para-sutaka-samkarat
homa-mantra-balijyanam vi-gunam parikarma ca |
samasad dina-caryadi-proktacara-vyatikramah || 8 ||

4.8dv -proktanam ca viparyayah
grhnanti sukla-pratipat-trayo-dasyoh sura naram |
sukla-trayo-dasi-krsna-dva-dasyor danava grahah || 9 ||

4.9dv -dva-dasyor danava-grahah
gandharvas tu catur-dasyam dva-dasyam coragah punah |
pañcamyam sukla-saptamy-eka-dasyos tu dhanesvarah || 10 ||

4.10cv pañcamyam sukla-saptamyam 4.10dv eka-dasyam dhanesvarah
suklasta-pañcami-paurnamasisu brahma-raksasah |
krsne raksah-pisacadya nava-dva-dasa-parvasu || 11 ||

4.11av suklasta-pañcami-purna- 4.11bv -masisu
brahma-raksasah
dasamavasyayor asta-navamyoh pitaro 'pare |
guru-vrddhadayah prayah kalam samdhyasu laksayet || 12 ||

4.12av darsamavasyayor asta- 4.12av dasamavasyayoh sasthi-
phulla-padmopama-mukham saumya-drstim a-kopanam |
alpa-vak-sveda-vin-mutram bhojanan-abhilasinam || 13 ||

4.13cv sv-alpa-vak-sveda-vin-mutram
deva-dvi-jati-paramam sucim samskrta-vadinam |
milayantam ciran netre surabhim vara-dayinam || 14 ||

sukla-malyambara-saric-chailocca-bhavana-priyam |
a-nidram a-pradhrsyam ca vidyad deva-vasi-krtam || 15 ||

4.15av sukla-malyambara-dharam 4.15bv sailocca-bhavana-priyam
jihma-drstim dur-atmanam guru-deva-dvi-ja-dvisam |

nir-bhayam maninam suram krodhanam vyavasayinam || 16 ||

4.16cv nir-bhayam maninam kruram
rudrah skando visakho 'ham indro 'ham iti vadinam |
sura-mamsa-rucim vidyad daitya-graha-grhitakam || 17 ||

4.17av rudrah skandah pisaco 'ham 4.17cv madya-mamsa-rucim vidyad
4.17dv
daitya-graha-vasi-krtam
sv-acaram surabhim hrstam gita-nartana-karinam |
snanodyana-rucim rakta-vastra-malyanulepanam || 18 ||

4.18av sv-acara-surabhi-sista- 4.18av sve-caram surabhim
hrstam 4.18bv -gita-nartana-karinam
4.18cv snanodyana-ratam rakta-
srngara-lilabhiratam gandharvadhyusitam vadet |
raktaksam krodhanam stabdha-drstim vakra-gatim calam || 19 ||

4.19av srngara-malyabhiratam 4.19av srngara-lilabhihitam
svasantam a-nisam jihva-lolinam srkkini-liham |
priya-dugdha-guda-snanam adho-vadana-sayinam || 20 ||

uragadhisthitam vidyat trasyantam catapa-tratah |
vipluta-trasta-raktaksam subha-gandham su-tejasam || 21 ||

priya-nrtya-katha-gita-snana-malyanulepanam |
matsya-mamsa-rucim hrstam tustam balinam a-vyatham || 22 ||

4.22av priya-narta-katha-gita- 4.22cv matsya-mamsa-rucim hrsta-
4.22dv -tustam balinam a-vyatham
4.22dv tustam balinam a-vyayam
calitagra-karam kasmai kim dadamiti vadinam |
rahasya-bhasinam vaidya-dvi-jati-paribhavinam || 23 ||

4.23dv -dvi-jati-parivadinam
alpa-rosam druta-gatim vidyad yaksa-grhitakam |
hasya-nrtya-priyam raudra-cestam chidra-praharinam || 24 ||

4.24av alpa-rosam hrta-gatim 4.24cv hasya-nrtta-priyam raudra-
4.24cv
hasya-nrtya-karam raudra-
akrosinam sighra-gatim deva-dvi-ja-bhisag-dvisam |
atmanam kastha-sastradyair ghnantam bhoh-sabda-vadinam || 25
||

4.25dv ghnantam go-sabda-vadinam
sastra-veda-patham vidyad grhitam brahma-raksasaih |
sa-krodha-drstim bhru-kutim udvahantam sa-sambhramam || 26 ||

4.26bv grhitam brahma-raksasa
praharantam pradhavantam sabdantam bhairavananam |
annad vinapi balinam nasta-nidram nisa-caram || 27 ||

4.27bv rudantam bhairavananam
nir-lajjam a-sucim suram kruram parusa-bhasinam |
rosanam rakta-malya-stri-rakta-madyamisa-priyam || 28 ||

4.28dv -megha-madyamisa-priyam
drstva ca raktam mamsam valihanam dasana-cchadau |
hasantam anna-kale ca raksasadhisthitam vadet || 29 ||

4.29av drstva ca rakta-mamsani 4.29bv lihanam dasana-cchadau
a-svastha-cittam naika-tra tisthantam paridhavinam |
ucchista-nrtya-gandharva-hasa-madyamisa-priyam || 30 ||

nirbhartsanad dina-mukham rudantam a-nimittatah |
nakhair likhantam atmanam ruksa-dhvasta-vapuh-svaram || 31 ||

avedayantam duhkhadi sambaddha-baddha-bhasinam |
nasta-smrtim sunya-ratim lolam nagnam malimasam || 32 ||

4.32av avedayantam duhkhani
rathya-caila-paridhanam trna-mala-vibhusanam |
arohantam ca kasthasvam tatha samkara-kutakam || 33 ||

4.33cv arohantam ca kasthasma- 4.33dv -rasim samkara-kutakam
4.33dv tatha
samkara-kutakam
bahv-asinam pisacena vijaniyad adhisthitam |
pretakrti-kriya-gandham bhitam ahara-vidvisam || 34 ||

4.34dv bhirum ahara-vidvisam
trna-cchidam ca pretena grhitam naram adiset |
bahu-pralapam krsnasyam pravilambita-yayinam || 35 ||

suna-pralamba-vrsanam kusmandadhisthitam vadet |
grhitva kastha-lostadi bhramantam cira-vasasam || 36 ||

4.36cv grhitva kastha-lohadi
nagnam dhavantam uttrasta-drstim trna-vibhusanam |
smasana-sunyayatana-rathyaika-druma-sevinam || 37 ||

tilanna-madya-mamsesu satatam sakta-locanam |
nisadadhisthitam vidyad vadantam parusani ca || 38 ||

4.38bv samsaktam rakta-locanam 4.38bv satatam rakta-locanam 4.38bv
sa-raktam rakta-locanam
4.38cv karkotadhisthitam vindyad
yacantam udakam cannam trasta-lohita-locanam |
ugra-vakyam ca janiyan naram aukiranarditam || 39 ||

4.39av dhavantam udakam nannam 4.39av yacantam udakam nannam 4.39av
yacantam udakannam ca 4.39bv rakta-vitrasta-locanam 4.39dv naram
autkiranarditam 4.39dv naram maukiranarditam
4.39dv naram uttarunarditam
gandha-malya-ratim satya-vadinam parivepinam |

bahu-nidram ca janiyad vetalena vasi-krtam || 40 ||

4.40av gandha-malya-ratam satya- 4.40av gandha-malya-rucim satya- 4.40bv -vadinam parivedinam
4.40bv -vadinam paridevinam 4.40dv vaitalena vasi-krtam
a-prasanna-drsam dina-vadanam suska-talukam |
calan-nayana-paksmanam nidralum manda-pavakam || 41 ||

apasavya-paridhanam tila-mamsa-guda-priyam |
skhalad-vacam ca janiyat pitr-graha-vasi-krtam || 42 ||

4.42cv skhalad-vacam vijaniyat
guru-vrddharsi-siddhabhisapa-cintanurupatah |
vyaharahara-cestabhir yatha-svam tad-graham vadet || 43 ||

4.43av guru-vrddharsi-siddhanam 4.43bv sapa-cintanurupatah 4.43bv msapa-cittanurupatah 4.43bv sapa-cittanurupatah 4.43cv viharahara-cestabhir 4.43dv yatha-svam
tam graham vadet
kumara-vrndanugatam nagnam uddhata-murdha-jam |
a-svastha-manasam dairghya-kalikam sa-graham tyajet || 44 ||

uttarasthana
bhutam jayed a-himseccham japa-homa-bali-vrataih |
tapah-sila-samadhana-dana-jñana-dayadibhih || 1 ||

5.1av bhutam jayed a-himsottham 5.1cv tapah-sila-samadhyana-
hingu-vyosala-nepali-lasunarka-jata-jatah |
ajalomi sa-golomi bhutakesi vaca lata || 2 ||

5.2bv -lasunarka-jatamayah 5.2dv bhutakesi-vaca-latah 5.2dv bhutakesi vaca
bala
kukkuti sarpagandhakhya tilah kana-vikanike |
vajraprokta vayahstha ca srngi mohanavally api || 3 ||

5.3bv tilah kala-vikanike 5.3bv tilah kana-visanike 5.3bv tatha kana-vikanike
5.3cv vajraprokta vayahstha va
sroto-jañjana-raksoghnam rakso-ghnam canyad ausadham |
kharasva-svavid-ustrarksa-godha-nakula-salyakat || 4 ||

5.4dv -godha-nakula-matsyakat
dvipi-marjara-go-simha-vyaghra-samudra-sat-tvatah |
carma-pitta-dvi-ja-nakha varge 'smin sadhayed ghrtam || 5 ||

puranam atha-va tailam navam tat pana-nasyayoh |
abhyange ca prayoktavyam esam curnam ca dhupane || 6 ||

ebhis ca gutikam yuñjyad añjane savapidane |
pralepe kalkam etesam kvatham ca parisecane || 7 ||

5.7bv añjane savapidake

prayogo 'yam grahonmadan sapasmarañ chamam nayet |
gajahva-pippali-mula-vyosamalaka-sarsapan || 8 ||

godha-nakula-marjara-jhasa-pitta-prapesitan |
navanabhyanga-sekesu vidadhita grahapahan || 9 ||

5.9bv -sasa-pitta-prapesitan 5.9bv -rksa-pitta-prapesitan
siddharthaka-vaca-hingu-priyangu-rajani-dvayam |
mañjistha sveta-katabhi vara svetadrikarnika || 10 ||

5.10cv mañjistha-sveta-katabhi- 5.10dv -vara-svetadrikarnikah
nimbasya pattram bijam tu naktamala-sirisayoh |
surahvam try-usanam sarpir go-mutre tais catur-gune || 11 ||

5.11dv go-mutre ca catur-gune
siddham siddharthakam nama pane nasye ca yojitam |
grahan sarvan nihanty asu visesad asuran grahan || 12 ||

krtya-laksmi-visonmada-jvarapasmara-papma ca |
ebhir evausadhair basta-varina kalpito '-gadah || 13 ||

5.13bv -jvarapasmara-papma-nut
pana-nasyañjanalepa-snanodgharsana-yojitah |
gunaih purva-vad uddisto raja-dvare ca siddhi-krt || 14 ||

5.14cv sa gunaih purva-vad disto
siddharthaka-vyosa-vacasvagandha nisa-dvayam
hingu-palandu-kandah |
bijam karañjat kusumam sirisat phalam ca valkam ca
kapittha-vrksat || 15 ||

5.15bv nisa-dvayam hingu-palandu-kandam 5.15dv phalam ca kalkas
ca kapittha-vrksat 5.15dv phalam ca puspam ca kapittha-vrksat
5.15dv phalam ca valkas ca
kapittha-vrksat
sa-manimantham sa-natam sa-kustham syonaka-mulam kinihi
sita ca |
bastasya mutrena su-bhavitam tat pittena gavyena gudan vidadhyat ||
16 ||

dusta-vranonmada-tamo-nisandhan udbandhakan vari-nimagna-dehan |
digdhahatan darpita-sarpa-dastams te sadhayanty
añjana-nasya-lepaih || 17 ||

5.17av dusta-vranonmada-tamo-nisandhyam 5.17bv udbaddhakan
vari-nimagna-dehan
5.17dv tan sadhayanty añjana-nasya-lepaih 5.17dv te sadhayanty
añjana-pana-lepaih
karpasasthi-mayura-pattra-brhati-nirmalya-pinditaka- || 18a ||

5.18av karpasasthi-mayura-piccha-brhati-nirmalya-pinditaka-
-tvan-mamsi-vrsa-damsa-vit-tusa-vaca-kesahi-nirmokakaih

|| 18b ||

5.18bv
-tvag-vamsi-vrsa-damsa-vit-tusa-vaca-kesahi-nirmocanaih
5.18bv
-tvag-vamsi-vrsa-damsa-vin-nakha-vaca-kesahi-nirmocanaih
5.18bv
-tvan-mamsi-vrsa-damsa-vit-tusa-vaca-kesahi-nirmocanaih
nagendra-dvi-ja-srnga-hingu-maricais tulyaih krtam dhupanam ||
18c ||

skandonmada-pisaca-raksasa-suravesa-jvara-ghnam param || 18d ||
5.18dv skandonmada-pisaca-raksasa-suravesa-graha-ghnam param
tri-katuka-dala-kunkuma-granthika-ksara-simhi-nisa-daru-siddharth
a-yugmambu-sakrahv
ayaih || 19a ||
sita-lasuna-phala-trayosira-tikta-vaca-tuttha-yasti-bala-lohitaila-
sila-padmakaih || 19b ||
dadhi-tagara-madhÅ«ka-sÄ•ra-priyÄ•hvÄ•-viá¹£Ä•khyÄ•-viá¹£Ä•-tÄ•rká¹£ya-Å›ailaiá
sa-cavyamayaih kalkitaih || 19c ||

ghrtam a-navam a-sesa-mutramsa-siddham matam
bhuta-ravahvayam panatas tad graha-ghnam param || 19d ||

nata-madhuka-karañja-laksa-patoli-samanga-vaca-patali-hingu-s
iddhartha-simhi-nisa-yug -lata-rohini- || 20a ||

5.20av
nata-madhuka-karañja-laksa-patoli-samanga-vaca-patala-hingu-s
iddhartha-simhi-nisa-yug -lata-rohini-

-badara-katu-phala-trika-kanda-daru-krmighnajagandhamarankolla-
kosataki-sigru-nimba mbu dendrahvayaih || 20b ||

5.20bv
-badara-katu-phala-trika-kanda-daru-krmighnajagandha-surankolla
-kosataki-sigru-nimba mbudendrahvayaih 5.20bv
-madana-katu-phala-trika-kanda-daru-krmighnajagandhamarankolla-
kosataki-sigru-nimba mbudendrahvayaih 5.20bv
madana-katu-phala-trika-kanda-daru-krmighnajagandha-surankolla-
kosataki-sigru-nimba mbudendrahvayaih 5.20bv
-madana-katu-phala-trika-kanda-daru-krmighnajagandhamrta-kola-k
osataki-sigru-nimba
mbudendrahvayaih
gada-sukataru-puspa-bijogra-yasty-adrikarni-nikumbhagni-bilvaih
samaih kalkitair
mutra-vargena siddham ghrtam || 20c ||

vidhi-vinihitam asu sarvaih kramair yojitam hanti
sarva-grahonmada-kustha-jvarams tan maha-bhuta- ravam smrtam ||
20d ||

5.20dv vidhi-van nihitam asu sarvaih kramair yojitam hanti
sarva-grahonmada-kustha-jvarams tan maha-bhuta- ravam smrtam
5.20dv cira-vinihitam asu sarvaih kramair yojitam hanti
sarva-grahonmada-kustha-jvarams tan maha-bhuta-ravam smrtam
graha grhnanti ye yesu tesam tesu visesatah |
dinesu bali-homadin prayuñjita cikitsakah || 21 ||

snana-vastra-vasa-mamsa-madya-ksira-gudadi ca |
rocate yad yada yebhyas tat tesam aharet tada || 22 ||

5.22av snanam vastram vasa mamsam 5.22bv madyam ksira-gudani
va
ratnani gandha-malyani bijani madhu-sarpisi |
bhaksyas ca sarve sarvesam samanyo vidhir ity ayam || 23 ||

5.23av raktani gandha-malyani 5.23cv bhaksas ca sarve sarvesam
surarsi-guru-vrddhebhyah siddhebhyas ca suralaye |
disy uttarasyam tatrapi devayopahared balim || 24 ||

pascimayam yatha-kalam daitya-bhutaya catvare |
gandharvaya gavam marge sa-vastrabharanam balim || 25 ||

pitr-naga-grahe nadyam nagebhyah purva-daksine |
yaksaya yaksayatane saritor va samagame || 26 ||

5.26av pitr-nama-grahe nadyam
catus-pathe raksasaya bhimesu gahanesu ca |
raksasam daksinasyam tu purvasyam brahma-raksasam || 27 ||

5.27bv bhimesu gahanesu va
sunyalaye pisacaya pascimam disam asthite |
suci-suklani malyani gandhah ksaireyam odanam || 28 ||

5.28bv pascimam disam asrite 5.28bv pascimayam disi sthite
dadhi cchattram ca dhavalam devanam balir isyate |
hingu-sarsapa-sadgrantha-vyosair ardha-palonmitaih || 29 ||

catur-gune gavam mutre ghrta-prastham vipacayet |
tat-pana-navanabhyangair deva-graha-vimoksanam || 30 ||

nasyañjanam vaca-hingu-lasunam basta-varina |
daitye balir bahu-phalah sosira-kamalotpalah || 31 ||

5.31av nasyañjane vaca-hingu-
naganam sumano-laja-gudapupa-gudaudanaih |
paramanna-madhu-ksira-krsna-mrn-nagakesaraih || 32 ||

vaca-padma-purosira-raktotpala-dalair balih |
svetapattram ca lodhram ca tagaram naga-sarsapah || 33 ||

5.33av vaca-patha-purosira-
sitena varina pistam navanañjanayor hitam |
yaksanam ksira-dadhy-ajya-misrakaudana-guggulu || 34 ||

devadarutpalam padmam usiram vastra-kañcanam |
hiranyam ca balir yojyo mutrajya-ksiram ekatah || 35 ||

5.35bv usiram vastra-candanam 5.35bv usiram vastra-kambalam
siddham samonmitam pana-navanabhyañjane hitam |
haritaki haridre dve lasuno maricam vaca || 36 ||

5.36av siddham palonmitam pana-
nimba-pattram ca bastambu-kalkitam navanañjanam |
brahma-rakso-balih siddham yavanam purnam adhakam || 37 ||

5.37dv yavanam curnam adhakam
toyasya kumbhah palalam chattram vastram vilepanam |
gayatri-vimsati-pala-kvathe 'rdha-palikaih pacet || 38 ||

5.38av toya-kumbham ca palalam
try-usana-tri-phala-hingu-sadgrantha-misi-sarsapaih |
sa-nimba-pattra-lasunaih kudavan sapta sarpisah || 39 ||

go-mutre tri-gune pana-nasyabhyangesu tad dhitam |
raksasam palalam suklam kusumam misrakaudanam || 40 ||

5.40av go-mutre tri-gune siddham 5.40bv panabhyangesu tad dhitam
5.40dv
kusumam misrakaudanah
balih pakvama-mamsani nispava rudhiroksitah |
naktamala-sirisa-tvan-mula-puspa-phalani ca || 41 ||

5.41dv -mulam puspam phalani ca 5.41dv -mule puspam phalani ca
tad-vac ca krsna-patalya bilva-mulam katu-trikam |
hingv-indrayava-siddhartha-lasunamalaki-phalam || 42 ||

navanañjanayor yojyo basta-mutra-yuto '-gadah |
ebhir eva ghrtam siddham gavam mutre catur-gune || 43 ||

5.43bv basta-mutra-hrto '-gadah 5.43bv basta-mutra-druto '-gadah
rakso-grahan varayate panabhyañjana-navanaih |
pisacanam balih sidhuh pinyakah palalam dadhi || 44 ||

mulakam lavanam sarpih sa-bhutaudana-yavakam |
haridra-dvaya-mañjistha-misi-saindhava-nagaram || 45 ||

5.45bv prabhutaudana-yavakam 5.45bv prag-bhutaudana-yavakam 5.45dv
-misi-saindhava-nagaraih
hingu-priyangu-tri-katu-lasuna-tri-phala vaca |
patali-sveta-katabhi-sirisa-kusumair ghrtam || 46 ||

5.46bv -lasuna-tri-phala-vacah 5.46cv patoli-sveta-katabhi- 5.46cv
patala-sveta-katabhi-
go-mutra-padikam siddham panabhyañjanayor hitam |
bastambu-pistais tair eva yojyam añjana-navanam || 47 ||

devarsi-pitr-gandharve tiksnam nasyadi varjayet |

sarpih-panadi mrdv asmin bhaisajyam avacarayet || 48 ||

rte pisacat sarvesu pratikulam ca nacaret |
sa-vaidyam aturam ghnanti kruddhas te hi mahaujasah || 49 ||

isvaram dva-dasa-bhujam natham aryavalokitam |
sarva-vyadhi-cikitsam ca japan sarva-grahan jayet || 50 ||

5.50cv sarva-vyadhi-cikitsantam 5.50cv sarva-vyadhi-cikitsam ca 5.50cv
sarva-vyadhi-cikitsitam
tathonmadan apasmaran anyam va citta-viplavam |
maha-vidyam ca mayurim sucim tam sravayet sada || 51 ||

5.51bv anyan va citta-vibhraman 5.51dv sucis tam sravayet sada
bhutesam pujayet sthanum pramathakhyams ca tad-ganan |
japan siddhams ca tan-mantran grahan sarvan apohati || 52 ||

yac can-antarayoh kiñ-cid vaksyate 'dhyayayor hitam |
yac coktam iha tat sarvam prayuñjita paras-param || 53 ||

5.53cv yathoktam iha tat sarvam

uttarasthana
unmadah sat prthag-dosa-nicayadhi-visodbhavah |
unmado nama manaso dosair unmarga-gair madah || 1 ||

sarira-manasair dustair a-hitad anna-panatah |
vikrta-satmya-sa-malad visamad upayogatah || 2 ||

6.2av sarira-manasair dosair 6.2cv vikrta-satmya-sa-mala- 6.2dv
-visamad
upayogatah
visannasyalpa-sat-tvasya vyadhi-vega-samudgamat |
ksinasya cesta-vaisamyat pujya-puja-vyatikramat || 3 ||

6.3bv vyadhi-vega-samudbhavat 6.3bv vyadhi-vega-samudbhramat
adhibhir citta-vibhramsad visenopavisena ca |
ebhir hi hina-sat-tvasya hrdi dosah pradusitah || 4 ||

6.4bv visenopavisena va 6.4cv ebhir vihina-sat-tvasya
dhiyo vidhaya kalusyam hrtva margan mano-vahan |
unmadam kurvate tena dhi-vijñana-smrti-bhramat || 5 ||

deho duhkha-sukha-bhrasto bhrasta-sarathi-vad rathah |
bhramaty a-cintitarambhas tatra vatat krsanga-ta || 6 ||

6.6av dehi duhkha-sukha-bhrasto
a-sthane rodanakrosa-hasita-smita-nartanam |
gita-vaditra-vag-anga-viksepasphotanani ca || 7 ||

a-samna venu-vinadi-sabdanukaranam muhuh |
asyat phenagamo 'jasram atanam bahu-bhasi-ta || 8 ||

6.8av abhiksnam venu-vinadi- 6.8av asyena venu-vinadi-

6.8bv -sabdadi-karanam muhuh
6.8dv atanam bahu-bhasitam
alankaro 'n-alankarair a-yanair gamanodyamah |
grddhir abhyavaharyesu tal-labhe cavamana-ta || 9 ||

6.9dv tal-labhe vavamana-ta 6.9dv tal-labhesv avamana-ta
utpinditarunaksi-tvam jirne canne gadodbhavah |
pittat samtarjanam krodho musti-lostady-abhidravah || 10 ||

6.10av utpiditarunaksi-tvam
sita-cchayodakakanksa nagna-tvam pita-varna-ta |
a-satya-jvalana-jvala-taraka-dipa-darsanam || 11 ||

6.11bv netra-tvak-pita-varna-ta 6.11cv a-sati jvalane jvala- 6.11cv
a-satya-jvalanolkadi-
kaphad a-rocakas chardir alpehahara-vakya-ta |
stri-kama-ta rahah-pritir lala-singhanaka-srutih || 12 ||

baibhatsyam sauca-vidveso nidra svayathur anane |
unmado bala-van ratrau bhukta-matre ca jayate || 13 ||

sarvayatana-samsthana-samnipate tad-atmakam |
unmadam darunam vidyat tam bhisak parivarjayet || 14 ||

6.14bv -samnipatat tad-atmakam
dhana-kantadi-nasena duh-sahenabhisanga-van |
pandur dino muhur muhyan haheti paridevate || 15 ||

rodity a-kasman mriyate tad-gunan bahu manyate |
soka-klista-mana dhyayañ jagaruko vicestate || 16 ||

6.16av rodity a-kasmat smayate
visena syava-vadano nasta-cchaya-balendriyah |
vegantare 'pi sambhranto raktaksas tam vivarjayet || 17 ||

6.17bv nasta-cchayo '-balendriyah
athanila-ja unmade sneha-panam prayojayet |
purvam avrta-marge tu sa-sneham mrdu sodhanam || 18 ||

kapha-pitta-bhave 'py adau vamanam sa-virecanam |
snigdha-svinnasya vastim ca sirasah sa-virecanam || 19 ||

6.19av kapha-pittodbhave 'py adau 6.19cv snigdha-svinnasya vastims ca
6.19dv sirasas ca virecanam
tathasya suddha-dehasya prasadam labhate manah |
ittham apy anuvrttau tu tiksnam navanam añjanam || 20 ||

6.20av tathaiva suddha-dehasya
harsanasvasanottrasa-bhaya-tadana-tarjanam |
abhyangodvartanalepa-dhupan panam ca sarpisah || 21 ||

6.21dv -dhuman panam ca sarpisah
yuñjyat tani hi suddhasya nayanti prakrtim manah |

hingu-sauvarcala-vyosair dvi-palamsair ghrtadhakam || 22 ||

siddham sa-mutram unmada-bhutapasmara-nut param |
dvau prasthau sva-rasad brahmya ghrta-prastham ca sadhitam || 23 ||

vyosa-syama-trivrd-danti-sankhapuspi-nrpadrumaih |
sa-saptala-krmiharaih kalkitair aksa-sammitaih || 24 ||

6.24av vyosa-syama-trivrd-bimbi- 6.24cv satala-krmijit-kalkaih
6.24dv sarvais
tair aksa-sammitaih
pala-vrddhya prayuñjita param matra catuh-palam |
unmada-kusthapasmara-haram vandhya-suta-pradam || 25 ||

vak-svara-smrti-medha-krd dhanyam brahmi-ghrtam smrtam |
vara-visala-bhadraila-devadarv-elavalukaih || 26 ||

6.26cv vara-visalakautpala- 6.26cv vara-visala-pattraila-
dvi-sariva-dvi-rajani-dvi-sthira-phalini-nataih |
brhati-kustha-mañjistha-nagakesara-dadimaih || 27 ||

vella-talisa-pattraila-malati-mukulotpalaih |
sa-danti-padmaka-himaih karsamsaih sarpisah pacet || 28 ||

6.28bv -malati-kumudotpalaih 6.28cv rudanti-padmaka-himaih
prastham bhuta-grahonmada-kasapasmara-papmasu |
pandu-kandu-vise sose mohe mehe gare jvare || 29 ||

6.29bv -kasapasmara-papma-jit 6.29cv pandu-kandu-vise sophe
a-retasy a-prajasi va daivopahata-cetasi |
a-medhasi skhalad-vaci smrti-kame 'lpa-pavake || 30 ||

6.30av a-retasy alpa-rajasi
balyam mangalyam ayusyam kanti-saubhagya-pusti-dam |
kalyanakam idam sarpih srestham pum-savanesu ca || 31 ||

ebhyo dvi-sarivadini jale paktvaika-vimsatim |
rase tasmin pacet sarpir grsti-ksira-catur-gunam || 32 ||

6.32dv grsti-ksire catur-gune 6.32dv grsti-ksiram
catur-gunam
vira-dvi-meda-kakoli-kapikacchu-visanibhih |
surpaparni-yutair etan maha-kalyanakam param || 33 ||

6.33av virarddhi-meda-kakoli- 6.33dv maha-kalyanakam smrtam
brmhanam samnipata-ghnam purvasmad adhikam gunaih |
jatila putana kesi carati markati vaca || 34 ||

trayamana jaya vira corakah katu-rohini |
vayahstha sukari chattra saticchattra palankasa || 35 ||

6.35dv aticchattra palankasa
mahapurusadanta ca kayastha nakuli-dvayam |
katambhara vrscikali saliparni ca tair ghrtam || 36 ||

6.36cv katambhara-vrscikali- 6.36dv -sthiras cahrtya tair ghrtam
siddham caturthikonmada-grahapasmara-nasanam |
maha-paisacakam nama ghrtam etad yathamrtam || 37 ||

6.37av siddham caturthakonmada- 6.37av siddham caturthakonmada-
buddhi-medha-smrti-karam balanam canga-vardhanam |
brahmim aindrim vidangani vyosam hingu jatam muram || 38
||

6.38av smrti-buddhi-karam caiva 6.38bv balanam anga-vardhanam
rasnam visaghnam lasunam visalyam surasam vacam |
jyotismatim nagavinnam anantam sa-haritakim || 39 ||

6.39av rasnam visaghnim lasunam
kanksim ca hasti-mutrena pistva chaya-visosita |
vartir nasyañjanalepa-dhupair unmada-sudani || 40 ||

6.40av kacchim ca hasti-mutrena 6.40av saurastrim
basta-mutrena 6.40dv
-dhupair unmada-nasini
avapidas ca vividhah sarsapah sneha-samyutah |
katu-tailena cabhyango dhmapayec casya tad rajah || 41 ||

sa-hingus tiksna-dhumas ca sutra-sthanodito hitah |
srgala-salyakoluka-jalauka-vrsa-basta-jaih || 42 ||

6.42av sa-hingu tiksna-dhumas ca 6.42dv
-jaluka-vrsa-basta-jaih 6.42dv
-jalauka-vrka-basta-jaih
mutra-pitta-sakrd-roma-nakha-carmabhir acaret |
dhupa-dhumañjanabhyanga-pradeha-parisecanam || 43 ||

dhupayet satatam cainam sva-go-matsyaih su-putibhih |
vata-slesmatmake prayah paittike tu prasasyate || 44 ||

tiktakam jivaniyam ca sarpih snehas ca misrakah |
sitani canna-panani madhurani laghuni ca || 45 ||

vidhyet siram yathoktam va trptam medyamisasya va |
nivate sayayed evam mucyate mati-vibhramat || 46 ||

6.46av vidhyet siram yathoktam ca
praksipya-salile kupe sosayed va bubhuksaya |
asvasayet suhrt tam va vakyair dharmartha-samhitaih || 47 ||

6.47cv asvasayet suhrdbhis tam
bruyad ista-vinasam va darsayed adbhutani va |
baddham sarsapa-tailaktam nyased vottanam atape || 48 ||

6.48av bruyad istasya nasam va 6.48dv nyastam cottanam atape
kapikacchvatha-va taptair loha-taila-jalaih sprset |
kasabhis tadayitva va baddham svabhre vinihksipet || 49 ||

6.49dv baddhva svabhre vinihksipet
atha-va vita-sastrasma-jane samtamase grhe |
sarpenoddhrta-damstrena dantaih simhair gajais ca tam || 50
||
trasayec chastra-hastair va kiratarati-taskaraih || 50+(1)ab ||
6.50+(1)bv taskaraih satrubhis tatha
atha-va raja-purusa bahir nitva su-samyatam |
bhapayeyur vadhenainam tarjayanto nrpajñaya || 51 ||

deha-duhkha-bhayebhyo hi param prana-bhayam matam |
tena yati samam tasya sarvato viplutam manah || 52 ||

6.52dv sarvato 'pasrtam manah
siddha kriya prayojyeyam desa-kalady-apeksaya |
ista-dravya-vinasat tu mano yasyopahanyate || 53 ||

6.53av siddhah kriya prayoktavya
tasya tat-sadrsa-prapti-santvasvasaih samam nayet |
kama-soka-bhaya-krodha-harsersya-lobha-sambhavan || 54 ||

6.54av tasya tat-sadrsa-praptih 6.54bv -santvasvasaih prasadayet
6.54bv -priyasvasaih pradarsayet
6.54bv santvasvasaih samam nayet
paras-para-prati-dvandvair ebhir eva samam nayet |
bhutanubandham ikseta prokta-lingadhikakrtim || 55 ||

6.55cv bhutanubaddham ikseta
yady unmade tatah kuryad bhuta-nirdistam ausadham |
balim ca dadyat palalam yavakam saktu-pindikam || 56 ||

6.56av yady unmade ca tat kuryad
snigdham madhuram aharam tandulan rudhiroksitan |
pakvamakani mamsani suram maireyam asavam || 57 ||

6.57cv pakvamahvani mamsani 6.57dv sura-maireyam asavam
atimuktasya puspani jatyah sahacarasya ca |
catus-pathe gavam tirthe nadinam samgamesu ca || 58 ||

nivrttamisa-madyo yo hitasi prayatah sucih |
nijagantubhir unmadaih sat-tva-van na sa yujyate || 59 ||

6.59av nivrttamisa-madyo 'pi
prasada indriyarthanam buddhy-atma-manasam tatha |
dhatunam prakrti-stha-tvam vigatonmada-laksanam || 60 ||

6.60av indriyanam prasanna-tvam 6.60dv gatonmadasya laksanam

uttarasthana
smrty-apayo hy apasmarah sa dhi-sat-tvabhisamplavat |
jayate 'bhihate citte cinta-soka-bhayadibhih || 1 ||

7.1bv sa dhi-sat-tvadi-samplavat
unmada-vat prakupitais citta-deha-gatair malaih |

hate sat-tve hrdi vyapte samjña-vahisu khesu ca || 2 ||

tamo visan mudha-matir bibhatsah kurute kriyah |
dantan khadan vaman phenam hastau padau ca viksipan || 3 ||

7.3dv hastau padau ca kampayan
pasyann a-santi rupani praskhalan patati ksitau |
vijihmaksi-bhruvo dosa-vege 'tite vibudhyate || 4 ||

kalantarena sa punas caivam eva vicestate |
apasmaras catur-bhedo vatadyair nicayena ca || 5 ||

rupam utpatsyamane 'smin hrt-kampah sunya-ta bhramah |
tamaso darsanam dhyanam bhru-vyudaso 'ksi-vaikrtam || 6 ||

7.6av rupam utpadyamane 'smin
a-sabda-sravanam svedo lala-singhanaka-srutih |
a-vipako '-rucir murcha kuksy-atopo bala-ksayah || 7 ||

nidra-naso 'nga-mardas trt svapne ganam sa-nartanam |
panam tailasya madyasya tayor eva ca mehanam || 8 ||

tatra vatat sphurat-sakthih prapatams ca muhur muhuh |
apasmarati samjñam ca labhate vi-svaram rudan || 9 ||

7.9bv pratatam ca muhur muhuh
utpinditaksah svasiti phenam vamati kampate |
avidhyati siro dantan dasaty adhmata-kandharah || 10 ||

parito viksipaty angam visamam vinatangulih |
ruksa-syavarunaksi-tvan-nakhasyah krsnam iksate || 11
||

capalam parusam rupam vi-rupam vikrtananam |
apasmarati pittena muhuh samjñam ca vindati || 12 ||

7.12av capalam paramam rupam 7.12av capalam parusam ruksam
pita-phenaksi-vaktra-tvag asphalayati medinim |
bhairavadipta-rusita-rupa-darsi trsanvitah || 13 ||

kaphac cirena grahanam cirenaiva vibodhanam |
cestalpa bhuyasi lala sukla-netra-nakhasya-ta || 14 ||

suklabha-rupa-darsi-tvam sarva-lingam tu varjayet |
athavrtanam dhi-citta-hrt-khanam prak-prabodhanam || 15 ||

tiksnaih kuryad apasmare karmabhir vamanadibhih |
vatikam vasti-bhuyisthaih paittam prayo virecanaih || 16 ||

slaismikam vamana-prayair apasmaram upacaret |
sarvatah su-visuddhasya samyag asvasitasya ca || 17 ||

apasmara-vimoksartham yogan samsamanañ chrnu |
go-maya-sva-rasa-ksira-dadhi-mutraih srtam havih || 18 ||

apasmara-jvaronmada-kamalanta-karam pibet |
dvi-pañca-mula-tri-phala-dvi-nisa-kutaja-tvacah || 19 ||

7.19cv dvi-pañca-muli-tri-phala-
saptaparnam apamargam nilinim katu-rohinim |
samyaka-puskara-jata-phalgu-mula-duralabhah || 20 ||

7.20cv syonaka-puskara-jata-
dvi-palah salila-drone paktva padavasesite |
bhargi-pathadhaki-kumbha-nikumbha-vyosa-rohisaih || 21 ||

7.21av dvi-palani jala-drone
murva-bhutika-bhunimba-sreyasi-sariva-dvayaih |
madayanty-agni-niculair aksamsaih sarpisah pacet || 22 ||

7.22av murva-putika-bhunimba-
prastham tad-vad dravaih purvaih pañca-gavyam idam mahat |
jvarapasmara-jathara-bhagandara-haram param || 23 ||

sopharsah-kamala-pandu-gulma-kasa-grahapaham |
brahmi-rasa-vaca-kustha-sankhapuspi-srtam ghrtam || 24 ||

7.24bv -gulma-kasa-bhramapaham
puranam medhyam unmada-laksmy-apasmara-papma-jit |
taila-prastham ghrta-prastham jivaniyaih palonmitaih || 25 ||

ksira-drone pacet siddham apasmara-vimoksanam |
kamse ksireksu-rasayoh kasmarye 'sta-gune rase || 26 ||

karsikair jivaniyais ca sarpih-prastham vipacayet |
vata-pittodbhavam ksipram apasmaram nihanti tat || 27 ||

tad-vat kasa-vidariksu-kusa-kvatha-srtam payah |
kusmanda-sva-rase sarpir asta-dasa-gune srtam || 28 ||

7.28bv -kusa-kvathe srtam payah 7.28bv -kusa-kvathaih srtam payah
yasti-kalkam apasmara-haram dhi-vak-svara-pradam |
kapilanam gavam pittam navane paramam hitam || 29 ||

7.29av yasti-kalkam apasmaram 7.29bv navanam paramam hitam 7.29bv
hared dhi-vak-svara-pradam
sva-srgala-bidalanam simhadinam ca pujitam |
godha-nakula-naganam prsatarksa-gavam api || 30 ||

7.30dv vrsabharksa-gavam api 7.30dv vrka-carka-gavam api
pittesu sadhitam tailam nasye 'bhyange ca sasyate |
tri-phala-vyosa-pitadru-yava-ksara-phanijjakaih || 31 ||

7.31av pittesu sadhayet tailam 7.31bv nasyabhyangesu sasyate
sry-ahvapamarga-karañja-bijais tailam vipacitam |
basta-mutre hitam nasyam curnam va dhmapayed bhisak || 32 ||

7.32av syamapamarga-karañja- 7.32bv -bijais tailam prasadhitam
7.32bv
-bijais tailam vipacayet
nakuloluka-marjara-grdhra-kitahi-kaka-jaih |
tundaih paksaih purisais ca dhupam asya prayojayet || 33 ||

7.33dv dhumam asya prayojayet 7.33dv dhupam asmai prayojayet
silayet taila-lasunam payasa va satavarim |
brahmi-rasam kustha-rasam vacam va madhu-samyutam || 34 ||

samam kruddhair apasmaro dosaih sarira-manasaih |
yaj jayate yatas caisa maha-marma-samasrayah || 35 ||

tasmad rasayanair enam dus-cikitsyam upacaret |
tad-artam cagni-toyader visamat palayet sada || 36 ||

7.36av tasmad rasayanenainam 7.36cv tad-artam cagni-toyadi- 7.36dv
-visamat
palayet sada
muktam mano-vikarena tvam ittham krta-van iti |
na bruyad visayair istaih klistam ceto 'sya brmhayet || 37
||

uttarasthana
sarva-roga-nidanoktair a-hitaih kupita malah |
a-caksusyair visesena prayah pittanusarinah || 1 ||

sirabhir urdhvam prasrta netravayavam asritah |
vartma samdhim sitam krsnam drstim va sarvam aksi va
|| 2 ||

rogan kuryus calas tatra prapya vartmasrayah sirah |
suptotthitasya kurute vartma-stambham sa-vedanam || 3 ||

pamsu-purnabha-netra-tvam krcchronmilanam asru ca |
vimardanat syac ca samah krcchronmulam vadanti tat || 4 ||

calayan vartmani vayur nimesonmesanam muhuh |
karoty a-run nimeso 'sau vartma yat tu nimilyate || 5 ||

vimukta-samdhi nis-cestam hinam vata-hatam hi tat |
krsnah pittena bahvyo 'ntar-vartma kumbhika-bija-vat || 6 ||

8.6cv pittena vartmano 'ntar-ja 8.6dv bahvyah kumbhika-bija-vat
adhmayante punar bhinnah pitikah kumbhi-samjñitah |
sa-daha-kleda-nistodam raktabham sparsana-ksamam || 7 ||

8.7bv pitikah kumbhi-samjñakah
pittena jayate vartma pittotklistam usanti tat |
karoti kandum daham ca pittam paksmantam asthitam || 8 ||

8.8dv pittam paksmantam asritam
paksmanam satanam canu paksma-satam vadanti tam |

pothakyah pitikah svetah sarsapabha ghanah kaphat || 9 ||

8.9av paksmanam satanam canu 8.9av paksmanam sadanam canu
sophopadeha-ruk-kandu-picchilasru-samanvitah |
kaphotklistam bhaved vartma stambha-kledopadeha-vat || 10 ||

granthih pandura-ruk-pakah kandu-man kathinah kaphat |
kola-matrah sa laganah kiñ-cid alpas tato 'tha-va || 11 ||

8.11dv kiñ-cid alpas tato 'pi va
rakta raktena pitika tat-tulya-pitikacita |
utsangakhya tathotklistam raji-mat sparsana-ksamam || 12 ||

8.12av rakta raktena pitikas 8.12bv tat-tulya-pitikacitah 8.12cv
utsangakhyas
tathotklistam
arso 'dhi-mamsam vartmantah stabdham snigdham sa-daha-ruk |
raktam raktena tat-sravi cchinnam chinnam ca vardhate || 13 ||

madhye va vartmano 'nte va kandusa-rug-vati sthira |
mudga-matrasrja tamra pitikañjana-namika || 14 ||

dosair vartma bahih sunam yad antah suksma-khacitam |
sa-sravam antar-udakam bisabham bisa-vartma tat || 15 ||

yad vartmotklistam utklistam a-kasman mlana-tam iyat |
rakta-dosa-trayotklesad bhavaty utklista-vartma tat || 16 ||

8.16dv vadanty utklista-vartma tat
syava-vartma malaih sasraih syavam ruk-kleda-sopha-vat |
slistakhyam vartmani sliste kandu-svayathu-ragini || 17
||

vartmano 'ntah khara ruksah pitikah sikatopamah |
sikata-vartma krsnam tu kardamam kardamopamam || 18 ||

bahalam bahalair mamsaih sa-varnais ciyate samaih |
kukunakah sisor eva dantotpatti-nimitta-jah || 19 ||

syat tena sisur ucchuna-tamrakso viksana-ksamah |
sa-vartma-sula-paicchilyah karna-nasaksi-mardanah || 20 ||

8.20bv -tamrakso viksane '-ksamah
paksmoparodhe samkoco vartmanam jayate tatha |
khara-tantar-mukha-tvam ca romnam anyani va punah || 21 ||

8.21bv vartmano jayate tatha
kantakair iva tiksnagrair ghrstam tair aksi suyate |
usyate caniladi-dvid alpahah santir uddhrtaih || 22 ||

8.22bv ghrstam tair aksi suyate 8.22cv usyate vaniladi-dvid
8.22cv usyate caniladyais ca
8.22dv alpaham santir uddhrtaih
kaninake bahir-vartma kathino granthir unnatah |

tamrah pakvo 'sra-puya-srud alajy adhmayate muhuh || 23 ||

vartmantar mamsa-pindabhah svayathur grathito '-rujah |
sasraih syad arbudo dosair visamo bahyatas calah || 24 ||

catur-vimsatir ity ete vyadhayo vartma-samsrayah |
adyo 'tra bhesajaih sadhyo dvau tato 'rsas ca varyajet || 25 ||

paksmoparodho yapyah syac chesañ chastrena sadhayet |
kuttayet paksma-sadanam chindyat tesv api carbudam || 26 ||

8.26cv kuttayet paksma-sadanam
bhindyal lagana-kumbhika-bisotsangañjanalajih |
pothaki-syava-sikata-slistotklista-catustayam || 27 ||
sa-kardamam sa-bahalam vilikhet sa-kukunakam || 27uab ||
uttarasthana
krcchronmile puranajyam draksa-kalkambu-sadhitam |
sa-sitam yojayet snigdham nasya-dhumañjanadi ca || 1 ||

kumbhika-vartma-likhitam saindhava-pratisaritam |
yasti-dhatri-patolinam kvathena parisecayet || 2 ||

nivate 'dhisthitasyaptaih suddhasyottana-sayinah |
bahih kosnambu-taptena sveditam vartma vasasa || 3 ||

nirbhujya vastrantaritam vamangusthanguli-ghrtam |
na sramsate calati va vartmaivam sarvatas tatah || 4 ||

9.4cv na sramsate na calati
mandalagrena tat tiryak krtva sastra-padankitam |
likhet tenaiva pattrair va saka-sephalikadi-jaih || 5 ||

9.5dv saka-sephalikadikaih 9.5dv saka-sephalikadibhih
phenena toya-raser va picuna pramrjann asrk |
sthite rakte su-likhitam sa-ksaudraih pratisarayet || 6 ||

yatha-svam uktair anu ca praksalyosnena varina |
ghrtena siktam abhyaktam badhniyan madhu-sarpisa || 7 ||

9.7cv ghrtenasiktam abhyaktam
urdhvadhah karnayor dattva pindim ca yava-saktubhih |
dvitiye 'hani muktasya parisekam yatha-yatham || 8 ||

kuryac caturthe nasyadin muñced evahni pañcame |
samam nakha-nibham sopha-kandu-gharsadya-piditam || 9 ||

vidyat su-likhitam vartma likhed bhuyo viparyaye |
ruk-paksma-vartma-sadana-sramsanany ati-lekhanat || 10 ||

sneha-svedadikas tasminn isto vata-harah kramah |
abhyajya nava-nitena sveta-lodhram pralepayet || 11 ||

eranda-mula-kalkena puta-pake pacet tatah |
svinnam praksalitam suskam curnitam potali-krtam || 12 ||

striyah ksire chagalya va mrditam netra-secanam |
sali-tandula-kalkena liptam tad-vat pariskrtam || 13 ||

9.13av striyah ksire chagale va
kuryan netre 'ti-likhite mrditam dadhi-mastuna |
kevalenapi va sekam mastuna jangalasinah || 14 ||

pitika vrihi-vaktrena bhittva tu kathinonnatah |
nispidayed anu vidhih parisesas tu purva-vat || 15 ||

9.15av pitikam vrihi-vaktrena 9.15bv bhittva tu kathinonnatam
lekhane bhedane cayam kramah sarva-tra vartmani |
pittasrotklistayoh svadu-skandha-siddhena sarpisa || 16 ||

sira-vimoksah snigdhasya trivrc chrestham virecanam |
likhite sruta-rakte ca vartmani ksalanam hitam || 17 ||

9.17bv trivrc chrestha virecane 9.17cv likhite nihsrte rakte
yasti-kasayah sekas tu ksiram candana-sadhitam |
paksmanam sadane sucya roma-kupan vikuttayet || 18 ||

9.18av yasti-kvathena sekas tu
grahayed va jalaukobhih payaseksu-rasena va |
vamanam navanam sarpih srtam madhura-sitalaih || 19 ||

samcurnya puspa-kasisam bhavayet surasa-rasaih |
tamre dasaham paramam paksma-sate tad añjanam || 20 ||

pothakir likhitah sunthi-saindhava-pratisaritah |
usnambu-ksalitah siñcet khadiradhaki-sigrubhih || 21 ||

9.21av pothakim likhitam sunthi- 9.21bv -saindhava-pratisaritam
9.21cv
usnambu-ksalitam siñcet
ap-siddhair dvi-nisa-srestha-madhukair va sa-maksikaih |
kaphotkliste vilikhite sa-ksaudraih pratisaranam || 22 ||

suksmaih saindhava-kasisa-manohva-kana-tarksya-jaih |
vamanañjana-nasyadi sarvam ca kapha-jid dhitam || 23 ||

kartavyam lagane 'py etad a-santav agnina dahet |
kukune khadira-srestha-nimba-pattra-srtam ghrtam || 24 ||

9.24dv -nimba-pattraih srtam ghrtam
svinnam bhittva vinispidya bhisag añjana-namikam |
silaila-saindhava-nataih sa-ksaudraih pratisarayet || 24.1+(1) ||

9.24.1+(1)av svinnam bhittva vinispidyotm 9.24.1+(1)bv
msangam
cañjana-namikam
pitva dhatri vamet krsna-yasti-sarsapa-saindhavaih |
abhaya-pippali-draksa-kvathenainam virecayet || 25 ||

musta-dvi-rajani-krsna-kalkenalepayet stanau |

dhupayet sarsapaih sajyaih suddham kvatham ca payayet || 26 ||

patola-musta-mrdvika-guduci-tri-phalodbhavam |
sisos tu likhitam vartma srutasrg vambu-janmabhih || 27 ||

dhatry-asmantaka-jambuttha-pattra-kvathena secayet |
prayah ksira-ghrtasi-tvad balanam slesma-ja gadah || 28
||

tasmad vamanam evagre sarva-vyadhisu pujitam |
sindhuttha-krsnapamarga-bijajya-stanya-maksikam || 29 ||

curno vacayah sa-ksaudro madanam madhukanvitam |
ksiram ksirannam annam ca bhajatah kramatah sisoh || 30 ||

9.30dv bhajatah krama-sah sisoh
vamanam sarva-rogesu visesena kukunake |
saptala-rasa-siddhajyam yojyam cobhaya-sodhanam || 31 ||

dvi-nisa-lodhra-yasty-ahva-rohini-nimba-pallavaih |
kukunake hita vartih pistais tamra-rajo-'nvitaih || 32 ||

ksira-ksaudra-ghrtopetam dagdham va loha-jam rajah |
ela-lasuna-kataka-sankhosana-phanijjakaih || 33 ||

9.33bv dagdham va lodhra-jam rajah
vartih kukuna-pothakyoh sura-pistaih sa-katphalaih |
paksma-rodhe pravrddhesu suddha-dehasya romasu || 34 ||

utsrjya dvau bhruvo 'dhas-tad bhagau bhagam ca paksmatah |
yava-matram yavakaram tiryak chittvardra-vasasa || 35 ||

apaneyam asrk tasminn alpi-bhavati sonite |
sivyet kutilaya sucya mudga-matrantaraih padaih || 36 ||

baddhva lalate pattam ca tatra sivana-sutrakam |
nati-gadha-slatham sucya niksiped atha yojayet || 37 ||

madhu-sarpih-kavalikam na casmin bandham acaret |
nyagrodhadi-kasayais ca sa-ksiraih secayed ruji || 38 ||

pañcame divase sutram apaniyavacurnayet |
gairikena vranam yuñjyat tiksnam nasyañjanadi ca || 39 ||

9.39dv tiksna-nasyañjanadi ca 9.39dv tiksna-nasyañjanani ca
9.39dv
tiksnam nasyañjanani ca
dahed a-santau nirbhujya vartma-dosasrayam valim |
samdamsenadhikam paksma hrtva tasyasrayam dahet || 40 ||

sucy-agrenagni-varnena daho bahyalajeh punah |
bhinnasya ksara-vahnibhyam su-cchinnasyarbudasya ca || 41 ||

uttarasthana
vayuh kruddhah sirah prapya jalabham jala-vahinih |

asru sravayate vartma-sukla-samdheh kaninakat || 1 ||

10.1dv -sukla-samdhi-kaninikat
tena netram sa-rug-raga-sopham syat sa jalasravah |
kaphat kaphasrave svetam picchilam bahalam sravet || 2 ||

10.2cv kaphat kapha-srave svetam 10.2cv kaphat kapha-srave svetam
kaphena sophas tiksnagrah ksara-budbudakopamah |
prthu-mula-balah snigdhah sa-varno mrdu-picchilah || 3 ||

10.3dv sa-varna-mrdu-picchilah
mahan a-pakah kandu-man upanahah sa ni-rujah |
raktad raktasrave tamram bahusnam casru samsravet || 4 ||

10.4cv raktad rakta-srave tamram 10.4cv raktad raktam sravet tamram
10.4dv
bahusnam vasru samsravet
vartma-samdhy-asraya sukle pitika daha-sulini |
tamra mudgopama bhinna raktam sravati parvani || 5 ||

puyasrave malah sasra vartma-samdheh kaninakat |
sravayanti muhuh puyam sasram tvan-mamsa-pakatah || 6 ||

10.6bv vartma-samdhi-kaninakat 10.6dv sasra-tvan-mamsa-pakatah
10.6dv
sasru-tvan-mamsa-pakatah
puyalaso vranah suksmah sopha-samrambha-purvakah |
kanina-samdhav adhmayi puyasravi sa-vedanah || 7 ||

kaninasyantar alaji sopho ruk-toda-daha-van |
apange va kanine va kandusa-paksma-pota-van || 8 ||

puyasravi krmi-granthir granthih krmi-yuto 'rti-man |
upanaha-krmi-granthi-puyalasaka-parvanih || 9 ||

sastrena sadhayet pañca salajin asravams tyajet |
pittam kuryat site bindun asita-syava-pitakan || 10 ||

malaktadarsa-tulyam va sarvam suklam sa-daha-ruk |
rogo 'yam suktika-samjñah sa-sakrd-bheda-trd-jvarah || 11 ||

10.11bv sarvam suklam a-daha-ruk
kaphac chukle samam svetam cira-vrddhy-adhi-mamsakam |
suklarma sophas tv a-rujah sa-varno bahalo '-mrduh || 12 ||

guruh snigdho 'mbu-bindv-abho balasa-grathitam smrtam |
bindubhih pista-dhavalair utsannaih pistakam vadet || 13 ||

10.13dv balasa-granthi sa smrtah
rakta-raji-tatam suklam usyate yat sa-vedanam |
a-sophasrupadeham ca sirotpatah sa sonitat || 14 ||

10.14cv sa-sothasrupadeham ca
upeksitah sirotpato rajis ta eva vardhayan |

kuryat sasram sira-harsam tenaksy-udviksana-ksamam || 15 ||

10.15cv kuryat sasrum sira-harsam 10.15dv tenaksam
viksana-ksamam
sira-jale sira-jalam brhad raktam ghanonnatam |
sonitarma samam slaksnam padmabham adhi-mamsakam || 16 ||

ni-ruk slaksno 'rjunam binduh sasa-lohita-lohitah |
mrdv-asu-vrddhy-a-run-mamsam prastari syava-lohitam || 17 ||

prastary-arma malaih sasraih snavarma snava-samnibham |
suskasrk-pinda-vac chyavam yan mamsam bahalam prthu || 18
||

adhi-mamsarma tad daha-gharsa-vatyah siravrtah |
krsnasannah sira-samjñah pitikah sarsapopamah || 19
||

10.19av adhi-mamsarma rug-daha-
sukti-harsa-sirotpata-pistaka-grathitarjunam |
sadhayed ausadhaih satkam sesam sastrena saptakam || 20 ||

10.20av sukti-harsa-sirotpatan 10.20bv pistaka-grathitarjunam
navottham tad api dravyair armoktam yac ca pañca-dha |
tac chedyam asita-praptam mamsa-snava-siravrtam || 21 ||

10.21bv armoktam yat tu pañca-dha
carmoddala-vad ucchrayi drsti-praptam ca varjayet |
pittam krsne 'tha-va drstau sukram todasru-raga-vat || 22
||

10.22bv drsti-praptam tu varjayet 10.22dv sukram todasra-raga-vat
chittva tvacam janayati tena syat krsna-mandalam |
pakva-jambu-nibham kiñ-cin nimnam ca ksata-sukrakam || 23 ||

tat krcchra-sadhyam yapyam tu dvitiya-patala-vyadhat |
tatra todadi-bahulyam suci-viddhabha-krsna-ta || 24 ||

trtiya-patala-cchedad a-sadhyam nicitam vranaih |
sankha-suklam kaphat sadhyam nati-ruk suddha-sukrakam || 25 ||

a-tamra-picchilasra-srud a-tamra-pitikati-ruk |
aja-vit-sadrsocchraya-karsnya varjyasrjajaka || 26 ||

10.26av a-tamra-picchilasruh syad 10.26av a-tamra-picchilasrk syad
10.26cv aja-vit-sadrsocchraya
10.26dv krsna varjyasrjajaka
sira-sukram malaih sasrais taj-justam krsna-mandalam |
sa-toda-daha-tamrabhih sirabhir avatanyate || 27 ||

a-nimittosna-sitaccha-ghanasra-sruc ca tat tyajet |
dosaih sasraih sakrt krsnam niyate sukla-rupa-tam || 28 ||

10.28bv -ghanasru syac ca tat tyajet 10.28bv -ghanasru-sravi tat tyajet

10.28bc -ghanasru-sruc ca tat tyajet
10.28cv dosaih sasraih sa-drk krsnam
dhavalabhropaliptabham nispavardha-dalakrti |
ati-tivra-ruja-raga-daha-svayathu-piditam || 29 ||

pakatyayena tac chukram varjayet tivra-vedanam |
yasya va linga-naso 'ntah syavam yad va sa-lohitam || 30 ||

aty-utsedhavagadham va sasru nadi-vranavrtam |
puranam visamam madhye vicchinnam yac ca sukrakam || 31 ||

10.31bv sasra-nadi-vranavrtam pañcety ukta gadah krsne
sadhya-sadhya-vibhagatah || 31uab ||

uttarasthana
upanaham bhisak svinnam bhinnam vrihi-mukhena ca |
lekhayen mandalagrena tatas ca pratisarayet || 1 ||

11.1bv bhinnam vrihi-mukhena tu
pippali-ksaudra-sindhutthair badhniyat purva-vat tatah |
patola-pattramalaka-kvathenascyotayec ca tam || 2 ||

parvani badisenatta bahya-samdhi-tri-bhagatah |
vrddhi-pattrena vardhyardhe syad asru-gatir anya-tha || 3 ||

11.3av parvani badisenantar- 11.3bv -bahya-samdhi-tri-bhagatah
11.3dv syad asra-gatir anya-tha
11.3dv syad asra-srutir anya-tha
cikitsa carma-vat ksaudra-saindhava-pratisarita |
puyalase siram vidhyet tatas tam upanahayet || 4 ||

11.4dv tatas tad upanahayet
kurvita caksi-pakoktam sarvam karma yatha-vidhi |
saindhavardraka-kasisa-loha-tamraih su-curnitaih || 5 ||

curnañjanam prayuñjita sa-ksaudrair va rasa-kriyam |
krmi-granthim karisena svinnam bhittva vilikhya ca || 6 ||

tri-phala-ksaudra-kasisa-saindhavaih pratisarayet |
pittabhisyanda-vac chuktim balasahvaya-pistake || 7 ||

11.7dv balasahvaya-pistakau
kaphabhisyanda-van muktva sira-vyadham upacaret |
bijapura-rasaktam ca vyosa-katphalam añjanam || 8 ||

jati-mukula-sindhuttha-devadaru-mahausadhaih |
pistaih prasannaya vartih sopha-kandu-ghnam añjanam || 9 ||

11.9dv sopha-kandu-ghnam ausadham
rakta-syanda-vad utpata-harsa-jalarjuna-kriya |
sirotpate visesena ghrta-maksikam añjanam || 10 ||

sira-harse tu madhuna slaksna-ghrstam rasañjanam |
arjune sarkara-mastu-ksaudrair ascyotanam hitam || 11 ||

sphatikah kunkumam sankho madhukam madhunañjanam |
madhuna cañjanam sankhah pheno va sitaya saha || 12 ||

11.12av sphatikam kunkumam sankham 11.12bv kasisam
madhunañjanam
armoktam pañca-dha tatra tanu dhumavilam ca yat |
raktam dadhi-nibham yac ca sukra-vat tasya bhesajam || 13 ||

uttanasyetarat svinnam sa-sindhutthena cañjitam |
rasena bijapurasya nimilyaksi vimardayet || 14 ||

ittham samrositaksasya pracale 'rmadhi-mamsake |
ghrtasya nis-calam murdhni vartmanos ca visesatah || 15 ||

11.15bv prabale 'rmadhi-mamsake
apangam iksamanasya vrddhe 'rmani kaninakat |
vali syad yatra tatrarma badisenavalambitam || 16 ||

naty-ayatam mucundya va sucya sutrena va tatah |
samantan mandalagrena mocayed atha moksitam || 17 ||

11.17av naty-ayatam samutpatya
kaninakam upaniya catur-bhagavasesitam |
chindyat kaninakam raksed vahinis casru-vahinih || 18 ||

11.18cv chindyat kaninakam raksan 11.18cv chindyat kaninakam raksye
kaninaka-vyadhad asru nadi caksni pravartate |
vrddhe 'rmani tathapangat pasyato 'sya kaninakam || 19 ||

11.19av kaninaka-vadhad asru 11.19av kaninaka-vadhad asu 11.19av
kaninaka-vyadhad a-sru-
11.19bv -nadi caksni pravartate
samyak-chinnam madhu-vyosa-saindhava-pratisaritam |
usnena sarpisa siktam abhyaktam madhu-sarpisa || 20 ||

badhniyat secayen muktva trtiyadi-dinesu ca |
karañja-bija-siddhena ksirena kvathitais tatha || 21 ||

sa-ksaudrair dvi-nisa-lodhra-patoli-yasti-kimsukaih |
kuranta-mukulopetair muñced evahni saptame || 22 ||

11.22cv koranta-mukulopetair
samyak-chinne bhavet svasthyam hinati-ccheda-jan gadan |
sekañjana-prabhrtibhir jayel lekhana-brmhanaih || 23 ||

sita-manahsilaileya-lavanottama-nagaram |
ardha-karsonmitam tarksyam palardham ca madhu-drutam || 24 ||

11.24dv palardham ca madhu-plutam
añjanam slesma-timira-pilla-sukrarma-sosa-jit |
tri-phalaika-tama-dravya-tvacam paniya-kalkitam || 25 ||

11.25bv -pilla-sukrarma-kaca-jit
sarava-pihitam dagdhva kapale curnayet tatah |

prthak-sesausadha-rasaih prthag eva ca bhavita || 26 ||

sa masi sosita pesya bhuyo dvi-lavananvita |
triny etany añjanany aha lekhanani param nimih || 27 ||

sira-jale sira yas tu kathina lekhanausadhaih |
na sidhyanty arma-vat tasam pitikanam ca sadhanam || 28 ||

dosanurodhac chukresu snigdha-ruksa vara ghrtam |
tiktam urdhvam asrk-sravo reka-sekadi cesyate || 29 ||

11.29av dosanubandhac chukresu 11.29bv snigdha ruksa vara ghrtam
11.29bv snigdha-ruksa-vara ghrtam
11.29cv tiktam urdhvam asrk-srava- 11.29dv -reka-sekadi cesyate
tris trivrd-varina pakvam ksata-sukre ghrtam pibet |
sirayanu hared raktam jalaukobhis ca locanat || 30 ||

siddhenotpala-kakoli-draksa-yasti-vidaribhih |
sa-sitenaja-payasa secanam salilena va || 31 ||

ragasru-vedana-santau param lekhanam añjanam |
vartayo jati-mukula-laksa-gairika-candanaih || 32 ||

prasadayanti pittasram ghnanti ca ksata-sukrakam |
dantair danti-varahostra-gavasvaja-kharodbhavaih || 33 ||

11.33av prasadayanti pittasrk 11.33dv -go-rasabha-samudbhavaih
sa-sankha-mauktikambho-dhi-phenair marica-padikaih |
ksata-sukram api vyapi danta-vartir nivartayet || 34 ||

tamala-pattram go-danta-sankha-pheno 'sthi gardabham |
tamram ca vartir mutrena sarva-sukraka-nasini || 35 ||

11.35cv tamram ca basta-mutrena
ratnani dantah srngani dhatavas try-usanam truti |
karañja-bijam lasuno vrana-sadi ca bhesajam || 36 ||

sa-vrana-vrana-gambhira-tvak-stha-sukra-ghnam añjanam |
nimnam unnamayet sneha-pana-nasya-rasañjanaih || 37 ||

sa-rujam ni-rujam trpti-puta-pakena sukrakam |
suddha-sukre nisa-yasti-sariva-sabarambhasa || 38 ||

11.38dv -sariva-sadhitambhasa
secanam lodhra-potalya kosnambho-magnayatha-va |
brhati-mula-yasty-ahva-tamra-saindhava-nagaraih || 39 ||

dhatri-phalambuna pistair lepitam tamra-bhajanam |
yavajyamalaki-pattrair bahu-so dhupayet tatah || 40 ||

tatra kurvita gutikas ta jala-ksaudra-pesitah |
maha-nila iti khyatah suddha-sukra-harah param || 41 ||

sthire sukre ghane casya bahu-so 'pahared asrk |
sirah-kaya-virekams ca puta-pakams ca bhuri-sah || 42 ||

kuryan marica-vaidehi-sirisa-phala-saindhavaih |
harsanam tri-phala-kvatha-pitena lavanena va || 43 ||

11.43cv gharsanam tri-phala-kvatha- 11.43cv
sarsapa-tri-phala-kvatha-
kuryad añjana-yogau va slokardha-gaditav imau |
sankha-kolasthi-kataka-draksa-madhuka-maksikaih || 44 ||

sura-dantarnava-malaih sirisa-kusumanvitaih |
dhatri-phanijjaka-rase ksaro langalikodbhavah || 45 ||

11.45av khara-dantarnava-malaih 11.45dv ksaro langalika-bhavah
11.45dv
ksaro langaliki-bhavah
usitah sositas curnah sukra-harsanam añjanam |
mudga va nis-tusah pistah sankha-ksaudra-samayutah || 46
||

11.46bv sukra-gharsanam añjanam
saro madhukan madhu-man majja vaksat sa-maksika |
go-kharasvostra-dasanah sankhah phenah samudra-jah || 47 ||

11.47av saro madhukat sa-madhur 11.47av saro madhukan madhuna
vartir arjuna-toyena hrsta-sukraka-nasini |
utsannam va sa-salyam va sukram valadibhir likhet || 48 ||

11.48bv pista sukraka-nasini 11.48bv dusta-sukraka-nasini
sira-sukre tv a-drsti-ghne cikitsa vrana-sukra-vat |
pundra-yasty-ahva-kakoli-simhi-loha-nisañjanam || 49 ||

kalkitam chaga-dugdhena sa-ghrtair dhupitam yavaih |
dhatri-pattrais ca paryayad vartir atrañjanam param || 50 ||

11.50dv vartir atrañjanam hitam 11.50dv vartir netrañjanam param
a-santav arma-vac chastram ajakakhye ca yojayet |
ajakayam a-sadhyayam sukre 'nya-tra ca tad-vidhe || 51 ||

vedanopasamam sneha-panasrk-sravanadibhih |
kuryad bibhatsa-tam jetum sukrasyotsedha-sadhanam || 52 ||

11.52dv sukla-tvotsedha-sadhanam
narikelasthi-bhallata-tala-vamsa-karira-jam |
bhasmadbhih sravayet tabhir bhavayet karabhasthi-jam || 53 ||

curnam sukresv a-sadhyesu tad vaivarnya-ghnam añjanam |
sadhyesu sadhanayalam idam eva ca silitam || 54 ||

ajakam parsvato viddhva sucya visravya codakam |
samam prapidyangusthena vasardrenanu purayet || 55 ||

vranam go-mamsa-curnena baddham baddham vimucya ca |
sapta-ratrad vrane rudhe krsna-bhage same sthire || 56 ||

snehañjanam ca kartavyam nasyam ca ksira-sarpisa |

tathapi punar-adhmane bheda-cchedadikam kriyam || 57 ||

11.57cv tathapi punar-adhmate yuktya kuryad yatha nati-cchedena syat
nimajjanam || 57uab ||

11.57uav yuktya yuñjyad yatha nati-
nityam ca sukresu srtam yatha-svam pane ca marse ca ghrtam
vidadhyat |
na hiyate labdha-bala tathantas tiksnañjanair drk satatam
prayuktaih || 58 ||

11.58dv tiksnañjanair drk pratatam prayuktaih

uttarasthana
siranusarini male prathamam patalam srite |
a-vyaktam iksate rupam vyaktam apy a-nimittatah || 1 ||

12.1bv prathamam patalam gate 12.1cv a-vyaktam iksyate rupam
prapte dvitiyam patalam a-bhutam api pasyati |
bhutam tu yatnad asannam dure suksmam ca neksate || 2 ||

12.2dv duram suksmam ca neksate
durantika-stham rupam ca viparyasena manyate |
dose mandala-samsthane mandalaniva pasyati || 3 ||

dvi-dhaikam drsti-madhya-sthe bahu-dha bahu-dha-sthite |
drster abhyantara-gate hrasva-vrddha-viparyayam || 4 ||

12.4dv hrasva-dirgha-viparyayam 12.4dv hrasvam bahu viparyayam
nantika-stham adhah-samsthe dura-gam nopari sthite |
parsve pasyen na parsva-sthe timirakhyo 'yam amayah || 5 ||

prapnoti kaca-tam dose trtiya-patalasrite |
tenordhvam iksate nadhas tanu-cailavrtopamam || 6 ||

12.6cv tenordhvam iksyate nadhas
yatha-varnam ca rajyeta drstir hiyeta ca kramat |
tathapy upeksamanasya caturtham patalam gatah || 7 ||

12.7av yatha-dosam ca rajyeta
linga-nasam malah kurvams chadayed drsti-mandalam |
tatra vatena timire vyaviddham iva pasyati || 8 ||

calavilarunabhasam prasannam ceksate muhuh |
jalani kesan masakan rasmims copeksite 'tra ca || 9 ||

12.9av dhumavilarunabhasam 12.9bv prasannam viksate muhuh
12.9dv
rasmims copeksite 'tra tu
kaci-bhute drg aruna pasyaty asyam a-nasikam |
candra-dipady-aneka-tvam vakram rjv api manyate || 10 ||

vrddhah kaco drsam kuryad rajo-dhumavrtam iva |
spastarunabham vistirnam suksmam va hata-darsanam ||

11 ||

12.11cv sphutarunabham vistirnam
sa linga-naso vate tu samkocayati drk-sirah |
drn-mandalam visaty antar gambhira drg asau smrta || 12 ||

pitta-je timire vidyut-khadyota-dyota-dipitam |
sikhi-tittiri-pattrabham prayo nilam ca pasyati || 13 ||

12.13bv -khadyotodyota-dipitam 12.13cv sikhi-tittiri-picchabham
kace drg kaca-nilabha tadrg eva ca pasyati |
arkendu-parivesagni-maricindra-dhanumsi ca || 14 ||

12.14av kace drg kamsya-nilabha
bhrnga-nila nir-aloka drk snigdha linga-nasatah |
drstih pittena hrasvakhya sa hrasva hrasva-darsini || 15 ||

bhavet pitta-vidagdhakhya pita pitabha-darsana |
kaphena timire prayah snigdham svetam ca pasyati || 16 ||

12.16bv pita pitabha-darsini
sankhendu-kunda-kusumaih kumudair iva cacitam |
kace tu nis-prabhendv-arka-pradipadyair ivacitam || 17 ||

12.17bv kumudair iva vacitam
sitabha sa ca drstih syal linga-nase tu laksyate |
murtah kapho drsti-gatah snigdho darsana-nasanah || 18 ||

bindur jalasyeva calah padmini-puta-samsthitah |
usne samkocam ayati cchayayam parisarpati || 19 ||

12.19bv padmini-puta-samsritah 12.19bv padmini-pattra-samsritah
sankha-kundendu-kumuda-sphatikopama-suklima |
raktena timire raktam tamo-bhutam ca pasyati || 20 ||

kacena rakta krsna va drstis tadrk ca pasyati |
linga-nase 'pi tadrg drn nis-prabha hata-darsana || 21 ||

samsarga-samnipatesu vidyat samkirna-laksanan |
timiradin a-kasmac ca taih syad vyaktakuleksanah || 22 ||

12.22dv taih syad vakrakuleksanah 12.22dv taih syad
vyaktakuleksanam
timire sesayor drstau citro ragah prajayate |
dyotyate nakulasyeva yasya drn nicita malaih || 23 ||

nakulandhah sa tatrahni citram pasyati no nisi |
arke 'sta-mastaka-nyasta-gabhastau stambham agatah || 24 ||

sthagayanti drsam dosa dosandhah sa gado 'parah |
diva-kara-kara-sprsta bhrasta drsti-pathan malah || 25
||

vilina-lina yacchanti vyaktam atrahni darsanam |

usna-taptasya sahasa sita-vari-nimajjanat || 26 ||

tri-dosa-rakta-samprkto yaty usmordhvam tato 'ksini |
dahose malinam suklam ahany avila-darsanam || 27 ||

ratrav andhyam ca jayeta vidagdhosnena sa smrta |
bhrsam amlasanad dosaih sasrair ya drstir acita || 28 ||

sa-kleda-kandu-kalusa vidagdhamlena sa smrta |
soka-jvara-siro-roga-samtaptasyaniladayah || 29 ||

12.29bv vidagdhamlena sa mata
dhumavilam dhuma-drsam drsam kuryuh sa dhumarah |
sahasaivalpa-sat-tvasya pasyato rupam adbhutam || 30 ||

12.30av dhumavilam dhuma-drsam 12.30bv drsam kuryuh sa dhusarah 12.30bv
drsam kuryuh sa dhumakah
bhasvaram bhas-karadim va vatadya nayanasritah |
kurvanti tejah samsosya drstim musita-darsanam || 31 ||

12.31av bhasuram bhas-karadim va
vaidurya-varnam stimitam prakrti-stham iva-vyatham |
aupasargika ity esa linga-naso 'tra varjayet || 32 ||

vina kaphal linga-nasan gambhiram hrasva-jam api |
sat kaca nakulandhas ca yapyah sesams tu sadhayet || 33 ||

12.33cv sat kaca nakulandhyas ca dva-daseti gada drstau
nirdistah sapta-vimsatih || 33uab ||

uttarasthana
timiram kaca-tam yati kaco 'py andhyam upeksaya |
netra-rogesv ato ghoram timiram sadhayed drutam || 1 ||

tulam paceta jivantya drone 'pam pada-sesite |
tat-kvathe dvi-guna-ksiram ghrta-prastham vipacayet || 2 ||

13.2cv tat-kvathe dvi-gunam ksiram
prapaundarika-kakoli-pippali-lodhra-saindhavaih |
satahva-madhuka-draksa-sita-daru-phala-trayaih || 3 ||

karsikair nisi tat pitam timirapaharam param |
draksa-candana-mañjistha-kakoli-dvaya-jivakaih || 4 ||

13.4bv timiranam haram param
sita-satavari-meda-pundrahva-madhukotpalaih |
pacej jirna-ghrta-prastham sama-ksiram picunmitaih || 5 ||

13.5cv pacej jirnam ghrta-prastham
hanti tat kaca-timira-rakta-raji-siro-rujah |
patola-nimba-katuka-darvi-sevya-vara-vrsam || 6 ||

sa-dhanvayasa-trayanti-parpatam palikam prthak |

prastham amalakanam ca kvathayen nalvane 'mbhasi || 7 ||

tad-adhake 'rdha-palikaih pistaih prastham ghrtat pacet |
musta-bhunimba-yasty-ahva-kutajodicya-candanaih || 8 ||

13.8av tad-adhake 'rdha-palikair 13.8bv ghrta-prastham vipacayet
sa-pippalikais tat sarpir ghrana-karnasya-roga-jit |
vidradhi-jvara-dustarur-visarpapaci-kustha-nut || 9 ||

13.9av sa-vyosa-cavyais tat sarpir 13.9bv ghrana-karnaksi-roga-jit
13.9cv
vidradhi-jvara-dustasra-
visesac chukra-timira-naktandhyosnamla-daha-hrt |
tri-phalasta-palam kvathyam pada-sesam jaladhake || 10 ||

13.10bv -naktandhyosnamla-daha-nut 13.10dv pada-sese jaladhake
tena tulya-payaskena tri-phala-pala-kalka-van |
ardha-prastho ghrtat siddhah sitaya maksikena va || 11 ||

yuktam pibet tat timiri tad-yuktam va vara-rasam |
yastimadhu-dvi-kakoli-vyaghri-krsnamrtotpalaih || 12 ||

palikaih sa-sita-draksair ghrta-prastham pacet samaih |
aja-ksira-vara-vasa-markava-sva-rasaih prthak || 13 ||

maha-traiphalam ity etat param drsti-vikara-jit |
traiphalenatha havisa lihanas tri-phalam nisi || 14 ||

13.14bv param drsti-vikara-nut
yastimadhuka-samyuktam madhuna ca pariplutam |
masam ekam hitaharah pibann amalakodakam || 15 ||

sauparnam labhate caksur ity aha bhaga-van nimih |
tapyayo-hema-yasty-ahva-sita-jirnajya-maksikaih || 16 ||

samyojita yatha-kamam timira-ghni vara vara |
sa-ghrtam va vara-kvatham silayet timiramayi || 17 ||

apupa-supa-saktun va tri-phala-curna-samyutan |
payasam va vara-yuktam sitam sa-madhu-sarkaram || 18 ||

13.18av apupa-takra-saktun va
pratar bhaktasya va purvam adyat pathyam prthak prthak |
mrdvika-sarkara-ksaudraih satatam timiraturah || 19 ||

13.19av pratar bhuktasya va purvam
sroto-jamsams catuh-sastim tamrayo-rupya-kañcanaih |
yuktan praty-ekam ekamsair andha-musodara-sthitan || 20 ||

dhmapayitva samavrttam tatas tac ca nisecayet |
rasa-skandha-kasayesu sapta-krtvah prthak prthak || 21 ||

vaidurya-mukta-sankhanam tribhir bhagair yutam tatah |
curnañjanam prayuñjita tat sarva-timirapaham || 22 ||

13.22dv tat sarvam timirapaham
mamsi-tri-jatakayah-kunkuma-nilotpalabhaya-tutthaih |
sita-kaca-sankha-phenaka-maricañjana-pippali-madhukaih || 23 ||

candre 'svini-sa-nathe su-curnitair añjayed yugalam aksnoh |
timirarma-rakta-raji-kandu-kacadi-samam icchan || 24 ||

marica-vara-lavana-bhagau bhagau dvau kana-samudra-phenabhyam |
sauvira-bhaga-navakam citrayam curnitam kaphamaya-jit || 25 ||

13.25dv citra-samcurnitam kaphamaya-jit
manohva-tuttha-kasturi-mamsi-malaya-rocanah |
dasa-karpura-samyuktam asiti-gunam añjanam || 25+(1) ||

13.25+(1)cv dara-karpura-samyuktam
pistam citrasvini-pusye sad-vidhe timire hitam |
prasadanam ca drsteh syac caksusenavabhasitam || 25+(2)
||

draksa-mrnali-sva-rase ksira-madya-vasasu ca |
prthak divyapsu sroto-jam sapta-krtvo nisecayet || 26 ||

tac curnitam sthitam sankhe drk-prasadanam añjanam |
sastam sarvaksi-rogesu videha-pati-nirmitam || 27 ||

13.27av tac curnitam ghrtam sankhe
nirdagdham badarangarais tuttham cettham nisecitam |
kramad aja-payah-sarpih-ksaudre tasmat pala-dvayam || 28 ||

13.28bv tuttham caivam nisecitam 13.28cv kramac chaga-payah-sarpih-
karsikais tapya-marica-sroto-ja-katuka-nataih |
patu-lodhra-sila-pathya-kanailañjana-phenakaih || 29 ||

yuktam palena yastyas ca musantar-dhmata-curnitam |
hanti kacarma-naktandhya-rakta-rajih su-silitah || 30 ||

curno visesat timiram bhas-karo bhas-karo yatha |
trimsad-bhaga bhujangasya gandha-pasana-pañcakam || 31 ||

sulba-talakayor dvau dvau vangasyaiko 'ñjanat trayam |
andha-musi-krtam dhmatam pakvam vi-malam añjanam || 32 ||

13.32av sulba-tarakayor dvau dvau 13.32cv andha-musa-gatam dhmatam
timiranta-karam loke dvitiya iva bhas-karah || 33ab ||

13.33av timirapaharam loke go-mutre chagana-rase 'mla-kañjike ca
stri-stanye || 33c ||

13.33cv go-mutre chagala-rase 'mla-kañjike ca havisi vise ca maksike
ca || 33d ||
yat tuttham jvalitam aneka-so nisiktam || 33e ||tat kuryad
garuda-samam narasya caksuh || 33f ||
tuttham sa-kasam kanakam sa-phalam sankha-sila-gairikam
añjanam ca |

narah kapala-sahi-kunkudandam sapta-dvi-sapta-tri-samayo gatah
|| 33+1 ||

bhrngodbhava-sva-rasa-bhavitam aja-dugdhe mutre gavam payasi ca
tri-phala-kasaye |
draksa-rase ca parisuddham iti kramena sauviram añjanam idam
timiram nihanti || 33+2

||

srestha-jalam bhrnga-rasam sa-visajyam aja-payah |
yasti-rasam ca yat sisam sapta-krtvah prthak prthak || 34 ||

13.34av srestha-rasam bhrnga-rasam
taptam taptam payitam tac-chalaka netre yukta sañjanan-añjana
va |
taimiryarma-srava-paicchilya-paillam kandum jadyam
rakta-rajim ca hanti || 35 ||

rasendra-bhujagau tulyau tayos tulyam athañjanam |
isat-karpura-samyuktam añjanam timirapaham || 36 ||

13.36cv isat-karpura-sahitam 13.36dv añjanam timire varam 13.36dv
añjanam
nayanamrtam
yo grdhras taruna-ravi-prakasa-gallas tasyasyam samaya-mrtasya
go-sakrdbhih |
nirdagdham sama-ghrtam añjanam ca pesyam yogo 'yam nayana-balam
karoti gardhram || 37
||

krsna-sarpa-vadane sa-haviskam dagdham añjana-nihsrta-dhumam |
curnitam nalada-pattra-vimisram bhinna-taram api raksati caksuh
|| 38 ||

13.38bv dagdham añjana-nirgata-dhumam 13.38cv yojitam
nalada-pattra-vimisram
nagañjanasmala-silarka-vangais trimsad-dvi-pañca-dvayam
a-dvikaikaih |
andha-musi-krtais chaga-payo-nisiktair drster idam
bhas-karam añjanam syat || 38+1 ||

sroto-'sma-viram ... vestyajamoda-vata-cchadaih |
satkam timira-jit klistam mrl-liptam go-mayagnina || 38+2 ||

tamrayas-kanta-gandhahva-tarksa yat su-cchalam rajah |
lohe bhrngarajo bhrstam saptaham drsti-roga-jit || 38+3 ||

13.38+3bv -tarksya yat su-cchalam rajah
krsna-sarpam mrtam nyasya caturas capi vrscikan |
ksira-kumbhe tri-saptaham kledayitva pramanthayet || 39 ||

13.39dv kledayitvanu manthayet 13.39dv kledayitvatha manthayet

tatra yan nava-nitam syat pusniyat tena kukkutam |
andhas tasya purisena preksate dhruvam añjanat || 40 ||

krsna-sarpa-vasa sankhah katakat phalam añjanam |
rasa-kriyeyam a-cirad andhanam darsana-prada || 41 ||

maricani dasardha-picus tapyat tutthat palam picur yastyah |
ksirardra-dagdham añjanam a-pratisarakhyam uttamam timire || 42 ||

13.42cv maricani dasa dvi-palam
aksa-bija-maricamalaka-tvak-tuttha-yastimadhukair jala-pistaih |
chayayaiva gutikah parisuska nasayanti timirany a-cirena || 43
||

maricamalaka-jalodbhava-tutthañjana-tapya-dhatubhih krama-vrddhaih |
san-maksika iti yogas timirarma-kleda-kaca-kandu-hanta || 44 ||

13.44dv timirarma-kleda-kaca-kandu-ha 13.44dv
timirarma-kleda-kaca-kandu-ghnah
ratnani rupyam sphatikam suvarnam sroto-'ñjanam tamram ayah
sa-sankham |
ku-candanam lohita-gairikam ca curnañjanam sarva-drg-amaya-ghnam
|| 45 ||

tila-tailam aksa-tailam bhrnga-sva-raso 'sanac ca niryuhah |
ayasa-patra-vipakvam karoti drster balam nasyam || 46 ||

13.46dv karoti drster balam nasyat
dosanurodhena ca naika-sas tam snehasra-visravana-reka-nasyaih |
upacared añjana-murdha-vasti-vasti-kriya-tarpana-lepa-sekaih || 47 ||
samanyam sadhanam idam prati-dosam atah srnu || 48ab ||
vata-je timire tatra dasa-mulambhasa ghrtam |
ksire catur-gune srestha-kalka-pakvam pibet tatah || 49 ||

tri-phala-pañca-mulanam kasayam ksira-samyutam |
eranda-taila-samyuktam yojayec ca virecanam || 50 ||

13.50cv eranda-taila-sammisram 13.50dv yojayeta virecanam
sa-mula-jala-jivanti-tulam drone 'mbhasah pacet |
asta-bhaga-sthite tasmims taila-prastham payah-same || 51 ||

13.51dv taila-prastham payah-samam
bala-tritaya-jivanti-vari-mulaih palonmitaih |
yasti-palais caturbhis ca loha-patre vipacayet || 52 ||

13.52av bala-tri-jata-jivanti-
loha eva sthitam masam navanad urdhva-jatru-jan |
vata-pittamayan hanti tad visesad drg-asrayan || 53 ||

13.53av loha-patra-sthitam masam 13.53dv tad visesad drg-amayan
kesasya-kandhara-skandha-pusti-lavanya-kanti-dam |
sitairanda-jata-simhi-phala-daru-vaca-nataih || 54 ||

13.54bv -pusti-lavanya-kanti-krt
ghosaya bilva-mulais ca tailam pakvam payo-'nvitam |
nasyam sarvordhva-jatruttha-vata-slesmamayarti-jit || 55 ||

13.55av satahva-bilva-mulais ca
vasañjane ca vaiyaghri varahi va prasasyate |
grdhrahi-kukkutottha va madhukenanvita prthak || 56 ||

pratyañjane ca sroto-jam rasa-ksira-ghrte kramat |
nisiktam purva-vad yojyam timira-ghnam an-uttamam || 57 ||

13.57bv rasa-ksira-ghrtaih kramat
na ced evam samam yati tatas tarpanam acaret |
satahva-kustha-nalada-kakoli-dvaya-yastibhih || 58 ||

prapaundarika-sarala-pippali-devadarubhih |
sarpir asta-guna-ksiram pakvam tarpanam uttamam || 59 ||

medasas tad-vad aineyad dugdha-siddhat khajahatat |
uddhrtam sadhitam tejo madhukosira-candanaih || 60 ||

svavic-chalyaka-godhanam daksa-tittiri-barhinam |
prthak prthag anenaiva vidhina kalpayed vasam || 61 ||

13.61av svavic-chalyaka-godhanam 13.61av sva-viskiraka-godhanam
13.61bv
rksa-tittiri-barhinam
prasadanam snehanam ca puta-pakam prayojayet |
vata-pinasa-vac catra niruham sanuvasanam || 62 ||

13.62dv niruham canuvasanam
pitta-je timire sarpir jivaniya-phala-trayaih |
vipacitam payayitva snigdhasya vyadhayet siram || 63 ||

sarkaraila-trivrc-curnair madhu-yuktair virecayet |
su-sitan seka-lepadin yuñjyan netrasya-murdhasu || 64 ||

sariva-padmakosira-mukta-sabara-candanaih |
vartih sastañjane curnas tatha pattrotpalañjanaih || 65 ||

13.65cv vartih sastañjanam curnas 13.65dv tatha
padmotpalañjanaih
sa-nagapuspa-karpura-yasty-ahva-svarna-gairikaih |
sauvirañjana-tutthaka-srngi-dhatri-phala-sphatika-karpuram || 66
||

pañcamsam pañcamsam try-amsam athaikamsam añjanam
timira-ghnam |
nasyam cajyam srtam ksira-jivaniya-sitotpalaih || 67 ||

slesmodbhave 'mrta-kvatha-vara-kana-srtam ghrtam |
vidhyet siram pita-vato dadyac canu virecanam || 68 ||

kvatham pugabhaya-sunthi-krsna-kumbha-nikumbha-jam |

hrivera-daru-dvi-nisa-krsna-kalkaih payo-'nvitaih || 69 ||

dvi-pañca-mula-niryuhe tailam pakvam ca navanam |
sankha-priyangu-nepali-katu-trika-phala-trikaih || 70 ||

drg-vaimalyaya vi-mala vartih syat kokila punah |
krsna-loha-rajo-vyosa-saindhava-tri-phalañjanaih || 71 ||

13.71bv vartih syat kaulika punah
sasa-go-khara-simhostra-dvi-ja lalatam asthi ca |
sveta-go-vala-marica-sankha-candana-phenakam || 72 ||

pistam stanyajya-dugdhabhyam vartis timira-sukra-jit |
rakta-je pitta-vat siddhih sitais casram prasadayet || 73 ||

madhuka-sarañjana-tamra-tri-katuka-vidanga-paundarikani |
sa-lavana-tuttha-tri-phala-lodhrani nabho-'mbu-pistani || 73+1 ||

vartis catur-dasangi nayanamaya-nasani sila-stambhe |
likhita hitaya jagatas timirapahari visesena || 73+2 ||

eka-guna magadhika dvi-guna ca haritaki salila-pista |
vartir iyam timira-patala-kaca-kandv-asra-hari || 73+3 ||

draksaya nalada-lodhra-yastibhih
sankha-tamra-hima-padma-padmakaih |
sotpalais chagala-dugdha-vartitair asra-jam timiram asu nasyati || 74 ||

13.74av draksaya nalada-lodhra-yastika- 13.74bv
-sankha-tamra-hima-padma-padmakaih
13.74bv -sankha-tamra-hima-padma-pattrakaih
samsarga-samnipatotthe yatha-dosodayam kriya |
siddham madhuka-krmijin-maricamaradarubhih || 75 ||

sa-ksiram navanam tailam pistair lepo mukhasya ca |
nata-nilotpalananta-yasty-ahva-sunisannakaih || 76 ||

sadhitam navane tailam siro-vastau ca sasyate |
dadyad usira-niryuhe curnitam kana-saindhavam || 77 ||

13.77av sadhitam navanam tailam
tat srutam sa-ghrtam bhuyah pacet ksaudram ghane ksipet |
site casmin hitam idam sarva-je timire 'ñjanam || 78 ||

13.78av tac chrtam sa-ghrtam bhuyah
asthini majja-purnani sat-tvanam ratri-carinam |
sroto-jañjana-yuktani vahaty ambhasi vasayet || 79 ||

13.79cv sroto-'ñjanena yuktani
masam vimsati-ratram va tatas coddhrtya sosayet |
sa-mesasrngi-puspani sa-yasty-ahvani tany anu || 80 ||

13.80dv sa-yasty-ahvani tani tu
curnitany añjanam srestham timire samnipatike |

kace 'py esa kriya muktva siram yantra-nipiditah || 81 ||

13.81dv sira yantra-nipiditah 13.81dv siram yantra-nipidanat
andhyaya syur mala dadyat sravye tv asre jalaukasah |
gudah pheno 'ñjanam krsna maricam kunkumad rajah || 82 ||

13.82av andhyaya syur ato dadyat
rasa-kriyeyam sa-ksaudra kaca-yapanam añjanam |
nakulandhe tri-dosotthe taimirya-vihito vidhih || 83 ||

13.83dv taimirya-vidhi-vat kriyah
rasa-kriya ghrta-ksaudra-go-maya-sva-rasa-drutaih |
tarksya-gairika-talisair nisandhe hitam añjanam || 84 ||

13.84dv nisandhye hitam añjanam
dadhna vighrstam maricam ratry-andhe 'ñjanam uttamam |
karañjikotpala-svarna-gairikambho-ja-kesaraih || 85 ||

13.85bv ratry-andhañjanam uttamam 13.85cv karañjikotpala-svarna-
pistair go-maya-toyena vartir dosandha-nasini |
aja-mutrena va kaunti-krsna-sroto-ja-saindhavaih || 86 ||

13.86bv vartir dosandhya-nasini
kalanusari-tri-katu-tri-phalala-manahsilah |
sa-phenas chaga-dugdhena ratry-andhe vartayo hitah || 87 ||

13.87dv ratry-andhye vartayo hitah
samnivesya yakrn-madhye pippalir a-dahan pacet |
tah suska madhuna ghrsta nisandhe srestham añjanam || 88
||

13.88dv nisandhye srestham añjanam 13.88dv naktandhye srestham
añjanam
khadec ca pliha-yakrti mahise taila-sarpisa |
ghrte siddhani jivantyah pallavani ca bhaksayet || 89 ||

tathatimuktakairanda-sephaly-abhiru-jani ca |
bhrstam ghrtam kumbhayoneh pattraih pane ca pujitam || 90 ||

13.90cv siddham ghrtam kumbha-yoneh 13.90dv pattraih pane
'ti-pujitam
dhumarakhyamla-pittosna-vidahe jirna-sarpisa |
snigdham virecayec chitaih sitair dihyac ca sarvatah || 91 ||

go-sakrd-rasa-dugdhajyair vipakvam sasyate 'ñjanam |
svarna-gairika-talisa-curnavapa rasa-kriya || 92 ||

meda-sabarakananta-mañjistha-darvi-yastibhih |
ksirastamsam ghrtam pakvam sa-tailam navanam hitam ||
93 ||

tarpanam ksira-sarpih syad a-samyati sira-vyadhah |
cintabhighata-bhi-soka-rauksyat sotkatakasanat || 94 ||

13.94dv -ruksamla-katukasanat
vireka-nasya-vamana-puta-pakadi-vibhramat |
vidagdhahara-vamanat ksut-trsnadi-vidharanat || 95 ||

aksi-rogavasanac ca pasyet timira-rogi-vat |
yatha-svam tatra yuñjita dosadin viksya bhesajam || 96 ||

suryoparaganala-vidyud-adi-vilokanenopahateksanasya |
samtarpanam snigdha-himadi karyam tathañjanam hema ghrtena
ghrstam || 97 ||

caksu-raksayam sarva-kalam manusyair yatnah kartavyo jivite
yavad iccha |
vyartho loko 'yam tulya-ratrin-divanam pumsam andhanam vidyamane
'pi vitte || 98 ||

tri-phala rudhira-srutir visuddhir manaso nirvrtir añjanam sa-nasyam |
sakunasana-ta sa-pada-puja ghrta-panam ca sadaiva netra-raksa ||
99 ||

13.99bv manaso nirvrtir añjanam ca nasyam 13.99cv sayanasana-ta
sa-pada-puja
13.99cv sayanasana-tosa-pada-puja
a-hitad asanat sada nivrttir
bhrsa-bhas-vac-cala-suksma-viksanac ca |
munina niminopadistam etat paramam raksanam iksanasya pumsam
|| 100 ||

uttarasthana
vidhyet su-jatam nis-preksyam linga-nasam kaphodbhavam |
avartaky-adibhih sadbhir vivarjitam upadravaih || 1 ||

so '-samjato hi visamo dadhi-mastu-nibhas tanuh |
salakayavakrsto 'pi punar urdhvam prapadyate || 2 ||

14.2dv punar urdhvam pravartate
karoti vedanam tivram drstim ca sthagayet punah |
slesmalaih puryate casu so 'nyaih sopadravas cirat || 3 ||

14.3dv so 'nyaih sopadravais cirat
slaismiko linga-naso hi sita-tvac chlesmanah sitah |
tasyanya-dosabhibhavad bhavaty a-nila-ta gadah || 4 ||

14.4dv bhavaty a-nila-ta gade 14.4dv bhavaty a-nilika gade
tatravarta-cala drstir avartaky arunasita |
sarkararka-payo-lesa-niciteva ghanati ca || 5 ||

14.5bv avartaky aruna sita
raji-mati drn nicita sali-sukabha-rajibhih |
visama-cchinna-dagdhabha sa-ruk chinnamsuka smrta || 6 ||

drstih kamsya-sama-cchaya candraki candrakakrtih |
chattrabha naika-varna ca chattraki nama nilika || 7 ||

na vidhyed a-sirarhanam na trt-pinasa-kasinam |
na-jirni-bhiru-vamita-sirah-karnaksi-sulinam || 8 ||

14.8bv na drk-pinasa-kasinam
atha sadharane kale suddha-sambhojitatmanah |
dese prakase purvahne bhisag janucca-pitha-gah || 9 ||

yantritasyopavistasya svinnaksasya mukhanilaih |
angustha-mrdite netre drstau drstvotplutam malam || 10 ||

svam nasam preksamanasya nis-kampam murdhni dharite |
krsnad ardhangulam muktva tathardhardham apangatah || 11 ||

14.11av sva-nasam preksamanasya 14.11dv tad ardhardham apangatah
tarjani-madhyamangusthaih salakam nis-calam dhrtam |
daiva-cchidram nayet parsvad urdhvam amanthayan iva || 12 ||

savyam daksina-hastena netram savyena cetarat |
vidhyet su-viddhe sabdah syad a-ruk cambu-lava-srutih || 13 ||

santvayann aturam canu netram stanyena secayet |
salakayas tato 'grena nirlikhen netra-mandalam || 14 ||

14.14dv nirlikhed drsti-mandalam
a-badhamanah sanakair nasam prati nudams tatah |
ucchinghanac capahared drsti-mandala-gam kapham || 15 ||

14.15cv ucchinkhanac capahared
sthire dose cale vati svedayed aksi bahyatah |
atha drstesu rupesu salakam aharec chanaih || 16 ||

14.16av sthire dose cale vapi
ghrtaplutam picum dattva baddhaksam sayayet tatah |
viddhad anyena parsvena tam uttanam dvayor vyadhe || 17 ||

14.17cv vyadhad anyena parsvena
nivate sayane 'bhyakta-sirah-padam hite ratam |
ksavathum kasam udgaram sthivanam panam ambhasah || 18 ||

14.18bv -siro-gatram hite ratam
adho-mukha-sthitim snanam danta-dhavana-bhaksanam |
saptaham nacaret sneha-pita-vac catra yantrana || 19 ||

saktito langhayet seko ruji kosnena sarpisa |
sa-vyosamalakam vatyam asniyat sa-ghrtam dravam || 20 ||

vilepim va try-ahac casya kvathair muktvaksi secayet |
vata-ghnaih saptame tv ahni sarva-thaivaksi mocayet || 21 ||

yantranam anurudhyeta drster a-sthairya-labhatah |
rupani suksma-diptani sahasa navalokayet || 22 ||

sopha-raga-rujadinam adhimanthasya codbhavah |
a-hitair vedha-dosac ca yatha-svam tan upacaret || 23 ||

14.23cv a-hitair vedhya-dosac ca 14.23dv yatha-svam tan upakramet
kalkitah sa-ghrta durva-yava-gairika-sarivah |
mukhalepe prayoktavya ruja-ragopasantaye || 24 ||

sa-sarsapas tilas tad-van matulunga-rasaplutah |
payasya-sariva-pattra-mañjistha-madhuyastibhih || 25 ||

aja-ksira-yutair lepah sukhosnah sarma-krt param |
lodhra-saindhava-mrdvika-madhukais chagalam payah || 26 ||

14.26av aja-ksiranvitair lepah
srtam ascyotanam yojyam ruja-raga-vinasanam |
madhukotpala-kusthair va draksa-laksa-sitanvitaih || 27 ||

14.27cv madhukotpala-kusthaila- 14.27dv
draksa-laksa-rasanvitaih 14.27dv
-draksa-laksa-sitanvitaih
14.27dv -draksa-laksa-rasanvitaih
vata-ghna-siddhe payasi srtam sarpis catur-gune |
padmakadi-prativapam sarva-karmasu sasyate || 28 ||

siram tathan-upasame snigdha-svinnasya moksayet |
manthoktam ca kriyam kuryad vedhe rudhe 'ñjanam mrdu || 29 ||

14.29dv vyadhe rudhe 'ñjanam mrdu
adhaki-mula-marica-haritala-rasañjanaih |
viddhe 'ksni sa-guda vartir yojya divyambu-pesita || 30 ||

jati-sirisa-dhava-mesavisani-puspa-vaidurya-mauktika-phalam
payasa su-pistam |
ajena tamram amuna pratanu pradigdham saptahatah punar idam payasaiva
pistam || 31

||

14.31av jati-sirisa-dhava-mesavisana-puspa-
pindañjanam hitam an-atapa-suskam aksni viddhe
prasada-jananam bala-krc ca drsteh |
sroto-ja-vidruma-silambu-dhi-phena-tiksnair asyaiva tulyam uditam
guna-kalpanabhih ||

32 ||

14.32cv sroto-ja-vidruma-silarnava-phena-tiksnair

uttarasthana
vatena netre 'bhisyanne nasanaho 'lpa-sopha-ta |
sankhaksi-bhru-lalatasya toda-sphurana-bhedanam || 1 ||

15.1av vatena netre 'bhisyande 15.1cv sankhaksi-bhru-lalatasya-
15.1dv
-toda-sphurana-bhedanam
suskalpa dusika sitam accham casru cala rujah |

nimesonmesanam krcchraj jantunam iva sarpanam || 2 ||

15.2bv accham asru cala rujah
aksy adhmatam ivabhati suksmaih salyair ivacitam |
snigdhosnais copasamanam so 'bhisyanda upeksitah || 3 ||

15.3cv snigdhosnecchopasamanam
adhimantho bhavet tatra karnayor nadanam bhramah |
aranyeva ca mathyante lalataksi-bhruvadayah || 4 ||

hatadhimanthah so 'pi syat pramadat tena vedanah |
aneka-rupa jayante vrano drstau ca drsti-ha || 5 ||

manyaksi-sankhato vayur anyato va pravartayan |
vyatham tivram a-paicchilya-raga-sopham vilocanam || 6 ||

15.6bv anyato va pravartayet
samkocayati pary-asru so 'nyato-vata-samjñitah |
tad-vaj jihmam bhaven netram unam va vata-paryaye || 7 ||

15.7cv tad-vaj jihmam bhaven netram 15.7cv tad-van netram bhavej jihmam
15.7dv sunam va vata-paryaye
daho dhumayanam sophah syava-ta vartmano bahih |
antah-kledo 'sru pitosnam ragah pitabha-darsanam || 8 ||

ksaroksita-ksataksi-tvam pittabhisyanda-laksanam |
jvalad-angara-kirnabham yakrt-pinda-sama-prabham || 9 ||

adhimanthe bhaven netram syande tu kapha-sambhave |
jadyam sopho mahan kandur nidrannan-abhinandanam || 10 ||

sandra-snigdha-bahu-sveta-piccha-vad-dusikasru-ta |
adhimanthe natam krsnam unnatam sukla-mandalam || 11 ||

15.11bv -piccha-vad-dusikasra-ta
praseko nasikadhmanam pamsu-purnam iveksanam |
raktasru-raji-dusika-rakta-mandala-darsanam || 12 ||

15.12cv raktasra-raji-dusika- 15.12dv -sukla-mandala-darsanam
rakta-syandena nayanam sa-pitta-syanda-laksanam |
manthe 'ksi tamra-pary-antam utpatana-samana-ruk || 13 ||

ragena bandhuka-nibham tamyati sparsana-ksamam |
asrn-nimagnaristabham krsnam agny-abha-darsanam || 14 ||

adhimantha yatha-svam ca sarve syandadhika-vyathah |
sankha-danta-kapolesu kapale cati-ruk-karah || 15 ||

vata-pittaturam gharsa-toda-bhedopadeha-vat |
ruksa-daruna-vartmaksi krcchronmila-nimilanam || 16 ||

15.16av vata-pittottaram gharsa-
vikunana-visuska-tva-siteccha-sula-paka-vat |
uktah suskadi-pako yam sa-sophah syat tribhir malaih || 17 ||

15.17av vikunanam visuskam ca 15.17av vikunena visuska-tvam
15.17bv
siteccha-sula-paka-vat
sa-raktais tatra sopho 'ti-rug-daha-sthivanadi-man |
pakvodumbara-samkasam jayate sukla-mandalam || 18 ||

asrusna-sita-visada-picchilaccha-ghanam muhuh |
alpa-sophe 'lpa-sophas tu pako 'nyair laksanais tatha || 19 ||

15.19cv alpa-sopho 'lpa-sophas tu
aksi-pakatyaye sophah samrambhah kalusasru-ta |
kaphopadigdham asitam sitam prakleda-raga-vat || 20 ||

15.20cv kaphena digdham asitam
daho darsana-samrodho vedanas can-avasthitah |
anna-saro 'mla-tam nitah pitta-raktolbanair malaih || 21 ||

sirabhir netram arudhah karoti syava-lohitam |
sa-sopha-daha-pakasru bhrsam cavila-darsanam || 22 ||

amlosito 'yam ity ukta gadah so-dasa sarva-gah |
hatadhimantham etesu saksi-pakatyayam tyajet || 23 ||

15.23cv hatadhimantham caitesu
vatodbhutah pañca-ratrena drstim saptahena slesma-jato
'dhimanthah |
raktotpanno hanti tad-vat tri-ratran mithyacarat paittikah sadya eva ||
24 ||

15.24bv saptahena slesma-jas cadhimanthah

uttarasthana
prag-rupa eva syandesu tiksnam gandusa-navanam |
karayed upavasam ca kopad anya-tra vata-jat || 1 ||

dahopadeha-ragasru-sopha-santyai bidalakam |
kuryat sarva-tra pattraila-marica-svarna-gairikaih || 2 ||

sa-rasañjana-yasty-ahva-nata-candana-saindhavaih |
saindhavam nagaram tarksyam bhrstam mandena sarpisah
|| 3 ||

16.3dv ghrstam mandena sarpisah
badari-pattra-yasty-ahva-pathyamalaka-tutthakam |
antar-dhumam dahet sadyah kope tac-curnam vata-je || 3.1+1 ||

vata-je ghrta-bhrstam va yojyam sabara-desa-jam |
mamsi-padmaka-kaliya-yasty-ahvaih pitta-raktayoh || 4 ||

16.4bv yojyam sabara-desa-jam 16.4cv mamsi-padmaka-kakoli-
manohva-phalini-ksaudraih kaphe sarvais tu sarva-je || 5ab ||
sita-marica-bhagam ekam catur-manohvam dvir asta-sabarakam || 5cd
||samcurnya vastra-baddham prakupita-matre 'vagunthanam netre ||

5ef ||
16.5ev samcurnyam ati-prabaddham 16.5fv prakupita-matre
'vagunthanam idam
netre
dhatu-sunthy-abhaya-tarksyam bahir-lepo 'ksi-roga-ha ||
5.1(1)+1ab ||

16.5.1(1)+1av dhatu-sunthy-abhaya-tarksya- 16.5.1(1)+1bv -bahir-lepo
'ksi-roga-ha
haritaki-saindhava-tarksya-silaih sa-gairikaih
sva-sva-kara-pramrstaih |
bahih-pralepam nayanasya kuryat sarvaksi-roga-prasamartham etat ||
5.1(2)+1 ||

aranyas chagana-rase patavabaddhah su-svinna
nakha-vi-tusi-krtah kulatthah |
tac-curnam sakrd avacurnanan nisithe netranam vidhamati
sadya eva kopam || 6 ||

16.6av aranyas chagana-rase patavanaddhah
ghosabhaya-tutthaka-yasti-lodhrair muti su-suksmaih
slatha-vastra-baddhaih |
tamra-stha-dhanyamla-nimagna-murtir artim jayaty aksini naika-rupam
|| 7 ||

16.7av ghosabhaya-tutthaka-yasti-lodhraih 16.7av
vyosabhaya-tutthaka-yasti-lodhrair 16.7bv gundi su-suksmaih
slatha-vastra-baddhaih 16.7bv pistaih su-suksmaih
slatha-vastra-baddhaih
16.7cv tamraccha-dhanyamla-nimagna-murtir
so-dasabhih salila-palaih palam tathaikam katankateryah
siddham |
seko 'sta-bhaga-sistah ksaudra-yutah sarva-dosa-kupite netre
|| 8 ||

16.8dv ksaudra-yutah sarva-dosa-prakupite netre
vata-pitta-kapha-samnipata-jam netrayor bahu-vidham api vyatham |
sighram eva jayati prayojitah sigru-pallava-rasah sa-maksikah || 9
||

tarunam urubuka-pattram mulam ca vibhidya siddham aje ksire |
vatabhisyanda-rujam sadyo vinihanti saktu-pindika cosna || 10
||

16.10bv mulam ca vicurnya siddham aje ksire
ascyotanam maruta-je kvatho bilvadibhir hitah |
kosnah sahairanda-jata-brhati-madhu-sigrubhih || 11 ||

hrivera-vakra-sarngastodumbara-tvaksu sadhitam |
sambhasa payasajena sulascyotanam uttamam || 12 ||

16.12bv mdumbara-tvak-prasadhitam 16.12bv mdumbara-plaksa-sadhitam
lodhramalaka-rasañja[na]-bimbitika-pattra-tubarika-tutthaih |
ascyotanam idam aksnoh prasahya sadyah prakopa-haram || 12+1 ||

mañjistha-rajani-laksa-draksarddhi-madhukotpalaih |
kvathah sa-sarkarah sitah secanam rakta-pitta-jit || 13 ||

16.13bv -draksa-dvi-madhukotpalaih
kaseru-yasty-ahva-rajas tantave sithilam sthitam |
apsu divyasu nihitam hitam syande 'sra-pitta-je || 14 ||

16.14bv tantave sithile sthitam
pundra-yasti-nisa-muti pluta stanye sa-sarkare |
chaga-dugdhe 'tha-va daha-rug-ragasru-nivartani || 15 ||

sveta-lodhram sa-madhukam ghrta-bhrstam su-curnitam |
vastra-stham stanya-mrditam pitta-raktabhighata-jit || 16 ||

nagara-tri-phala-nimba-vasa-lodhra-rasah kaphe |
kosnam ascyotanam misrair bhesajaih samnipatike || 17 ||

16.17bv -vasa-lodhra-rasah kaphe 16.17bv -vasa-lodhra-rasam kaphe
sarpih puranam pavane pitte sarkarayanvitam |
vyosa-siddham kaphe pitva yava-ksaravacurnitam || 18 ||

16.18bv pitte sarkaraya yutam
sravayed rudhiram bhuyas tatah snigdham virecayet |
anupa-vesavarena siro-vadana-lepanam || 19 ||

usnena sule dahe tu payah-sarpir-yutair himaih |
timira-pratisedham ca viksya yuñjyad yatha-yatham || 20 ||

ayam eva vidhih sarvo manthadisv api sasyate |
a-santau sarva-tha manthe bhruvor upari dahayet || 21 ||

rupyam ruksena go-dadhna limpen nila-tvam agate |
suske tu mastuna vartir vataksy-amaya-nasini || 22 ||

16.22bv liptam nila-tvam agate 16.22bv lipte nila-tvam agate
sumanah-korakah sankhas tri-phala madhukam bala |
pitta-raktapaha vartih pista divyena varina || 23 ||

16.23av sumanah-ksarakah sankhas
saindhavam tri-phala vyosam sankhanabhih samudra-jah |
phena aileyakam sarjo vartih slesmaksi-roga-nut || 24 ||

prapaundarikam yasty-ahvam darvi casta-palam pacet |
jala-drone rase pute punah pakve ghane ksipet || 25 ||

puspañjanad dasa-palam karsam ca maricat tatah |
krtas curno 'tha-va vartih sarvabhisyanda-sambhavan || 26 ||

hanti raga-ruja-gharsan sadyo drstim prasadayet |
ayam pasupato yogo rahasyam bhisajam param || 27 ||

suskaksi-pake havisah panam aksnos ca tarpanam |
ghrtena jivaniyena nasyam tailena vanuna || 28 ||

16.28dv nasyam tailena canuna
pariseko hitas catra payah kosnam sa-saindhavam |
sarpir-yuktam stanya-pistam añjanam ca mahausadham || 29 ||

16.29cv sarpir-yuktam stanya-ghrstam
vasa vanupa-sat-tvottha kiñ-cit-saindhava-nagara |
ghrtaktan darpane ghrstan kesan mallaka-sampute || 30 ||

16.30av vasa canupa-sat-tvottha
dagdhvajya-pista loha-stha sa masi srestham añjanam |
sa-sophe valpa-sophe ca snigdhasya vyadhayet siram || 31 ||

16.31cv sa-sophe calpa-sophe ca
rekah snigdhe punar draksa-pathya-kvatha-trivrd-ghrtaih |
sveta-lodhram ghrte bhrstam curnitam tantava-sthitam || 32
||

16.32cv sveta-lodhram ghrta-bhrstam
usnambuna vimrditam sekah sula-harah param |
darvi-prapaundarikasya kvatho vascyotane hitah || 33 ||

16.33cv darvyah prapaundarikasya yasti-himotpala-ksiraih
kuryan murdhasya lepanam || 33+1ab ||
samdhavams ca prayuñjita gharsa-ragasru-rug-gharan || 33uab
||
tamram lohe mutra-ghrstam prayuktam netre sarpir-dhupitam
vedana-ghnam |
tamre ghrsto gavya-dadhnah saro va yuktah
krsna-saindhavabhyam varisthah || 34 ||

sankham tamre stanya-ghrstam ghrtaktaih samyah pattrair
dhupitam tad yavais ca |
netre yuktam hanti samdhava-samjñam ksipram gharsam
vedanam cati-tivram || 35 ||
udumbara-phalam lohe ghrstam stanyena dhupitam || 36ab ||
sajyaih sami-cchadair daha-sula-ragasru-harsa-jit |
sigru-pallava-niryasah su-ghrstas tamra-sampute || 37 ||

16.37cv sigru-pallava-niryaso 16.37dv ghrstas tamrasya sampute
dvi-nisa-tri-phala-mustaih pramada-dugdha-pesitaih |
sekah sa-sarkara-ksaudrair abhighata-rujapahah || 37.1+1 ||

16.37.1+1bv pramada-dugdha-kalkitaih
nisiktam tutthakam varan go-jale pañca-vimsatim |
stanye va chaga-dugdhe va sadyah-kope tad añjanam || 37.1+2 ||

ghrtena dhupito hanti sopha-gharsasru-vedanah |
tilambhasa mrt-kapalam kamsye ghrstam su-dhupitam || 38 ||

nimba-pattrair ghrtabhyaktair gharsa-sulasru-raga-jit |
samdhavenañjite netre vigatausadha-vedane || 39 ||

stanyenascyotanam karyam trih param nañjayec ca taih |
talisa-pattra-capala-nata-loha-rajo-'ñjanaih || 40 ||

16.40dv -nata-loha-rasañjanaih
jati-mukula-kasisa-saindhavair mutra-pesitaih |
tamram alipya saptaham dharayet pesayet tatah || 41 ||

mutrenaivanu gutikah karyas chaya-visositah |
tah stanya-ghrsta gharsasru-sopha-kandu-vinasanah ||
42 ||

16.42av mutrena canu gutikah 16.42bv kuryac chaya-visositah
vyaghri-tvan-madhukam tamra-rajo 'ja-ksira-kalkitam |
samy-amalaka-pattrajya-dhupitam sopha-ruk-pranut || 43 ||

16.43bv -rajo 'ja-ksira-pesitam
amlosite prayuñjita pittabhisyanda-sadhanam |
utklistah kapha-pittasra-nicayotthah kukunakah || 44 ||

paksmoparodham suskaksi-pakah puyalaso bisah |
pothaky-amlosito 'lpakhyah syanda-mantha vinanilat || 45 ||

ete 'sta-dasa pillakhya dirgha-kalanubandhinah |
cikitsa prthag etesam svam svam uktatha vaksyate || 46 ||

16.46dv svam svam uktatha kathyate
pilli-bhutesu samanyad atha pillakhya-roginah |
snigdhasya chardita-vatah sira-vyadha-hrtasrjah || 47 ||

16.47bv atha pillaksi-roginah
viriktasya ca vartmanu nirlikhed a-visuddhitah |
tutthakasya palam sveta-maricani ca vimsatih || 48 ||

16.48av viriktasya tu vartmanu 16.48bv vilikhed a-visuddhitah
trimsata kañjika-palaih pistva tamre nidhapayet |
pillan a-pillan kurute bahu-varsotthitan api || 49 ||

tat sekenopadehasru-kandu-sophams ca nasayet |
karañja-bijam surasam sumanah-korakani ca || 50 ||

16.50dv sumanah-ksarakani ca
samksudya sadhayet kvathe pute tatra rasa-kriya |
añjanam pilla-bhaisajyam paksmanam ca prarohanam || 51 ||

rasañjanam sarja-raso riti-puspam manahsila |
samudra-pheno lavanam gairikam maricani ca || 52 ||

16.52bv jati-puspam manahsila 16.52cv samudra-phenam lavanam
añjanam madhuna pistam kleda-kandu-ghnam uttamam |
abhaya-rasa-pistam va tagaram pilla-nasanam || 53 ||

bhavitam basta-mutrena sa-sneham devadaru ca |
saindhava-tri-phala-krsna-katuka-sankhanabhayah || 54 ||

16.54bv sa-sneham devadaru va
sa-tamra-rajaso vartih pilla-sukraka-nasini |
puspa-kasisa-curno va surasa-rasa-bhavitah || 55 ||
tamre dasaham tat paillya-paksma-sata-jid añjanam || 55uab ||
alam ca sauvirakam añjanam ca tabhyam samam tamra-rajah
su-suksmam |
pillesu romani nisevito 'sau curnah karoty eka-salakayapi || 56
||

16.56bv tabhyam samam tamra-rajas ca suksmam 16.56cv pillesu
romani
nisevito 'yam
laksa-nirgundi-bhrnga-darvi-rasena srestham karpasam
bhavitam sapta-krtvah |
dipah prajvalyah sarpisa tat-samuttha srestha pillanam
ropanarthe masi sa || 57 ||

16.57dv srestha pillanam ropanartham masi sa
vartmavalekham bahu-sas tad-vac chonita-moksanam || 58ab ||

punah punar virekam ca nityam ascyotanañjanam |
navanam dhuma-panam ca pilla-rogaturo bhajet || 59 ||

puyalase tv a-sante 'nte dahah suksma-salakaya |
catur-navatir ity aksno hetu-laksana-sadhanaih || 60 ||

16.60av puyalase tv a-sante tu 16.60cv catur-navatir ity aksnor
paras-param a-samkirnah kartsnyena gadita gadah |
sarva-da ca niseveta svastho 'pi nayana-priyah || 61 ||

purana-yava-godhuma-sali-sastika-kodravan |
mudgadin kapha-pitta-ghnan bhuri-sarpih-pariplutan || 62 ||

sakam caivam-vidham mamsam jangalam dadimam sitam |
saindhavam tri-phalam draksam vari pane ca nabhasam || 63 ||

atapa-tram pada-tranam vidhi-vad dosa-sodhanam |
varjayed vega-samrodham a-jirnadhyasanani ca || 64 ||

16.64dv a-jirnadhyasanadi ca
krodha-soka-diva-svapna-ratri-jagaranatapan |
vidahi vistambha-karam yac cehahara-bhesajam || 65 ||

16.65bv -nisa-jagaranani ca 16.65cv vidaha-vistambha-karam 16.65dv
yad yad ahara-bhesajam
16.65dv viharahara-bhesajam
dve pada-madhye prthu-samnivese sire gate te bahu-dha ca netre |
ta mraksanodvartana-lepanadin pada-prayuktan nayane nayanti || 66 ||

16.66av dve pada-madhye prthu-samniviste 16.66dv pada-prayuktan

nayanam
nayanti
malausnya-samghattana-pidanadyais ta dusayante nayanani
dustah |
bhajet sada drsti-hitani tasmad upanad-abhyañjana-dhavanani || 67
||

16.67av talosna-samghattana-pidanadyais 16.67av
mrl-losta-samghattana-pidanadyais

uttarasthana
pratisyaya-jala-krida-karna-kanduyanair marut |
mithya-yogena sabdasya kupito 'nyais ca kopanaih || 1 ||

prapya srotra-sirah kuryac chulam srotasi vega-vat |
ardhavabhedakam stambham sisiran-abhinandanam || 2 ||

cirac ca pakam pakvam tu lasikam alpa-sah sravet |
srotram sunyam a-kasmac ca syat samcara-vicara-vat || 3 ||

sulam pittat sa-dahosa-siteccha-svayathu-jvaram |
asu-pakam prapakvam ca sa-pita-lasika-sruti || 4 ||

17.4bv -siteccha-svayathur jvarah
sa lasika sprsed yad yat tat tat pakam upaiti ca |
kaphac chiro-hanu-griva-gauravam manda-ta rujah || 5 ||

kanduh svayathur usneccha pakac chveta-ghana-srutih |
karoti sravane sulam abhighatadi-dusitam || 6 ||

17.6bv pakac chveta-ghana srutih
raktam pitta-samanarti kiñ-cid vadhika-laksanam |
sulam samuditair dosaih sa-sopha-jvara-tivra-ruk || 7 ||

paryayad usna-siteccham jayate sruti-jadya-vat |
pakvam sitasita-rakta-ghana-puya-pravahi ca || 8 ||

sabda-vahi-sira-samsthe srnoti pavane muhuh |
nadan a-kasmad vividhan karna-nadam vadanti tam || 9 ||

slesmananugato vayur nado va samupeksitah |
uccaih krcchrac chrutim kuryad badhira-tvam kramena ca || 10 ||

17.10dv badhira-tvam kramena va
vatena sositah slesma sroto limpet tato bhavet |
rug-gauravam pidhanam ca sa pratinaha-samjñitah || 11 ||

kandu-sophau kaphac chrotre sthirau tat-samjñaya smrtau |
kapho vidagdhah pittena sa-rujam ni-rujam tv api || 12 ||

17.12bv sthirau tat-samjñitau smrtau 17.12dv sa-rujam ni-rujam tv
atha
ghana-puti-bahu-kledam kurute puti-karnakam |
vatadi-dusitam srotram mamsasrk-kleda-ja rujam || 13 ||

17.13dv mamsasrk-kleda-jam rujam
khadanto jantavah kuryus tivram sa krmi-karnakah |
srotra-kanduyanaj jate ksate syat purva-laksanah || 14 ||

17.14cv srotah-kanduyanaj jate
vidradhih purva-vac canyah sopho 'rso 'rbudam iritam |
tesu ruk puti-karna-tvam badhira-tvam ca badhate || 15 ||

17.15bv so-dharso 'rbudam iritam 17.15dv badhira-tvam ca jayate
garbhe 'nilat samkucita saskuli kuci-karnakah |
eko ni-rug aneko va garbhe mamsankurah sthirah || 16 ||

17.16bv saskuli kuñci-karnakah 17.16bv saskuli kuci-karnakah
17.16dv
garbhe mamsankurah sthitah
pippali pippali-manah samnipatad vidarika |
sa-varnah sa-rujah stabdhah svayathuh sa upeksitah || 17 ||

katu-taila-nibham pakvah sravet krcchrena rohati |
samkocayati rudha ca sa dhruvam karna-saskulim || 18 ||

17.18bv sravan krcchrena rohati
sira-sthah kurute vayuh pali-sosam tad-ahvayam |
krsa drdha ca tantri-vat pali vatena tantrika || 19 ||

su-kumare cirotsargat sahasaiva pravardhite |
karne sophah sa-ruk palyam arunah paripota-van || 20 ||

paripotah sa pavanad utpatah pitta-sonitat |
gurv-abharana-bharadyaih syavo rug-daha-paka-van || 21 ||

svayathuh sphota-pitika-ragosa-kleda-samyutah |
palyam sopho 'nila-kaphat sarvato nir-vyathah sthirah || 22 ||

stabdhah sa-varnah kandu-man unmantho galliras ca sah |
dur-viddhe vardhite karne sa-kandu-daha-paka-ruk || 23 ||

17.23bv unmantho gallikas ca sah
svayathuh samnipatotthah sa namna duhkha-vardhanah |
kaphasrk-krmi-jah suksmah sa-kandu-kleda-vedanah || 24 ||

lihyuh palim upeksitah lehyakhyah pitikas ta hi |
pippali sarva-jam sulam vidari kuci-karnakah || 25 ||

17.25av lihyakhyah pitikas ta hi 17.25dv vidari kuci-karnakah
esam a-sadhya yapyaika tantrikanyams tu sadhayet |
pañca-vimsatir ity uktah karna-roga vibhagatah || 26 ||

uttarasthana
karna-sule pavana-je pibed ratrau rasasitah |
vata-ghna-sadhitam sarpih karnam svinnam ca purayet || 1 ||

pattranam prthag asvattha-bilvarkairanda-janmanam |
taila-sindhuttha-digdhanam svinnanam puta-pakatah || 2 ||

rasaih kavosnais tad-vac ca mulakasyaralor api |
gane vata-hare 'mlesu mutresu ca vipacitah || 3 ||

maha-sneho drutam hanti su-tivram api vedanam |
mahatah pañca-mulasya kasthat ksaumena vestitat || 4 ||

taila-siktat pradiptagrat snehah sadyo rujapahah |
yojyas caivam bhadrakasthat kusthat kasthac ca saralat ||
5 ||

18.5bv snehah sadyo ruja-harah
vata-vyadhi-pratisyaya-vihitam hitam atra ca |
varjayec chirasa snanam sitambhah-panam ahny api || 6 ||

18.6cv varjayec chirasah snanam
pitta-sule sita-yukta-ghrta-snigdham virecayet |
draksa-yasti-srtam stanyam sasyate karna-puranam || 7 ||

yasty-ananta-himosira-kakoli-lodhra-jivakaih |
mrnala-bisa-mañjistha-sarivabhis ca sadhayet || 8 ||

yastimadhu-rasa-prastha-ksira-dvi-prastha-samyutam |
tailasya kudavam nasya-puranabhyañjanair idam || 9 ||

nihanti sula-dahosah kevalam ksaudram eva va |
yasty-adibhis ca sa-ghrtaih karnau dihyat samantatah || 10 ||

vamayet pippali-siddha-sarpih-snigdham kaphodbhave |
dhuma-navana-gandusa-svedan kuryat kaphapahan || 11 ||

lasunardraka-sigrunam murangya mulakasya ca |
kadalyah sva-rasah sresthah kad-usnah karna-purane || 12
||

18.12bv surangya mulakasya ca 18.12bv bhrngasya mulakasya ca
arkankuran amla-pistams tailaktao lavananvitan |
samnidhaya snuhi-kande korite tac-chadavrtan || 13 ||

18.13dv korite tac chadavrte
svedayet puta-pakena sa rasah sula-jit param |
rasena bijapurasya kapitthasya ca purayet || 14 ||

suktena purayitva va phenenanv avacurnayet |
ajavi-mutra-vamsa-tvak-siddham tailam ca puranam || 15 ||

18.15dv -siddha-tailena purayet
siddham va sarsapam tailam hingu-tumburu-nagaraih |
rakta-je pitta-vat karyam siram casu vimoksayet || 16 ||

pakve puya-vahe karne dhuma-gandusa-navanam |
yuñjyan nadi-vidhanam ca dusta-vrana-haram ca yat || 17 ||

srotah pramrjya digdham tu dvau kalau picu-vartibhih |
purena dhupayitva tu maksikena prapurayet || 18 ||

surasadi-gana-kvatha-phanitaktam ca yojayet |
picu-vartim su-suksmais ca tac-curnair avacurnayet || 19 ||

18.19bv -phanitaktam ca silayet 18.19bv -phanitaktam prayojayet
18.19bv
-phanitaktam niyojayet
sula-kleda-guru-tvanam vidhir esa nivartakah |
priyangu-madhukambastha-dhataky-utpala-parnibhih || 20 ||

mañjistha-lodhra-laksabhih kapitthasya rasena ca |
pacet tailam tad asravam nigrhnaty asu puranat || 21 ||

nada-badhiryayoh kuryad vata-suloktam ausadham |
slesmanubandhe slesmanam prag jayed vamanadibhih || 22 ||

eranda-sigru-varuna-mulakat pattra-je rase |
catur-gune pacet tailam ksire casta-gunonmite || 23 ||

18.23av eranda-sigru-taruna-
yasty-ahva-ksira-kakoli-kalka-yuktam nihanti tat |
nada-badhirya-sulani navanabhyanga-puranaih || 24 ||

18.24bv -kalka-yuktam hinasti tat
pakvam prativisa-hingu-misi-tvak-svarjikosanaih |
sa-suktaih puranat tailam ruk-srava-sruti-nada-nut || 25 ||

18.25dv ruk-srava-sruti-nada-nut
karna-nade hitam tailam sarsapottham ca purane |
suska-mulaka-khandanam ksaro hingu mahausadham || 26 ||

satapuspa-vaca-kustha-daru-sigru-rasañjanam |
sauvarcala-yava-ksara-svarjikaudbhida-saindhavam || 27 ||

bhurja-granthi-vidam musta madhu-suktam catur-gunam |
matulunga-rasas tad-vat kadali-sva-rasas ca taih || 28 ||

pakvam tailam jayaty asu su-krcchran api puranat |
kandum kledam ca badhirya-puti-karna-tva-ruk-krmin || 29 ||

18.29cv kandu-ksvedana-badhirya- 18.29cv
kandu-jvalana-badhirya-
ksara-tailam idam srestham mukha-dantamayesu ca |
atha suptav iva syatam karnau raktam haret tatah || 30 ||

18.30dv karnau raktam haret tayoh
sa-sopha-kledayor manda-sruter vamanam acaret |
badhiryam varjayed bala-vrddhayos cira-jam ca yat || 31 ||

pratinahe parikledya sneha-svedair visodhayet |
karna-sodhanakenanu karnam tailasya purayet || 32 ||

18.32dv karnam tailena purayet
sa-sukta-saindhava-madhor matulunga-rasasya va |
sodhanad ruksa-totpattau ghrta-mandasya puranam || 33 ||

18.33av sa-sukta-saindhavenasu 18.33bv matulunga-rasena va 18.33dv ghrta-mandena puranam
kramo 'yam mala-purne 'pi karne kandvam kaphapaham |
nasyadi tad-vac chophe 'pi katusnais catra lepanam || 34 ||

18.34dv katusnais canu lepanam
karna-sravoditam kuryat puti-krmina-karnayoh |
puranam katu-tailena visesat krmi-karnake || 35 ||

18.35bv puti-krmila-karnayoh 18.35bv puti-krmika-karnayoh
vami-purva hita karna-vidradhau vidradhi-kriya |
pittottha-karna-suloktam kartavyam ksata-vidradhau || 36 ||

18.36av vamih purvam hita karna-
arso-'rbudesu nasa-vad ama karna-vidarika |
karna-vidradhi-vat sadhya yatha-dosodayena ca || 37 ||

pali-sose 'nila-srotra-sula-van nasya-lepanam |
svedam ca kuryat svinnam ca palim udvartayet tilaih || 38 ||

priyala-bija-yasty-ahva-hayagandha-yavanvitaih |
tatah pusti-karaih snehair abhyangam nityam acaret || 39 ||

satavari-vajigandha-payasyairanda-jivakaih |
tailam vipakvam sa-ksiram palinam pusti-krt param || 40 ||

kalkena jivaniyena tailam payasi pacitam |
anupa-mamsa-kvathe ca pali-posana-vardhanam || 41 ||

18.41cv anupa-mamsa-kvathena
palim chittvati-samksinam sesam samdhaya posayet |
yapyaivam tantrikakhyapi paripote 'py ayam vidhih || 42 ||

utpate sitalair lepo jalauko-hrta-sonite |
jambv-amra-pallava-bala-yasti-lodhra-tilotpalaih || 43 ||

sa-dhanyamlaih sa-mañjisthaih sa-kadambaih sa-sarivaih |
siddham abhyañjane tailam visarpokta-ghrtani ca || 44 ||

18.44cv siddham abhyañjanam tailam
unmanthe 'bhyañjanam tailam godha-karka-vasanvitam |
talapattry-asvagandharka-vakuci-phala-saindhavaih || 45 ||

18.45bv godha-karki-vasanvitam 18.45dv -vakuci-tila-saindhavaih
surasa-langalibhyam ca siddham tiksnam ca navanam |
dur-viddhe 'smanta-jambv-amra-pattra-kvathena secitam || 46 ||

18.46bv siddham tiksnam tu navanam
tailena palim sv-abhyaktam su-slaksnair avacurnayet |
curnair madhuka-mañjistha-prapundrahva-nisodbhavaih || 47 ||

18.47dv -prapaundrahva-nisodbhavaih 18.47dv -paundarika-nisodbhavaih
laksa-vidanga-siddham ca tailam abhyañjane hitam |

svinnam go-maya-jaih pindair bahu-sah parilehikam || 48 ||

vidanga-sarair alimped urabhri-mutra-kalkitaih |
kautajenguda-karañja-bija-samyaka-valkalaih || 49 ||

atha-vabhyañjanam tair va katu-tailam vipacayet |
sa-nimba-pattra-marica-madanair lehika-vrane || 50 ||

chinnam tu karnam suddhasya bandham alocya yaugikam |
suddhasram lagayel lagne sadyas-chinne visodhanam || 51 ||

18.51dv samyak-chinne visodhanam
atha grathitva kesantam krtva chedana-lekhanam |
nivesya samdhim susamam na nimnam na samunnatam || 52 ||

abhyajya madhu-sarpirbhyam picu-plotavagunthitam |
sutrena-gadha-sithilam baddhva curnair avakiret || 53 ||

sonita-sthapanair vranyam acaram cadiset tatah |
saptahad ama-tailaktam sanair apanayet picum || 54 ||

18.54av sonitasthapanair vranyam
su-rudham jata-romanam slista-samdhim samam sthiram |
su-varsmanam a-rogam ca sanaih karnam vivardhayet || 55 ||

18.55cv su-varsmanam su-romam ca
jala-sukah svayangupta rajanyau brhati-phalam |
asvagandha-bala-hasti-pippali-gaura-sarsapah || 56 ||

mulam kosatakasvaghna-rupika-saptaparna-jam |
chucchundari kala-mrta grham madhu-kari-krtam || 57 ||

jatuka jala-janma ca tatha sabarakandakam |
ebhih kalkaih kharam pakvam sa-tailam mahisam ghrtam || 58 ||

18.58bv tatha sabarakandakah
hasty-asva-mutrena param abhyangat karna-vardhanam |
atha kuryad vayah-sthasya cchinnam suddhasya nasikam || 59 ||

chindyan nasa-samam pattram tat-tulyam ca kapolatah |
tvan-mamsam nasikasanne raksams tat tanu-tam nayet || 60 ||

sivyed gandam tatah sucya sevinya picu-yuktaya |
nasa-cchede 'tha likhite parivartyopari tvacam || 61 ||

18.61cv nasa-cchede su-likhite
kapola-vadhram samdadhyat sivyen nasam ca yatnatah |
nadibhyam utksiped antah sukhocchvasa-pravrttaye || 62 ||

18.62av kapola-bandham samdadhyat 18.62av kapola-vadhrim samdadhyat
ama-tailena siktvanu pattanga-madhukañjanaih |
sonita-sthapanais canyaih su-slaksnair avacurnayet || 63 ||

18.63bv patanga-madhukañjanaih 18.63cv sonitasthapanais canyaih
tato madhu-ghrtabhyaktam baddhvacarikam adiset |

jñatvavasthantaram kuryat sadyo-vrana-vidhim tatah || 64 ||

18.64bv baddhvacaram athadiset
chindyad rudhe 'dhikam mamsam nasopantac ca carma tat |
sivyet tatas ca su-slaksnam hinam samvardhayet punah || 65 ||

18.65bv nasopantac ca carma-vat
nivesite yatha-nyasam sadyas-chinne 'py ayam vidhih |
nadi-yogad vinausthasya nasa-samdhana-vad vidhih || 66 ||

18.66bv sadyas-chede 'py ayam vidhih

uttarasthana
avasyayanila-rajo-bhasyati-svapna-jagaraih |
nicaty-uccopadhanena pitenanyena varina || 1 ||

aty-ambu-pana-ramana-cchardi-baspa-grahadibhih |
kruddha vatolbana dosa nasayam styana-tam gatah || 2 ||

19.2cv ksubdha vatolbana dosa 19.2cv vrddha vatolbana dosa
janayanti pratisyayam vardhamanam ksaya-pradam |
tatra vatat pratisyaye mukha-soso bhrsam ksavah || 3 ||

ghranoparodha-nistoda-danta-sankha-siro-vyathah |
kitika iva sarpantir manyate parito bhruvau || 4 ||

19.4cv kitaka iva sarpanti
svara-sadas cirat pakah sisiraccha-kapha-srutih |
pittat trsna-jvara-ghrana-pitika-sambhava-bhramah || 5 ||

19.5cv pittat trsna-jvaro ghrane 19.5dv
pitika-sambhava-bhramah
nasagra-pako ruksosna-tamra-pita-kapha-srutih |
kaphat kaso '-rucih svaso vamathur gatra-gauravam || 6 ||

madhuryam vadane kanduh snigdha-sukla-kapha-srutih |
sarva-jo laksanaih sarvair a-kasmad vrddhi-santi-man || 7 ||

19.7bv snigdha-sukla-ghana-srutih 19.7bv snigdha-sukla-ghana srutih
dustam nasa-sirah prapya pratisyayam karoty asrk |
urasah supta-ta tamra-netra-tvam svasa-puti-ta || 8 ||

kanduh srotraksi-nasasu pittoktam catra laksanam |
sarva eva pratisyaya dusta-tam yanty upeksitah || 9 ||

19.9bv pittottham catra laksanam
yathoktopadravadhikyat sa sarvendriya-tapanah |
sagni-sada-jvara-svasa-kasorah-parsva-vedanah || 10 ||

kupyaty a-kasmad bahu-so mukha-daurgandhya-sopha-krt |
nasika-kleda-samsosa-suddhi-rodha-karo muhuh || 11 ||

19.11bv mukha-daurgandhya-sosa-krt
puyopamasita-rakta-grathita-slesma-samsrutih |

murchanti catra krmayo dirgha-snigdha-sitanavah || 12 ||

19.12av puyopamasita rakta 19.12bv -grathita slesma-samsrutih
19.12bv
grathita-slesma-samsrutih
pakva-lingani tesv anga-laghavam ksavathoh samah |
slesma sa-cikkanah pito '-jñanam ca rasa-gandhayoh || 13 ||

19.13dv jñanam ca rasa-gandhayoh
tiksnaghranopayogarka-rasmi-sutra-trnadibhih |
vata-kopibhir anyair va nasika-tarunasthani || 14 ||

19.14av tiksna-ghranopayogarka-
vighattite 'nilah kruddho ruddhah srngatakam vrajet |
nivrttah kurute 'ty-artham ksavathum sa bhrsa-ksavah || 15 ||

19.15bv ruddhah srngatakam vrajan 19.15dv ksavathum sa
bhrsan-ksavah
sosayan nasika-srotah kapham ca kurute 'nilah |
suka-purnabha-nasa-tvam krcchrad ucchvasanam tatah || 16 ||

19.16av sosayen nasika-srotah 19.16cv
suka-purnabha-kantha-tvam 19.16cv
suka-purnabha-nasa-tvam
smrto 'sau nasika-soso nasanahe tu jayate |
naddha-tvam iva nasayah slesma-ruddhena vayuna || 17 ||

nihsvasocchvasa-samrodhat srotasi samvrte iva |
pacen nasa-pute pittam tvan-mamsam daha-sula-vat || 18 ||

sa ghrana-pakah sravas tu tat-samjñah slesma-sambhavah |
accho jalopamo 'jasram visesan nisi jayate || 19 ||

kaphah pravrddho nasayam ruddhva srotamsy a-pinasam |
kuryat sa-ghurghura-svasam pinasadhika-vedanam || 20 ||

19.20bv ruddhah srotahsu pinasam
aver iva sravaty asya praklinna tena nasika |
ajasram picchilam pitam pakvam singhanakam ghanam || 21 ||

raktena nasa dagdheva bahyantah-sparsana-saha |
bhaved dhumopamocchvasa sa diptir dahativa ca || 22 ||

talu-mule malair dustair maruto mukha-nasikat |
slesma ca putir nirgacchet puti-nasam vadanti tam || 23 ||

nicayad abhighatad va puyasrn nasika sravet |
tat puya-raktam akhyatam siro-daha-ruja-karam || 24 ||

pitta-slesmavaruddho 'ntar nasayam sosayen marut |
kapham sa suskah puta-tam prapnoti putakam tu tat || 25 ||

19.25cv kapham sa suska-puta-tam
arso-'rbudani vibhajed dosa-lingair yatha-yatham |

sarvesu krcchrocchvasanam pinasah pratatam ksutih || 26 ||

19.26dv pinasah pratatam ksavah 19.26dv pinasah satatam
ksutih
sanunasika-vadi-tvam puti-nasah siro-vyatha |
asta-dasanam ity esam yapayed dusta-pinasam || 27 ||

19.27bv puti-nasa siro-vyatha 19.27bv putir nasa siro-vyatha 19.27cv
asta-dasanam etesam 19.27dv yapayed dusta-pinasan 19.27dv
varjayed dusta-pinasam

uttarasthana
sarvesu pinasesv adau nivatagara-go bhajet |
snehana-sveda-vamana-dhuma-gandusa-dharanam || 1 ||

20.1bv nivatagara-go bhavet
vaso gurusnam sirasah su-ghanam parivestanam |
laghv-amla-lavanam snigdham usnam bhojanam a-dravam || 2 ||

20.2cv laghv-amla-lavana-snigdham 20.2cv laghv amlam lavanam snigdham
dhanva-mamsa-guda-ksira-canaka-tri-katutkatam |
yava-godhuma-bhuyistham dadhi-dadima-sarikam || 3 ||

20.3dv dadhi-dadima-sadhitam
bala-mulaka-jo yusah kulatthotthas ca pujitah |
kavosnam dasa-mulambu jirnam va varunim pibet || 4 ||

jighrec coraka-tarkari-vacajajy-upakuñcikah |
vyosa-talisa-cavika-tintidikamla-vetasam || 5 ||

manahsila-vidangala-vaca-tri-katu-hingubhih |
curni-krtya samaghratah pratisyayo vinasyati || 5.1+1 ||
tad-vad doraka-vally-ela-lava-tarksya-dvi-jirakaih || 5.1+2ab ||
sagny-ajaji dvi-palikam tvag-ela-pattra-padikam |
jirnad gudat tulardhena pakvena vataki-krtam || 6 ||

pinasa-svasa-kasa-ghnam ruci-svara-karam param |
satahva-tvag-bala mulam syonakairanda-bilva-jam || 7 ||

saragvadham pibed dhumam vasajya-madananvitam |
atha-va sa-ghrtan saktun krtva mallaka-sampute || 8 ||

tyajet snanam sucam krodham bhrsam sayyam himam jalam |
pibed vata-pratisyaye sarpir vata-ghna-sadhitam || 9 ||

patu-pañcaka-siddham va vidary-adi-ganena va |
sveda-nasyadikam kuryat cikitsam arditoditam || 10 ||

pitta-raktotthayoh peyam sarpir madhurakaih srtam |
parisekan pradehams ca sitaih kurvita sitalan || 11 ||

dhava-tvak-tri-phala-syama-sriparni-yasti-tilvakaih |
ksire dasa-gune tailam navanam sa-nisaih pacet || 12 ||

20.12bv -sriparni-yasti-bilvakaih
kapha-je langhanam lepah siraso gaura-sarsapaih |
sa-ksaram va ghrtam pitva vamet pistais tu navanam || 13 ||

20.13cv sa-ksaram ca ghrtam pitva 20.13cv sa-ksaram tu
ghrtam pitva
bastambuna patu-vyosa-vella-vatsaka-jirakaih |
katu-tiksnair ghrtair nasyaih kavadaih sarva-jam jayet || 14
||

yaksma-krmi-kramam kurvan yapayed dusta-pinasam |
vyosorubuka-krmijid-daru-madri-gadengudam || 15 ||

20.15av yaksma-krmi-kramam kuryat 20.15dv -daru-madry-ambudengudam
vartaka-bijam trivrta siddharthah puti-matsyakah |
agnimanthasya puspani pilu-sigru-phalani ca || 16 ||

asva-vid-rasa-mutrabhyam hasti-mutrena caikatah |
ksauma-garbham krtam vartim dhumam ghranasyatah pibet ||
17 ||

ksavathau putakakhye ca tiksnaih pradhamanam hitam |
sunthi-kustha-kana-vella-draksa-kalka-kasaya-vat || 18 ||

sadhitam tailam ajyam va nasyam ksava-puta-pranut |
nasa-sose bala-tailam panadau bhojanam rasaih || 19 ||

snigdho dhumas tatha svedo nasanahe 'py ayam vidhih |
pake diptau ca pitta-ghnam tiksnam nasyadi samsrutau || 20 ||

20.20dv tiksnam nasyadi sasyate
kapha-pinasa-vat puti-nasa-pinasayoh kriya |
laksa-karañja-marica-vella-hingu-kana-gudaih || 21 ||

avi-mutra-drutair nasyam karayed vamane krte |
sigru-simhi-nikumbhanam bijaih sa-vyosa-saindhavaih || 22 ||

sa-vella-surasais tailam navanam paramam hitam |
puya-rakte nave kuryad rakta-pinasa-vat kramam || 23 ||

20.23dv rakta-pinasa-vat kriyam
ati-pravrddhe nadi-vad dagdhesv arso-'rbudesu ca |
nikumbha-kumbha-sindhuttha-manohvala-kanagnikaih || 24 ||

20.24bv dagdhesv arso-'rbudesu tu
kalkitair ghrta-madhv-aktam ghrane vartim pravesayet |
sigrv-adi-navanam catra puti-nasoditam bhajet || 25 ||

20.25av kalkitair ghrta-madhv-aktam

uttarasthana
matsya-mahisa-varaha-pisitamaka-mulakam |
masa-supa-dadhi-ksira-sukteksu-rasa-phanitam || 1 ||

21.1av matsya-mahisa-varaha-
avak-sayyam ca bhajato dvisato danta-dhavanam |
dhuma-cchardana-gandusan ucitam ca sira-vyadham || 2 ||

kruddhah slesmolbana dosah kurvanty antar mukham gadan |
tatra khandaustha ity ukto vatenaustho dvi-dha krtah || 3 ||

21.3bv kurvanty antar-mukhe gadan
ostha-kope tu pavanat stabdhav osthau maha-rujau |
dalyete paripatyete parusasita-karkasau || 4 ||

pittat tiksna-sahau pitau sarsapakrtibhis citau |
pitikabhir bahu-kledav asu-pakau kaphat punah || 5 ||

21.5cv pitikabhir maha-kledav
sita-sahau guru sunau sa-varna-pitikacitau |
samnipatad anekabhau dur-gandhasrava-picchilau || 6 ||

21.6dv dur-gandha-srava-picchilau 21.6dv dur-gandhav ati-picchilau
a-kasman mlana-samsuna-rujau visama-pakinau |
raktopasrstau rudhiram sravatah sonita-prabhau || 7 ||

kharjura-sadrsam catra ksine rakte 'rbudam bhavet |
mamsa-pindopamau mamsat syatam murchat-krmi kramat || 8 ||

tailabha-svayathu-kledau sa-kandvau medasa mrdu |
ksata-jav avadiryete patyete ca-sakrt punah || 9 ||

21.9bv sa-kandu medasa mrdu 21.9dv patyete va-sakrt punah
grathitau ca punah syatam kandulau dasana-cchadau |
jala-budbuda-vad vata-kaphad osthe jalarbudam || 10 ||

gandalaji sthirah sopho gande daha-jvaranvitah |
vatad usna-saha dantah sita-sparse 'dhika-vyathah || 11 ||

dalyanta iva sulena sitakhyo dalanas ca sah |
danta-harse pravatamla-sita-bhaksa-ksama dvi-jah || 12 ||

21.12dv -sita-bhaksya-saha dvi-jah
bhavanty amlasaneneva sa-rujas calita iva |
danta-bhede dvi-jas toda-bheda-ruk-sphutananvitah || 13 ||

21.13bv sa-rujas calita iva 21.13dv -bheda-ruk-vedananvitah
calas caladbhir dasanair bhaksanad adhika-vyathaih |
karalas tu karalanam dasananam samudgamah || 14 ||

21.14dv dasananam samudbhavah 21.14dv dasananam samudbhave
danto 'dhiko 'dhi-dantakhyah sa coktah khalu vardhanah |
jayamane 'ti-rug dante jate tatra tu samyati || 15 ||

21.15cv jayate jayamane 'ti 21.15dv rug jate tatra samyati
a-dhavanan malo dante kapho va vata-sositah |
puti-gandhih sthiri-bhutah sarkara sapy upeksita || 16 ||

21.16cv puti-gandhah sthiri-bhutah 21.16dv sarkara so 'py upeksitah
satayaty anu-so dantat kapalani kapalika |
syavah syava-tvam ayato rakta-pittanilair dvi-jah || 17 ||

21.17av satayaty anu-so danta- 21.17bv -kapalani kapalika 21.17cv syavah syava-tvam ayata
21.17dv rakta-pittanilair dvi-jah
sa-mulam dantam asritya dosair ulbana-marutaih |
sosite majjñi susire dante 'nna-mala-purite || 18 ||

puti-tvat krmayah suksma jayante jayate tatah |
a-hetu-tivrarti-samah sa-samrambho 'sitas calah || 19 ||

pralunah puya-rakta-srut sa coktah krmi-dantakah |
slesma-raktena putini vahanty asram a-hetukam || 20 ||

21.20av prabhuta-puya-rakta-srut
siryante danta-mamsani mrdu-klinnasitani ca |
sitado 'sav upa-kusah pakah pittasrg-udbhavah || 21 ||

danta-mamsani dahyante raktany utsedha-vanty atah |
kandu-manti sravanty asram adhmayante 'srji sthite || 22 ||

cala manda-rujo dantah puti vaktram ca jayate |
dantayos trisu va sopho badarasthi-nibho ghanah || 23 ||

kaphasrat tivra-ruk sighram pacyate danta-pupputah |
danta-mamse malaih sasrair bahyantah svayathur guruh || 24 ||

sa-rug-dahah sraved bhinnah puyasram danta-vidradhih |
svayathur danta-mulesu ruja-van pitta-rakta-jah || 25 ||

21.25bv puyasre danta-vidradhih
lala-sravi sa susiro danta-mamsa-prasatanah |
sa samnipataj jvara-van sa-puya-rudhira-srutih || 26 ||

21.26cv sa samnipata-jvara-van
maha-susira ity ukto visirna-dvi-ja-bandhanah |
dantante kila-vac chopho hanu-karna-ruja-karah || 27 ||

21.27bv visirna-rada-bandhanah
pratihanty abhyavahrtim slesmana so 'dhi-mamsakah |
ghrstesu danta-mamsesu samrambho jayate mahan || 28 ||

yasmims calanti dantas ca sa vidarbho 'bhighata-jah |
danta-mamsasritan rogan yah sadhyan apy upeksate || 29 ||

21.29bv sa vaidarbho 'bhighata-jah
antas tasyasravan dosah suksmam samjanayed gatim |
puyam muhuh sa sravati tvan-mamsasthi-prabhedini || 30 ||

tah punah pañca vijñeya laksanaih svair yathoditaih |
saka-pattra-khara supta sphutita vata-dusita || 31 ||

jihva pittat sa-dahosa raktair mamsankurais cita |
salmali-kantakabhais tu kaphena bahala guruh || 32 ||

21.32dv kaphena bahula guruh
kapha-pittad adhah sopho jihva-stambha-krd unnatah |
matsya-gandhir bhavet pakvah so 'laso mamsa-satanah || 33 ||

prabandhane 'dho jihvayah sopho jihvagra-samnibhah |
sankurah kapha-pittasrair lalosa-stambha-van kharah || 34 ||

21.34av pralambano 'dho jihvayah
adhi-jihvah sa-ruk-kandur vakyahara-vighata-krt |
tadrg evopa-jihvas tu jihvaya upari sthitah || 35 ||

talu-mamse 'nilad duste pitikah sa-rujah kharah |
bahvyo ghanah srava-yutas tas talu-pitikah smrtah || 36 ||

21.36bv pitikah sa-rujah kharah 21.36cv bahvyo ghanah
srava-yuktas
talu-mule kaphat sasran matsya-vasti-nibho mrduh |
pralambah picchilah sopho nasayaharam irayan || 37 ||

kanthoparodha-trt-kasa-vami-krt gala-sundika |
talu-madhye ni-run mamsam samhatam talu-samhatih || 38 ||

padmakrtis talu-madhye raktac chvayathur arbudam |
kacchapah kacchapakaras cira-vrddhih kaphad a-ruk || 39 ||

kolabhah slesma-medobhyam pupputo ni-rujah sthirah |
pittena pakah pakakhyah puyasravi maha-rujah || 40 ||

vata-pitta-jvarayasais talu-sosas tad-ahvayah |
jihva-prabandha-jah kanthe daruna marga-rodhinah || 41 ||

mamsankurah sighra-caya rohini sighra-karini |
kanthasya-sosa-krd vatat sa hanu-srotra-ruk-kari || 42 ||

21.42bv rohini sasu-karini
pittaj jvarosa-trn-moha-kantha-dhumayananvita |
ksipra-ja ksipra-pakati-ragini sparsana-saha || 43 ||

kaphena picchila pandur asrja sphotakacita |
taptangara-nibha karna-ruk-kari pitta-jakrtih || 44 ||

gambhira-paka nicayat sarva-linga-samanvita |
dosaih kapholbanaih sophah kola-vad grathitonnatah || 45 ||

suka-kantaka-vat kanthe saluko marga-rodhanah |
vrndo vrttonnato daha-jvara-krd gala-parsva-gah || 46 ||

hanu-samdhy-asritah kanthe karpasi-phala-samnibhah |
picchilo manda-ruk sophah kathinas tundikerika || 47 ||

21.47bv karpasi-phala-samnibhah
bahyantah svayathur ghoro gala-margargalopamah |

galaugho murdha-guru-ta-tandra-lala-jvara-pradah || 48 ||

valayam nati-ruk sophas tad-vad evayatonnatah |
mamsa-kilo gale dosair eko 'neko 'tha-va 'lpa-ruk || 49 ||

krcchrocchvasabhyavahrtih prthu-mulo gilayukah |
bhuri-mamsankura-vrta tivra-trd-jvara-murdha-ruk || 50 ||

21.50bv prthu-mulo galayukah
sata-ghni nicita vartih sata-ghnivati-ruk-kari |
vyapta-sarva-galah sighra-janma-pako maha-rujah || 51 ||

21.51av sata-ghni-nicitevantah 21.51bv sata-ghni cati-ruk-kari
puti-puya-nibha-sravi svayathur gala-vidradhih |
jihvavasane kanthadav a-pakam svayathum malah || 52 ||
janayanti sthiram raktam ni-rujam tad galarbudam || 53ab ||
21.53bv ni-rujam tam galarbudam pavana-slesma-medobhir gala-gando
bhaved bahih || 53cd ||
vardhamanah sa kalena muska-val lambate 'ti-ruk || 53ef ||
21.53fv muska-val lambate ni-ruk
krsno 'runo va todadhyah sa vatat krsna-raji-man |
vrddhas talu-gale sosam kuryac ca vi-rasasya-tam || 54 ||

sthirah sa-varnah kandu-man sita-sparso guruh kaphat |
vrddhas talu-gale lepam kuryac ca madhurasya-tam || 55 ||

21.55cv vrddhas talu-gale sopham
medasah slesma-vad dhani-vrddhyoh so 'nuvidhiyate |
deham vrddhas ca kurute gale sabdam svare 'lpa-tam || 56 ||

slesma-ruddhanila-gatih suska-kantho hata-svarah |
tamyan prasaktam svasiti yena sa svara-hanilat || 57 ||

karoti vadanasyantar vranan sarva-saro 'nilah |
samcarino 'runan ruksan osthau tamrau cala-tvacau || 58 ||

jihva sita-saha gurvi sphutita kantakacita |
vivrnoti ca krcchrena mukham pako mukhasya sah || 59 ||

21.59dv mukham pako mukhasya ca
adhah pratihato vayur arso-gulma-kaphadibhih |
yaty urdhvam vaktra-daurgandhyam kurvann urdhva-gudas tu sah || 60 ||

21.60dv kurvann urdhva-gadas tu sah
mukhasya pitta-je pake dahose tikta-vaktra-ta |
ksaroksita-ksata-sama vranas tad-vac ca rakta-je || 61 ||

kapha-je madhurasya-tvam kandu-mat-picchila vranah |
antah-kapolam asritya syava-pandu kapho 'rbudam || 62 ||

21.62dv syavam pandu kapho 'rbudam
kuryat tad ghattitam chinnam mrditam ca vivardhate |
mukha-pako bhavet sasraih sarvaih sarvakrtir malaih || 63 ||

21.63av kuryat tat patitam chinnam 21.63av kuryat tad vyadhitam chinnam
puty-asya-ta ca tair eva danta-kasthadi-vidvisah |
osthe gande dvi-je mule jihvayam taluke gale || 64 ||

vaktre sarva-tra cety uktah pañca-saptatir amayah |
eka-dasaiko dasa ca trayo-dasa tatha ca sat || 65 ||

astav asta-dasastau ca kramat tesv an-upakramah |
karalo mamsa-raktausthav arbudani jalad vina || 66 ||

21.66bv kramad esv an-upakramah
kacchapas talu-pitika galaughah susiro mahan |
svara-ghnordhva-guda-syava-sata-ghni-valayalasah || 67 ||

21.67cv svara-ghnordhva-gada-syava-
nady-ostha-kopau nicayad raktat sarvais ca rohini |
dasane sphutite danta-bhedah pakvopa-jihvika || 68 ||

gala-gandah svara-bhramsi krcchrocchvaso 'ti-vatsarah |
yapyas tu harso bhedas ca sesañ chastrausadhair jayet || 69 ||

21.69av gala-gandah svara-bhramsah

uttarasthana
khandausthasya vilikhyantau syutva vrana-vad acaret |
yasti-jyotismati-lodhra-sravani-sarivotpalaih || 1 ||

patolya kakamacya ca tailam abhyañjanam pacet |
nasyam ca tailam vata-ghna-madhura-skandha-sadhitam || 2 ||

maha-snehena vatausthe siddhenaktah picur hitah |
deva-dhupa-madhucchista-guggulv-amaradarubhih || 3 ||

yasty-ahva-curna-yuktena tenaiva pratisaranam |
nady-ostham svedayed dugdha-siddhair eranda-pallavaih || 4 ||

22.4av yasty-ahva-curna-yuktais tu 22.4bv tair eva pratisaranam
khandaustha-vihitam nasyam tasya murdhni ca tarpanam |
pittabhighata-jav osthau jalaukobhir upacaret || 5 ||

lodhra-sarja-rasa-ksaudra-madhukaih pratisaranam |
guduci-yasti-pattanga-siddham abhyañjane ghrtam || 6 ||

pitta-vidradhi-vac catra kriya sonita-je 'pi ca |
idam eva nave karyam karmausthe tu kaphature || 7 ||

22.7cv idam eva bhavet karyam 22.7dv karmausthe tu kaphottare
patha-ksara-madhu-vyosair hrtasre pratisaranam |
dhuma-navana-gandusah prayojyas ca kapha-cchidah || 8 ||

svinnam bhinnam vi-medaskam dahen medo-jam agnina |
priyangu-lodhra-tri-phala-maksikaih pratisarayet || 9 ||

sa-ksaudra gharsanam tiksna bhinna-suddhe jalarbude |

avagadhe 'ti-vrddhe va ksaro 'gnir va pratikriya || 10 ||

22.10av sa-ksaudrair gharsanam tiksnair 22.10dv ksaro vahnih pratikriya
amady-avasthasv alajim gande sopha-vad acaret |
svinnasya sita-dantasya palim vilikhitam dahet || 11 ||

tailena pratisarya ca sa-ksaudra-ghana-saindhavaih |
dadima-tvag-vara-tarksya-kanta-jambv-asthi-nagaraih || 12 ||

kavadah ksirinam kvathair anu-tailam ca navanam |
danta-harse tatha bhede sarva vata-hara kriya || 13 ||

22.13cv danta-bhede tatha harse 22.13dv sarva vata-harah kriyah
tila-yastimadhu-srtam ksiram gandusa-dharanam |
sa-sneham dasa-mulambu gandusah pracalad-dvi-je || 14 ||

22.14cv sa-sneha-dasa-mulambu- 22.14dv -gandusah pracale dvi-je
tuttha-lodhra-kana-srestha-pattanga-patu-gharsanam |
snigdhah silya yathavastham nasyanna-kavadadayah || 15 ||

22.15dv gandusa-kavadadayah
adhi-dantakam aliptam yada ksarena jarjaram |
krmi-dantam ivotpatya tad-vac copacaret tada || 16 ||

an-avasthita-rakte ca dagdhe vrana iva kriya |
a-himsan danta-mulani dantebhyah sarkaram haret || 17 ||

ksara-curnair madhu-yutais tatas ca pratisarayet |
kapalikayam apy evam harsoktam ca samacaret || 18 ||

jayed visravanaih svinnam a-calam krmi-dantakam |
snigdhais calepa-gandusa-nasyaharais calapahaih || 19 ||

22.19bv a-balam krmi-dantakam
gudena purnam susiram madhucchistena va dahet |
saptacchadarka-ksirabhyam puranam krmi-sula-jit || 20 ||

hingu-katphala-kasisa-svarjika-kustha-vella-jam |
rajo rujam jayaty asu vastra-stham dasane ghrtam || 21 ||

22.21dv vastra-stham dasanair ghrtam
alaktakam va sindhuttham vella-dhumam sa-hingu va |
dhanyamla-siddham sevalam kosnam va dasana-sthitam || 21+1 ||

22.21+1bv vesma-dhumam sa-hingu va
varahakarni-mulam va sarapunkha-jatatha-va |
vartir vavalguja-phalair bijapura-jatanvitaih || 21+2 ||

gandusam grahayet tailam ebhir eva ca sadhitam |
kvathair va yuktam eranda-dvi-vyaghri-bhukadamba-jaih || 22 ||

22.22av gandusam dharayet tailam 22.22dv
-vyaghri-bhurja-kadambakaih

kriya-yogair bahu-vidhair ity a-santa-rujam bhrsam |
drdham apy uddhared dantam purvam mulad vimoksitam || 23 ||

samdamsakena laghuna danta-nirghatanena va |
tailam sa-yasty-ahva-rajo ganduso madhu va tatah || 24 ||

22.24dv ganduso madhuna tatah
tato vidari-yasty-ahva-srngataka-kaserubhih |
tailam dasa-guna-ksiram siddham yuñjita navanam || 25 ||

krsa-dur-bala-vrddhanam vatartanam ca noddharet |
noddharec cottaram dantam bahupadrava-krd dhi sah || 26 ||

esam apy uddhrtau snigdha-svadu-sita-kramo hitah |
visravitasre sitade sa-ksaudraih pratisaranam || 27 ||

22.27av esam apy uddhrtaih snigdha-
mustarjuna-tvak-tri-phala-phalini-tarksya-nagaraih |
tat-kvathah kavado nasyam tailam madhura-sadhitam || 28 ||

danta-mamsany upa-kuse svinnany usnambu-dharanaih |
mandalagrena sakadi-pattrair va bahu-so likhet || 29 ||

tatas ca pratisaryani ghrta-manda-madhu-drutaih |
laksa-priyangu-pattanga-lavanottama-gairikaih || 30 ||

22.30bv ghrta-manda-madhu-plutaih
sa-kustha-sunthi-marica-yastimadhu-rasañjanaih |
sukhosno ghrta-mando 'nu tailam va kavada-grahah || 31 ||

22.31dv tailam va kavada-grahe
ghrtam ca madhuraih siddham hitam kavada-nasyayoh |
danta-pupputake svinna-cchinna-bhinna-vilekhite || 32 ||

22.32av ghrtam va madhuraih siddham
yasty-ahva-svarjika-sunthi-saindhavaih pratisaranam |
vidradhau katu-tiksnosna-ruksaih kavada-lepanam || 33 ||

gharsanam katuka-kustha-vrscikali-yavodbhavaih |
rakset pakam himaih pakvah patyo dahyo 'vagadhakah || 34 ||

susire chinna-likhite sa-ksaudraih pratisaranam |
lodhra-musta-misi-srestha-tarksya-pattanga-kimsukaih || 35 ||

22.35av sausire chinna-likhite
sa-katphalaih kasayais ca tesam gandusa isyate |
yasti-lodhrotpalananta-sarivaguru-candanaih || 36 ||

22.36av sa-katphalaih kasayas ca
sa-gairika-sita-pundraih siddham tailam ca navanam |
chittvadhi-mamsakam curnaih sa-ksaudraih pratisarayet || 37 ||

vaca-tejovati-patha-svarjika-yava-suka-jaih |
patola-nimba-tri-phala-kasayah kavado hitah || 38 ||

22.38bv -svarjika-yava-suka-jaih
vidarbhe danta-mulani mandalagrena sodhayet |
ksaram yuñjyat tato nasyam gandusadi ca sitalam || 39 ||

samsodhyobhayatah kayam siras copacaret tatah |
nadim dantanugam dantam samuddhrtyagnina dahet || 40 ||

kubjam naika-gatim purnam gudena madanena va |
dhavanam jati-madana-khadira-svadukantakaih || 41 ||

22.41av nyubjam naika-gatim purnam 22.41bv gudena madhunatha-va
ksiri-vrksambu-ganduso nasyam tailam ca tat-krtam |
kuryad vataustha-kopoktam kantakesv anilatmasu || 42 ||

jihvayam pitta-jatesu ghrstesu rudhire srute |
pratisarana-gandusa-navanam madhurair hitam || 43 ||

tiksnaih kaphotthesv evam ca sarsapa-try-usanadibhih |
nave jihvalase 'py evam tam tu sastrena na sprset || 44 ||

22.44av tiksnaih kaphotthesv apy evam 22.44av tiksnaih
kaphotthesv evam tu
unnamya jihvam akrstam badisenadhi-jihvikam |
chedayen mandalagrena tiksnosnair gharsanadi ca || 45 ||

upa-jihvam parisravya yava-ksarena gharsayet |
kapha-ghnaih sundika sadhya nasya-gandusa-gharsanaih ||
46 ||

ervaru-bija-pratimam vrddhayam a-sira-tatam |
agram nivistam jihvaya badisady-avalambitam || 47 ||

22.47cv agram nivistam jihvayam 22.47cv agre nivistam
jihvaya
chedayen mandalagrena naty-agre na ca mulatah |
chede 'ty asrk-ksayan mrtyur hine vyadhir vivardhate || 48 ||

22.48bv naty-agre nati-mulatah
maricativisa-patha-vaca-kustha-kutannataih |
chinnayam sa-patu-ksaudrair gharsanam kavadah punah || 49
||

katukativisa-patha-nimba-rasna-vacambubhih |
samghate puppute kurme vilikhyaivam samacaret || 50 ||

a-pakve talu-pake tu kasisa-ksaudra-tarksya-jaih |
gharsanam kavadah sita-kasaya-madhurausadhaih || 51 ||

22.51cv gharsanam kavadah sitah 22.51dv
kasaya-madhurausadhaih
pakve 'sta-pada-vad bhinne tiksnosnaih pratisaranam |
vrsa-nimba-patoladyais tiktaih kavada-dharanam || 52 ||

talu-sose tv a-trsnasya sarpir uttara-bhaktikam |

kana-sunthi-srtam panam amlair gandusa-dharanam || 53
||

22.53av talu-sose trsartasya
dhanva-mamsa-rasah snigdhah ksira-sarpis ca navanam |
kantha-rogesv asrn-moksas tiksnair nasyadi karma ca || 54 ||

kvathah panam ca darvi-tvan-nimba-tarksya-kalinga-jah |
haritaki-kasayo va peyo maksika-samyutah || 55 ||

srestha-vyosa-yava-ksara-darvi-dvipi-rasañjanaih |
sa-patha-tejini-nimbaih sukta-go-mutra-sadhitaih || 56 ||

kavado gutika vatra kalpita pratisaranam |
niculam katabhi mustam devadaru mahausadham || 57 ||

22.57av kavado gutika catra 22.57cv niculam katabhi musta
vaca danti ca murva ca lepah kosno 'rti-sopha-ha |
athantar-bahyatah svinnam vata-rohinikam likhet || 58 ||

anguli-sastrakenasu patu-yukta-nakhena va |
pañca-mulambu kavadas tailam gandusa-navanam || 59 ||

visravya pitta-sambhutam sita-ksaudra-priyangubhih |
gharset sa-lodhra-pattangaih kavadah kvathitais ca taih || 60 ||

draksa-parusaka-kvatho hitas ca kavada-grahe |
upacared evam eva pratyakhyayasra-sambhavam || 61 ||

sagara-dhumaih katukaih kapha-jam pratisarayet |
nasya-gandusayos tailam sadhitam ca prasasyate || 62 ||

apamarga-phala-sveta-danti-jantughna-saindhavaih |
tad-vac ca vrnda-saluka-tundikeri-gilayusu || 63 ||

22.63dv -tundikeri-galayusu
vidradhau sravite srestha-rocana-tarksya-gairikaih |
sa-lodhra-patu-pattanga-kanair gandusa-gharsane || 64 ||

22.64dv -kanair gandusa-dharanam 22.64dv -kanair
gandusa-gharsanam
gala-gandah pavana-jah svinno nihsruta-sonitah |
tilair bijais ca latvoma-priyala-sana-sambhavaih || 65 ||

22.65bv svinno visruta-sonitah
upanahyo vrane rudhe pralepyas ca punah punah |
sigru-tilvaka-tarkari-gaja-krsna-punarnavaih || 66 ||

kalamrtarka-mulais ca puspais ca karahata-jaih |
ekaisikanvitaih pistaih suraya kañjikena va || 67 ||

22.67av tala-mularka-mulais ca 22.67bv puspais ca karaghata-jaih
guduci-nimba-kutaja-hamsapadi-bala-dvayaih |
sadhitam payayet tailam sa-krsna-devadarubhih || 68 ||

kartavyam kapha-je 'py etat sveda-vimlapane tv ati |
lepo 'jagandhativisa-visalyah sa-visanikah || 69 ||

guñjalabu-sukahvas ca palasa-ksara-kalkitah |
mutra-srutam hatha-ksaram paktva kodrava-bhuk pibet || 70 ||

22.70cv mutra-srtam yava-ksaram 22.70cv mutra-srutam
yava-ksaram 22.70cv
sutra-srutam yava-ksaram
sadhitam vatsakadyair va tailam sa-patu-pañcakaih |
kapha-ghnan dhuma-vamana-navanadims ca silayet || 71 ||

22.71cv kapha-ghnan dhuma-gandusan 22.71dv vamanadims ca
silayet
medo-bhave siram vidhyet kapha-ghnam ca vidhim bhajet |
asanadi-rajas cainam pratar mutrena payayet || 72 ||

a-santau pacayitva ca sarvan vrana-vad acaret |
mukha-pakesu sa-ksaudra prayojya mukha-dhavanah || 73 ||

22.73av a-santau patayitva ca 22.73dv prayojya mukha-pavanah
kvathitas tri-phala-patha-mrdvika-jati-pallavah |
nisthevya bhaksayitva va kutheradir gano 'tha-va || 74 ||

22.74cv nighrstavya bhaksayitva
mukha-pake 'nilat krsna-patv-elah pratisaranam |
tailam vata-haraih siddham hitam kavada-nasyayoh || 75 ||

pittasre pitta-rakta-ghnah kapha-ghnas ca kaphe vidhih |
likhec chakadi-pattrais ca pitikah kathinah sthirah || 76 ||

22.76av pittasre rakta-pitta-ghnah
yatha-dosodayam kuryat samnipate cikitsitam |
nave 'rbude tv a-samvrddhe chedite pratisaranam || 77 ||

svarjika-nagara-ksaudraih kvatho gandusa isyate |
guduci-nimba-kalkottho madhu-taila-samanvitah || 78 ||

yavanna-bhuk tiksna-taila-nasyabhyangams tathacaret |
vamite puti-vadane dhumas tiksnah sa-navanah || 79 ||

samanga-dhataki-lodhra-phalini-padmakair jalam |
dhavanam vadanasyantas curnitair avacurnitam || 80 ||

22.80dv curnitair avacurnanam sitadopa-kusoktam ca navanadi ca
silayet || 81ab ||
phala-traya-dvipi-kiratatikta-yasty-ahva-siddhartha-katu-trikani
|| 81cd
||musta-haridra-dvaya-yava-suka-vrksamlakamlagrima-vetasas ca ||
81ef ||
asvattha-jambv-amra-dhanañjaya-tvak tvak cahimarat khadirasya sarah |
kvathena tesam ghana-tam gatena tac-curna-yukta gutika
vidheyah || 82 ||

ta dharita ghnanti mukhena nityam kanthaustha-talv-adi-gadan
su-krcchran |
visesato rohinikasya-sosa-gandhan videhadhipati-pranitah || 83
||

khadira-tulam ambu-ghate paktva toyena tena pistais ca |
candana-jongaka-kunkuma-paripelava-valakosiraih || 84 ||

surataru-lodhra-draksa-mañjistha-coca-padmaka-vidangaih |
sprkka-nata-nakha-katphala-suksmaila-dhyamakaih sa-pattangaih
|| 85 ||

taila-prastham vipacet karsamsaih pana-nasya-gandusais tat |
hatvasye sarva-gadan janayati gardhrim drsam srutim ca varahim
|| 86 ||

22.86bv karsamsaih pana-nasya-gandusaih 22.86cv hanty asye
sarva-gadan
udvartitam ca prapunata-lodhra-darvibhir abhyaktam anena vaktram |
nir-vyanga-nili-mukha-dusikadi samjayate candra-samana-kanti || 87
||

22.87cv nir-vyanga-nili-mukha-dusikam ca
pala-satam banat toya-ghate paktva rase 'smims ca palardhikaih
|
khadira-jambu-yastyanantamrair ahimara-nilotpalanvitaih || 88 ||

22.88cv khadira-jambu-yastyananta-lodhrair
taila-prastham pacayec chlaksna-pistair ebhir dravyair dharitam
tan mukhena |
rogan sarvan hanti vaktre visesat sthairyam dhatte danta-panktes
calayah || 89 ||

22.89av taila-prastham pacayet suksma-pistair 22.89bv ebhir dravyair
dharitam
tat sukhena
khadira-sarad dve tule paced valkat tulam carimedasah |
ghata-catuske pada-sese 'smin pute punah kvathanad ghane || 90 ||

22.90av khadira-sarad dve tule vipaced 22.90bv valka-tulam carimedasah
22.90bv valkala-tulam carimedasah 22.90bv valkala-tulam carimedatah
22.90dv 'smin pute punah kvathanad ghane 22.90dv 'smin pute punah
kvathayed
ghane
aksikam ksipet su-suksmam rajah sevyambu-pattanga-gairikam |
candana-dvaya-lodhra-pundrahva-yasty-ahva-laksañjana-dvayam ||
91 ||

22.91av aksikam ksipet su-suksma-rajah 22.91av aksikam ca
ksipet suksma-rajah 22.91av karsikam ksipet su-suksma-rajah
22.91cv

candana-dvaya-syama-pundrahva-
dhataki-katphala-dvi-nisa-tri-phala-catur-jata-jongakam |
musta-mañjistha-nyagrodha-praroha-mamsi-yavasakam || 92 ||

22.92dv mdha-praroha-vaca-mamsi-yavasakam
padmakaila-samangas ca site tasmims tatha palikam prthak |
jatipattrikam sa-jati-phalam saha-lavanga-kankollakam || 93 ||

22.93av padmakaileya-samangas ca 22.93bv site tatha palikam prthak
22.93dv saha-nakha-lavanga-kankollakam
sphatika-subhra-surabhi-karpura-kudavam ca tatravapet tatah |
karayed gutikah sada caita dharya mukhe tad-gadapahah || 94 ||

22.94cv karayed gutikas caita 22.94cv karyas caita gutika
kvathyausadha-vyatyaya-yojanena tailam pacet kalpanayanayaiva |
sarvasya-rogoddhrtaye tad ahur danta-sthira-tve tv idam eva mukhyam || 95
||

22.95av kvathausadha-vyatyaya-yojanena 22.95cv sarvasya-roga-prasamartham
uktam
22.95cv sarvasya-roge vyayanam tad ahur
khadirenaita gutikas tailam idam carimedasa prathitam |
anusilayan prati-dinam svastho 'pi drdha-dvi-jo bhavati || 96 ||

22.96dv vrddho 'pi drdha-dvi-jo bhavati
ksudra-guduci-sumanah-pravala-darvi-yavasa-tri-phala-kasayah
|
ksaudrena yuktah kavada-graho 'yam sarvamayan vaktra-gatan nihanti
|| 97 ||

22.97av draksa-guduci-sumanah-pravala-
patha-darvi-tvak-kustha-musta-samanga-tikta-pitangi-lodhra-
tejovatinam |
curnah sa-ksaudro danta-mamsarti-kandu-paka-sravanam
nasano gharsanena || 98 ||

grha-dhuma-tarksya-patha-vyosa-ksaragny-ayo-vara-tejo-hvaih
|
mukha-danta-gala-vikare sa-ksaudrah kalako vidharyas curnah || 99
||

22.99dv sa-ksaudrah kaliko vidharyas curnah
darvi-tvak-sindhudbhava-manahsila-yava-suka-haritalaih |
dharyah pitaka-curno dantasya-galamaye sa-madhv-ajyah || 100 ||

dvi-ksara-dhumaka-vara-pañca-patu-vyosa-vella-giri-tarksyaih |
go-mutrena vipakva galamaya-ghni rasa-kriya esa || 101 ||

22.101av dvi-ksara-grha-dhumaka-vara- 22.101cv go-mutrena piban
kvatham
go-mutra-kvathana-vilina-vigrahanam pathyanam
jala-misi-kustha-bhavitanam |

attaram naram anavo 'pi vaktra-rogah srotaram nrpam iva na
sprsanty an-arthah || 102 ||

saptacchadosira-patola-musta-haritaki-tiktaka-rohinibhih |
yasty-ahva-rajadruma-candanais ca kvatham pibet paka-haram
mukhasya || 103 ||

paá¹-ola-Å›uá¹‡á¹-hÄ«-tri-phalÄ•-viÅ›Ä•lÄ•-trÄ•yanti-tiktÄ•-dvi-niÅ›Ä•má¹›tÄ•nÄ
m |
pitah kasayo madhuna nihanti mukhe sthitas casya-gadan a-sesan ||
104 ||

22.104dv mukhotthitams casu gadan a-sesan
sva-rasah kvathito darvya ghani-bhutah sa-gairikah |
asya-sthah sa-madhur vaktra-paka-nadi-vranapahah || 105 ||

patola-nimba-yasty-ahva-vasa-jaty-arimedasam |
khadirasya varayas ca prthag evam prakalpana || 106 ||

khadirayo-vara-partha-madayanty-ahimarakaih |
ganduso 'mbu-srtair dharyo dur-bala-dvi-ja-santaye || 107 ||

mukha-danta-mula-gala-jah prayo rogah kaphasra-bhuyisthah |
tasmat tesam a-sakrd rudhiram visravayed dustam || 108 ||

kaya-sirasor vireko vamanam kavada-grahas ca katu-tiktah |
prayah sastam tesam kapha-rakta-haram tatha karma || 109 ||

yava-trna-dhanyam bhaktam vidalaih ksarositair apa-snehah |
yusa bhaksyas ca hita yac canyac chlesma-nasaya || 110 ||

22.110av yava-trna-dhanyam bhuktam 22.110bv vidalaih
ksarositair apa-sneham
prananila-patha-samsthah svasitam api nirundhate pramada-vatah |
kanthamayas cikitsitam ato drutam tesu kurvita || 111 ||

uttarasthana
dhumatapa-tusarambu-kridati-svapna-jagaraih |
utsvedadhi-puro-vata-baspa-nigraha-rodanaih || 1 ||

23.1cv unmadadhi-puro-vata-
aty-ambu-madya-panena krmibhir vega-dharanaih |
upadhana-mrjabhyanga-dvesadhah-pratateksanaih || 2 ||

a-satmya-gandha-dustama-bhasyadyais ca siro-gatah |
janayanty amayan dosas tatra maruta-kopatah || 3 ||

23.3av a-satmya-gandha-dustambu-
nistudyete bhrsam sankhau ghata sambhidyate tatha |
bhruvor madhyam lalatam ca patativati-vedanam || 4 ||

23.4cv bhruvor madhye lalatam ca
badhyete svanatah srotre niskrsyete ivaksini |
ghurnativa sirah sarvam samdhibhya iva mucyate || 5 ||

sphuraty ati sira-jalam kandhara-hanu-samgrahah |
prakasa-saha-ta ghrana-sravo '-kasmad vyatha-samau || 6 ||

mardavam mardana-sneha-sveda-bandhais ca jayate |
siras-tapo 'yam ardhe tu murdhnah so 'rdhavabhedakah || 7 ||

paksat kupyati masad va svayam eva ca samyati |
ati-vrddhas tu nayanam sravanam va vinasayet || 8 ||

siro-'bhitape pittotthe siro-dhumayanam jvarah |
svedo 'ksi-dahanam murcha nisi sitais ca mardavam || 9 ||

a-rucih kapha-je murdhno guru-stimita-sita-ta |
sira-nispanda-talasyam run mandahny adhika nisi || 10 ||

tandra sunaksi-kuta-tvam karna-kanduyanam vamih |
raktat pittadhika-rujah sarvaih syat sarva-laksanah || 11 ||

samkirnair bhojanair murdhni kledite rudhiramise |
kopite samnipate ca jayante murdhni jantavah || 12 ||

sirasas te pibanto 'sram ghorah kurvanti vedanah |
citta-vibhramsa-jananir jvarah kaso bala-ksayah || 13 ||

rauksya-sopha-vyadha-ccheda-daha-sphurana-puti-tah |
kapale talu-sirasoh kanduh sosah pramilakah || 14 ||

23.14av rauksya-sophe vyadha-ccheda- 23.14bv -daha-sphutana-puti-tah
23.14dv kanduh sophah pramilakah 23.14dv kanduh sopho
'-pramilakah
tamraccha-singhanaka-ta karna-nadas ca jantu-je |
vatolbanah sirah-kampam tat-samjñam kurvate malah || 15 ||

pitta-pradhanair vatadyaih sankhe sophah sa-sonitaih |
tivra-daha-ruja-raga-pralapa-jvara-trd-bhramah || 16 ||

tiktasyah pita-vadanah ksipra-kari sa sankhakah |
tri-ratraj jivitam hanti sidhyaty apy asu sadhitah || 17 ||

23.17dv sidhyaty asu su-sadhitah
pittanubaddhah sankhaksi-bhru-lalatesu marutah |
rujam sa-spandanam kuryad anu-suryodayodayam || 18 ||

23.18av pittanubandhah sankhaksi-
a-madhyahnam vivardhisnuh ksud-vatah sa visesatah |
a-vyavasthita-sitosna-sukha samyaty atah param || 19 ||

suryavartah sa ity ukta dasa rogah siro-gatah |
sirasy eva ca vaksyante kapale vyadhayo nava || 20 ||

kapale pavane duste garbha-sthasyapi jayate |
sa-varno ni-rujah sophas tam vidyad upa-sirsakam || 21 ||

yatha-dosodayam bruyat pitikarbuda-vidradhin |
kapale kleda-bahulah pittasrk-slesma-jantubhih || 22 ||

kangu-siddharthaka-nibhah pitikah syur arumsikah |
kandu-kesa-cyuti-svapa-rauksya-krt sphutanam tvacah || 23 ||

23.23dv -ruksa-krt sphutanam tvacah
su-suksmam kapha-vatabhyam vidyad darunakam tu tat |
roma-kupanugam pittam vatena saha murchitam || 24 ||

23.24bv vidyad darunakam ca tat
pracyavayati romani tatah slesma sa-sonitah |
roma-kupan runaddhy asya tenanyesam a-sambhavah || 25 ||

tad indra-luptam rujyam ca prahus caceti capare |
khalater api janmaivam satanam tatra tu kramat || 26 ||

23.26av tad indra-luptam tajjam ca 23.26av tad indra-luptam tajhjham ca 23.26av tad indra-luptam tahnas ca 23.26av tad indra-luptam rudhyam ca 23.26dv satanam tatra tu kramat 23.26dv sadanam tatra tu kramat
23.26dv sadanam tatra tu kramat
sa vatad agni-dagdhabha pittat svinna-siravrta |
kaphad ghana-tvag varnams ca yatha-svam nirdiset tvaci || 27 ||

23.27bv pittat snigdha-siravrta 23.27bv pittat snigdha siravrta
23.27bv pittat
pita-siravrta
dosaih sarvakrtih sarvair a-sadhya sa nakha-prabha |
dagdhagnineva ni-roma sa-daha ya ca jayate || 28 ||

23.28dv sa-dahosa ca jayate
soka-srama-krodha-krtah sarirosma siro-gatah |
kesan sa-dosah pacati palitam sambhavaty atah || 29 ||

tad vatat sphutitam syavam kharam ruksam jala-prabham |
pittat sa-daham pitabham kaphat snigdham vivrddhi-mat || 30 ||

sthulam su-suklam sarvais tu vidyad vyamisra-laksanam |
siro-rujodbhavam canyad vi-varnam sparsana-saham || 31 ||

23.31av sthulam sa-suklam sarvais tu
a-sadhya samnipatena khalatih palitani ca |
sarira-parinamotthany apeksante rasayanam || 32 ||

uttarasthana
siro-'bhitape 'nila-je vata-vyadhi-vidhim caret |
ghrtam akta-sira ratrau pibed usna-payo-'nupah || 1 ||

24.1cv ghrtam akta-siro ratrau 24.1cv ghrtabhyakta-siro ratrau 24.1dv pibet
sarpih payo-'nupah
masan kulatthan mudgan va tad-vat khaded ghrtanvitan |
tailam tilanam kalkam va ksirena saha payayet || 2 ||

pindopanaha-svedas ca mamsa-dhanya-krta hitah |

vata-ghna-dasa-muladi-siddha-ksirena secanam || 3 ||

snigdham nasyam tatha dhumah sirah-sravana-tarpanam |
varanadau gane ksunne ksiram ardhodakam pacet || 4 ||

24.4cv varunadau gane ksunne
ksiravasistam tac chitam mathitva saram aharet |
tato madhurakaih siddham nasyam tat pujitam havih || 5 ||

varge 'tra pakvam ksire ca peyam sarpih sa-sarkaram |
karpasa-majja tvan musta sumanah-korakani ca || 6 ||

24.6av tasmin vipakvam ksire ca 24.6cv karpasa-majja tvan mustam
24.6dv
sumanah-ksarakani ca
nasyam usnambu-pistani sarva-murdha-rujapaham |
sarkara-kunkuma-srtam ghrtam pittasrg-anvaye || 7 ||

pralepaih sa-ghrtaih kustha-kutilotpala-candanaih |
vatodreka-bhayad raktam na casminn avasecayet || 8 ||

ity a-santau cale dahah kaphe cesto yathoditah |
ardhavabhedake 'py esa tatha dosanvayat kriya || 9 ||

24.9bv kaphe cosnam yathoditam 24.9dv yatha-dosanvaya kriya 24.9dv
yatha-dosanvaye kriya
sirisa-bijapamarga-mulam nasyam vidanvitam |
sthira-raso va lepe tu prapunnato 'mla-kalkitah || 10 ||

24.10cv sthira-raso va lepo 'tra
suryavarte 'pi tasmims tu sirayapahared asrk |
siro-'bhitape pittotthe snigdhasya vyadhayet siram || 11 ||

24.11av suryavarte tu tasmims tu
sitah siro-mukhalepa-seka-sodhana-vastayah |
jivaniya-srte ksira-sarpisi pana-nasyayoh || 12 ||

kartavyam rakta-je 'py etat pratyakhyaya ca sankhake |
slesmabhitape jirnajya-snehitaih katukair vamet || 13 ||

sveda-pralepa-nasyadya ruksa-tiksnosna-bhesajaih |
sasyante copavaso 'tra nicaye misram acaret || 14 ||

24.14cv sasyate copavaso 'tra
krmi-je sonitam nasyam tena murchanti jantavah |
mattah sonita-gandhena niryanti ghrana-vaktrayoh || 15 ||

24.15dv niryanti ghrana-vaktratah
su-tiksna-nasya-dhumabhyam kuryan nirharanam tatah |
vidanga-svarjika-danti-hingu-go-mutra-sadhitam || 16 ||

katu-nimbengudi-pilu-tailam nasyam prthak prthak |
aja-mutra-drutam nasyam krmijit krmi-jit param || 17 ||

24.17cv aja-mutra-drutam nasye
puti-matsya-yutaih kuryad dhumam navana-bhesajaih |
krmibhih pita-rakta-tvad raktam atra na nirhared || 18 ||
puti-matsyah krmin hatva dur-gandha-tvat tu vata-je || 18.1+1ab ||
vatabhitapa-vihitah kampe dahad vina kramah |
nave janmottaram jate yojayed upa-sirsake || 19 ||

vata-vyadhi-kriyam pakve karma vidradhi-coditam |
ama-pakve yatha-yogyam vidradhi-pitikarbude || 20 ||

arumsika jalaukobhir hrtasra nimba-varina |
sikta prabhuta-lavanair limped asva-sakrd-rasaih || 21 ||

patola-nimba-pattrair va sa-haridraih su-kalkitaih |
go-mutra-jirna-pinyaka-krkavaku-malair api || 22 ||

kapala-bhrstam kustham va curnitam taila-samyutam |
rumsikalepanam kandu-kleda-daharti-nasanam || 23 ||

malati-citrakasvaghna-naktamala-prasadhitam |
cacarumsikayos tailam abhyangah ksura-ghrstayoh || 24 ||

24.24dv abhyange ksura-ghrstayoh 24.24dv abhyangah
ksura-mrstayoh
a-santau sirasah suddhyai yateta vamanadibhih |
vidhyet siram darunake lalatyam silayen mrjam || 25 ||

navanam murdha-vastim ca lepayec ca sa-maksikaih |
priyala-bija-madhuka-kustha-masaih sa-sarsapaih || 26 ||

24.26av navanam murdhni vastim ca
laksa-samyaka-pattraidagaja-dhatri-phalais tatha |
koradusa-trna-ksara-vari-praksalanam hitam || 27 ||

24.27dv -vari praksalane hitam
indra-lupte yathasannam siram viddhva pralepayet |
pracchaya gadham kasisa-manohva-tutthakosanaih || 28 ||

24.28bv siram viddhva pralepanam
vanyamaratarubhyam va guñja-mula-phalais tatha |
tatha langalika-mulaih karavira-rasena va || 29 ||

24.29av kutannata-marubhyam va 24.29av dhanyamaratarubhyam va
sa-ksaudra-ksudra-vartaka-sva-rasena rasena va |
dhatturakasya pattranam bhallataka-rasena va || 30 ||

24.30av sa-ksaudra-ksudra-brhati- 24.30dv bhallataka-phalena va
atha-va maksika-havis-tila-puspa-trikantakaih |
tailakta hasti-dantasya masi cacausadham param || 31 ||

24.31dv masi vapy ausadham param 24.31dv masi va causadham
param
sukla-romodgame tad-van masi mesa-visana-ja |

varjayed varina sekam yavad roma-samudbhavah || 32 ||

24.32dv yavad roma-samudgamah 24.32dv yavad roma-punar-bhavah
khalatau palite valyam harid-romni ca sodhitam |
nasya-vaktra-siro-'bhyanga-pradehaih samupacaret || 33 ||

siddham tailam brhaty-adyair jivaniyais ca navanam |
masam va nimba-jam tailam ksira-bhun navayed yatih || 34 ||

nili-sirisa-koranta-bhrnga-sva-rasa-bhavitam |
selv-aksa-tila-ramanam bijam kakandaki-samam || 35 ||

pistvaja-payasa lohal liptad arkamsu-tapitat |
tailam srutam ksira-bhujo navanat palitanta-krt || 36 ||

24.36av pistvaja-payasa loha- 24.36bv -liptad arkamsu-tapitat
ksirat sahacarad bhrngarajasah saurasad rasat |
prasthais tailasya kudavah siddho yasti-palanvitah || 37 ||

24.37av ksirat sahacarad bhrngam 24.37av ksirat sahacarad
bhrnga- 24.37bv mrajatah saurasad rasat
24.37bv -rasatah saurasad rasat
nasyam sailasane bhande srnge mesasya va sthitah |
ksirena slaksna-pistau va dugdhika-karavirakau || 38 ||

24.38av nasyam sila-maye bhande 24.38av nasyam sailodbhave
bhande
utpatya palitam deyav asaye palitapahau |
ksiram priyalam yasty-ahvam jivaniyo ganas tilah || 39 ||

krsnah pralepo vaktrasya harid-roma-vali-hitah |
tilah samalakah padma-kiñjalko madhukam madhu || 40 ||

24.40bv hari-lopa-vali-hitah
brmhayed rañjayec caitat kesan murdha-pralepanat |
mamsi kustham tilah krsnah sariva nilam utpalam || 41
||

24.41av brmhayec ca rajec caitat 24.41bv kesan murdhnah pralepanat
ksaudram ca ksira-pistani kesa-samvardhanam param |
ayo-rajo bhrngarajas tri-phala krsna-mrttika || 42 ||

sthitam iksu-rase masam sa-mulam palitam rajet |
masa-kodrava-dhanyamlair yavagums tri-dinosita || 43 ||

24.43cv yava-kodrava-dhanyamlair
loha-suklotkata pista balakam api rañjayet |
prapaundarika-madhuka-pippali-candanotpalaih || 44 ||

24.44av loha-kusthotkata pista 24.44av loha-suktotkata
pista 24.44av lohe suktotkata pista
24.44av lauhe suklotkata pista
bhrngarajas-tri-phalotpala-sari-loha-purisa-samanvita-kari |

tailam idam paca daruna-hari luñcita-kesa-ghana-sthira-kari || 44.1+1
||

24.44.1+1bv -loha-purisa-samanvita-dhari
siddham dhatri-rase tailam nasyenabhyañjanena ca |
sarvan murdha-gadan hanti palitani ca silitam || 45 ||

madhuka-yasti-krmijid-visva-bhrngaih srtam havih |
sad-bindu-danat tan nasyam sarva-murdha-gadapaham || 45+1 ||

24.45+1cv sad-bindu-nama tan nasyam 24.45+1cv sad-bindu-namna tan
nasyam
vari-jivanti-niryasa-payobhir yamakam pacet |
jivaniyais ca tan nasyam sarva-jatrurdhva-roga-jit || 46 ||

24.46av vari-jivanti-niryasaih 24.46bv -payobhir yad ghrtam pacet
24.46bv
sa-payobhir ghrtam pacet
mayuram paksa-pittantra-pada-vit-tunda-varjitam |
dasa-mula-bala-rasna-madhukais tri-palair yutam || 47 ||

24.47bv -sakrt-pat-tunda-varjitam 24.47dv -madhukais tri-palaih saham
jale paktva ghrta-prastham tasmin ksira-samam pacet |
kalkitair madhura-dravyaih sarva-jatrurdhva-roga-jit || 48 ||

tad abhyasi-krtam pana-vasty-abhyañjana-navanaih |
etenaiva kasayena ghrta-prastham vipacayet || 49 ||

catur-gunena payasa kalkair ebhis ca karsikaih |
jivanti-tri-phala-meda-mrdvikarddhi-parusakaih || 50 ||

samanga-cavika-bhargi-kasmari-karkatahvayaih |
atmagupta-mahameda-tala-kharjura-mastakaih || 51 ||

24.51dv -tala-kharjura-mustakaih
mrnala-bisa-kharjura-yastimadhuka-jivakaih |
satavari-vidariksu-brhati-sariva-yugaih || 52 ||

24.52dv -brhati-sravani-yugaih
murva-svadamstrarsabhaka-srngataka-kaserukaih |
rasna-sthira-tamalaki-suksmaila-sathi-pauskaraih || 53 ||

24.53av durva-svadamstrasabhaka-
punarnava-tavaksiri-kakoli-dhanvayasakaih |
madhukaksota-vatama-muñjatabhisukair api || 54 ||

24.54cv madhukaksota-vatama-
maha-mayuram ity etan mayurad adhikam gunaih |
dhatv-indriya-svara-bhramsa-svasa-kasarditapaham || 55 ||

yony-asrk-sukra-dosesu sastam vandhya-suta-pradam |
akhubhih kukkutair hamsaih sasais ceti prakalpayet || 56 ||

24.56cv akhubhih karkatair hamsaih

jatrurdhva-janam vyadhinam eka-trimsac-chata-dvayam |
paras-param a-samkirnam vistarena prakasitam || 57 ||

24.57bv eka-trimsam sata-dvayam
urdhva-mulam adhah-sakham rsayah purusam viduh |
mula-praharinas tasmad rogañ chighra-taram jayet || 58 ||

sarvendriyani yenasmin prana yena ca samsritah |
tena tasyottamangasya raksayam adrto bhavet || 59 ||

nilotpalam sotpala-kustha-yuktam sa-pippalikam madhukam
satahvam |
sa-srngaveram sirasah pralepah sadyah siro-roga-vinasanaya ||
59+1 ||

uttarasthana
vrano dvi-dha nijagantu-dusta-suddha-vibhedatah |
nijo dosaih sarirotthair agantur bahya-hetu-jah || 1 ||

25.1dv agantur bahya-hetubhih
dosair adhisthito dustah suddhas tair an-adhisthitah |
samvrta-tvam vivrta-ta kathinyam mrdu-tati va || 2 ||

25.2dv kathinyam mrdu-tapi va 25.2dv kathinyam mrdu-tapi ca
aty-utsannavasanna-tvam aty-ausnyam ati-sita-ta |
rakta-tvam pandu-ta karsnyam puti-puya-parisrutih || 3 ||

puti-mamsa-sira-snayu-cchanna-totsangi-tati-ruk |
samrambha-daha-svayathu-kandv-adibhir upadrutah || 4 ||

dirgha-kalanubandhas ca vidyad dusta-vranakrtim |
sa pañca-dasa-dha dosaih sa-raktais tatra marutat || 5 ||

25.5cv sa pañca-dha prthag dosaih
syavah krsno 'runo bhasma-kapotasthi-nibho 'pi va |
mastu-mamsa-pulakambu-tulya-tanv-alpa-samsrutih || 6 ||

25.6bv -kapotasthi-nibho 'tha-va
nir-mamsas toda-bhedadhyo ruksas catacatayate |
pittena ksipra-jah pito nilah kapila-pingalah || 7 ||

25.7cv pittad vahni-prabhah pito
mutra-kimsuka-bhasmambu-tailabhosna-bahu-srutih |
ksaroksita-ksata-sama-vyatho ragosma-paka-van || 8 ||

kaphena panduh kandu-man bahu-sveta-ghana-srutih |
sthulausthah kathinah snayu-sira-jala-tato 'lpa-ruk || 9 ||

pravala-rakto raktena sa-raktam puyam udgiret |
vaji-sthana-samo gandhe yukto lingais ca paittikaih || 10 ||

25.10bv sa-raktam puyam irayet 25.10cv vaji-sthana-samo gandhair 25.10cv
vaji-sthana-samo gandho
dvabhyam tribhis ca sarvais ca vidyal laksana-samkarat |

jihva-prabho mrduh slaksnah syavaustha-pitikah samah ||
11 ||

25.11dv syavaustho '-pitikah samah
kiñ-cid-unnata-madhyo va vranah suddho 'n-upadravah |
tvag-amisa-sira-snayu-samdhy-asthini vranasayah || 12 ||

kostho marma ca tany astau duh-sadhyany uttarottaram |
su-sadhyah sat-tva-mamsagni-vayo-bala-vati vranah || 13 ||

25.13dv -vayo-bala-vatam vranah
vrtto dirghas tri-putakas catur-asrakrtis ca yah |
tatha sphik-payu-medhraustha-prsthantar-vaktra-ganda-gah
|| 14 ||

25.14dv -prsthantar-vaktra-ganda-jah 25.14dv
-prsthantar-vaktra-gandayoh
krcchra-sadhyo 'ksi-dasana-nasikapanga-nabhisu |
sevani-jathara-srotra-parsva-kaksa-stanesu ca || 15 ||

phena-puyanila-vahah salya-van urdhva-nirvami |
bhagandaro 'ntar-vadanas tatha katy-asthi-samsritah || 16 ||

kusthinam visa-justanam sosinam madhu-mehinam |
vranah krcchrena sidhyanti yesam ca syur vrane vranah ||
17 ||

25.17dv yesam capi vrane vranah
naiva sidhyanti visarpa-jvaratisara-kasinam |
pipasunam a-nidranam svasinam a-vipakinam || 18 ||

25.18cv pipasunam sa-nidranam
bhinne sirah-kapale va mastulungasya darsane |
snayu-kledat sira-chedad gambhiryat krmi-bhaksanat || 19 ||

asthi-bhedat sa-salya-tvat sa-visa-tvad a-tarkitat |
mithya-bandhad ati-snehad rauksyad romadi-ghattanat || 20 ||

ksobhad a-suddha-kostha-tvat sauhityad ati-karsanat |
madya-panad diva-svapnad vyavayad ratri-jagarat || 21 ||

25.21cv madya-panad diva-svapad
vrano mithyopacarac ca naiva sadhyo 'pi sidhyati |
kapota-varna-pratima yasyantah kleda-varjitah || 22 ||

25.22bv naiva sadhyo 'pi rohati
sthiras cipitika-vanto rohatiti tam adiset |
athatra sophavasthayam yathasannam visodhanam || 23 ||

25.23av sthiras ca pitika-vanto
yojyam sopho hi suddhanam vranas casu prasamyati |
kuryac chitopacaram ca sophavasthasya samtatam || 24 ||

25.24cv kuryac chitopacaram tu

dosagnir agni-vat tena prayati sahasa samam |
sophe vrane ca kathine vi-varne vedananvite || 25 ||

visa-yukte visesena jala-jadyair hared asrk |
dustasre 'pagate sadyah sopha-raga-rujam samah || 26 ||

25.26bv jalaukadyair hared asrk
hrte hrte ca rudhire su-sitaih sparsa-viryayoh |
su-slaksnais tad-ahah-pistaih ksireksu-sva-rasa-dravaih ||
27 ||

25.27dv ksireksu-sva-rasa-drutaih
sata-dhauta-ghrtopetair muhur anyair a-sosibhih |
pratilomam hito lepah sekabhyangas ca tat-krtah || 28 ||

nyagrodhodumbarasvattha-plaksa-vetasa-valkalaih |
pradeho bhuri-sarpirbhih sopha-nirvapanah param || 29 ||

25.29cv pradeho bhuri-sarpis ca
vatolbananam stabdhanam kathinanam maha-rujam |
srutasrjam ca sophanam vrananam api cedrsam || 30 ||

anupa-vesavaradyaih svedah somas tilah punah |
bhrsta nirvapitah ksire tat-pista daha-rug-harah || 31
||

sthiran manda-rujah sophan snehair vata-kaphapahaih |
abhyajya svedayitva ca venu-nadya sanaih sanaih || 32 ||

vimlapanartham mrdniyat talenangusthakena va |
yava-godhuma-mudgais ca siddha-pistaih pralepayet || 33 ||

25.33dv siddhaih pistaih pralepayet 25.33dv siddham pistam
pralepayet
25.33dv dugdha-pistaih pralepayet
viliyate sa cen naivam tatas tam upanahayet |
a-vidagdhas tatha santim vidagdhah pakam asnute || 34 ||

sa-kola-tila-valloma dadhy-amla saktu-pindika |
sa-kinva-kustha-lavana kosna sastopanahane || 35 ||

25.35av sa-kola-tila-vallura- 25.35bv -dadhy-amla saktu-pindika
su-pakve pindite sophe pidanair upapidite |
daranam daranarhasya su-kumarasya cesyate || 36 ||

guggulv-atasi-go-danta-svarnaksiri-kapota-vit |
ksarausadhani ksaras ca pakva-sopha-vidaranam || 37 ||

25.37cv ksarausadhani ksaras ca
puya-garbhan anu-dvaran sotsangan marma-gan api |
nih-snehaih pidana-dravyaih samantat pratipidayet || 38 ||

susyantam samupekseta pralepam pidanam prati |
na mukhe cainam alimpet tatha dosah prasicyate || 39 ||

kalaya-yava-godhuma-masa-mudga-harenavah |
dravyanam picchilanam ca tvan-mulani prapidanam || 40 ||

25.40cv dravyanam picchilanam tu 25.40cv dravyanam
picchilanam va
saptasu ksalanadyesu surasaragvadhadikau |
bhrsam duste vrane yojyau meha-kustha-vranesu ca || 41 ||

atha-va ksalanam kvathah patoli-nimba-pattra-jah |
a-visuddhe visuddhe tu nyagrodhadi-tvag-udbhavah || 42 ||

25.42av atha-va ksalane kvathah
patoli-tila-yasty-ahva-trivrd-danti-nisa-dvayam |
nimba-pattrani calepah sa-patur vrana-sodhanah || 43 ||

25.43dv sa-patur vrana-sodhanam
vranan visodhayed vartya suksmasyan samdhi-marma-gan |
krtaya trivrta-danti-langali-madhu-saindhavaih || 44 ||

vatabhibhutan sasravan dhupayed ugra-vedanan |
yavajya-bhurja-madana-srivestaka-surahvayaih || 45 ||

nirvapayed bhrsam sitaih pitta-rakta-visolbanan |
suskalpa-mamse gambhire vrana utsadanam hitam || 46 ||

nyagrodha-padmakadibhyam asvagandha-bala-tilaih |
adyan mamsada-mamsani vidhinopahitani ca || 47 ||

25.47dv vihitopahitani ca 25.47dv vidhanopahitani ca
mamsam mamsada-mamsena vardhate suddha-cetasah |
utsanna-mrdu-mamsanam vrananam avasadanam || 48 ||

25.48bv vardhate suddha-tejasah
jati-mukula-kasisa-manohvala-puragnikaih |
utsanna-mamsan kathinan kandu-yuktams cirotthitan || 49 ||

vranan su-duhkha-sodhyams ca sodhayet ksara-karmana |
sravanto 'smari-ja mutram ye canye rakta-vahinah || 50 ||

25.50av vranan su-duhkha-sadhyams ca 25.50bv yojayet
ksara-karmana
25.50dv ye canye ksata-vahinah
chinnas ca samdhayo yesam yathoktair ye ca sodhanaih |
sodhyamana na sudhyanti sodhyah syus te 'gni-karmana || 51 ||

25.51bv yathoktair ye ca sadhanaih 25.51cv sadhyamana na sidhyanti
25.51dv sadhyah syus te 'gni-karmana
25.51dv sadhyas te cagni-karmana
suddhanam ropanam yojyam utsadaya yad iritam |
asvagandha ruha lodhram katphalam madhuyastika || 52 ||

25.52av suddhanam ropane yojyam
samanga dhataki-puspam paramam vrana-ropanam |

apeta-puti-mamsanam mamsa-sthanam a-rohatam || 53 ||

kalkam samrohanam kuryat tilanam madhukanvitam |
snigdhosna-tikta-madhura-kasaya-tvaih sa sarva-jit || 54 ||

25.54av kalkam samrohane kuryat 25.54av kalkah samrohanam
kuryat 25.54bv tilanam madhukanvitah
25.54dv -kasayair esa sarva-jit
sa ksaudra-nimba-pattrabhyam yuktah samsodhanam param |
purvabhyam sarpisa casau yuktah syad asu ropanah || 55 ||

25.55bv yuktah samsodhanah param 25.55dv yuktah syad api ropanah
tila-vad yava-kalkam tu ke-cid icchanti tad-vidah |
sasra-pitta-visagantu-gambhiran sosmano vranan || 56 ||

ksira-ropana-bhaisajya-srtenajyena ropayet |
ropanausadha-siddhena tailena kapha-vata-jan || 57 ||

kacchi-lodhrabhaya-sarja-sindurañjana-tutthakam |
curnitam taila-madanair yuktam ropanam uttamam || 58 ||

25.58av kaksi-lodhrabhaya-sarja- 25.58av
kanksi-lodhrabhaya-sarja-
samanam sthira-mamsanam tvak-sthanam curna isyate |
kakubhodumbarasvattha-jambu-katphala-lodhra-jaih || 59 ||

25.59bv tvak-sthanam curnam isyate
tvak-curnais curnita vranah tvak-curnais curnita
vranah |
laksa-manohva-mañjistha-haritala-nisa-dvayaih || 60 ||

25.60av tvacam asu nigrhnati 25.60bv tvak-curnais curnito
vranah
pralepah sa-ghrta-ksaudras tvag-visuddhi-karah param |
kaliyaka-latamrasthi-hema-kala-rasottamaih || 61 ||

25.61av pralepah sa-ghrta-ksaudrais
lepah sa-go-maya-rasah sa-varna-karanah param |
dagdho varana-danto 'ntar-dhumam tailam rasañjanam || 62 ||

25.62bv sa-varna-karano bhavet 25.62dv -dhumas tailam rasañjanam
roma-samjanano lepas tad-vat taila-paripluta |
catus-pan-nakha-romasthi-tvak-srnga-khura-ja masi || 63 ||

vraninah sastra-karmoktam pathya-pathyannam adiset |
dve pañca-mule vargas ca vata-ghno vatike hitah || 64 ||

25.64av vraninam sastra-karmoktam 25.64bv yat pathya-pathyam adiset
nyagrodha-padmakadyau tu tad-vat pitta-pradusite |
aragvadhadih slesma-ghnah kaphe misras tu misra-je || 65 ||

25.65dv kaphe misras tu misra-je 25.65dv kaphe misras tu misrake
ebhih praksalanam lepo ghrtam tailam rasa-kriya |

curno vartis ca samyojya vrane sapta yatha-yatham || 66 ||

25.66av ebhih praksalanalepa- 25.66bv -ghrta-taila-rasa-kriyah
jati-nimba-patola-pattra-katuka-darvi-nisa-sariva- || 67a ||
-mañjisthabhaya-siktha-tuttha-madhukair naktahva-bijanvitaih || 67b ||
25.67bv -mañjisthabhaya-siktha-tuttha-madhukair naktahva-bijais tatha
sarpih sadhyam anena suksma-vadana marmasritah kledino || 67c ||

25.67cv sarpih sadhyam anena suksma-vadana marmasritah sravino
25.67cv sarpih siddham anena suksma-vadana marmasritah kledino
gambhirah sa-rujo vranah sa-gatayah sudhyanti rohanti ca || 67d ||

25.67dv gambhirah sa-rujo vranah sa-gatikah sudhyanti rohanti ca
sadhitam sva-rase tailam kakamacyas catur-gune |
gati-bhajam api hitam vrananam ropanam param || 67+1 ||

25.67+1cv gati-bhajam api varam

uttarasthana
sadyo-vrana ye sahasa sambhavanty abhighatatah |
an-antair api tair angam ucyate justam asta-dha || 1 ||

ghrstavakrtta-vicchinna-pravilambita-patitam |
viddham bhinnam vidalitam tatra ghrstam lasikaya || 2 ||

26.2bv -pravilambi-nipatitam
rakta-lesena va yuktam sa-plosam chedanat sravet |
avagadham tatah krttam vicchinnam syat tato 'pi ca || 3 ||

pravilambi sa-sese 'sthni patitam patitam tanoh |
suksmasya-salya-viddham tu viddham kostha-vivarjitam || 4 ||

26.4av pravilambi sa-sesasthi
bhinnam anyad vidalitam majja-rakta-pariplutam |
prahara-pidanotpesat sahasthna prthu-tam gatam || 5 ||

26.5cv prahara-pidanotpataih 26.5cv prahara-pidanat tesam
sadyah sadyo-vranam siñced atha yasty-ahva-sarpisa |
tivra-vyatham kavosnena bala-tailena va punah || 6 ||

ksatosmano nigrahartham tat-kalam visrtasya ca |
kasaya-sita-madhura-snigdha lepadayo hitah || 7 ||

sadyo-vranesv ayatesu samdhanartham visesatah |
madhu-sarpis ca yuñjita pitta-ghnis ca himah kriyah || 8 ||

26.8cv madhu-sarpih prayuñjita
sa-samrambhesu kartavyam urdhvam cadhas ca sodhanam |
upavaso hitam bhuktam pratatam rakta-moksanam || 9 ||

26.9cv upavaso hitas tatra
ghrste vidalite caisa su-taram isyate vidhih |
tayor hy alpam sravaty asram pakas tenasu jayate || 10 ||

aty-artham asram sravati praya-so 'nya-tra viksate |
tato rakta-ksayad vayau kupite 'ti-ruja-kare || 11 ||

26.11av aty-artham asram vamati 26.11bv praya-so 'nya-tra ca ksate
sneha-pana-pariseka-sveda-lepopanahanam |
sneha-vastim ca kurvita vata-ghnausadha-sadhitam || 12 ||

26.12dv snehair vastim ca kurvita 26.12dv vata-ghnausadha-sadhitaih
iti saptahikah proktah sadyo-vrana-hito vidhih |
saptahad gata-vege tu purvoktam vidhim acaret || 13 ||

26.13av iti saptahikah proktah
prayah samanya-karmedam vaksyate tu prthak prthak |
ghrste rujam nigrhyasu vrane curnani yojayet || 14 ||

kalkadiny avakrtte tu vicchinna-pravilambinoh |
sivanam vidhinoktena bandhanam canu pidanam || 15 ||

26.15dv bandhanam casu pidanam
a-sadhyam sphutitam netram a-dirnam lambate tu yat |
samnivesya yatha-sthanam a-vyaviddha-siram bhisak || 16 ||

26.16bv udirnam lambate tu yat 26.16cv samnivesya yatha-sthanam
26.16dv
sucya vidhyet siram bhisak
pidayet panina padma-palasantaritena tat |
tato 'sya secane nasye tarpane ca hitam havih || 17 ||

26.17dv tarpane kathitam havih
vipakvam ajam yasty-ahva-jivakarsabhakotpalaih |
sa-payaskaih param tad dhi sarva-netrabhighata-jit || 18 ||

gala-pidavasanne 'ksni vamanotkasana-ksavah |
pranayamo 'tha-va karyah kriya ca ksata-netra-vat || 19 ||

26.19av gala-pido 'vasanne 'ksni 26.19bv vamanotklesana-ksavah
karne sthanac cyute syute srotas tailena purayet |
krkatikayam chinnayam nirgacchaty api marute || 20 ||

26.20av karne sthana-cyute syute 26.20bv srotas tailena purayet
samam nivesya badhniyat syutva sighram nir-antaram |
ajena sarpisa catra parisekah prasasyate || 21 ||

26.21av samam nivesya badhniyat 26.21cv ajena sarpisa tatra
uttano 'nnani bhuñjita sayita ca su-yantritah |
ghatam sakhasu tiryak-stham gatre samyan-nivesite || 22 ||

syutva vellita-bandhena badhniyad ghana-vasasa |
carmana gos-phana-bandhah karyas ca-samgate vrane || 23 ||

26.23dv karyas camsa-gate vrane 26.23dv karyas camsa-gate vrane
padau vilambi-muskasya proksya netre ca varina |
pravesya vrsanau sivyet sevanya tunna-samjñaya || 24 ||

26.24dv sevanya picu-yuktaya 26.24dv sivanya picu-yuktaya
karyas ca gos-phana-bandhah katyam avesya pattakam |
sneha-sekam na kurvita tatra klidyati hi vranah || 25 ||

26.25dv tatra klidyanti hi vranah 26.25dv tena klidyanti hi vranah
kalanusary-agurv-ela-jati-candana-parpataih |
sila-darvy-amrta-tutthaih siddham tailam ca ropanam || 26 ||

26.26bv -jati-candana-padmakaih
chinnam nihsesatah sakham dagdhva tailena yuktitah |
badhniyat kosa-bandhena tato vrana-vad acaret || 27 ||

26.27bv dagdhva tailena yuktibhih
karya salyahrte viddhe bhangad vidalite kriya |
siraso 'pahrte salye vala-vartim pravesayet || 28 ||

mastulunga-sruteh kruddho hanyad enam calo 'nya-tha |
vrane rohati caikaikam sanair apanayet kacam || 29 ||

26.29av mastulunga-srute kruddho
mastulunga-srutau khaden mastiskan anya-jiva-jan |
salye hrte 'ngad anyasmat sneha-vartim nidhapayet || 30 ||

duravagadhah suksmasya ye vranah sruta-sonitah |
secayec cakra-tailena suksma-netrarpitena tan || 31 ||

bhinne kosthe 'srja purne murcha-hrt-parsva-vedanah |
jvaro dahas trd adhmanam bhaktasyan-abhinandanam || 32 ||

sango vin-mutra-marutam svasah svedo 'ksi-rakta-ta |
loha-gandhi-tvam asyasya syad gatre ca vi-gandha-ta || 33 ||

amasaya-sthe rudhire rudhiram chardayaty api |
adhmanenati-matrena sulena ca visasyate || 34 ||

26.34dv sulena ca vinasyati 26.34dv sulena ca visisyate
pakvasaya-sthe rudhire sa-sulam gauravam bhavet |
nabher adhas-tac chita-tvam khebhyo raktasya cagamah || 35 ||

a-bhinno 'py asayah suksmaih srotobhir abhipuryate |
asrja syandamanena parsve mutrena vasti-vat || 36 ||

tatrantar-lohitam sita-padocchvasa-karananam |
raktaksam pandu-vadanam anaddham ca vivarjayet || 37 ||

amasaya-sthe vamanam hitam pakvasayasrite |
virecanam niruham ca nih-snehosnair visodhanaih || 38 ||

26.38bv hitam pakvasayasraye 26.38bv hitam pakvasaya-sthite 26.38dv
nih-snehosnair visodhanam
yava-kola-kulatthanam rasaih sneha-vivarjitaih |
bhuñjitannam yavagum va pibet saindhava-samyutam || 39 ||

26.39dv pibet saindhava-samyutam

ati-nihsruta-raktas tu bhinna-kosthah pibed asrk |
klista-cchinnantra-bhedena kostha-bhedo dvi-dha smrtah || 40 ||

26.40av ati-nihsrta-raktas tu 26.40cv klinna-bhinnantra-bhedena 26.40cv slista-cchinnantra-bhedena
murchadayo 'lpah prathame dvitiye tv ati-badhakah |
klistantrah samsayi dehi chinnantro naiva jivati || 41 ||

26.41cv klinnantrah samsayi dehi 26.41cv klistantrah samsaye dehi 26.41cv slistantrah samsayi dehi
26.41dv bhinnantro naiva jivati
yatha-svam margam apanna yasya vin-mutra-marutah |
vy-upadravah sa bhinne 'pi kosthe jivaty a-samsayam || 42 ||

a-bhinnam antram niskrantam pravesyam na tv ato 'nya-tha |
utpangila-siro-grastam tad apy eke vadanti tu || 43 ||

26.43cv urogala-siro-grastam 26.43cv urongila-siro-grastam 26.43cv pupungala-siro-grastam
26.43cv vayangila-siro-grastam
praksalya payasa digdham trna-sonita-pamsubhih |
pravesayet klpta-nakho ghrtenaktam sanaih sanaih || 44 ||

ksirenardri-krtam suskam bhuri-sarpih-pariplutam |
angulya pramrset kantham jalenodvejayed api || 45 ||

tathantrani visanty antas tat-kalam pidayanti ca |
vrana-sauksmyad bahu-tvad va kostham antram an-avisat || 46 ||

26.46bv tat-kalam pidayeta ca
tat-pramanena jatharam patayitva pravesayet |
yatha-sthanam sthite samyak antre sivyed anu vranam || 47 ||

26.47cv yatha-sthana-sthite samyag
sthanad apetam adatte jivitam kupitam ca tat |
vestayitvanu pattena ghrtena parisecayet || 48 ||

26.48bv jivitam kupitam ca yat
curnair yathoktaih samdhanam krtva ksaudra-ghrta-plutaih |
tatah kavalikam dattva vestayed anu-purva-sah || 48.1+1 ||

payayeta tatah kosnam citra-taila-yutam payah |
mrdu-kriyartham sakrto vayos cadhah-pravrttaye || 49 ||

26.49av payayet tam tatah kosnam 26.49bv citra-taila-yutam payah
anuvarteta varsam ca yathoktam vrana-yantranam |
udaran medaso vartim nirgatam bhasmana mrda || 50 ||

26.50bv yathoktam vrana-yantranam
avakirya kasayair va slaksnair mulais tatah samam |
drdham baddhva ca sutrena vardhayet kusalo bhisak || 51 ||

26.51bv slaksnair mule tatah samam 26.51bv slaksnais curnais

tatah samam
tiksnenagni-prataptena sastrena sakrd eva tu |
syad anya-tha rug atopo mrtyur va chidyamanaya || 52 ||

sa-ksaudre ca vrane baddhe su-jirne 'nne ghrtam pibet |
ksiram va sarkara-citra-laksa-goksurakaih srtam || 53 ||

26.53av sa-ksaudre tu vrane baddhe 26.53bv su-jirnanno ghrtam pibet
rug-daha-jit sa-yasty-ahvaih param purvodito vidhih |
medo-granthy-uditam tatra tailam abhyañjane hitam || 54 ||

26.54cv medo-granthy-uditam catra
talisam padmakam mamsi harenv-aguru-candanam |
haridre padma-bijani sosiram madhukam ca taih || 55 ||

pakvam sadyo-vranesuktam tailam ropanam uttamam |
gudha-praharabhihate patite visamoccakaih || 56 ||

26.56cv mudha-praharabhihate
karyam vatasra-jit trpti-mardanabhyañjanadikam |
vislista-deham mathitam ksinam marmahatam hatam || 57 ||

26.57av kuryad vatasrg-uktam hi 26.57bv -mardanabhyanga-sodhanam
26.57bv
mardanabhyanga-sodhanam
26.57dv ksinam marmahatahatam 26.57dv ksinam marmahatam ca
tam
vasayet taila-purnayam dronyam mamsa-rasasinam || 57uab ||

uttarasthana
pata-ghatadibhir dve-dha bhango 'sthnam samdhy-a-samdhitah |
prasaranakuñcanayor a-saktih samdhi-mukta-ta || 1 ||

27.1bv bhango 'sthnah samdhy-a-samdhi-gah 27.1bv bhango 'sthnah
samdhy-a-samdhitah
itarasmin bhrsam sophah sarvavasthasv ati-vyatha |
a-saktis cestite 'lpe 'pi pidyamane sa-sabda-ta || 2 ||

27.2bv sarvavasthasv ati-vyathah
samasad iti bhangasya laksanam bahu-dha tu tat |
bhidyate bhanga-bhedena tasya sarvasya sadhanam || 3 ||

yatha syad upayogaya tatha tad upadeksyate |
prajyanu-dari yat tv asthi sparse sabdam karoti yat || 4 ||

27.4cv prajyanu-dari yac casthi
yatrasthi-lesah pravisen madhyam asthno vidaritah |
bhagnam yac cabhighatena kiñ-cid evavasesitam || 5 ||

27.5cv bhagnam yad abhighatena 27.5cv bhagnam yad vabhighatena
unnamyamanam ksata-vad yac ca majjani majjati |
tad duh-sadhyam krsa-sakta-vatalalpasinam api || 6 ||

bhinnam kapalam yat katyam samdhi-muktam cyutam ca yat |
jaghanam prati pistam ca bhagnam yat tad vivarjayet || 7 ||

27.7av bhinnam kapalam yat katyah
a-samslista-kapalam ca lalatam curnitam tatha |
yac ca bhagnam bhavec chankha-sirah-prstha-stanantare || 8 ||

samyag-yamitam apy asthi dur-nyasad dur-nibandhanat |
samksobhad api yad gacched vi-kriyam tad vivarjayet || 9 ||

27.9dv vi-kriyam tac ca varjayet
adito yac ca dur-jatam asthi samdhir athapi va |
tarunasthini bhujyante bhajyante nalakani tu || 10 ||

27.10cv tarunasthini namyante 27.10dv bhajyante nalakani ca
kapalani vibhidyante sphutanty anyani bhuyasa |
athavanatam unnamyam unnatam cavapidayet || 11 ||

27.11av kapalasthini bhidyante
añched atiksiptam adho-gatam copari vartayet |
añchanotpidanonnama-carma-samksepa-bandhanaih || 12 ||

27.12av añched a-viksiptam adho-
samdhiñ charira-gan sarvams calan apy a-calan api |
ity etaih sthapanopayaih samyak samsthapya nis-calam || 13 ||

27.13dv samyak samsthapya nis-calan
pattaih prabhuta-sarpirbhih vestayitva sukhais tatah |
kadambodumbarasvattha-sarjarjuna-palasa-jaih || 14 ||

vamsodbhavair va prthubhis tanubhih su-nivesitaih |
su-slaksnaih sa-pratistambhair valkalaih sakalair api || 15 ||

27.15cv su-slaksnaih sa-pratistambhair
kusahvayaih samam bandham pattasyopari yojayet |
sithilena hi bandhena samdhi-sthairyam na jayate || 16 ||

27.16dv samdheh sthairyam na jayate
gadhenati ruja-daha-paka-svayathu-sambhavah |
try-ahat try-ahad rtau gharme saptahan moksayed dhime || 17 ||

27.17av gadhenapi ruja-daha-
sadharane tu pañcahad bhanga-dosa-vasena va |
nyagrodhadi-kasayena tatah sitena secayet || 18 ||

27.18bv bhagna-dosa-vasena va 27.18bv bhange dosa-vasena va
tam pañca-mula-pakvena payasa tu sa-vedanam |
sukhosnam vavacaryam syac cakra-tailam vijanata || 19 ||

27.19av pañca-mula-vipakvena 27.19cc sukhosnam avacaryam syac
vibhajya desam kalam ca vata-ghnausadha-samyutam |
pratatam seka-lepams ca vidadhyad bhrsa-sitalan || 20 ||

27.20av vibhajya desa-kalau ca 27.20bv vata-ghnausadha-sadhitam

grsti-ksiram sa-sarpiskam madhurausadha-sadhitam |
pratah pratah pibed bhagnah sitalam laksaya yutam || 21 ||

sa-vranasya tu bhagnasya vrano madhu-ghrtottaraih |
kasayaih pratisaryo 'tha seso bhangoditah kramah || 22 ||

27.22cv kasayaih pratisaryo va
lambani vrana-mamsani pralipya madhu-sarpisa |
samdadhita vranan vaidyo bandhanais copapadayet || 23 ||

tan saman su-sthitañ jñatva phalini-lodhra-katphalaih |
samanga-dhataki-yuktais curnitair avacurnayet || 24 ||

dhataki-lodhra-curnair va rohanty asu tatha vranah |
iti bhanga upakrantah sthira-dhator rtau hime || 25 ||

mamsalasyalpa-dosasya su-sadhyo daruno 'nya-tha |
purva-madhyanta-vayasam eka-dvi-tri-gunaih kramat || 26 ||

27.26bv su-sadho daruno 'nya-tha
masaih sthairyam bhavet samdher yathoktam bhajatam vidhim |
kati-janghoru-bhagnanam kapata-sayanam hitam || 27 ||

27.27bv yathoktam bhajato vidhim
yantranartham tatha kilah pañca karya nibandhanah |
janghorvoh parsvayor dvau dvau tala ekas ca kilakah || 28 ||

sronyam va prstha-vamse va vaksasy aksakayos tatha |
vimokse bhagna-samdhinam vidhim evam samacaret || 29 ||

27.29bv vaksasy amsakayos tatha 27.29bv vaktrasyaksakayos tatha
27.29dv
vidhim enam samacaret
samdhims cira-vimuktams tu snigdha-svinnan mrdu-krtan |
uktair vidhanair buddhya ca yatha-svam sthanam anayet || 30 ||

27.30av samdhims cira-vimuktams ca 27.30cv uktair vidhanair yuktya
ca
27.30cv uktair vidhanair yuktya va
a-samdhi-bhagne rudhe tu visamolbana-sadhite |
apothya bhangam yamayet tato bhagna-vad acaret || 31 ||

27.31av a-samdhi-bhagne rudhe ca 27.31bv visamolbana-sadhanaih
bhagnam naiti yatha pakam prayateta tatha bhisak |
pakva-mamsa-sira-snayuh samdhih slesam na gacchati || 32 ||

27.32av bhango naiti yatha pakam
vata-vyadhi-vinirdistan snehan bhagnasya yojayet |
catus-prayogan balyams ca vasti-karma ca silayet || 33 ||

saly-ajya-rasa-dugdhadyaih paustikair a-vidahibhih |
matrayopacared bhagnam samdhi-samslesa-karibhih || 34 ||
glanir na sasyate tasya samdhi-vislesa-krd dhi sa || 35ab

||lavanam katukam ksaram amlam maithunam atapam || 35cd
||vyayamam ca na seveta bhagno ruksam ca bhojanam || 35ef ||
krsnams tilan vi-rajaso drdha-vastra-baddhan sapta ksapa
vahati varini vasayet |
samsosayed anu-dinam pravisarya caitan ksire tathaiva
madhuka-kvathite ca toye || 36 ||

27.36cv samsosayed anu-dinam pratisarya caitan 27.36cv samsosayed
anu-dinam
pravibhavya caitan
punar api pita-payaskams tan purva-vad eva sositan badham |
vigata-tusan a-rajaskan samcurnya su-curnitair yuñjyat || 37 ||

27.37dv samcurnya vicurnitair yuñjyat
nalada-valaka-lohitayastika-nakha-misi-plava-kustha-bala-trayaih
|
aguru-kunkuma-candana-sariva-sarala-sarja-rasamaradarubhih || 38 ||

padmakadi-ganopetais tila-pistam tatas ca tat |
samasta-gandha-bhaisajya-siddha-dugdhena pidayet || 39 ||

27.39bv tila-pistam tatas ca tam
saileya-rasnamsumati-kaseru-kalanusari-nata-pattra-lodhraih |
sa-ksirasuklaih sa-payah sa-durvais tailam pacet tan naladadibhis
ca || 40 ||

27.40cv tvak-ksira-yuktaih payasa sa-durvais 27.40cv sa-ksira-yuktais
payasa sa-durvais
27.40cv sa-ksira-yuktais sa-payah sa-durvais
gandha-tailam idam uttamam asthi-sthairya-krj jayati casu vikaran |
vata-pitta-janitan ati-viryan vyapino 'pi vividhair upayogaih || 41 ||

27.41cv vata-pitta-janitan ati-viryam 27.41cv vata-pitta-janitan
ati-virya- 27.41dv -vyapino 'pi vividhair upayogaih

uttarasthana
hasty-asva-prstha-gamana-kathinotkatakasanaih |
arso-nidanabhihitair aparais ca nisevitaih || 1 ||

28.1bv -kathinotkatukasanaih
an-ista-drsta-pakena sadyo va sadhu-garhanaih |
prayena pitika-purvo yo 'ngule dvy-angule 'pi va || 2 ||

28.2av an-ista-dista-pakena
payor vrano 'ntar bahyo va dustasrn-mamsa-go bhavet |
vasti-mutrasayabhyasa-gata-tvat syandanatmakah || 3 ||

28.3av payau vrano 'ntar bahyo va
bhagandarah sa sarvams ca darayaty a-kriya-vatah |
bhaga-vasti-gudams tesu diryamanesu bhuribhih || 4 ||

28.4av bhagandarah sa sarvas ca 28.4av bhagandarah sa sarvasya

vata-mutra-sakrc-chukram khaih suksmair vamati kramat |
dosaih prthag yutaih sarvair agantuh so 'stamah smrtah ||
5 ||

28.5dv agantus castamah smrtah
a-pakvam pitikam ahuh paka-praptam bhagandaram |
gudha-mulam sa-samrambham rug-adhyam rudha-kopinim || 6
||

bhagandara-karim vidyat pitikam na tv ato 'nya-tha |
tatra syavaruna toda-bheda-sphurana-ruk-kari || 7 ||

pitika marutat pittad ustra-griva-vad ucchrita |
ragini tanur usmadhya jvara-dhumayananvita || 8 ||

28.8cv ragini tanu-suksma ca
sthira snigdha maha-mula panduh kandu-mati kaphat |
syava tamra sa-dahosa ghora-rug vata-pitta-ja || 9 ||

28.9cv syava-tamra sa-dahosa
pandura kiñ-cid-a-syava krcchra-paka kaphanilat |
padangustha-sama sarvair dosair nana-vidha-vyatha || 10 ||

sula-rocaka-trd-daha-jvara-cchardir-upadruta |
vrana-tam yanti tah pakvah pramadat tatra vata-ja || 11 ||

ciyate 'nu-mukhais chidraih sata-ponaka-vat kramat |
accham sravadbhir asravam ajasram phena-samyutam || 12 ||

28.12av diryate 'nu-mukhais chidraih 28.12bv sata-ponaka-vaktra-vat
sata-ponaka-samjño 'yam ustra-grivas tu pitta-jah |
bahu-piccha-parisravi parisravi kaphodbhavah || 13 ||

vata-pittaj pariksepi pariksipya gudam gatih |
jayate paritas tatra prakaram parikheva ca || 14 ||

28.14dv prakara-parikheva ca
rjur vata-kaphad rjvya gudo gatyatra diryate |
kapha-pitte tu purvottham dur-namasritya kupyatah || 15 ||

28.15bv gudo gatya tu diryate 28.15bv gudo gatya nu diryate 28.15cv
kapha-pitte tu purvoktam
arso-mule tatah sophah kandu-dahadi-man bhavet |
sa sighram pakva-bhinno 'sya kledayan mulam arsasah || 16 ||

sravaty ajasram gatibhir ayam arso-bhagandarah |
sarva-jah sambukavartah sambukavarta-samnibhah || 17 ||

gatayo darayanty asmin rug-vegair darunair gudam |
asthi-leso 'bhyavahrto mamsa-grddhya yada gudam || 18 ||

ksinoti tiryan nirgacchann un-margam ksatato gatih |
syat tatah puya-dirnayam mamsa-kothena tatra ca || 19 ||

28.19av ksanoti tiryan nirgacchan 28.19cv syat tada
puya-dirnayam
jayante krmayas tasya khadantah parito gudam |
vidarayanti na cirad un-margi ksata-jas ca sah || 20 ||

28.20av jayante krmayas tebhyah 28.20dv un-margi ksata-jas tu sah
tesu rug-daha-kandv-adin vidyad vrana-nisedhatah |
sat krcchra-sadhanas tesam nicaya-ksata-jau tyajet || 21 ||

28.21bv vidyad vrana-vibhaktitah
pravahinim valim praptam sevanim va samasritam |
athasya pitikam eva tatha yatnad upacaret || 22 ||

suddhy-asrk-sruti-sekadyair yatha pakam na gacchati |
pake punar upasnigdham sveditam cavagahatah || 23 ||

yantrayitvarsasam iva pasyet samyag bhagandaram |
arvacinam paracinam antar-mukha-bahir-mukham || 24 ||

28.24cv avacinam paracinam
athantar-mukham esitva samyak sastrena patayet |
bahir-mukham ca nihsesam tatah ksarena sadhayet || 25 ||

agnina va bhisak sadhu ksarenaivostra-kandharam |
nadir ekantarah krtva patayec chata-ponakam || 26 ||

28.26cv nadim ekantaram krtva 28.26dv patayec chata-ponake
tasu rudhasu sesas ca mrtyur dirne gude 'nya-tha |
pariksepini capy evam nady-uktaih ksara-sutrakaih || 27 ||

arso-bhagandare purvam arsamsi pratisadhayet |
tyaktvopacaryah ksata-jah salyam salya-vatas tatah || 28 ||

28.28bv arsamsi pratisarayet
aharec ca tatha dadyat krmi-ghnam lepa-bhojanam |
pinda-nady-adayah svedah su-snigdha ruji pujitah || 29 ||

28.29av ahareta tatha dadyat 28.29av aharet tat tatha dadyat 28.29av
aharet
tu tatha dadyat
sarva-tra ca bahu-cchidre chedan alocya yojayet |
go-tirtha-sarvato-bhadra-dala-langala-langalan || 30 ||

28.30av sarva-trapi bahu-cchidre
parsvam gatena sastrena cchedo go-tirthako matah |
sarvatah sarvato-bhadrah parsva-cchedo 'rdha-langalah || 31 ||

28.31av parsva-gatena sastrena 28.31av parsvagatena sastrena
parsva-dvaye langalakah samastams cagnina dahet |
asrava-margan nihsesam naivam vikurute punah || 32 ||

28.32cv asrava-margan nihsesan
yateta kostha-suddhau ca bhisak tasyantarantara |

lepo vrane bidalasthi tri-phala-rasa-kalkitam || 33 ||

28.33av yateta kostha-suddhyai ca 28.33av yateta kostha-samsuddhau
28.33dv tri-phala-rasa-kalkitah
jyotiá¹£matÄ«-malayu-lÄ•á¹…gali-Å›elu-pÄ•á¹-hÄ•-kumbhÄ•gni-sarja-karavÄ«ra-vacÄ
-sudharkaih |
abhyañjanaya vipaceta bhagandaranam tailam vadanti paramam hitam
etad esam || 34 ||

28.34bv -kumbhagni-sarji-karavira-vaca-sudharkaih
28.34dv tailam vadanti paramam hitam etad eva
madhuka-lodhra-kaá¹‡Ä•-truá¹-i-reá¹‡ukÄ•-dvi-rajanÄ«-phalinÄ«-paá¹-u-Å›Ä•rivÄ•á
|
kamala-kesara-padmaka-dhataki-madana-sarja-rasamaya-rodikah || 35 ||

28.35dv -madana-sarja-rasamaya-lodhrakah
sa-bijapura-cchadanair ebhis tailam vipacitam |
bhagandarapaci-kustha-madhu-meha-vranapaham || 36 ||

madhu-taila-yuta vidanga-sara-tri-phala-magadhika-kanas ca
lidhah |
krmi-kustha-bhagandara-prameha-ksata-nadi-vrana-ropana
bhavanti || 37 ||

28.37bv -tri-phala-magadhikosanas ca lidhah 28.37dv
-ksata-nadi-vrana-rohana bhavanti
amrta-truti-vella-vatsakam kali-pathyamalakani gugguluh |
krama-vrddham idam madhu-drutam pitika-sthaulya-bhagandarañ jayet ||
38 ||

28.38cv krama-vrddham idam madhu-plutam
magadhikagni-kalinga-vidangair bilva-ghrtaih
sa-vara-pala-satkaih |
gugguluna sadrsena sametaih ksaudra-yutaih sakalamaya-nasah ||
39 ||

28.39av magadhikagni-kalinga-vidangais 28.39bv tulya-ghrtaih
sa-vara-pala-satkaih
guggulu-pañca-palam palikamsa magadhika tri-phala ca prthak syat
|
tvak-truti-karsa-yutam madhu-lidham
kustha-bhagandara-gulma-gati-ghnam || 40 ||

srngavera-rajo-yuktam tad eva ca su-bhavitam |
kvathena dasa-mulasya visesad vata-roga-jit || 41 ||

uttama-khadira-sara-jam rajah silayann asana-vari-bhavitam |
hanti tulya-mahisaksa-maksikam kustha-meha-pitika-bhagandaran
|| 42 ||

28.42bv silayed anala-vari-bhavitam 28.42bv silayed asana-vari-bhavitam
28.42cv hanti tulya-mahisakhya-maksikam

bhagandaresv esa visesa uktah sesani tu vyañjana-sadhanani |
vranadhikarat parisilanac ca samyag viditvaupayikam vidadhyat || 43 ||

28.43dv samyag viditvausadhikam vidadhyat
asva-prstha-gamanam cala-rodham madya-maithunam a-jirnam a-satmyam |
sahasani vividhani ca rudhe vatsaram parihared adhikam va || 44 ||

28.44dv vatsaram parihared adhikam ca

uttarasthana
kapha-pradhanah kurvanti medo-mamsasra-ga malah |
vrttonnatam yam svayathum sa granthir grathanat smrtah || 1 ||

29.1dv sa granthir granthanat smrtah
dosasra-mamsa-medo-'sthi-sira-vrana-bhava nava |
te tatra vatad ayama-toda-bhedanvito 'sitah || 2 ||

sthanat sthanantara-gatir a-kasmad dhani-vrddhi-man |
mrdur vastir ivanaddho vibhinno 'ccham sravaty asrk || 3 ||

pittat sa-dahah pitabho rakto va pacyate drutam |
bhinno 'sram usnam sravati slesmana ni-rujo ghanah || 4 ||

sitah sa-varnah kandu-man pakvah puyam sraved ghanam |
dosair duste 'srji granthir bhaven murchatsu jantusu || 5 ||

sira-mamsam ca samsritya sa-svapah pitta-laksanah |
mamsalair dusitam mamsam aharair granthim avahet || 6 ||

snigdham mahantam kathinam sira-naddham kaphakrtim |
pravrddham medurair medo nitam mamse 'tha-va tvaci || 7 ||

vayuna kurute granthim bhrsam snigdham mrdum calam |
slesma-tulyakrtim deha-ksaya-vrddhi-ksayodayam || 8 ||

sa vibhinno ghanam medas tamrasita-sitam sravet |
asthi-bhangabhighatabhyam unnatavanatam tu yat || 9 ||

29.9av sa vibhinno ghanam medah 29.9bv puyam tamrasitam sravet
29.9cv
asthi-bhagnabhighatabhyam
so 'sthi-granthih padates tu sahasambho-'vagahanat |
vyayamad va pratantasya sira-jalam sa-sonitam || 10 ||

vayuh sampidya samkocya vakri-krtya visosya ca |
nih-sphuram ni-rujam granthim kurute sa sirahvayah || 11 ||

29.11av vayuh prapidya samkocya
a-rudhe rudha-matre va vrane sarva-rasasinah |
sardre va bandha-rahite gatre 'smabhihate 'tha-va || 12 ||

vato 'sram a-srutam dustam samsosya grathitam vranam |

kuryat sa-dahah kandu-man vrana-granthir ayam smrtah || 13 ||

29.13av vayuh prakupitah ksipram 29.13bv prapya marmasritam vranam
sadhya dosasra-medo-ja na tu sthula-kharas calah |
marma-kanthodara-sthas ca mahat tu granthito 'rbudam || 14 ||

29.14bv na tu sthulah kharas calah 29.14dv mahams tu granthito 'rbudam
tal-laksanam ca medo-'ntaih so-dha dosadibhis tu tat |
prayo medah-kaphadhya-tvat sthira-tvac ca na pacyate || 15 ||

sira-stham sonitam dosah samkocyantah prapidya ca |
pacayeta tad anaddham sasravam mamsa-pinditam || 16 ||

29.16bv samkocyanu prapidya ca 29.16bv samkocyanu prapidya va
29.16bv samkocyantah prapidya va
29.16dv sa-sravam mamsa-pinda-tam
mamsankurais citam yati vrddhim casu sravet tatah |
ajasram dusta-rudhiram bhuri tac chonitarbudam || 17 ||

29.17bv vrddham casu sravet tatah
tesv asrn-mamsa-je varjye catvary anyani sadhayet |
prasthita vanksanorv-adim adhah-kayam kapholbanah || 18 ||

dosa mamsasra-gah padau kalenasritya kurvate |
sanaih sanair ghanam sopham slipadam tat pracaksate || 19 ||

29.19dv slipadam tat pracaksyate
paripota-yutam krsnam a-nimitta-rujam kharam |
ruksam ca vatat pittat tu pitam daha-jvaranvitam || 20 ||

29.20cv ruksam ca vatat pittac ca 29.20cv ruksam ca slipadam vatat 29.20dv
pittad daha-jvaranvitam
kaphad guru snigdham a-ruk citam mamsankurair brhat |
tat tyajed vatsaratitam su-mahat su-parisruti || 21 ||

29.21bv citam mamsankurair mahat
pani-nasaustha-karnesu vadanty eke tu pada-vat |
slipadam jayate tac ca dese 'nupe bhrsam bhrsam || 22 ||

29.22bv vadanty anye tu pada-vat
meda-sthah kantha-manyaksa-kaksa-vanksana-ga malah |
sa-varnan kathinan snigdhan vartakamalakakrtin || 23 ||

29.23av meda-sthah kantha-manyaksi-
avagadhan bahun gandams cira-pakams ca kurvate |
pacyante 'lpa-rujas te 'nye sravanty anye 'ti-kandurah || 24 ||

29.24cv pacyante 'lpa-rujas tv anye 29.24dv sravanty anye 'ti-kandulah
nasyanty anye bhavanty anye dirgha-kalanubandhinah |
ganda-malapaci ceyam durveva ksaya-vrddhi-bhak || 25 ||

tam tyajet sa-jvara-cchardi-parsva-ruk-kasa-pinasam |
a-bhedat pakva-sophasya vrane ca-pathya-sevinah || 26 ||

29.26bv -parsva-ruk-svasa-pinasam 29.26dv vrane va-pathya-sevinah
anupravisya mamsadin duram puyo 'bhidhavati |
gatih sa dura-gamanan nadi nadiva samsruteh || 27 ||

nady ekan-rjur anyesam saivaneka-gatir gatih |
sa dosaih prthag eka-sthaih salya-hetus ca pañcami || 28 ||

29.28cv dosaih prthak samastais ca
vatat sa-ruk suksma-mukhi vi-varna phenilodvama |
sravaty abhyadhikam ratrau pittat trd-jvara-daha-krt || 29 ||

pitosna-puti-puya-srud diva cati nisiñcati |
ghana-picchila-samsrava kandula kathina kaphat || 30 ||

29.30av pitosna-puti-puyam tu 29.30av pitosna-puti-puyasru
29.30av
pitosna-puti-puyasrur
nisi cabhyadhika-kleda sarvaih sarvakrtim tyajet || 31ab ||

29.31bv sarvaih sarvakrtis tyajet antah-sthitam salyam an-ahrtam
tu karoti nadim vahate ca sasya || 31cd ||

29.31dv karoti nadim vahate ca sasyat phenanuviddham tanum alpam
usnam sasram ca puyam sa-rujam ca nityam || 31ef ||

29.31ev phenanuviddham tanum accham usnam

uttarasthana
granthisv amesu kartavya yatha-svam sopha-vat kriya |
brhati-citraka-vyaghri-kana-siddhena sarpisa || 1 ||

snehayec chuddhi-kamam ca tiksnaih suddhasya lepanam |
samsvedya bahu-so granthim vimrdniyat punah punah || 2 ||

esa vate visesena kramah pittasra-je punah |
jalaukaso himam sarvam kapha-je vatiko vidhih || 3 ||

tathapy a-pakvam chittvainam sthite rakte 'gnina dahet |
sadhv a-sesam sa-seso hi punar apyayate dhruvam || 4 ||

30.4dv punar anahyate drutam
mamsa-vranodbhavau granthi yapayed evam eva ca |
karyam medo-bhave 'py etat taptaih phaladibhis ca tam || 5 ||

30.5bv patayed evam eva ca
pramrdyat tila-digdhena cchannam dvi-guna-vasasa |
sastrena patayitva va dahen medasi suddhrte || 6 ||

30.6av pramrjyat tila-digdhena 30.6dv dahen medasi tuddhrte
sira-granthau nave peyam tailam sahacaram tatha |
upanaho 'nila-harair vasti-karma sira-vyadhah || 7 ||

arbude granthi-vat kuryat yatha-svam su-taram hitam |
slipade 'nila-je vidhyet snigdha-svinnopanahite || 8 ||
aja-sakrc-chigru-mula-laksa-surasa-kañjikaih || 8.1+(1)ab ||
30.8.1+(1)bv -laksa-rasa-sa-kañjikaih 30.8.1+(1)bv
-lavana-ksara-kañjikaih
upodaka-pattra-pindya chadair acchaditam ghanam |
nivesya pattam badhniyac chamyaty evam navarbudam || 8.1+(2) ||

30.8.1+(2)av upodakarka-pinyaka- 30.8.1+(2)bv -cchadair acchaditam
ghanam
jirne carka-cchada-sudha-samudra-guda-kañjikaih |
pracchane pindika baddha granthy-arbuda-vilayani || 8.1+(3) ||

30.8.1+(3)av jirnardrarka-cchada-sudha- 30.8.1+(3)bv -samudram
tulyakambubhih 30.8.1+(3)cv pracchanne pitikam baddhva 30.8.1+(3)cv
pracchanair pindikam baddhva
30.8.1+(3)dv granthy-arbuda-vilayanam
siram upari gulphasya dvy-angule payayec ca tam |
masam eranda-jam tailam go-mutrena samanvitam || 9 ||

jirne jirnannam asniyac chunthi-srta-payo-'nvitam |
traivrtam va pibed evam a-santav agnina dahet || 10 ||

gulphasyadhah sira-moksah paitte sarvam ca pitta-jit |
siram angusthake viddhva kapha-je silayed yavan || 11 ||

sa-ksaudrani kasayani vardhamanas tathabhayah |
limpet sarsapa-vartaki-mulabhyam dhanvayatha-va || 12 ||

30.12dv -mulabhyam dhanyayatha-va
urdhvadhah-sodhanam peyam apacyam sadhitam ghrtam |
danti-dravanti-trivrta-jalini-devadalibhih || 13 ||

silayet kapha-medo-ghnam dhuma-gandusa-navanam |
sirayapahared raktam piben mutrena tarksya-jam || 14 ||

palam ardha-palam vapi karsam vapy usna-varina |
kañcanara-tvacam pitva ganda-malam vyapohati || 14+(1) ||

30.14+(1)bv karsam vosnena varina
granthin a-pakvan alimpen nakuli-patu-nagaraih |
svinnan lavana-potalya kathinan anu mardayet || 15 ||

sami-mulaka-sigrunam bijaih sa-yava-sarsapaih |
lepah pisto nmla-takrena granthi-ganda-vilayanah || 16 ||

30.16av sami-mulaka-sigruttha- 30.16av sami-mulaka-sigruma- 30.16bv
-bijah sa-yava-sarsapaih
30.16bv -bijaih sa-yava-sarsapaih
ksunnani nimba-pattrani klptair bhallatakaih saha |
sarava-sampute dagdhva sardham siddharthakaih samaih || 16+(1)
||

30.16+(1)av jirnani nimba-pattrani 30.16+(1)bv klinnair bhallatakaih saha
30.16+(1)bv ksiprair bhallatakaih saha
etac chagambuna pistam ganda-mala-pralepanam || 16+(2)ab ||

30.16+(2)bv ganda-mala-vilepanam
pakon-mukhan srutasrasya pitta-slesma-harair jayet |
a-pakvan evo voddhrtya ksaragnibhyam upacaret || 17 ||

kakadani-langalika-nahikottundiki-phalaih |
jimuta-bija-karkoti-visala-krtavedhanaih || 18 ||

30.18bv -nalikottundiki-phalaih 30.18bv -nalikottundaki-phalaih
30.18bv
-nahikottainduki-phalaih
pathanvitaih palardhamsair visa-karsa-yutaih pacet |
prastham karañja-tailasya nirgundi-sva-rasadhake || 19 ||

30.19av pathyanvitaih palardhamsair
anena mala gandanam cira-ja puya-vahini |
sidhyaty a-sadhya-kalpapi panabhyañjana-navanaih || 20 ||

tailam langaliki-kanda-kalka-padam catur-gune |
nirgundi-sva-rase pakvam nasyadyair apaci-pranut || 21 ||

30.21bv -kalka-pade catur-gune
bhadrasri-daru-marica-dvi-haridra-trivrd-ghanaih |
manahsilala-nalada-visala-karavirakaih || 22 ||

30.22ac bhadra-sridaru-marica- 30.22cv manahsilala-madana-
go-mutra-pistaih palikair visasyardha-palena ca |
brahmi-rasarka-ja-ksira-go-sakrd-rasa-samyutam || 23 ||

prastham sarsapa-tailasya siddham asu vyapohati |
panadyaih silitam kustha-dusta-nadi-vranapacih || 24
||

30.24cv panadyaih silitam kustham 30.24dv
dusta-nadi-vranapacih
vaca-haritaki-laksa-katu-rohini-candanaih |
tailam prasadhitam pitam sa-mulam apacim jayet || 25 ||

sarapunkhodbhavam mulam pistam tandula-varina |
nasyal lepac ca dustarur-apaci-visa-jantu-jit || 26 ||

mulair uttamakaranyah piluparnyah sahacarat |
sa-lodhrabhaya-yasty-ahva-satahva-dvipi-darubhih || 27 ||

30.27av mulair uttamavarunyah 30.27av mulair uttaravarunyah
30.27av
mulair uttaravarinyah
tailam ksira-samam siddham nasye 'bhyange ca pujitam |
go-'vy-ajasva-khura dagdhah katu-tailena lepanam || 28 ||

30.28cv go-gajasva-khura dagdhah
aingudena tu krsnahir vayaso va svayam mrtah |
ity a-santau gadasyanya-parsva-jangha-samasritam || 29 ||

30.29cv ity a-santau gade canya- 30.29dv -parsve jangha-samasritam
vaster urdhvam adhas-tad va medo hrtvagnina dahet |
sthitasyordhvam padam mitva tan-manena ca parsnitah || 30 ||
tata urdhvam hared granthin ity aha bhaga-van nimih || 31ab
||parsnim prati dva-dasa cangulani muktvendra-vastim ca
gadanya-parsve || 31cd ||vidarya matsyanda-nibhani madhyaj jalani
karsed iti susrutoktih || 31ef ||
a-gulpha-karnat su-mitasya jantos tasyasta-bhagam khudakad
vibhajya |
ghranarjave 'dhah sura-raja-vaster bhittvaksa-matram tv apare
vadanti || 32 ||

30.32cv ghonarjave 'dhah sura-raja-vaster 30.32dv bhittvaksa-matram
apare
vadanti
upanahyanilan nadim patitam sadhu lepayet |
pratyakpuspi-phala-yutais tailaih pistaih sa-saindhavaih || 33 ||

paittim tu tila-mañjistha-nagadanti-nisa-dvayaih |
slaismikim tila-saurastri-nikumbharista-saindhavaih || 34 ||

salya-jam tila-madhv-ajyair lepayec chinna-sodhitam |
a-sastra-krtyam esinya bhittvante samyag-esitam || 35 ||

ksara-pitena sutrena bahu-so darayed gatim |
vranesu dusta-suksmasya-gambhiradisu sadhanam || 36 ||

30.36bv bahu-so purayed gatim
ya vartyo yani tailani tan nadisv api sasyate |
pistam cañcu-phalam lepan nadi-vrana-haram param || 37 ||

ghonta-phala-tvak lavanam sa-laksam bukasya pattram
vanita-payas ca |
snug-arka-dugdhanvita esa kalko varti-krto hanty a-cirena nadim ||
38 ||

30.38bv cukrasya pattram vanita-payas ca 30.38bv vrsasya pattram
vanita-payas
ca
samudra-sauvarcala-sindhu-janma-su-pakva-ghonta-phala-vesma-dhumah |
amrata-gayatri-ja-pallavas ca katankateryav atha cetaki ca || 39
||

30.39dv katankateryav atha ketaki ca 30.39dv katankateryav atha
dinika ca
kalke 'bhyange curne vartyam caitesu silyamanesu |
a-gatir iva nasyati gatis capala capalesu bhutir iva || 40 ||

30.40bv vartyam caitesu sevyamanesu

uttarasthana
snigdha sa-varna grathita ni-ruja mudga-samnibha |
pitika kapha-vatabhyam balanam ajagallika || 1 ||

31.1av snigdhah sa-varna grathita 31.1cv pitikah
kapha-vatabhyam 31.1dv ni-ruja mudga-sammita
31.1dv ni-ruja mudga-samnibhah
yava-prakhya yava-prakhya tabhyam mamsasrita ghana |
a-vaktra calaji vrtta stoka-puya ghanonnata || 2 ||

31.2av yava-prakhya yavakara 31.2cv a-vaktras calaji-vrttah 31.2dv
stoka-puya ghanonnatah
granthayah pañca va sad va kacchapi kacchaponnatah |
karnasyordhvam samantad va pitika kathinogra-ruk || 3 ||

31.3bv kacchapi kacchaponnata
salukabha panasika sophas tv alpa-rujah sthirah |
hanu-samdhi-samudbhutas tabhyam pasana-gardabhah || 4 ||

salmali-kantakakarah pitikah sa-rujo ghanah |
medo-garbha mukhe yunam tabhyam ca mukha-dusikah || 5 ||

31.5dv tabhyam ca mukha-dusakah
te padma-kantaka jñeya yaih padmam iva kantakaih |
ciyate ni-rujaih svetaih sariram kapha-vata-jaih || 6 ||

pittena pitika vrtta pakvodumbara-samnibha |
maha-daha-jvara-kari vivrta vivrtanana || 7 ||

gatresv antas ca vaktrasya daha-jvara-rujanvitah |
masura-matras tad-varnas tat-samjñah pitika ghanah || 8 ||

tatah kasta-tarah sphota visphotakhya maha-rujah |
ya padma-karnikakara pitika pitikacita || 9 ||

sa viddha vata-pittabhyam tabhyam eva ca gardabhi |
mandala vipulotsanna sa-raga-pitikacita || 10 ||

kakseti kaksasannesu prayo desesu sanilat |
pittad bhavanti pitikah suksma lajopama ghanah || 11 ||

31.11dv suksma jalopama ghanah
tadrsi mahati tv eka gandha-nameti kirtita |
gharma-sveda-parite 'nge pitikah sa-rujo ghanah || 12 ||

rajika-varna-samsthana-pramana rajikahvayah |
dosaih pittolbanair mandair visarpati visarpa-vat || 13 ||

sopho '-pakas tanus tamro jvara-krj jala-gardabhah |
malaih pittolbanaih sphota jvarino mamsa-daranah || 14 ||

31.14dv jvarino mamsa-darunah 31.14dv jvarino

mamsa-darinah
kaksa-bhagesu jayante ye 'gny-abhah sagni-rohini |
pañcahat sapta-ratrad va paksad va hanti jivitam || 15 ||

tri-linga pitika vrtta jatrurdhvam irivellika |
vidari-kanda-kathina vidari kaksa-vanksane || 16 ||

medo-'nila-kaphair granthih snayu-mamsa-sirasrayaih |
bhinno vasajya-madhv-abham sravet tatrolbano 'nilah || 17 ||

mamsam visosya grathitam sarkaram upapadayet |
dur-gandham rudhiram klinnam nana-varnam tato malah || 18 ||

31.18cv dur-gandhi rudhiram klinnam
tam sravayanti nicitam vidyat tac charkararbudam |
pani-pada-tale samdhau jatrurdhvam vopaciyate || 19 ||

31.19av tam sravayanti nicita 31.19dv jatrurdhvam copaciyate
valmika-vac chanair granthis tad-vad bahv-anubhir mukhaih |
rug-daha-kandu-kledadhyair valmiko 'sau samasta-jah || 20 ||

31.20cv rug-daha-kandu-kledadhyo
sarkaronmathite pade ksate va kantakadibhih |
granthih kila-vad utsanno jayate kadaram tu tat || 21 ||

vega-samdharanad vayur apano 'pana-samsrayam |
anu-karoti bahyantar-margam asya tatah sakrt || 22 ||

31.22bv apano 'pana-samsrayah
krcchran nirgacchati vyadhir ayam ruddha-gudo matah |
kuryat pittanilam pakam nakha-mamse sa-rug-jvaram || 23 ||

cipyam a-ksata-rogam ca vidyad upa-nakham ca tam |
krsno 'bhighatad ruksas ca kharas ca ku-nakho nakhah || 24 ||

31.24bv vidyad upa-nakham ca tat
dusta-kardama-samsparsat kandu-kledanvitantarah |
angulyo 'lasam ity ahus tilabhams tila-kalakan || 25 ||

krsnan a-vedanams tvak-sthan masams tan eva connatan |
masebhyas tunnata-tarams carma-kilan sitasitan || 26 ||

tatha-vidho jatu-manih saha-jo lohitas tu sah |
krsnam sitam va saha-jam mandalam lañchanam samam || 27
||

31.27bv sa-rujo lohitas tu sah
soka-krodhadi-kupitad vata-pittan mukhe tanu |
syamalam mandalam vyangam vaktrad anya-tra nilika || 28 ||

parusam parusa-sparsam vyangam syavam ca marutat |
pittat tamrantam a-nilam svetantam kandu-mat kaphat || 29 ||

31.29cv pittat tamram tatha nilam 31.29dv svetabham kandu-mat

kaphat
raktad raktantam a-tamram sausam cimicimayate |
vayunodiritah slesma tvacam prapya visusyati || 30 ||

31.30bv mukham cimicimayate
tatas tvag jayate panduh kramena ca vi-cetana |
alpa-kandur a-vikleda sa prasuptih prasuptitah || 31 ||

31.31cv alpa-kandur apa-kleda
a-samyag-vamanodirna-pitta-slesmanna-nigrahaih |
mandalany ati-kanduni raga-vanti bahuni ca || 32 ||

utkothah so 'nubaddhas tu kotha ity abhidhiyate |
proktah sat-trimsad ity ete ksudra-roga vibhaga-sah || 33 ||

31.33av utkothah so 'nubandhas tu yan a-vijñaya muhyeta cikitsayam
cikitsakah || 33+(1)ab ||

uttarasthana
visravayej jalaukobhir a-pakvam ajagallikam |
svedayitva yava-prakhyam vilayaya pralepayet || 1 ||

daru-kustha-manohvalair ity a-pasana-gardabhat |
vidhis tams cacaret pakvan vrana-vat sajagallikan || 2 ||

lodhra-kustumburu-vacah pralepo mukha-dusike |
vata-pallava-yukta va narikelottha-suktayah || 3 ||

32.3av lodhra-kustumburu-vaca- 32.3bv -pralepo mukha-dusike
a-santau vamanam nasyam lalate ca sira-vyadhah |
nimbambu-vanto nimbambu-sadhitam padma-kantake || 4 ||
pibet ksaudranvitam sarpir nimbaragvadha-lepanam || 5ab ||
32.5bv nimbaragvadha-lepanah vivrtadims tu jalantams cikitset
serivellikan || 5cd ||

32.5dv cikitsed irivellikam pitta-visarpa-vat tad-vat
pratyakhyayagni-rohinim || 5ef ||

vilanghanam rakta-vimoksanam ca viruksanam kaya-visodhanam
ca |
dhatri-prayogañ chisira-pradehan kuryat sada jalaka-gardabhasya || 6
||

32.6bv viruksanam kaya-virecanam ca 32.6cv dhatri-pradehañ
chisira-prayogan
vidarikam hrte rakte slesma-granthi-vad acaret |
medo-'rbuda-kriyam kuryat su-taram sarkararbude || 7 ||

pravrddham su-bahu-cchidram sa-sopham marmani sthitam |
valmikam hasta-pade ca varjayed itarat punah || 8 ||

32.8dv varjayed itaram punah
suddhasyasre hrte limpet sa-patv-arevatamrtaih |

syama-kulatthika-mula-danti-palala-saktubhih || 9 ||

32.9bv sa-patv-aragvadhamrtaih
pakve tu dusta-mamsani gatih sarvas ca sodhayet |
sastrena samyag anu ca ksarena jvalanena va || 10 ||

sastrenotkrtya nih-sesam snehena kadaram dahet |
niruddha-mani-vat karyam ruddha-payos cikitsitam || 11 ||

32.11av sastrenoddhrtya nih-sesam
cipyam suddhya jitosmanam sadhayec chastra-karmana |
dustam ku-nakham apy evam caranav alase punah || 12 ||

dhanyamla-siktau kasisa-patoli-rocana-tilaih |
sa-nimba-pattrair alimped dahet tu tila-kalakan || 13 ||

masams ca surya-kantena ksarena yadi vagnina |
tad-vad utkrtya sastrena carma-kila-jatu-mani || 14 ||

lañchanadi-traye kuryad yathasannam sira-vyadham |
lepayet ksira-pistais ca ksiri-vrksa-tvag-ankuraih || 15 ||

32.15av nyacchadi-tritaye kuryad
vyangesu carjuna-tvag va mañjistha va sa-maksika |
lepah sa-nava-nita va svetasva-khura-ja masi || 16 ||

32.16av vyangesu varjuna-tvag va
rakta-candana-mañjistha-kustha-lodhra-priyangavah |
vatankura masuras ca vyanga-ghna mukha-kanti-dah || 17 ||

dve jirake krsna-tilah sarsapah payasa saha |
pistah kurvanti vaktrendum apasta-vyanga-lañchanam || 18 ||

ksira-pista ghrta-ksaudra-yukta va bhrsta-nis-tusah |
masurah ksira-pista va tiksnah salmali-kantakah
|| 19 ||

sa-gudah kola-majja va sasasrk-ksaudra-kalkitah |
saptaham matulunga-stham kustham va madhunanvitam || 20 ||

32.20dv kustham va madhukanvitam
pista va chaga-payasa sa-ksaudra mausali jata |
gor asthi musali-mula-yuktam va sajya-maksikam || 21 ||

jambv-amra-pallava mastu haridre dve navo gudah |
lepah sa-varna-krt pistam sva-rasena ca tindukam || 22 ||

utpalam utpala-kustham priyangu-kaliyakam badara-majja |
idam udvartanam asyam karoti satapattra-samkasam || 23 ||

32.23av utpala-pattram tagaram 32.23dv karoti satapattrakakaram
ebhir evausadhaih pistair mukhabhyangaya sadhayet |
yatha-dosartukan snehan madhuka-kvatha-samyutaih || 24 ||

yavan sarja-rasam lodhram usiram madanam madhu |

ghrtam gudam ca go-mutre paced a-darvi-lepanat || 25 ||

32.25bv usiram candanam madhu
tad abhyangan nihanty asu nilika-vyanga-dusikan |
mukham karoti padmabham padau padma-dalopamau || 26 ||

32.26bv nilika-vyanga-dusakan
kunkumosira-kaliya-laksa-yasty-ahva-candanam |
nyagrodha-padams tarunan padmakam padma-kesaram || 27 ||

sa-nilotpala-mañjistham palikam saliladhake |
paktva padavasesena tena pistais ca karsikaih || 28 ||

laksa-pattanga-mañjistha-yastimadhuka-kunkumaih |
aja-ksiram dvi-gunitam tailasya kudavam pacet || 29 ||

32.29cv aja-ksira-dvi-gunitam
nilika-palita-vyanga-vali-tilaka-dusikan |
hanti tan nasyam abhyastam mukhopacaya-varna-krt || 30 ||
mañjistha sabarodbhavas tubarika laksa haridra-dvayam || 31a
||nepali haritala-kunkuma-gada go-rocana gairikam || 31b ||
32.31bv nepali haritala-kunkuma-gadam go-rocana gairikam pattram
pandu vatasya candana-yugam kaliyakam paradam || 31c ||
pattangam kanaka-tvacam kamala-jam bijam tatha kesaram || 31d ||
siktham tuttham padmakadyo vasajyam majja ksiram
ksiri-vrksambu cagnau |
siddham siddham vyanga-nily-adi-nase vaktre chayam aindavim
casu dhatte || 32 ||

markava-sva-rasa-ksira-toyanistani navane |
prasuptau vata-kusthoktam kuryad daham ca vahnina || 33 ||

32.33bv -toya-pistani navane utkothe kapha-pittoktam kothe sarvam
ca kausthikam || 33uab ||

uttarasthana
stri-vyavaya-nivrttasya sahasa bhajato 'tha-va |
dosadhyusita-samkirna-malinanu-rajah-patham || 1 ||

33.1av strim vyavaya-nivrttasya
anya-yonim an-icchantim a-gamyam nava-sutikam |
dusitam sprsatas toyam ratantesv api naiva va || 2 ||

vivardhayisaya tiksnan pralepadin prayacchatah |
musti-danta-nakhotpida-visa-vac-chuka-patanaih || 3 ||

33.3dv -visa-val-luka-patanaih
vega-nigraha-dirghati-khara-sparsa-vighattanaih |
dosa dusta gata guhyam trayo-vimsatim amayan || 4 ||

33.4bv -khara-sparsadi-ghattanaih 33.4bv
-khara-saspadi-ghattanaih
janayanty upadamsadin upadamso 'tra pañca-dha |

prthag dosaih sa-rudhiraih samastais catra marutat || 5 ||

33.5av janayanty avadamsadin 33.5bv avadamso 'tra pañca-dha
medhre sopho rujas citrah stambhas tvak-paripotanam |
pakvodumbara-samkasah pittena svayathur jvarah || 6 ||

33.6av medhra-sopho rujas citrah
slesmana kathinah snigdhah kandu-mañ chitalo guruh |
sonitenasita-sphota-sambhavo 'sra-srutir jvarah || 7 ||

sarva-je sarva-linga-tvam svayathur muskayor api |
tivra rug asu-pacanam daranam krmi-sambhavah || 8 ||

33.8dv daranam krmi-sambhavah
yapyo raktodbhavas tesam mrtyave samnipata-jah |
jayante kupitair dosair guhyasrk-pisitasrayaih || 9 ||

antar bahir va medhrasya kandula mamsa-kilakah |
picchilasra-srava yonau tad-vac ca cchattra-samnibhah || 10 ||

te 'rsamsy upeksaya ghnanti medhra-pums-tvam bhagartavam |
guhyasya bahir antar va pitikah kapha-rakta-jah || 11 ||

33.11bv medhra-pums-tva-bhagartavam 33.11bv medhram pumso
bhagartavam
sarsapa-mana-samsthana ghanah sarsapikah smrtah |
pitika bahavo dirgha diryante madhyatas ca yah || 12 ||

so 'vamanthah kaphasrgbhyam vedana-roma-harsa-van |
kumbhika rakta-pittottha jambavasthi-nibhasu-ja || 13 ||

33.13dv jambavasthi-nibha-subha
alajim meha-vad vidyad uttamam pitta-rakta-jam |
pitikam masa-mudgabham pitika pitikacita || 14 ||

33.14bv uttamam rakta-pitta-jam
karnika puskarasyeva jñeya puskariketi sa |
panibhyam bhrsa-samvyudhe samvyudha-pitika bhavet || 15
||

mrditam mrditam vastra-samrabdham vata-kopatah |
visama kathina bhugna vayunasthilika smrta || 16 ||

33.16av mrditam mrditam yat tu 33.16av mrditam mrditam vastu
33.16bv
samrabdham vata-kopatah
vimardanadi-dustena vayuna carma medhra-jam |
nivartate sa-rug-daham kva-cit pakam ca gacchati || 17 ||

33.17dv kva-cit pakam na gacchati
pinditam granthitam carma tat pralambam adho maneh |
nivrtta-samjñam sa-kapham kandu-kathinya-vat tu tat || 18 ||

33.18av pinditam granthitam tac ca 33.18bv vipralambam adho maneh

33.18bv
pravilambam adho maneh
dur-udham sphutitam carma nirdistam avapatika |
vatena dusitam carma manau saktam runaddhi cet || 19 ||

33.19av duh-saham sphutitam carma 33.19bv manau saktam runaddhi
tat
sroto mutram tato 'bhyeti manda-dharam a-vedanam |
maner vikasa-rodhas ca sa niruddha-manir gadah || 20 ||

lingam sukair ivapurnam grathitakhyam kaphodbhavam |
suka-dusita-raktottha sparsa-hanis tad-ahvaya || 21 ||

chidrair anu-mukhair yat tu mehanam sarvatas citam |
vata-sonita-kopena tam vidyac chata-ponakam || 22 ||

pittasrgbhyam tvacah pakas tvak-pako jvara-daha-van |
mams-pakah sarva-jah sarva-vedano mamsa-satanah || 23 ||

sa-ragair asitaih sphotaih pitikabhis ca piditam |
mehanam vedana cogra tam vidyad asrg-arbudam || 24 ||

mamsarbudam prag uditam vidradhis ca tri-dosa-jah |
krsnani bhutva mamsani visiryante samantatah || 25 ||

pakvani samnipatena tan vidyat tila-kalakan |
mamsottham arbudam pakam vidradhim tila-kalakan || 26 ||

caturo varjayed esam sesañ chighram upacaret |
vimsatir vyapado yoner jayante dusta-bhojanat || 27 ||

visama-sthanga-sayana-bhrsa-maithuna-sevanaih |
dustartavad apadravair bija-dosena daivatah || 28 ||

33.28cv dustartavad upadravair
yonau kruddho 'nilah kuryad ruk-todayama-supta-tah |
pipilika-srptim iva stambham karkasa-tam svanam || 29 ||

33.29cv pipilika-gatim iva
phenilaruna-krsnalpa-tanu-ruksartava-srutim |
sramsam vanksana-parsvadau vyatham gulmam kramena ca || 30
||

33.30cv uru-vanksana-parsvadau 33.30cv bhrsam
vanksana-parsvadau
tams tams ca svan gadan vyapad vatiki nama sa smrta |
saivati-carana sopha-samyuktati-vyavayatah || 31 ||

33.31av tams tams ca sva-gadan vyapad 33.31av tams tan svams
svan gadan
vyapad
maithunad ati-balayah prstha-janghoru-vanksanam |
rujan samdusayed yonim vayuh prak-caraneti sa || 32 ||

vegodavartanad yonim prapidayati marutah |
sa phenilam rajah krcchrad udavrttam vimuñcati || 33 ||

33.33av vegenavartanad yonim 33.33dv udavartam vimuñcati 33.33dv udavartya vimuñcati
iyam vyapad udavrtta jata-ghni tu yadanilah |
jatam jatam sutam hanti rauksyad dustartavodbhavam || 34 ||

33.34av iyam vyapad udavarta
aty-asitaya visamam sthitayah su-rate marut |
annenotpidito yoneh sthitah srotasi vakrayet || 35 ||

sasthi-mamsam mukham tivra-rujam antar-mukhiti sa |
vatalahara-sevinyam jananyam kupito 'nilah || 36 ||

33.36bv -rujam vakra-mukhiti sa
striyo yonim anu-dvaram kuryat suci-mukhiti sa |
vega-rodhad rtau vayur dusto vin-mutra-samgraham || 37 ||

karoti yoneh sosam ca suskakhya sati-vedana |
sad-ahat sapta-ratrad va sukram garbhasayan marut || 38 ||

vamet sa-run ni-rujo va yasyah sa vamini mata |
yonau vatopataptayam stri-garbhe bija-dosatah || 39 ||

33.39av vamet sa-run ni-rujo va hy 33.39bv yasyam sa vamini mata 33.39bv
asyam sa vamini mata
nr-dvesiny a-stani ca syat sandha-samjñan-upakrama |
dusto vistabhya yony-asyam garbha-kostham ca marutah || 40 ||

kurute vivrtam srastam vatikim iva duhkhitam |
utsanna-mamsam tam ahur maha-yonim maha-rujam || 41 ||

yatha-svair dusanair dustam pittam yonim upasritam |
karoti daha-pakosa-puti-gandhi-jvaranvitam || 42 ||

33.42dv -puti-gandha-jvaranvitam 33.42dv -puti-gandham jvaranvitam
bhrsosna-bhuri-kunapa-nila-pitasitartavam |
sa vyapat paittiki rakta-yony-akhyasrg-ati-sruteh || 43 ||

kapho 'bhisyandibhih kruddhah kuryad yonim a-vedanam |
sitalam kandulam pandu-picchilam tad-vidha-srutim || 44 ||

sa vyapac chlaismiki vata-pittabhyam ksiyate rajah |
sa-daha-karsya-vaivarnyam yasyah sa lohita-ksaya || 45 ||

33.45dv yasyam sa lohita-ksaya
pittalaya nr-samvase ksavathudgara-dharanat |
pitta-yuktena maruta yonir bhavati dusita || 46 ||

suna sparsa-saha sartir nila-pitasra-vahini |
vasti-kuksi-guru-tvatisara-rocaka-karini || 47 ||

sroni-vanksana-ruk-toda-jvara-krt sa paripluta |
vata-slesmamaya-vyapta sveta-picchila-vahini || 48 ||

upapluta smrta yonir viplutakhya tv a-dhavanat |
samjata-jantuh kandula kandva cati-rati-priya || 49 ||

a-kala-vahanad vayuh slesma-rakta-vimurchitah |
karnikam janayed yonau rajo-marga-nirodhinim || 50 ||

sa karnini tribhir dosair yoni-garbhasayasritaih |
yatha-svopadrava-karair vyapat sa samnipatiki || 51 ||

iti yoni-gada nari yaih sukram na praticchati |
tato garbham na grhnati rogams capnoti darunan || 52 ||
asrg-dararso-gulmadin abadhams caniladibhih || 52uab ||
33.52ubv abadhas caniladibhih

uttarasthana
medhra-madhye siram vidhyed upadamse navotthite |
sitam kuryat kriyam suddhim virekena visesatah || 1 ||

34.1bv avadamse navotthite
tila-kalka-ghrta-ksaudrair lepah pakve tu patite |
jambv-amra-sumano-nipa-sveta-kambojikankuran || 2 ||

sallaki-badari-bilva-palasa-tinisodbhavah |
tvacah ksiri-drumanam ca tri-phalam ca pacej jale || 3 ||

sa kvathah ksalanam tena pakvam tailam ca ropanam |
tuttha-gairika-lodhraila-manohvala-rasañjanaih || 4 ||

34.4av sa kvathah ksalane tena
harenu-puspa-kasisa-saurastri-lavanottamaih |
lepah ksaudra-drutaih suksmair upadamsa-vranapahah || 5 ||

34.5dv avadamsa-vranapahah
kapale tri-phala dagdha sa-ghrta ropanam param |
samanyam sadhanam idam prati-dosam tu sopha-vat || 6 ||

na ca yati yatha pakam prayateta tatha bhrsam |
pakvaih snayu-sira-mamsaih prayo nasyati hi dhvajah || 7 ||

arsasam chinna-dagdhanam kriya karyopadamsa-vat |
sarsapa likhitah suksmaih kasayair avacurnayet || 8 ||

34.8bv kriya karyavadamsa-vat 34.8cv sarsapam likhitam suksmaih
tair evabhyañjanam tailam sadhayed vrana-ropanam |
kriyeyam avamanthe 'pi raktam sravyam tathobhayoh || 9 ||

kumbhikayam hared raktam pakvayam sodhite vrane |
tinduka-tri-phala-lodhrair lepas tailam ca ropanam || 10 ||

alajyam sruta-raktayam ayam eva kriya-kramah |

uttamakhyam tu pitikam samchidya badisoddhrtam || 11 ||

kalkais curnaih kasayanam ksaudra-yuktair upacaret |
kramah pitta-visarpoktah puskara-vyudhayor hitah || 12 ||

tvak-pake sparsa-hanyam ca secayed mrditam punah |
bala-tailena kosnena madhurais copanahayet || 13 ||

34.13av tvak-pake sparsa-hanyau va
asthilikam hrte rakte slesma-granthi-vad acaret |
nivrttam sarpisabhyajya svedayitvopanahayet || 14 ||

tri-ratram pañca-ratram va su-snigdhaih salvanadibhih |
svedayitva tato bhuyah snigdham carma samanayet || 15 ||

34.15dv snigdham carma samaharet
manim prapidya sanakaih praviste copanahanam |
manau punah punah snigdham bhojanam catra sasyate || 16 ||

ayam eva prayojyah syad avapatyam api kramah |
nadim ubhayato-dvaram niruddhe jatuna srtam || 17 ||

34.17dv niruddhe jatuna srtam 34.17dv niruddhe jatuna krtam
snehaktam srotasi nyasya siñcet snehais calapahaih |
try-ahat try-ahat sthula-taram nyasya nadim vivardhayet || 18 ||

sroto-dvaram a-siddhau tu vidvan sastrena patayet |
sevanim varjayan yuñjyat sadyah-ksata-vidhim tatah || 19 ||

34.19av sroto-dvaram a-siddhau va
granthitam sveditam nadya snigdhosnair upanahayet |
limpet kasayaih sa-ksaudrair likhitva sata-ponakam || 20 ||

rakta-vidradhi-vat karya cikitsa sonitarbude |
vranopacaram sarvesu yathavastham prayojayet || 21 ||

yoni-vyapatsu bhuyistham sasyate karma vata-jit |
snehana-sveda-vasty-adi vata-jasu visesatah || 22 ||

na hi vatad rte yonir vanitanam pradusyati |
ato jitva tam anyasya kuryad dosasya bhesajam || 23 ||

34.23cv ato '-jitva tam anyac ca 34.23cv ato '-jitva tam anyasya 34.23dv na
kuryad dosa-bhesajam
payayeta bala-tailam misrakam su-kumarakam |
snigdha-svinnam tatha yonim duh-sthitam sthapayet samam || 24 ||

34.24av payayec ca bala-tailam 34.24av payayet tam bala-tailam
34.24av
payayed va bala-tailam
panina namayej jihmam samvrtam vyadhayet punah |
pravesayen nihsrtam ca vivrtam parivartayet || 25 ||

34.25av panina namayej jihmam 34.25av paninonnamayej jihmam

34.25bv
samvrtam vyasayet punah
sthanapavrtta yonir hi salya-bhuta striyo mata |
karmabhir vamanadyais ca mrdubhir yojayet striyam || 26 ||

34.26av sthanapavarta yonir hi
sarvatah su-visuddhayah sesam karma vidhiyate |
vasty-abhyanga-pariseka-pralepa-picu-dharanam || 27 ||

34.27av sarvatas tu visuddhayah
kasmarya-tri-phala-draksa-kasamarda-nisa-dvayaih |
guduci-sairyakabhiru-sukanasa-punarnavaih || 28 ||

34.28cv guduci-gairikabhiru-
parusakais ca vipacet prastham aksa-samair ghrtat |
yoni-vata-vikara-ghnam tat pitam garbha-dam param || 29 ||

34.29av parusakais ca vipaced 34.29bv prastham aksa-samair ghrtam
34.29bv
aksaih prastha-samam ghrtam
vacopakuñcikajaji-krsna-vrsaka-saindhavam |
ajamoda-yava-ksara-sarkara-citrakanvitam || 30 ||

pistva prasannayalodya khadet tad ghrta-bharjitam |
yoni-parsvarti-hrd-roga-gulmarso-vinivrttaye || 31 ||

34.31dv -gulmarso-'rti-nivrttaye
vrsakam matulungasya mulani madayantikam |
piben madyaih sa-lavanais tatha krsnopakuñcike || 32 ||

34.32av vrsasya matulungasya 34.32dv tatha krsnopakuñcika
rasna-svadamstra-vrsakaih srtam sula-haram payah |
guduci-tri-phala-danti-kvathais ca parisecanam || 33 ||

nata-vartakini-kustha-saindhavamaradarubhih |
tailat prasadhitad dharyah picur yonau rujapahah || 34 ||

pittalanam tu yoninam sekabhyanga-picu-kriyah |
sitah pitta-jitah karyah snehanartham ghrtani ca || 35 ||

34.35av pittalanam ca yoninam
satavari-mula-tula-catuskat ksunna-piditat |
rasena ksira-tulyena pacayeta ghrtadhakam || 36 ||

jivaniyaih satavarya mrdvikabhih parusakaih |
pistaih priyalais caksamsair dvi-bala-madhukanvitaih || 37
||

34.37dv madhukarddhi-balanvitaih
siddha-site tu madhunah pippalyas ca palastakam |
sarkaraya dasa-palam ksipel lihyat picum tatah || 38 ||

yony-asrk-sukra-dosa-ghnam vrsyam pum-savanam param |

ksatam ksayam asrk-pittam kasam svasam halimakam || 39 ||

34.39cv ksata-ksayam asrk-pittam
kamalam vata-rudhiram visarpam hrc-chiro-graham |
apasmararditayama-madonmadams ca nasayet || 40 ||

34.40cv apasmararditayaman 34.40dv madonmadams ca nasayet
evam eva payah-sarpir jivaniyopasadhitam |
garbha-dam pitta-janam ca roganam paramam hitam || 41 ||

bala-drona-dvaya-kvathe ghrta-tailadhakam pacet |
ksire catur-gune krsna-kakanasa-sitanvitaih || 42 ||

jivanti-ksira-kakoli-sthira-virarddhi-jivakaih |
payasya-sravani-mudga-pilu-masakhya-parnibhih || 43 ||

34.43bv -sthira-virarddhi-jirakaih 34.43bv -sthira-vira-dvi-jivakaih
34.43dv
-pilu-masakhukarnibhih
vata-pittamayan hatva panad garbham dadhati tat |
rakta-yonyam asrg-varnair anubandham aveksya ca || 44 ||

34.44bv panad garbham dadati tat
yatha-dosodayam yuñjyad rakta-sthapanam ausadham |
patham jambv-amrayor asthi silodbhedam rasañjanam || 45 ||

mañjisthaguru-katphala-musta-priyangu-misi-kusthaih |
katvanga-kutaja-sabara-kakubha-tvan-madhuka-padmaka-madhukaih ||
45.1+1 ||

34.45.1+1av mañjistha-madhu-katphala-
kunkuma-bilvativisa-maksika-rasañjanaih sa-kiñjalkaih |
pistair ghrtam vipakvam dvi-gunaja-ksira-samyuktam || 45.1+2
||

strinam apatya-jananam yoni-ruja-dosa-jit sada yuñjyat |
uttara-vastisu sarpir yojyam kalyanakam nama || 45.1+3 ||

ambastham salmali-piccham samangam vatsaka-tvacam |
bahlika-bilvativisa-lodhra-toyada-gairikam || 46 ||

34.46bv samangam vatsaka-tvacam
sunthi-madhuka-macika-rakta-candana-katphalam |
katvanga-vatsakananta-dhataki-madhukarjunam || 47 ||

34.47av sunthi-madhuka-macika- 34.47av sunthi-madhuka-madhvika-
34.47av sunthi-madhuka-mardvika- 34.47av
sunthi-madhuka-mardvika- 34.47av sunthi-madhuka-mrdvika-
34.47dv -dhataki-madhukañjanam
pusye grhitva samcurnya sa-ksaudram tandulambhasa |
pibed arsahsv atisare raktam yas copavesyate || 48 ||

34.48bv sa-ksaudram tandulambuna

dosa jantu-krta ye ca balanam tams ca nasayet |
yoni-dosam rajo-dosam syava-svetarunasitam || 49 ||

34.49av dosa danta-krta ye ca
curnam pusyanugam nama hitam atreya-pujitam |
yonyam balasa-dustayam sarvam ruksosnam ausadham || 50
||

dhataky-amalaki-pattra-sroto-ja-madhukotpalaih |
jambv-amra-sara-kasisa-lodhra-katphala-tindukaih || 51 ||

saurastrika-dadima-tvag-udumbara-salatubhih |
aksa-matrair aja-mutre ksire ca dvi-gune pacet || 52 ||

taila-prastham tad abhyanga-picu-vastisu yojayet |
tena sunonnata stabdha picchila sravini tatha || 53 ||

34.53cv sunottanonnata stabdha
viplutopapluta yonih sidhyet sa-sphota-sulini |
yavannam abhayaristam sidhu tailam ca silayet || 54 ||

34.54bv sidhyeta sphota-sulini
pippaly-ayo-rajah-pathya-prayogams ca sa-maksikan |
kasisam tri-phala kanksi samra-jambv-asthi dhataki || 55 ||

34.55cv kasisam tri-phala kacchi
paicchilye ksaudra-samyuktas curno vaisadya-karakah |
palasa-dhataki-jambu-samanga-moca-sarja-jah || 56 ||

dur-gandhe picchile klede stambhanas curna isyate |
aragvadhadi-vargasya kasayah parisecanam || 57 ||

34.57dv kasayah parisecane
stabdhanam karkasanam ca karyam mardava-karakam |
dharanam vesavarasya krsara-payasasya ca || 58 ||

dur-gandhanam kasayah syat tailam va kalka eva va |
curno va sarva-gandhanam puti-gandhapakarsanah || 59 ||

34.59dv puti-gandhy-apakarsanah
slesmalanam katu-prayah sa-mutra vastayo hitah |
pitte sa-madhuka-ksira vate tailamla-samyutah || 60 ||

samnipata-samutthayah karma sadharanam hitam |
evam yonisu suddhasu garbham vindanti yositah || 61 ||

34.61av samnipata-samutthayam 34.61dv garbho bhavati yositam
candano natayosira-tikta-padmebha-kesaraih |
kutaja-tvak-phalam mustam jambv-amrasthi rasañjanam || 61.1+1 ||

34.61.1+1bv -tikta-padmebha-kesaram
padmakotpala-bilvabda-katphalaih sadhita nisa |
dhataky-ativisa-mamsi-patha-moca-rasodakam || 61.1+2 ||

madhukam madhukananta-sariva-dadima-[tva]cam |
mrl-lodhrarjuna-saileya-samanga nagarah samah || 61.1+3 ||

curnam sresthambuna pitam hanti lohita-mehinam |
murcha-trsna-jvarartaya raktatisara-mehinam || 61.1+4 ||
strinam asrg-daram yati garbha-samsthapanam param || 61.1+5ab ||
a-duste prakrte bije jivopakramane sati |
pañca-karma-visuddhasya purusasyapi cendriyam || 62 ||

pariksya varnair dosanam dustam tad-ghnair upacaret |
mañjistha-kustha-tagara-tri-phala-sarkara-vacah || 63 ||

rasam sirisa-pattranam kalkam ca sad-ahah pibet |
ksiropanasina yosid rtu-snata sutarthini || 63.1+1 ||

dve nise madhukam medam dipyakam katu-rohinim |
payasya-hingu-kakoli-vajigandha-satavarih || 64 ||

34.64av dve nise madhukam meda 34.64bv dipyakah katu-rohini 34.64cv payasya hingu kakoli
34.64dv vajigandha satavari
pistvaksamsa ghrta-prastham pacet ksira-catur-gunam |
yoni-sukra-pradosesu tat sarvesu prasasyate || 65 ||

34.65av pistvaksamsair ghrta-prastham 34.65bv pacet ksiram catur-gunam 34.65bv pacet ksire catur-gune
34.65dv tat sarvesu ca sasyate
ayusyam paustikam medhyam dhanyam pum-savanam param |
phala-sarpir iti khyatam puspe pitam phalaya yat || 66 ||

mriyamana-prajanam ca garbhininam ca pujitam |
etat param ca balanam graha-ghnam deha-vardhanam || 67 ||

uttarasthana
mathyamane jala-nidhav amrtartham surasuraih |
jatah prag amrtotpatteh puruso ghora-darsanah || 1 ||

dipta-tejas catur-damstro hari-keso 'naleksanah |
jagad visannam tam drstva tenasau visa-samjñitah || 2 ||

35.2bv harit-keso 'naleksanah 35.2dv tenasau visa-samjñakah
hun-krto brahmana murti tatah sthavara-jangame |
so 'dhyatisthan nijam rupam ujjhitva vañcanatmakam || 3 ||

35.3av hun-krto brahmana murtas 35.3av hun-krto brahmana murtis 35.3bv tatah sthavara-jangamam 35.3bv tatah sthavara-jangamam 35.3bv tatah sthavara-jangamat 35.3bv tatah sthavara-jangamah
35.3dv ujjhitva vañcanatmakah
sthiram ity ulbanam virye yat kandesu pratisthitam |
kalakutendravatsakhya-srngi-halahaladikam || 4 ||

sarpa-lutadi-damstrasu darunam jangamam visam |
sthavaram jangamam ceti visam proktam a-krtrimam || 5 ||

krtrimam gara-samjñam tu kriyate vividhausadhaih |
hanti yoga-vasenasu cirac cira-tarac ca tat || 6 ||

sopha-pandudaronmada-dur-namadin karoti va |
tiksnosna-ruksa-visadam vyavayy asu-karam laghu || 7 ||

35.7bv -dur-namadin karoti ca
vikasi suksmam a-vyakta-rasam visama-paki ca |
ojaso viparitam tat tiksnadyair anvitam gunaih || 8 ||

35.8av vikasi suksmam a-vyakta- 35.8av vikasi suksmam a-vyakta- 35.8bv
-rasair yuktam a-paki ca
35.8cv ojaso viparitam tu
vata-pittottaram nrnam sadyo harati jivitam |
visam hi deham samprapya prag dusayati sonitam || 9 ||

kapha-pittanilams canu samam dosan sahasayan |
tato hrdayam asthaya dehocchedaya kalpate || 10 ||

35.10bv sama-dosam sahasayan 35.10bv samam dosan sahaya-vat
35.10bv sama-dosam sahaya-vat
35.10bv sama-dosam sahasrayam 35.10dv deha-cchedaya kalpate
sthavarasyopayuktasya vege purve prajayate |
jihvayah syava-ta stambho murcha trasah klamo vamih || 11 ||

35.11bv vegah purvam prajayate 35.11bv vege purve ca jayate
dvitiye vepathuh svedo dahah kanthe ca vedana |
visam camasayam praptam kurute hrdi vedanam || 12 ||

talu-sosas trtiye tu sulam camasaye bhrsam |
dur-bale harite sune jayete casya locane || 13 ||

35.13cv dur-varne harite sune 35.13cv dur-varne harite sunye
pakvasaya-gate toda-hidhma-kasantra-kujanam |
caturthe jayate vege sirasas cati-gauravam || 14 ||

35.14av pakvasaya-gate todo 35.14bv hidhma kasantra-kujanam
kapha-praseko vaivarnyam parva-bhedas ca pañcame |
sarva-dosa-prakopas ca pakvadhane ca vedana || 15 ||

sasthe samjña-pranasas ca su-bhrsam catisaryate |
skandha-prstha-kati-bhango bhaven mrtyus ca saptame || 16 ||

prathame visa-vege tu vantam sitambu-secinam |
sarpir-madhubhyam samyuktam a-gadam payayed drutam || 17 ||

35.17av prathame visa-vege 'tha
dvitiye purva-vad vantam viriktam canupayayet |
trtiye '-gada-panam tu hitam nasyam tathañjanam || 18 ||

caturthe sneha-samyuktam a-gadam pratiyojayet |

pañcame madhuka-kvatha-maksikabhyam yutam hitam || 19 ||

sasthe 'tisara-vad siddhir avapidas tu saptame |
murdhni kaka-padam krtva sasrg va pisitam ksipet || 20 ||

35.20bv avapidas ca saptame
kosataky agnikah patha suryavally-amrtabhayah |
seluh sirisah kinihi haridre ksaudra-sahvaya || 21 ||

35.21bv suryavally amrtabhaya 35.21dv haridre ksaudra-sahvayam
punarnave tri-katukam brhatyau sarive bala |
esam yavagum niryuhe sitam sa-ghrta-maksikam || 22 ||

35.22av punarnava tri-katukam 35.22bv brhatyau sarive bale
yuñjyad vegantare sarva-visa-ghnim krta-karmanah |
tad-van madhuka-madhuka-padma-kesara-candanaih || 23 ||

añjanam tagaram kustham haritalam manahsila |
phalini tri-katu sprkka nagapuspam sa-kesaram || 24 ||

harenur madhukam mamsi rocana kakamalika |
srivestakam sarja-rasah satahva kunkumam bala || 25 ||

35.25bv rocana kalamalika 35.25bv rocana kalamañjika
tamala-pattra-talisa-bhurjosira-nisa-dvayam |
kanyopavasini snata sukla-vasa madhu-drutaih || 26 ||

35.26av tamala-pattram talisam 35.26bv bhurjosiram nisa-dvayam
35.26dv
sukla-vasa madhu-plutaih
dvi-jan abhyarcya taih pusye kalpayed a-gadottamam |
vaidyas catra tada mantram prayatatma pathed imam || 27 ||

35.27av dvi-jan abhyarcya pusyarkse 35.27cv vaidyas casu tada
mantram
namah purusa-simhaya namo narayanaya ca |
yathasau nabhijanati rane krsna-parajayam || 28 ||

35.28dv rane krsnah parajayam
etena satya-vakyena a-gado me prasidhyatu |
namo vaiduryamate hulu hulu raksa mam sarva-visebhyah || 29 ||

35.29dv hulu kulu raksa mam sarva-visebhyah gauri gandhari
candali matangi svaha piste ca dvitiyo mantrah || 30ab ||

35.30av gauri gandhari candali matangi svaha harimayi svaha ||
30c ||

35.30cv haritamayi svaha
a-sesa-visa-vetala-graha-karmana-papmasu |
maraka-vyadhi-dur-bhiksa-yuddhasani-bhayesu ca || 31 ||

pana-nasyañjanalepa-mani-bandhadi-yojitah |
esa candrodayo nama santi-svasty-ayanam param || 32 ||

35.32dv santih svasty-ayanam param vasavo vrtram avadhit
samaliptah kilamuna || 32+(1)ab ||

35.32+(1)bv samalipto 'muna kila
jirnam visa-ghnausadhibhir hatam va
davagni-vatatapa-sositam va |
sva-bhavato va na gunaih su-yuktam dusi-visakhyam visam
abhyupaiti || 33 ||

35.33cv sva-bhavato va su-gunair na yuktam 35.33cv sva-bhavato va
sva-gunair na yuktam
35.33dv dusi-visakhyam visam abhyupaiti
viryalpa-bhavad a-vibhavyam etat kaphavrtam varsa-gananubandhi |
tenardito bhinna-purisa-varno dustasra-rogi trd-a-rocakartah
|| 34 ||

murchan vaman gadgada-vag vimuhyan bhavec ca
dusyodara-linga-justah |
amasaya-sthe kapha-vata-rogi pakvasaya-sthe 'nila-pitta-rogi || 35 ||

bhaven naro dhvasta-siro-ruhango viluna-paksah sa yatha vihangah
|
sthitam rasadisv atha-va vicitran karoti dhatu-prabhavan vikaran ||
36 ||

prag-vata-jirna-sitabhra-diva-svapna-hitasanaih |
dustam dusayate dhatun ato dusi-visam smrtam || 37 ||

35.37cv dustam dusayate dhatum 35.37dv tato dusi-visam
smrtam
dusi-visartam su-svinnam urdhvam cadhas ca sodhitam |
dusi-visarim a-gadam lehayen madhunaplutam || 38 ||

pippalyo dhyamakam mamsi lodhram ela suvarcika |
kutannatam natam kustham yasti candana-gairikam || 39 ||

dusi-visarir namnayam na canya-trapi varyate |
visa-digdhena viddhas tu pratamyati muhur muhuh || 40 ||

vi-varna-bhavam bhajate visadam casu gacchati |
kitair ivavrtam casya gatram cimicimayate || 41 ||

sroni-prstha-sirah-skandha-samdhayah syuh sa-vedanah |
krsna-dustasra-visravi trn-murcha-jvara-daha-van || 42 ||

drsti-kalusya-vamathu-svasa-kasa-karah ksanat |
a-rakta-pita-pary-antah syava-madhyo 'ti-rug vranah || 43 ||

suyate pacyate sadyo gatva mamsam ca krsna-tam |
praklinnam siryate 'bhiksnam sa-picchila-parisravam || 44 ||

kuryad a-marma-viddhasya hrdayavaranam drutam |
salyam akrsya taptena lohenanu dahed vranam || 45 ||

atha-va muskaka-sveta-soma-tvak-tamravallitah |
sirisad grdhranakhyas ca ksarena pratisarayet || 46 ||

sukanasa-prativisa-vyaghri-mulais ca lepayet |
kita-dasta-cikitsam ca kuryat tasya yatharhatah || 47 ||

vrane tu puti-pisite kriya pitta-visarpa-vat |
saubhagyartham striyo bhartre rajñe va-rati-coditah || 48 ||

35.48dv rajñe ca-rati-coditah
garam ahara-samprktam yacchanty asanna-vartinah |
nana-prany-anga-samala-viruddhausadhi-bhasmanam || 49 ||

35.49cv nana-prany-anga-sa-mala-
visanam calpa-viryanam yogo gara iti smrtah |
tena panduh krso 'lpagnih kasa-svasa-jvararditah || 50 ||

35.50av visanam manda-viryanam
vayuna pratilomena svapna-cinta-parayanah |
mahodara-yakrt-plihi dina-vag dur-balo 'lasah || 51 ||

35.51cv mehodara-yakrt-plihi 35.51dv hina-vag dur-balo 'lasah
sopha-van satatadhmatah suska-pada-karah ksayi |
svapne gomayu-marjara-nakula-vyala-vanaran || 52 ||

prayah pasyati suskams ca vanaspati-jalasayan |
manyate krsnam atmanam gauro gauram ca kalakah || 53 ||

vi-karna-nasa-nayanam pasyet tad-vihatendriyah |
etair anyais ca bahubhih klisto ghorair upadravaih || 54 ||

35.54bv pasyet tu vihatendriyah
gararto nasam apnoti kas-cit sadyo '-cikitsitah |
gararto vanta-van bhuktva tat pathyam pana-bhojanam || 55 ||

suddha-hrc chilayed dhema sutra-sthana-vidheh smaran |
sarkara-ksaudra-samyuktam curnam tapya-suvarnayoh || 56 ||

35.56bv sutra-sthana-vidhim smaran
lehah prasamayanty ugram sarva-yoga-krtam visam |
murvamrta-nata-kana-patoli-cavya-citrakan || 57 ||

vaca-musta-vidangani takra-kosnambu-mastubhih |
pibed rasena vamlena garopahata-pavakah || 58 ||

35.58cv pibed rasena camlena
paravatamisa-sathi-puskarahva-srtam himam |
gara-trsna-ruja-kasa-svasa-hidhma-jvarapaham || 59 ||

35.59bv -puskarahvam srtam himam
try-usanam pañca-lavanam mañjistham rajani-dvayam |
suksmailam trivrtam pattram vidanganindravarunim || 59+1
||

madhukam ceti sa-ksaudram go-visane nidhapayet |
tasmad usnambuna matram prag-bhaktam yojayet tatha || 59+2 ||

visam bhuktam jaram yati nir-vise 'pi na dosa-krt |
laksa-priyangu-mañjisthah sa-mrnala-harenukah || 59+3
||

sa-yasty-ahva madhu-yuta basta-pittena kalpitah |
nikhaned go-visana-sthah sapta-ratram mahi-tale || 59+4 ||

tatra krtva manim hemna baddham hastena dharayet |
samsprstam sa-visam tena sadyo bhavati nir-visam || 59+5 ||

visa-prakrti-kalanna-dosa-dusyadi-samgame |
visa-samkatam uddistam satasyaiko 'tra jivati || 60 ||

ksut-trsna-gharma-daurbalya-krodha-soka-bhaya-sramaih |
a-jirna-varco-drava-ta-pitta-maruta-vrddhibhih || 61 ||

tila-puspa-phalaghrana-bhu-baspa-ghana-garjitaih |
hasti-musika-vaditra-nihsvanair visa-samkataih || 62 ||

35.62bv -bhu-baspa-ghana-garjanaih
puro-vatotpalamoda-madanair vardhate visam |
varsasu cambu-yoni-tvat samkledam guda-vad gatam || 63 ||

35.63cv varsasu vambu-yoni-tvat
visarpati ghanapaye tad agastyo hinasti ca |
prayati manda-virya-tvam visam tasmad ghanatyaye || 64 ||

iti prakrti-satmyartu-sthana-vega-bala-balam |
alocya nipunam buddhya karman-antaram acaret || 65 ||

slaismikam vamanair usna-ruksa-tiksnaih pralepanaih |
kasaya-katu-tiktais ca bhojanaih samayed visam || 66 ||

paittikam sramsanaih seka-pradehair bhrsa-sitalaih |
kasaya-tikta-madhurair ghrta-yuktais ca bhojanaih || 67 ||

vatatmakam jayet svadu-snigdhamla-lavananvitaih |
sa-ghrtair bhojanair lepais tathaiva pisitasanaih || 68 ||

35.68bv -snigdhamla-lavanayutaih
na-ghrtam sramsanam sastam pralepo bhojyam ausadham |
sarvesu sarvavasthasu visesu na ghrtopamam || 69 ||

vidyate bhesajam kiñ-cid visesat prabale 'nile |
a-yatnac chlesma-gam sadhyam yatnat pittasayasrayam || 70 ||

35.70av a-yatnac chlaismikam sadhyam 35.70cv a-yatnac chlesmakam
sadhyam
35.70dv yatnat pittasayasritam
su-duh-sadhyam a-sadhyam va vatasaya-gatam visam || 70uab ||

jatu-sarja-rasosira-sarsapa-pattra-valakaih |

sa-vaillaruskara-puraih kusumair arjunasya ca || 70u+1 ||

35.70u+1cv sa-vailla-puskara-puraih
dhupo vasa-grhe hanti visam sthavara-jangamam |
na tatra kitah sa-visa nondura na sarisrpah || 70u+2 ||
na krtyah karmanadyas ca dhupo 'yam yatra dahyate || 70u+3ab
||
uttarasthana
darvi-kara mandalino raji-mantas ca pannagah |
tri-dha samasato bhauma bhidyante te tv aneka-dha || 1 ||

vyasato yoni-bhedena nocyante 'n-upayoginah |
visesad ruksa-katukam amlosnam svadu-sitalam || 2 ||

36.2bv nocyante 'n-upayogatah
visam darvi-karadinam kramad vatadi-kopanam |
tarunya-madhya-vrddha-tve vrsti-sitatapesu ca || 3 ||

visolbana bhavanty ete vyantara rtu-samdhisu |
rathanga-langala-cchattra-svastikankusa-dharinah || 4 ||

phaninah sighra-gatayah sarpa darvi-karah smrtah |
jñeya mandalino '-bhoga mandalair vividhais citah || 5 ||

36.5bv sarpa darvi-kara matah
pramsavo manda-gamana raji-mantas tu rajibhih |
snigdha vicitra-varnabhis tiryag urdhvam ca citritah || 6 ||

36.6bv raji-mantas ca rajibhih 36.6cv snigdhabhir bahu-varnabhis
godha-sutas tu gaudhero vise darvi-karaih samah |
catus-pad vyantaran vidyad etesam eva samkarat || 7 ||

36.7av godha-sutas tu gaudheyo
vyamisra-laksanas te hi samnipata-prakopanah |
aharartham bhayat pada-sparsad ati-visat krudhah || 8 ||

papa-vrtti-taya vairad devarsi-yama-codanat |
dasanti sarpas tesuktam visadhikyam yathottaram || 9 ||

36.9av papa-vrtta-taya vairad 36.9bv devarsi-yama-nodanat
adistat karanam jñatva pratikuryad yatha-yatham |
vyantarah papa-sila-tvan margam asritya tisthati || 10 ||

36.10av avistat karanam jñatva 36.10dv margam avrtya
tisthati
yatra lala-parikleda-matram gatre pradrsyate |
na tu damstra-krtam damsam tat tundahatam adiset || 11
||

36.11bv -matram gatresu drsyate 36.11cv na tu
damstra-ksatam damsam 36.11cv na tu damstra-ksatam
damse
36.11dv tam tundahatam adiset

ekam damstra-padam dve va vyalidhakhyam a-sonitam |
damstra-pade sa-rakte dve vyaluptam trini tani tu || 12 ||

36.12dv vyaluptam trini tani ca
mamsa-cchedad a-vicchinna-rakta-vahini dastakam |
damstra-padani catvari tad-vad dasta-nipiditam || 13 ||

nir-visam dvayam atradyam a-sadhyam pascimam vadet |
visam naheyam a-prapya raktam dusayate vapuh || 14 ||

raktam anv api tu praptam vardhate tailam ambu-vat |
bhiros tu sarpa-samsparsad bhayena kupito 'nilah || 15 ||

36.15av raktam anv api tat praptam 36.15bv vardhate taila-bindu-vat
kada-cit kurute sopham sarpangabhihatam tu tat |
dur-gandha-kare viddhasya kena-cid dasta-sankaya || 16 ||

36.16cv dur-ge 'ndhakare viddhasya
visodvego jvaras chardir murcha daho 'pi va bhavet |
glanir moho 'tisaro va tac chanka-visam ucyate || 17 ||

36.17av visa-vegaj jvaras chardir 36.17av visodreko jvaras chardir
36.17av
visodvegaj jvaras chardir
tudyate sa-viso damsah kandu-sopha-rujanvitah |
dahyate grathitah kiñ-cid viparitas tu nir-visah || 18 ||

36.18av tudyate visa-jo damsah
purve darvi-krtam vege dustam syavi-bhavaty asrk |
syava-ta tena vaktradau sarpantiva ca kitakah || 19 ||

36.19bv dustam syavam bhavaty asrk 36.19cv syava-ta
netra-vaktradau
dvitiye granthayo vege trtiye murdhni gauravam |
drg-rodho damsa-vikledas caturthe sthivanam vamih || 20 ||

36.20bv trtiye murdha-gauravam 36.20cv drg-badha damsa-vikledas
36.20dv
caturthe sthevanam vamih
samdhi-vislesanam tandra pañcame parva-bhedanam |
daho hidhma ca sasthe tu hrt-pida gatra-gauravam || 21 ||

36.21cv daho hidhma ca sasthe ca
murcha-vipako 'tisarah prapya sukram tu saptame |
skandha-prstha-kati-bhangah sarva-cesta-nivartanam || 22 ||

36.22bv prapya sukram ca saptame
atha mandali-dastasya dustam piti-bhavaty asrk |
tena pitanga-ta daho dvitiye svayathudbhavah || 23 ||

36.23bv dustam pitam bhavaty asrk
trtiye damsa-vikledah svedas trsna ca jayate |
caturthe jvaryate dahah pañcame sarva-gatra-gah || 24 ||

36.24bv svedas trsna prajayate
dastasya rajilair dustam pandu-tam yati sonitam |
pandu-ta tena gatranam dvitiye guru-tati ca || 25 ||

trtiye damsa-vikledo nasikaksi-mukha-sravah |
caturthe garima murdhno manya-stambhas ca pañcame || 26 ||

gatra-bhango jvarah sitah sesayoh purva-vad vadet |
kuryat pañcasu vegesu cikitsam na tatah param || 27 ||

36.27bv sesayoh purva-vad bhavet
jalapluta rati-ksina bhita nakula-nirjitah |
sita-vatatapa-vyadhi-ksut-trsna-srama-piditah || 28 ||

turnam desantarayata vimukta-visa-kañcukah |
kusausadhi-kantaka-vad ye caranti ca kananam || 29 ||

desam ca divyadhyusitam sarpas te 'lpa-visa matah |
smasana-citi-caityadau pañcami-paksa-samdhisu || 30 ||

36.30av desam ca vidyadhyusitam
astami-navami-samdhya-madhya-ratri-dinesu ca |
yamyagneya-maghaslesa-visakha-purva-nairrte || 31 ||

nairrtakhye muhurte ca dastam marmasu ca tyajet |
dasta-matrah sitasyaksah siryamana-siro-ruhah || 32 ||

36.32cv dasta-matras tu tamraksah
stabdha-jihvo muhur murchan sitocchvaso na jivati |
hidhma svaso vamih kaso dasta-matrasya dehinah || 33 ||

36.33bv sitocchvasi na jivati
jayante yuga-pad yasya sa hrc-chuli na jivati |
phenam vamati nih-samjñah syava-pada-karananah || 34 ||

nasavasado bhango 'nge vid-bhedah slatha-samdhi-ta |
visa-pitasya dastasya digdhenabhihatasya ca || 35 ||

36.35av nasavasado ruk vange
bhavanty etani rupani samprapte jivita-ksaye |
na nasyais cetana tiksnair na ksatat ksata-jagamah || 36 ||

36.36bv prapte jivita-samksaye
dandahatasya no raji prayatasya yamantikam |
ato 'nya-tha tu tvaraya pradiptagara-vad bhisak || 37 ||

36.37bv prayati sa yamantikam
raksan kantha-gatan pranan visam asu samam nayet |
matra-satam visam sthitva damse dastasya dehinah || 38 ||

deham prakramate dhatun rudhiradin pradusayan |
etasminn antare karma damsasyotkartanadikam || 39 ||

36.39bv rudhiradin pradusayet

kuryac chighram yatha dehe visa-valli na rohati |
dasta-matro dased asu tam eva pavanasinam || 40 ||

36.40dv tam eva pavanasanam
lostam mahim va dasanais chittva canu sa-sambhramam |
nisthivena samalimped damsam karna-malena va || 41 ||

36.41bv chittva casu sa-sambhramam
damsasyopari badhniyad aristam catur-angule |
ksaumadibhir venikaya siddhair mantrais ca mantra-vit || 42 ||

ambu-vat setu-bandhena bandhena stabhyate visam |
na vahanti siras casya visam bandhabhipiditah || 43 ||

36.43cv na vahanti siras tasya 36.43dv visam bandhana-piditah
nispidyanuddhared damsam marma-samdhy-a-gatam tatha |
na jayate visad vego bija-nasad ivankurah || 44 ||

36.44av nispidya coddhared damsam 36.44cv na jayate visavego
damsam mandalinam muktva pittala-tvad athaparam |
prataptair hema-lohadyair dahed asulmukena va || 45 ||

karoti bhasma-sat sadyo vahnih kim nama tu ksatam |
acuset purna-vaktro va mrd-bhasma-gada-go-mayaih || 46 ||

36.46bv vahnih kim nama na ksanat 36.46bv vahnih kim nama na
ksanam
pracchayantar aristayam mamsalam tu visesatah |
angam sahaiva damsena lepayed a-gadair muhuh || 47 ||

candanosira-yuktena salilena ca secayet |
vise pravisrte vidhyet siram sa parama kriya || 48 ||

rakte nirhriyamane hi krtsnam nirhriyate visam |
dur-gandham sa-visam raktam agnau catacatayate || 49 ||

36.49cv dur-gandhi sa-visam raktam
yatha-dosam visuddham ca purva-val laksayed asrk |
sirasv a-drsyamanasu yojyah srnga-jalaukasah || 50 ||

sonitam sruta-sesam ca pravilinam visosmana |
lepa-sekaih su-bahu-sah stambhayed bhrsa-sitalaih || 51 ||

a-skanne visa-vegad dhi murchaya-mada-hrd-dravah |
bhavanti tan jayec chitair vijec ca-roma-harsatah || 52 ||

36.52dv vijayed roma-harsatah
skanne tu rudhire sadyo visa-vegah prasamyati |
visam karsati tiksna-tvad dhrdayam tasya guptaye || 53 ||

pibed ghrtam ghrta-ksaudram a-gadam va ghrtaplutam |
hrdayavarane casya slesma hrdy upaciyate || 54 ||

36.54cv hrdayavaranenasya

pravrtta-gauravotklesa-hrl-lasam vamayet tatah |
dravaih kañjika-kaulattha-taila-madyadi-varjitaih || 55 ||

vamanair visa-hrdbhis ca naivam vyapnoti tad vapuh |
bhujanga-dosa-prakrti-sthana-vega-visesatah || 56 ||

su-suksmam samyag alocya visistam cacaret kriyam |
sindhuvarita-mulani sveta ca girikarnika || 57 ||

36.57bv visistam vacaret kriyam
panam darvi-karair daste nasyam madhu sa-pakalam |
krsna-sarpena dastasya limped damsam hrte 'srji || 58 ||

36.58bv nasyam sa-madhu pakalam 36.58bv nasyam sa-madhu valakam
36.58bv nasyam madhu sa-valakam
carati-nakulibhyam va tiksna-mula-visena va |
panam ca ksaudra-mañjistha-grha-dhuma-yutam ghrtam || 59 ||

36.59cv pane ca ksaudra-mañjistha-
tanduliyaka-kasmarya-kinihi-girikarnikah |
matulungi sita seluh pana-nasyañjanair hitah || 60 ||

36.60cv matulungaih sipha seluh
a-gadah phaninam ghore vise raji-matam api |
samah sugandha-mrdvika-svetakhya-gajadantikah || 61 ||

36.61cv samah sugandha mrdvika 36.61dv svetakhya gajamrttika
36.61dv
svetakhya gajavrttika
ardhamsam saurasam pattram kapittham bilva-dadimam |
sa-ksaudro mandali-vise visesad a-gado hitah || 62 ||

pañca-valka-vara-yasti-nagapuspailavalukam |
jivakarsabhakau sitam sita padmakam utpalam || 63 ||

36.63av pañca-valka-bala-yasti- 36.63av pañca-valka-vaca-yasti-
36.63cv
jivakarsabhakosiram
sa-ksaudro himavan nama hanti mandalinam visam |
lepac chvayathu-visarpa-visphota-jvara-daha-ha || 64 ||

kasmaryam vata-sungani jivakarsabhakau sita |
mañjistha madhukam ceti dasto mandalina pibet || 65 ||

36.65av kasmaryam vata-srngani
vamsa-tvag-bija-katuka-patali-bija-nagaram |
sirisa-bijativise mulam gavedhukam vaca || 66 ||

36.66bv -patala-bija-nagaram 36.66dv mulam gavedhukam vacam
36.66dv
mulam srivestakam vacam
pisto go-varinastango hanti gonasa-jam visam |
katukativisa-kustha-grha-dhuma-harenukah || 67 ||

sa-ksaudra-vyosa-tagara ghnanti raji-matam visam |
nikhanet kanda-citraya damsam yama-dvayam bhuvi || 68 ||

uddhrtya pracchitam sarpir-dhanya-mrdbhyam pralepayet |
pibet puranam ca ghrtam vara-curnavacurnitam || 69 ||

36.69av uddhrtya prasthitam sarpir- 36.69dv vara-curna-vicurnitam
jirne virikto bhuñjita yavannam supa-samskrtam |
karavirarka-kusuma-mula-langalika-kanah || 70 ||

36.70av jirne virikte bhuñjita 36.70dv -mulam langalika kana
kalkayed aranalena patha-marica-samyutah |
esa vyantara-dastanam a-gadah sarvakarmikah || 71 ||

sirisa-puspa-sva-rase saptahvam maricam sitam |
bhavitam sarpa-dastanam pana-nasyañjane hitam || 72 ||

36.72dv pana-nasyañjanair hitam 36.72dv pane nasye 'ñjane hitam
dvi-palam nata-kusthabhyam ghrta-ksaudram catuh-palam |
api taksaka-dastanam panam etat sukha-pradam || 73 ||

36.73bv ghrta-ksaudra-catuh-palam 36.73cv api
tarksaka-dastanam
atha darvi-krtam vege purve visravya sonitam |
a-gadam madhu-sarpirbhyam samyuktam tvaritam pibet || 74 ||

dvitiye vamanam krtva tad-vad eva-gadam pibet |
visapahe prayuñjita trtiye 'ñjana-navane || 75 ||

36.75cv visapahaih prayuñjita
pibec caturthe purvoktam yavagum vamane krte |
sastha-pañcamayoh sitair digdham siktam abhiksna-sah || 76
||

payayed vamanam tiksnam yavagum ca visapahaih |
a-gadam saptame tiksnam yuñjyad añjana-nasyayoh || 77 ||

krtvavagadham sastrena murdhni kaka-padam tatah |
mamsam sa-rudhiram tasya carma va tatra niksipet || 78 ||

trtiye vamitah peyam vege mandalinam pibet |
a-tiksnam a-gadam sasthe ganam va padmakadikam || 79 ||

36.79av trtiye vamitah peyam
adye 'vagadham pracchaya vege dastasya rajilaih |
alabuna hared raktam purva-vac ca-gadam pibet || 80 ||

sasthe 'ñjanam tiksna-tamam avapidam ca yojayet |
an-uktesu ca vegesu kriyam darvi-karoditam || 81 ||

garbhini-bala-vrddhesu mrdum vidhyet siram na ca |
tvan manohva nise vakram rasah sardula-jo nakhah || 82 ||

36.82av gurvini-bala-vrddhesu 36.82bv mrdu vidhyet siram na ca

36.82cv
tvan manohva nise vaktram
tamalah kesaram sitam pitam tandula-varina |
hanti sarva-visany etad vajram vajram ivasuran || 83 ||

36.83cv hanti sarva-visany etac 36.83dv chakra-vajram ivasuran 36.83dv vajri-vajram ivasuran
bilvasya mulam surasasya puspam phalam karañjasya natam surahvam |
phala-trikam vyosa-nisa-dvayam ca bastasya mutrena
su-suksma-pistam || 84 ||

36.84cv phala-trayam vyosa-nisa-dvayam ca
bhujanga-lutondura-vrscikadyair visucika-jirna-gara-jvarais ca |
artan naran bhuta-vidharsitams ca svasthi-karoty
añjana-pana-nasyaih || 85 ||

36.85cv artan naran bhuta-vimarditams ca
pralepadyais ca nihsesam damsad apy uddhared visam |
bhuyo vegaya jayeta sesam dusi-visaya va || 86 ||

36.86dv sesam dusi-visam yatha 36.86dv sesam
dusi-visaya ca
visapaye 'nilam kruddham snehadibhir upacaret |
taila-madya-kulatthamla-varjyaih pavana-nasanaih || 87 ||

pittam pitta-jvara-haraih kasaya-sneha-vastibhih |
sa-maksikena vargena kapham aragvadhadina || 88 ||

sita vaigandhiko draksa payasya madhukam madhu |
panam sa-mantra-putambu proksanam santva-harsanam || 89 ||

36.89av sita vaigandhako draksa
sarpangabhihate yuñjyat tatha sanka-visardite |
karketanam marakatam vajram varana-mauktikam || 90 ||

vaiduryam gardabha-manim picukam visa-musikam |
himavad-giri-sambhutam somarajim punarnavam || 91 ||

36.91av vaidurya-gardabha-manim 36.91bv picukam visa-dusikam
tatha dronam maha-dronam manasim sarpa-jam manim |
visani visa-santy-artham virya-vanti ca dharayet || 92 ||

36.92av tatha dronam maha-dronam
chattri jharjhara-panis ca cared ratrau visesatah |
tac-chaya-sabda-vitrastah pranasyanti bhujangamah || 93 ||

36.93av chattri jarjara-panis ca 36.93av chattri jarjhara-panis ca
36.93av chattri jharjara-panis ca
36.93bv cared ratrau ca sarva-da 36.93dv vidravanti bhujangamah
vari-guñja-phalosiram netrayor visa-dustayoh |
añjanam varina pistam garudam garudopamam || 93+1 ||

uttarasthana

sarpanam eva vin-mutra-sukranda-sava-kotha-jah |
dosair vyastaih samastais ca yuktah kitas catur-vidhah || 1 ||

dastasya kitair vayavyair damsas toda-rujolbanah |
agneyair alpa-samsravo daha-raga-visarpa-van || 2 ||

pakva-pilu-phala-prakhyah kharjura-sadrso 'tha-va |
kaphadhikair manda-rujah pakvodumbara-samnibhah || 3 ||

sravadhyah sarva-lingas tu vivarjyah samnipatikaih |
vegas ca sarpa-vac chopho vardhisnur visra-rakta-ta || 4 ||

37.4bv vivarjyah samnipatikah
siro-'ksi-gauravam murcha bhramah svaso 'ti-vedana |
sarvesam karnika sopho jvarah kandur a-rocakah || 5 ||

37.5bv bhramah svaso 'ti-vedanah
vrscikasya visam tiksnam adau dahati vahni-vat |
urdhvam arohati ksipram damse pascat tu tisthati || 6 ||

37.6dc damse pascac ca tisthati
damsah sadyo 'ti-ruk syavas tudyate sphutativa ca |
te gavadi-sakrt-kothad digdha-dastadi-kothatah || 7 ||

sarpa-kothac ca sambhuta manda-madhya-maha-visah |
mandah pitah sitah syava ruksah karbura-mecakah || 8 ||

37.8dv ruksa-karbura-mecakah
romasa bahu-parvano lohitah pandurodarah |
dhumrodaras tri-parvano madhyas tu kapilarunah || 9 ||

pisangah sabaras citrah sonitabha maha-visah |
agny-abha dvy-eka-parvano raktasita-sitodarah || 10 ||

tair dastah suna-rasanah stabdha-gatro jvararditah |
khair vamañ chonitam krsnam indriyarthan a-samvidan || 11 ||

svidyan murchan visuskasyo vihvalo vedanaturah |
visiryamana-mamsas ca praya-so vijahaty asun || 12 ||

uccitingas tu vaktrena dasaty abhyadhika-vyathah |
sadhyato vrscikat stambham sephaso hrsta-roma-tam || 13 ||

37.13av uccitangas tu vaktrena 37.13cv so 'dhamo vrscikat stambham
karoti sekam anganam damsah sitambuneva ca |
ustra-dhumah sa evokto ratri-carac ca ratrikah || 14 ||

37.14bv damse sitambuneva ca
vata-pittottarah kitah slaismikah kanabhondurah |
prayo vatolbana-visa vrscikah sostra-dhumakah || 15 ||

yasya yasyaiva dosasya lingadhikyam pratarkayet |
tasya tasyausadhaih kuryad viparita-gunaih kriyam || 16 ||

37.16bv lingadhikyam pravartayet

hrt-pidordhvanila-stambhah sirayamo 'sthi-parva-ruk |
ghurnanodvestanam gatra-syava-ta vatike vise || 17 ||

samjña-nasosna-nisvasau hrd-dahah katukasya-ta |
mamsavadaranam sopho rakta-pitas ca paittike || 18 ||

37.18dv raktah pitas ca paittike
chardy-a-rocaka-hrl-lasa-prasekotklesa-pinasaih |
sa-saitya-mukha-madhuryair vidyac chlesmadhikam visam || 19 ||

pinyakena vranalepas tailabhyangas ca vatike |
svedo nadi-pulakadyair brmhanas ca vidhir hitah || 20 ||

paittikam stambhayet sekaih pradehais cati-sitalaih |
lekhana-cchedana-sveda-vamanaih slaismikam jayet || 21 ||

kitanam tri-prakaranam traividhyena kriya hita |
svedalepana-sekams tu kosnan prayo 'vacarayet || 22 ||

37.22bv traividhyena kriya hitah 37.22dv kavosnan pravicarayet
anya-tra murchitad damsa-pakatah kothato 'tha-va |
nr-kesah sarsapah pita gudo jirnas ca dhupanam || 23 ||

visa-damsasya sarvasya kasyapah param abravit |
visa-ghnam ca vidhim sarvam kuryat samsodhanani ca || 24 ||

37.24bv kasyapah param abravit
sadhayet sarpa-vad dastan visograih kita-vrscikaih |
tanduliyaka-tulyamsam trivrtam sarpisa pibet || 25 ||

yati kita-visaih kampam na kailasa ivanilaih |
ksiri-vrksa-tvag-alepah suddhe kita-visapahah || 26 ||

mukta-lepo varah sopha-toda-daha-jvara-pranut |
vaca-hingu-vidangani saindhavam gaja-pippali || 27 ||

patha prativisa vyosam kasyapena vinirmitam |
dasangam a-gadam pitva sarva-kita-visam jayet || 28 ||

sadyo vrscika-jam damsam cakra-tailena secayet |
vidarigandha-siddhena kavosnenetarena va || 29 ||

lavanottama-yuktena sarpisa va punah punah |
siñcet kosnaranalena sa-ksira-lavanena va || 30 ||

37.30dv sa-ksara-lavanena va
upanaho ghrte bhrstah kalko 'jajyah sa-saindhavah |
adamsam sveditam curnaih pracchaya pratisarayet || 31 ||

37.31av upanahe ghrta-bhrstah 37.31av upanaho
ghrta-bhrstah
rajani-saindhava-vyosa-sirisa-phala-puspa-jaih |
matulungamla-go-mutra-pistam ca surasagra-jam || 32 ||

37.32cv matulungam tu go-mutra- 37.32dv -pistah sa-surasarjakah

lepah sukhosnas ca hitah pinyako go-mayo 'pi va |
pane sarpir madhu-yutam ksiram va bhuri-sarkaram || 33 ||

37.33bv pinyako go-mayena va
paravata-sakrt pathya tagaram visva-bhesajam |
bijapura-rasonmisrah paramo vrscika-gadah || 34 ||

37.34dv paramo vrscike '-gadah 37.34dv paramo vrsciko '-gadah
sa-saivalostra-damstra ca hanti vrscika-jam visam |
hinguna haritalena matulunga-rasena ca || 35 ||

37.35av sa-saindhavostra-damstra ca 37.35dv matulunga-rasena va
lepañjanabhyam gutika paramam vrscikapaha |
karañjarjuna-selunam katabhyam kutajasya ca || 36 ||

sirisasya ca puspani mastuna damsa-lepanam |
yo muhyati prasvasiti pralapaty ugra-vedanah || 37 ||

tasya pathya-nisa-krsna-mañjisthativisosanam |
salabu-vrntam vartaka-rasa-pistam pralepanam || 38 ||

37.38cv salatu-vrntam vartaka- sarva-tra cograli-vise payayed
dadhi-sarpisi || 39ab ||
vidhyet siram vidadhyac ca vamanañjana-navanam || 39cd
||usna-snigdhamla-madhuram bhojanam canilapaham || 39ef ||
nagaram grha-kapota-purisam bijapuraka-raso haritalam |
saindhavam ca vinihanty a-gado 'yam lepato 'li-kula-jam visam asu ||
40 ||

ante vrscika-dastanam samudirne bhrsam vise |
visenalepayed damsam uccitinge 'py ayam vidhih || 41 ||

naga-purisa-cchattram rohisa-mulam ca selu-toyena |
kuryad gutikam lepad iyam ali-visa-nasani srestha || 42 ||

arkasya dugdhena sirisa-bijam trir bhavitam pippali-curna-misram
|
eso '-gado hanti visani kita-bhujanga-lutondura-vrscikanam ||
43 ||

sirisa-puspam sa-karañja-bijam kasmira-jam
kustha-manahsile ca |
eso '-gado ratrika-vrscikanam samkranti-kari kathito jinena ||
44 ||

37.44av sirisa-bijam sa-karañja-bijam
kitebhyo daruna-tara lutah so-dasa ta jaguh |
asta-vimsatir ity eke tato 'py anye tu bhuyasih || 45 ||

sahasra-rasmy-anucara vadanty anye sahasra-sah |
bahupadrava-rupa tu lutaikaiva visatmika || 46 ||

rupani namatas tasya dur-jñeyany ati-samkarat |

nasti sthana-vyavastha ca dosato 'tah pracaksate || 47 ||

krcchra-sadhya prthag-dosair a-sadhya nicayena sa |
tad-damsah paittiko daha-trt-sphota-jvara-moha-van || 48 ||

bhrsosma rakta-pitabhah kledi draksa-phalopamah |
slaismikah kathinah panduh parusaka-phalakrtih || 49 ||

37.49av bhrsosma-rakta-pitabhah
nidram sita-jvaram kasam kandum ca kurute bhrsam |
vatikah parusah syavah parva-bheda-jvara-pradah || 50 ||

tad-vibhagam yatha-svam ca dosa-lingair vibhavayet |
a-sadhyayam tu hrn-moha-svasa-hidhma-siro-grahah || 51 ||

37.51dv -svasa-hidhma-siro-rujah
sveta-pitasita-raktah pitikah svayathudbhavah |
vepathur vamathur dahas trd andhyam vakra-nasa-ta || 52 ||

37.52av sveta-pitasita-rakta- 37.52bv -pitika-svayathudbhavah
37.52dv trd
andhyam vakra-nasika
syavaustha-vaktra-danta-tvam prstha-grivavabhañjanam |
pakva-jambu-sa-varnam ca damsat sravati sonitam || 53 ||

sarvapi sarva-ja prayo vyapadesas tu bhuyasa |
tiksna-madhyavara-tvena sa tri-dha hanty upeksita || 54 ||

37.54dv sa tri-dha hanty upeksaya
saptahena dasahena paksena ca param kramat |
luta-damsas ca sarvo 'pi dadru-mandala-samnibhah || 55 ||

37.55cv luta-damsas tu sarvo 'pi
sito 'sito 'runah pitah syavo va mrdur unnatah |
madhye krsno 'tha-va syavah pary-ante jalakavrtah || 56 ||

37.56av sitasito 'runah pitah
visarpa-vams chopha-yutas tapyate bahu-vedanah |
jvarasu-paka-vikleda-kothavadarananvitah || 57 ||

kledena yat sprsaty angam tatrapi kurute vranam |
svasa-damstra-sakrn-mutra-sukra-lala-nakhartavaih || 58 ||

astabhir udvamaty esa visam vaktrad visesatah |
luta nabher dasaty urdhvam urdhvam cadhas ca kitakah || 59 ||

37.59av astabhir udvamanty eta 37.59bv visam vaktrair visesatah
37.59cv luta nabher dasanty urdhvam 37.59dv urdhvam vadhas ca
kitakah 37.59dv urdhvam cadhas ca kitakah
37.59dv adhas ca visa-kitakah
tad-dusitam ca vastradi dehe prktam vikara-krt |
dinardham laksyate naiva damso luta-visodbhavah || 60 ||

suci-vyadha-vad abhati tato 'sau prathame 'hani |

a-vyakta-varnah pracalah kiñ-cit-kandu-rujanvitah || 61 ||

37.61av suci-viddha-vad abhati
dvitiye 'bhyunnato 'ntesu pitikair iva vacitah |
vyakta-varno nato madhye kandu-man granthi-samnibhah || 62 ||

37.62av dvitiye 'ty-unnato 'ntesu 37.62bv pitikair iva cacitah
trtiye sa-jvaro roma-harsa-krd rakta-mandalah |
sarava-rupas todadhyo roma-kupesu sasravah || 63 ||

37.63dv roma-kupesu sa-sravah
mahams caturthe svayathus tapa-svasa-bhrama-pradah |
vikaran kurute tams tan pañcame visa-kopa-jan || 64 ||

sasthe vyapnoti marmani saptame hanti jivitam |
iti tiksnam visam madhyam hinam ca vibhajed atah || 65 ||

37.65av sasthe prapnoti marmani
eka-vimsati-ratrena visam samyati sarva-tha |
athasu luta-dastasya sastrenadamsam uddharet || 66 ||

37.66dv damsam sastrena coddharet
dahec ca jambavausthadyair na tu pittottaram dahet |
karkasam bhinna-romanam marma-samdhy-adi-samsritam || 67 ||

prasrtam sarvato damsam na cchindita dahen na ca |
lepayed dagdham a-gadair madhu-saindhava-samyutaih || 68 ||

37.68bv na cchindita dahen na va
su-sitaih secayec canu kasayaih ksiri-vrksa-jaih |
sarvato 'pahared raktam srngadyaih sirayapi va || 69 ||

seka-lepas tatah sita bodhi-slesmatakaksakaih |
phalini-dvi-nisa-ksaudra-sarpirbhih padmakahvayah || 70 ||

37.70av sekalepas tatah sita 37.70bv bodhi-slesmatakaksikaih
37.70bv bodhi-slesmatakaksa-jaih
37.70cv phalini-dvi-nisa-srestha-
a-sesa-luta-kitanam a-gadah sarvakarmikah |
haridra-dvaya-pattanga-mañjistha-nata-kesaraih || 71 ||

sa-ksaudra-sarpih purvasmad adhikas campakahvayah |
tad-vad go-maya-nispida-sarkara-ghrta-maksikaih || 72 ||

37.72cv tad-vad go-maya-nispida-
apamarga-mano'hvala-darvi-dhyamaka-gairikaih |
nataila-kustha-marica-yasty-ahva-ghrta-maksikaih || 73 ||

a-gado mandaro nama tathanyo gandha-madanah |
nata-lodhra-vaca-katvi-pathaila-pattra-kunkumaih || 74 ||

mañjistha-slesmataka-rajani-suvaha-sirisa-palindyah |
sa-sindhuvara visam ghnanti saila-candana-kanakah || 74+1 ||

visa-ghnam bahu-dosesu prayuñjita visodhanam |
yasty-ahva-madanankolla-jalini-sindhuvarikah || 75 ||

37.75av visa-ghnair bahu-dosesu 37.75dv -jalini-sindhuvaritan 37.75dv -jalini-sindhuvaritam
kaphe jyesthambuna pitva visam asu samudvamet |
sirisa-pattra-tvan-mula-phalam vankolla-mula-vat || 76 ||

37.76dv -phalam cankolla-mula-vat
virecayec ca tri-phala-nilini-trivrtadibhih |
nivrtte daha-sophadau karnikam patayed vranat || 77 ||

37.77bv -phalini-trivrtadibhih
kusumbha-puspam go-dantah svarnaksiri kapota-vit |
trivrta saindhavam danti karnika-patanam tatha || 78 ||

37.78av kusumbha-puspa-go-danta- 37.78bv -svarnaksiri-kapota-vit 37.78dv
karnika-patanam param
mulam uttaravarunya vamsa-nirlekha-samyutam |
tad-vac ca saindhavam kustham danti katuka-daugdhikam || 79 ||

raja-kosataki-mulam kinvo va mathitodbhavah |
karnika-pata-samaye brmhayec ca visapahaih || 80 ||

37.80bv kitto va mathitodbhavah 37.80bv kino va mathitodbhavah 37.80dv
brmhayeta visapahaih
sneha-karyam a-sesam ca sarpisaiva samacaret |
visasya vrddhaye tailam agner iva trnolupam || 81 ||

37.81cv visam avardhayet tailam 37.81dv agner iva trnolapam
hrivera-vaikankata-gopakanya-musta-sami-candana-tuntukani |
saivala-nilotpala-vakra-yasti-tvan-nakuli-padmaka-ratha-madhyam || 82 ||

37.82bv -musta-sami-candana-tindukani
rajani-ghana-sarpalocana-kana-sunthi-kana-mula-citrakah |
varunaguru-bilva-patali-picumandamaya-selu-kesaram || 83 ||

37.83cv varunaguru-bilva-patala-
bilva-candana-natotpala-sunthi-pippali-nicula-vetasa-kustham |
sukti-saka-vara-patali-bhargi-sindhuvara-karaghata-varangam || 84 ||

37.84cv sukti-sabaraka-patali-bhargi- 37.84dv -sindhuvara-karahata-varangam
pitta-kaphanila-lutah panañjana-nasya-lepa-sekena |
a-gada-vara vrtta-sthah ku-gatir iva varayanty ete || 85 ||

37.85dv ku-gatir iva darayanty ete 37.85dv ku-matir iva darayanty ete 37.85dv ku-matir iva varayanty ete

lodhram sevyam padmakam padma-renuh kaliyakhyam candanam yac
ca raktam |
kanta-puspam dugdhinika mrnalam lutah sarva ghnanti
sarva-kriyabhih || 86 ||

uttarasthana
lalanas capalah putro hasiras cikkiro 'jirah |
kasaya-dantah kulakah kokilah kapilo 'sitah || 1 ||

38.1bv hasiras cikriro 'janah 38.1bv hasiras cikkiro 'jarah 38.1bv
hasiras cikilo
'jirah
arunah sabarah svetah kapotah palitondurah |
chucchundaro rasalakhyo dasastau ceti musikah || 2 ||

38.2bv kapotah palitonduruh 38.2cv chucchundaro balasakhyo 38.2cv
chucchundaro rasalakso
38.2dv dasa castau ca musikah
sukram patati yatraisam sukra-digdhaih sprsanti va |
yad angam angais tatrasre dusite pandu-tam gate || 3 ||

granthayah svayathuh kotho mandalani bhramo '-rucih |
sita-jvaro 'ti-ruk sado vepathuh parva-bhedanam || 4 ||

38.4av granthayah svayathuh kotho
roma-harsah srutir murcha dirgha-kalanubandhanam |
slesmanubaddha-bahv-akhu-potaka-cchardanam sa-trt || 5 ||

38.5cv slesmanubandha-bahv-akhu- 38.5cv slesmanuviddha-bahv-akhu-
38.5dv -potaka-cchardanam sakrt
vyavayy akhu-visam krcchram bhuyo bhuyas ca kupyati |
murchanga-sopha-vaivarnya-kleda-sabda-sruti-jvarah || 6 ||

siro-guru-tvam lalasrk-chardis ca-sadhya-laksanam |
suna-vastim vi-varnaustham akhv-abhair granthibhis citam || 7 ||

chucchundara-sa-gandham ca varjayed akhu-dusitam |
sunah slesmolbana dosah samjñam samjña-vahasritah
|| 8 ||

musnantah kurvate ksobham dhatunam ati-darunam |
lala-van andha-badhirah sarvatah so 'bhidhavati || 9 ||

srasta-puccha-hanu-skandhah siro-duhkhi natananah |
damsas tena vidastasya suptam krsnam ksaraty asrk || 10 ||

hrc-chiro-rug-jvara-stambha-trsna-murchodbhavo 'nu ca |
anenanye 'pi boddhavya vyala damstra-praharinah || 11 ||

38.11av hrc-chiro-rug-jvara-stambhas 38.11av hrc-chiro-rug jvarah
stambhas 38.11bv trsna-murchodbhavo 'nu ca 38.11bv trsna
murchodbhavo 'nu ca
38.11cv vyala-damstra-praharinah

srgalasvatarasvarksa-dvipi-vyaghra-vrkadayah |
kandu-nistoda-vaivarnya-supti-kleda-jvara-bhramah || 12 ||

vidaha-raga-ruk-paka-sopha-granthi-vikuñcanam |
damsavadaranam sphotah karnika mandalani ca || 13 ||

sarva-tra sa-vise lingam viparitam tu nir-vise |
dasto yena tu tac-cesta-rutam kurvan vinasyati || 14 ||

pasyams tam eva ca-kasmad adarsa-saliladisu |
yo 'dbhyas trasyed a-dasto 'pi sabda-samsparsa-darsanaih || 15 ||

38.15dv sabda-sparsa-nidarsanaih
jala-samtrasa-namanam dastam tam api varjayet |
akhuna dasta-matrasya damsam kandena dahayet || 16 ||

darpanenatha-va tivra-ruja syat karnikanya-tha |
dagdham visravayed damsam pracchitam ca pralepayet || 17 ||

38.17cv dagdhva visravayed damsam 38.17dv pracchinnam ca pralepayet
sirisa-rajani-vakra-kunkumamrtavallibhih |
agara-dhuma-mañjistha-rajani-lavanottamaih || 18 ||

lepo jayaty akhu-visam karnikayas ca patanah |
tato 'mlaih ksalayitvanu toyair anu ca lepayet || 19 ||

38.19dv pistair anu ca lepayet
palindi-sveta-katabhi-bilva-mula-guducibhih |
anyais ca visa-sopha-ghnaih siram va moksayed drutam || 20 ||

38.20dv siram va mocayed drutam
chardanam nilini-kvathaih sukakhyankollayor api |
kosatakyah sukakhyayah phalam jimutakasya ca || 21 ||

38.21cv kosavatyah sukakhyayah
madanasya ca samcurnya dadhna pitva visam vamet |
vaca-madana-jimuta-kustham va mutra-pesitam || 22 ||

purva-kalpena patavyam sarvondura-visapaham |
virecanam trivrn-nili-tri-phala-kalka isyate || 23 ||

38.23cv virecane trivrn-nili-
siro-virecane sarah sirisasya phalani ca |
añjanam go-maya-raso vyosa-suksma-rajo-'nvitah || 24 ||

38.24cv añjane go-maya-raso 38.24dv vyosa-suksma-rajo-'nvitah
kapittha-go-maya-raso madhu-man avalehanam |
tanduliyaka-mulena siddham pane hitam ghrtam || 25 ||

38.25bv madhu-man avalehane
dvi-nisa-katabhi-rakta-yasty-ahvair vamrtanvitaih |
asphota-mula-siddham va pañca-kapittham eva va || 26 ||

sindhuvaram natam sigru-bilva-mulam punarnava |

vaca-svadamstra-jimutam esam kvatham sa-maksikam || 27 ||

38.27av sindhuvara-natam sigru- 38.27bv -bilva-mulam punarnavam
pibec chaly-odanam dadhna bhuñjano musikarditah |
takrena sarapunkhaya bijam samcurnya va pibet || 28 ||

ankolla-mula-kalko va basta-mutrena kalkitah |
panalepanayor yuktah sarvakhu-visa-nasanah || 29 ||

38.29cv pana-lepanayor yuktah
kapittha-madhya-tilaka-tilankolla-jatah pibet |
gavam mutrena payasa mañjarim tilakasya va || 30 ||

38.30av kapittha-madhya-tilakam 38.30av kapittha-madhyam tilakam 38.30bv
-tilankolla-jatam pibet
38.30bv tilankolla-jatah pibet 38.30dv mañjaris tilakasya va
atha-va sairyakan mulam sa-ksaudram tandulambuna |
katukalabu-vinyastam pitam vambu nisositam || 31 ||

38.31dv pibed vambu nisositam 38.31dv pibec cambu nisositam
sindhuvarasya mulani bidalasthi visam natam |
jala-pisto '-gado hanti nasyadyair akhu-jam visam || 32 ||

sa-sesam musika-visam prakupyaty abhra-darsane |
yatha-yatham va kalesu dosanam vrddhi-hetusu || 33 ||

38.33ac sa-sesam musaka-visam
tatra sarve yathavastham prayojyah syur upakramah |
yatha-svam ye ca nirdistas tatha dusi-visapahah || 34 ||

damsam tv alarka-dastasya dagdham usnena sarpisa |
pradihyad a-gadais tais taih puranam ca ghrtam pibet || 35 ||

arka-ksira-yutam casya yojyam asu virecanam |
ankollottara-mulambu tri-palam sa-havih-palam || 36 ||

38.36ac arka-ksira-yutam vasya
pibet sa-dhattura-phalam svetam vapi punarnavam |
aikadhyam palalam tailam rupikayah payo gudah || 37 ||

38.37bv svetam capi punarnavam 38.37dv ruyikayah payo gudah
38.37dv
rusikayah payo gudah
bhinatti visam alarkam ghana-vrndam ivanilah |
sa-mantram sausadhi-ratnam snapanam ca prayojayet || 38 ||

catus-padbhir dvi-padbhir va nakha-danta-pariksatam |
suyate pacyate raga-jvara-srava-rujanvitam || 39 ||

38.39dv -jvarasrava-rujanvitam
somavalko 'svakarnas ca gojihva hamsapadika |
rajanyau gairikam lepo nakha-danta-visapahah || 40 ||

uttarasthana

dirgham ayuh smrtim medham arogyam tarunam vayah |
prabha-varna-svaraudaryam dehendriya-balodayam || 1 ||

vak-siddhim vrsa-tam kantim avapnoti rasayanat |
labhopayo hi sastanam rasadinam rasayanam || 2 ||

39.2cv labhopayo hi saptanam
purve vayasi madhye va tat prayojyam jitatmanah |
snigdhasya sruta-raktasya visuddhasya ca sarva-tha || 3 ||

a-visuddhe sarire hi yukto rasayano vidhih |
vaji-karo va maline vastre ranga iva-phalah || 4 ||

39.4dv vastre raga iva-phalah
rasayananam dvi-vidham prayogam rsayo viduh |
kuti-pravesikam mukhyam vatatapikam anya-tha || 5 ||

pure prapyopakarane harmya-nir-vata-nir-bhaye |
disy udicyam subhe dese tri-garbham suksma-locanam || 6 ||

39.6av nir-vate nir-bhaye dharmye 39.6av nir-vate nir-bhaye harmye
39.6bv prapyopakarane pure 39.6cv disy aisanyam subhe dese
dhumatapa-rajo-vyala-stri-murkhadya-vilanghitam |
sajja-vaidyopakaranam su-mrstam karayet kutim || 7 ||

atha punye 'hni sampujya pujyams tam pravisec chucih |
tatra samsodhanaih suddhah sukhi jata-balah punah || 8 ||

brahma-cari dhrti-yutah srad-dadhano jitendriyah |
dana-sila-daya-satya-vrata-dharma-parayanah || 9 ||

devatanusmrtau yukto yukta-svapna-prajagarah |
priyausadhah pesala-vag arabheta rasayanam || 10 ||

39.10cv priyausadhah pesala-vak 39.10dv prarabheta rasayanam
haritakim amalakam saindhavam nagaram vacam |
haridram pippalim vellam gudam cosnambuna pibet || 11 ||

snigdha-svinno narah purvam tena sadhu viricyate |
tatah suddha-sariraya krta-samsarjanaya ca || 12 ||

39.12av snigdhah svinno narah purvam 39.12bv tena sadhu visudhyati
tri-ratram pañca-ratram va saptaham va ghrtanvitam |
dadyad yavakam a-suddheh purana-sakrto 'tha-va || 13 ||

ittham samskrta-kosthasya rasayanam upaharet |
yasya yad yaugikam pasyet sarvam alocya satmya-vit || 14 ||

pathya-sahasram tri-guna-dhatri-phala-samanvitam |
pañcanam pañca-mulanam sardham pala-sata-dvayam || 15 ||

jale dasa-gune paktva dasa-bhaga-sthite rase |
apothya krtva vy-asthini vijayamalakany atha || 16 ||

viniya tasmin niryuhe yojayet kudavamsakam |

tvag-ela-musta-rajani-pippaly-aguru-candanam || 17 ||

mandukaparni-kanaka-sankhapuspi-vaca-plavam |
yasty-ahvayam vidangam ca curnitam tulayadhikam || 18 ||

sitopalardha-bharam ca patrani trini sarpisah |
dve ca tailat pacet sarvam tad agnau leha-tam gatam || 19 ||

avatirnam himam yuñjyad vimsaih ksaudra-satais tribhih |
tatah khajena mathitam nidadhyad ghrta-bhajane || 20 ||

ya noparundhyad aharam ekam matrasya sa smrta |
sastikah payasa catra jirne bhojanam isyate || 21 ||

39.21bv eka matrasya sa smrta
vaikhanasa balakhilyas tatha canye tapo-dhanah |
brahmana vihitam dhanyam idam prasya rasayanam || 22 ||

39.22av vaikhanasa balikhilyas
tandra-srama-klama-vali-palitamaya-varjitah |
medha-smrti-balopeta babhuvur a-mitayusah || 23 ||

abhayamalaka-sahasram nir-amayam pippali-sahasra-yutam |
taruna-palasa-ksara-dravi-krtam sthapayed bhande || 24 ||

upayukte ca ksare chaya-samsuska-curnitam yojyam |
padamsena sitayas catur-gunabhyam madhu-ghrtabhyam || 25 ||

39.25av upayukte ca kvathe
tad ghrta-kumbhe bhumau nidhaya san-masa-samstham uddhrtya |
prahne prasya yathanalam ucitaharo bhavet satatam || 26 ||

39.26bv nikhaya san-masa-samstham uddhrtya 39.26cv prahne prasya
yatha-balam
ity upayuñjya-sesam varsa-satam an-amayo jara-rahitah |
jivati bala-pusti-vapuh-smrti-medhady-anvito visesena || 27 ||

39.27av ity upayojya-sesam
ni-rujardra-palasasya cchinne sirasi tat ksatam |
antar dvi-hastam gambhiram puryam amalakair navaih || 28 ||

39.28bv cchinne sirasi taksitam
a-mulam vestitam darbhaih padmini-panka-lepitam |
adipya go-mayair vanyair nir-vate svedayet tatah || 29 ||

svinnani tany amalakani trptya khaden narah
ksaudra-ghrtanvitani |
ksiram srtam canu pibet pra-kamam tenaiva varteta ca masam ekam
|| 30 ||

varjyani varjyani ca tatra yatnat sprsyam ca sitambu na paninapi
|
eka-dasahe 'sya tato vyatite patanti kesa dasana nakhas ca || 31 ||

39.31bv sprsen na sitambu ca paninapi
athalpakair eva dinaih su-rupah strisv a-ksayah
kuñjara-tulya-viryah |
visista-medha-bala-buddhi-sat-tvo bhavaty asau varsa-sahasra-jivi ||
32 ||

dasa-mula-bala-musta-jivakarsabhakotpalam |
parninyau pippali srngi meda tamalaki truti || 33 ||

jivanti jongakam draksa pauskaram candanam sathi |
punarnavarddhi-kakoli-kakanasamrta-dvayam || 34 ||

39.34cv punarnava-dvi-kakoli- 39.34dv -kakanasamrtahvayah
vidari vrsa-mulam ca tad aikadhyam palonmitam |
jala-drone pacet pañca dhatri-phala-satani ca || 35 ||

pada-sesam rasam tasmad vy-asthiny amalakani ca |
grhitva bharjayet taila-ghrtad dva-dasabhih palaih || 36 ||

39.36av pada-sese rase tasmin
matsyandika-tulardhena yuktam tal leha-vat pacet |
snehardham madhu siddhe tu tavaksiryas catuh-palam || 37 ||

39.37cv snehardham madhunah site
pippalya dvi-palam dadyac catur-jatam kanardhitam |
ato 'valehayen matram kuti-sthah pathya-bhojanah || 38 ||

39.38bv catur-jatam kanardhikam 39.38bv catur-jatam kanardhakam
39.38dv
kuti-stham pathya-bhojinam
ity esa cyavana-praso yam prasya cyavano munih |
jara-jarjarito 'py asin nari-nayana-nandanah || 39 ||

kasam svasam jvaram sosam hrd-rogam vata-sonitam |
mutra-sukrasrayan dosan vaisvaryam ca vyapohati || 40 ||
bala-vrddha-ksata-ksina-krsanam anga-vardhanah || 41ab
||medham smrtim kantim an-amaya-tvam ayuh-prakarsam
pavananulomyam || 41cd ||strisu praharsam balam indriyanam agnes
ca kuryad vidhinopayuktah || 41ef ||
madhukena tavaksirya pippalya sindhu-janmana |
prthag lohaih suvarnena vacaya madhu-sarpisa || 42 ||

sitaya va sama yukta samayukta rasayanam |
tri-phala sarva-roga-ghni medhayuh-smrti-buddhi-da || 43 ||

39.43av sitayatha samayukta 39.43bv raupya-yukta rasayani
mandukaparnyah sva-rasam yathagni ksirena
yastimadhukasya curnam |
rasam guducyas saha-mula-puspyah kalkam prayuñjita ca
sankhapuspyah || 44 ||

ayuh-pradany amaya-nasanani balagni-varna-svara-vardhanani |

medhyani caitani rasayanani medhya visesena tu sankhapuspi ||
45 ||

39.45dv medhya visesena ca sankhapuspi
naladam katu-rohini payasya madhukam candana-sarivogragandhah |
tri-phala katuka-trayam haridre sa-patolam lavanam ca taih
su-pistaih || 46 ||

tri-gunena rasena sankhapuspyah sa-payaskam ghrta-nalvanam
vipakvam |
upayujya bhavej jado 'pi vanmi sruta-dhari pratibhana-van a-rogah
|| 47 ||

39.47dv sruti-dhari pratibhana-van a-rogah 39.47dv sruti-dhari
pratibhana-van
a-rogi
pesyair mrnala-bisa-kesara-pattra-bijaih siddham sa-hema-sakalam
payasa ca sarpih |
pañcaravindam iti tat prathitam prthivyam
prabhrasta-paurusa-bala-pratibhair nisevyam ||

48 ||

39.48cv pañcaravindam iti sarpir udara-viryam yan
nala-kanda-dala-kesara-vad vipakvam nilotpalasya tad api prathitam
dvitiyam | sarpis catus-kuvalayam sa-hiranya-pattram medhyam gavam
api bhavet kim u manusanam || 49 ||

brahmi-vaca-saindhava-sankhapuspi-matsyaksaka-brahmasuvarcalaindrya
h |
vaidehika ca tri-yavah prthak syur yavau suvarnasya tilo visasya ||
50 ||

sarpisas ca palam ekata etad yojayet parinate ca ghrtadhyam |
bhojanam sa-madhu vatsaram evam silayann adhika-dhi-smrti-medhah ||
51 ||

39.51dv silayann adhika-dhi-smrti-vesah
atikranta-jara-vyadhi-tandralasya-srama-klamah |
jivaty abda-satam purnam sri-tejah-kanti-dipti-man || 52 ||

39.52dv sri-tejah-kanti-murti-man
visesatah kustha-kilasa-gulma-visa-jvaronmada-garodarani |
atharva-mantradi-krtas ca krtyah samyanty anenati-balas ca
vatah || 53 ||

saran-mukhe nagabalam pusya-yoge samuddharet |
aksa-matram tato mulac curnitat payasa pibet || 54 ||

39.54cv aksa-matram tato mulam 39.54dv curnitam payasa pibet
lihyan madhu-ghrtabhyam va ksira-vrttir an-anna-bhuk |
evam varsa-prayogena jived varsa-satam bali || 55 ||

phalon-mukho goksurakah sa-mulas chaya-visuskah
su-vicurnitangah |
su-bhavitah svena rasena tasman matram param prasrtikim pibed
yah || 56 ||

39.56dv matram param prasrtikim pibed yah
ksirena tenaiva ca salim asnan jirne bhavet sa dvi-tulopayogat |
saktah su-rupah su-bhagah satayuh kami kakud-man iva
go-kula-sthah || 57 ||

varahi-kandam ardrardram ksirena ksira-pah pibet |
masam nir-anno masam ca ksirannado jaram jayet || 58 ||

tat-kanda-slaksna-curnam va sva-rasena su-bhavitam |
ghrta-ksaudra-plutam lihyat tat-pakvam va ghrtam pibet || 59 ||

39.59cv ghrta-ksaudra-yutam lihyat
tad-vad vidary-atibala-bala-madhuka-vayasih |
sreyasi-sreyasi-yukta-pathya-dhatri-sthiramrtah || 60 ||

39.60cv jivanti-sreyasi-yukta-
manduki-sankhakusuma-vajigandha-satavarih |
upayuñjita medha-dhi-vayah-sthairya-bala-pradah || 61 ||

39.61cv upayuñjita dhi-medha- 39.61cv upayuñjita medhavi 39.61dv
vayah-sthairya-bala-pradah
yatha-svam citrakah puspair jñeyah pita-sitasitaih |
yathottaram sa guna-van vidhina ca rasayanam || 62 ||

chaya-suskam tato mulam masam curni-krtam lihan |
sarpisa madhu-sarpirbhyam piban va payasa yatih || 63 ||

ambhasa va hitannasi satam jivati ni-rujah |
medhavi bala-van kanto vapus-man dipta-pavakah || 64 ||

tailena lidho masena vatan hanti su-dus-taran |
mutrena svitra-kusthani pitas takrena payu-jan || 65 ||

39.65bv vatan hanti su-darunan
bhallatakani pustani dhanya-rasau nidhapayet |
grisme samgrhya hemante svadu-snigdha-himair vapuh || 66 ||

39.66dv svadu-snigdha-himaih punah
samskrtya tany asta-gune salile 'stau vipacayet |
astamsa-sistam tat-kvatham sa-ksiram sitalam pibet
|| 67 ||

39.67cv astamsa-sistam tam kvatham
vardhayet praty-aham canu tatraikaikam aruskaram |
sapta-ratra-trayam yavat trini trini tatah param || 68 ||

a-catvarimsatas tani hrasayed vrddhi-vat tatah |
sahasram upayuñjita saptahair iti saptabhih || 69 ||

39.69dv saptahair api saptabhih
yantritatma ghrta-ksira-sali-sastika-bhojanah |
tad-vat tri-gunitam kalam prayogante 'pi cacaret || 70 ||

39.70dv prayogante 'py upacaret
asiso labhate '-purva vahner diptim visesatah |
prameha-krmi-kustharso-medo-dosa-vivarjitah || 71 ||

39.71av asiso labhate purva
pista-svedanam a-rujaih purnam bhallatakair vijarjaritaih |
bhumi-nikhate kumbhe pratisthitam krsna-mrl-liptam || 72 ||

39.72bv purnam bhallatakaih su-jarjaritaih
parivaritam samantat pacet tato go-mayagnina mrduna |
tat-sva-raso yas cyavate grhniyat tam dine 'nyasmin || 73 ||

39.73bv pacet tad go-mayagnina mrduna
amum upayujya sva-rasam madhv-astama-bhagikam dvi-guna-sarpih |
purva-vidhi-yantritatma prapnoti gunan sa tan eva || 74 ||

39.74av amum upayuñjyat sva-rasam
pustani pakena paricyutani bhallatakany adhaka-sammitani |
ghrstvestika-curna-kanair jalena praksalya samsosya ca
marutena || 75 ||

jarjarani vipacej jala-kumbhe pada-sesa-ghrta-galita-sitam |
tad-rasam punar api srapayeta ksira-kumbha-sahitam carana-sthe || 76
||

39.76bv pada-sesa-ghrta-galita-sesam 39.76bv
pada-sesa-ghrta-galita-site 39.76bv pada-sesam avatarita-sitam
39.76cv tam rasam punar api srapayeta
39.76dv ksira-kumbha-sahitam carana-stham
sarpih pakvam tatra tulya-pramanam yuñjyat sveccham sarkaraya
rajobhih |
eki-bhutam tat khaja-ksobhanena sthapyam dhanye sapta-ratram
su-guptam || 77 ||

39.77av sarpih pakvam tena tulya-pramanam 39.77bv yuñjyat prastham
sarkaraya rajobhih 39.77bv yuñjyat svaccham sarkaraya rajobhih
39.77cv eki-bhutam tam khaja-ksobhanena tam amrta-rasa-pakam
yah prage prasam asnann anupibati yathestam vari dugdham rasam
va | smrti-mati-bala-medha-sat-tva-sarair upetah kanaka-nicaya-gaurah
so 'snute dirgham ayuh || 78 ||

drone 'mbhaso vranakrtam tri-satad vipakvat kvathadhake
pala-samais tila-taila-patram |
tikta-visa-dvaya-vara-girijanma-tarksyaih siddham param
nikhila-kustha-nibarhanaya ||

79 ||

39.79av drone 'mbhaso vranakrtam tri-satani paktva 39.79cv
tikta-nisa-dvaya-vaca-girijanma-tarksyaih 39.79cv
tikta-nisa-dvaya-vara-girijanma-tarksyaih 39.79cv
tikta-visa-dvaya-vaca-girijanma-tarksyaih
39.79cv tikta-visa-dvaya-vara-girijata-tarksyaih
sahamalaka-suktibhir dadhi-sarena tailena va || 80a ||

gudena payasa ghrtena yava-saktubhir va saha || 80b ||tilena saha
maksikena palalena supena va || 80c ||vapus-karam aruskaram
parama-medhyam ayus-karam || 80d ||
bhallatakani tiksnani pakiny agni-samani ca |
bhavanty amrta-kalpani prayuktani yatha-vidhi || 81 ||

39.81dv kalpitani yatha-vidhi
kapha-jo na sa rogo 'sti na vibandho 'sti kas-ca-na |
yam na bhallatakam hanyac chighram agni-bala-pradam || 82 ||

39.82dv chighram vahni-bala-pradam
vatatapa-vidhane 'pi visesena vivarjayet |
kulattha-dadhi-suktani tailabhyangagni-sevanam || 83 ||

vrksas tubaraka nama pascimarnava-tira-jah |
vici-taranga-viksobha-marutoddhuta-pallavah || 84 ||

tebhyah phalany adadita su-pakvany ambu-dagame |
majjñah phalebhyas cadaya sosayitvavacurnya ca || 85 ||

39.85cv majjam phalebhyas cadaya 39.85cv majjah phalebhyas cadaya
39.85dv
sosayitva vicurnya ca
tila-vat pidayed dronyam kvathayed va kusumbha-vat |
tat-tailam sambhrtam bhuyah paced a-salila-ksayat || 86 ||

39.86cv tat-tailam sa-ghrtam bhuyah 39.86cv tat-tailam
samsrtam bhuyah 39.86cv
tat-tailam samhrtam bhuyah
avatarya karise ca paksa-matram nidhapayet |
snigdha-svinno hrta-malah paksad uddhrtya tat tatah || 87 ||

39.87dv paksad uddhrtya yatna-van
caturtha-bhaktantaritah pratah pani-talam pibet |
mantrenanena putasya tailasya divase subhe || 88 ||

majja-sara maha-virya sarvan dhatun visodhaya |
sankha-cakra-gada-panis tvam ajñapayate '-cyutah || 89 ||

39.89av majja-sara maha-virya 39.89dv tvam ajñapayate '-cyuta
tenasyordhvam adhas-tac ca dosa yanty a-sakrt tatah |
sayam a-sneha-lavanam yavagum sitalam pibet || 90 ||

39.90bv dosa yanty a-sakrt-sakrt
pañcahani pibet tailam ittham varjyan vivarjayan |

paksam mudga-rasannasi sarva-kusthair vimucyate || 91 ||

39.91bv ittham varjyani varjayet
tad eva khadira-kvathe tri-gune sadhu sadhitam |
nihitam purva-vat paksam piben masam su-yantritah || 92 ||

tenabhyakta-sariras ca kurvann aharam iritam |
anenasu prayogena sadhayet kusthinam naram || 93 ||
bhinna-svaram rakta-netram sirnangam krmi-bhaksitam ||
93.1+(1)ab ||
39.93.1+(1)av bhagna-svaram rakta-netram 39.93.1+(1)bv sirnangam
krmibhis
citam
sarpir-madhu-yutam pitam tad eva khadirad vina |
paksam mamsa-rasaharam karoti dvi-satayusam || 94 ||

39.94cv pakva-mamsa-rasaharam 39.94cv pakvam mamsa-rasaharam
tad eva nasye pañcasad divasan upayojitam |
vapus-matam sruta-dharam karoti tri-satayusam || 95 ||

39.95cv vapus-matam sruti-dharam vali-palita-nirmuktam
sthira-smrti-kaca-dvi-jam || 95.1+(1)ab ||

pañcastau sapta dasa va pippalir madhu-sarpisa |
rasayana-gunanvesi samam ekam prayojayet || 96 ||

39.96dv masam ekam prayojayet
tisras tisras tu purvahne bhuktvagre bhojanasya ca |
pippalyah kimsuka-ksara-bhavita ghrta-bharjitah || 97 ||

39.97bv bhuktvagre bhojanasya tu
prayojya madhu-sammisra rasayana-gunaisina |
krama-vrddhya dasahani dasa-paippalikam dinam || 98 ||

39.98cv dasa-vrddhya dasahani 39.98dv dasa-pippalikam dinam
vardhayet payasa sardham tathaivapanayet punah |
jirnausadhas ca bhuñjita sastikam ksira-sarpisa || 99 ||

pippalinam sahasrasya prayogo 'yam rasayanam |
pistas ta balibhih peyah srta madhya-balair naraih || 100 ||
siti-krta hina-balair viksya dosamayan prati || 100+(1)ab ||
39.100+(1)av siti-krta ksina-balair 39.100+(1)bv viksya dosan
prayojayet
tad-vac ca cchaga-dugdhena dve sahasre prayojayet |
ebhih prayogaih pippalyah kasa-svasa-gala-grahan || 101 ||

yaksma-meha-grahany-arsah-pandu-tva-visama-jvaran |
ghnanti sopham vamim hidhmam plihanam vata-sonitam || 102 ||

bilvardha-matrena ca pippalinam patram pralimped ayaso nisayam |
pratah pibet tat salilañjalibhyam varsam
yathestasana-pana-cestah || 103 ||

sunthi-vidanga-tri-phala-guduci-
yasti-haridratibala-balas ca |
musta-surahvaguru-citrakas ca saugandhikam panka-jam utpalani || 104
||

39.104cv musta-satahvaguru-citrakas ca
dhavasvakarnasana-balapattra-saras tatha pippali-vat prayojyah |
lohopaliptah prthag eva jivet samah satam vyadhi-jara-vimuktah
|| 105 ||

39.105bv -saras tatha pippali-vat prayuñjyah 39.105cv loha-pralepat
prthag eva jivet
39.105cv lohopalepat prthag eva jivet
ksirañjalibhyam ca rasayanani yuktany amuny ayasa-lepanani |
kurvanti purvokta-guna-prakarsam ayuh-prakarsam dvi-gunam
tatas ca || 106 ||

asana-khadira-yusair bhavitam somarajim
madhu-ghrta-sikhi-pathya-loha-curnair upetam |
saradam avalihanah parinaman vikarams tyajati mita-hitasi
tad-vad ahara-jatan || 107 ||

39.107bv madhu-ghrta-gada-pathya-loha-curnair upetam
tivrena kusthena parita-murtir yah somarajim niyamena khadet |
samvatsaram krsna-tila-dvitiyam sa somarajim vapusatisete
|| 108 ||

ye somarajya vi-tusi-krtayas curnair upetat payasah su-jatat
|
uddhrtya saram madhuna lihanti takram tad evanupibanti cante || 109
||

kusthinah siryamanangas te jatanguli-nasikah |
bhanti vrksa iva punah prarudha-nava-pallavah || 110 ||

39.110av kusthinah kuthyamanangas
sita-vata-hima-dagdha-tanunam stabdha-bhagna-kutila-vyathitasthnam |
bhesajasya pavanopahatanam vaksyate vidhir ato lasunasya || 110+(1) ||

39.110+(1)av sita-vata-paridagdha-tanunam 39.110+(1)bv
stabdha-bhugna-kutila-vyathitasthnam
39.110+(1)cv bhesajam ca pavanopahatanam
rahor amrta-cauryena lunad ye patita galat |
amrtasya kana bhumau te lasuna-tvam agatah || 111 ||

39.111av rahor acyuta-cakrena
dvi-ja nasnanti tam ato daitya-deha-samudbhavam |
saksad amrta-sambhuter gramanih sa rasayanam || 112 ||

silayel lasunam site vasante 'pi kapholbanah |
ghanodaye 'pi vatartah sada va grisma-lilaya || 113 ||

39.113bv vasante ca kapholbanah
snigdha-suddha-tanuh sita-madhuropaskrtasayah |
tad-uttamsavatamsabhyam carcitanucarajirah || 114 ||

tasya kandan vasantante himavac-chaka-desa-jan |
apanita-tvaco ratrau timayen madiradibhih || 115 ||

39.115cv apaniya tvaco ratrau 39.115dv timayen madiradibhih 39.115dv pesayen madiradibhih
tat-kalka-sva-rasam pratah suci-tantava-piditam |
madirayah su-rudhayas tri-bhagena samanvitam || 116 ||

madyasyanyasya takrasya mastunah kañjikasya va |
tat-kala eva va yuktam yuktam alocya matraya || 117 ||

39.117av madyasyanyasya tailasya
taila-sarpir-vasa-majja-ksira-mamsa-rasaih prthak |
kvathena va yatha-vyadhi rasam kevalam eva va || 118 ||

39.118bv ksira-sarpir-vasa-majja- 39.118bv -dhanva-mamsa-rasaih prthak
39.118bv -dhanva-mamsaih prthak prthak
pibed gandusa-matram prak kantha-nali-visuddhaye |
pratatam svedanam canu vedanayam prasasyate || 119 ||

39.119cv pratatam svedanam catra
sitambu-sekah sahasa vami-murchayayor mukhe |
sesam pibet klamapaye sthira-tam gata ojasi || 120 ||

vidaha-pariharaya param sitanulepanah |
dharayet sambu-kanika mukta-karpura-malikah || 121 ||

39.121cv dharayet sambu-kanikam 39.121dv muktam karpura-malikam 39.121dv mukta-karpura-malikam
kudavo 'sya para matra tad-ardham kevalasya tu |
palam pistasya tan-majjñah sa-bhaktam prak ca silayet || 122 ||

jirna-saly-odanam jirne sankha-kundendu-panduram |
bhuñjita yusair payasa rasair va dhanva-carinam || 123 ||

madyam ekam pibet tatra trt-prabandhe jalanvitam |
a-madya-pas tv aranalam phalambu parisikthakam || 124 ||

39.124av madyam ekam pibet tv atra 39.124bv trt-[pra]vrddhe jalanvitam 39.124bv trd-vibandhe jalanvitam 39.124dv phalambu parisikthikam 39.124dv phalambu parisitthikam 39.124dv phalambu parisikthikam 39.124dv phalambu-parisecitam
tat-kalkam va sama-ghrtam ghrta-patre khajahatam |
sthitam dasahad asniyat tad-vad va vasaya samam || 125 ||

39.125dv tad-vad va payasa samam
vi-kañcuka-prajya-rasona-garbhan sa-sulya-mamsan vividhopadamsan |
nimardakan va ghrta-sukta-yuktan pra-kamam adyal laghu tuccham asnan

|| 126 ||

39.126cv vimardakan va ghrta-sukta-yuktan 39.126dv pra-kamam adyal laghu
tuttham asnan
pitta-rakta-vinirmukta-samastavaranavrte |
suddhe va vidyate vayau na dravyam lasunat param || 127 ||

39.127av pitta-rakta-vinirmukte 39.127bv samastavaranavrte
priyambu-guda-dugdhasya mamsa-madyamla-vidvisah |
a-titiksor a-jirnam ca lasuno vyapade dhruvam || 128 ||

39.128bv mamsa-madyadi-vidvisah 39.128cv a-tityaksor a-jirnam ca 39.128cv
ati-ruksair a-jirne ca
pitta-kopa-bhayad ante yuñjyan mrdu virecanam |
rasayana-gunan evam paripurnan samasnute || 129 ||

grisme 'rka-tapta girayo jatu-tulyam vamanti yat |
hemadi-sad-dhatu-rasam procyate tac chila-jatu || 130 ||

sarvam ca tikta-katukam naty-usnam katu pakatah |
chedanam ca visesena lauham tatra prasasyate || 131 ||

go-mutra-gandhi krsnam guggulv-abham vi-sarkaram mrtsnam |
snigdham an-amla-kasayam mrdu guru ca sila-jatu srestham || 132 ||

vyadhi-vyadhita-satmyam samanusmaran bhavayed ayah-patre |
prak kevala-jala-dhautam suskam kvathais tato bhavyam || 133 ||

sama-girijam asta-gunite nihkvathyam bhavanausadham toye |
tan-niryuhe 'stamse putosne praksiped girijam || 134 ||

tat sama-rasa-tam yatam samsuskam praksiped rase bhuyah |
svaih svair evam kvathair bhavyam varan bhavet sapta || 135 ||

atha snigdhasya suddhasya ghrtam tiktaka-sadhitam |
try-aham yuñjita girijam ekaikena tatha try-aham || 136 ||

39.136av atha snigdha-visuddhasya
phala-trayasya yusena patolya madhukasya ca |
yogam yogyam tatas tasya kalapeksam prayojayet || 137 ||

39.137cv yoga-yogyam tatas tasya 39.137cv yoge yojyam tatas tasya 39.137dv kalapeksam tu yojayet
sila-jam evam dehasya bhavaty aty-upakarakam |
gunan samagran kurute sahasa vyapadam na ca || 138 ||

eka-tri-sapta-saptaham karsam ardha-palam palam |
hina-madhyottamo yogah sila-jasya kraman matah || 139 ||

samskrtam samskrte dehe prayuktam girijahvayam |
yuktam vyastaih samastair va tamrayo-rupya-hemabhih || 140 ||

ksirenaloditam kuryac chighram rasayanam phalam |
kulatthan kakamacim ca kapotams ca sada tyajet || 141 ||

na so 'sti rogo bhuvi sadhya-rupo jatv asma-jam yam na jayet prasahya |
tat-kala-yogair vidhi-vat prayuktam svasthasya corjam vipulam dadhati
|| 142 ||

39.142bv jatv asma-jam yam na haret prasahya 39.142dv svasthasya corjam
vipulam dadati
kuti-pravesah ksaninam paricchada-vatam hitah |
ato 'nya-tha tu ye tesam saurya-marutiko vidhih || 143 ||

39.143av kuti-pravesah ksaminam 39.143av kuti-pravesah
ksinanam
39.143dv surya-marutiko vidhih
vatatapa-saha yoga vaksyante 'to visesatah |
sukhopacara bhramse 'pi ye na dehasya badhakah || 144 ||

sitodakam payah ksaudram ghrtam ekaika-so dvi-sah |
tri-sah samastam atha-va prak pitam sthapayed vayah || 145 ||

gudena madhuna sunthya krsnaya lavanena va |
dve dve khadan sada pathye jived varsa-satam sukhi || 146 ||

haritakim sarpisi sampratapya samasnatas tat pibato ghrtam ca |
bhavec cira-sthayi balam sarire sakrt krtam sadhu yatha
krta-jñe || 147 ||

39.147bv samasnute cet pibato ghrtam ca 39.147cv bhavec
cira-sthayi-balam sariram
39.147dv sakrt krtam sadhu yatha krta-jñah
dhatri-rasa-ksaudra-sita-ghrtani hitasananam lihatam
naranam |
pranasam ayanti jara-vikara grantha visala iva dur-grhitah
|| 148 ||

39.148bv hitasinam vai lihatam naranam
dhatri-krmighnasana-sara-curnam sa-taila-sarpir-madhu-loha-renu |
nisevamanasya bhaven narasya tarunya-lavanyam a-vipranastam ||
149 ||

39.149dv tarunya-lavanyam ati-pratistham 39.149dv
tarunya-lavanyam api
pranastam
lauham rajo vella-bhavam ca sarpih-ksaudra-drutam sthapitam
abda-matram |
samudgake bijaka-sara-klpte lihan bali jivati krsna-kesah || 150
||

39.150av loham rajo vella-bhavam ca sarpih- 39.150av lohad rajo
vella-bhavam ca sarpih-
39.150cv samudgake bijaka-sara-lipte 39.150cv samudgake

bijaka-ksara-klpte
vidanga-bhallataka-nagarani ye 'snanti sarpir-madhu-samyutani |
jara-nadim roga-taranginim te lavanya-yuktah purusas
taranti || 151 ||

khadirasana-yusa-bhavitayas tri-phalaya
ghrta-maksika-plutayah |
niyamena nara nisevitaro yadi jivanty a-rujah kim atra citram || 152 ||

39.152bv tri-phalaya ghrta-maksikanvitayah 39.152dv yadi jivanty
a-jarah kim
atra citram
bijakasya rasam anguli-haryam sarkaram madhu ghrtam tri-phalam
ca |
silayatsu purusesu jarat-ta sv-agatapi vinivartata eva || 153 ||

39.153bv sarkara-madhu-ghrtam tri-phalam ca 39.153bv
sarkara-madhu-yutam
tri-phalam ca
punarnavasyardha-palam navasya pistam pibed yah payasardha-masam |
masa-dvayam tat-tri-gunam samam va jirno 'pi bhuyah sa
punar-navah syat || 154 ||

murva-brhaty-amsumati-balanam usira-pathasana-sarivanam |
kalanusaryaguru-candananam vadanti paunarnavam eva kalpam || 155 ||

satavari-kalka-kasaya-siddham ye sarpir asnanti sita-dvitiyam |
tañ jivitadhvanam abhiprapannan na vipralumpanti vikara-caurah || 156
||

pitasvagandha payasardha-masam ghrtena tailena sukhambuna va |
krsasya pustim vapuso vidhatte balasya sasyasya yatha
su-vrstih || 157 ||

39.157bv ghrtena tailena su-suksma-pista 39.157dv balasya
vrksasya
yathambu-vrstih
dine dine krsna-tila-prakuñcam samasnatam sita-jalanu-panam |
posah sarirasya bhavaty an-alpo drdhi-bhavanty a-maranac ca
dantah || 158 ||

39.158bv samasnatah sita-jalanu-panam
curnam svadamstramalakamrtanam lihan sa-sarpir
madhu-bhaga-misram |
vrsah sthirah santa-vikara-duhkhah samah satam jivati
krsna-kesah || 159 ||

39.159bv lihan sa-sarpir madhuna prayuktam 39.159bv lihan sa-sarpir
madhu-bhaga-yuktam
sardham tilair amalakani krsnair aksani samksudya
haritakir va |

ye 'dyur mayura iva te manusya ramyam parinamam avapnuvanti || 160
||

sila-jatu-ksaudra-vidanga-sarpir-lohabhaya-parada-tapya-bhaksah
|
apuryate dur-bala-deha-dhatus tri-pañca-ratrena yatha sasankah
|| 161 ||

ye masam ekam sva-rasam pibanti dine dine bhrngarajah-samuttham |
ksirasinas te bala-virya-yuktah samah satam jivitam apnuvanti
|| 162 ||

39.162dv sama-satam jivitam apnuvanti
masam vacam apy upasevamanah ksirena tailena ghrtena vapi |
bhavanti raksobhir a-dhrsya-rupa medhavino
nir-mala-mrsta-vakyah || 163 ||

mandukaparnim api bhaksayanto bhrstam ghrte masam
an-anna-bhaksah |
jivanti kalam vipulam pragalbhas
tarunya-lavanya-gunodaya-sthah || 164 ||

39.164av mandukaparnim paribhaksayanto 39.164bv bhrstam
ghrte masam
an-anna-bhaksyah
langali-tri-phala-loha-pala-pañcasata krtam |
markava-sva-rase sastya gutikanam sata-trayam || 165 ||

39.165bv -pala-pañcasatah krtat 39.165bv -pala-pañcasati-krtam
39.165cv markava-sva-rase pistad
39.165cv markava-sva-rase pistva 39.165dv gutikanam sata-trayat
chaya-visuskam gutikardham adyat purvam samastam api tam
kramena |
bhajed viriktah krama-sas ca mandam peyam vilepim
rasakaudanam ca || 166 ||

39.166av chaya-visuskad gutikardham adyat
sarpih-snigdham masam ekam yatatma masad urdhvam sarva-tha
svaira-vrttih |
varjyam yatnat sarva-kalam tv a-jirnam varsenaivam yogam
evopayuñjyat || 167 ||

39.167bv masad urdhvam sarva-sah svaira-vrttih 39.167dv
varsenaivam yogam evopayuñjya bhavati vigata-rogo yo 'py
a-sadhyamayartah prabala-purusa-karah sobhate yo 'pi vrddhah |
upacita-prthu-gatra-srotra-netradi-yuktas taruna iva samanam pañca
jivec chatani || 168 ||
gayatri-sikhi-simsipasana-siva-vellaksakaruskaran || 169a ||
39.169av gayatri-sikhi-simsipasana-siva-vellaksakaruskaram
pistvasta-dasa-samgune 'mbhasi dhrtan khandaih
sahayo-mayaih || 169b ||

39.169bv pistvasta-dasa-samgune 'mbhasi dhrtan khandaih
sahayo-malaih
39.169bv pistvasta-dasa-samgune 'mbhasi dhrtam
khandaih sahayo-mayaih
39.169bv pistvastau dasa-sad-gune 'mbhasi dhrtam
khandaih sahayo-mayaih
patre loha-maye try-aham ravi-karair alodayan pacayed || 169c ||

39.169cv patre loha-krte try-aham ravi-karair alodayan pacayed agnau
canu mrdau sa-loha-sakalam pada-sthitam tat pacet || 169d ||

putasyamsah ksirato 'msas tathamsau bhargan niryasad dvau
varayas trayo 'msah |
amsas catvaras ceha haiyangavinad eki-krtyaitat sadhayet
krsna-lauhe || 170 ||

39.170bv bhargi-niryasad dvau varayas trayo 'msah 39.170cv
amsas catvaras caiva
haiyangavinad
vi-mala-khanda-sita-madhubhih prthag yutam a-yuktam idam yadi va
ghrtam |
sva-ruci-bhojana-pana-vicestito bhavati na pala-sah parisilayan ||
171 ||

39.171av vi-malaya sitaya madhunatha-va 39.171dv bhavati na pala-sah
parisilayet
sri-man nirdhuta-papma vana-mahisa-balo vaji-vegah sthirangah
|| 172a ||
kesair bhrnganga-nilair madhu-surabhi-mukho naika-yosin-nisevi ||
172b ||
39.172bv kesair bhrngati-nilair madhu-surabhi-mukho
naika-yosin-nisevi van-medha-dhi-samrddhah su-patu-huta-vaho
masa-matropayogad || 172c ||

39.172cv van-medhavi samrddhah su-patu-huta-vaho
masa-matropayogad dhatte 'sau narasimham vapur
anala-sikha-tapta-camikarabham || 172d ||

attaram narasimhasya vyadhayo na sprsanty api |
cakrojjvala-bhujam bhita narasimham ivasurah || 173 ||

39.173cv cakrojjvala-bhuja bhita
bhrnga-pravalan amunaiva bhrstan ghrtena yah khadati
yantritatma |
visuddha-kostho 'sana-sara-siddha-dugdhanupas tat-krta-bhojanarthah
|| 174 ||

masopayogat sa sukhi jivaty abda-sata-trayam |
grhnati sakrd apy uktam a-vilupta-smrtindriyah || 175 ||

39.175bv jivaty abda-sata-dvayam

anenaiva ca kalpena yas tailam upayojayet |
tan evapnoti sa gunan krsna-kesas ca jayate || 176 ||

uktani sakyani phalanvitani yuganurupani rasayanani |
mahanusamsany api caparani prapty-adi-kastani na kirtitani ||
177 ||

39.177cv mahanubhavany api caparani 39.177cv mahanusamsyany api
caparani
rasayana-vidhi-bhramsaj jayeran vyadhayo yadi |
yatha-svam ausadham tesam karyam muktva rasayanam || 178 ||

satya-vadinam a-krodham adhy-atma-pravanendriyam |
santam sad-vrtta-niratam vidyan nitya-rasayanam || 179 ||

gunair ebhih samuditah sevate yo rasayanam |
sa nivrttatma dirghayuh para-treha ca modate || 180 ||

39.180av gunair etaih samuditaih 39.180cv sa nirvrtatma dirghayuh
sastranusarini carya citta-jñah parsva-vartinah |
buddhir a-skhalitarthesu paripurnam rasayanam || 181 ||

uttarasthana
vaji-karanam anvicchet satatam visayi puman |
tustih pustir apatyam ca guna-vat tatra samsritam || 1 ||

apatya-samtana-karam yat sadyah sampraharsanam |
vajivati-balo yena yaty a-pratihato 'nganah || 2 ||

bhavaty ati-priyah strinam yena yenopaciyate |
tad vaji-karanam tad dhi dehasyorjas-karam param || 3 ||

40.3dv dehasyaujas-karam param
dharmyam yasasyam ayusyam loka-dvaya-rasayanam |
anumodamahe brahma-caryam ekanta-nirmalam || 4 ||

40.4av dhanyam yasasyam ayusyam 40.4bv loka-dvaya-sukhavaham 40.4bv
loka-dvaya-hitavaham
alpa-sat-tvasya tu klesair badhyamanasya raginah |
sarira-ksaya-raksartham vaji-karanam ucyate || 5 ||

40.5av alpa-sat-tvasya ca klesair 40.5av alpa-sat-tvasya cotklesair 40.5bv
badhyamanasya roginah
kalyasyodagra-vayaso vaji-karana-sevinah |
sarvesv rtusv ahar ahar vyavayo na nivaryate || 6 ||

40.6av kalpasyodagra-vayaso
atha snigdha-visuddhanam niruhan sanuvasanan |
ghrta-taila-rasa-ksira-sarkara-ksaudra-samyutan || 7 ||

yoga-vid yojayet purvam ksira-mamsa-rasasinam |
tato vaji-karan yogan sukrapatya-bala-pradan || 8 ||

40.8dv sukrapatya-vivardhanan

a-cchayah puti-kusumah phalena rahito drumah |
yathaikas caika-sakhas ca nir-apatyas tatha narah || 9 ||

skhalad-gamanam a-vyakta-vacanam dhuli-dhusaram |
api lalavila-mukham hrdayahlada-karakam || 10 ||

40.10dv hrdayahlada-karinam
apatyam tulya-tam kena darsana-sparsanadisu |
kim punar yad yaso-dharma-mana-sri-kula-vardhanam || 11 ||

40.11av apatyam tulya-ta kena 40.11cv kim punar yo yaso-dharma- 40.11dv
-mana-sri-kula-vardhanah
40.11dv -mana-sri-kula-vardhanat
suddha-kaye yatha-sakti vrsya-yogan prayojayet |
sareksu-kusa-kasanam vidarya viranasya ca || 12 ||

40.12av suddhe kaye yatha-sakti
mulani kantakaryas ca jivakarsabhakau balam |
mede dve dve ca kakolyau surpaparnyau satavarim || 13 ||

asvagandham atibalam atmaguptam punarnavam |
viram payasyam jivantim rddhim rasnam trikantakam || 14 ||

madhukam saliparnim ca bhagams tri-palikan prthak |
masanam adhakam caitad dvi-drone sadhayed apam || 15 ||

rasenadhaka-sesena pacet tena ghrtadhakam |
dattva vidari-dhatriksu-rasanam adhakadhakam || 16 ||

ghrtac catur-gunam ksiram pesyanimani cavapet |
viram svaguptam kakolyau yastim phalguni pippalim || 17 ||

40.17dv yastikam gaja-pippalim
draksam vidarim kharjuram madhukani satavarim |
tat siddha-putam curnasya prthak prasthena yojayet || 18 ||

sarkarayas tugayas ca pippalyah kudavena ca |
maricasya prakuñcena prthag ardha-palonmitaih || 19 ||

tvag-ela-kesaraih slaksnaih ksaudra-dvi-kudavena ca |
pala-matram tatah khadet praty-aham rasa-dugdha-bhuk || 20 ||

40.20bv ksaudrad dvi-kudavena ca 40.20dv praty-aham madhu-dugdha-bhuk
tenarohati vajiva kulinga iva hrsyati |
vidari-pippali-sali-priyaleksurakad rajah || 21 ||

prthak svagupta-mulac ca kudavamsam tatha madhu |
tulardham sarkara-curnat prasthardham nava-sarpisah || 22 ||

so 'ksa-matram atah khadet yasya rama-satam grhe |
satmagupta-phalan ksire godhuman sadhitan himan || 23 ||

40.23bv yasya kanta-satam grhe
masan va sa-ghrta-ksaudran khadan grsti-payo-'nupah |

jagarti ratrim sakalam a-khinnah khedayan striyah || 24 ||

bastanda-siddhe payasi bhavitan a-sakrt tilan |
yah khadet sa-sitan gacchet sa stri-satam a-purva-vat || 25 ||

40.25bv bhavitan bahu-sas tilan
curnam vidarya bahu-sah sva-rasenaiva bhavitam |
ksaudra-sarpir-yutam lidhva pramada-satam rcchati || 26 ||

40.26dv pramada dasa gacchati
krsna-dhatri-phala-rajah sva-rasena su-bhavitam |
sarkara-madhu-sarpirbhir lidhva yo 'nu payah pibet || 27 ||

40.27av krsna-dhatri-phala-rajah
sa naro 'siti-varso 'pi yuveva parihrsyati |
karsam madhuka-curnasya ghrta-ksaudra-samanvitam || 28 ||

40.28dv ghrta-ksaudra-samamsakam
payo-'nu-panam yo lihyan nitya-vegah sa na bhavet |
kulirasrngya yah kalkam alodya payasa pibet || 29 ||

sita-ghrta-payo-'nnasi sa narisu vrsayate |
yah payasyam payah-siddham khaden madhu-ghrtanvitam || 30 ||

pibed baskayanam canu ksiram na ksayam eti sah |
svayangupteksurakayor bija-curnam sa-sarkaram || 31 ||

40.31av pibed baskayinam canu
dharosnena narah pitva payasa rasabhayate |
uccata-curnam apy evam satavaryas ca yojayet || 32 ||

candra-subhram dadhi-saram sa-sita-sastikaudanam |
pate su-marjitam bhuktva vrddho 'pi tarunayate || 33 ||

40.33cc pate su-bhavitam bhuktva
svadamstreksura-masatmagupta-bija-satavarih |
piban ksirena jirno 'pi gacchati pramada-satam || 34 ||

40.34cv pibet ksirena jirno 'pi
yat kiñ-cin madhuram snigdham brmhanam bala-vardhanam |
manaso harsanam yac ca tat sarvam vrsyam ucyate || 35 ||

dravyair evam-vidhais tasmad darpitah pramadam vrajet |
atma-vegena codirnah stri-gunais ca praharsitah || 36 ||

40.36bv bhavitah pramadam vrajet
sevyah sarvendriya-sukha dharma-kalpa-drumankurah |
visayatisayah pañca sarah kusuma-dhanvanah || 37 ||

40.37dv sarah kusuma-dhanvinah
ista hy ekaika-so 'py artha harsa-priti-karah param |
kim punah stri-sarire ye samghatena pratisthitah || 38 ||

40.38cv kim punah stri-sariresu

namapi yasya hrdayotsavaya yam pasyatam trptir an-apta-purva
|
sarvendriyakarsana-pasa-bhuta kantanuvrtti-vrata-diksita ya
|| 39 ||

40.39bv yam pasyatas trptir an-apta-purva
kala-vilasanga-vayo-vibhusa sucih sa-lajja rahasi pragalbha |
priyam-vada tulya-manah-saya ya sa stri vrsya-tvaya param
narasya || 40 ||

40.40cv priyam-vada tulya-manah-sva-bhava
acarec ca sakalam rati-caryam kama-sutra-vihitam an-a-vadyam |
desa-kala-bala-sakty-anurodhad vaidya-tantra-samayokty-a-viruddham || 41
||

40.41bv kama-sastra-vihitam an-a-vadyam
abhyañjanodvartana-seka-gandha-srak-citra-vastrabharana-prakarah |
gandharva-kavyadi-katha-pravinah sama-sva-bhava vasa-ga
vayasyah || 42 ||

40.42bv -srag-anna-vastrabharana-prakarah 40.42cv
gandharva-kanyadi-katha-pravinah
dirghika sva-bhavananta-nivista padma-renu-madhu-matta-vihanga |
nila-sanu-giri-kuta-nitambe kananani pura-kantha-gatani || 43 ||

40.43av dirghikah sva-bhavananta-nivistah 40.43bv
padma-renu-madhu-matta-vihangah
40.43cv nila-sanu-giri-kuta-nitambah
drsti-sukha vividha taru-jatih srotra-sukhah kala-kokila-nadah
|
anga-sukhartu-vasena vibhusa citta-sukhah sakalah parivarah || 44
||

40.44bv srotra-sukhah kala-kokila-nadah 40.44cv anga-sukhartu
visesa-vibhusa
tambulam accha-madira kanta kanta nisa sasankanka |
yad yac ca kiñ-cid istam manaso vaji-karam tat tat || 45 ||

40.45bv kantah kanta nisah sasankankah 40.45dv manaso
vaji-karam hi tat
madhu mukham iva sotpalam priyayah kala-ranana parivadini priyeva |
kusuma-caya-mano-rama ca sayya kisalayini latikeva puspitagra || 46 ||

40.46bv kala-ranana priya-vadini priyeva 40.46cv kusuma-caya-mano-hara ca
sayya
dese sarire ca na ka-cid artir arthesu nalpo 'pi mano-vidhanah |
vaji-karah samnihitas ca yogah kamasya kamam paripurayanti ||
47 ||

40.47av dese sarire na kada-cid artir 40.47bv arthesu nalpo 'pi
mano-'bhighatah musta parpatakam jvare trsi jalam

mrd-bhrsta-lostodbhavam || 48a ||
lajas chardisu vasti-jesu girijam mehesu dhatri-nise || 48b
||pandau srestham ayo 'bhayanila-kaphe plihamaye pippali || 48c
||samdhane krmija vise sukatarur medo-'nile gugguluh || 48d ||
vrso 'sra-pitte kutajo 'tisare bhallatako 'rsahsu garesu hema |
sthulesu tarksyam krmisu krmighnam sose sura chaga-payo
'tha mamsam || 49 ||

40.49bv bhallatam arsahsu garesu hema
aksy-amayesu tri-phala guduci vatasra-roge mathitam grahanyam
|
kusthesu sevyah khadirasya sarah sarvesu rogesu silahvayam
ca || 50 ||

unmadam ghrtam a-navam sokam madyam vyapasmrtim brahmi |
nidra-nasam ksiram jayati rasala pratisyayam || 51 ||

40.51bv sokam madyam visamsmrtim brahmi
mamsam karsyam lasunah prabhañjanam stabdha-gatra-tam
svedah |
gudamañjaryah khapuro nasyat skandhamsa-bahu-rujam || 52 ||

40.52dv nasyam skandhamsa-bahu-rujam
nava-nita-khanda-marditam austram mutram payas ca hanty udaram |
nasyam murdha-vikaran vidradhim a-cirotthitam asra-visravah || 53 ||

40.53bv austri-mutram payas ca hanty udaram 40.53cv nasyam
cordhva-vikaran
40.53cv nasyam murdhni vikaran
nasyam kavado mukha-jan nasyañjana-tarpanani netra-rujah |
vrddhasya ksira-ghrte murcham sitambu-maruta-cchayah || 54
||

40.54av nasyam kavadam mukha-gadan 40.54av nasyam kevalam
mukha-gadan
40.54av nasyam kavadam mukha-jan
sama-suktardraka-matra mande vahnau srame sura snanam |
duhkha-saha-tve sthairye vyayamo goksurur hitah krcchre || 55 ||

40.55av sama-suskardraka-matra 40.55bv mande vahnau srame sura-panam
40.55cv duhkha-saha-tvam sthairye 40.55cv duhkha-saha-tvam sthaulye
kase nidigdhika parsva-sule puskara-ja jata |
vayasah sthapane dhatri tri-phala guggulur vrane || 56 ||

40.56av kase nidigdhika-panam 40.56bv parsva-sule ca pauskaram
40.56cv
vayah-samsthapane dhatri
vastir vata-vikaran paittan rekah kaphodbhavan vamanam |
ksaudram jayati balasam sarpih pittam samiranam tailam || 57 ||

ity agryam yat proktam roganam ausadham samayalam |

tad desa-kala-balato vikalpaniyam yatha-yogam || 58 ||

ity atreyad agamayyartha-sutram tat-suktanam pesalanam
a-trptah |
bhedadinam sammato bhakti-namrah papracchedam samsayano
'gnivesah || 59 ||

40.59av ity atreyad agamad artha-suksmam 40.59av ity atreyad
agamayyartha-suksmam
40.59bv tat-suktinam pesalanam a-trptah
drsyante bhaga-van ke-cid atma-vanto 'pi roginah |
dravyopasthatr-sampanna vrddha-vaidya-matanugah || 60 ||

ksiyamanamaya-prana viparitas tatha 'pare |
hita-hita-vibhagasya phalam tasmad a-niscitam || 61 ||

kim sasti sastram asmin iti kalpayato 'gnivesa-mukhyasya |
sisya-ganasya punarvasur acakhyau kartsnyatas tat-tvam || 62 ||

40.62dv acakse kartsnyatas tat-tvam
na cikitsa-cikitsa ca tulya bhavitum arhati |
vinapi kriyaya svasthyam gacchatam so-dasamsaya || 63 ||

atanka-panka-magnanam hastalambo bhisag-jitam |
jivitam mriyamananam sarvesam eva nausadhat || 64 ||

40.64dv sarvesam eva nausadham
na hy upayam apeksante sarve roga na canya-tha |
upaya-sadhyah sidhyanti na-hetur hetu-man yatah || 65 ||

40.65dv no '-hetur hetu-mams tatah
yad uktam sarva-sampatti-yuktayapi cikitsaya |
mrtyur bhavati tan naivam nopaye 'sty an-upaya-ta || 66 ||

40.66dv nopayesv an-upaya-ta
api copaya-yuktasya dhi-mato jatu cit kriya |
na sidhyed daiva-vaigunyan na tv iyam so-dasatmika || 67 ||

40.67av apy evopaya-yuktasya 40.67cv na siddhir daiva-vaigunyan 40.67dv
na nv iyam so-dasatmika
kasya-siddho 'gni-toyadih sveda-stambhadi-karmani |
na prinanam karsanam va kasya ksiram gavedhukam || 68 ||

40.68cv na prinanam karsanam va 40.68dv kasya ksira-gavedhukam
kasya masatmaguptadau vrsya-tve nasti niscayah |
vin-mutra-karanaksepau kasya samsayitau yave || 69 ||

40.69av kasya masatmaguptadyair 40.69bv vrsa-tve nasti niscayah
visam kasya jaram yati mantra-tantra-vivarjitam |
kah praptah kalya-tam pathyad rte rohinikadisu || 70 ||

40.70cv kah praptah kalpa-tam pathyad
api ca-kala-maranam sarva-siddhanta-niscitam |

mahatapi prayatnena varyatam katham anya-tha || 71 ||

candanady api dahadau rudham agama-purvakam |
sastrad eva gatam siddhim jvare langhana-brmhanam || 72 ||

catus-pad-guna-sampanne samyag alocya yojite |
ma krtha vyadhi-nirghatam vicikitsam cikitsite || 73 ||

40.73av catus-pad-guna-sampurne 40.73cv ma krtha
vyadhi-nirghate
etad dhi mrtyu-pasanam a-kande chedanam drdham |
rogottrasita-bhitanam raksa-sutram a-sutrakam || 74 ||

etat tad amrtam saksaj jagad-ayasa-varjitam |
yati halahala-tvam tu sadyo dur-bhajana-sthitam || 75 ||

40.75av etad vedamrtam saksaj 40.75bv jagaty ayasa-varjitam 40.75cv
yati
halahala-tvam ca
a-jñata-sastra-sad-bhavañ chastra-matra-parayanan |
tyajed durad bhisak-pasan pasan vaivasvatan iva || 76 ||

40.76cv vivarjayed bhisak-pasan
bhisajam sadhu-vrttanam bhadram agama-salinam |
abhyasta-karmanam bhadram bhadram bhadrabhilasinam || 77 ||

40.77bv bahu-dhagama-salinam 40.77bv bhadram agama-silinam 40.77cv
abhyasta-karmanam siddhir
iti tantra-gunair yuktam tantra-dosair vivarjitam |
cikitsa-sastram a-khilam vyapya yat paritah sthitam || 78 ||

40.78bv tantra-dosa-vivarjitam 40.78dv vyapathya paritah sthitam
vipula-mala-vijñana-maha-muni-matanugam |
maha-sagara-gambhira-samgraharthopalaksanam || 79 ||

40.79av vipula-mala-vijñanam 40.79cv maha-sagara-gambhiram 40.79cv
maha-muni-matanugam 40.79dv samgraharthopalaksanam 40.79dv
samgraharthopalaksakam astanga-vaidyaka-mahodadhi-manthanena yo
'stanga-samgraha-mahamrta-rasir aptah | tasmad an-alpa-phalam
alpa-samudyamanam prity-artham etad uditam prthag eva tantram || 80 ||

40.80bv yo 'stanga-samgraha-mahamrta-sara-tulyah 40.80dv
prity-artham evam
uditam prthag eva tantram
idam agama-siddha-tvat pratyaksa-phala-darsanat |
mantra-vat samprayoktavyam na mimamsyam kathañ-ca-na || 81 ||

40.81av idam agama-suddha-tvat 40.81dv na mimamsyam kada-ca-na
dirgha-jivitam arogyam dharmam artham sukham yasah |
pathavabodhanusthanair adhigacchaty ato dhruvam || 82 ||

40.82av dirgham jivitam arogyam
etat pathan samgraha-bodha-saktah sv-abhyasta-karma bhisag

a-prakampyah |
akampayaty anya-visala-tantra-krtabhiyogan yadi tan na citram || 83 ||

40.83cv yah kampayaty anya-visala-tantra-
yadi carakam adhite tad dhruvam susrutadi-pranigadita-gadanam
nama-matre 'pi bahyah |
atha caraka-vihinah prakriyayam a-klinnah kim iva khalu karotu
vyadhitanam varakah ||

84 ||

40.84bv -pranigadita-gadanam nama-matrena bahyah 40.84bv
-pratigadita-gadanam nama-matre 'pi bahyah
40.84dv kim iha khalu karotu vyadhitanam varakah
abhinivesa-vasad abhiyujyate su-bhanite 'pi na yo drdha-mudhakah
|
pathatu yatna-parah purusayusam sa khalu vaidyakam adyam
a-nirvidah || 85 ||

vate pitte slesma-santau ca pathyam tailam sarpir maksikam ca
kramena |
etad brahma bhasatam brahma-jo va ka nir-mantre
vaktr-bhedokti-saktih || 86 ||

40.86cv etad brahma bhasate brahma-jo va
abhidhatr-vasat kim va dravya-saktir visisyate |
ato matsaram utsrjya madhyasthyam avalambyatam || 87 ||

40.87av abhidhatur vasat kiñ-cid
rsi-pranite pritis cen muktva caraka-susrutau |
bhedadyah kim na pathyante tasmad grahyam su-bhasitam || 88 ||

hrdayam iva hrdayam etat sarvayur-veda-van-maya-payo-dheh |
krtva yac chubham aptam subham astu param tato jagatah || 89 ||